

# ParishNews



**Blessed Sacrament Parish** Heavitree Exeter  
6 December 2020 Second Sunday of Advent. Year B

---



## Make his paths straight

Throughout the first three weeks of Advent our focus is very clearly on the Second Coming of the Lord - not so much on the run up to Christmas (until the last week). If we view Advent as a preparation for Christmas these readings will make little sense - and neither will the figure of John the Baptist who appears today: if it's about the preparation for Christmas, then John the Baptist, preaching after Jesus was born, is a confusing figure: but his role is to preach to us, as he did of old, and to prepare us for the (second) coming of the Lord. Today we have a very graphic reference to the end of time and the Second Coming in the reading from Saint Peter; it is a frightening picture, and so the first reading offers tender words of comfort to help us understand who is coming, and why we should be ready to meet him.

# Second Sunday of Advent



Today we light the second of the candles on our Advent wreath. As the light grows we are conscious that hope is growing in the world for an end to the pandemic with the successful production of the vaccines. There is an article below from the Bishops Conference of England and Wales which may help to quell some of the anxieties surrounding the vaccines. It is worth a read. It is often repeated that we are not out of the woods yet, so we continue to look out for one another and to stay safe and well.

## Christmas Masses

The Mass times for the Christmas Octave will be:

**Thursday 24 CHRISTMAS EVE** 6.00pm and 8.00pm

**Friday 25 CHRISTMAS DAY** 8.45am and 10.45am

**Saturday 26 Feast of St Stephen** 9.30am

**Sunday 27 Feast of the Holy Family** 8.45am and 10.45am. No evening Mass.

**Monday 28** No Mass

**Tuesday 29 St Thomas Becket** 6.30pm

**Wednesday 30** 9.30am

**Thursday 31** 9.30am

Following our appeal for you to book a place at the Masses on Christmas Eve and Christmas Day the only places still available are at the 8.45am Mass on Christmas Day. We will be opening a waiting list in case of cancellations but as the bishops have encouraged, please consider coming on another day during the Octave and making that your celebration of Mass this Christmas.

**It is very important that if you do book a place and then change your mind you let us know as we can allocate the place to someone else.** If you know someone who does not have access to email and so has not received this newsletter and would like to attend, let them know and you could book on their behalf. Please be generous and remember that space is limited.

## Mass streamed live

The live streaming equipment is now fitted and ready to be tested so we will hopefully be able to stream the Christmas Masses online on the parish Facebook page Catholic Exeter. We know many of you are still anxious about coming to church which is completely understandable.

## Stewarding at Christmas

To enable us to celebrate Mass publicly we need 3 stewards at each Mass, including those at Christmas. If you are able to volunteer please contact Lesley in the Parish office 01392 274724 or [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk) We are immensely grateful for the wonderful work the stewards have been doing over the past few months. Without them we would not be able to open the church.



## Christmas Greetings

This year we are asking you to take a picture of either your family, your crib, your tree, your lights, or anything to do with the Christmas season and add your family name. These will be put together as a slide show and be projected on the screen at all of the Christmas Masses so that your greetings will go to all parishioners. Please do not bring Christmas cards and leave them in the church as they will be removed and thrown away.

## Baptism Preparation Courses 2021

Are you looking to have your child baptised next year? We look forward to spiritually supporting you in preparation for this important sacrament and welcoming you and your family into our parish family. Courses are delivered via zoom over two consecutive Saturday mornings from 10:00-11:00. The course dates for 2021 are:

**23/30 January, 17/24 April, 10/17 July, and 9/16 October**

Please get in touch with Fr Jonathan to let him know you would like to prepare to have your child baptised. You will then be directed to Lesley Hooper who organises registration for the course. [Exeter-heavitree@prcdtr.org.uk](mailto:Exeter-heavitree@prcdtr.org.uk) or 01392 274724

---



The government is changing some restrictions between 23 and 27 December. Find out more, including what this means for church services and carol singing, here:

[gov.uk/guidance/guidance-for-the-christmas-period](https://www.gov.uk/guidance/guidance-for-the-christmas-period)

But as Public Health Devon said: "It is really important that we continue to follow the measures that help keep us safe - social distancing, wearing face coverings when indoors in public spaces, and washing our hands properly and regularly. It's a very, very high price to pay if we relax our guard... we need to protect our loved ones, particularly those who are most vulnerable."

