

# ParishNews



**Blessed Sacrament Parish** Heavitree Exeter  
7 July 2019. Fourteenth Sunday in Ordinary Time. *Year C*

## **Parish Priest**

Fr Jonathan Stewart

## **Priest in retirement**

Fr John Watkins

## **PARISH OFFICE**

The Presbytery,  
29 Fore Street, Heavitree  
Exeter EX1 2QJ

## **Telephone**

01392 274724

**Email** [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

## **Parish Office hours**

Tuesday, Wednesday and  
Thursday 10.00am–4.00pm

## **Parish Secretary**

Lesley Hooper

## **Safeguarding Reps**

Vince Clark &  
Lesley Hooper

## **PARISH SCHOOL**

### **St Nicholas Catholic Primary School**

Ringswell Avenue,  
Exeter EX1 3EG

## **Telephone**

01392 445403

**Email** [admin@stncls.uk](mailto:admin@stncls.uk)

[www.st-nicholas-exeter.devon.sch.uk](http://www.st-nicholas-exeter.devon.sch.uk)

## **Head Teacher**

Angela Folland

## **CONVENT**

### **Mount St Mary Convent,**

Wonford Road,  
Exeter EX2 4PF

**Telephone** 01392 433301

*Blessed Sacrament Parish is  
part of the Roman Catholic  
Diocese of Plymouth.*



## The flow of peace

The link between today's first reading and Gospel is not immediately apparent, until we see the word 'peace'. The first reading presents us with a simple but beautiful image: a river of peace flowing out from the Lord. This notion of peace is reflected in the Gospel as the flowing of the disciples as they are sent out on their first mission. From the Lord of Peace, others (ourselves included), like ripples in a pool, flow out carrying his simple message: "Peace to this house!" Let us pray today that we will have the courage to go out and to bring his peace to the world.

# Welcome

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*We hope you have a happy and peaceful time with us here in Exeter. Please ask one of the Welcomers or contact the parish office if we can help in any way.*

## Liturgy of the Word for children

*During the 10.45am Mass most Sundays.*

## Refreshments

*Sundays after 10.45am Mass and Wednesdays after 9.30am Mass.*

## Parents and Toddlers

*Monday mornings 9.30–11.30am in the St Richard Reynolds Centre. All welcome especially new faces.*

## Getting married?

*Congratulations! Please give us six months' notice if you are planning to marry in the Church.*

## Sick parishioners

*Please inform one of the priests or the parish office if you know someone who is in need of a visit.*

## Newsletter

*Deadline for newsletter items 4.00pm Wednesday. By phone or email.*

## Many thanks

*Sunday Collections  
23 June £1189.67  
30 June £1325.43*

# Calendar of Events

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- Mon 8 July **Livesimply Sewing Group**  
*St Richard Reynolds Centre 6.30pm*
- Wed 10 July **1115 Youth Group**  
*St Richard Reynolds Centre 6.30pm*
- Thurs 11 July **Force Cream Tea**  
*St Richard Reynolds Centre 2.00pm*
- Fri 12 July **Creation Celebration planning meeting**  
*St Richard Reynolds Centre 7.00pm*
- Fri 12 July **St Nicholas School Summer Fayre**  
*St Nicholas school 5.30 – 7.30pm*
- Sat 13 July **Safeguarding training day**  
*Cardinal Newman House 10.00am*
- Sat 13 July **Baptism preparation Course**  
*St Richard Reynolds Centre 10.30am*
- Mon 15 July **Livesimply Sewing Group**  
*St Richard Reynolds Centre 6.30pm*
- Wed 17 July **Ecumenical Tea party**  
*St Richard Reynolds Centre 2.00pm*
- Thurs 18 July **Thursday Lunch Club**  
*St Richard Reynolds Centre 12.00pm*
- Sun 21 July **Extraordinary Form Mass**  
*Blessed Sacrament church 3.00pm*
- Mon 22 July **Livesimply Sewing Group**  
*St Richard Reynolds Centre 6.30pm*
- Wed 24 July **1115 Youth Group**  
*St Richard Reynolds Centre 6.30pm*
- Thurs 25 July **Stronghold Prayer & Praise**  
*St Richard Reynolds Centre 7.15pm*
- Sat 27 July **Creation Liturgy**  
*Blessed Sacrament Church 11.00am*
- Mon 29 July **Livesimply Sewing Group**  
*St Richard Reynolds Centre 6.30pm*
- Sun 4 Aug **Forstner Family Farewell lunch**  
*St Richard Reynolds Centre 12.30pm*
- Mon 5 Aug **Livesimply Sewing Group**  
*St Richard Reynolds Centre 6.30pm*
- Wed 7 Aug **1115 Youth Group**  
*St Richard Reynolds Centre 6.30pm*
- Thurs 8 Aug **Prayer Group**  
*St Richard Reynolds Centre 7.00pm*
- Mon 12 Aug **Livesimply Sewing Group**  
*St Richard Reynolds Centre 6.30pm*
- Sun 18 Aug **Extraordinary Form Mass**  
*Blessed Sacrament church 3.00pm*

