



BLESSED SACRAMENT

# PARISH NEWS

31 October 2021. All Saints. Year B



“A huge number, impossible to count” – that is the picture this Solemnity creates. In every age there have been men and women who have followed the Lord faithfully, and who now rejoice in the Liturgy of Heaven, as they stand before the throne of the Lamb. These are the “anonymous” saints, whose names we don’t remember - but even though their names are not on our lips, their memory, inspiration, example and prayers are set before us today, so that we too can be encouraged in our own “journey of perfection”. What does it take to be a saint? Surely the Gospel that is appointed for today (the Beatitudes) shows us that it is in the small things that we triumph: gentleness, mercy, making peace, faithful mourning, purity of heart, poverty in spirit - these are not grand, public ways to sanctity. They are domestic, and homely, to be practised and perfected with those closest to us. We sometimes exalt the “named” saints to the degree that we can feel they are distant from us. Today’s feast, as well as celebrating the memory of the many whose name we do not know, also prompts us to see holiness as within our grasp.

# Love Christmas?

## We need your help!

Last week we introduced you to 'Love Christmas' and let you know that the parish is going to take part in this community initiative. To enable us to do this we will need help in four areas. We will be looking for donations of money or supermarket vouchers, to enable us to purchase the 'gifts', volunteers are needed to help with shopping, packing and delivering the bags and boxes. Importantly we ask you for nominations of those who would benefit from a small gift at Christmas – those struggling financially or those who are lonely, sick or housebound. If you are able to help or have any nominations please contact Lesley in the parish office. There will soon be a chance to donate when you come to Mass. Contact the parish office for details of other ways to contribute.

---

## Prayer for the Synod

We stand before you Holy Spirit

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;  
teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path  
nor partiality influence our actions.

Let us find in You our unity So that we may journey together to eternal life  
and not stray from the way of truth and what is right.

All this we ask of You, who are at work in every place and time,  
in the communion of the Father and the Son, forever and ever. Amen

## Walking Together – Behind the Global Synod

Everyone is invited to a Diocese of Plymouth online event on 16 November at 7.00pm where Austen Ivereigh will explore the topic: "Behind the global synod: why Pope Francis wants you to speak boldly and listen carefully." Austen Ivereigh is a writer, journalist and commentator best known for his books on and with Pope Francis, and for his role in the media explaining the convictions of the Catholic Church. He is a follow in Contemporary Church History at Campion Hall, Oxford and a regular contributor to The Tablet. Please register [here](#) if you would like to join us for what will be a really interesting discussion, with an opportunity for questions and answers

# COP26 United Nations Climate Summit

COP26 is the 2021 United Nations climate change conference. It's the 26th annual summit – giving it the name COP26. With the UK as President, COP26 takes place in Glasgow from **Sunday 31 October to Friday 12 November 2021**. Cafod has produced a useful guide to COP26 with tips on how to get involved. Our response is rooted in prayer and action so we invite you to pray that the leaders and negotiators work together for positive outcomes for our common home. Check out our environmental case studies for examples of how parishes, organisations, academic institutions, and other church groups are collaborating to help protect our common home. [Click here](#) for information from the Bishops Conference.

## A Prayer for the COP26 Climate Talks

Loving God,

We praise your name with all you have created.

You are present in the whole universe,  
and in the smallest of creatures.

We acknowledge the responsibilities you have placed upon us  
as stewards of your creation.

May the Holy Spirit inspire all political leaders at COP26 as they  
seek to embrace the changes needed to foster a more sustainable society.

Instil in them the courage and gentleness to implement fairer solutions  
for the poorest and most vulnerable,

and commit their nations to the care of Our Common Home.

We ask this through Our Lord Jesus Christ your Son.

