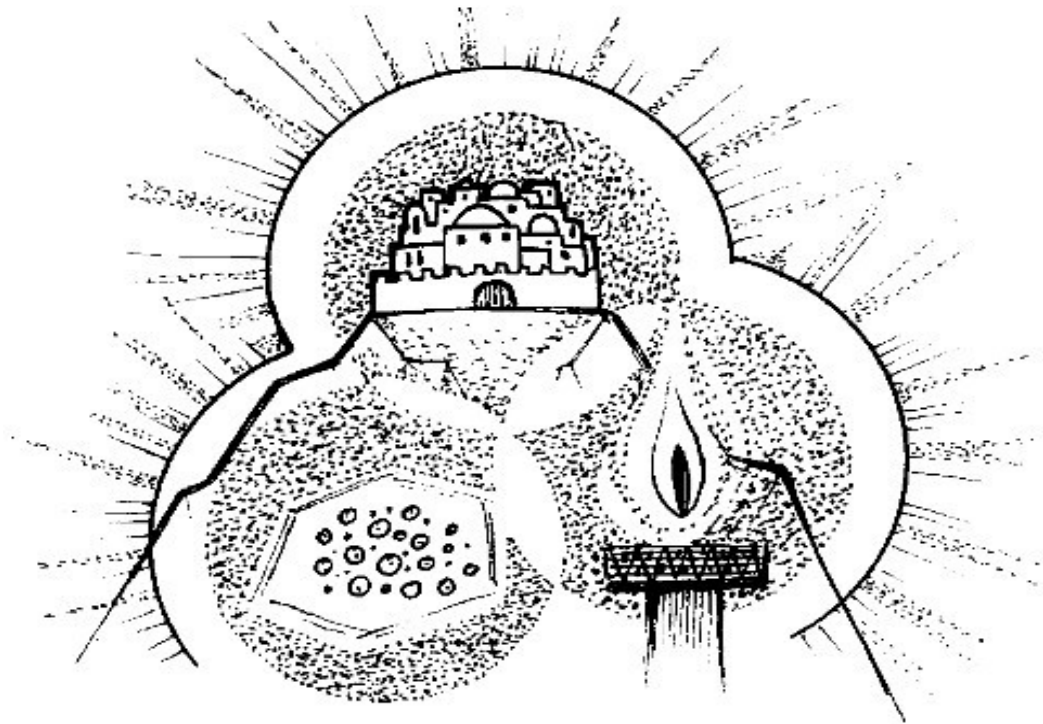


# ParishNews



**Blessed Sacrament Parish Heavitree Exeter**  
**5 February 2017 5th Sunday in Ordinary Time Psalter 1**

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## We are the light of the world

(or at least we should be!) While the world may seem to be indifferent to Christianity most of the time, it can be critical of Christians who do not seem to be following the most basic tenet of their faith, to be a people of good deeds, as Jesus teaches in today's portion of the Sermon on the Mount. While we may sometimes feel indignant about the world's criticism of our faults, we have to remember that we are in a vital relationship with the world, we are to be its light. This means that we should welcome the world's gaze and scrutiny of our actions and beliefs and we should, in a sense, be accountable to the world for the way we live. We should never be salt that loses its taste. This openness to the gaze of all is not for our own glory, however: it is so that others may find what we have found - their way to the Father.

# Call My Bluff

On Tuesday 28 February, at 7.30pm at Cardinal Newman House, we are due to be entertained by our priests and deacons in their very own version of the quiz show Call my Bluff. The two teams will be – Fr John Deeny, Fr Harry Heijveld and Fr David Williams against Fr Jonathan Stewart, Fr Michael Wheaton & Deacon Kelvin Russell. There will also be a raffle so if you have any anything that you would like to donate for raffle prizes please bring them to the parish office. Tickets, price £7.00, includes a hot meal, available from the Parish Office.

## 24 Hours for the Lord

**Fri 31 March – Sat 1 April**

Following last year's successful prayer event in the Exeter parishes we will gather for another 24 hours of prayer at the end of March. If you would like to be part of the planning for this event then please come to a meeting in St Richard Reynolds Centre on

**Wednesday 8 February at 7.00pm.**

## Sing a New Song to the Lord

We all know and appreciate how important music is in the life of the Church. We are supported by our wonderful musicians in our parish and are so grateful to them for their ministry. Perhaps there are more musicians who are longing to play and singers longing to sing. We're hoping to gather soon, on a Sunday afternoon to play and sing together and learn from each other in a very informal way.

