

ParishNews



Blessed Sacrament Parish Heavitree Exeter

24 November 2019. Our Lord Jesus Christ, King of the Universe. Year C

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

PARISH OFFICE

The Presbytery,
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Exeter EX1 2QJ

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Email exeter-heavitree

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Parish Office hours

Tuesday, Wednesday and

Thursday 10.00am–4.00pm

Parish Secretary

Lesley Hooper

Parish Pastoral Assistant

Maria Quinn

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Parish Youth Worker

Erik Renz

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Safeguarding Reps

Vince Clark & Lesley Hooper

PARISH SCHOOL

St Nicholas Catholic

Primary School Ringswell

Avenue, Exeter EX1 3EG

01392 445403

admin@stncls.uk

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Head Teacher

Angela Folland

CONVENT

Mount St Mary Convent,

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Telephone 01392 433301



The year of Saint Luke ends with a characteristic take on the feast of Christ the King: in Luke's gospel we are so familiar with seeing and hearing the voiceless, the rejected, those whom society puts in second place: how suitable, then, that on the feast of the King of all Creation we see him at his most vulnerable, on the cross, with only an abrupt inscription to announce that he is the King. He is King because of the work he has done, which is described by Saint Paul in the Second Reading: 'all things [are] reconciled through him and for him when he made peace by his death on the cross.' In Advent we will be thinking of the King who will come again: with the marks of his suffering still visible for all time, to remind us of the one who came to reunite all Creation, especially the frail.

Welcome

We hope you have a happy and peaceful time with us here in Exeter. Please ask one of the Welcomers or contact the parish office if we can help in any way.

Liturgy of the Word for children

During the 10.45am Mass most Sundays.

Refreshments

Sundays after 10.45am Mass and Wednesdays after 9.30am Mass.

Parents and Toddlers

Monday mornings 9.30–11.30am in the St Richard Reynolds Centre. All welcome especially new faces.

Getting married?

Congratulations! Please give us six months' notice if you are planning to marry in the Church.

Sick parishioners

Please inform one of the priests or the parish office if you know someone who is in need of a visit.

Newsletter

Deadline for newsletter items 4.00pm Wednesday. By phone or email.

Many thanks

*Sunday Collections
10 Nov £1299.69
17 Nov £1128.10*

Calendar of Events

Monday	livesimply Sewing Group <i>St Richard Reynolds Centre 6.30pm</i>
Wednesday	Wednesday Word <i>St Richard Reynolds Centre 2.00pm</i>
Friday	Wednesday Word <i>Sacred Heart Church 7.00pm</i>
Sun 24 Nov	Youth Sunday trip to Plymouth Pavilions <i>Leaving Blessed Sacrament 9.30am – 6.00pm</i>
Tues 26 Nov	Rosary Group <i>Blessed Sacrament Church 3.00pm</i>
Thurs 28 Nov	Stronghold Praise & Worship <i>St Richard Reynolds Centre 7.00pm</i>
Sat 30 Nov	livesimply Wreath Making Workshop & Repair Cafe <i>St Richard Reynolds Centre 10.00am</i>
Sun 1 Dec	HCPT Advent Service <i>Blessed Sacrament Church 4.30pm</i>
Thurs 5 Dec	Thursday Lunch Club <i>St Richard Reynolds Centre 12.30pm</i>
Fri 6 Dec	St Nicholas Christmas Fayre <i>St Nicholas School 5.30 till 7.30pm</i>
Sat 7 Dec	Cafod Advent Mass <i>Sacred Heart church 5.30pm</i>
Sun 8 Dec	Extraordinary Form Mass <i>Blessed Sacrament Church 3.00pm</i>
Tues 10 Dec	Advent Penitential Service <i>Blessed Sacrament Church 7.00pm</i>
Wed 11 Dec	Rosary Group <i>Blessed Sacrament Church 6.30pm</i>
Thurs 12 Dec	Prayer Group <i>St Richard Reynolds Centre 7.00pm</i>
Sat 14 Dec	Night Fever <i>Sacred Heart Church 5.30pm</i>
Sun 15 Dec	Parish Carol Service <i>Blessed Sacrament Church 3.00pm followed by Mince pies & mulled wine in the Centre</i>
Tues 17 Dec	St Nicholas Advent Liturgy <i>Sacred Heart Church 7.00pm</i>
Wed 18 Dec	Churches Together in Heavitree Carols <i>Horse & Groom 7.30pm</i>
Thurs 19 Dec	Churches Together in Heavitree Carols <i>St Loyes Ruins 6.00pm</i>
Sat 21 Dec	Filipino Simbang Gabi Mass <i>Blessed Sacrament Church 3.00pm</i>

