

# ParishNews



**Blessed Sacrament Parish** Heavitree Exeter  
17 March 2019. *Second Sunday of Lent. Year C*

## **Parish Priest**

Fr Jonathan Stewart

## **Priest in retirement**

Fr John Watkins

## **PARISH OFFICE**

The Presbytery,  
29 Fore Street, Heavitree  
Exeter EX1 2QJ

## **Telephone**

01392 274724

**Email** [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

## **Parish Office hours**

Tuesday, Wednesday and  
Thursday 10.00am–4.00pm

## **Parish Secretary**

Lesley Hooper

## **Safeguarding Reps**

Vince Clark &

Lesley Hooper

## **PARISH SCHOOL**

**St Nicholas Catholic  
Primary School**

Ringswell Avenue,  
Exeter EX1 3EG

## **Telephone**

01392 445403

**Email** [admin@stncls.uk](mailto:admin@stncls.uk)  
[www.st-nicholas-exeter.devon.sch.uk](http://www.st-nicholas-exeter.devon.sch.uk)

## **Head Teacher**

Angela Folland

## **CONVENT**

**Mount St Mary Convent,**

Wonford Road,  
Exeter EX2 4PF

**Telephone** 01392 433301

*Blessed Sacrament Parish is  
part of the Roman Catholic  
Diocese of Plymouth.*



## **As Jesus prayed, the aspect of his face was changed**

Every year, on the Second Sunday of Lent, we hear about the Transfiguration of Jesus on the mountain top. Why? Jesus revealed his glory to the three apostles in order to strengthen them for the journey ahead - the journey to Jerusalem, Gethsemane and Golgotha. The same vision is today offered to us, to strengthen us in our Lenten Journey of Faith. Last week we heard about temptation: this week we are driven onwards by a vision of glory that will be ours - the goal of our lives of faith and all that we do as Christians. The transfiguration represents the final destination of our lives, if we are faithful in resisting temptation and living each day as faithful members of Jesus Christ. In our journey of renewal and new commitment through Lent, we are spurred on and encouraged by today's vision to see why the effort is worth it.

# Welcome

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We hope you have a happy and peaceful time with us here in Exeter. Please ask one of the Welcomers or contact the parish office if we can help in any way.

## Liturgy of the Word for children

During the 10.30am Mass most Sundays.

## Refreshments

Sundays after 10.30am Mass and Wednesdays after 9.30am Mass.

## Parents and Toddlers

Monday mornings 9.30–11.30am in the St Richard Reynolds Centre. All welcome especially new faces.

## Getting married?

Congratulations! Please give us six months' notice if you are planning to marry in the Church.

## Sick parishioners

Please inform one of the priests or the parish office if you know someone who is in need of a visit.

## Newsletter

Deadline for newsletter items 4.00pm Wednesday. By phone or email.

## Many thanks

Sunday Collections  
3 March **£1407.08**  
10 March **£1209.67**

# Calendar of Events

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Sun 17 Mar	<b>Extraordinary Form Mass</b> <i>Blessed Sacrament Church 3.00pm</i>
Mon 18 Mar	<b>Live simply sewing group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Wed 20 Mar	<b>Lent prayer and lunch</b> <i>St Lawrence Church 12.00noon</i>
Fri 22 Mar	<b>Stations of the Cross (CWL)</b> <i>Blessed Sacrament Church 7.00pm</i>
Sat 23 Mar	<b>Urafiki Coffee morning</b> <i>St Richard Reynolds Centre 10.00am</i>
Sat 23 Mar	<b>Lent Day of Recollection</b> <i>St Rita's Honiton 10.00am</i>
Mon 25 Mar	<b>Live simply sewing group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Wed 27 Mar	<b>Lent prayer and lunch</b> <i>Blessed Sacrament Church 12.00noon</i>
Thurs 28 Mar	<b>Thursday Lunch Club</b> <i>St Richard Reynolds Centre 12.00pm</i>
Thurs 28 Mar	<b>Stronghold</b> <i>St Richard Reynolds Centre 7.15pm</i>
Fri 29 Mar	<b>Stations of the Cross</b> <i>Blessed Sacrament Church 7.00pm</i>
Sat 30 Mar	<b>livesimply meeting</b> <i>St Richard Reynolds Centre 10.00am</i>
Sun 31 Mar	<b>Clocks go forward one hour</b>
Mon 1 Apr	<b>Live simply sewing group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Tues 2 Apr	<b>Lenten Penitential Service</b> <i>Sacred Heart Church 7.00pm</i>
Wed 3 Apr	<b>Lent prayer and lunch</b> <i>Wonford Methodist Church 12.00noon</i>
Wed 3 Apr	<b>1115 Youth Group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Fri 5 April	<b>Stations of the Cross (TLC)</b> <i>Blessed Sacrament Church 7.00pm</i>
Sat 6 April	<b>First Sacrament of Reconciliation</b> <i>Sacred Heart Church 11.00am</i>
Mon 8 Apr	<b>Live simply sewing group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Wed 10 Apr	<b>Lent prayer and lunch</b> <i>United Reformed Church 12.00noon</i>
Thurs 11 Apr	<b>Thursday Lunch Club</b> <i>St Richard Reynolds Centre 12.00noon</i>