Amen

## CAFOD The Climate Crisis

CAFOD will be joining millions of people across the world who will be out marching for climate justice on **Saturday 6 November** for the Global Day of Action for the Climate. As world leaders gather for the COP26 climate talks in Glasgow, we want to make sure we raise our voice and let them know that urgent action is needed to keep global temperatures within 1.5 degrees of warming, and to ensure that sufficient support is provided for the countries and communities who have done the least to cause the current climate emergency. To donate online to any current appeals click [here](#)

# Journey to 2030

'The Earth, our home, is beginning to look more and more like an immense pile of filth' Pope Francis Laudato Si'. The Diocesan Education Service, CAFOD and Caritas recently held an event looking at how individuals, schools and parishes can respond to Pope Francis' call to put Laudato Si' into action to help our communities thrive, at the same time as tackling huge world issues on the Journey to 2030. The issues can feel daunting but small steps are so important - the little things do add up!

There is a new website [here](#) which offers a parish guide to Laudato Si' and an online encyclopedia for individuals and parishes trying to respond to the Pope's teaching on care for our common home, pulling together inspiring stories and practical actions, wisdom and goals in one place. There are also lots of resources on our Diocesan website [here](#) If you would like any more information on environmental issues please contact [caritas@prcdtr.org.uk](mailto:caritas@prcdtr.org.uk)

## Missio Red Boxes

This is the time of year when the red boxes are brought to our church for counting and their totals sent on to Missio. Because of Covid this is not possible this year, so I will be happy to visit you instead. Please contact me on 01392 757199 or email to [j\\_mitchelmore04@hotmail.com](mailto:j_mitchelmore04@hotmail.com) to make convenient arrangements. It has been a very difficult year for Missio so they are very grateful for all the support they can get and I thank you on their behalf John Mitchelmore.

## World Mission Sunday

Thank you very much for your donations to World Mission Sunday last week. Your prayers and contributions will help missionaries work alongside communities throughout the world that are poor or in need, regardless of their background or belief. Please pray for the work of Missio and all those working to offer the love of Jesus, that we may remain strong in our witness to Christ's love for all peoples. To continue supporting mission throughout the year, please go to [missio.org.uk](http://missio.org.uk) or call 020 7821 9755 (office hours).

## Catholic Children's Society (Plymouth)

Please go to the Children's Society website where you will be able to pre-order your packs of Christmas cards - [here](#) We also send a big thank you those of you who have contributed to the annual appeal. The early signs are looking so promising that this summer's appeal has been a wonderful success and the monies are still coming in. If are able to support our 'Step Forward, Reach Out and Help' 2021 annual appeal and have yet to send a donation there is still time to donate <https://www.crowdfunder.co.uk/step-forward-reach-out-and-help>

# Wednesday Word Scripture Reflection

Wednesday Word will continue to meet online via zoom from 2-3pm every Wednesday. If you would like to join us then, please get in touch with Maria: [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk).

---

## Youth Events

### Rise Theatre Workshop

Saturday 13 November at St Rita's, Honiton 10.00am-3.00pm This will be run jointly with Rise Theatre. Rise Theatre will be exploring the piece of scripture from Corinthians 'You are the body of Christ. Each one of you is part of it'. Young people (aged 10 upwards) do not need to have an interest in drama there are other things they can do including filmmaking, art, poetry, script writing. This is a Diocesan event and is the first of a series of regional events. It is a great opportunity for our young people to meet others from other parishes and to simply have fun together. If you are interested in attending please contact, Saskia at [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

### Advent Workshop

We have been offered the opportunity to have a workshop run with an Advent theme for young people within our Parish and the Parish of Sacred Heart. The workshop is for young people aged 11-18yrs and includes making chocolate advent calendars. The cost will be £10 per person. If you are interested in attending please contact, the Parish Office. This event will only be run if there is enough interest.

---

## Exeter Foodbank

The October priority items are: deodorant (for both men & women), sponge puddings, jars of coffee (small 100g jars), sugar, custard and rice pudding. Please ONLY donate items from the list. Thank you for your understanding. Collection Points - Co-Op (Heavitree/St Thomas); Sainsbury's Alphington/Pinhoe/Guildhall); Tesco (Exe Vale); Waitrose (Gladstone Rd). Or you can donate money online [here](#)

## St Nicks News

Reception Class 2022: Tours will be held on 10 and 11 November at 9.30am and 6.00pm on each day for applicants for a Reception place in September 2022. You will be able to tour the school, meet the leadership team and find out all about joining our school community. Please email Mrs Brocksom ([head@stnics.uk](mailto:head@stnics.uk)) to book a place on a tour or to obtain more information. Please also contact Mrs Brocksom to find out about Nursery places for children aged 3 and above.

