

ParishNews



Blessed Sacrament Parish Heavitree Exeter

3 February 2019. *Fourth Sunday in Ordinary Time. Year C*

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

PARISH OFFICE

The Presbytery,
29 Fore Street, Heavitree
Exeter EX1 2QJ

Telephone

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Email [exeter-heavitree](mailto:exeter-heavitree@prcdtr.org.uk)

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Parish Office hours

Tuesday, Wednesday and
Thursday 10.00am–4.00pm

Parish Secretary

Lesley Hooper

Safeguarding Reps

Vince Clark &

Lesley Hooper

PARISH SCHOOL

St Nicholas Catholic Primary School

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Exeter EX1 3EG

Telephone

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Head Teacher

Angela Folland

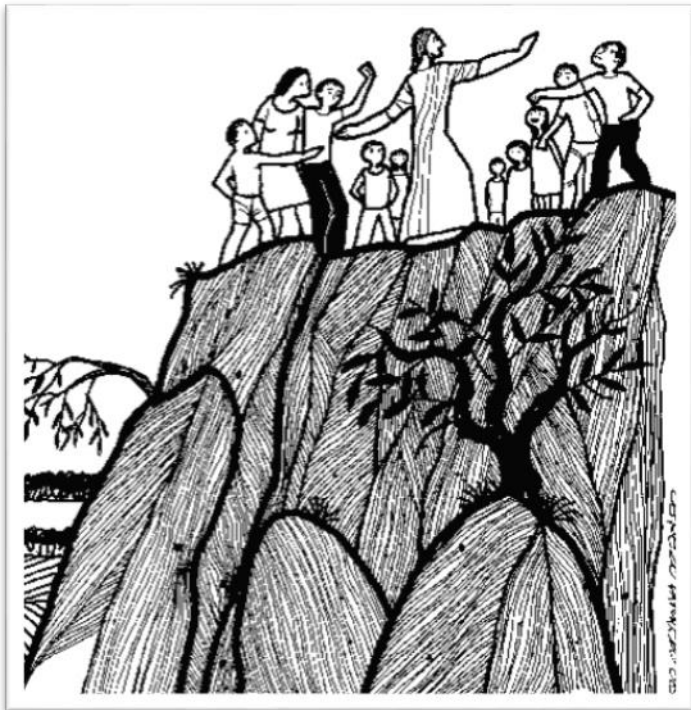
CONVENT

Mount St Mary Convent,

Wonford Road,
Exeter EX2 4PF

Telephone 01392 433301

*Blessed Sacrament Parish is
part of the Roman Catholic
Diocese of Plymouth.*



Like Elijah and Elisha, Jesus is not sent to the Jews only

Last week, when Jesus spoke in the synagogue, his words pleased the crowd - as we hear at the beginning of today's Gospel. How quickly the mood changes! This story shows very clearly that Jesus was not a "crowd-pleaser" - he wasn't interested in saying the right things to be popular or accepted. He was interested in the truth - which is the basic definition of a prophet - whatever the personal cost. So today, when Jesus points out that salvation is not just for the Jews, or even just the people of Nazareth, they reject the message and the messenger. Just like Jeremiah, when he was called to be a prophet (first reading), Jesus has to confront the land: they will fight with him, but not overcome him.

Welcome

We hope you have a happy and peaceful time with us here in Exeter. Please ask one of the Welcomers or contact the parish office if we can help in any way.

Liturgy of the Word for children

During the 10.30am Mass most Sundays.

Refreshments

Sundays after 10.30am Mass and Wednesdays after 9.30am Mass.

Parents and Toddlers

Monday mornings 9.30–11.30am in the St Richard Reynolds Centre. All welcome especially new faces.

Getting married?

Congratulations! Please give us six months' notice if you are planning to marry in the Church.

Sick parishioners

Please inform one of the priests or the parish office if you know someone who is in need of a visit.

Newsletter

Deadline for newsletter items 4.00pm Wednesday. By phone or email.