# Lent Extra

Copies of the Redemptorist's Lent Extra are available in the church porch for a suggested donation of £1.00 (please place in the box marked Books). This book contains daily reflections and prayers for your journey to Easter and beyond.

## Lenten Day Retreat

A Lenten Retreat is being held at St Rita's Centre, Honiton on Saturday 23 March from 10.00am till 4.30pm with Fr Jonathan Stewart. Cost £25 per person which includes lunch. For further information and to register contact St Rita's promotions on 01404 42635, pick up a booking form from the church porch or email [stritas@btinternet.com](mailto:stritas@btinternet.com)

# *livesimply*

## Plastic Free Lent Challenge

To encourage you to make a positive change during Lent (and beyond), you are invited to take part in our Plastic Free Lent Challenge. You are asked to pledge your support by signing up in church after Mass and then to take some practical steps to reducing the amount of single-use plastics in your home and beyond. There is a leaflet with different ideas that can guide you.

If you are planning a spring clean at home and want to get rid of old pens (that can no longer be used!) and other writing instruments, you can drop them off during Lent in a box at the back of the church.

They will then be taken to a recycling point. Any brand of pen, felt tip, highlighter, marker, correction fluid pot, correction tape, mechanical pencil and eraser pen are acceptable. No wooden pencils, glue sticks or erasers, please!

## Sewing & Knitting Group

If you would like to meet up with other parish members and sew or knit (or to learn how to do it), you are welcome to

join this group at the St Richard Reynolds Centre on Monday evenings (see dates in the newsletter calendar).

## Exeter Foodbank Collection

During Lent, we are asked to think of people in need and share what we can. The **Foodbank collections** are continuing each Sunday. This month, the priority items are fruit juice (1L long-life), milk (1L UHT semi-skimmed), rice, pasta sauce, noodle/pasta snack, custard (tins/cartons).

If you would like to support people who cannot afford to buy toiletries/hygiene products, you can drop off unused and unopened items at Exeter Library as part of the **Beauty Banks** scheme. Donations are then distributed to local charities. One of them is **Baby Bank Network Exeter** that collects pre-loved baby essentials and distributes them locally to those in need. More information is available on their Facebook page:

<https://www.facebook.com/babybanknetworkexeter/>

## Livesimply meeting

The next meeting will take place at the St Richard Reynolds Centre on Saturday 30 March at 10.00am. All welcome!

For more information on *livesimply*, please contact Kathrin on 07726316264 or [livesimplyexeter@gmail.com](mailto:livesimplyexeter@gmail.com)

## Urafiki Coffee Morning

Urafiki, helping the poorest of the poor. Please support this charity by coming along to a coffee morning and table top sale on Saturday 23 March at 10.00am in the St Richard Reynolds Centre.

## 1115 Youth Group

The next meeting of the 1115 youth group will be on Wednesday 3 April at 6.30pm in the St Richard Reynolds Centre.

## Into your hands, Lord...

Please pray for the repose of the soul of **Brian Joyce**. May he rest in peace.

## **Chrism Mass at Plymouth Cathedral**

We are considering hiring a 33 seater coach to Plymouth for this celebration on Wednesday 17 April. We do however need to have an idea of numbers before committing. If you would like to go, please print your name in CAPITALS on the sheet at the back of Church. Cost will be £8-£10 depending how many go.

## **Extraordinary Form Mass**

At 3.00pm at Blessed Sacrament Church  
Sunday 17 March

## **Parish Afternoon Tea**

Please save the afternoon of Thursday July 11 in your diaries. We are having a Cream Tea afternoon in aid of Force Cancer Charity and our Church. Tickets will be £5.00 and will include a cream tea. On the afternoon we will have a raffle and Auction of Promises and some table top sales. This should be an opportunity for a lovely get together. If you work then arrange the time off. It will be worth it! We need to know numbers in advance so tickets will go on sale soon. Contact Jane on 07890 373617 for more information.

