

# ParishNews



**Blessed Sacrament Parish Heavitree Exeter**  
**19 January 2020. 2nd Sunday in Ordinary Time. Year A**

## **Parish Priest**

Fr Jonathan Stewart

## **Priest in retirement**

Fr John Watkins

## **PARISH OFFICE**

The Presbytery,  
29 Fore Street, Heavitree  
Exeter EX1 2QJ  
01392 274724

**Email** [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

## **Parish Office hours**

Tuesday, Wednesday and  
Thursday 10.00am–4.00pm

## **Parish Secretary**

Lesley Hooper

## **Parish Pastoral Assistant**

Maria Quinn  
[exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk)

## **Parish Youth Worker**

Erik Renz  
[exeter-youth-worker@prcdtr.org.uk](mailto:exeter-youth-worker@prcdtr.org.uk)

## **Safeguarding Reps**

Vince Clark & Lesley Hooper

## **PARISH SCHOOL**

### **St Nicholas Catholic**

**Primary School** Ringswell  
Avenue, Exeter EX1 3EG  
01392 445403

[admin@stncls.uk](mailto:admin@stncls.uk)  
[www.st-nicholas-exeter.devon.sch.uk](http://www.st-nicholas-exeter.devon.sch.uk)

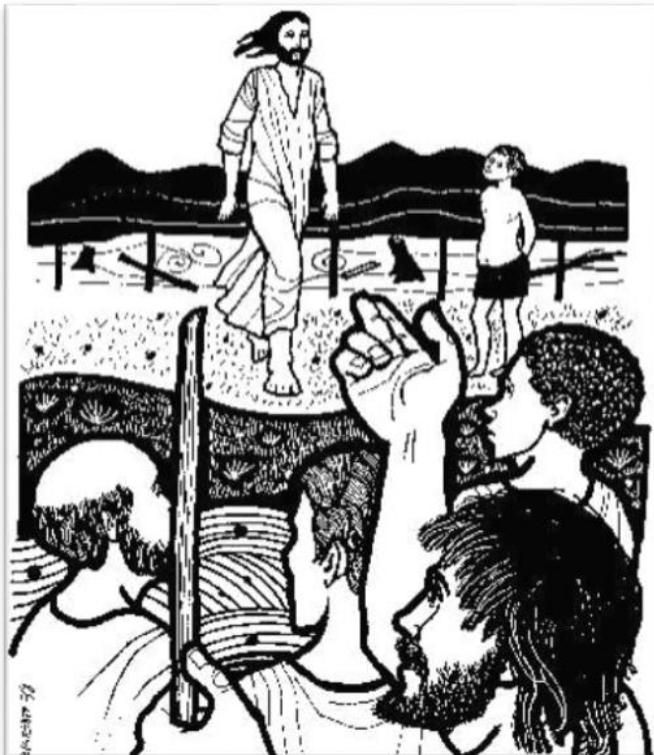
### **Head Teacher**

Angela Folland

## **CONVENT**

### **Mount St Mary Convent,**

Wonford Road, EX2 4PF  
**Telephone** 01392 433301



There is no break between Christmas and Ordinary Time one flows almost seamlessly into the other through the Baptism of Jesus. We ended our Christmas Season thinking about the revelation of the Son of God, people realising who this Jesus of Nazareth actually was, and this continues today, as we interject a passage from Saint John before we begin our weekly reading through Saint Matthew's Gospel. New Year is about beginnings, and as we return to the beginning of Our Lord's public ministry there is a sense of something exciting about to happen, even though we know the story, we dive into it once more, like returning to a favourite novel or film. So it is with joy that we stand in the country of the river Jordan, and recognise Jesus of Nazareth as the Chosen One of God, who offers himself to do God's work.

