

# ParishNews



**Blessed Sacrament Parish** Heavitree Exeter  
1 September 2019. Twenty Second Sunday in Ordinary Time. *Year C*

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## **Parish Priest**

Fr Jonathan Stewart

## **Priest in retirement**

Fr John Watkins

## **PARISH OFFICE**

The Presbytery,  
29 Fore Street, Heavitree  
Exeter EX1 2QJ

## **Telephone**

01392 274724

**Email** [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

## **Parish Office hours**

Tuesday, Wednesday and  
Thursday 10.00am–4.00pm

## **Parish Secretary**

Lesley Hooper

## **Safeguarding Reps**

Vince Clark &  
Lesley Hooper

## **PARISH SCHOOL**

### **St Nicholas Catholic Primary School**

Ringswell Avenue,  
Exeter EX1 3EG

## **Telephone**

01392 445403

**Email** [admin@stncls.uk](mailto:admin@stncls.uk)

[www.st-nicholas-exeter.devon.sch.uk](http://www.st-nicholas-exeter.devon.sch.uk)

## **Head Teacher**

Angela Folland

## **CONVENT**

### **Mount St Mary Convent,**

Wonford Road,  
Exeter EX2 4PF

**Telephone** 01392 433301

*Blessed Sacrament Parish is  
part of the Roman Catholic  
Diocese of Plymouth.*

***Everyone who exalts himself will be humbled, and the man who humbles himself will be exalted.***



Humble behaviour is the mark of the Christian, as it always was the mark of someone 'in favour with the Lord.' In the Gospel, we see Jesus watching the Pharisees: it's almost amusing to picture them shuffling for the best places, the polite 'After you!' to put themselves in a better position. How would they have reacted to his teaching? They may well have remembered the passage we read from the Old Testament, and realised that Jesus was teaching the teachers something they should be well aware of.

# Welcome

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*We hope you have a happy and peaceful time with us here in Exeter. Please ask one of the Welcomers or contact the parish office if we can help in any way.*

## Liturgy of the Word for children

*During the 10.45am Mass most Sundays.*

## Refreshments

*Sundays after 10.45am Mass and Wednesdays after 9.30am Mass.*

## Parents and Toddlers

*Monday mornings 9.30–11.30am in the St Richard Reynolds Centre. All welcome especially new faces.*

## Getting married?

*Congratulations! Please give us six months' notice if you are planning to marry in the Church.*

## Sick parishioners

*Please inform one of the priests or the parish office if you know someone who is in need of a visit.*

## Newsletter

*Deadline for newsletter items 4.00pm Wednesday. By phone or email.*

## Many thanks

*Sunday Collections  
18 Aug £1189.71  
25 Aug £1259.84*

# Calendar of Events

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Mon 2 Sept	<b>Livesimply Sewing Group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Wed 4 Sept	<b>1115 Youth Group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Sun 8 Sept	<b>Education Sunday</b>
Mon 9 Sept	<b>Livesimply Sewing Group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Thurs 12 Sept	<b>Thursday Lunch Club</b> <i>St Richard Reynolds Centre 12.30pm</i>
Thurs 12 Sept	<b>Prayer Group</b> <i>St Richard Reynolds Centre 7.00pm</i>
Sun 15 Sept	<b>Extraordinary Form Mass</b> <i>Blessed Sacrament church 3.00pm</i>
Mon 16 Sept	<b>Livesimply Sewing Group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Wed 18 Sept	<b>1115 Youth Group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Sat 21 Aug	<b>Lourdes Group Autumn Get Together</b> <i>St Richard Reynolds Centre</i>
Sun 22 Sept	<b>International Mass &amp; Lunch</b> <i>Blessed Sacrament church 10.45am</i>
Sun 22 Sept	<b>Diocesan Youth Rally</b> <i>St Rita's Centre 1.00–6.30pm</i>
Mon 23 Sept	<b>Livesimply Sewing Group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Wed 25 Sept	<b>Pastoral Parish Council Meeting</b> <i>St Richard Reynolds Centre 7.00pm</i>
Thurs 26 Sept	<b>Thursday Lunch Club</b> <i>St Richard Reynolds Centre 12.30pm</i>
Thurs 26 Sept	<b>Stronghold Prayer &amp; Praise</b> <i>St Richard Reynolds Centre 7.15pm</i>
Sat 28 Sept	<b>Livesimply Autumn Fayre</b> <i>St Richard Reynolds Centre 10.00am</i>
Mon 30 Sept	<b>Livesimply Sewing Group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Wed 2 Oct	<b>1115 Youth Group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Sat 5 Oct	<b>Baptism Preparation Course</b> <i>St Richard Reynolds Centre 10.30am</i>
Mon 7 Oct	<b>Livesimply Sewing Group</b> <i>St Richard Reynolds Centre 6.30pm</i>
Thurs 10 Oct	<b>Prayer Group</b> <i>St Richard Reynolds Centre 7.00pm</i>
Sat 12 Oct	<b>Exeter Cathedral Choristers</b> <i>Blessed Sacrament church 3.00pm</i>

