

ParishNews



Blessed Sacrament Parish Heavitree Exeter
25 April 2021. Fourth Sunday of Easter. Year B



The Good Shepherd is one who lays down his life for his sheep

Today is traditionally known as “Good Shepherd Sunday” because of the Gospel stories (from John 10) we read each year, in which Jesus talks of himself as the Good Shepherd who lays down his life for his flock. A general “theme” to the Scriptures is the person of Jesus and what he has achieved by the Paschal Mystery (his dying and rising): the first reading talks of his name, and the power of the name of Jesus to save: one of the results of the “power of this name” is that in him we are all God’s children and are promised an eternal reward. All this is summed up in the Gospel, in which Jesus talks of himself as the real shepherd, who is prepared to do anything for his flock, even to the point of giving his life. This he said before his passion, but in Eastertide we read it with the benefit of hindsight. His words are true, and by his dying and rising he has truly saved his flock.

A Precious Place of God's Grace – the next step

Bishop Mark has invited International speaker Michael Dopp to present to the clergy and laity of our diocese. Drawing on the themes of missionary discipleship that are emphasized in the document, we will explore how to concretely live this out in our own lives, as a parish, and throughout the diocese. Join us on Saturday 1 May, for the two-part presentation 11.00am – 12noon, 1.00pm – 2.00pm. You will need to register via [this link](#)

Justice and Peace Annual Conference, July 2021

Caritas Plymouth is offering to sponsor two participants who will then report back to the Diocese. The theme is on the Environment. This is open to people 18-35. If two friends wish to apply to attend together that is a possibility. The full details are on the website <https://www.plymouth-diocese.org.uk/justice-and-peace-conference/>

YMCA Captain Tom 100 Challenge

The YMCA is inviting you, your family and friends to take part in Captain Tom 100 from Friday 30 April to Monday 3 May 2021 to celebrate Captain Sir Tom Moore's amazing achievements and raise funds for YMCA Exeter. Friday 30 April would have been Captain Sir Tom's 101st birthday and is the one-year anniversary of the extraordinary celebrations that followed the conclusion of his fundraising walk that raised an incredible £38.9 million for the NHS.

Celebrate his life - Following the outpouring of heartfelt messages since Captain Sir Tom's death on 2 February this year, his family pledged to celebrate his life with an event that everyone around the world could get involved in to celebrate his generosity, hope and sense of fun – the Captain Tom 100.

How to join in - It's simple: over the weekend spend time doing a sponsored challenge of your choice. At YMCA Exeter we've chosen to do litter picks in our community because we deeply care about the world in which we live. However you can of course choose any challenge for your Captain Tom 100 activity - walking 100 steps or running 100 metres, scoring 100 goals, baking 100 cakes, climbing 100 stairs, hopping 100 laps of the garden, building 100 sandcastles, writing a 100-word poem, flipping 100 pancakes – anything at all, inside or outside. It's your chance to do it your way!

To take part in our Captain Tom 100 challenge and be sponsored by your friends and family you need to: **1.** Visit Captain Tom's 100 website. **2.** Select 'fundraise' for YMCA Exeter. **3.** Connect to your Justgiving account or create a new account **4.** Share your fundraising page with friends, family and on social media. All the money raised through Justgiving will then be sent straight to YMCA Exeter and will go towards transforming an abandoned warehouse into affordable flats for local young people. If you join us by doing a sponsored litter pick activity then we suggest you pop into the Keep Britain Tidy website site for tips and safety suggestions before setting off on your adventure

Fundraise or donate - Once you've decided what you're doing, you can fundraise or donate to YMCA Exeter and share your 100 on social media, using #CaptainTom100. Find out more and register at our [Captain Tom 100](#) page. We hope you'll join the thousands of people around the world taking part in Captain Tom 100 and spread his message of hope while raising much-needed funds for YMCA Exeter.