# Welcome

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*We hope you have a happy and peaceful time with us here in Exeter. Please ask one of the Welcomers or contact the parish office if we can help in any way.*

## Liturgy of the Word for children

*During the 10.45am Mass most Sundays.*

## Refreshments

*Sundays after 10.45am Mass and Wednesdays after 9.30am Mass.*

## Parents and Toddlers

*Monday mornings 9.30–11.30am in the St Richard Reynolds Centre. All welcome especially new faces.*

## Getting married?

*Congratulations! Please give us six months' notice if you are planning to marry in the Church.*

## Sick parishioners

*Please inform one of the priests or the parish office if you know someone who is in need of a visit.*

## Newsletter

*Deadline for newsletter items 4.00pm Wednesday. By phone or email.*

## Many thanks

*Sunday Collections  
5 Jan £1392.15  
12 Jan £1210.59*

# Calendar of Events

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<b>Mondays</b>	<b>livesimply Sewing Group</b> <i>St Richard Reynolds Centre 6.30pm</i>
<b>Wednesdays</b>	<b>Wednesday Word</b> <i>St Richard Reynolds Centre 2.00pm</i>
<b>Fridays</b>	<b>Wednesday Word</b> <i>Sacred Heart Church 7.00pm</i>
18 – 25 Jan	<b>Week of Prayer for Christian Unity</b>
Sun 19 Jan	<b>Peace Sunday</b>
Tues 21 Jan	<b>Understanding the Mass</b> <i>St Richard Reynolds Centre 7.00pm</i>
Wed 22 Jan	<b>Praying the Rosary</b> <i>Blessed Sacrament Church 6.30pm</i>
Thurs 23 Jan	<b>Stronghold Praise &amp; Worship</b> <i>St Richard Reynolds Centre 7.15pm</i>
Fri 24 Jan	<b>Devon Youth Jazz Orchestra</b> <i>Blessed Sacrament Church 6.00pm</i>
Sat 25 Jan	<b>GIFT Session 1</b> <i>St Nicholas School 9.30am</i>
Sun 26 Jan	<b>Homelessness Service</b> <i>St Petrock's 4.00pm</i>
Tues 28 Jan	<b>Understanding the Mass</b> <i>St Richard Reynolds Centre 7.00pm</i>
	<b>CWL Meeting</b> <i>Mount St Mary Centre 2.00pm</i>
Thurs 30 Jan	<b>Thursday Lunch Club</b> <i>St Richard Reynolds Centre 12.30pm</i>
Fri 31 Jan – Sun 2 Feb	<b>Gather Conference</b> Livermead Cliff Hotel Torquay
Tues 4 Feb	<b>Understanding the Mass</b> <i>St Richard Reynolds Centre 7.00pm</i>
Wed 5 Feb	<b>Praying the Rosary</b> <i>Blessed Sacrament Church 6.30pm</i>
Sun 9 Feb	<b>Extraordinary form Mass</b> <i>Blessed Sacrament Church 3.00pm</i>
Tues 11 Feb	<b>Understanding the Mass</b> <i>St Richard Reynolds Centre 7.00pm</i>
Wed 12 Feb	<b>Week of guided prayer Taster</b> <i>St Richard Reynolds Centre 7.00pm</i>
Thurs 13 Feb	<b>Thursday Lunch Club</b> <i>St Richard Reynolds Centre 12.30pm</i>
	<b>Prayer Group</b> <i>St Richard Reynolds Centre 7.15pm</i>
Sat 15 Feb	<b>GIFT Session 2</b> <i>St Nicholas School 9.30am</i>

# Peace Sunday 2020

19 January is a date set by Pope Francis as the World Day for peace. He invites us to start the New Year with a reflection on our role as peacemakers. He wrote "the endless and horrifying sequence of wars, conflicts, genocides and ethnic cleansings" are a major cause if the migration of thousands around the globe. Pax Christi has sought to keep these issues in the forefront of its work – challenging Britain's involvement in the global arms trade, questioning the morality of new technologies.

## Devon Youth Jazz Orchestra

Friday 24 January at 7.00pm come along to the Blessed Sacrament Church and hear some of Devon's most talented young musicians in a night of Jazz. DYJO are fundraising, in liaison with St Nicholas School, for Children's Hospice, South West. One of St Nicholas pupils uses Little Bridge house with her younger brother on a regular basis due to her cancer treatment. They want to give something back to the amazing charity who supports her and her family. Tickets: Adult £5, Child £3 - available from St Nicholas School 01392 445403 or Blessed Sacrament Office 01392 274724

## GIFT Family Catechesis

If you have children in primary school, then GIFT is for you. A different approach to growing in faith which we hope will lead to a greater understanding of the sacraments and your part in the life of the Church.