---

## Catholic Exeter Carol Service

Due to the Covid-19 restrictions we cannot have a carol service in the church. So the musicians, singers, youth and readers are getting together to put together a film for us all to enjoy which will be published on the fourth Sunday of Advent 20 December.

## Caritas Christmas newsletter

We are all called to Welcome the Stranger but many people are unsure how they can help others during this time of continued lockdown. Caritas has produced a Christmas Newsletter which offers some practical suggestions for action and links to prayer resources.

<https://www.plymouth-diocese.org.uk/wp-content/uploads/2020/12/Caritas-at-Christmas-Newsletter-2020.pdf>

## Vacancy in the Diocese of Plymouth

The Diocese of Plymouth is looking to appoint the following position.

Diocesan Schools Commission Administrator (part time) – 1 post.

Location: St Boniface House, Ashburton, Devon with some home working to meet COVID Secure requirements. Salary: £11.39 per hour (Actual Salary - £11,846 per annum). Hours: 20 hours per week spread over 5 days- preferably mornings.

The Diocesan School's Commissioner Administrator will manage the administrative, secretarial support and the office resources required to ensure the smooth running of the Diocesan Schools Commissioner's office. They will enable the Diocesan Schools Commissioner and team to carry out their Diocesan responsibilities. The post-holder will be required to have a high level of secretarial or administrative experience and will require excellent organisational skills together with good experience of Microsoft Office and excellent interpersonal skills. Experience of working in a schools' environment would be an advantage. Copies of the job description and application form are obtainable from Jan Holton on 01364 645383 or by email to [recruitment@prcdtr.org.uk](mailto:recruitment@prcdtr.org.uk) up to 22nd December. Last date for applications Monday 4 January 2021 and interviews will be held on Monday 18 January at St. Boniface House, Ashburton.

## Diocesan Youth Service

Saskia Hogbin, the Diocesan Youth Events Coordinator, is preparing new projects for young people across the diocese. We have just completed an online drama series where a group of young people Year 6 – Year 13 have produced an alternative nativity play. Look out on The Diocese of Plymouth Youth Events Facebook page and Diocese of Plymouth Youth YouTube channel to see the completed film.

On the Diocese of Plymouth Youth Facebook page young people have created daily reflections or clips on Advent and Christmas activities. These are a great way to help us reflect on this time of year and prepare for the coming feasts.

If you would like to hear about future events or have skills to offer the young people in our diocese, please contact Saskia: at [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

## Christians Together Across Exeter CTAX

Unites Exeter's churches and fellowships in mission, worship, and relationship, co-working with one another and with voluntary and statutory bodies in Exeter for Christ's Kingdom in our city. You can find out more about them here: <http://www.ctax.btck.co.uk/About%20us>

As the old principle in ecumenism goes: *"Anything we can do together, we should do together"*

## News from CTAX

### Exeter Children's Hot Food Project

Set-up in May, this project is run by a team of volunteers who have provided hot nutritious meals to school children and families experiencing food poverty throughout the first 'lockdown' and during the school holidays. The meals are cooked at churches and community centres then delivered immediately. They are recruiting volunteers to help across the Christmas holidays and in the New Year plan to extend this 'emergency food' service to other groups vulnerable to food insecurity such as isolated elders and young carers and care leavers.

Here is a link to their Volunteer Survey for anyone interested in contributing to this growing need as a volunteer or donor:

[https://docs.google.com/forms/d/e/1FAIpQLScPRvFH7CDHI\\_ZwWWBo2qKcwfx0WzRt8qSEq\\_Khu3rLDvZetQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLScPRvFH7CDHI_ZwWWBo2qKcwfx0WzRt8qSEq_Khu3rLDvZetQ/viewform)

### Pray for Exeter Street Pastors

The monthly prayer meeting for Exeter Street Pastors and those they work with is continuing on Zoom on the second Monday of each month and the next one is on Monday 14 December 7.30-9.00pm Email for the link if you would like to support Exeter Street Pastors in prayer [ctaxexeter@gmail.com](mailto:ctaxexeter@gmail.com)

