

Bedtime Chats: God calls Abraham and Sarah

I wonder if anyone has ever made you a promise before?

This story from the bible reminds us that God always keeps his promises.



Watch



Talk



Pray



Sleep



Watch this animation of 'Abraham and Sarah':

<https://www.youtube.com/watch?v=NdqrwGJYePQ>



I wonder why Abraham and Sarah decided to trust God?

I wonder how God kept his promises to Abraham and Sarah?

I wonder what promises God has made us and how we can show that we trust God?

(God promises to: send us Jesus and the Holy Spirit, give us eternal life, forgive our sins)



Father God,

I trust you with my dreams: bless my planning and my preparing.

I trust you with my here and now: bless my thinking and my doing.

I trust you with my memories: bless my remembering and my forgetting.

Help me to trust you God with my life like Abraham and Sarah trusted you with theirs.

Through Christ our Lord, Amen.



Night night, sleep well, God bless x