

# ParishNews



**Blessed Sacrament Parish Heavitree Exeter**  
**17 February 2019.** *Sixth Sunday in Ordinary Time. Year C*

## **Parish Priest**

Fr Jonathan Stewart

## **Priest in retirement**

Fr John Watkins

## **PARISH OFFICE**

The Presbytery,  
29 Fore Street, Heavitree  
Exeter EX1 2QJ

## **Telephone**

01392 274724

**Email** [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

## **Parish Office hours**

Tuesday, Wednesday and  
Thursday 10.00am–4.00pm

## **Parish Secretary**

Lesley Hooper

## **Safeguarding Reps**

Vince Clark &

Lesley Hooper

## **PARISH SCHOOL**

### **St Nicholas Catholic Primary School**

Ringswell Avenue,  
Exeter EX1 3EG

## **Telephone**

01392 445403

**Email** [admin@stncls.uk](mailto:admin@stncls.uk)

[www.st-nicholas-exeter.devon.sch.uk](http://www.st-nicholas-exeter.devon.sch.uk)

## **Head Teacher**

Angela Folland

## **CONVENT**

### **Mount St Mary Convent,**

Wonford Road,  
Exeter EX2 4PF

**Telephone** 01392 433301

*Blessed Sacrament Parish is  
part of the Roman Catholic  
Diocese of Plymouth.*



***How happy are you who are poor;  
alas for you who are rich.***

Life is often about picking our way through opposites - choices and decisions that surround every moment of every day: should I do this or that, choose this way or that way, and so on. Just as there are choices on either side, so there are opposing consequences blessings and curses, in the language of the first reading, happiness and woe in the language of the Gospel. In Saint Luke's version of the Beatitudes, we see Jesus setting out very clearly the teaching that life is about choices, and that we must take control, and be responsible for the life we choose, or even the conditions of life that we embrace or accept.

# Welcome

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We hope you have a happy and peaceful time with us here in Exeter. Please ask one of the Welcomers or contact the parish office if we can help in any way.

## Liturgy of the Word for children

During the 10.30am Mass most Sundays.

## Refreshments

Sundays after 10.30am Mass and Wednesdays after 9.30am Mass.

## Parents and Toddlers

Monday mornings 9.30–11.30am in the St Richard Reynolds Centre. All welcome especially new faces.

## Getting married?

Congratulations! Please give us six months' notice if you are planning to marry in the Church.

## Sick parishioners

Please inform one of the priests or the parish office if you know someone who is in need of a visit.

## Newsletter

Deadline for newsletter items 4.00pm Wednesday. By phone or email.