# Caritas Plymouth newsletter

The October edition of the newsletter can be found at [here](#) It is very interesting and full of very relevant topics so please do have a look at it.

## Saying Goodbye – online



Saying Goodbye provides comprehensive information, advice, support and much more to anyone who has suffered the loss of a baby, at any stage of pregnancy, at birth or in infancy. Firstly, know that you are not alone. Unfortunately hundreds of thousands of people across the UK and

Globally go through baby loss each day, and for each person, we are here to help, to explain, to try and make sense of what for many can be a deeply traumatic time.

Secondly, please make use of the information on the site, contact the team for further support if you or a loved one needs it, and know that we are here for you.

Get support <https://www.sayinggoodbye.org/get-support/> or download a support leaflet [click here](#) Upcoming on line services: A time to collectively remember all lost babies & children. Join with others around the globe and light a candle in your home. Sunday 17 Oct 8.00pm, Sunday 14 Nov 8.00pm, Sunday 19 Dec 8.00pm

## Catholic Exeter Forming in Faith

The next sessions are on Monday 8 November 10.30am–12.30pm at Sacred Heart Tuesday 9 November 7.00–9.00pm at Blessed Sacrament. The sessions will be the same, it's the day, time and venue that are different. We're watching and discussing films from Bishop Robert Barron's 'CATHOLICISM' series. Our next session is Lesson 3 'The Ineffable Mystery of God'. To join us on this journey of discovery or simply to find out more, register by clicking the link [here](#) or come along.

## Parent & Toddler Group relaunch

Two Mums have come forward offering to run the group which we hope will be able to restart shortly. If you or someone you know is interested in coming along please register using [this link](#) We are also putting out a request for anyone who can be free for a few hours on a Monday morning to help them. All that is needed is someone willing to be company and make the teas and coffees. They can join in as much or as little as they want but the Mums running it would be grateful for another pair of hands and someone to help carry the load. If there are a few willing helpers you won't need to commit to every week. If you think that you can help then please contact Lesley in the Parish Office. Many thanks.

# Catholic Voices – Sharing the Faith with Charity and Clarity

Saturday 13 November 11.30am – 1.00pm. (via Zoom) from the Vicariate of Evangelisation and Catechesis. Do you worry about sharing your Faith in case you meet hostility? Or you might get asked a difficult question? Perhaps the most challenging people are those in your own family and it grieves you that their ears and hearts seem closed. Perhaps you studiously avoid Faith conversations, just in case.....? Catholic Voices have worldwide experience in helping Catholics to dismantle hostility and share the Faith clearly and always from a loving standpoint. Please register for this FREE event using the link [here](#) and you will receive an invitation to join on Zoom

## Celebrate - Parenting for Faith

Want to help the children you love find God in everyday life?

Celebrate is running the Parenting for Faith course on zoom. The parenting course is for you – it's not just mums and dads who long for children and teens to know God for themselves. Whether you are a parent, guardian, grandparent, family member, friend or catechist you can help the young people in your life develop a vibrant and connected relationship with God – whatever their age! Join us on the following dates: Block One: 2,9,16 & 23 November, Optional evening on 30 November with Rachel Turner, Parenting for Faith Pioneer and Block Two: 11, 18, 25 January & 1 February 2022. During the sessions there will be opportunity to discuss the content in small groups online. These will be organised in regions so that you can get to know other families in your area. [Watch the trailer for the course here](#) To book your free place on the course, you need to register here: [www.celebratetrust.org/parentingforfaith](http://www.celebratetrust.org/parentingforfaith) We look forward to seeing you all there!

## GIFT Growing In Faith Together

### October Update

We look forward to welcoming our families back in person on Saturday 6 November at St Nicholas School. If the situation regarding COVID worsens we will have to make alternative arrangements but we will keep you informed. Our monthly **parent only** zoom meetings continue on Wednesdays with our next session being held on 17 November at 7.00pm.