Watch this space for more information, but if you are interested please let the parish office know.

# TO BE A PILGRIM

Going on pilgrimage is one of the great highlights of the Christian life. To travel with others, or alone, to a site of great spiritual significance can be life-changing. Many people describe the experience as drawing them closer to God and giving their faith a real boost. If you haven't been on a pilgrimage before or have and wonder about travelling again, below are some ideas which may inspire you.

## Diocese of Plymouth 2017

### Pilgrimage to Lourdes

Led by Bishop Mark from 27 May to 2 June 2017. Flights from Exeter. Price is £779pp fully inclusive. See poster and booking forms in church porch for more details. All welcome.

### Diocesan of Plymouth Youth Pilgrimage to Lourdes 2017

Led by Bishop Mark 27 May - 2 June. Cost £470pp. Please contact: Revd Anthony O'Gorman 01637 851697 for further information and booking form.

### Lourdes Pilgrimage Collection

The retiring collection at all Masses this Sunday is for the Diocesan Pilgrimage to Lourdes. Your generosity helps so many of our sick and young people to be able to join the Pilgrimage. Apologies for the short notice.

### Pilgrimage to Medjugorje

7 Nights half board, flight and airport transfers 22-29 April and 13-20 May, Gatwick to Dubrovnik €459 per person. Email [jackiemulort@btinternet.com](mailto:jackiemulort@btinternet.com)

### Pilgrimages

Details of other pilgrimages to the Holy Land and Fatima are available in the church porch. Please take a look.

## **Thinking about Lourdes?**

The Spring Get-together for anyone interested in travelling to Lourdes will take place at Blessed Sacrament on Saturday 8 April from 10.00am for coffee followed by Mass at 11.00am then a light lunch in the St Richard Reynolds Centre. All welcome.

## **Society of Our Lady of Lourdes**

This pilgrimage for the sick leaves Exeter by air on May 27, returning on June 2. Pilgrims and helpers please apply to the main office at 0208 8489833, or Sheelah at 01392 431927. Financial help available.

## **Eucharistic Adoration**

**Monday morning** at 9.30am in the church. **Tuesday evening** 8.00-9.00pm at Mount St Mary Convent Chapel.

## **Toddler Group**

We meet every Monday morning in the St Richard Reynolds Centre from 9.30am till 11.30am. All welcome, especially new parents and toddlers. See you there.

## **Refreshments after Mass**

Refreshments are served in the St Richard Reynolds Centre after the 10.30 Mass on **Sunday** and the 9.30 Mass on **Wednesday** mornings. We look forward to seeing you.

## **Sick Parishioners**

If you know of any sick or housebound parishioners who would like to be visited by a priest please let a priest or the parish office know their details.

## **GATHER 2017**

There are still a few places left for Gather 2017 on 3-5 March 2017 at the Livermead Cliff Hotel Torquay. More details and booking form in the leaflet at the back of church.

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## **St Nicholas School**

### **Drop Off Drop In**

is a wonderful collaboration between the parish and the school that has developed into a real highlight of the week. We are delighted with the number of parents and parishioners who join us at school on Wednesday mornings at 8.45am to enjoy coffee, fantastic cakes, and the chance to chat with friends old and new.

### **Reading with children**

We are still looking for volunteers to come into school on a regular basis to listen to children read. If you are interested in doing this and think you could help, please e-mail [paslt@stnics.uk](mailto:paslt@stnics.uk) with your details. We will need to carry out a DBS check.

