

ParishNews



Blessed Sacrament Parish Heavitree Exeter
24 January 2021. Third Sunday in Ordinary Time. Year B



Repent
and
believe
the
Good
News

Where does Jesus begin his ministry? Where John the Baptist left off – preaching a message of repentance, of change, to welcome the new Kingdom of God. There is a simplicity about this message, which is not compromised by anything – today’s Gospel has these simple words from Jesus, and then the story of his calling more disciples to follow him and share in the work of spreading this message. Repentance has had something of a bad press - we tend to think of it as an old-fashioned concept. But every age needs to hear this call: to look at what we do and say and assume and realise that there are such things as right and wrong, and that sometimes we follow the wrong path. To follow Jesus, and to accept the Kingdom of God, demands that we make a radical choice, which might well change our lives.

Good News? Bad News? Fake News!

Today, as you see below is **Sunday of the Word of God**. Pope Francis is inviting us to reflect on the significance of the Word in our lives and to celebrate it. We worship a God who has 'spoken'. His word brought forth creation and then that Word became flesh and dwelt with us. Jesus proclaimed the Good News of God and now that Word continues to live and breathe amongst us through the presence and work of the Holy Spirit.

We live in an era of news. The plethora of news channels on the television and radio and the news publications which continue to abound are constantly reminding us of what's going on in the world. Some of it is good, more of it is bad and an increasing amount of it is fake. How are we to navigate our way through this sea of reporting? How do we discern between what is true and what is false? Who do we listen to?

Bishop Robert Barron wrote that a good preacher has a bible in one hand and a newspaper in the other. We can't ignore what's going on in the world by burying our heads in the sand. Neither can we solely rely on what we see on the television or read in the paper. My Grandma used to say "Don't believe anything you hear, and only half of what you read"!

We need wisdom to help us and that wisdom is found most especially in God's Word. His word is wisdom itself. In Scripture we find only truth, because it is God himself who has spoken through the prophets, Jesus and the Apostles. The word of God is something alive and active, it nourishes and consoles, it instructs and corrects, it brings life and light into darkness and fear.

But to hear this word we need to listen. We need to immerse ourselves in the word of God so that it can do what it wants to do; transform us and give us hope. Just imagine for a moment that we spent as much time reading scripture as we did listening to or reading about the news!

In the second reading at today's Mass St Paul tells the people of Corinth that the world as we know it is passing away. This could seem like a message of doom, and particularly in the present world situation the worst news possible. But the Good News is that the old order is to be replaced by the kingdom of God. As we acclaim the Gospel we sing: "The kingdom of God is close at hand". One order needs to pass to allow the new to flourish

And this gets personal when Jesus calls us to repentance. If we are to fully appreciate and benefit from being children of the new order we need to put aside the old ways and embrace the forgiveness and mercy which God brings through his Son.

If we find, dust off and open our bibles today we will open ourselves to the precious word of God which brings, hope, joy, peace and love. Good News for us all. Happy Sunday! *Fr Jonathan*

Sunday of the Word of God

24 January 2021

"Devoting a specific Sunday of the liturgical year to the word of God can enable the Church to experience anew how the risen Lord opens up for us the treasury of his word and enables us to proclaim its unfathomable riches before the world." Pope Francis - 'Aperuit illis'

Live streaming from Blessed Sacrament

Please go to the parish **Facebook page Catholic Exeter**. You do not have to have a Facebook account to watch the Masses, simply ignore the request from Facebook to log in to your account. The Masses will remain on the page for some time afterwards so that you can watch at a later time if you are not able to join us live. Masses live streamed this week:

Sunday 24 January 10.45am

Tuesday 26 January 6.30pm

Wednesday 27 January 9.30am

Thursday 28 January 9.30am

Friday 29 January 6.30pm

Saturday 30 January 9.30am

Explore Alpha online

1st February
1:00 pm

4th February
7:30 pm



Alpha is an opportunity to explore life and the Christian faith, in a friendly, open and informal environment. It is an 11-week course that creates a space, online or in person, where people are excited to bring their friends for a conversation about faith, life and God.