## Many thanks

Sunday Collections  
3 February **£1256.19**  
10 February **£1302.20**

# Calendar of Events

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Sun 17 Feb	<b>Extraordinary Form Mass</b> <i>Blessed Sacrament Church 3.00pm</i>
Mon 18- 25 Feb	<b>Diocesan Pilgrimage to the Holy Land</b>
Mon 18 Feb	<b>Live simply sewing group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Sat 23 Feb	<b>Livesimply sewing group – Repair Cafe</b> <i>St Richard Reynolds Centre 10.00am</i>
Mon 25 Feb	<b>Live simply sewing group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Thurs 28 Feb	<b>Thursday Lunch Club</b> <i>St Richard Reynolds Centre 12.00pm</i>
Thurs 28 Feb	<b>Stronghold Prayer &amp; Praise</b> <i>St Richard Reynolds Centre 7.15pm</i>
Fri 1 Mar	<b>World Day of Prayer</b>
Sat 2 Mar	<b>Society of Our Lady of Lourdes</b> <b>Spring Get together</b> <i>St Richard Reynolds Centre &amp; Mass</i>
Sat 2 Mar	<b>Livesimply meeting</b> <i>St Richard Reynolds Centre 2.00pm</i>
Mon 4 Mar	<b>Live simply sewing group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Wed 6 Mar	<b>Ash Wednesday</b> <i>Blessed Sacrament Masses 9.30am &amp; 7.00pm</i>
Thurs 7 Mar	<b>Cafod meeting</b> <i>St Richard Reynolds Centre 7.00pm</i>
Fri 8 Mar	<b>1115 Youth Group</b> <i>Clip &amp; Climb Haven banks</i>
Sun 10 Mar	<b>Rite of Election</b> <i>Plymouth Cathedral 3.00pm</i>
Mon 11 Mar	<b>Live simply sewing group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Wed 13 Mar	<b>Lent Service &amp; Lunch</b> <i>St Michaels Heavitree 12.00noon</i>
Thurs 14 Mar	<b>Thursday Lunch Club</b> <i>St Richard Reynolds Centre 12.00pm</i>
Thurs 14 Mar	<b>Prayer Group</b> <i>St Richard Reynolds Centre 7.00pm</i>
Friday 15 Mar	<b>Cafod Lent Fast Day Lunch</b> <i>St Richard Reynolds Centre 12.00</i>
Sun 17 Mar	<b>Extraordinary Form Mass</b> <i>Blessed Sacrament Church 3.00pm</i>
Mon 18 Mar	<b>Live simply sewing group</b> <i>St Richard Reynolds Centre 6.30pm</i>

# livesimply



## Show the love

Since 2015, CAFOD joins the Climate Coalition's Show the Love campaign every Valentine's Day to start

conversations about how the things we love are affected by climate change. Throughout the remainder of this month, we are encouraged to show our love for our common home by talking to friends, family, neighbours and colleagues about climate change and its effects. On Sunday, 24 February, we will say some special prayers during mass and invite you to share your thoughts with other parishioners. There is also a petition available to sign on the CAFOD website. Over the coming months, there will also be updates on CAFOD's new campaign on climate change.

## Sewing & Knitting Group

If you would like to meet up with other parish members and sew or knit (or to learn how to do it), you are welcome to join this group at the St Richard Reynolds Centre whenever you can (see dates in the newsletter calendar). Thank you for the wonderful response to the plea for sewing machines - three have been donated to the group. For new projects that the group is working on, they are asking for donations of the following items: cotton fabric - pillow cases, sheets, duvet covers (ideally coloured and patterned fabrics, bias binding and wool. Please leave any donations in a bag marked 'Sewing & Knitting Group' at the back of the church where they will be collected.

## Repair Café

The group aims to offer a monthly repair café. They can provide help with replacing zips, repairing seams and hems, replacing buttons etc. Repairs may be completed while you wait or items may be taken away

and returned later. There is no charge but small donations are appreciated to enable the group to support charitable causes in Exeter and beyond. The first date is **Saturday 23 February 10.00am to midday** in the St Richard Reynolds Centre.

## Exeter Foodbank Collection

Thank you for your continuing support to Exeter Foodbank. You can drop off non-perishable food and toiletries in the basket at the back of the church. Priority items for this month are fruit juice (1L long-life), milk (1L UHT semi-skimmed), rice (500g or 1kg), noodle/pasta snacks and potatoes (tins/instant). Please note that the Foodbank do not require any female sanitary items, as they now have more in stock than is needed.

## Livesimply meeting

The next meeting will be on Saturday 2 March at 2.00pm in the St Richard Reynolds Centre. All welcome! For more information on *livesimply*, please contact Kathrin on 07726316264 or [livesimplyexeter@gmail.com](mailto:livesimplyexeter@gmail.com)

## Racial Justice Day 17 Feb

For tolerance and respect, for an openness to neighbours and strangers. For the broadening of our horizons and an awareness of what is happening in our world. For individuals, groups or movements that promote war and conflict. That Christ, the Prince of Peace, might turn hearts to a culture of life

## Diocesan Pilgrimage to the Holy Land

This week many from our diocese, as well as a number from our parish, set off with Bishop Mark on an 8 day pilgrimage to the Holy Land. Let's keep them in our prayers.