**It is for all primary school age families regardless of whether your children have or have not received First Holy**

**Communion.** Please take information leaflets giving dates of sessions which begin on **25 January 9.30 - 12.00 at St Nicholas School, Ringswell Avenue EX1 3EG.** The school staff car park will be open on GIFT days for families to use. To access the car

park, drive up Ringswell Avenue beyond the school and turn left. Please use the school's main entrance on Ringswell Avenue to enter the school hall.

## Understanding the Mass

Six film and discussion sessions from Bishop Robert Barron's 'Word on Fire' series to grow in our understanding of the Mass. Come to all six or dip in and out each week; either way, you will feel inspired and spiritually fed. **When? Jan 21, 28, Feb 4, 11, 18, and 25. Where? St Richard Reynolds Centre. What time? Mass at 6.30pm film/discussion from 7.00 -8.30pm**

## Preparing for Baptism

If you are expecting a baby or wish to have a baby baptised in the near future, please contact the Parish office to book a place on one of our courses. We look forward to supporting you and your family in your faith journey together. Our Baptism course runs over 3 consecutive Saturday mornings from 10.30-12.00. We are offering three courses in 2020: March 14, 21, 28 July 11, 18, 25 and November 14, 21, 28

## Week of Prayer for Christian Unity 2020

18 to 25 January. This year's theme is 'They Showed Us Unusual Kindness' and uses material prepared by Christian churches in Malta. There will be a city-wide united prayer service at Belmont Chapel on Sunday 19 January at 6.30pm. All welcome.

## World Day of Prayer

A woman led Global Ecumenical Movement. A prayer service, prepared by the Christian Women of Zimbabwe, will be held at Belmont Chapel on 6 March at 11.00am. Any ladies from Zimbabwe who would like to take part would be very welcome and could they please contact Margaret Leonard on 01392 252408

# Memory Cafe

On the first Wednesday of the month the Memory Café, organised by the Friends of Heavitree Health Centre, meets in the St Richard Reynolds Centre at 2.00pm. This is an opportunity for anyone with memory loss, and their carers, to meet for a chat and have a cuppa in a safe environment. Various activities are also arranged. You are most welcome to come along and please invite anyone that you know who may benefit from an afternoon out.

## Lenten Weeks of Guided Prayer: A Retreat in Daily Life

**Sun 1 – Sat 7 Mar or Sun 15 – Sat 21 Mar**

Guided prayer offers an opportunity for one-to-one help with prayer. Through daily prayer, focussed scripture and a companion to share and chat with each day, time is made to recapture a sense of your personal relationship with God. There will be an introductory taster meeting, with an opportunity to sign up for one of the weeks, on **Wednesday 12 February** in the Richard Reynolds Centre at 7pm. More information will be available at all Masses on the **25/26 January**. If you have any questions or would like to book a place on one of the weeks and cannot attend this Introductory Taster Session, please contact Maria Quinn [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk)

## Catholic Women's League

The next meeting of the Catholic Women's League is on Tuesday 28 January at the Mount St Mary's Convent meeting centre at 2.00pm. Please remember the annual subscription of £25 is due.

The Branch Retreat will be held at St. Rita's, Honiton on Wednesday 12 February from 10.00 am led by Father Jonathan Stewart. The cost for the day - £22 to include a 3 course lunch plus tea/coffee, payable at our next meeting by those wishing to attend.

# St Petrock's Annual Homelessness Service

On Sunday 26 January at 4.00pm - a space for reflection around the theme of homelessness in our city. This short informal service will take place in St Petrock's Church (access from the High St) followed by refreshments afterwards in St Petrock's Centre. All are warmly welcome to attend. Further information about St Petrock's work with local people who are homeless or vulnerably housed will also be on display in St Petrock's church from 20 January – do call in to find out more

## Stronghold Praise & Worship

The next meeting of the Prayer Group supported by Stronghold is on Thursday 23 January at 7.15pm in the St Richard Reynolds Centre. All welcome.

## Rest in Peace...

Please pray for **Jack Webber** who has recently died. Jack's funeral Mass will be celebrated at 10.00am on Thursday 23 January. All welcome. May he rest in peace and may his family and friends be consoled.

## Anniversary

January 28 is the anniversary of the Episcopal Ordination of Bishop Mark. Please remember him in your prayers.