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## **CAFOD Exeter**

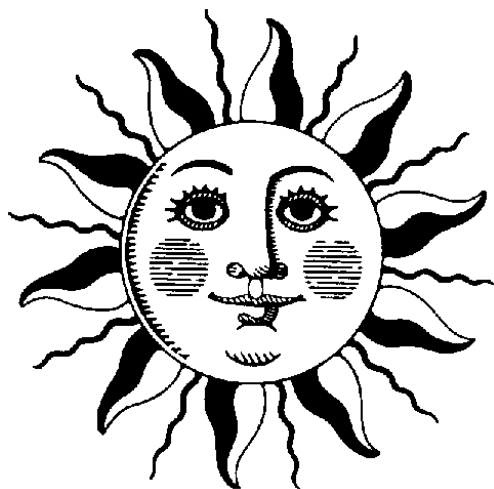
### **Deanery Meeting**

6.00 – 8.00pm on Tuesday 7 February at Cardinal Newman House. Come along to meet with parishioners from across the deanery and to find out more about the work of CAFOD. Simon Giarchi (CAFOD Coordinator for the Diocese of Plymouth) will be there to answer questions. Chris Wightman 01392 460041 for further details.

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# **YOU ARE THE SALT OF THE EARTH**

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## Parish Summer Fayre

10 June 2017

**in the grounds of Blessed Sacrament.**

For anyone wishing to help at the Summer Fayre there is a meeting on Monday 13 February at 7.00pm in the St Richard Reynolds centre. It would be really nice if as many people as possible can come along and make this Fayre a truly memorable time – even if you can't help on the day there may be lots of things you can do leading up to the event. Please phone Jane on 07890 373617 if you can't make this meeting but can still help

We will be having all of the old favourites again this year including Nearly New Stall, Tombola, Auction of Promises, Grand Raffle, Cards and Plants, Ferret Racing and lots of other exciting things. The Fayre will have many food offerings as normal with Cream Teas, Sandwiches, BBQ and International Food area as usual. **We would be grateful for new goods, bottles and contributions for the tombola please – please bring these into the church porch (no books,**

**jumble, dvds or cds thank you).** Once again we would like to ask if any parishioners or businesses would like to sponsor any of the events that we have planned. If you can only sponsor part of an event then we will still be very grateful – all donations will help to make the day truly memorable.  
**Raffle Ticket First Prize £500.00**  
**Raffle Ticket Second Prize £100.00**  
**Bouncy Castle £150.00**  
**Animal Enclosure £200.00**  
**PA system £195.00**  
**Ferret Racing £100.00**  
**Printing of Raffle Tickets £85.00**

If you can sponsor any of the above as a business we would be happy to mention your name in the programme, and we are also asking for volunteers to come forward and help on the day. For more information please phone Jane on 07890 373617.

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### Looking for a local Care Home?

Margaret Clitherow House in Torquay is a former Dominican Convent attached to the church of Our Lady help of Christians and St Denis at St Marychurch, with caring staff and beautiful, productive grounds. Enquiries at 01803 326056

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### Catholic South West

The current editor of the newspaper will be standing down in April 2017. If you are interested in taking on this voluntary role please send an email with your name and phone number to Canon Michael Lock: [torquaystmarychurch@prcdtr.org.uk](mailto:torquaystmarychurch@prcdtr.org.uk). The February edition of Catholic South West is available in the church porch. Price 50p. Please put money in wall box marked papers.

# Christians Together Across Exeter

For the Walk of Witness 2017 on Good Friday 14 April 2017 CTAX are asking for help. If you are able to help on the day, perhaps handing out Easter eggs, slicing and serving hot cross buns or just being there to engage passers-by in conversation about the true meaning of Good Friday and Easter, please contact Adrian Jackson: 01392 494637 [adrianmjackson@supanet.com](mailto:adrianmjackson@supanet.com). Please also come along to witness and pray together as a Christian family.

## Foundations in the Faith

Foundations in the Faith for the New Evangelisation is a brand new course promoted by Bishop Mark O'Toole and designed to reach people at parish level. He encourages parishioners, especially parents, catechists, grandparents, readers, those involved in children's liturgy and anyone keen to know and appreciate the faith of the church more deeply and be better equipped to pass it on. Online course with 6 training days at Buckfast Abbey starting on February 25. For more details, please see the poster in the porch or [enquiries@schooloftheannunciation.com](mailto:enquiries@schooloftheannunciation.com).

## YMCA Sleep Easy 2017

The YMCA are holding their annual major event called Sleep Easy which will take place overnight Saturday March 4 in the grounds of Exeter Castle. The evening is not a genuine experience of rough sleeping but they want people to take part to raise the awareness of homelessness and hope for 300 participants who are

sponsored to 'sleep out'. There will be a marquee with live music compered by Adam in the Hat and headliner band—Leave Before Dawn. There will also have be a quiet zone with a fire pit for those who want to have a more reflective Caribbean food will be available in the evening and Pan crepes through the night too up to breakfast. The tea, coffee and homemade cake station will also be open through the night! Thinking of joining? See poster and fliers in the church porch.