Alpha

Note from Karen: I did this course on-line in April during the first lockdown and found it immensely thought-provoking. It has inspired me to explore my faith more through other online groups and courses, and I have found it a real joy to deepen my knowledge of the Bible. If you are questioning your faith, or have questions about God, or are searching for answers, I would recommend Alpha.

Catholic Diary

A few diaries for 2021 have finally arrived and some are still available. If you would like one please email the parish office with your address and one can be sent to you.

Vaccine Reticence

There have been reports in the media about people nervous about having the vaccine. **If you have the opportunity please take it.** Pope Francis has had it and I know many of you have already had your first jab. Both Fr Jonathan and Fr Kieran have been vaccinated as part of the hospital chaplaincy team. If you are not registered with a doctor you may not be called so please register and enable this to happen. It's our greatest hope for a return to normality.

Parish Audit

The deadline for has been extended so it isn't too late to complete and return the Parish Audit. We would encourage all parishioners to take this opportunity to let us know what you think about the parish and where you think that we are going. The form is attached to the newsletter and can be either downloaded, printed and posted back to the parish office or completed electronically and returned by email to exeter-heavitree@prcdtr.org.uk Thank you.

Walk for Water

Craig and Michelle Ayles are undertaking a 40 day sponsored 'Walk for Water' to raise money for CAFOD. They will walk 10,000 steps a day to raise as much money as possible. To donate go to their Just Giving page <https://walk.cafod.org.uk/fundraising/craig-and-michelle>

Into your hands, O Lord...

we commend the souls of your servants Patricia Watkins, Matilda Vick and Emma who have died. May they rest in peace. Please keep them all and their families and friends in your prayers this week.

Retrouvaille – a lifeline for married couples

Covid 19—is a very challenging time for many marriages. So much uncertainty around, health, income, employment, vulnerable family members, children, housing. Different ways of seeing things, coping with change and managing fears can be a source of conflict and stress. It can be difficult to talk, to listen, to support and comfort when there is so much uncertainty. Being together all the time, brings even more challenges. You just can't cope, would be better apart you wonder. Retrouvaille is a programme to support couples, it brings a positive focus, new hope and helps nourish and grow your marriage ...and you don't need to leave home, it comes to you! For confidential information about Retrouvaille', or to register for the next programme, a Virtual weekend from 25 to 28 February call or text 0788 7296983 or 0797 3380443 or email: retrouvailleukinfo@gmail.com – or visit www.retrouvaille.org.uk

Stay Awake 2021

This is the third year for our home-grown all age event and takes place on Saturday 27 February online, via Zoom. Running from 11.00 am to 3.00 pm with inspiring / encouraging talks, praise, worship and fellowship, in the comfort of your own home! Includes a session for kids from 1.00 to 1.30pm (Reception to Yr 9). Stay Awake allows us to go deeper with Jesus and build Christian discipleship. This is a free event! Booking is open via the webpage see www.stayawakejc.com for more info and to receive the Zoom link for entry.

Check out the new Facebook and Instagram Pages – be sure to like/follow to keep updated with all things Stay Awake, and to see some fun content! Links below and we look forward to seeing you online!

Facebook: <https://www.facebook.com/stayawakejc19/>

Instagram: [instagram.com/stayawakejc19](https://www.instagram.com/stayawakejc19)

Email: stayawakejc19@gmail.com

Vacancy in the Diocese of Plymouth

Safeguarding Administrator (part time)

Location: St. Boniface House, Ashburton, Devon with some home working to meet COVID Secure requirements Salary: £11.39 per hour pro rata'd to 3 days (Actual Salary £12,438 per annum) FTE £20,730. Hours: 3 days a week

The Safeguarding Administrator works as part of the Diocesan Safeguarding Team delivering measures to ensure the safety of the young and vulnerable within the Diocese.