## Wednesday Word

'Wednesday Word' is a resource which allows us to prayerfully prepare for Mass on Sunday by reading and reflecting on the upcoming Sunday Gospel in a friendly and supportive group setting. Come along to an open group each week to ready yourself for Sunday Mass and to deepen and feed your faith at the St Richard Reynolds Centre on Wednesday afternoons or at the Sacred Heart church on Friday evenings.

## Plymouth Diocesan Pilgrimage to Medjugorje

This is the first time that the Diocese has been able to organise an official Diocesan pilgrimage to Medjugorje as it was only in May 2019 that Pope Francis authorised such pilgrimages. The pilgrimage will take place from 24 to 31 October 2020 flying from Heathrow to Split. It is being organised through the Marian Pilgrimages Medjugorje Team and bookings should be made through them. Details can be found on a poster in the church porch or from [www.marian-uk.com](http://www.marian-uk.com)

## Plymouth Diocesan Youth Pilgrimage to Lourdes 2020

31 July to 6 August. Direct flights from Exeter to Lourdes £499 per person sharing. To book contact Joe Walsh Tours on 0203 468 06127 [info@jowalshstours.co.uk](mailto:info@jowalshstours.co.uk) or Fr Kieran Kirby on 01392 272815. See poster in church porch for more details or contact the above.

## Plymouth Diocesan Pilgrimage to Lourdes 2020

Led by Bishop Mark O'Toole and Pilgrimage Director, Father Kieran Kirby. 31 July – 6 August. Flying from Exeter. £799 per person sharing. Joe Walsh tours tel. 020346806127 or Father Kieran tel. 01392 274724 for further information and booking forms see: <https://www.plymouth-diocese.org.uk/plymouthlourdes/>

## Parish Rosary Group

We will next be meeting on Wednesday 22 January at 6.30pm in the church. We will meet fortnightly after that. We would love to see you there.

## The Pope Tweets...

May the Holy Spirit revive in each of us the call to be courageous and joyful evangelisers

## Plymouth Diocese Catechetical Summer Camps 2020

Applications are now being taken for places at the Plymouth Diocese Catechetical Summer Camps, to be held at Grangehurst, Buckfast Abbey. Camp details and application forms can be obtained from the parish office, the church porch or on-line from [www.pdsummercamps.org.uk](http://www.pdsummercamps.org.uk) Prompt applications are advisable. Also see poster in the church porch.

## The God Who Speaks The year of the Word

2020 sees the 10th anniversary of *Verbum Domini*, the Apostolic Exhortation of Pope Benedict XVI on the Word of the Lord. It is also the 1600th anniversary of the death of St Jerome who said: "Ignorance of the Scriptures is ignorance of Christ". We pray that during this special year we will all be enriched and renewed by the living Word of God and that we shall all be moved to share the love of Christ to the ends of the earth.

## St Nick's News

Happy New Year to all parishioners! We held our Epiphany liturgy last week. We remembered how the Wise Men brought precious gifts to honour Jesus as the King. Today we bring ourselves to Jesus and pray that everything we do and say this year will lead others to Jesus.

Why not visit our school website [st-nicholas-pri.eschools.co.uk](http://st-nicholas-pri.eschools.co.uk) you will find many news items including the activities of our 6 new Pupil Chaplains, and also information about the school. If any families are considering joining our school community (including our Nursery) please contact Ali at [abrocksom@stnics.uk](mailto:abrocksom@stnics.uk) for more information and to arrange a tour.

## Book of Intentions

This book is brought to the altar at each Mass and contains the things we offer to God in prayer; the name of someone who is sick or who has died; a personal situation which needs resolution; a private intention, anything you would like to bring to the Lord. The book can be found on the offertory table with the bread and wine.

## Magazines for hospital

A big thank you to everyone who has given magazines for the hospital, it has been very much appreciated by both staff and patients. As there has been a great response and not to overwhelm the hospital they will in future be collected on the last Sunday of the month starting from 26 January. Thank you.

## Baptised in faith...

We welcome in to the church Annabelle Sojeebun who will be baptised in to our parish community. Please offer a prayer for her, her parents and Godparents.