Many thanks

Sunday Collections
20 January **£1137.33**
27 January **£1046.51**

Calendar of Events

- | | |
|----------------|---|
| Mon 4 Feb | Live simply sewing group
<i>St Richard Reynolds Centre 6.30pm</i> |
| Wed 6 Feb | 1115 Youth Group
<i>St Richard Reynolds Centre 6.30pm</i> |
| Sat 9 Feb | Livesimply meeting
<i>St Richard Reynolds Centre 10.00am</i> |
| Mon 11 Feb | Live simply sewing group
<i>St Richard Reynolds Centre 6.30pm</i> |
| Thurs 14 Feb | Thursday Lunch Club
<i>St Richard Reynolds Centre 12.00pm</i> |
| Thurs 14 Feb | Prayer Group
<i>St Richard Reynolds Centre 7.00pm</i> |
| Sat 16 Feb | Mass of Anointing
<i>Blessed Sacrament Church 10.00am</i> |
| Sat 16 Feb | Catholic women's League Mass
<i>Sacred Heart Church 10.00am</i> |
| Sun 17 Feb | Extraordinary Form Mass
<i>Blessed Sacrament Church 3.00pm</i> |
| Mon 18- 25 Feb | Diocesan Pilgrimage to the Holy Land |
| Mon 18 Feb | Live simply sewing group
<i>St Richard Reynolds Centre 6.30pm</i> |
| Sat 23 Feb | Livesimply sewing group – Repair Cafe
<i>St Richard Reynolds Centre 10.00am</i> |
| Mon 25 Feb | Live simply sewing group
<i>St Richard Reynolds Centre 6.30pm</i> |
| Thurs 28 Feb | Thursday Lunch Club
<i>St Richard Reynolds Centre 12.00pm</i> |
| Thurs 28 Feb | Stronghold Prayer & Praise
<i>St Richard Reynolds Centre 7.15pm</i> |
| Wed 6 Mar | Ash Wednesday
<i>Blessed Sacrament Masses 9.30am & 7.00pm</i> |
| Sun 10 Mar | Rite of Election
<i>Plymouth Cathedral 3.00pm</i> |
| Wed 13 Mar | Lent Service & Lunch
<i>St Michaels Heavitree 12.00noon</i> |
| Thurs 14 Mar | Thursday Lunch Club
<i>St Richard Reynolds Centre 12.00pm</i> |
| Thurs 14 Mar | Prayer Group
<i>St Richard Reynolds Centre 7.00pm</i> |
| Friday 15 Mar | Cafod Lent Fast Day |
| Sun 17 Mar | Extraordinary Form Mass
<i>Blessed Sacrament Church 3.00pm</i> |

livesimply

Sewing & Knitting Group

If you would like to meet up with other parish members and sew or knit (or to learn how to do it), you are welcome to join this group at the St Richard Reynolds Centre whenever you can (see dates in the newsletter calendar).

Donations of materials

For new projects that the group is working on, they are asking for donations of the following items:

- Cotton fabric - pillow cases, sheets, duvet covers (ideally coloured and patterned fabrics)
- Bias binding
- Wool

Please leave any donations in a bag marked 'Sewing & Knitting Group' at the back of the church where they will be collected after Mass on Sunday.

The group is also looking for an electric sewing machine. Please contact Sharron at Sharronjane@outlook.com or telephone 07756691940 if you are able to help.

Repair Café

The group aims to offer a monthly repair café. They can offer help with replacing zips, repairing seams and hems, replacing buttons etc. Repairs may be completed while you wait or items may be taken away and returned later. There is no charge but small donations are appreciated to enable the group to support charitable causes in Exeter and beyond.

The first date is **Saturday 23 February 10.00am to midday** in the St Richard Reynolds Centre.

If you need help with repairing other household items, you can also visit the Exeter Repair Café at St Sidwell Community Centre. Their next dates are 16 February and 16 March 10.00am to 1.00pm.

Recycling

The repair café is meant to help us make the best use of the textiles we have. If you have some items that are beyond repair, please do not put them in the household waste bin, but drop them off at a textile bank or at one of the Recycling Centres in Exeter. You can also recycle shoes at G.W Key & Shoe Repair on Heavitree Fore St.

Exeter Foodbank Collection

Thank you for your continuing support to Exeter Foodbank. You can drop off non-perishable food and toiletries in the basket at the back of the church. Priority items for this month include rice pudding and custard (tins/cartons), fruit juice (1L long-life), milk (1L UHT semi-skimmed), granulated sugar, instant coffee, and rice (500g or 1kg).

Livesimply meeting

The next meeting will take place at the St Richard Reynolds Centre on Saturday 9 February after the 9.30am Mass (around 10.00am). For more information on *livesimply*, please contact Kathrin on livesimplyexeter@gmail.com or phone 07726316264.

Pope's Intention for February

Human Trafficking. For a generous welcome to victims of human trafficking, of enforced prostitution, and of violence. Pope Francis also adds a second, more urgent intention each month, which is published on the Apostleship of Prayer website <http://apostleshipofprayer.org> He also records a video each month, related to the prayer theme, which can be viewed online at <http://apostleshipofprayer.org/the-pope-video>

Diocesan Yearbook 2019

Is available in the church porch at a cost of **£4.00** each. It is a great source of diocesan information and news. Please put your payment in the wall box marked 'Books'.