## World Day of Prayer

Friday 1 March at Southernhay United Reformed Church, Dix's Field. 11.00 am Service (Coffee 10.30 am).

# Flame 2019

There are still some tickets (£30 each) for this youth event in Wembley on Saturday 2 March. If you are interested in going please contact Erik Renz [exeter-youth-worker@prcdtr.org.uk](mailto:exeter-youth-worker@prcdtr.org.uk)

## Change of Mass time

In future the Mass on Tuesday evening will be at 6.30pm commencing on Tuesday 19 February.

### Mass in the Extraordinary Form

The next Extraordinary Form Mass will be at 3.00pm at Blessed Sacrament Church on Sunday 17 February.

## Stronghold

The next meeting of the Stronghold prayer and praise group is on Thursday 28 February at 7.15pm in the St Richard Reynolds Centre. Bring a plate of food to share with one another also. The Eucharist is the source and summit of the Christian life and the celebration of Mass is central to our faith, but it is not the only way to pray. We pray through song and word, praising God with all our hearts and minds and bodies. It is simple but moving. All are very welcome, all ages, to come and join with us in a joy-filled and spiritually uplifting evening.

## Pope's Intention for February

Human Trafficking. For a generous welcome to victims of human trafficking, of enforced prostitution, and of violence. Pope Francis also adds a second, more urgent intention each month, which is published on the Apostleship of Prayer website <http://apostleshipofprayer.org>

He also records a video each month, related to the prayer theme, which can be viewed online at <http://apostleshipofprayer.org/the-pope-video>

## Ash Wednesday

Mass and distribution of ashes will take place at Masses on Wednesday 6 March at 9.30am and 7.00pm.

## 1115 Youth Group

The next meeting of the 1115 youth group will be an outing to Clip and Climb in Haven Banks on Friday 8 March 6.30 – 8.00pm. There are a maximum of 20 spaces and the cost is £12.50 per child or adult. The two required forms can be collected from your parish office or from Erik via e-mail ([exeter-youth-worker@prcdtr.org.uk](mailto:exeter-youth-worker@prcdtr.org.uk)). Any parents that wish to attend please indicate this as a note on the form and include a CASH payment for yourselves as well.

## Diocesan Vocations Retreat at Buckfast Abbey

'Call on me, and I will show you great and wonderful things which you have not known' (Jeremiah 33:3) A two-day retreat with space to pray and reflect on the call of God and what it might mean for you in the beautiful monastic setting of Buckfast Abbey, near Buckfastleigh, Devon. For those discerning their vocation . . . an opportunity to meet others who are also wondering about God's call . . . and to meet those who have already made the choice to live the religious life in the Church. Dates and times: Friday 22 March at 4.00 pm till Sunday 24 March after lunch. If you feel that the Lord is calling you in some way-as a priest, or as a brother, or you are not too sure - get in touch with me, Fr Ralph Candy, Vocations Director, Diocese of Plymouth. Email:[vocation@prcdtr.org.uk](mailto:vocation@prcdtr.org.uk) Tel: 01803 557518 for further details.

## Into your hands, Lord...

Please pray for the repose of the soul of William (Bill) Hawkins whose funeral service will take place at the crematorium at 2.00pm on Thursday 21 February. RIP.

## **Diocesan vacancies – Headteacher positions**

The diocese is seeking to appoint experienced, inspirational and dynamic head teachers at:- St Boniface College, Plymouth, Cathedral School of St Mary, Plymouth, St Mary's Catholic Primary School, Falmouth and Sacred Heart Catholic Primary School, Paignton. Details about the vacancies and how to apply can be found in the church porch or by contacting [louise.adams@plymouthcast.org.uk](mailto:louise.adams@plymouthcast.org.uk) and obtaining an application form from [careers@plymouthcast.org.uk](mailto:careers@plymouthcast.org.uk) The closing date for applications is midday on Monday 25 February.

