



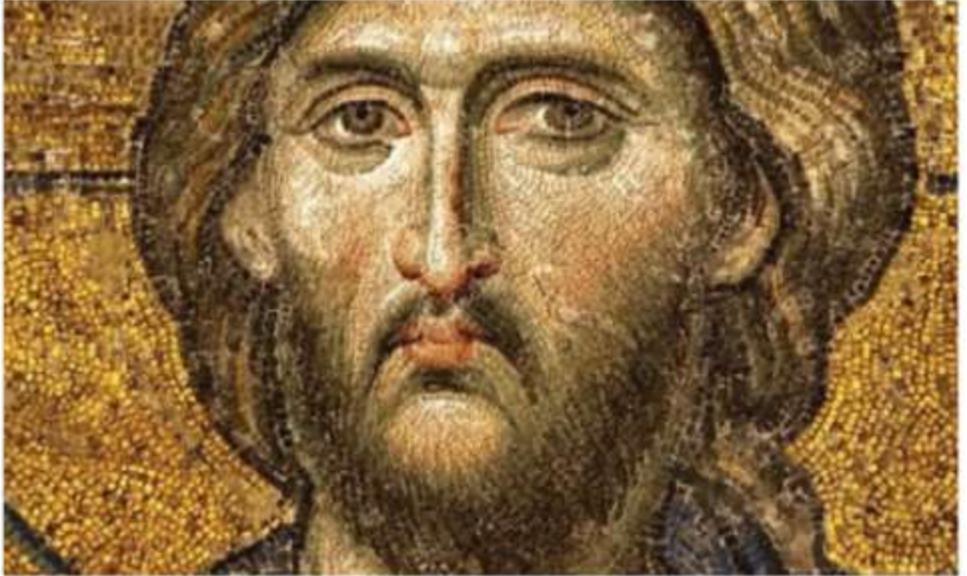
BLESSED SACRAMENT

# PARISH NEWS

21 November 2021. Our Lord Jesus Christ, King of the Universe. Year B

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## It is you who say I am a king



Every time we complete the cycle of the liturgical year, there is a seamless blending into the new year: so, just as this week we hear of the King who is to come, next week, we begin a New Year and the Season of Advent by more meditation on the end of time, and the One who is to come again, as he once came among us. This feast affirms that Christ is King, that he is Judge, that he is Ruler of the kings of the earth. By his own words we know that this is true, as he stands before Pilate and says, 'Yes, I am a king.' But his kingship is different: it is not of the same kind as earthly kings, whose empires fade and pass away. His kingship is eternal, and holy until the end of time. Through his love for us, we share in this sovereignty - this holiness - as priests and kings who 'serve his God and Father'. We end our year in simple, awe-filled praise of the One who is, who was, and who is to come - the Almighty. Alleluia! Amen!

# Synod 2021-2023 Walking Together

## Taking part

Our part in the Synod begins next weekend, the First Sunday of Advent. We invite you to gather in small groups on Sunday afternoon (details below) to respond to a series of questions. You can see the questions for the first week below. Each small group will have a facilitator and someone who will make a note of what is being discerned. The purpose of the group is to listen to one another, but principally to discern what the Holy Spirit is saying to us as individuals and as a community. Each person will be invited to respond to each question for around 2-3 minutes.

You can join in the process in two ways:

### **2.00pm Church and St Richard Reynolds Centre**

Just come along. You may like to invite someone else to join you, a member of your family, a Catholic friend or someone you know used to come to church. It's important that we invite as many voices as possible to be heard.

### **5.00pm Zoom meeting**

To receive a link for this meeting please email Maria at [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk) You will receive a link to the meeting at 4.45pm on the Sunday to enable you to join. You might like to suggest this way of meeting to someone who is housebound or would prefer to stay at home. You could perhaps offer to help with the technology.

## First Sunday of Advent **LISTEN**

How do I listen to God?

How do I listen to others?

How does our parish listen to others?

How does our parish listen to God?

How do we as a Church listen to others?