Ministers of the Word and Holy Communion

On Saturday 30 November there will be a half-day of recollection for existing and new Readers and Extraordinary ministers of the Eucharist for the parishes of Exeter. This is to be held at the Sacred Heart Church starting with Mass at 10.00am followed by coffee and training and finishing at 12.30pm. This is an important opportunity to renew your commitment to these vital ministries in our community.

Preparing for Baptism

If you are expecting a baby or wish to have a baby baptised in the near future, please contact the Parish office to book a place on one of our courses. We look forward to supporting you and your family in your faith journey together. Our Baptism course runs over 3 consecutive Saturday mornings from 10.30-12.00. We are offering three courses in 2020: March 14, 21, 28 July 11, 18, 25 and November 14, 21, 28

GIFT Family Catechesis

If your child is at an age when you think they are ready to receive the sacraments of Reconciliation and Holy Communion then GIFT is for you. Please take an information leaflet and a leaflet giving the dates of the sessions which will begin in January 2020. This is a radically different approach to growing in faith which we hope will lead to a greater understanding of the sacraments and your part in the life of the Church.

Call My Bluff

The event scheduled for 29 November has been cancelled. It is hoped that it will be able to be rescheduled for it to happen next year.

Extraordinary Form Mass

At Blessed Sacrament Church on Sunday 8 December at 3.00pm.

Gift Aid Donors

Gift Aid donors should soon receive an individual statement of how much you gave in the year so that you can check you have paid enough tax to cover the gift aid that the parish will claim. This statement will be sent to the address that is currently held by the gift aid organiser. If you are expecting a letter but do not receive one please contact the parish office. **If you are a UK taxpayer and don't currently gift aid your donations and wish to do so please also contact the parish office. Thank you.**

Catholic Women's League

The next CWL meeting will be at 2.00pm on Tuesday 26 November at Mount St. Mary's Convent, Wonford Rd. Remember your gifts for the Apostleship of the Sea. Please bring £12.00 for the Epiphany lunch if you wish to attend.

Diocesan Yearbook 2020

The new Diocesan Year book is now available in the church porch at a cost of **£4.00** each. It is a great source of diocesan information and news. Please put your payment in the wall box marked 'Books'.

Parish Rosary Group

Would you like to gather to pray the rosary together? We will next be meeting on Tuesday 26 November at 3.00pm Wednesday 11 December at 6.30pm in the church. We would love to see you there.

Catholic Children's Society (Plymouth)

CCSP are selling packs of Christmas cards designed by children across the Diocese. Packs of 12 cards, featuring 3 copies of each of the 4 winning designs are available in the church porch to purchase for £5.00. Please place money in the wall box marked 'Books'.

Stronghold Praise

The next meeting of the praise & worship Group supported by Stronghold is on Thursday 28 November at 7.00pm in the St Richard Reynolds Centre. All welcome.

Prayer Group

The next meeting of the Prayer Group is on Thursday 12 December at 7.15pm in the St Richard Reynolds Centre. All welcome.

livesimply

Advent wreath workshop. In the St Richard Reynolds Centre on Saturday 30 November at 10.00am. The aim is to use as many natural resources as possible. If you could let Frances 01392209542 know if you would like to join us. You should bring the following with you: 3 purple, 1 pink and 1 white candle, and scissors/secateurs, string, greenery from garden and dried pinecones, dried seeds, acorns, ribbon and perhaps small Christmas decorations.

Sewing Group Meets every Monday. The group is asking for donations of fabric suitable for making boys shorts. Dark colours and cotton fabric would be preferred and really appreciated.

Food Bank most wanted list:

Apple sauce, canned beans, canned chicken, canned fish (tuna and salmon), canned meat (SPAM and ham), canned vegetables, cooking oils (olive and canola), crackers, dried herbs & spices, fruit (canned or dried), granola bars, instant mashed potatoes, nuts, pasta, peanut butter, rice, long life or powdered milk, soup, stew and chilli (canned), whole grain cereal.