Marriage Encounter Experiences

The next dates for either married or engaged couples are: Marriage Encounter – 15&16 May online video conference experience; 10&11 July Non-residential weekend, Savio

House, Macclesfield. (Covid permitting). Engaged Encounter (marriage preparation) - 19 & 26 June online video conference experience. For further information or to book please go to: <https://engaged-encounter.org.uk> or <https://wwme.org.uk>

Wednesday Word Scripture Reflection

Wednesday Word meets online via the Zoom app on Wednesday at 2.00pm and reflect together on the Gospel for the coming Sunday. If you would like to join and receive email notifications, please email: exeter-pastoral-assistant@prcdtr.org.uk

Youth Events in the Diocese

Social Justice talks (Your Faith in Action) Monday 26 April 7.30 -9.00pm by Zoom CAFOD will join us to talk about their Reclaim our Common Home campaign. We will have a chance to explore the forthcoming G7 Summit in Cornwall and the impact it may have on our lives. This talk is aimed at young people aged 12 -25.

Pentecost; Drama, Dance and singing workshops. 21 & 28 April and 5 & 12 May 7.00 – 8.15pm by Zoom. Continuing with the popular drama and dance workshops Youth Events will be running these themed on Pentecost, jointly run with By Design Theatre. It is aimed at young people in Year 6 upwards. Through Zoom young people will have the opportunity to explore the piece of scripture from Acts about Pentecost. They will be guided to produce short sequences of dance and drama which will be recorded.

The Lord's Prayer. I am seeking young people across the diocese that speak an additional language to English and would be happy to record themselves saying the Lord's Prayer. Please get in contact if you are willing to take part.

Future events: On July 2 there will be a social justice day, Care for Creation for young people 13 to 25. On July 10 there will be a chance to explore 'Expressing your faith through creativity'. Members from the Stay Awake band will join us. This is for young people aged 10 upwards. Both at St Rita's, Honiton. More details to follow.

For more information on any of these events please email Saskia at youth@prcdtr.org.uk

GIFT Growing in Faith Together April update

On Saturday 10 April, Fr Jonathan joined us to share some reflections on Giotto di Bondone's 14th century fresco paintings in the Capella degli Scrovegni in Padua in Italy. To visit the chapel virtually and see some of the artworks visit [this link](#)

Next Month we will begin the family friendly resources 'Jesus Lives' which supports families to explore Jesus' life and how his teachings can influence their own family lives.

WHAT IS GIFT? GIFT is for all families of faith: for families who have already made their Holy Communion or for families with children who are looking forward to receiving this sacrament; for families with older children who want to be confirmed in their faith; for families with younger children who want to experience and grow in faith in a simple and enjoyable way.

BEDTIME CHATS All of the Bedtime Chats can be found on the Blessed Sacrament Website GIFT page: <https://www.blessedsacrament.org.uk/parish-life/gift/>

GET IN TOUCH Our next parents zoom session is on **Saturday 8 May**. If you would like to join us, please get in touch with Maria exeter-pastoral-assistant@prcdtr.org.uk

Exeter Foodbank – Food Shortages

Can you help by donating any of the following from the April priority items list:

500g bags of rice, pasta sauce, noodle snacks and custard. Please ONLY donate items from the list. Thank you for your understanding. Collection Points - Sainsbury's (Alphington/Pinhoe/Guildhall); Tesco (Exe Vale); Co-Op (Heavitree/St Thomas); Waitrose (Gladstone Rd) Donate money online at [this link](#).

Catholic Universe and Catholic Times Readers

You can now get your copy delivered direct to your home every week POST FREE (it's quick and it's simple) just go to www.thecatholicuniverse.com or call 0161 820 5722 and we will arrange delivery for you.

Special offers - 3 months: - £25.00, 12 Months: -£99.00 or digital copy for 12 months £55.00 or digital copy/and hard copy for: - £115.00

All papers are Covid safe and packed in a sterile component.

Diocesan Vacancies

The Diocese of Plymouth is recruiting for the following positions:

Tribunal & Chancery Administrator *(part time)*

Location: St Boniface House near Ashburton Devon with some home-working

Salary: £11.39 per hour (Actual Salary - £7,107.36 per annum) plus contributory pension scheme (subject to eligibility) Hours: 12 hours per week

Under the direction of the Judicial Vicar/Chancellor, the Tribunal & Chancery Administrator is responsible for the effective administration of the Tribunal & Chancery Office and the overseeing of the processing of cases/Chancery matters in conjunction with the instructing judges/Chancellor. The role is part of a small team therefore flexibility with regards to duties and working hours is essential.