## New Mass Times

After consultation with the people of the parish and with Bishop Mark we have taken the decision to change the times of the Sunday morning Masses at Blessed Sacrament. From today – 7 July – the new times are 8.45am and 10.45am.

## Safeguarding Training

Everyone volunteering to work with children and vulnerable adults **must** have safeguarding training. It is some time since any such training was done in Exeter so the diocese has arranged to come to Cardinal Newman House to offer this training on Saturday 13 July 10.00 for 10.30am start. Lunch will be provided and the day will finish at 4.00pm. This training is now being offered to all extraordinary ministers of Holy Communion Level 1 & 2 (*Ministers distributing Holy Communion at Mass as well as ministering to parishioners at home*). Even if you have undertaken training elsewhere we stress that this training is specifically tailored for Church ministry and Church communities and we are strongly advised that anyone involved in ministry in the parish, in whatever form, should attend. We appreciate this may seem to be onerous but it is vital to the well being of our parish family. Please let the parish office know you will be attending.

## Adoration at the Convent

You are welcome to come to the Convent Chapel on Tuesdays 9, 16 and 23 July between 8.00 and 9.00pm. There is no Adoration on July 30. New dates will be advised nearer the time.

## Catholic Women's League

The next Mass for the work of the CWL will be held at the Sacred Heart Church on Saturday 20 July at 10.00 am followed by coffee and cakes in the Lower Room.

## Creation Celebration

On Saturday 27 July at 11.00am we are holding an ecumenical Celebration of Creation based on Pope Francis' ground breaking document 'Laudato Si' Care for our Common Home', and responding to the climate change emergency. This is a whole parish event led by the CAFOD group. We would really appreciate some help with providing refreshments, helping out on the day, decorating the church or suggestions for music or liturgy. We are open to all ideas which fit with the focus. There will be a planning meeting at 7.00pm on Friday 12 July in St Richard Reynolds Centre. If you are unable to make that meeting but can help in anyway please contact Shirley s.larkin@ex.ac.uk or leave a message in the parish office.

## Sea Sunday 2019

Sea Sunday July 14 is when the Church prays for all those who live and work at sea. There will be a second collection for Stella Maris, Apostleship of the Sea, the official maritime welfare agency of the Catholic Church. It provides practical and spiritual support to seafarers visiting our ports. As it is dependent on voluntary donations, please give generously. For more info about its work - [www.apostleshipofthesea.org.uk](http://www.apostleshipofthesea.org.uk)

## Preparing for Baptism

The next baptism preparation session for parents will take place in the St Richard Reynolds Centre on Saturday 13 July at 10.30am. If you are expecting a baby or wish to have a baby baptised in the near future please contact the Parish office to book a place.

## Diocesan Youth Rally

The rescheduled youth rally will be on 22 September from 1.00 till 6.30pm. See poster with more details and consent forms in the porch.

## Tea in the Garden

This event is now sold out but you can still support the cause by joining in an Auction of Promises to be held on the day. To bid for an item please contact Jane on 07890 373617. Auction promises include:

Two tickets to Powderham Castle • Family ticket (2 adults and 3 children) to Castle Drogo • River Exe Cruise for 2 adults and 2 children with Stuart Line Cruises • Day Ticket for 2 adults and 2 children to Bicton Park Botanical Gardens • Meal Voucher for £50.00 for The New Inn, Alphington • Meal Voucher for £50.00 for The Royal Oak Inn, Fore Street, Heavitree • 3 beautiful home-made cakes for the freezer • Day Ticket for 2 adults and two children to Pecorama, Beer.

## 1115 Youth Group

Are you aged 11 to 15? If so you are welcome to come along to the next meeting of the 1115 youth group which will be on Wednesday 10 July at 6.30pm in the St Richard Reynolds Centre.