## Caritas Plymouth

“Every human being is a free person destined to live for the good of others in equality and fraternity. Every person, and all people, are equal and must be accorded the same freedom and the same dignity.” Pope Francis. Declaration on International Day for the Abolition of Slavery. Caritas Plymouth will be holding their fourth event looking at Modern Slavery and Trafficking on Saturday 7 March. The event will be led by Bishop Mark O’Toole and include speakers from Border Force, the Medaille Trust and Apostleship of the Sea. The event will be held on Saturday 7 March from 10.30 am – 3.15 pm at St Boniface College, Plymouth. It is free and includes a buffet lunch. Booking is essential at: [caritas@prcdtr.org.uk](mailto:caritas@prcdtr.org.uk)

## Look & Ichthus

Please take copies of these from the porch each week for your children

## Pope Francis’ Intention for January

For the promotion of World peace. We pray that Christians, followers of other religions, and all people of goodwill may promote peace and justice in the world.

## Exeter Street Pastors

Would you like to be a Street Pastor or Prayer Pastor? Exeter Street Pastor teams are out every Friday and Saturday night, listening to anyone who wants to chat, helping people who may be vulnerable due to alcohol, offering flip-flops to ladies with sore feet, and picking up bottles. In our encounters, people sometimes share their stories and ask for prayer. Street Pastors are received warmly by the people of Exeter. It is very rewarding, with each team deploying once a month. Full training is given. Prayer Pastors, back at base, support the teams with prayer, fellowship, a hot drink and often cake! Applications for new Street Pastors close at the end of January. For more information, please phone Brian 01392 874 212), or contact Dave at [admin.exeter@streetpastors.org.uk](mailto:admin.exeter@streetpastors.org.uk)

## Urafiki

Our appeal this year is for shoes. Having a pair of shoes is ‘medicine for the legs’ in places of desperate poverty. It helps the elderly avoid getting ‘jiggers’ which are insects that pierce the skin and then lay their eggs and it is very painful and incapacitating. Rather like having lots of deep splinters. We are asking for donations of £12 which will go towards the elderly people having pumps, the secondary students having sturdy shoes and the children having jellies. Donations either through the website [urafiki.org.uk](http://urafiki.org.uk) or to Imelda Wightman 01392 460041.

# Organ & Cello Recital

Holy Cross, Topsham on Sunday 2 February, 4.00 – 5.00 p.m. Andrew Daldorph (organ) and Hilary Boxer (cello) will give a recital at Holy Cross using the 1786 Robert and William Gray chamber organ which the parish acquired 2 years ago. The programme will include sonatas for cello and organ, and solo works for each instrument. Tickets (free) are available through the events page of the Holy Cross website ([www.holycrosstopsham.org](http://www.holycrosstopsham.org)) or by phoning Frances Nieduszynska on 01392 877071 or 07791 693603. There will be a retiring collection to cover the costs of the concert, and to raise money for ShelterBox and the Exeter Foodbank.

## Weekly Giving Envelopes

There are still a number of weekly gift aid and planned giving envelopes to be collected. If you haven't collected yours then please contact the Parish office. Also remember to let us know if there are any changes in your circumstances. Are you still paying income tax for instance? If you have moved recently do let us know your correct contact details. If you are new to the Parish and perhaps not considered gift aiding your donations please consider it. You can call the Parish office for more information.

## Catholic Children's Society (Plymouth)

Would like to thank everyone for their donations to the Big Orange Box which has recently been emptied and replaced. Please remember you can donate lots of items (the list can be found on the box which is in the St Richard Reynolds Centre).

## Going in to hospital?

Then please let the parish office or one of the priests know so that your details can be passed to the hospital chaplain so that you can be visited and ministered to.

# *livesimply*

**Update:** A Happy New Year to everyone, when we will try to build on our accreditation as a *livesimply* Parish. Here are a few suggestions: pray for those suffering from weather related problems, join in community initiatives e.g. litter picks and beach cleans, avoid single use items.

**Exeter Foodbank:** After the amazing generosity of all Exeter foodbank supporters in December their stocks are looking relatively healthy, thank you! Suggestions for items which they always have a need for are: Rice - 500g/1 kg. Noodle and pasta snacks. Potatoes – tins or packets. Teabags - small packs. Coffee – instant. Custard – tins or cartons. Milk – 1l UHT semi-skimmed. Meat – tins. Vegetables – tins (e.g. sweetcorn/peas/carrots) Sponge puddings. Donated items can be placed in the basket at the back of the church from where they are regularly collected and taken to a collection point. Thank you.