Get in Touch: Maria at [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk).

To register for GIFT and find out more: Please click on the link [here](#)

Bedtime Chats: Blessed Sacrament Website GIFT page: [here](#)

## Pope's November prayer intention

For people who suffer from depression. We pray that people who suffer from depression or burn-out will find support and a light that opens them up to life. See also the Popes' video [here](#)

## Exposition of the Blessed Sacrament

with Taizé Chants on Wednesday 3 Nov at 7.00 pm The Lady Chapel, Sacred Heart Church. Everyone is welcome

## The Real Advent Calendar



The Real Advent Calendar is the UK's only Fairtrade Advent calendar which comes with a free 24 page Christmas story-activity book and supports charitable causes. The 2021 Real Advent Calendar is a fun way for parents, grandparents and Godparents to share the Christmas story. The 2021 calendar has a new design. There is a Fairtrade Chocolate and a line of the Christmas story behind each of the 25 windows. The free book has a page for every day of Advent, expanding on the

Christmas story and includes some fun challenges. The Real Advent Calendar is designed to share and celebrate the true meaning of Christmas so that Christ is not written out of Christmas. It is widely available at supermarkets or at [this link](#).

## Churches Together

**Monthly prayer meeting for Exeter Street Pastors** on Monday 8 November (and second Monday of every month) at 7.30pm. Do get in touch [here](#) if you would like to join others praying for the ministry of Exeter Street Pastors.

**Grow in Faith** meeting on Friday 12 November at 12.30pm at Grow Café, South Street. A monthly (second Friday each month) meet up for local Christians to network, support one another, grow in faith and discipleship, share opportunities to serve God and our neighbours in our homes, workplaces and across the city.

**St Petrock's Shop** An exciting new shop opened in the city centre on 19 October, and they are seeking volunteers and quality donations of clothing and bric a brac, and items for recycling and re-purposing. More info, including about volunteering can be found [here](#).

# SAINTS OF THE WEEK...

2 November All Souls' Day



*Purgatory by Ludovico Caracci – the angels drawing souls up into heaven.*

All Souls Day is a holy day set aside for honouring the dead. The day is primarily celebrated in the Catholic Church, but it is also celebrated in the Eastern Orthodox Church and a few other denominations of Christianity.

## 4 November St Charles Borromeo, *Bishop* (1538 - 1584)



The Italian prelate St. Charles Borromeo was a leading reformer in the Roman Catholic Church. He was born into a family of means in the town of Rocca d'Arona in northern Italy. He was related to the Medici through his mother. He was a bright and personable boy of 12 when he received tonsure, the official initiation into the ranks of the clergy. After studying with tutors, he enrolled at the University of Padua, where in 1559 he received the degree of doctor of laws. That same year his uncle was elected Pope Pius

IV. Within a few months the new pope had called Charles, then 21, to Rome to help in administering the affairs of the Church. Charles was given the rank of cardinal to go with his position as personal assistant to the Pope. Pius IV made his talented and dedicated nephew secretary of state and relied heavily on his energy in directing the third session of the Council of Trent (1562-1563), as well as in handling the practical, political affairs of the city of Rome. In 1563 Charles was ordained a priest and consecrated archbishop of Milan, but he continued to live in Rome and work with his uncle. When he was given responsibility in Rome for the Church reform commanded by the Council of Trent, he brought about proper religious instructions in the parishes, saw that the elaborate worship rituals were toned down in the interest of devotion, and built a new seminary for the proper training of the clergy. From 1566 Charles directed the Church in Milan, since his services in Rome had come to an end with his uncle's death in 1565. Over the years he was a remarkably effective bishop. The diocese of Milan was split among five diplomatic fronts on which he had to operate simultaneously. His popularity with the people disturbed the Milanese senate, and his disciplinary directives antagonized several religious groups. At one point an assassin was hired to kill him but failed. Almost all of the people of Milan respected Charles's courage and tireless concern. When the plague of 1576-1578 struck Milan, Charles spent much of his time nursing the sick. The catechetical centres he established were so effective that Protestantism made no headway in Milan. He died on 3 November 1584 aged 46 and was canonized in 1610.