## Exeter Nativity

The Exeter Nativity, which CTAX helps fund, is going ahead, #CovidSecure at Exeter Cathedral on Sunday 20 December at 3.00pm. Booking is required, although it will also be livestreamed on the cathedral's Facebook page. More info here: [www.exeter-cathedral.org.uk/worship-music/advent-christmas-services/](http://www.exeter-cathedral.org.uk/worship-music/advent-christmas-services/)

## Update on COVID-19 and Vaccination from the Bishops' Conference

*Thursday, December 3, 2020*

On 24 September 2020 the Bishops' Conference of England and Wales issued a statement [COVID-19 and Vaccination](#). In the light of the recent breakthrough in vaccine development we now wish to issue a follow up statement.

The development of a vaccine against COVID-19 presents an important breakthrough in protecting others as well as oneself from the virus; a virus which has not only caused a global pandemic and led to a huge loss of life but has also placed a great burden on healthcare workers and systems. Each of us has a duty to protect others from infection with its danger of serious illness, and for some, death. A vaccine is the most effective way to achieve this unless one decides to self-isolate. At present, debate concerns the use of the vaccines developed by Pfizer & BioNTech, Moderna, and AstraZeneca. Some have questioned the use of the AstraZeneca vaccine since it has been developed from cell-lines originating from the cells of an aborted foetus in 1983. The [Congregation for the Doctrine of the Faith](#) and the [Pontifical Academy of Life](#) have expressed the view that one may in good conscience and for a grave reason receive a vaccine sourced in this way, provided that there is a sufficient moral distance between the present administration of the vaccine and the original wrongful action. In the COVID-19 pandemic, we judge that this grave reason exists and that one does not sin by receiving the vaccine. Both the Pfizer & BioNTech and Moderna vaccines have a different source since they are mRNA-based vaccines. On 2 December 2020, the Pfizer & BioNTech vaccine was approved for use in the UK. Each Catholic must educate his or her conscience on this matter and decide what to do, also bearing in mind that a vaccine must be safe, effective, and universally available, especially to the poor of the world. Catholics may in good conscience receive any of these vaccines for the good of others and themselves. In good conscience, one may refuse a particular vaccine but continues to have a duty to protect others from infection.

**Right Reverend Richard Moth**

*Chair, [Department of Social Justice](#)*

Catholic Bishops' Conference of England and Wales

## Catholic Women's League – alive and kicking!

During these long eight months, the Catholic Women's League in the three Exeter parishes has not been idle. Although not able to meet, contact has been maintained within the Exeter Section, and also by frequent letters containing information and encouragement sent from the National Office, all maintaining the purposes of the League - of Charity, Work and Loyalty. Support for our parishes has continued throughout the past year, and by making the most of the first few free months, monies in excess of £2000 has been raised and divided among seven charities, local and international. These are St Petroc's, Julian House, FORCE, Exeter Leukaemia Fund and Exeter Community Initiative - all local: while help to The Sisters of the Presentation of Mary's Children's Home in the Philippines, and Mary's Meals provide essential help far away. Help in kind has also been given to the Apostleship of the Sea. The League, active for well over 100 years, remains loyal to its principles here in Exeter, while its members enjoy its association with their parishes and with each other.

# CAFOD Christmas

This Advent we give thanks for all the kindness and prayers that you have offered to those less fortunate than ourselves, especially during these challenging times and we ask that you continue to help those who have been affected by coronavirus with these thoughtful and prayerful resources for Advent.

CAFOD's online Advent calendar of daily prayer and reflection offers an opportunity to pause and reflect, pray and take action as we prepare for Christmas.

<https://cafod.org.uk/Pray/Advent-calendar>

For how to donate to the CAFOD Advent Appeal and how to organise a mince pie and mulled wine event or an online carol service go to <https://cafod.org.uk/Fundraise/Parish-fundraising>

For how to send messages to the brave human rights defenders across the world, petition the prime minister on climate change or buy World Gifts for Christmas go to:

<https://cafod.org.uk/Fundraise/Parish-fundraising>

## Light up our lives – a prayer for Advent

Christ, come into our world of darkness

Light up our lives with your coming.