# Welcome

We welcome to Blessed Sacrament parish all who are visiting us at this time. We pray you have a good holiday/visit. We welcome back those of our community who have been away enjoying holidays and hope that they return refreshed and invigorated by their time away.

## May they rest in peace

Please pray for the repose of the souls of George Falloon and Marie Sheehan who have died. George will be received in to church at 4.30pm on Tuesday 3 September followed by a funeral Mass on Wednesday 4 September at 10.00am. Marie's funeral will take place at St Helen's Cathedral in Brentwood where she lived before moving and settling in Pinhoe. Requiescant in pace

## Toddler Group

**Volunteers are needed to run our toddler group!** We are looking for friendly parishioners to run the group on Monday mornings 9.30-11.30am from September, either together or as part of a rota. The toddler group is open to all parents and guardians with children under 5 years in the community. You do not need to have a toddler yourself! The role would include welcoming people, making hot drinks, preparing snacks and leading activities (optional). This group has been running for a long time and is well supported by families and it will be a pity if it folds due to lack of leadership. A DBS check will be required. Please contact the parish office if you are interested and could help.

## Church cleaning

Could you help our band of cleaners to keep the church spick and span? We are looking to recruit new volunteers to help once a month. If you would like to serve your parish community in this way please contact the parish office. Thank you.

## Confirmation for the Exeter Parishes

Calling all teenagers. We invite you to join us in preparation for Confirmation. Come and join new and old friends as you grow in your faith. Sessions will start in the autumn and will take place both in Exeter and other residential locations. To help plan for a fun, faith-filled programme we need your commitment to join by signing up on the sheet in the church porch by Sunday 29 September. Applicants must be in Year 10 or above at the time of Confirmation which is held in Eastertide.

## Catholic Chaplaincies

A new website has been set up to help young people find their Catholic chaplaincy when they arrive at college or university this autumn - [catholic@university.org.uk](mailto:catholic@university.org.uk)

## Exeter University Students

Mass at the Catholic Chaplaincy is at 11.30am on Sundays followed by a free lunch. Find us on campus at Boniface House, Glenthorne Road, EX4 4QU. Online: Twitter @ExeterCatholic, Facebook Exeter Catholic Chaplaincy.

## International Mass Sunday 22 September

At 10.45am followed by an International lunch. We are a very diverse parish with parishioners from all over the world and we would like as many of you as can to come along to make it a truly international celebration. **If you would like to contribute to the food/music/readings etc. and you haven't yet been approached please contact the parish office.** Previous International Masses have been some of the most wonderful celebrations here in our parish. We look forward to a wonderful day's celebration.

# Livesimply

**We all said goodbye** to Katherine Forstner who has been coordinator since the parish embarked on the journey towards a more spiritually rich and environmentally sustainable life. We are all very grateful to her and wish her and her family well in their new life in Germany. Coral Mortier and Frances Canning will be taking over this role and will continue to develop the livesimply principles as set out in the original objectives.

The next livesimply event will be an **Autumn Fayre on Saturday 28 September** after the morning Mass. It is hoped to raise money for our winter project and to promote sustainability. Please bring along the crops you have grown and the jams and pickles you have made especially as a result of the seeds and plants that you acquired at the Spring into Action event in April. More details to follow.

**The Sewing Group** continues to flourish and anyone who enjoys sewing or knitting for the livesimply projects, other projects they are supporting or just for themselves are very welcome to come along any Monday evening. Some members are very expert and can help anyone who wishes to improve their skills. We meet every Monday evening in the Richard Reynolds Centre at 6.30pm. The creation wall hanging made by the group for the parish Creation Service will be displayed at St Nicholas School at the beginning of the new school year.