The successful applicant will have good understanding of Microsoft Office, a high level of IT fluency and an ability to learn new IT systems. The role deals with highly confidential information therefore, Data Protection would be an advantage. The post holder will be trained and accredited to manage the Disclosure and Barring Service Checks (DBS). The Safeguarding Office deals with distressing information and applicants need to be aware of this and be emotionally resilient. All staff undertake mandatory counselling. This exciting, varied and challenging role assists the implementation of safeguarding policy and practice in responding to and preventing abuse.

For an informal discussion, please contact the Safeguarding Co-ordinator Robert Brown on robert.brown@prcdtr.org.uk. The job description and person specification are obtainable from the HR Department 01364 645383 or email recruitment@prcdtr.org.uk. Applications are by application form and covering letter. The closing date is Monday 1 February. Interviews will be held on Wednesday 10 February. The appointee to this post will be subject to an enhanced clearance through the Disclosure & Barring Service.

Exeter Homelessness – How can I help?

People can report rough sleepers in their community through [StreetLink](#), using either the website or mobile app. Those who cannot access the internet can also get in touch by calling 0300 500 0914. Julian House provide regular outreach throughout the week and reports will go directly to their team to investigate and provide support as soon as possible. Julian House has good intelligence about who is rough sleeping within the city centre and is very keen to hear about anyone who is bedded down further out from the city centre. Please visit [Exeter Homeless Partnership](#) to find out more about how to get involved in helping to end homelessness in Exeter.

Big Exeter Sleep-Out

Due to the COVID lock-down, we have had to make this year's Big Exeter Sleep-Out a virtual fundraising event. Although we are apart, we wanted to find a way to bring our supporters together in a safe way. For one night, on Friday 5 March, we are asking you to Sleep-Out: At Home for the night and raise vital funds for the most vulnerable men and woman in your area. Please stick to your family or support bubbles.

For more information and to share this event with your colleagues, please find us on Facebook <https://www.facebook.com/events/631862997528891> Or sign up for free here <https://www.eventbrite.co.uk/e/big-exeter-sleep-out-at-home-tickets-133073752175>

Pilgrimage to the Holy Land in 2022

Bishop Mark plans to be the spiritual leader of a gently paced pilgrimage to the Holy Land in early March 2022. It will include a full programme of visits to the Holy Sites and staying in excellent Christian accommodation in the hills of Samaria and Judea and closing with three nights at the Sea of Galilee. Places are limited to a total of 30, on a first come first served basis. For further detail and to register your interest please contact Della Shenton on della@5gr.org.

GIFT Growing in Faith Together

We look forward to welcoming for our 6 February parent zoom call where we will continue our God Calls Series. In the meantime, keep your eyes peeled on the GIFT webpage for new Bedtime Chats this month. <https://www.blessedsacrament.org.uk/parish-life/gift/>

What is Gift? GIFT is for all families of faith: for families with children who are looking forward to receiving Holy Communion or who have already made their Holy Communion; for families with older children who want to be confirmed in their faith; for families with younger children who want to experience and grow in faith in a simple and enjoyable way.

Get in touch

Our next parents zoom session is on the 6 February. If you would like to join us, please get in touch with Maria exeter-pastoral-assistant@prcdtr.org.uk

Baptism Preparation Courses 2021

Are you looking to have your child baptised next year? We look forward to spiritually supporting you in preparation for this important sacrament and welcoming you and your family into our parish family. Courses are delivered via zoom over two consecutive Saturday mornings from 10:00-11:00. The next course dates for 2021 are:

17/24 April, 10/17 July, and 9/16 October

Please get in touch with Fr Jonathan to let him know you would like to prepare to have your child baptised. You will then be directed to Lesley Hooper who organises registration for the course. Exeter-heavitree@prcdtr.org.uk or 07712 216724 (during lockdown only)

Caritas Plymouth

Quarterly Update

The latest Caritas newsletter sets out some of the great activities happening across our Diocese as well as upcoming events. [Caritas-Plymouth-Newsletter-Jan-2021.pdf \(plymouth-diocese.org.uk\)](#).

We are really looking forward to our celebration of St Bakhita's Feast Day on Monday 8 February, and hope many parishioners will join Bishop Mark and Bishop Declan in celebrating this event online. Full details of how to register are in the newsletter or you can email caritas@prcdtr.org.uk.