## Stronghold

The next meeting of the Stronghold prayer and praise group is on Thursday 25 July at 7.15pm in the St Richard Reynolds Centre. The Eucharist is the source and summit of the Christian life and the celebration of Mass is central to our faith, but it is not the only way to pray. We pray through song and word, praising God with all our hearts and minds and bodies. It is simple but moving. Why not give it a go! All welcome.

## Buckfast Lourdes Mass

On Sunday 27 July the annual Buckfast Lourdes Mass will be celebrated at 4.00pm in the Blessed Sacrament chapel, Buckfast Abbey, followed by a cream tea. This, apart from the liquid tea, is provided by the Society of Our Lady of Lourdes. All welcome, but please let Sheelah know on 01392 431927 or for further information.

## Music & Liturgy Workshop

A day with Jo Boyce with Andrew Moss 11.00am–4.15pm Saturday 13 July at St Joseph's Church Hall Queen Street, Newton Abbot. This is a free event but places by advance booking only with Peter Farrell tel 01626 369478 or e mail:petane@outlook.com Donations gratefully received. Refreshments provided, please bring packed lunch Parish Mass at 6.00pm incorporating music from the workshop.

## St Nick's News

We have spaces in our high quality nursery for Autumn Term. You can use your 15 (or extended 30 hours funding) with the option to purchase additional hours at less than £4.50 per hour. For more info or to arrange a tour please contact abrocksom@stnics.uk, 01392445403 ext 222.

OUR CHOIR will next be singing at our **school Summer Fayre**. This will take place in school on **Friday 12th July** from 5.30 - 7.30pm and parishioners are invited to come along. Please save the date - more details to follow in a later newsletter.

**DID YOU KNOW** that you can help St Nicholas Catholic Primary School Parent Teachers Association raise funds for FREE just by shopping online? Now, every time you shop online via **Give as you Live** at 4,000+ top retailers including Amazon, eBay, Tesco, Sainsbury's, John Lewis and Expedia, a FREE donation will be made to us and it won't cost you a penny extra! Plus, if you shop through the Give as you Live website, you can access top offers so you can save money and raise money! There is a handy app you can download to make it easier to remember to use this site. Every time you order groceries, book a holiday or buy anything from Amazon or Ebay etc. Please remember to use this site and help our school. Thank you.

## Jo Boyce Unplugged

A concert 6.30-8.30pm on Friday 12 July at St Joseph's Church Hall, Queen St, Newton Abbot, TQ12 2ET accompanied by Andrew Moss, supported by St Joseph's Youth Music Group. Tickets in advance £3 each available from Peter Farrell tel 01626 369478 or petane@outlook.com Under 12s – FREE.

## Catechetical Summer Camps

The camps are filling up. Details and application forms can be obtained from the porch or on-line from the camp website: [www.pdsummercamps.org.uk](http://www.pdsummercamps.org.uk) Prompt applications are advisable. These are brilliant weeks of catechesis, fun and friendship for our youngsters. The parish is very keen to offer financial support to families who would like their children to attend a Summer Camp this year. Please speak to Fr Jonathan about making arrangements.

## First Holy Communion

Last Saturday 40 of our children received Jesus in Holy Communion for the first time. It was a wonderful celebration with two Masses and lots of family and friends. Please keep them all in your prayers. We pray in thanksgiving for those who have supported the children on their journey, especially the parish catechists.

## Pope's Intention for July

That those who administer justice may work with integrity, and that the injustice which prevails in the world may not have the last word. Pope Francis also adds a second, more urgent intention each month, which is published on the Apostleship of Prayer website [apostleshipofprayer.org](http://apostleshipofprayer.org) He also records a video each month, related to the prayer theme, which can be viewed online at <http://apostleshipofprayer.org/the-pope-video>

## Buckfast Abbey Children's Book Festival

Saturday 13 and Sunday 14 July. Exciting event for all the family exploring all aspects of children's books and reading. We will be welcoming a wide range of well-known authors and illustrators who produce books suitable for the whole family from tots to teens. Special feature of authors publishing Christian books with Lion Hudson (including Bob Hartman) and Bible stories brought to life by theatre group 4front theatre – please see the website for a list of who is attending: [www.buckfast.org.uk/education/family-events](http://www.buckfast.org.uk/education/family-events). There will be the chance to hear your favourite author, ask them questions and even get your book signed. Plus a LIVE Where's Wally competition run in conjunction with Walker Books – come along and see if you can spot him! Performances, readings and workshops – all FREE.

## Extraordinary Form Mass

3.00pm at Blessed Sacrament Church  
Sunday 21 July.