**Exeter Foodbank Collection** Please continue to support Exeter Foodbank. **The current top priority items are** - meat (tins), tinned vegetables (e.g. sweetcorn, peas, carrots) sponge puddings, squash/cordial, custard (tins/cartons), jams and spreads, rice pudding (tins), biscuits. To help address one of the key reasons for the growing demand for emergency food supplies, join the Trussell Trust's campaign

on demanding changes to the Universal Credit system:  
[action.trusselltrust.org/5weekstoolong](http://action.trusselltrust.org/5weekstoolong)  
Donations can be left in the basket at the back of the church.

## Catholic Children's Society

### Wants your old items

You can put any of the following in the CCSP orange box in the St Richard Reynolds Centre: Postcards (including Pre-1940s Birthday Cards and World War 1 silk cards) – used or unused. Coins and Bank Notes – any, old and new, from ANYWHERE in the world, obsolete or otherwise. Precious Metals – including broken jewellery, old trophies, gold, silver etc. Also costume jewellery. Medals and Badges – any and not limited to military items, other medals and badges accepted. Keys and Locks – any age or types. Metals – metal toys, metal household ornaments and cutlery – any age, type or condition – contact us if you're not sure. Watches – quartz or wind-up, working or not. Scientific and photographic items – many types are accepted – however please contact us first before sending. Small antiques and collectibles – anything unusual considered – contact us if you're not sure.

## “Matters Arising”

Come and join the Sacred Heart Arts Group for an occasion of theatre and fun at the Cardinal Newman Centre on Saturday 19 October (7.10 for 7.30 pm) or at a matinee performance on Sunday 20 October (2.40 for 3.00pm) including a theatre quiz and the premier of Maureen Speller's (Sacred Heart Parishioner) latest play, *“Matters Arising”* performed by members of the parishes. Tickets £4. Available from members of the Arts Group, Deacon Kelvin or please contact Dorf Ruscoe (01404 822689) or Gerry Hinton (07970 042641). Proceeds in aid of charitable causes. Raffle prize donations gratefully received.

# Chorister Concert

The Girl Choristers of Exeter Cathedral, with their conductor, the Cathedral's Director of Music, Timothy Noon, will be coming to give a concert in Blessed Sacrament on Saturday 12 October at 5.00pm. This outreach concert will be a rare opportunity to hear the girls sing outside of their Cathedral duties and promises to be a real treat. The concert is not ticketed but there will be a suggested donation of £7 for Adults and £3 for children, with proceeds being shared to support the Cathedral Choir and also to aid Urafiki [www.urfiki.org.uk](http://www.urfiki.org.uk) Urafiki volunteers will also be welcoming people after the concert into the St Richard Reynolds Centre for refreshments and other fundraising activities. More details coming soon! For more details, contact Frankie Phillips via the parish office.

## Diocesan Youth Rally

The rescheduled Diocesan Youth Rally will be on 22 September from 1.00pm till 6.30pm. Lots of games and finishing with free BBQ and Youth Mass. Please bring coat and packed lunch. Cost £5.00. See poster for details. Each young person must complete a Parental Consent form prior to attending. Please bring the form along on the day. Forms are available in the porch or from Erik Renz, our youth leader. Further details from Patrick 01837 851438 or [pmorris@wjmorris.co.uk](mailto:pmorris@wjmorris.co.uk)

## New parishioners

Welcome! We hope you will be very happy here in the parish. If you haven't already done so, please provide us with your contact details. Forms are available in the church porch and from the parish office (electronically) and should be returned to the office once completed. Thank you.

## Prayer Group

Meets in the St Richard Reynolds Centre on the second and fourth Thursday of the

month. On the fourth they are supported by Stronghold. The next date is Thursday 12 September at 7.00pm.

## Extraordinary Form Mass

3.00pm at Blessed Sacrament Church on Sunday 15 September.

## St Nick's News

We look forward to welcoming new families to our school in September and also our new school dog who, as he grows, will be trained to become a therapy dog. We hope that all parishioners had a very happy, restful summer.

## Pope's Intention for Sept

That politicians, scientists and economists work together to protect the world's seas and oceans.

*Pope Francis adds a second, more urgent intention each month, which is published on the Apostleship of Prayer website [apostleshipofprayer.org](http://apostleshipofprayer.org) as well as also recording a video each month, related to the prayer theme, which can be viewed online at <http://apostleshipofprayer.org/the-pope-video>*

## Diocesan job vacancy

Diocesan Schools' Commission Administrator (part time) at St Boniface House, Ashburton 20 hours per week. For more details see poster in the porch and copies of the job description and application form are obtainable from Jan Holton on 01364 645383/ [recruitment@prcdtr.org.uk](mailto:recruitment@prcdtr.org.uk) Last date for applications 4 Sept.