Rest in Peace...

Please pray for **Michael Loughran** and **Pauline McNamara** who have died. Michael's funeral will be celebrated at Blessed Sacrament on Friday 13 December at 2.00pm. There will be no morning Mass in the church on that day.

Wednesday Word

'Wednesday Word' is a resource which allows us to prayerfully prepare for Mass on Sunday by reading and reflecting on the upcoming Sunday Gospel in a friendly and supportive group setting. Come along to an open group each week to ready yourself for Sunday Mass and to deepen and feed your faith. Groups will meet each week: Wednesdays from 2.00-3.00pm in the St Richard Reynolds Centre and Fridays from 7.00-8.00pm in the Sacred Heart Church. If you would like support in arranging a 'Wednesday Word' group in a different venue or at a different time, please contact Maria Quinn *exeter-pastoral-assistant@prcdtr.org.uk* or phone the parish office. 'Wednesday Word' resources are available to view online at www.wednesdayword.org/parish/index.htm

Gather 2020

Light for My Steps

This annual conference gathers people from the Diocese of Plymouth and beyond for a weekend of faith, formation and friendship. Our 2020 speakers include Sr Gemma Simmonds – director of the Religious Life Institute, teacher and spiritual director, Monsignor Robert Draper – Vicar General of the Diocese of Plymouth and Fr Anthony O'Gorman – parish priest and experienced supporter of the faith of young people. Livermead Cliff Hotel, Torquay Friday 31 January – Sunday 2 February. See flyer for more information and booking form.

Mass Intentions

Please be reassured that if you have asked for a Mass to be said for a particular intention it will be said. Intentions are included in the newsletter each week. The names included in the intercessions on Sunday are of those who have died recently and whose funerals are to be celebrated.

St Nick's News

St Nicholas School meets St Nicholas Priory!

The medieval tradition of Exeter's St Nicholas is brought back to life on St Nicholas Day on the 6 December at St Nicholas' Priory. As a 'feast of giving', St Nicholas Priory has offered charities the chance to represent their causes and sell their wares. St Nicholas School pupil chaplains will be providing St Nicholas Day activities, selling home-made environmentally friendly Christmas wrapping paper and representing CAFOD whilst promoting CAFOD World Gifts. Come along and support our parish school and CAFOD. Friday 6 December from 11.00am till 3.00pm at St Nicholas Priory, Mint Street, Exeter.

St Nicholas School Christmas Fayre

Friday 6 December 5.30 till 7.30pm at the school. Please join us for our annual festive evening – stalls and entertainment. Entry £1 (Pupils and under 5's free!)

Pope Francis' Intention for December

That every country take the measures necessary to prioritise the future of the very young, especially those who are suffering.

Stamps for Hospice

Sister Guy-Marie used to trim used postage stamps for the Hospice. This was one of her ways of helping them. You can get a lot of money from selling the stamps. The Sisters are continuing this work for her. At this time of year we may receive more post from friends and relatives so please remember to cut off the stamps and bring them and put them in the box in the church porch.

Thank you.

Teaching in Africa

Deacon Kelvin Russell is going to SW Kenya to teach at a school with VMM in January 2020. He is asking for sponsorship to help with his trip. There is a form in the church porch or you can go to: www.justgiving.com/crowdfunding/kelvin-russell

Cafod News

The **annual singing** of Carols to raise funds for CAFOD will take place on Thursday 12 and Friday 20 December from 6.00 to 8.00pm. Singers and musicians very welcome to please join others at Tesco, Exeter Vale, Russell Road, Digby EX2 7EZ for an enjoyable evening. (For further details: contact Gerry Hinton 07970 042641)

World Gifts - The True Spirit of Christmas Giving: Cafod Christmas gifts booklet available in the church porch

Red Wednesday

27 November is Red Wednesday and is a hugely successful and high-profile campaign aimed at promoting religious freedom and shining a light on the suffering of persecuted Christians and others, especially in Syria, Iraq, Nigeria, Pakistan and China. Be a Red Wednesday Champion of Faith. Further information and useful resources are available from catherine.crowson@aacnuk.org or telephone 020 8642 8668.