## Prayer Group

Meets in the St Richard Reynolds Centre on the second and fourth Thursday of the month. On the fourth they are supported by Stronghold. The group on 11 July has been cancelled so the next date is Thursday 25 July.

## Farewell lunch

Justin, Kathrin, Sophia and Raphael would like to invite you to a farewell bring and share lunch on Sunday 4 August at 12.30pm in the St Richard Reynolds Centre. They are also trying to raise funds for the charity UNIQUE that supports families with children suffering from a rare chromosomal disorder. If you would like to contribute, their fundraising page is [www.justgiving.Com/fundraising/farewell-exeter](http://www.justgiving.Com/fundraising/farewell-exeter)

## Room wanted

If you live in Heavitree (or near the Met Office) and have a spare room, would you consider taking in a male lodger for a few months (potentially from the end of August to the end of the year)? If so, please contact Kathrin on 07726 316264.

## Accommodation needed

Accommodation is needed by a 23-year-old student of English literature from Bavaria in Germany who will be studying at the University of Exeter between September and December for 12-14 weeks. She is looking for private rooms with someone in the parish as she hopes to attend Blessed Sacrament during her stay in Exeter. If you can help please call the parish office who can forward your details to her. Thank you.

## Pilgrimage to Medjugorje,

8-15 September 2019. Saint John Paul II described Medjugorje as "the prayer capital of the world." Here, Our Lady says, "I have come to tell the world that God exists". An opportunity to experience the peace and serenity that exists in Medjugorje where lives are transformed through miracles, both physical and spiritual. Departing from Bristol. Limited places. For details, please contact Michael Carney 07884 014828 or dartrey@gmail.com

## *livesimply*

### **Sewing & Knitting Group**

If you would like to meet up with other parish members and sew or knit (or to learn how to do it), you are welcome to join this group at the St Richard Reynolds Centre on Monday evenings (see dates in the newsletter calendar).

### **Exeter Foodbank Collection**

The priority items for July include instant coffee, sponge puddings, squash/cordial, rice pudding (tins), meat (tins), jams and spreads, and milk (1L UHT Semi-Skimmed).

If you want to help address one of the key reasons for the growing demand for emergency food supplies, please join the Trussell Trust's campaign on demanding changes to the Universal Credit system:

[//action.trusselltrust.org/5weekstoolong](http://action.trusselltrust.org/5weekstoolong)

### **We need you!**

We would like to continue our *livesimply* journey and need more people who are willing to share bright ideas and/or help to implement *livesimply* actions in our parish. You don't have to be able to attend all meetings – there are different ways in which you could support our work.

We also need a new volunteer for the role of parish *livesimply* coordinator. This would, among other things, involve helping to organise meetings, looking after this section in the newsletter and liaising with external groups and organisations. If you would be interested and would like further information, please speak to Father Jonathan or get in touch with Kathrin (email [livesimplyexeter@gmail.com](mailto:livesimplyexeter@gmail.com) or phone 07726316264).

## Exeter Festival Chorus

Will perform on Saturday 13 July at 7.30pm in Exeter Cathedral with the Southern Sinfonia and Nigel Perrin as conductor, Vivaldi's Gloria in D and Mozart's Mass in C Minor. Tickets are on sale by phone from Ticket Source: 0333 666 3366, or in person or by phone, at the Box Office, Exeter Tickets, Dix's Field, Exeter, or on the Exeter festival chorus website.

## The Pope Tweets...

Through your attention to the little ones and to the poor, you can kindle stars in the night for those who suffer

## May he rest in peace

Please pray for the repose of the soul of Martin Pitts who has died and whose funeral service will be celebrated at the Blessed Sacrament church on Tuesday 16 July at 11.00am.

## Pilgrimage to Malta & retreat on Gozo

Fr Philip from Holy Family Parish Exmouth invites you to join him on pilgrimage to Malta & Gozo in early May 2020. (The approximate dates are 3rd - 10th May subject to flight schedules) We will be staying for 4 nights half board on Malta & four nights full board on Gozo in peaceful retreat houses. The pilgrimage will be led by Fr Philip and we will be considering the life of St Paul and looking at the work of Nick King sj "Not that man!" as well as celebrating Morning & Evening Prayer and Mass. Flights, transfers, travel to Gozo and all excursions are included in the price which is in the region of £1,019. There are a few rooms remaining and if you would like more information please ring the parish office on 01395 263384.