# Mass Times

## Sunday 31 October

All Saints

8.45am *Dermott Curtis RIP*

10.45am *People of the Parish*

6.00pm

## Tuesday 2 November 6.30pm

The commemoration of all the faithful departed (All Souls' Day)

## Wednesday 3 November 9.30am

## Thursday 4 November 9.30am

St Charles Borromeo Bishop

## Friday 5 November 6.30pm

## Saturday 6 November 9.30am

## Sunday 7 November

8.45am *People of the Parish*

10.45am

6.00pm

## Tuesday 9 November 6.30pm

The dedication of the Lateran Basilica  
*For deceased members of the Mason & Scarfe families*

## Wednesday 10 November 9.30am

St Leo the Great Pope & Doctor

## Thursday 11 November 9.30am

St Martin of Tours Bishop

*For the repose of the souls of Catenians & Catholics of Exeter killed in the 1939/45 war.*

## Friday 12 November 6.30pm

St Josaphat Bishop & Martyr

*The Evans family*

## Saturday 13 November 9.30am

*Emma Louise Bullous RIP*

# The Word

## Sunday 31 October

First Reading Revelation 7:2-4.9-14

*I saw a huge number, impossible to count, of people from every nation, race, tribe and language.*

Psalm Response

Such are the men who seek your face,  
O Lord.

Second Reading 1 John 3:1-3

*We shall see God as he really is.*

Gospel Matthew 5:1-12

*Rejoice and be glad*

*Master, let me see again.*

## Sunday 7 November

First Reading 1 Kings 17:10-16

*The widow made a little scone from her meal and brought it to Elijah*

Psalm Response

My soul, give praise to the Lord.

Second Reading Hebrews 9:24-28

*Christ offers himself only once to take the faults of many on himself*

Gospel Mark 12:38-44

*This poor widow has put in more than all*



Blessed Sacrament Parish is  
part of the Roman Catholic  
Diocese of Plymouth

**Deadline for newsletter  
items 10.00am Thursday.**

## Parish Information

### Parish Priest

*Fr Jonathan Stewart*

### Priest in retirement

*Fr John Watkins*

### Parish Office

*The Presbytery, 29 Fore Street,  
Heavitree, Exeter EX1 2QJ  
01392 274724*

*exeter-heavitree@prcdtr.org.uk*

*Open Tuesday, Wednesday and  
Thursday 10.00am–4.00pm*

### Parish Secretary

*Lesley Hooper*

### Parish Pastoral Assistant

*Maria Quinn*

*exeter-pastoral-assistant@prcdtr.org.uk*

### Safeguarding Reps

*Lesley Hooper & Maria Edwards*

Please contact the Parish office if you have any concerns about the welfare of a child or a vulnerable adult.

### St Nicholas School

*Ringswell Avenue, Exeter EX1 3EG*

*01392 445403 admin@stncs.uk*

*www.st-nicholas-exeter.devon.sch.uk*

### Executive Head Teacher

*Angela Folland*

## Blessed Sacrament Live

10.45am Mass on Sunday and most weekday Masses will be streamed live on the Parish YouTube channel.

## Your Offering

We are grateful for your continued generosity to the parish. **Please remember that the most efficient way for you to give is by standing order.** Forms are available by emailing the parish office. Arrangements are made directly with your bank. And if you can, please GiftAid your contribution.

### Parish News by post & email

To receive the Parish News, by email or post, please phone or email the Parish Office and we will arrange to get a copy sent to you or someone you know who might like to receive it (with their permission).

### Dial-a-Mass

For those without the internet or a computer the Mass is recorded and put on the telephone at 12 midday on Sundays and will stay until 11.59am the following Sunday. For the cost of a local call they can listen to the Holy Sacrifice of the Mass by dialing 01642 130120

### Getting married?

Congratulations! Please give us six months' notice if you are hoping to marry in the Church.

### The Bishops' Conference

Regular updates can be found at [here](#)

### Churches Together

Devon News [here](#)

Exeter news [here](#)

England News [here](#).