The Pope Tweets...

The secret to navigating life well is to invite Jesus on board. The helm of life should be given to Him, so that He can direct the route.

Catholic Singles

Catholic Singles is an organisation which helps single Catholics of all ages (over 18 years) meet other single Catholics, either one to one or through social events. For further information tel. 0161 941 3498 Or visit www.catholicssingles.org.uk

Organ Recital at Holy Cross

It is almost a year since the last organ recital at Holy Cross Topsham. We are delighted that Richard Lester, Associate Organist at Buckfast Abbey, has agreed to give a recital on Sunday 24 February at 4.00pm. Richard is an internationally known soloist on organ and harpsichord, and has made many recordings to great acclaim. As an organist, he has given recitals in many Cathedrals, including St. Paul's, Ely, Coventry, Westminster Cathedral and King's College Cambridge, and in 2013 at St Mark's in Venice and at Bergamo Cathedral.

We are privileged that Richard has agreed to play in Topsham on our 1786 Robert and William Gray chamber organ. He plans to play a programme which will include works by Handel, John Stanley, J.S. Bach, Frescobaldi, Couperin and Louis-Claude Daquin. How can you resist it?

As you know, space is limited at Holy Cross. To be sure of a seat, please apply for a ticket in advance. Tickets are available through the events page of the Holy Cross website www.holocrosstopsham.org or by phoning 01392 877071 or 07791 693603. There will be a retiring collection to cover the costs of the concert, and to raise money for charity. The concert will be followed by refreshments (mulled wine and cake!) weather permitting.

Diocesan Pilgrimage to Lourdes

Have you ever been on pilgrimage? It is one of the most wonderful things to do and can strengthen our faith immeasurably.

Lourdes is one of the great pilgrimage centres of the Catholic world, the place where the Virgin Mary appeared to the girl Bernadette as she was collecting firewood. The apparitions continued for many days and Bernadette's life was transformed.

Many pilgrims' lives have been transformed by a visit to the grotto and the waters of the spring which Bernadette discovered. The Diocese of Plymouth travels to Lourdes every year under the leadership of Bishop Mark. Perhaps it would be something for you to consider this year?

1-8 August 2019 led by Bishop Mark. Flying from Exeter. A time of prayer and relaxation. Cost £795. For further information and to book please see the information in church porch.

Youth Pilgrimage to Lourdes

1-8 August 2019 also led by Bishop Mark. Flying from Exeter. Cost £495. For further information and to book please contact Fr Anthony O'Gorman tel: 01637 851697 or email: anthony.o'gorman@prcdtr.org.uk.

Pilgrimage to Knock Shrine

Fully escorted 3 July 2019. Cost - £649.00 per person sharing. Price includes flight with 10kg hand luggage, all taxes, luxury transfers, 4 nights' in Knock House Hotel with full Irish Breakfast each morning and 4 Course Dinner each evening. All entertainment, excursions/guided tours included. Wheelchair accessible rooms in the hotel. Limited single rooms at supplement of £100. Contact Patricia on 01268 762 278 or 07740 175557 or email knockpilgrimages@gmail.com

Thursday Luncheon Club

Our thriving lunch club is really in need of some extra helpers. It involves just a few hours, roughly once a month. If you think this could be you, please give Di Bish a ring on 07940 142124 for extra information. Look forward to hearing from you.

New parishioners

Are you new to Blessed Sacrament parish? If so, you are most welcome and we hope you will be very happy here. If you haven't already done so, please provide us with your contact details. Forms are available in the church porch and from the parish office (electronically) and should be returned to the office once completed. It is good for us to know something about you and to be able to keep you updated with things happening in the parish. Thank you.

Stronghold

The next meeting of the Stronghold prayer and praise group is on Thursday 28 February at 7.15pm in the St Richard Reynolds Centre. The Eucharist is the source and summit of the Christian life and the celebration of Mass is central to our faith, but it is not the only way to pray. We pray through song and word, praising God with all our hearts and minds and bodies. It is simple but moving. Everyone is welcome, all ages. We were sorry for the short notice of the cancellation of the meeting in January which was due to illness of the musicians.

Getting married?

The next Catholic Marriage Preparation course will be held on Saturday 11 May. Before that you will need to have made an appointment with the parish office on 01392 274724 to come and meet with Fr Jonathan. This should be at least six months before your wedding date.