How do we as a Church listen to those outside of the Church?

This is not an exhaustive list of questions but rather prompts for individual and group discernment.

Sunday 5 December: **MISSION**, Sunday 12 December: **CELEBRATE**, Sunday 19 December: **DREAM**

## Behind the Global Synod

This week Austen Ivereigh, a distinguished journalist and author gave a wonderful reflection on what it means for us to be a synodal Church. It's really worth listening to. Just click the link: [Behind the Global Synod](#)

# Prayer for the Synod

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;

teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path

nor partiality influence our actions.

Let us find in You our unity So that we may journey together to eternal life

and not stray from the way of truth and what is right.

All this we ask of You, who are at work in every place and time,

in the communion of the Father and the Son, forever and ever. Amen

# Love Christmas?

## We need your help!

'Love Christmas' - the parish is going to take part in this community initiative.

The help that we need from you please is:

- Donations of money or supermarket vouchers. All donations can be placed in an envelope marked 'Love Christmas'. Or contact the parish office for alternative ways to donate.
- Nominations of anyone you know who would benefit from receiving a little something special/unexpected at Christmas. Are they alone, struggling financially, sick or disabled, a carer or housebound? They do not need to be a parishioner but can be your neighbour or just someone you know.
- Help with packing the bags
- Delivering the bags

Please contact the Parish Office if you would like to know more, have a nomination or can offer help of any kind.

## Missio Red Boxes

This is the time of year when the red boxes are brought to our church for counting and their totals sent on to Missio. Because of Covid this is not possible this year, so I will be happy to visit you instead. Please contact me on 01392 757199 or email to [j\\_mitchelmore04@hotmail.com](mailto:j_mitchelmore04@hotmail.com) to make convenient arrangements. It has been a very difficult year for Missio so they are very grateful for all the support they can get and I thank you on their behalf John Mitchelmore.

# Advent Sunday Gospel Course

Delivered by Mauro Iannicelli (Five Wednesdays)  
24 Nov | 1 Dec | 8 Dec | 15 Dec | 22 Dec (7-8pm UK Time)

**ADVENT BIBLE STUDIES**

To break-open each Advent Sunday Gospel  
...before you go to Sunday Mass!

**5 Weekly Sessions**

**FREE OF CHARGE** **LIVE** 🎧

**'Expository Preaching' teaching method.**  
**Life-Application questions.**



*Mauro will break-open the forthcoming Sunday Gospel with in-depth teaching and stimulating questions.*

*As a result, you will experience Sunday Mass in a new way!*

Info & Registration: [comeandsee.org/advent](https://comeandsee.org/advent)

Five Bible studies on the Advent Sunday gospels. Mauro Iannicelli will break-open the Advent Sunday Gospels with in-depth teaching and stimulating questions. As a result, you will experience Sunday Mass in a new way! Five Wednesdays: 24 Nov | 1 Dec | 8 Dec | 15 Dec | 22 Dec 7.00 – 8.00pm Free of Charge | LIVE sessions on YouTube. Info & Registration: [here](https://comeandsee.org/advent)

## Advent Retreat Day “Waiting for a child”

Saturday 11 December 2021 at St Rita's Centre. The retreat will be led by Fr. Jose Romero OAR. The day will begin with coffee/tea on arrival at 9.30am. First Talk will start at 10.00am, second talk will be at 11.00am. Exposition and Adoration of the holy Sacrament in silence will be at 12.00pm. Lunch will be served at 1.00pm, Mass at 2.45pm and there will be an opportunity for Confession. Charge for the day, including lunch, is just £25.00. Booking can be made by phone 01404 42635, email [admin@stritascentre.org](mailto:admin@stritascentre.org) or online [here](https://comeandsee.org/advent). Booking forms are also available from the Parish Office. Payment can be made on the day. If you have any questions, please contact Krista Radzina on 01404 42635