Copies of the job description are obtainable from the Human Resources Department on 01364 645383 or email recruitment@prcdtr.org.uk. Applications are by application form and covering letter. The last date for applications is 3 May 2021 and interviews will be held during week commencing 10 May 2021.

Caritas Outreach Worker *Fixed Term Contract (15 months)* 25 hours per week

Location: Plymouth. Salary: £24,000 per annum pro rata (Actual salary £17,134.00 per annum) plus mobile phone allowance and pension scheme (subject to eligibility).

Caritas Plymouth is looking for a dynamic and enthusiastic person who would like to be part of a small, friendly team supporting social action in our Parishes in Plymouth. The role will be based in Plymouth and will work with our Catholic parishes to map current social action and community engagement, identify gaps and opportunities and test and learn from some pilot projects. The role would suit someone who has an interest in community development and a passion for reaching out to those who are vulnerable and turning Catholic Social Teaching into action. There will be some evening and weekend working. The role will be based in a Plymouth parish but there will be a requirement to travel across the city to visit all the parishes. Access to a car would be an advantage.

The position will be subject to a full DBS check.

Copies of the job description are obtainable from the Human Resources Department on 01364 645383 or email recruitment@prcdtr.org.uk. Applications are by application form and covering letter. The last date for applications is 5 May 2021 and interviews will be held during week commencing 10 May 2021.

For further information please follow the link: www.plymouth-diocese.org.uk and click on Careers under The Diocese tab.

Mass at Blessed Sacrament

Masses during the week are now at the usual times. Friday will remain at 6.30pm. The rules on track and trace, hand sanitising, the wearing of face coverings, social distancing and no mixing of households still apply. Because of this there will be a limit on the number of places available at all services. To avoid disappointment please arrive early and allow the stewards to take you to an available seat.

Stewarding at Blessed Sacrament

If you are returning to Mass, and it's lovely to see you, and you are in a position to offer to steward we would be very grateful. Our team of stewards have done a great job, but it is important that we all take responsibility for supporting the community in this way. So please think carefully, 'If I'm coming to Mass, I could steward' and then contact the parish office to be placed on the rota. It is not an arduous job and we will explain the duties and responsibilities to you so you'll know what is expected of you. Thank you in advance.

Live Streaming

Mass will be streamed live from the church on the [Blessed Sacrament YouTube channel](#). We intend to stream the 10.45am Mass on Sundays and most weekday Masses. Upcoming streams can be found on the channel. If you visit the channel please click the 'subscribe' button. The more subscriptions we have the more benefits we get from YouTube which will enable us to be more flexible and creative in our virtual communication with parishioners and beyond. Thank you.

Mass Intentions

If you would like a Mass said for a particular intention; for someone who is ill or a loved one who has died; in thanksgiving for an answer to prayer or perhaps a private intention, contact Lesley in the parish office who will help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give. To comply with GDPR rules we need the permission of the person named if it is to be made public unless they are deceased.

New parishioners

Welcome! We hope you will be very happy in the parish and in Exeter. We'd love to keep in touch so if you haven't already done so, please provide us with your contact details. Forms are available from the parish office and should be returned to the office once completed. We can then keep you notified of things in the parish and add you to the circulation list for the Parish News each week. Thank you.

Pope Francis on Mercy

In these difficult moments it is necessary to trust in God's help through childlike prayer, and, at the same time, it is important to find the courage and humility to open up to others, to ask for help, to ask for a helping hand. How often have we done this and then succeeded in emerging from our difficulty and finding God again! In this communion ... we form a great family, where every member is helped and sustained by the others.

Pope Francis tweets...

Let us not abandon the simple prayers we learned in our families as children that we preserve in our memories and hearts. They are sure ways to access the Father's heart.

Pope's April Intention

Fundamental Rights: We pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis. View: The Pope Video [here](#)

Catholic Children's Society (Plymouth)

Calling all budding artists – Christmas Card competition 2021

We will be running another competition this year to design a Christmas card. Schools in the diocese will be inviting children to get creative. If you know of a primary school aged child who likes to draw and would like to enter contact vicki.dunstone@prcdtr.org.uk for an entry form.

Would you like to become a Parish Volunteer for the CCSP?