Urgent - accommodation

There is an urgent need for a 2/3 bedroomed property in Exeter to house a Syrian refugee family who are currently waiting in a camp abroad. Charis, a Taunton based Christian charity will rent the property for two years paying the approved benefit level, maybe more, if finances permit. Any further information can be obtained from Judith on 01392 966876.

Mass intentions

If you would like a Mass said for a particular intention, for someone who is ill or a loved one who has died, in thanksgiving for an answer to prayer or perhaps something personal please see Lesley in the parish office who will be able to help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give.

St Nicks' News

Nursery places: We have some spaces in our fantastic term time nursery from January for 3-5 year olds. We offer both 15 and 30 hours (extended) funding and additional hours are only £4.06 per hour. We also provide wrap around care from 7.45am to 6.00pm. We offer high quality provision led by a full time Nursey teacher where children can explore, thrive, develop and grow in a safe, nurturing environment. For more information and/or a tour please contact Ali on 01392 445403 ext. 222 or email abrocksom@stncs.uk

Drop Off Drop In

Our weekly coffee morning from 8.30 till 9.15am on Friday mornings in the Bickleigh room have resumed. Parishioners are welcome to join us for coffee and cakes and a chance to meet friends old and new!

Please pray for...

Our group of young people who are preparing to receive the sacrament of confirmation at Blessed Sacrament in May.

Sick Parishioners

If you know of any sick or housebound parishioners who would like to be visited by a priest please let Fr Jonathan, Fr John or the parish office know their details.

Mass in the Extraordinary Form

The next Extraordinary Form Mass will be at 3.00pm at Blessed Sacrament Church on Sunday 17 February.

Wanted

A new homeless night shelter has recently opened at the Acorn junction. They are in need of a few items and we have been asked if anyone can help provide any of the following; mugs, biscuits and spoons of all sizes. Items can be left at the back of the church or brought along to the coffee after the Wednesday morning Mass. Or you can call Frances Canning on 01392 209542.

Guided Retreats

Individual guided retreats are being organised by the Diocesan Ignatian Spirituality Group. Their Lenten Quiet day on March 23 is quite popular so early booking is advised if you are interested. It is also possible to arrange retreats for one or two people at other times of the year so please get in touch with them if you are interested. A list of the retreats and how to book can be found in the church porch.

Responding at Mass

If you are unfamiliar with the text of the Mass (the prayers etc.) it appears on the first few pages of the hymn books. The Mass is a dialogue between God and his people and the call and responses reflect this dialogue. Let's be confident as we respond to God in the great celebration of the Mass.

A welcoming parish

We are blessed in our parish to have many visitors who join us on Sundays (and during the week) to celebrate Mass. If you see someone you don't know try to say hello and make them feel welcome. It could make all the difference to their time with us. Many of our visitors don't have English as their first language, so be sensitive. Offering them the hymn book and showing them the text of the Mass could be a great icebreaker.

Catechist Formation Continues

'Ongoing Formation & the Catechism of the Catholic Church' on Saturday February 23 and 'Children's Liturgy of the Word', for all those who help with Children's Liturgy, on Saturday March 23. Both events are at St. Peter's, Crownhill, Plymouth - 9.30am Mass, 10.00am refreshments, 10.30am start and 1.00pm finish.

Catholic Women's League.

The next Mass for the work of the League will be on Saturday 16 February at the Sacred Heart Church at 10.00 am. Coffee, cakes and scones available after Mass in the Lower Room.

Afternoon Tea Save the date

Please save the afternoon of Thursday July 11 in your diaries. We are having a Cream Tea afternoon in aid of Force Cancer Charity and our Church. Tickets will be £5.00 and will include a cream tea. On the afternoon we will have a raffle and Auction of Promises and some table top sales. This should be an opportunity for a lovely get together. If you work then arrange the time off. It will be worth it! We need to know numbers in advance so tickets will go on sale soon. Contact Jane on 07890 373617 for more information.

1115 Youth Group

The next meeting of the 1115 group will be on Wednesday 6 February in the St Richard Reynolds Centre from 6.30 until 8.00pm.

All young people between the ages of 11 and 15 are very welcome to come along.

Day of prayer for victims of human trafficking

On 8 February we pray especially for those who have suffered as a result of human trafficking through being bought, sold, transported into slavery for sexual exploitation, domestic servitude and forced labour. For those who offer pastoral support to victims who have suffered psychological damage from their traumatic experiences. For all agencies working in collaboration to combat human trafficking.

World Day of prayer for the sick

On 11 February we pray especially for all who are sick; may they be restored to fullness of health or come to know dignity in their suffering. For doctors and nurses and all who care for the sick and the dying; may they bring Christ's love and compassion to all whom they care for.