## **Catechist Formation Continues**

'Ongoing Formation & the Catechism of the Catholic Church' on Saturday February 23 and 'Children's Liturgy of the Word', for all those who help with Children's Liturgy, on Saturday March 23. Both events are at St. Peter's, Crownhill, Plymouth – 9.30am Mass, 10.00am refreshments, 10.30am start and 1.00pm finish.

## **SVP News**

Thanks to your generosity and support SVP was able to help some of those most in need over the Christmas period. But, as poverty in all its forms does not disappear, the work goes on. We must continue to reach out to the less obvious poor in our community – the lonely, the frail, and the neglected. This is where we need your help. If you know of anyone in need of assistance, even if it is simply in the form of a friendly visit with a smile, do please let us know. We will try to help. Of course, you are always welcome to join us. If you would like to know more about the work of the SVP, at home and overseas you can contact: [mike.eden52@btinternet.com](mailto:mike.eden52@btinternet.com) or [maureenspeller@hotmail.com](mailto:maureenspeller@hotmail.com) or call the helpline 07512 467971

## **CAFOD**

Exeter Deanery Family Fast Day Briefing on Saturday 2 March 11.00 am – 1.00 pm at St George's Extension Fore Street, Tiverton EX16 6LN. You are invited to attend this meeting which will look at several important issues and initiatives including: Lent Fast Day arrangements; No One Beyond Reach – CAFOD's new logo; Hands On project schemes; Our Common Good campaign; Caritas Plymouth and Traidcraft. For more information contact Chris Wightman 01392 460041

## **Walk for Dementia UK**

Just over a year ago my mother in law, Maryvonne Green, who was a parishioner of Blessed Sacrament, died after suffering over many years with dementia. I therefore decided to do this walk in her memory as well as to raise money for the many people and their families who are currently affected by this terrible disease. Please donate whatever you can to motivate me on this long and challenging walk along the North Devon Coast Path, which I will soon be undertaking. I am starting this walk on March 26 and it will take me 13 days to complete and I will be walking in all weathers!! Donating through JustGiving is simple, fast and totally secure. Your details are safe with JustGiving - they'll never sell them on or send unwanted emails. Once you donate, they'll send your money directly to the charity. So it's the most efficient way to donate - saving time and cutting costs for the charity. The link is [www.justgiving.com/fundraising/Craig-Ayles](http://www.justgiving.com/fundraising/Craig-Ayles). I will also be in the porch after Masses with a sponsor form if that is easier for you to do.

## **Concert**

The Exeter University Choral Society and Budleigh Salterton Male Voice Choir have joined forces for a concert on 29 March, in Exeter Cathedral. They shall be singing a

range of choral works, including Rutter's Gloria. You can book your tickets at <https://www.exeterguild.org/ents/event/24040/>

## **Catholic Women's League**

The next meeting of the CWL will be on Tuesday 26 February at 2.00pm at the Mount St Mary centre. This will be the Annual Review (AGM) and everyone is welcome.

On Saturdays after the morning Mass at the Sacred heart in South Street coffee and cake has been served by the Catholic Women's League in the Lower room. These are very popular and last year £1700 was raised which helped lots of charities including Mary's Meals, FORCE, St Petrock's and many more ( a full list can be seen in the church porch). Please continue to support these mornings and join them (for a suggested donation of £2.00) for a cuppa and a chat and they will continue to raise much needed funds for many charities.

## **Chatter Café**

Is an opportunity for those who need a little company, a bite to eat and a cup of tea. Volunteers from our Churches have been running this for several years, however now they would also like to introduce some board games. They would be grateful if you have any such games to donate to the Chatter Café in Wonford, by bringing into the parish office for Deacon Kelvin Russell.