Fulfil all our longings with the joy of your birth

Strengthen our resolve to work for change in our world

And to share the hope of your birth that each Advent brings.

Amen. (*Sr Bridgetta Rooney/CAFOD*)

## Traidcraft Christmas cards

In the past Traidcraft Christmas cards have been available to purchase after Masses during Advent. Due to the restrictions this year, we cannot do this but Imelda Wightman is happy to order cards for anyone that would like her to. If you go to:

[www.traidcraft.co.uk/christmas/charity-christmas-cards](http://www.traidcraft.co.uk/christmas/charity-christmas-cards) you will find the selection available.

Make a note of the code of the pack(s) you wish to purchase and call Imelda on 01392 460041 and she order them for you – last date for orders to her is 4 December.

## Sleep on the floor for a night

It's hard to believe that in this day and age, there are children who do not have a warm and comfy bed to sleep in at night. In fact one in five children living in the southwest are living in poverty. Some areas in our Diocese fall into the top 10% of the most deprived areas in England. As part of our Good Shepherd programme, this Christmas the **Catholic Children's Society (Plymouth)** is asking children living in our Diocese to think of children less fortunate than themselves by putting themselves in their shoes just for one night.

We are asking children living in the diocese to give up their bed for one night to sleep on the floor. If 100 children could raise £10 each in sponsorship, CCSP could buy beds and mattresses for 10 children, so they never have to sleep on the floor again. If you would like to join in the sponsored 'Sleep on the Floor for a Night' please complete a sponsor form and start collecting your sponsors before the Christmas holidays. The sponsorship form can be downloaded from the website [www.ccsplymouth.org.uk](http://www.ccsplymouth.org.uk)

## Missio Red Boxes

At this time of year the red boxes are usually brought into the church for emptying and counting. This will not be possible this year, so I will be pleased to come to you to collect your box and to leave a fresh one. Please telephone me John Mitchelmore on 01392 757199 to arrange a suitable time for me to come to you. Missio are always grateful for the red box donations and this is especially so in this difficult year, so I will thank you on their behalf.



# St Nicholas School

If your child is due to start Reception in September 2021 you can now apply for a school place by going to <https://www.devon.gov.uk/educationandfamilies/school-information/apply-for-a-school-place/apply-for-a-primary-school-place> If you cannot apply online, please contact the education helpline on 0345 155 1019 and ask for a paper copy of the form to be sent to you. The deadline to apply is 15 January 2021. If you are applying to St Nicholas Catholic Primary School you must also submit a 2021/22 supplementary form direct to the school, obtainable from the school website [https://st-nicholas-pri.eschools.co.uk/website/reception\\_or\\_in-year\\_admissions](https://st-nicholas-pri.eschools.co.uk/website/reception_or_in-year_admissions) or by calling us on 01392 445403. Please submit this by 15 January to Mrs Brocksom, Senior Administrator by email ([abrocksom@stnics.uk](mailto:abrocksom@stnics.uk)) or by post

## Exeter Foodbank – Food Shortages

Can you help by donating any of the following from the December priority items list: cereal, sponge puddings, tinned potatoes, noodle/pasta snacks, rice pudding, biscuits, jam/spreads, tinned meat, custard, rice, shampoo/deodorant  
Current Collection Points - Sainsbury's (Alphington/Pinhoe/Guildhall); Tesco (Exe Vale); Co-Op (Heavitree/St Thomas); Waitrose (Gladstone Rd)  
You can also give a donation on line at [exeter.foodbank.org.uk/give-help/donate-money/](http://exeter.foodbank.org.uk/give-help/donate-money/)

## GIFT Growing In Faith Together

### What have we been up to in November?

This month's family resources have focussed on Moses and Ruth. Moses trusted that God would use him to help the Israelites. We too are called to trust that God will help us recognise and use our special gifts to support and help others. Ruth remained faithful and loyal to God and family members in difficult circumstances. This month, we are encouraged to reflect on what helps us to build loving and trusting relationships with God and each other.

### Advent

We are also getting ready for Advent; do you have an Advent wreath for your home? This tradition is a wonderful way to get ready for Jesus' arrival at Christmas by meeting and praying together around the wreath.