Do you have a little spare time each month and would like to help vulnerable children and their families? If so you might like to consider becoming a Parish Volunteer maybe even jointly with one or two friends? We are looking for Parish Volunteers throughout the Diocese to help the Catholic Children's Society (Plymouth) to raise funds for our Essential Grants programme as our fundraising income has been severely affected since the pandemic began early last year. We are hoping to produce a Parish Volunteer pack to help parishioners to support the Catholic Children's Society (Plymouth) in each parish. To find out more or to put your name forward, please contact Vicki on 01364 645420 or email vicki.dunstone@prcdtr.org.uk

If you have access to Facebook please like our [Facebook page](#) to receive news and updates on our fundraising events. Thank you for your continued support of the Catholic Children's Society (Plymouth) especially during these unprecedented times.

Do you know a family who might need CCSP's help?

We have funding to provide financial support to vulnerable children and their families through our Essential Grants programme, where the basic essentials of life such as children's beds, white goods like cookers, fridge/freezers and washing machines and also school uniform including school shoes can be bought by us for vulnerable children and their families living in the Diocese. The application and reference form can be found on our website www.ccsplymouth.org.uk or you can call 01364645420 / email ccs@prcdtr.org.uk.

St Nick's News

St Nicholas Catholic Primary School has spaces in their high-quality nursery for Summer and Autumn Term 2021. You can use your 15 (or extended 30 hours) funding with the option to purchase additional hours at less than £4.50 per hour. Please contact Mrs Brocksom abrocksom@stnics.uk for more information.

Vocation Discernment Weekend

for men aged 30 to 55. The Beda College in Rome is running a discernment weekend for men between the ages of 30 and 55 from Friday 3rd September to Sunday 5th September 2021. It takes place at St Beuno's Spirituality Centre in North Wales. Information and registration forms can be found at [this link](#).

Pastoral Message on Diocesan Environmental Policy

See attached a letter from Bishop Mark and a copy of the Diocese Environmental Policy.

Let's Talk Loneliness

Linking Lives Devon is running a webinar on 12 May from 10.00 till 11.30am, on loneliness which we all know is a huge challenge. Churches in Devon are invited to a conversation on reaching and supporting the socially isolated in our communities and to learn about Linking Lives' befriending models. For anyone who might be interested here is the EventBrite link – [click here](#)

Community Art Project

Heavitree United Reformed Church invites everyone to join this Community Art Project. 'Inchies' is an art form suitable for all abilities. All you need are 1-inch (25mm) squares of card, fabric or felt and your imagination! Decorate them in any way you like - something you've been thankful for during lockdown, a flower, a place or perhaps a special person – or just a favourite colour. Make just one or as many as you like. When finished put your 'inchies' in an envelope to Heavitree United Reformed Church labelled URC Community Art Project before 1 June. You can include your name and email address if you like, so we can let you know when the completed art is ready to view. All your 'inchies' will be collated into one piece of community art and displayed at a date to be confirmed.

Christian Aid Week - Monday 10 – Sunday 16 May

Can you take 300,000 sponsored steps across the month of May to raise vital funds for the world's poorest communities? CA's steps challenge clocks in at just under 10,000 steps a day and you can do the challenge alone or with a team, supporting each other to reach your goal. Whether you decide to walk, jump, skip, hop or run your steps is completely up to you! Once you sign up via the email below, we will send you your very own Christian Aid t-shirt: hello@christian-aid.org. Thank you for stepping up and raising funds to support the world's poorest people.



For all the Saints...

29 April St Catherine of Siena (1347 - 1380)

Catherine was born in Siena and, seeking perfection, entered the Third Order of the Dominicans when she was still in her teens. In 1370 she was commanded by a vision to leave her secluded life and enter the public life of the world. She wrote letters to many major public figures and carried on a long correspondence with Pope Gregory XI, urging him to reform the clergy and the administration of the Papal States. She burned with the love of God and her neighbour. As an ambassador she brought peace and harmony between cities. She fought hard to defend the liberty and rights of the Popes and did much for the renewal of religious life. She also dictated books full of sound doctrine and spiritual inspiration. She died on 29 April 1380. In 1970 Pope Paul VI declared her a Doctor of the Church

Mass Times

10.45am Mass on Sunday and weekday
Masses will be streamed live on the parish
YouTube channel.