Racial Justice Day 17 Feb

For tolerance and respect, for an openness to neighbours and strangers.

For the broadening of our horizons and an awareness of what is happening in our world.

For individuals, groups or movements that promote war and conflict.

That Christ, the Prince of Peace, might turn hearts to a culture of life

Mass at Pegasus Court

Many of our parishioners live in Pegasus Court and on Friday 22 February Fr Jonathan will celebrate Mass there at 2.30pm.

Mass of anointing

Saturday 16 February 10.00am at Blessed Sacrament church.

Envision 2019

You are invited to Envision Exeter, part of SAT-7's "on the road" tour in 2019. This is an exciting opportunity to see and hear what God is doing in the Middle East and North Africa (MENA), and find out what you can do to join in. You will hear from Maggie Morgan, an award-winning SAT-7 producer from Egypt, about the challenges facing women in the Middle East and North Africa. Her popular live show on SAT-7, *Needle and New Thread*, challenges the status quo and gives a voice to women who are silenced and sidelined. Maggie said:

"This programme seeks to present women that are fully alive. Women not only need to embrace their God-given identities, but to embrace them in full colour." Staff from SAT-7 UK will take an in-depth look behind the headlines at what is happening in the turbulent MENA region and will explain why and how SAT-7 does what it does. You will also be able to hear testimonies from Middle Eastern believers about how God is at work in their lives, and find out how you can get involved in this exciting ministry.

Come and be inspired and challenged!

1.00pm (for a 1.30pm start) – 5.00pm at Wonford Methodist church on Saturday 16 March. For more details and to register go to www.sat7uk.org/envision

Thank you

We have received a thank you from Cafod for the £300 that was raised in the parish for World Gifts this Christmas.

Lourdes fund

On Sunday 10 February there will be a collection for the Bishop's Lourdes fund.

Mass Times

Sunday 3 February

Fourth in Ordinary time

9.00am *People of the parish*

10.30am *Jean Quinn RIP*

6.00pm

Monday 4 February

7.30am Convent

Tuesday 5 February

St Agatha

7.00pm

Wednesday 6 February

St Paul Miki &

Companions

9.30am

4.00pm RD&E Hospital

Thursday 7 February

9.30am

Friday 8 February

Day of prayer for victims

of human trafficking

No Convent Mass

9.30am

Saturday 9 February

St Timothy & St Titus

9.30am *Livesimply Group*

Sunday 10 February

Fifth in Ordinary Time

9.00am

10.30am *Mary Sheehan*

6.00pm *People of the Parish*

Monday 11 February

Our Lady of Lourdes

A day of prayer for the

sick and those who care

for them

7.30am Convent

Tuesday 12 February

7.00pm

Wednesday 13 February

9.30am

4.00pm RD&E Hospital

Thursday 14 February

St Cyril Monk & St

Methodius

9.30am

Friday 15 February

7.30am Convent

9.30am

Saturday 16 February

9.30am

Young people of the parish

Sunday 17 February

Sixth in Ordinary time

Racial Justice Day

9.00am *Joe Leonard RIP*

10.30am *People of the parish*

6.00pm

Confessions

Saturday 10.00am Church

Adoration

Tuesdays 8.00pm Convent

First Wednesday each

month Lady chapel at

Sacred Heart 7.00pm

Some Thursdays 10.00am

(after Mass) Blessed

Sacrament Church.

*Please refer to the notice
board on the church door
for any alterations.*

The Word

Sunday 3 February

First Reading

Jeremiah 1:4-5.17-19

*I have appointed you as
prophet to the nations.*

Psalm Response

My lips will tell of your help

Second Reading

Corinthians 12:34 - 13:13

*There are three things that last:
faith, hope and love; and the
greatest of these is love.*

Gospel

Luke 4:21-30

*Like Elijah and Elisha, Jesus
is not sent to the Jews only.*

Sunday 10 February

First Reading

Isaiah 6:1-8

Here I am, send me.

Psalm Response

*Before the angels I will bless
you, O Lord*

Second Reading

Corinthians 15:1-11

*I preach what they preach, and
this is what you al believed.*

Gospel

Luke 5:1-11

*They left everything and
followed him.*

Sunday 17 February

First Reading

Jeremiah 17:5-8

*A curse on the man who puts
his trust in man, a blessing on
the man who puts his trust in
the Lord.*

Psalm Response

*Happy the man who has
placed his trust in the Lord.*

Second Reading

Corinthians 15:12.16-20

*If Christ has not been raised,
your believing is useless..*

Gospel

Luke 6:17.20-26

*How happy are you who are
poor. Alas for you who are rich.*