Catenian Bursary Fund

This fund is designed to offer financial support to young Catholics aged 16 to 24, particularly those who are more disadvantaged and would not normally be able to undertake voluntary work, and who engage in projects of at least 15 working days to help others less fortunate than themselves. Please see poster or visit www.thecatenians.com.

Diocesan job vacancy

The Diocese of Plymouth is recruiting for the following permanent position:

Caritas Manager – Diocese of Plymouth – 35 hours per week Salary: £40,000 per annum plus car allowance, mobile phone allowance and pension scheme (subject to eligibility). The position will be subject to a full DBS check. Closing date: 2 December 2019, interviews: 17 December. For further information please follow the link: www.plymouth-diocese.org.uk and click on Careers under The Diocese tab or see the Church noticeboard.

Sea Sunday – A Thank you

Thank you for your support for the work of the Apostleship of the Sea, Stella Maris. The generosity shown by you and your parishioners means that Seafarers in this country and around the world will continue to receive the care and support that they so vitally need. Seafarers can lead hard and lonely lives, facing issues such as hospitalisation, piracy, abandonment, non-payment of wages, and even death. Your thoughts and prayers are a great solace, and your parish support allows our port chaplains to continue to be a 'friend in every port'. This vital face-to-face contact is irreplaceable, and our routine visiting can help resolve issues, and alleviate loneliness and mental health problems. The Gospel reading on Sea Sunday, when the lawyer asks Jesus who his neighbour was particularly appropriate. Seafarers are often out of sight and so outside of our awareness, but they are still our neighbours, nonetheless. If you and your parishioners would like to see how your support is helping seafarers around the world, please [sign up to our newsletter here](#). May God continue to bless you and your parish abundantly for giving from the heart. Yours sincerely **Roland Hayes**.

New parishioners

Are you new to Blessed Sacrament parish? If so, you are most welcome and we hope you will be very happy here. If you haven't already done so, please provide us with your contact details. Forms are available in the church porch and from the parish office (electronically) and should be returned to the office once completed. This also applies if you have been here for a while but not yet completed a form. It is good for us to know something about you and to be able to keep you updated with things happening in the parish. Thank you.

Smart Loving Breakthrough

When marriages are conflicted, the whole family suffers. It's stressful for the parents and distressing for the children. Smart Loving Break Through is an online course designed to help individual spouses process their emotions and understand what is driving the conflict in their marriage. Grounded in contemporary psychology and framed by Catholic spirituality, the 3 hour course is available anywhere, anytime. More information is available online (and a 50% discount): smartloving.org/breakthrough/

Caritas News

The second edition of the quarterly Caritas Plymouth newsletter is now available. A few copies are in the church porch. You will also find a few copies of the Community Sponsorship Guide published by Caritas and the government and Community Sponsorship of Refugees.... from strangers to neighbours. Please take one to read.

Meaningful Advent Calendar

Looking for an Advent calendar with more meaning? 'The Real Advent Calendar' has been produced which contains Fairtrade chocolate. They can be bought at some supermarkets and from Traidcraft.

Advent 2019

HCPT Advent Celebration

HCPT Westcountry invites you to join them for an Advent Celebration with Bishop Mark at Blessed Sacrament Church on Sunday 1 December. Advent activities for children from 2.30 in the Richard Reynolds Centre and tea and cake from 3.45 pm before an Advent Service in the church at 4.30 till 5.15pm. All welcome to come along.

Cafod Advent Mass

Saturday 7 December 5.30pm at Sacred Heart Church. Please join us and Bishop Mark to celebrate the work of CAFOD and to praise and pray for all of the CAFOD coordinators, parish contacts and supporters

Advent Penitential Service

The Advent Penitential Service for all the Exeter parishes will be held at the Blessed Sacrament on Tuesday 10 December at 7.00pm when there will be several priests available to hear confessions.

Night Fever

At Sacred Heart Church on Saturday 14 December. Following Mass at 5.30pm we will invite our local community who are passing the church to light a candle in the presence of our Lord in the Eucharist. We especially need people to hold lanterns on South Street and others to pray for our visitors. Everyone is welcome, even if you can only come for a few minutes.

Walk With Me

Advent Reflection Booklets are available in the porch £1 each. Please put money in box marked 'books'.

There are also free advent calendars for those children who will not receive one at St Nicholas School.