## Caritas Event

*'The hope of the poor shall not perish for ever'*

This is the theme of Pope Francis' Message for the World Day of the Poor on Sunday 17 November 2019. Caritas Plymouth will be holding their third event at St Rita's Centre, Honiton on Saturday 12 October from 10.30am till 3.30pm looking at the causes of poverty and its impact in the run up to the

World Day of the Poor. The event will include sharing thoughts and ideas about how we in our parishes can mark the World Day of the Poor and looking at Pope Francis' message. The free event includes a buffet lunch. Limited space – booking essential. Please contact: [caritas@prcdtr.org.uk](mailto:caritas@prcdtr.org.uk) also see notice in the porch.

## Exposition with Taizé

On the first Wednesday of each month at 7.00 pm in the Lady Chapel at the Sacred Heart Church.

## Society of Our Lady of Lourdes Get-Together

The Societies autumn get-together will take place on Saturday 21 September at the St Richard Reynolds Centre. All are invited for Coffee from 10.00am with Mass at 11.00am followed by a simple lunch. This is a good opportunity to meet others interested in Our Lady of Lourdes and who may go on pilgrimage in the future or who have been there in the past. All welcome.

## Pilgrimage to Malta & retreat on Gozo

More details are on the poster in the porch. There are a few rooms remaining and if you would like more information please ring the Holy Ghost parish office on 01395 263384.

## Stronghold

The next meeting of the Stronghold prayer and praise group is on Thursday 26 September at 7.15pm in the St Richard Reynolds Centre. The Eucharist is the source and summit of the Christian life and the celebration of Mass is central to our faith, but it is not the only way to pray. We pray through song and word, praising God with all our hearts and minds and bodies. It is simple but moving. Why not give it a go! All welcome.

# Caring for Our Common Home

This year World Day of Prayer for the Care of Creation falls on Sunday 1 September and all parishes are asked to mark this day. Recently at the Bishop's Conference meeting the Bishops of England and Wales made this statement on the current human and ecological crisis: *"In the light of Pope Francis' teaching in Laudato Si and reaffirming our commitment to the principles outlined in our document "The Call of Creation, 2002", the Bishops' Conference recognises that humanity is in an unprecedented ecological crisis. There is a moral duty to act with urgency and enable the faithful to make informed decisions that care for creation and will assist in repairing the damage. We therefore urge the Church at all levels to continue to develop initiatives that care for our common home, and to identify individuals and groups to be advocates for this journey."*

### **Prayer for Creation**

Father, Lord of all creation, we praise you with all your creatures and the whole universe that comes forth from the work of Your hands. We acknowledge the privilege and responsibility that You give us as stewards of Your creation. In our ignorance we have done damage to our common home and our brothers and sisters are suffering. Through faithfully following your Son guide and direct us to prepare for a better future. Teach us to contemplate You in the beauty of the universe, for all things speak of You. Give us the grace to recognise, respect and protect all You have created, using wisely all that you have entrusted to us. Holy Spirit, who first hovered over the dawn of creation and drew order out of the chaos help us to build your kingdom of justice, love, peace and beauty where the poor of the

earth are crying out. You, who live and reign, world without end, Amen.

## Net Zero emissions Petition

Please consider signing the net zero by 2045 petition in the porch or on-line at [e-activist.com/page/44225/petition/1](http://e-activist.com/page/44225/petition/1)

## Natural Family Planning (NFP)

Teacher Recruitment. NFP South West is looking to train new teachers in the Billings Ovulation Method (BOM). Applicants should have a basic knowledge of NFP or be willing to learn. We are volunteers available to teach married Catholics and engaged couples to either conceive or postpone conception. The BOM is scientifically proven and fully compatible with Church teaching on marriage and family life. Training is via 10 correspondence computer modules, over 10 consecutive months after which there are 2 training days per year at Buckfast and one in London. A cost of £250 covers all academic resources and teaching but can be reduced or waived on appeal. For more information contact Christine Hudson on 07742320717

## Education Sunday

8 September is Education Sunday, the annual day when the Catholic community comes together to celebrate and support our Catholic schools. Coinciding with the start of the academic term it is an opportunity for us to give thanks for the important work our schools perform. Catholic schools couldn't exist without the support of the Catholic community. This has been the case for the last 170 years. The retiring collection is vital in enabling our schools to continue to thrive. Please pray for all the schools and colleges in our parish but especially our Parish School of St Nicholas.