Caritas Plymouth on line event

Celebrating the Feast of St Josephine Bakhita 8 February 5.00-6.30 pm

All are invited to join Bishop Mark O'Toole of the Diocese of Plymouth and Bishop Declan Lang of the Diocese of Clifton for an evening of prayer and reflection on the issues facing refugees, migrants and those affected by modern slavery. Guest speakers include Nick Hanrahan from the Jesuit Refugee Service and Caroline Virgo from the Clewer initiative. The event will take place via zoom and you can register to attend by clicking [here](#) or emailing caritas@prcdtr.org.uk.

Caritas – support for individuals

Caritas Plymouth has updated their list of grants that people might find useful if they are struggling. This will be shared this via their website. Please click [here](#) for the link.

Exeter Foodbank – Food Shortages

Can you help by donating any of the following from the January priority items list: sponge puddings, jam/spreads, tinned fruit and fruit juice. Please ONLY donate items from the list. Thank you for your understanding.

Current Collection Points - Sainsbury's (Alphington/Pinhoe/Guildhall); Tesco (Exe Vale); Co-Op (Heavitree/St Thomas); Waitrose (Gladstone Rd)

You can also give a donation on line at exeter.foodbank.org.uk/give-help/donate-money/

Wednesday Word Scripture Reflection

Wednesday Word meets online via the Zoom app on Wednesday at 2.00pm and reflect together on the Gospel for the coming Sunday. If you would like to join and receive email notifications, please email: exeter-pastoral-assistant@prcdtr.org.uk

Pope Francis on Mercy...

Mercy encourages us to look to the present, and to trust what is healthy and good beating in every heart. God's mercy is our shield and our strength.

The Pope tweets...

Each one of us Christians is a branch of the one vine which is Jesus; and all of us together are called to bear the fruits of this common membership in Christ.

Pope's January Intention

Human fraternity May the Lord give us the grace to live in full fellowship with our brothers and sisters of other religions, praying for one another, open to all. <https://thepopevideo.org/>



LET US PRAY

PRAY 4 EXETER First Tuesday of every month 10.00–11.00am on Zoom.

Contact ctaxexeter@gmail.com for the link. Join others to pray for our city, region and nation.

PRAY FOR EXETER STREET PASTORS The monthly prayer meeting for Exeter Street Pastors and those they work with is continuing on Zoom. The second Monday of each month 7.30–9.00pm on Zoom. Email for the link: ctaxexeter@gmail.com if you would like to support Exeter Street Pastors in prayer.

EXETER PRAYS Monday 11 to Sunday 31 January we will be offering short video prayer clips from a wide variety of church leaders daily online via a new “Exeter Prays” Facebook page, also shared here www.facebook.com/pray4exeter and possibly on YouTube and more. Videos will feature a reading of scripture, a reflection, and a prayer or invitation/challenge to finish. Do share these with friends as the month goes on.

PRAYER FOR THE PERSECUTED CHURCH Monday 25 January (and last Monday of every month) 2.30-3.30pm On Zoom. Pray for the 260 million fellow Christians facing persecution global. Message ctaxexeter@gmail.com for more info.

PRAY FOR YMCA EXETER 11.30am-12.30pm Thursday 28 January (and last Thursday of every month) On Zoom (email aescleal@gmail.com for the link) Join others to pray for the work of Exeter YMCA across the city (from Exwick to Broadclyst, Sowton and the city centre, and much more), their staff, and the residents and young people they support. In the last three months of prayer, we've already seen situations shift and clear interventions by God.