### **Upcoming events dates to save:-**

Saturday 1 February we will be outside the church, weather permitting, to collect or distribute seeds that you have gathered. This worked very well last year.

Saturday 4 April there will be a *livesimply* meeting after 9.30 Mass. If you have an item to raise or any suggestions please contact [livesimplyexeter@gmail.com](mailto:livesimplyexeter@gmail.com) or call 01392209542.

Saturday 2 May it is intended to hold a Spring Fair when you can bring along your plants or home-made produce and anything that cuts down the use of single use plastic.

**Sewing Group** meets every Monday at 6.30pm in the St Richard Reynolds Centre. All are welcome.

## SPUC White flower appeal

A big thank you to everyone who gave generously to the appeal.

# Mass Times

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## Sunday 19 January

*2nd in Ordinary time*

*Peace Sunday*

8.45am *Antonetta & Harry*  
*Arpine RIP*

10.45am *Sunday*  
*Refreshments Team*

6.00pm *People of the Parish*

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## Monday 20 January

7.30am Convent

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## Tuesday 21 January

*St Agnes*

6.30pm

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## Wednesday 22 January

9.30am *Marie Hayes*

4.00pm RD&E Hospital

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## Thursday 23 January

9.30am *Pat Stewart RIP*

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## Friday 24 January

*St Francis de Sales*

7.30am Convent

9.30am

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## Saturday 25 January

*Conversion of St Paul*

9.30am

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## Sunday 26 January

*3rd in Ordinary time*

8.45am *Valerie Kingdon RIP*

10.45am *People of the Parish*

6.00pm

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## Monday 27 January

7.30am Convent

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## Tuesday 28 January

*Anniversary of the*  
*ordination of Bishop*  
*Mark O'Toole*

6.30pm

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## Wednesday 29 January

9.30am *George Thachil RIP*

4.00pm RD&E Hospital

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## Thursday 30 January

9.30am *Lissamma Baby RIP*

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## Friday 31 January

*St John Bosco*

7.30am Convent

9.30am *Private Intention*

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## Saturday 1 February

9.30am

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## Sunday 2 February

*The Presentation*  
*of the Lord*

*Day for Consecrated Life*

8.45am *People of the Parish*

10.45am

6.00pm

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## Confessions

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Saturday 10.00am Church

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## Adoration

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Tuesdays 8.00-9.00pm  
at the Convent

Lady chapel at Sacred Heart  
7.00pm on 8 January 2020

*Please refer to the notice*  
*board on the church door*  
*for any alterations.*

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## The Word

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### Sunday 19 January

First Reading

Isaiah 49:3.5-6

*I will make you the light of the*  
*nations so that my salvation*  
*may reach to the ends of the*  
*earth.*

Psalm Response

*Here I am, Lord! I come to*  
*do your will.*

Second Reading

Corinthians 1:1-3

*May God our Father and the*  
*Lord Jesus Christ send you*  
*grace and peace.*

Gospel

John 1:29-34

*Look, there is the Lamb of God*  
*that takes away the sin of the*  
*world.*

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### Sunday 26 January

First Reading

Isaiah 8:23-9:3

*In Galilee of the nations the*  
*people has seen a great light.*

Psalm Response

*The Lord is my light and*  
*my help.*

Second Reading

1 Corinthians 1:10-13.17

*Make up the differences*  
*between you instead of*  
*disagreeing among yourselves.*

Gospel

Matthew 4:12-23

*He went and settled in*  
*Capernaum: in this way the*  
*prophecy of Isaiah was to*  
*be fulfilled.*

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### Sunday 2 February

First Reading

Malachi 3:1-4

*The Lord you are seeking will*  
*suddenly enter his Temple.*

Psalm Response

*Who is the king of glory?*  
*It is the Lord.*

Second Reading

Hebrews 2:14-18

*It was essential that he should*  
*in this way become completely*  
*like his brothers*

Gospel

Luke 2:22-40

*My eyes have seen your*  
*salvation.*

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*Blessed Sacrament is part of*  
*the Roman Catholic Diocese of*  
*Plymouth*