## Adoration at the Convent

Adoration at the convent will resume on Tuesdays beginning 10 September from 8.00pm – 9.00pm. Thank you to all those

who support this devotion in our community.

## Devon Earth & Faith Network

Faith, Belief and Climate Justice – A Call to Action. 22 September 2.30-5.00pm at the Friends Meeting House, Wynard, Magdalen Street. This panel from a variety of faiths/beliefs will encourage people to come together in an atmosphere of open enquiry to inspire action, share information and insight, galvanise transformation and unity. Plus a Q & A opportunity. All welcome.

## What's happening in Heavitree

**3 September** - Heavitree Local History Society AGM followed by a talk on the history of Ludwell Valley at 7.30pm in the Rifford Room at St Michael's Church. £3 for non-members, free for members.

**14 September** - Tree Walk in Higher Cemetery led by Caradoc Day at 2.30pm. Organised by the Friends of Higher Cemetery. Cost £3 for adults and £1 for accompanied children.

**15 September** - Park Life Fun Day from 11.30am to 5.30pm in Heavitree Pleasure Ground with stalls, entertainment, rides and refreshments!

## BBQ Borehole Success

A big thank you to all who supported the BBQ last Sunday. We can report that the total needed for the construction of a borehole at an orphanage in Uganda has been reached. This borehole will produce more water than the orphanage needs, and the intention is to sell the excess to the surrounding villages making the orphanage more self-sufficient and providing clean water to the local community. Thank you.

## Catholic Children's Society Annual Appeal

Many thanks for your kindness at last week's collection. We raised £376.16

# Mass Times

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## Sunday 1 Sept

*22nd in Ordinary Time  
World Day of Prayer for  
Creation*

8.45am *People of the Parish*  
10.45am  
6.00pm

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## Monday 2 September

7.30am Convent

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## Tuesday 3 September

*St Gregory the Great*  
6.30pm

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## Wednesday 4 September

10.00am *Funeral Mass  
George Falloon RIP*  
4.00pm Hospital Mass

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## Thursday 5 September

9.30am

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## Friday 6 September

7.30am Convent  
9.30am

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## Saturday 7 September

9.30am *Harold Holding RIP*

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## Sunday 8 Sept

*23rd in Ordinary Time  
Education Sunday*  
8.45am *People of the Parish*  
10.45am *Mo Flavin RIP*  
6.00pm

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## Monday 9 September

7.30am Convent

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## Tuesday 10 September

6.30pm

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## Wednesday 11 Sept

9.30am  
4.00pm RD&E Hospital

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## Thursday 12 September

9.30am

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## Friday 13 September

*St John Chrysostom*  
7.30am Convent  
9.30am

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## Saturday 14 September

*The Exaltation of the Cross*  
9.30am

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## Sunday 15 Sept

*24th in Ordinary Time  
Home Mission Sunday*  
8.45am *Family of Tanyika*  
10.45am *Ben Davies RIP*  
6.00pm *People of the Parish*

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## Confessions

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Saturday 10.00am Church

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## Adoration

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There will be No adoration on Tuesdays at the Convent during August.

First Wednesday each month Lady chapel at Sacred Heart 7.00pm

*Please refer to the notice board on the church door for any alterations.*

## The Word

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### Sunday 1 September

First Reading  
Ecclesiasticus 3:17-20.  
28-29

*Behave humbly, and then you will find favour with the Lord.*

Psalm Response

*In your goodness, O God, you have prepared a home for the poor.*

Second Reading

Hebrews 12:18-19.22-24  
*You have come to Mount Zion and to the city of the living God.*

Gospel

Luke 14:1.7-14

*Everyone who exalts himself will be humbled, and the man who humbles himself will be exalted.*

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### Sunday 8 September

First Reading

Wisdom 9:13-18

*Who can divine the will of the Lord?*

Psalm Response

*O Lord, you have been our refuge from one generation to the next.*

Second Reading

Philemon 9-10.12-17

*Have him back, not as a slave any more, but as a brother.*

Gospel

Luke 14:25-33

*None of you can be my disciple unless he gives up all his possessions*

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### Sunday 15 September

First Reading

Exodus 32:7-11.13-14

*The Lord relented and did not bring on his people the disaster he had threatened.*

Psalm Response

*I will leave this place and go to my father.*

Second Reading

1 Timothy 1:12-17

*Christ Jesus came into the world to save sinners.*

Gospel

Luke 15:1-32

*There will be rejoicing in heaven over one repentant sinner.*

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