## Catholic Children's Society (Plymouth)

Has around 100 supporters of our Helping Hands 50:50 club, but we'd love to double this number by the end of 2019. This would mean that every month, we would be looking to give away £100 in prize money whilst raising £100 each month for CCSP too! There would be a 1<sup>st</sup> prize of £50, a 2<sup>nd</sup> prize of £30 and a 3<sup>rd</sup> prize of £20 every month if we can increase the membership to 200 supporters. To be in with a chance of winning and to support a worthwhile cause each month, please visit [www.ccsplymouth.org.uk](http://www.ccsplymouth.org.uk) or call Lydia on 01364 645420 for more information.

## For Worship & Glory

The Royal School of Needlework are holding an exhibition with embroidered pieces from Exeter Cathedral's Company of Tapisers from 1 till 26 August inside Exeter Cathedral. This is included in the standard entry charge.

## Parish Pastoral Assistant

We are delighted to announce that we have appointed Maria Quinn as Pastoral Assistant for the parishes of Blessed Sacrament and Sacred Heart. She takes up her post in September. Maria will be known to many of you. She currently heads up our preparation for First Holy Communion and is School/Parish chaplain at St Nicholas School. She also plays with the Stronghold musicians. Please keep her in your prayers. And pray that this new position will grace our communities and help us to grow in knowledge and love of the Lord. Please also pray for the others who applied and were unsuccessful. We wish them very well.

## International Mass Sunday 22 September

at 10.45am followed by an International lunch. We are a very diverse parish with parishioners from all over the world and we would like as many of you as can to come along to make it a truly international celebration. During the coming weeks you may find someone coming up to you and asking if you would like to contribute to the food/music/readings etc. Please be generous in your response. Previous International Masses have been some of the most wonderful celebrations here in the parish. We look forward to a wonderful day.

*Rejoice that  
your names are  
written in  
heaven.*

# Mass Times

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## Sunday 7 July

*14th in Ordinary Time*

8.45am Bob Bendall RIP

10.45am Aida Spiller RIP

6.00pm *People of the parish*

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## Monday 8 July

7.30am Convent

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## Tuesday 9 July

No Mass

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## Wednesday 10 July

9.30am Daphne D'Souza RIP

4.00pm Hospital Mass

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## Thursday 11 July

*St Benedict, Patron of Europe*

9.30am Peter Loman RIP

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## Friday 12 July

No Convent Mass

9.30am Podraic Feeney RIP

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## Saturday 13 July

9.30am Mr & Mrs G Ihimekpen

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## Sunday 14 July

*15th in Ordinary time*

8.45am *People of the parish*

10.45am Mary Regina OHS –  
*In thanksgiving*

6.00pm

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## Monday 15 July

*St Bonaventure*

7.30am Convent

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## Tuesday 16 July

*Our Lady of Mount Carmel*

11.00 *Funeral Service*

*Martin Pitts RIP*

No Mass

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## Wednesday 17 July

9.30am Aida Spiller RIP

4.00pm RD&E Hospital

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## Thursday 18 July

9.30am

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## Friday 19 July

No Convent Mass

9.30am

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## Saturday 20 July

9.30am

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## Sunday 21 July

*16th in Ordinary Time*

8.45am Nuala Griffin RIP

10.45am

6.00pm *People of the parish*

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## Confessions

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Saturday 10.00am Church

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## Adoration

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Tuesdays 8.00pm Convent

First Wednesday each  
month Lady chapel at  
Sacred Heart 7.00pm

*Please refer to the notice  
board on the church door  
for any alterations.*

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## The Word

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### Sunday 7 July

First Reading

Isaiah 66:10-14

*Towards her I send flowing  
peace, like a river.*

Psalm Response

*Cry out with joy to God  
all the earth*

Second Reading

Galatians 6:14-18

*The marks on my body are  
those of the Lord Jesus.*

Gospel

Luke 10:1-12.17-20

*Your peace will rest on  
that man.*

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### Sunday 14 July

First Reading

Deuteronomy 30:10-14

*The word is very near to you for  
your observance.*

Psalm Response

*Seek the Lord, you who are  
poor, and your hearts will  
revive.*

Second Reading

Colossians 1:15-20

*All things were created through  
Christ and for him.*

Gospel

Luke 10:25-37

*Who is my neighbor?*

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### Sunday 21 July

First Reading

Genesis 18:1-10

*Lord, do not pass your  
servant by.*

Psalm Response

*The just will live in the  
presence of the Lord.*

Second Reading

Colossians 1:24-28

*A mystery hidden for centuries  
has now been revealed to God's  
saints*

Gospel

Luke 10:38-42

*Martha welcomed Jesus into  
her house. Mary has chosen the  
better part.*

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