### Bedtime Chats: Abraham and Joseph

Check out our November 'Bedtime Chats'

<http://www.blessedsacrament.org.uk/wp-content/uploads/2020/11/Bedtime-Chat-Abraham.pdf>

<http://www.blessedsacrament.org.uk/wp-content/uploads/2020/11/Joseph.pdf>

**WHAT IS GIFT?** GIFT is for all families of faith: for families with children who are looking forward to receiving Holy Communion or who have already made their Holy Communion; for families with older children who want to be confirmed in their faith; for families with younger children who want to experience and grow in faith in a simple and enjoyable way.

### Get in touch

Our next parents zoom session is on the 5 December. If you would like to join us, please get in touch with Maria [exeter-pastoral-assistant@prcdtr.ogr.uk](mailto:exeter-pastoral-assistant@prcdtr.ogr.uk)

## Christmas face masks

During December there will be Christmas theme face masks available at the church made by the livesimply Sewing Group. They ask for a small donation which will go to Homeless Charities.

## Pope's December Intention

For a life of prayer. We pray that our personal relationship with Jesus Christ be nourished by the Word of God and a life of prayer. See also <https://thepopevideo.org/>

## Pope Francis on Mercy...

The life of Jesus' closest disciples, which is what we are called to be, is shaped by concrete love, a love, in other words, marked by service and availability. It is a life that has no closed spaces or private property for our own use.

## The Pope tweets...

The first step of faith is to tell God that we need him, that we need him to be close to us. Thus, if we ask Jesus to come close to us, we will train ourselves to be watchful.

## South West Big Christmas Carols Online

December 5 & 6. Professionally produced carols from a range of participants including well-known Christian singers (Matt Redman, Lucy Grumble, London Community Gospel Choir, Wildwood Kin and a Cathedral Children's Choir TBC). Interspersed with testimonies of people's experience of the hope of the gospel, with J John TBC. Large nativity featuring multiple schools from across the southwest - a narration of the nativity acted out and captured on camera. Possibly the largest nativity in the southwest. Live presenters topping and tailing the night. More info: <https://www.youtube.com/watch?v=J6khlD6Nh44>

## Walk with Me Advent booklets

We have a small number of these booklets. If you would like a copy please phone or email the Parish Office and we will pop it in the post for you.

## Diocesan Year Book 2021

The new Diocesan Year book is now available at a cost of **£4.00**. It is a great source of diocesan information and news. If you would like a copy please phone or email the parish office.

## Holiday Hunger

A major operation is under way in Devon to combat holiday hunger for children this Christmas. Devon County Council are organising networks of providers across the county, including churches, holiday clubs, and charities. Together, this will ensure that every child entitled to Free School Meals will be able to get free food over the Christmas holiday, during the Easter half-term, and the Easter holidays. Contact Devon County Council if you would like to be involved, and more info about financial and food support for families and individuals is available on DCC's website, here: [www.devon.gov.uk/coronavirus-advice-in-devon/document/support-for-people-and-families](http://www.devon.gov.uk/coronavirus-advice-in-devon/document/support-for-people-and-families)



We are very excited to announce that we are going to have a pop-up Giving Hub in Roman Walk, Princesshay from 19 November to the end of December. The shop unit will provide a space for a host of different things to happen, these will include:

- A place to donate items such as coats, sleeping bags, hats and gloves (we will be working with St Petrock's to create a regular wish list);
- An alternative giving hub – a unit in the window so people can donate 24/7 and a mobile giving unit in the shop if people want to come in for a chat when they donate;
- A TV screen will show videos, images, ways to get involved and will also show a montage of videos from a wide range of people from across the city answering the question "What does home mean to you?"
- An interactive plinth will provide people with the opportunity to learn more about EHP and to complete a questionnaire (with prizes) that will help us gather a wide understanding of



people's current knowledge of homelessness, this will play an important role in helping us decide on next steps for EHP during the coming year;

- Individuals, organisations, businesses will also be encouraged to sign up to the EHP charter and join the citywide conversation to end homelessness in Exeter.

We plan to open the Hub from 10.00am-4.00pm Thursday, Friday and Saturday. It's no mean feat to staff the hub for that amount of time and we would really like to hear from anyone who is able to volunteer their time to help us. Of course we will be following all COVID guidelines, and provide PPE and training. If you are interested and able to donate your time (whole day 10am-4pm; or half day 10-1pm, or 1pm-4pm) then please get in touch.