## **MISSIO Red Box holders**

If you hold a Missio Red Box you are invited to bring your boxes to Mass on Sunday 31 March so that they can be opened and counted this spring. Missio thank all of you for helping their missionary work in various countries around the world and their newsletter is available in the porch. If you prefer John Mitchelmore (telephone 01392 757199) will be pleased to come and collect from you. If anyone would like a red collection box to help the missions please also contact John.

## **Change of Mass time**

Mass on Tuesdays will now be at 6.30pm

# **Oaks and Acorns**

Buckfast Abbey is 'branching' out with a series of sessions for grandparents and toddlers. Launching 12 March and then alternate Tuesdays during Term Time. 10:30am to Noon £2.50 per child - Grandparents FREE! Oaks and Acorns makes the most of the glorious setting and great facilities on offer at the Abbey and makes for a fun-filled morning for the young and young at heart alike. With the hands on help of our experienced Education team, toddlers and grandparents will have the opportunity to get stuck into a wide variety of activities from getting their fingers green in the gardens, to exploring shape and colour through the windows and artwork on show in the Abbey Church. Each session involves storytelling, exploration, messy making and much more. A chance to have fun with your grandchild and also to meet other grandparents. Please book at <https://www.buckfast.org.uk/product/tickets/oaks-and-acorns>

## **Catholic Women's League**

On Saturdays (except Holy Saturday) after the morning Mass at the Sacred Heart Church in South Street **coffee and cake** is served by the Catholic Women's League in the Lower room. Please come along.

## **Lenten Lunch**

A frugal lunch of soup, bread & cheese will be served every Friday during Lent – from Noon - in the Lower Room. All proceeds from these lunches are for Exeter's Day Centre for the homeless at St Petrock's.

## **Stations of the Cross**

led by the CWL on Friday 22 March at 7.00pm at Blessed Sacrament church.

## **Next Meeting**

will be on Tuesday 26 March at Mount St. Mary's Convent, Wonford Road at 2.00pm. All Welcome.

## God on the Streets

Go along to the Wonford Methodist church at 7.00pm (tea/coffee from 6.30pm) on Wednesday 20 March to learn more about what is happening in Exeter.

## The Apostles' Creed

The tradition of the Church during Lent and Eastertide is that the Apostles' Creed is prayed on Sundays and Solemnities. This is more Baptismal in character and fitting for the seasons

## The Pope Tweets...

At the beginning of Lent, it would do us good to ask for the grace to preserve the memory of all that the Lord has done in our lives, of how He has loved us.

## Dowry Tour of Our Lady of Walsingham

Dowry Tour Plymouth 16-18 May at St. Mary and St. Boniface Cathedral. For details see <http://dowrytour.org.uk/> It is intended to organise a coach from Exeter to go on 17 May. If you are interested please contact Frances Canning.

## Charity Abseil

Help your local Home-Start by abseiling down the highest waterfall in the UK at Canonteign on 27 April from 9.00am. Details can be found on a poster in the church porch or call 01392 826299

## Pope's Intention for March

Recognition of the Right of Christian communities. That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

Pope Francis also adds a second, more urgent intention each month, which is published on the Apostleship of Prayer website [www.apostleshipofprayer.org](http://www.apostleshipofprayer.org) His monthly video on the prayer intention can be viewed online at <http://apostleshipofprayer.org/the-pope-video>

## Vocations Retreat

'Call on me, and I will show you great and wonderful things which you have not known' (Jeremiah 33:3) A two-day retreat with space to pray and reflect on the call of God and what it might mean for you. For those discerning their vocation . . . an opportunity to meet others who are also wondering about God's call . . . and to meet those who have already made the choice to live the religious life in the Church. Dates and times: Friday 22 March at 4.00 pm till Sunday 24 March after lunch. If you feel that the Lord is calling you in some way - as a priest or as a brother or you are not too sure - get in touch with Fr Ralph Candy Vocations Director, Diocese of Plymouth. Email:[vocation@prcdtr.org.uk](mailto:vocation@prcdtr.org.uk) or Tel: 01803 557518 for further details.

## Book of Intentions

This book is brought to the altar at each Mass and contains the things we offer to God in prayer; the name of someone who is sick or who has died; a personal situation which needs resolution; a private intention, anything you would like to bring to the Lord. The book can be found on the offertory table with the bread and wine.