## **Catholic Singles**

Catholic Singles is an organisation which helps single Catholics of all ages (over 18 years) meet other single Catholics, either one to one or through social events. For further information tel. 0161 941 3498 Or visit [www.catholicssingles.org.uk](http://www.catholicssingles.org.uk)

## **Guided Retreats**

Individual guided retreats are being organised by the Diocesan Ignatian Spirituality Group. Their Lenten Quiet day on March 23 is quite popular so early

booking is advised if you are interested. It is also possible to arrange retreats for one or two people at other times of the year so please get in touch with them if you are interested. A list of the retreats and how to book can be found in the church porch.

## **Diocesan Pilgrimage to Lourdes**

Have you ever been on pilgrimage? It is one of the most wonderful things to do and can strengthen our faith immeasurably.

Lourdes is one of the great pilgrimage centres of the Catholic world, the place where the Virgin Mary appeared to the girl Bernadette as she was collecting firewood. The apparitions continued for many days and Bernadette's life was transformed. Many pilgrims' lives have been transformed by a visit to the grotto and the waters of the spring which Bernadette discovered. The Diocese of Plymouth travels to Lourdes every year under the leadership of Bishop Mark. Perhaps it would be something for you to consider this year? 1-8 August 2019 led by Bishop Mark. Flying from Exeter. A time of prayer and relaxation. Cost £795. For further information and to book please see the information in church porch.

## **Youth Pilgrimage to Lourdes**

1-8 August 2019 also led by Bishop Mark. Flying from Exeter. Cost £495. For further information and to book please contact Fr Anthony O'Gorman tel: 01637 851697 or email: [anthony.o'gorman@prcdtr.org.uk](mailto:anthony.o'gorman@prcdtr.org.uk).

## **Pilgrimage to Knock Shrine**

Fully escorted 3 July 2019. Cost - £649.00 per person sharing. Price includes flight with 10kg hand luggage, all taxes, luxury transfers, 4 nights' in Knock House Hotel with full Irish Breakfast each morning and 4 Course Dinner each evening. All entertainment, excursions/guided tours included. Wheelchair accessible rooms in the hotel. Limited single rooms at

supplement of £100. Contact Patricia on 01268 762 278 or 07740 175557 or email [knockpilgrimages@gmail.com](mailto:knockpilgrimages@gmail.com)

## The Pope Tweets...

If we practice seeing with the eyes of Jesus, we will always be able to recognize those who need our help

## Envision 2019

You are invited to Envision Exeter. This is an exciting opportunity to see and hear what God is doing in the Middle East and North Africa (MENA), You will hear from Maggie Morgan, an award-winning SAT-7 producer from Egypt, about the challenges facing women in the Middle East and North Africa. You will be able to hear testimonies from Middle Eastern believers about how God is at work in their lives, and find out how you can get involved in this exciting ministry. **Come and be inspired and challenged!** 1.00pm (for a 1.30pm start) – 5.00pm at Wonford Methodist church on Saturday 16 March. For more details and to register go to [www.sat7uk.org/envision](http://www.sat7uk.org/envision)

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## St Nicks' News

Nursery places: We have some spaces in our fantastic term time nursery from January for 3-5 year olds. We offer both 15 and 30 hours (extended) funding and additional hours are only £4.06 per hour. We also provide wrap around care from 7.45am to 6.00pm. We offer high quality provision led by a full time Nurse teacher where children can explore, thrive, develop and grow in a safe, nurturing environment. For more information and/or a tour please contact Ali on 01392 445403 ext. 222 or email [abrocksom@stncls.uk](mailto:abrocksom@stncls.uk)

## Drop Off Drop In

Our weekly coffee morning from 8.30 till 9.15am on Friday mornings in the Bickleigh room have resumed. Parishioners are welcome to join us for coffee and cakes and a chance to meet friends old and new!

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## A welcoming parish

We are blessed in our parish to have many visitors who join us on Sundays (and during the week) to celebrate Mass. If you see someone you don't know try to say hello and make them feel welcome. It could make all the difference to their time with us. Many of our visitors don't have English as their first language, so be sensitive. Offering them the hymn book and showing them the text of the Mass could be a great icebreaker.