[cassie.sails@colabexeter.org.uk](mailto:cassie.sails@colabexeter.org.uk) or [Jo.armstrong@colabexeter.org.uk](mailto:Jo.armstrong@colabexeter.org.uk) or 01392 202055.

Thank you.



## The Feast of the Immaculate Conception

*Tuesday 8 December*

The doctrine of the Immaculate Conception is the doctrine that the Virgin Mary was conceived without *original sin*, that twist in our nature that makes our will tend not to follow what it knows to be right. It was this grace that enabled Mary to give a true and considered “Yes” to the request, conveyed by the Angel Gabriel that she should consent to be the mother of the incarnate God. The doctrine was almost universally believed over the centuries but was only formally defined as a doctrine of the Church by Pope Pius IX in 1854. Because it is so old, it is one of the Marian doctrines that Islam shares with the Catholic Church, though of course the theological details are very different.

## St Nicholas

*Sunday 6 December*

Because the feast falls on a Sunday this year the Sunday takes precedence. But on this feast we want to give thanks for our parish school of St Nicholas and the wonderful work they do to help our children grow in the faith and as human beings. The staff have worked so hard this year to make everything at school as normal as possible. Please offer a prayer of thanksgiving for them all some time this week. St Nicholas, pray for us.



# Mass Times

## Sunday 6 December

---

### *Second Sunday of Advent*

Mass 8.45am

Mass 10.45am

Mass 6.00pm *People of the Parish*

## Monday 7 December

*St Ambrose, Bishop & Doctor*

## Tuesday 8 December

*The Immaculate Conception of  
The Blessed Virgin Mary*

Mass 6.30pm

## Wednesday 9 December

Mass 9.30am

## Thursday 10 December

Mass 9.30am

## Friday 11 December

Mass 6.30pm

## Saturday 12 December

Mass 9.30am

## Sunday 13 December

---

### *Third Sunday of Advent*

### *Gaudete Sunday*

Mass 8.45am *People of the Parish*

Mass 10.45am

Mass 6.00pm

## Monday 14 December

*St John of the Cross Priest & Doctor*

## Tuesday 15 December

Mass 6.30pm *Krzysztof Jasinski RIP*

## Wednesday 16 December

Mass 9.30am

## Thursday 17 December

Mass 9.30am

## Friday 18 December

Mass 6.30pm

## Saturday 19 December

Mass 9.30am

# The Word

## Sunday 6 December

---

### FIRST READING

Isaiah 40:1-5.9-11

*Prepare a way for the Lord.*

### PSALM

*Let us see, O Lord, your mercy  
and give us your saving help.*

### SECOND READING 2Peter 3:8-14

*We are waiting for the new heavens and new earth.*

### GOSPEL Mark 1:1-8

*Make his paths straight*

## Sunday 13 December

---

### FIRST READING

Isaiah 61:1-2.10-11

*I exult for joy in the Lord.*

### PSALM

*My soul rejoices in my God.*

### SECOND READING Thessalonians 5:16-24

*May you all be kept safe, spirit. Soul and body,  
for the coming of the Lord.*

### GOSPEL John 1:6-8.19-28

*There stands among you, unknown to you, the  
one who is coming after me.*



# Parish Information

## Parish Priest

Fr Jonathan Stewart

## Priest in retirement

Fr John Watkins

## PARISH OFFICE

---

The Presbytery,  
29 Fore Street, Heavitree  
Exeter EX1 2QJ  
01392 274724

Email [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

## Parish Office hours

Tuesday, Wednesday and  
Thursday 10.00am–4.00pm

## Parish Secretary

Lesley Hooper

## Exeter Parishes Pastoral Assistant

Maria Quinn  
[exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk)

## Exeter Parishes Youth Worker

Erik Renz  
[exeter-youth-worker@prcdtr.org.uk](mailto:exeter-youth-worker@prcdtr.org.uk)