## Getting married?

Please make an appointment to see Fr Jonathan at least six months before your proposed wedding date. You will be asked to attend a Marriage Preparation Day, the next of which is on Saturday 11 May.

## Guided Retreats

Individual guided retreats are being organised by the Diocesan Ignatian Spirituality Group. Their Lenten Quiet day on March 23 is quite popular so early booking is advised if you are interested. It is also possible to arrange retreats for one or two people at other times of the year so please get in touch with them if you are interested. A list of the retreats and how to book can be found in the church porch.

## **Walk for Dementia UK**

Just over a year ago my mother in law, Maryvonne Green, who was a parishioner of Blessed Sacrament, died after suffering over many years with dementia. I therefore decided to do this walk in her memory as well as to raise money for the many people and their families who are currently affected by this terrible disease. Please donate whatever you can to motivate me on this long and challenging walk along the North Devon Coast Path, which I will soon be undertaking. I am starting this walk on March 26 and it will take me 13 days to complete and I will be walking in all weathers!! Donating through JustGiving is simple, fast and totally secure. Your details are safe with JustGiving - they'll never sell them on or send unwanted emails. Once you donate, they'll send your money directly to the charity. So it's the most efficient way to donate - saving time and cutting costs for the charity. The link is [www.justgiving.com/fundraising/Craig-Ayles](http://www.justgiving.com/fundraising/Craig-Ayles). I will also be in the porch after Masses with a sponsor form if that is easier for you to do.

## **Diocesan Pilgrimage to Lourdes**

The Diocese of Plymouth travels to Lourdes every year under the leadership of Bishop Mark. Perhaps it would be something for you to consider this year? 1-8 August 2019 led by Bishop Mark. Flying from Exeter. A time of prayer and relaxation. Cost £795. For further information and to book please see the information in church porch.

## **Youth Pilgrimage to Lourdes**

1-8 August 2019 also led by Bishop Mark. Flying from Exeter. Cost £495. For further information and to book please contact Fr Anthony O'Gorman tel: 01637 851697 or email: [anthony.o'gorman@prcdtr.org.uk](mailto:anthony.o'gorman@prcdtr.org.uk).

## **Saying Goodbye**

When a baby is lost, whether during pregnancy, at birth or in infancy, it is a devastating experience. The "Saying Goodbye" services, run by the charity the Mariposa Trust, are a set of remembrance services for people who have suffered the loss of a baby at any stage whether that be recently or decades ago. They provide a time and place to acknowledge and remember your baby, whilst collectively 'saying goodbye'. The services also welcome anyone grieving the fact that they have been unable to have children. The services are for people of any faith, or no faith, are free to attend and people are invited to bring family, friends and children with them. Together we will stand and say, "Our children may have only been on this earth for days, weeks, months or years, but they were truly loved, and will always be missed". A service is being held at Exeter Cathedral on Saturday 30 March at 2.30pm.

## **Pilgrimage to Knock Shrine**

3 July 2019. Cost - £649.00 per person sharing. Price includes flight with 10kg hand luggage, all taxes, luxury transfers, 4 nights' in Knock House Hotel with full Irish Breakfast each morning and 4 Course Dinner each evening. Contact Patricia on 01268 762 278 or 07740 175557 or email [knockpilgrimages@gmail.com](mailto:knockpilgrimages@gmail.com)

## **Summer Conferences at the School of the Annunciation**

8-11 August - Inflamed by Love: Discipleship and the Holy Spirit.

12-15 August - Church History & the Fathers

15-18 August - Philosophy & Apologetics  
See posters in the church porch or for more information and to apply visit [www.sota-edu.com](http://www.sota-edu.com) Email enquiries: [enquiries@sota-edu.com](mailto:enquiries@sota-edu.com) or telephone 01364 645660

## Stations of the Cross

Stations of the Cross will be celebrated each Friday in Lent at 7.00pm in the church. As in past years they will be led by a variety of groups within the parish including the Catholic Women's League, the parish CAFOD group and members of the Thursday Luncheon Club. Walking in the footsteps of Jesus on his final journey is a wonderful Lenten devotion and would make a good resolution to do something, rather than always giving something up.

## Ministry in Holy Week

If you are a Reader or Extraordinary minister of the Eucharist and are able and would like to exercise your ministry on Palm Sunday, Holy Thursday, Good Friday or The Easter Vigil please print your name on the sheets in the porch. Please also take a copy of the readings. Thank you.