## Exploring our Faith

The next two sessions will be on Wednesday **22 February** and Wednesday **15 March** at 7.00pm in the St Richard Reynolds Centre. A chance to learn more about our faith through conversation, shared experience and some gentle teaching. All welcome. Don't be shy. **Perfect for those who have experienced the RCIA process and are looking to continue to grow in faith and understanding.**

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## Week of Guided Prayer

19-25 March. A wonderful way to go on retreat in daily life. A chance to reconnect with God through prayer and scripture supported by an experienced personal prayer guide. Delian Bower, deacon at Sacred Heart, will speak briefly at all Masses on 12 February and tell us more about what a week like this could mean. Monsignor Adrian Toffolo will present a Taster Evening at the St Richard Reynolds Centre on 2 March. Please make a note of these dates in your diary. This is a wonderful opportunity for all parishioners.



## International Mass

What a truly international parish we are! To celebrate and honour this we will be celebrating an INTERNATIONAL MASS at Blessed Sacrament on Sunday 7 May. We hope to represent all the nations of our community in word and song and learn from one another and our various traditions. Please put the date in your diary and we will let you have more details as soon as we can.

## Adult server at Mass

Michael Addo has done, and still does, a wonderful job as an adult server at our 10.30 Mass on Sundays. He supports and guides our younger servers as they grow and learn. However a lot of the time commitments take him away so he is not always able to serve. Is there someone amongst our parishioners who feels called to serve the parish in this way? If you do, please speak to Fr Jonathan or Fr John. Thank you to all our servers who do a wonderful job on Sunday but also during the week.

## Would you like to be a street pastor or prayer pastor?

Exeter Street Pastor teams are out every Friday and Saturday night, listening to anyone who wants to chat, helping people who may be vulnerable due to alcohol, offering flip-flops to ladies with sore feet, and picking up bottles. In our encounters, people sometimes share their stories and ask for prayer. Street Pastors are received warmly by the young people of Exeter. It is very rewarding, and full training is given. Prayer Pastors, back at base, support the teams with prayer, fellowship, a hot drink and often cake! Training sessions for new Street Pastors start in February. For more information please email Judith at [exeter@streetpastors.org.uk](mailto:exeter@streetpastors.org.uk)

## Goldies UK

Working with Exeter City council this charity is hoping to start fun daytime singalong sessions at Sheltered Housing Community Rooms. They are looking for enthusiastic people to lead the sessions. If you are available during the daytime, have a big personality and a strong voice they are looking for you! If you think you may be interested please take a flier from the church porch which will give you the information you need.

## Inter-Parish Prayer Group

for both Exeter parishes, meets at the St Richard Reynolds Centre, on the second and fourth Thursday of each month from 7.15 pm till 9.00 pm. Next meeting Thursday 9 February.

# Women's World Day of Prayer 3 March 2017

On Friday 3 March over five thousand services will be held in the British Isles on the theme 'Am I Being Unfair to You?' This theme has been chosen by the Christian women of the Philippines and is the central message of this year's Day of Prayer. The service has been translated into 1,000 different languages and dialects and will be used throughout the world.

In Exeter women, men and children will gather at Exeter Cathedral at 3.00pm on 3 March to pray together and consider the theme You are most welcome to join us. More details when we have them.

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## The Pope's Prayer Intentions

Comfort for the afflicted:

That all those who are afflicted, especially the poor, refugees, and marginalized, may find welcome and comfort in our communities

## New Year's Resolutions?

Would you like to be more involved in the parish? Maybe you'd like to bring up the gifts at the offertory; read at Mass; play a musical instrument or sing the psalm; welcome parishioners on a Sunday morning; serve refreshments; do a little light cleaning in the church; arrange the flowers; be a catechist for Children's Liturgy; be a Eucharistic Minister; an Altar Server; cashier; or anything else you can think of? Please speak to Lesley Hooper in the parish office if you could help in any way. We'd be very grateful.