Ave Maria Crisis Pregnancy Support

Ave Maria Crisis Pregnancy Support has launched in the Plymouth Diocese to offer a listening ear and support to those with an unexpected pregnancy, or to those worried about coping with another baby, or those who have been confronted with a diagnosis of potential fatal foetal abnormality, as well as to women suffering after a miscarriage or experiencing regret or remorse after an abortion or any other similar situation. Their support line is open 7 days per week between 7.30pm – 9.30pm Tel: 01752 916076

A Precious Place of God's Grace

This recent document published by Bishop Mark and the Bishop's Council is being widely discussed throughout the diocese. Bishop Mark is inviting us to respond, in writing, to the issues raised so that decisions can be taken only after the widest consultation amongst the people. You're welcome to send responses to the Parish Office. The document is available on the diocesan website ([click here](#)). Please do take this opportunity to have your say about the future of the diocese. Important decisions will have to be taken soon regarding the structure of the diocese, the provision of the sacraments and the work of the clergy. We pray that the Holy Spirit will continue to lead and guide those who have the responsibility of governance of the People of God in the Diocese of Plymouth.

Support for Children and Young People

Laptops and tablets are available from the DfE to support children who do not already have access to a device for remote learning. Parents, carers and pupils can contact their school who can request one on their behalf.

The Government has also said it is going to provide extra funding to support schools to provide food parcels or meals to children who are eligible for free school meals. Where schools cannot offer food parcels or use local solutions, a national voucher scheme will be in place so that eligible children, who meet the qualification criteria due to low income, can access free school meals while they are remotely learning from home. Further details on the national voucher scheme can be found by clicking [this link](#)

In Devon, schools are working with their catering providers so that meals continue to be available to any eligible pupils attending school – including all infants and those receiving benefits-related free school meals – as well as eligible pupils who are now learning from home.

Financial support

We have very kindly been given some money to help people who might be struggling at the moment. It's not a huge amount but it could perhaps cover a few weekly shops for some families or something similar. We know how difficult it can be to ask for help but you may be able to ask on someone's behalf. Please don't hesitate to get in touch with the Parish Office.

New parishioners

Do you know anyone who is new to Blessed Sacrament parish? If they haven't already done so, please ask them to contact the parish office and a registration form can be sent to them which should be returned to the office once completed. This also applies if you have been here for a while but not yet completed a form. It is good for us to know something about you and to be able to keep you updated with things happening in the parish. Thank you.

Bible in a year

Fr Mike Schmitz, a chaplain and a professor at the University of Minnesota, has recorded 365 daily podcasts of the Bible. The podcasts provide commentary, reflection and prayer along the way. Bible in a Year Podcast follows a reading plan inspired by the Great Adventure Bible Timeline, a ground-breaking approach to understanding salvation history developed by renowned Catholic Bible scholar Jeff Cavis.

By listening to Bible in a Year, you are not only listening to an excellent podcast that will help you read and understand the Bible – you are showing the world that this matters.

<https://ascensionpress.com/pages/biy-registration>

Suspension of public Masses

I know many of you have been joining the live stream Masses I have been celebrating this past week. It has been very reassuring to receive your messages of support at this time. As I have explained it was not an easy decision to suspend public Masses but I am still sure that it was the right decision. I know that our church is a safe place to visit but we are being told to stay at home and suspending Masses for the time being is a way of showing solidarity with the population of the nation, all of whom are suffering some form of privation. The suspension is only temporary, as is the lockdown and we will soon be able to gather once more.

Visiting the Intensive Care units at the RD&E, the wards at the Nightingale hospital and care homes in our parish to anoint those who are close to death has been a sobering reminder of the prevalence and severity of the virus. It has also been an enormous privilege. The dedication, care and love shown by the staff is extraordinary as is the courage of those who are sick. We keep them all in our prayers. Let us also pray for the leaders of our nation and our Church that they will make wise decisions for the common good of all people. Keep safe, keep well.

Director appointed to implement Catholic Church Safeguarding Reforms

The Catholic bishops of England and Wales have appointed Carol Lawrence to oversee the immediate implementation of wide-ranging reforms to safeguarding structures and processes in the Church. The bishops have accepted all the recommendations made by the Elliott Review, a “root-and-branch” review of safeguarding in the Catholic Church and wish to adopt them without delay. They have asked Mrs Carol Lawrence, the Financial Director of the Diocese of Shrewsbury, to take up the six-month post of *Project Implementation Director* with immediate effect, to ensure all of the improvements are fully and swiftly implemented. Mrs Lawrence sat on the panel of the Elliott Review and was a key member of the team that devised the proposed changes. Her secondment signifies the firm intention of the bishops to move ahead promptly with the necessary changes.



