

Bedtime Chats: 'Jesus Calms the Storm'

I wonder if you've ever been afraid?

This story from the bible reminds us that Jesus is with us and we do not need to be afraid.



Watch



Talk



Pray



Sleep



Watch this animation: <https://www.youtube.com/watch?v=ZzPwRXytr7U>



I wonder why how the disciples felt when they were scared and Jesus calmed the storm?
I wonder what feels stormy or unsettling in your life?
I wonder what words of peace you'd like to hear God speak to you?



Lord Jesus, You calmed the storm at sea
and you can calm the storms within my heart.
Thank you for loving me.
Pour your peace into my heart
so that I may know that you are with me
even in the scary and unsettling times.
Through Christ our Lord, Amen.



Night night, sleep well, God bless x