## *Safeguarding Reps*

Vince Clark & Lesley Hooper

## PARISH SCHOOL

---

St Nicholas Catholic Primary School  
Ringswell Avenue,  
Exeter EX1 3EG  
01392 445403  
[admin@stncls.uk](mailto:admin@stncls.uk)  
[www.st-nicholas-exeter.devon.sch.uk](http://www.st-nicholas-exeter.devon.sch.uk)

## Executive Head Teacher

Angela Folland

## CONVENT

---

Sisters of the Presentation of Mary  
Mount St Mary Convent,  
Wonford Road,  
EX2 4PF  
01392 433301

## Your Offering

We are enormously grateful for your continued generosity to the parish. Please remember that the most efficient way for you to give is by standing order. Forms are available by emailing the parish office. Arrangements are made directly with your bank. And if you can, please GiftAid your contribution.

## Parish News by Post & Email

If you know someone who would appreciate keeping in touch in this way to receive the parish news by post, with their permission please give their name and address and to the parish office by phoning or email to [exeterheavitree@prcdtr.org.uk](mailto:exeterheavitree@prcdtr.org.uk) and we will arrange to get a copy to them.

If they have an email address please ask them to email the parish office (address above) and they can be added to the circulation list.

## The Bishops' Conference

Regular updates from the Bishops' Conference can be found at [ccn@cbcew.org.uk](mailto:ccn@cbcew.org.uk)

## Dial-a-Mass

For the benefit of those who do not have the internet or computer the Mass is recorded and put on the telephone at 12 midday on Sundays and will stay until 11.59 the following Sunday. For the cost of a local call they can listen to the Holy Sacrifice of the Mass. Dial 01642 130120

## Churches Together Devon

The latest Churches Together Devon news is now available, here:

<https://mailchi.mp/e163e3bc1ba8/ctd-news-update-october-2020?e=8484c4b7b3>

## Getting married?

Congratulations! Please give us six months' notice if you are hoping to marry in the Church.

**Deadline for newsletter items  
4.00pm Wednesday.**



# Other Information

## Financial support

We have very kindly been given some money to help people who might be struggling at the moment. It's not a huge amount but it could perhaps cover a few weekly shops for some families or something similar. We know how difficult it can be to ask for help but you may be able to ask on someone's behalf. Please don't hesitate to get in touch with the Parish Office.

## Caritas – support for individuals

Caritas Plymouth has updated their list of grants that people might find useful if they are struggling. This will be shared this via their website. Here is the link  
<https://www.plymouth-diocese.org.uk/wp-content/uploads/2020/11/Covid-19-Support-for-Individuals-November-2020-Update.pdf>

## Essential Grants Programme for Children and Families

The Catholic Children's Society (Plymouth) has funds available for essential grants to families living in the Diocese of Plymouth who are struggling as a result of Covid-19. The charity can provide essential items that parents and carers could otherwise not afford for their children such as basic essential items like cookers, fridge/ freezers, washing machines or cots and beds for children to sleep in. The fund is open to families of all faiths and none.  
<https://www.ccsplymouth.org.uk/what-we-do/grant-giving/> tel: 01364 645420

## Government help

There is a free service to find out what help you can get from the government and other organisations. The link here is:  
<https://www.gov.uk/find-coronavirus-support>

## Wednesday Word Scripture Reflection

Wednesday Word meets online via the Zoom app and reflect together on the Gospel for the coming Sunday. If you would like to join and receive email notifications, please email: [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk)

## Exeter Prays

During the last Sunday of each month, Exeter Prays at 8.00 - 8.40pm. Please join in praying for our city, land, and the nations. Online at [www.southwestawake.com/](http://www.southwestawake.com/)

## New parishioners

Do you know anyone who is new to Blessed Sacrament parish? If they haven't already done so, please ask them to contact the parish office and a registration form can be sent to them which should be returned to the office once completed. This also applies if you have been here for a while but not yet completed a form. It is good for us to know something about you and to be able to keep you updated with things happening in the parish. Thank you.

## A National Shared Moment of Prayer

Cardinal Vincent Nichols and Archbishop Justin Welby have called on everyone to join a national shared moment of prayer each day at 6.00pm.

## Mass intentions

If you would like a Mass said for a particular intention, for someone who is ill or a loved one who has died, in thanksgiving for an answer to prayer or perhaps something personal please contact the Parish Office and we'll help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give.