Bambinelli Sunday

Sunday 15 December is Bambinelli Sunday. You are invited to bring the Christ Child figure from your home crib (or your whole crib if it is small) to be blessed during all Masses. This is a tradition which Pope Francis keeps in St Peter's Square in Rome on the third Sunday of Advent; a wonderful way for us to prepare spiritually for the coming of Jesus.

Advent Day Retreat

'Advent – a time for looking back and looking forward' with Fr Brian Kenwick at St Rita's Centre, Honiton, on Saturday 14 December 10.00am–3.30pm. Includes Benediction and evening prayer and an opportunity for Confession. Cost is £25 which includes lunch. See poster and booking forms for details. Bookings are also accepted by phone or email. Tel 01404 42635 or email stritas@btinternet.com

Parish Carol Service

Sunday 15 December at 3.00pm in the church followed by mince pies and mulled wine in the St Richard Reynolds Centre. All welcome.

Carols in the pub

Horse & Groom, Fore Street Heavitree at 7.30pm on Wednesday 18 December.

Carols in the ruins

St Loyes ruins, Rifford Road on Thursday 19 December at 6.00pm. Please come along.

Simbang Gabi

This traditional Filipino Mass will take place at Blessed Sacrament Church on Saturday 22 December at 3.00pm. An invitation is extended to all parishioners to come and celebrate this Mass.

Mass Times

Sunday 24 Nov

*Our Lord Jesus Christ,
King of the Universe*

National Youth Sunday

8.45am *George Stewart RIP*

10.45am *Deceased members
of the DHS Associates*

6.00pm *People of the Parish*

Monday 25 November

7.30am Convent

Tuesday 26 November

6.30pm *Souls in Purgatory*

Wednesday 27 Nov

9.30am *Deceased members of
the Mason Family*

4.00pm RD&E Hospital

Thursday 28 November

9.30am

Friday 29 November

St Cuthbert Mayne

7.30am Convent

9.30am

Saturday 30 November

St Andrew

9.30am *Souls in Purgatory*

Sunday 1 December

1st Sunday of Advent

8.45am *People of the Parish*

10.45am

6.00pm

Monday 2 December

St Osmund of Salisbury

7.30am Convent

Tuesday 3 December

Day of prayer for Migrants

St Francis Xavier

6.30pm *Souls in Purgatory*

Wednesday 4 December

9.30am

4.00pm RD&E Hospital

Thursday 5 December

9.30am

Friday 6 December

7.30am Convent

9.30am

Saturday 7 December

St Ambrose

9.30am *Souls in Purgatory*

Sunday 8 December

2nd Sunday of Advent

Bible Sunday

8.45am *Souls in Purgatory*

10.45am *People of the Parish*

6.00pm *Sr Patrick*

Confessions

Saturday 10.00am Church

Adoration

Tuesdays 8.00pm Convent

First Wednesday each

month Lady chapel at

Sacred Heart 7.00pm

*Please refer to the notice
board on the church door
for any alterations.*

The Word

Sunday 24 November

First Reading

2 Samuel 6:1-3

*They anointed David king of
Israel.*

Psalm Response:

*I rejoiced when I heard them
say: 'Let us go to God's
house'.*

Second Reading

Colossians 1:12-20

*He has created a place for us in
the kingdom of the Son that he
loves.*

Gospel

Luke 23:35-43

*Lord remember me when you
come into your kingdom.*

Sunday 1 December

First Reading

Isaiah 2:1-5

*The Lord gathers all nations
together into the eternal peace
of God's kingdom.*

Psalm Response

*I rejoiced when I heard them
say: 'Let us go to God's
house'.*

Second Reading

Romans 13:11-14

Our salvation is near.

Gospel

Matthew 24:37-44

*Stay awake so that you may
be ready.*

Sunday 8 December

First Reading

Isaiah 11:1-10

*He judges the wretched with
integrity.*

Psalm Response

*In his days justice will
flourish and peace till the
moon fails.*

Second Reading

Romans 15:4-9

Christ is the saviour of all men.

Gospel

Matthew 3:1-12

*Repent, for the kingdom is close
at hand.*

*Today you will
be with me in
paradise.*

*Blessed Sacrament Parish is
part of the Roman Catholic
Diocese of Plymouth*