# Human Trafficking

One of the great scandals of our age is that of the trafficking of children, women and men. Victims are sold, often into slavery, and always into situations which are terrifying, unjust and inhuman. Wednesday this week is an **International Day of Prayer for Victims of Trafficking**. Please keep them in your prayers and pray that this scourge on humanity may come to a swift and permanent end.

## Accommodation required

A mature student is asking if we can help find a reasonable costing residence, which is quiet and clean, in walking distance to the University, starting August 2017. If you can help please contact the parish office.

## Saint Scholastica

whose feast we celebrate on Friday was the twin sister of St Benedict. She was born in Nursia Italy in about 480 and followed her brother to Cassino where he had founded his great monastery. She died there in about the year 547. St Scholastica, pray for us.

## Fr George Carrick

Next weekend we welcome Fr George Carrick who will be staying in the parish for a week while Fr Jonathan and Fr John are away. Many thanks Fr George for helping out.

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## The Pope Tweets...

God wants us all to see one another as brothers and to live as such, forming a great human family that is harmonious in its diversity.

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## Items for Newsletter

to the parish office by Thursday please.

# Masses

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**Sunday 5 February**

**Fifth Sunday in OT**

**9.00am** *People of the Parish*

**10.30am**

**6.00pm**

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**Monday 6 February**

**St Paul Miki &**

**Companions**

**7.30am** Convent

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**Tuesday 7 February**

**St John Bosco**

**7.00pm** *William Malone RIP*

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**Wednesday 8 February**

**Day of Prayer for victims**

**of human trafficking**

**and those who wish to**

**combat it**

**9.30am**

*Desmond Loman RIP*

**4.00pm** RD&E Hospital

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**Thursday 9 February**

**9.30am**

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**Friday 10 February**

**St Scholastica**

**No Convent Mass today**

**9.30am**

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**Saturday 11 February**

**9.30am**

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**Sunday 12 February**

**Fifth Sunday in OT**

**Racial Justice day**

**9.00am** *Freddie & Thelma*

*Joseph - In thanksgiving*

**10.30am**

*Marie Moustache (Birthday)*

**6.00pm** *People of the*

*Parish*

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# Confessions

After 9.30am Mass on  
Saturday morning or by  
appointment.

# The Word

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**This Sunday**

**5 February**

**First Reading**

*Isaiah 58:7-10*

**Psalm Response**

*The good man is a light in  
the darkness for the upright.*

**Second Reading**

*1 Corinthians 2:1-5*

**Gospel** *Matthew 5:13-16*

**Next Sunday**

**12 February**

**First Reading**

*Ecclesiasticus 15:15-20*

**Psalm Response**

*They are happy who follow  
God's law!*

**Second Reading**

*1 Corinthians 2:6-10*

**Gospel** *Matthew 5:17-37*

# Thank you

Sunday 22 Jan **£1138.76**

# Welcome

We hope you have a happy  
and peaceful time with us  
here in Exeter. Please ask  
one of the Welcomers or  
contact the parish office if  
we can help in any way.

# Getting married?

Congratulations! Please  
give us at least six months'  
notice if you are planning  
to marry in the Church.

# Contact us

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**Parish Priest**

Fr Jonathan Stewart

**Assistant Priest**

Fr John Watkins

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**PARISH OFFICE**

The Presbytery,  
29 Fore Street, Heavitree  
Exeter EX1 2QJ

**Telephone**

01392 274724

**Email** exeter-heavitree

@prcdtr.org.uk

**Parish Office hours**

Tuesday, Wednesday and  
Thursday 10.00am-4.00pm

**Parish Secretary**

Lesley Hooper

**Safeguarding Reps**

Vince Clark &

Lesley Hooper

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**PARISH SCHOOL**

**St Nicholas Catholic**

**Primary School**

Ringswell Avenue,

Exeter EX1 3EG

**Telephone**

01392 445403

**Email** admin@stncls.uk

**Website**

www.st-nicholas-  
exeter.devon.sch.uk

**Head Teacher**

Angela Folland

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**CONVENT**

**Mount St Mary Convent,**

Wonford Road,

Exeter EX2 4PF

**Telephone** 01392 433301

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*Blessed Sacrament Parish is  
part of the Roman Catholic  
Diocese of Plymouth.*