For all the Saints...

26 January

Saints Timothy and Titus, Bishops

Timothy and Titus were converted to Christianity by St Paul and became his companions and helpers. Paul entrusted Timothy with the care of the Christians in Ephesus and sent Titus to Crete to look after the Christians there. He wrote them the so-called “pastoral” epistles, giving advice for pastors and people alike.



All the Lonely People

Over half (51%) of all people aged 75 and over live alone.¹ In England, the proportion of people aged 50 and over who say they are often lonely hasn't improved for at least a decade. If this issue is not tackled, our ageing population means that by 2026, there will be over 2 million older people who are often lonely.²

LONELINESS IS
CONSIDERED MORE
HARMFUL THAN NOT
EXERCISING AND TWICE AS
HARMFUL AS OBESITY³

There is increasing evidence of the negative impact that loneliness and isolation can have on quality of life. Recent reports highlight the effects of loneliness on biological, physical, and mental health and one found that there was a 50% increased likelihood of survival for those with strong social connections. Having weak social connections carried a health risk equivalent to smoking 15 cigarettes a day or being an alcoholic.³

God of the Lonely

There is an astonishing moment in the creation narrative when God reflects on His handiwork and admits that something He has done is not quite right; it is incomplete. *"It is not good for the man to be alone"*. As a result, the Creator sets to work again and redeems Adam's loneliness through the provision of human company in the person of Eve. *"I will make a helper suitable for him."*⁴

This powerful insight into the heart and mind of God indicates several things: We are designed to enjoy and thrive in company with one another as well as in fellowship with Him; the issue of loneliness is of great concern to the Father; and each one of us can be a Divine provision to another's isolation. God's passion and actions to address loneliness is clear in scripture, being praised as, *"A father to the fatherless, a defender of widows is God in His holy dwelling. God sets the lonely in families"*⁵. This same emphasis is cited as an exemplar of the sort of church God desires, *"Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress"*⁶.

WHEN WE GIVE
ATTENTION AND PRIORITY
TO PRACTICALLY
COMBATING LONELINESS
AND CARING FOR THE
VULNERABLE, WE HIT THE
SWEET SPOT OF RELIGIOUS
EXPRESSION

It is poignant that from the anguish of the cross, Christ made practical arrangements for his own mother. At creation, His Father addressed isolation through the provision of human-to-human compassion and company, and here Jesus models to us the same, timeless approach... *"When Jesus saw his mother there, and the disciple whom he loved standing nearby, he said to her, 'Woman, here is your son,' and to the disciple, 'Here is your mother.' From that time on, this disciple took her into his home"*⁷

Two's Company: Linking Lives

Linking Lives UK is a Christian charity dedicated to reaching some of the most socially isolated older people in the UK. We do this by supporting Churches and Christian agencies set up befriending projects, usually through home visits. In recent months our resource and focus has moved to telephone befriending as a great way for churches to respond to heightened loneliness and isolation during the COVID pandemic...



Two's Company provides a safe and effective way to reach those in need of friendship. The model is a development of our proven home visiting approach that has been used since 2012. It enables volunteers to be in regular contact by telephone with those in the community who are most at risk of loneliness or social isolation. We offer a clear framework for befriending, ongoing support to coordinators and a variety of resources for local churches to use. In addition, comprehensive training is provided by video conferencing to coordinators to then equip volunteers in the local church.