## New parishioners

New to Blessed Sacrament parish? If so, you are most welcome and we hope you will be very happy here. If you haven't already done so, please provide us with your contact details. Forms are available in the church porch and from the parish office (electronically) and should be returned to the office once completed. Thank you.

## Diocesan vacancy – Diocesan Schools' Commissioner

Based at St Boniface House Ashburton. For details of the post see the notice in the church porch or a copy of the job description and person specification are obtainable from the Human Resources Department – email [recruitment@prcdtr.org.uk](mailto:recruitment@prcdtr.org.uk) Applications are by application form and covering letter and the last date for applications is Monday 1 April. Interviews will be held at St Boniface House on Thursday 25 April.



## Lent at St Nicks

For our Lenten journey the children in each class have been taking turns to take home a prayer bag each night. After saying the Lenten prayer with their families they bring back an intention the next day which is hung on our prayer trees in the atrium.

### St Nicholas Lenten Prayer

Lord Jesus, I love you and I know you love me. This Lent I ask you to help me to be a better person. Make my heart like yours; loving, kind, joyful, generous and true. And never let me be afraid to say sorry and to ask you and those I have hurt for forgiveness. Amen.

**'This is my Son, the Beloved. Listen to him.'**  
*How have you listened to Jesus this week?*

# Mass Times

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## Sunday 17 March

*Second Sunday of Lent  
Collection for Cafod Lent  
Fast Day*

**9.00am** *People of the parish*  
**10.30am** *Marghita Gajdosova*  
**6.00pm** *Yezhy Kazvn RIP*

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## Monday 18 March

**7.30am** Convent Mass

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## Tuesday 19 March

*St Joseph*  
**6.30pm**

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## Wednesday 20 March

**9.30am**  
**4.00pm** RD&E Hospital

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## Thursday 21 March

**9.30am**  
*Philip Pires & Rhoda d'Crux RIP*

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## Friday 22 March

**7.30am** Convent  
**9.30am**

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## Saturday 23 March

**No 9.30am Mass**

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## Sunday 24 March

*Third Sunday of Lent*  
**9.00am**  
**10.30am** *People of the Parish*  
**6.00pm**  
*Deceased family of Dr Raji*

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## Monday 25 March

*The Annunciation  
of the Lord*  
**No Mass at convent**  
**9.30am**

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## Tuesday 26 March

**6.30pm**

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## Wednesday 27 March

**9.30am** *Jean Brown & Family*  
**4.00pm** RD&E Hospital

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## Thursday 28 March

**9.30am**

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## Friday 29 March

**7.30am** Convent  
**11.30am**

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## Saturday 30 March

**9.30am**

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**CLOCKS GO FORWARD  
ONE HOUR**

## Sunday 31 March

*Fourth Sunday of Lent  
Laetare Sunday*  
**9.00am**  
**10.30am**  
**6.00pm** *People of the parish*

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## Confessions

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Saturday 10.00am Church

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## Adoration

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Tuesdays 8.00pm Convent  
First Wednesday each  
month Lady chapel at  
Sacred Heart 7.00pm  
Some Thursdays 10.00am  
(after Mass) Blessed  
Sacrament Church.

*Please refer to the notice  
board on the church door  
for any alterations.*

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# The Word

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## Sunday 17 March

**First Reading**  
Genesis 15:5-12.17-18  
*God enters into a Covenant  
with Abraham, the man of faith.*

**Psalm Response**  
*The Lord is my light and m  
help.*

**Second Reading**  
**Philippians** 3:17-4:1  
*Christ will transfigure our  
bodies into copies of his  
glorious body.*

## Gospel

Luke 9:28-36  
*As Jesus prayed, the aspect of  
his face was changed.*

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## Sunday 24 March

**First Reading**  
Exodus 3:1-8.13-15  
*I Am has sent me to you.*

**Psalm Response**  
*The Lord is compassion and  
love.*

**Second Reading**  
Corinthians 10:1-6.10-12  
*The life of the people under  
Moses in the desert was written  
down to be a lesson for us.*

**Gospel**  
Luke 13:1-9  
*Unless you repent you will all  
perish as they did.*

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## Sunday 31 March

**First Reading**  
Joshua 5:9-12  
*The People of God keep the  
Passover on their entry into the  
promised land.*

**Psalm Response**  
*Taste and see that the Lord  
is good...*

**Second Reading**  
**Corinthians** 5:17-21  
*God reconciled us to himself  
through Christ.*

**Gospel**  
Luke 15:1-3.11-32  
*Your brother here was dead  
and has come to life.*