Sunday 25 April

Fourth Sunday of Easter

8.45am

10.45am

6.00pm *People of the Parish*

Tuesday 27 April

6.30pm

Wednesday 28 April

9.30am

Thursday 29 April

*St Catherine of Sienna. Virgin & Doctor
Patron of Europe*

9.30am *Felicia Ogugua Melie RIP*

Friday 30 April

6.30pm

Saturday 1 May

9.30am *Andrew Amechi RIP*

& Ernest Ikechukwu Mbamali RIP

Sunday 2 May

Fifth Sunday of Easter

8.45am *People of the Parish*

10.45am

6.00pm

Monday 3 May

St Philip & St James Apostles

Tuesday 4 May

The English Martyrs

*Day of prayer for the victims
& survivors of abuse*

6.30pm

Wednesday 5 May

St Richard Reynolds Priest & Martyr

9.30am

Thursday 6 May

*St Catherine of Siena. Virgin & Doctor,
Patron of Europe*

9.30am

Friday 7 May

No Mass

Saturday 8 May

9.30am *Michael Olivant RIP*

The Word

Sunday 25 April

FIRST READING

Acts 4:8-12

*This is the only name by which we can
be saved.*

PSALM

*The stone which the builders rejected
has become the corner stone.*

SECOND READING

1John 3:1-2

We shall see God as he really is.

GOSPEL John 10:11-18

*The good shepherd is one who lays down
his life for his sheep.*

Sunday 20 May

FIRST READING

Acts 9:26-31

*Barnabas explained how the Lord had
appeared to Saul on his journey.*

PSALM

*You, Lord, are my praise in the great
assembly.*

SECOND READING

1John 3:18-24

*His commandments are these: that we
believe in his Son and that we love one
another.*

GOSPEL John 15:1-8

*Whoever remains in me, with me in him,
bears fruit in plenty.*

IMPORTANT NOTICE

The toilets in the St Richard Reynolds Centre will be open at the times of Masses. Please use only if necessary and be extra vigilant with personal hygiene and in thinking of others. Please sanitise your hands when you enter and when you leave the centre using the sanitiser provided.

Parish Information

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

PARISH OFFICE

The Presbytery,

29 Fore Street, Heavitree

Exeter EX1 2QJ

01392 274724

Email [exeter-heavitree](mailto:exeter-heavitree@prcdtr.org.uk)

[@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

Parish Office hours

Tuesday, Wednesday and

Thursday 10.00am–4.00pm

Parish Secretary

Lesley Hooper

Exeter Parishes Pastoral Assistant

Maria Quinn

exeter-pastoral-assistant@prcdtr.org.uk

Exeter Parishes Youth Worker

Erik Renz

exeter-youth-worker@prcdtr.org.uk

Safeguarding Reps

Vince Clark & Lesley Hooper

PARISH SCHOOL

St Nicholas Catholic Primary School

Ringswell Avenue,

Exeter EX1 3EG

01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher

Angela Folland

CONVENT

Sisters of the Presentation of Mary

Mount St Mary Convent,

Wonford Road,

EX2 4PF

01392 433301

**Deadline for newsletter items is
10.00am Thursday.**

Your Offering

We are grateful for your continued generosity to the parish. Please remember that the most efficient way for you to give is by standing order. Forms are available by emailing the parish office. Arrangements are made directly with your bank. And if you can, please GiftAid your contribution.

Parish News by Post & Email

To receive the Parish News, by email or post, please phone or email the Parish Office and we will arrange to get a copy sent to you or someone you know who might like to receive it (with their permission).

Dial-a-Mass

For those without the internet or a computer the Mass is recorded and put on the telephone at 12 midday on Sundays and will stay until 11.59am the following Sunday. For the cost of a local call they can listen to the Holy Sacrifice of the Mass. Dial 01642 130120

Getting married?

Congratulations! Please give us six months' notice if you are hoping to marry in the Church.

The Bishops' Conference

Regular updates from the Bishops' Conference can be found at ccn@cbcew.org.uk

Churches Together

Exeter: www.ctax.btck.co.uk/Comingup

Devon: News is available [here](#).

England: News is available [here](#).

Blessed Sacrament Live

visit our YouTube channel to find details of scheduled live streams: [Blessed Sacrament YouTube](#)