## New parishioners

Are you new to Blessed Sacrament parish? If so, you are most welcome and we hope you will be very happy here. If you haven't already done so, please provide us with your contact details. Forms are available in the church porch and from the parish office (electronically) and should be returned to the office once completed. It is good for us to know something about you and to be able to keep you updated with things happening in the parish. Thank you.

## Getting married?

The next Catholic Marriage Preparation course will be held on Saturday 11 May. Before that you will need to have made an appointment with the parish office on 01392 274724 to come and meet with Fr Jonathan. This should be at least six months before your wedding date.

## Mass intentions

If you would like a Mass said for a particular intention, for someone who is ill or a loved one who has died, in thanksgiving for an answer to prayer or perhaps something personal please see Lesley in the parish office who will be able to help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give.

# Mass Times

## Sunday 17 February

*Sixth in Ordinary Time*

### Racial Justice Day

**9.00am** *Joe Leonard RIP*

**10.30am** *People of the parish*

**6.00pm**

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## Monday 18 February

### No Convent Mass

## Tuesday 19 February

**6.30pm** **NOTE NEW TIME**

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## Wednesday 20 February

**9.30am**

**4.00pm** *RD&E Hospital*

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## Thursday 21 February

**9.30am**

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## Friday 22 February

*The Chair of St Peter*

### No Convent Mass

**9.30am**

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## Saturday 23 February

*St Polycarp, Bishop, Martyr*

**9.30am** *Sisters of the*

*Presentation of Mary*

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## Sunday 24 February

*Seventh in Ordinary Time*

**9.00am** *People of the Parish*

**10.30am**

**6.00pm**

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## Monday 25 February

*St Walburga, Virgin martyr*

### No Convent Mass

## Tuesday 26 February

### No Mass

## Wednesday 27 February

**No 9.30am Mass**

**4.00pm** *RD&E Hospital*

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## Thursday 28 February

**9.30am**

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## Friday 1 March

*St David, Bishop*

### No Convent Mass

**9.30am**

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## Saturday 2 March

**11.00am** *Sr Guy Marie RIP*

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## Sunday 3 March

*Eighth in Ordinary Time*

### Day of prayer for the unemployed

**9.00am**

**10.30am** *People of the parish*

**6.00pm**

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## Confessions

Saturday 10.00am Church

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## Adoration

Tuesdays 8.00pm Convent

First Wednesday each

month Lady chapel at

Sacred Heart 7.00pm

Some Thursdays 10.00am

(after Mass) Blessed

Sacrament Church.

*Please refer to the notice board on the church door for any alterations.*

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## The Word

### Sunday 17 February

#### First Reading

Jeremiah 17:5-8

*A curse on the man who puts his trust in man, a blessing on the man who puts his trust in the Lord.*

#### Psalm Response

*Happy the man who has placed his trust in the Lord.*

#### Second Reading

Corinthians 15:12.16-20

*If Christ has not been raised, your believing is useless.*

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## Gospel

Luke 6:17.20-26

*How happy are you who are poor. Alas for you who are rich.*

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### Sunday 24 February

#### First Reading

1Samuel 26:2.7-9.12-13.

22-23

*The Lord put you in my power, but I would not raise my hand.*

#### Psalm Response

*The Lord is compassion and love.*

#### Second Reading

Corinthians 15:45-49

*We who have been modelled on the earthly man will be modelled on the heavenly man.*

#### Gospel

Luke 6:27-38

*Be compassionate as your Father is compassionate.*

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### Sunday 3 March

#### First Reading

Ecclesiasticus 27:4-7

*Do not praise a man before he has spoken.*

#### Psalm Response

*It is good to give you thanks, O Lord.*

#### Second Reading

Corinthians 15:54-58

*He has given us victory through our Lord Jesus Christ.*

#### Gospel

Luke 6:39-45

*A man's words flow out of what fills his heart.*

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