Together, we can call time on loneliness. If you'd like to receive our Two's Company publicity pack, please register on <https://linkinglives.uk/twos-company/>. Richard Taylor is in Devon and available to chat, answer questions and support churches set up befriending projects; you can email him on richard@linkinglives.uk

¹ONS, 2010; ²Age UK, All the Lonely People, Loneliness in later life (Sept 2018); ³Smith TB, Taylor JB (2010) Social Relationships and Mortality Risk: A Meta-analytic Review

⁴Genesis 2:18; ⁵Psalms 68:6; ⁶James 1:27; ⁷John 19:27; ⁸

Mass Times

*All Masses streamed live at
Facebook [CATHOLIC EXETER](#)*

Sunday 24 January

*3rd Sunday Ordinary time
Sunday of the Word of God*

10.45am *People of the Parish*

Tuesday 26 January

Ss Timothy & Titus, Bishops

6.30pm

Wednesday 27 January

9.30am

Thursday 28 January

*Anniversary of the Ordination of
Bishop Mark O'Toole*

9.30am *Bishop Mark*

Friday 29 January

6.30pm *Pat Day RIP*

Saturday 30 January

9.30am

Sunday 31 January

4th Sunday Ordinary time

10.45am *People of the Parish*

Tuesday 2 February

*The Presentation of the Lord
World day for consecrated life.*

6.30pm

Wednesday 3 February

9.30am

Thursday 4 February

9.30am

Friday 5 February

St Agatha Virgin & Martyr

6.30pm

Saturday 6 February

St Paul Miki & Companions, Martyrs

9.30am

The Word

Sunday 24 January

FIRST READING

Jonah 3:1-5.10

*The people of Nineveh renounce their
evil behaviour.*

PSALM

Lord, make me know your ways.

SECOND READING

1 Corinthians 7:29-31

The world as we know it is passing away.

GOSPEL Mark 1:14-20

Repent, and believe the Good News.

Sunday 31 January

FIRST READING

Deuteronomy 18:15-20

*I will raise up a prophet and I will put my
words into his mouth.*

PSALM

*O that today you would listen to his voice!
Harden not your hearts.*

SECOND READING

1 Corinthians 7:32-35

*An unmarried woman can devote herself to
the Lord's affairs; all she need worry about is
being holy.*

GOSPEL Mark 1:21-28

He taught them with authority.



Parish Information

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

PARISH OFFICE

The Presbytery,
29 Fore Street, Heavitree
Exeter EX1 2QJ
01392 274724

Email exeter-heavitree@prcdtr.org.uk

Parish Office hours

Tuesday, Wednesday and
Thursday 10.00am-4.00pm

Parish Secretary

Lesley Hooper

Exeter Parishes Pastoral Assistant

Maria Quinn
exeter-pastoral-assistant@prcdtr.org.uk

Exeter Parishes Youth Worker

Erik Renz
exeter-youth-worker@prcdtr.org.uk

Safeguarding Reps

Vince Clark & Lesley Hooper

PARISH SCHOOL

St Nicholas Catholic Primary School

Ringswell Avenue,

Exeter EX1 3EG

01392 445403

admin@stncs.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher

Angela Folland

CONVENT

Sisters of the Presentation of Mary

Mount St Mary Convent,

Wonford Road,

EX2 4PF

01392 433301

Your Offering

We are enormously grateful for your continued generosity to the parish.

Please remember that the most efficient way for you to give is by standing order. Forms are available by emailing the parish office. Arrangements are made directly with your bank. And if you can, please GiftAid your contribution.

Parish News by Post & Email

If you know someone who would appreciate keeping in touch in this way to receive the parish news by post, with their permission please give their name and address and to the parish office by phoning or email to exeterheavitree@prcdtr.org.uk and we will arrange to get a copy to them.

If they have an email address please ask them to email the parish office (address above) and they can be added to the circulation list.

Dial-a-Mass

For the benefit of those who do not have the internet or computer the Mass is recorded and put on the telephone at 12 midday on Sundays and will stay until 11.59 the following Sunday. For the cost of a local call they can listen to the Holy Sacrifice of the Mass. Dial 01642 130120

Churches Together Devon

The latest Churches Together Devon news is now available. Please click [here](#)

Getting married?

Congratulations! Please give us six months' notice if you are hoping to marry in the Church.

The Bishops' Conference

Regular updates from the Bishops' Conference can be found at ccn@cbcew.org.uk

**Deadline for newsletter items
4.00pm Wednesday.**