# Bishop Mark Appointment



The Bishop of Plymouth, the Right Reverend Mark O'Toole, Chair of the Bishops' Conference's Department for Evangelisation and Discipleship has been named a member of the Pontifical Council for the New Evangelisation's International Council for Catechesis. The Council has the aim of "studying the most important

issues in catechesis and encouraging the sharing of experiences between experts in the field, on the one hand, and the Apostolic See and the Episcopal Conferences, on the other." The Council has recently assisted the Pontifical Council for the Promotion of the New Evangelisation's work in preparing the new Directory for Catechesis and the establishment of the Ministry of Catechist. Pope Francis has appointed fifteen new Members to the Council. About the appointment, Bishop Mark O'Toole said: *"I was surprised and humbled to receive the notification that I have been appointed a member of the International Council for Catechesis. Pope Francis has consistently stressed the vital role that catechesis plays in the New Evangelisation. This is close to my heart. I experience this appointment as an invitation to deepen my own encounter with the Lord, to invite others who do not know the beauty of this, to come to know Jesus, and to help all Catholics witness to the wonder of our encounter with Him."*

## Seeking Silence

Wednesday 17 November (and every Wednesday) 5.15-6.00pm at St Pancras Church, in the Guildhall. Join us for meditation within the prayerful walls of St Pancras church, Guildhall Centre, Wednesdays 5.15pm – 6pm. Further information contact Dawn at dawnwilliamsyoga@gmail.com [www.parishofcentralexeter.co.uk](http://www.parishofcentralexeter.co.uk)

## Walking Together - Our Synodal Journey



As part of our Diocesan 'Walking Together' we were joined online by Austen Ivereigh on 16 November to explore the topic: "Behind the global synod: why Pope Francis wants you to speak boldly and listen carefully." You can access the recording [here](#). It's well worth listening to it for some super inspiration. Austen Ivereigh

is a leading writer, journalist and commentator best known for his books on and with Pope Francis, and for his role in the media explaining the convictions of the Catholic Church. He is a Fellow in Contemporary Church History at Campion Hall, Oxford and a regular contributor to The Tablet.

# Christmas Carol Service

Monday 6 December at St James' Park, EX4 6PX. Exeter University's Christian Union is holding its annual Christmas Carol Service at St James' Park. Carols will be sung, mince pies provided on arrival, and there will be a short talk unpacking the true meaning of Christmas. The whole city is invited, so wrap up warm and bring friends. The ECU are looking for volunteers to help steward the event and for mince pie donations! If you can help, get in touch with Meg Turner [mt601@exeter.ac.uk](mailto:mt601@exeter.ac.uk)

## Can you help?

St Matt's church in Newtown is hosting a lunch on Christmas Day for care experienced young adults between 12.30-3.00pm. Help will be needed between 11.30am and 4.00pm with set-up, serving and clearing up and making the day a special experience for each guest. Please contact by email [christmasdinner@stmattsexeter.org](mailto:christmasdinner@stmattsexeter.org) for more information.

## Catholic Children's Society (Plymouth)



CCSP have now received this year's packs of Christmas cards. There is still time to order these. [Click here](#) to find out about the winning competition entries and you can download an order form. Please return the order form direct

to Vicki Dunstone at St Boniface House, Ashburton with payment.

## St Nick's News

If your child was born between 1st September 2017 and 31st August 2018 you should apply for a Reception 2022 place online [here](#) from 15 November until 15 January. If you are applying to St Nicholas School you also need to complete a supplementary form, obtainable from the school website [here](#) and return it to the school. If you missed the recent open days we can still offer a tour of the school. Please contact Mrs Brocksom ([abrocksom@stncls.uk](mailto:abrocksom@stncls.uk)) to arrange this.

# Safe Spaces



Safe Spaces is a free and independent support service, providing a confidential, personal and safe space for anyone who has been abused by someone in the Church or as a result of their relationship with the Church of England, the Catholic Church of England and Wales or the Church in Wales. Phone 0300 303 1056 [or click here](#)

## Catholic Exeter Forming in Faith

The next sessions are on Monday 22 November 10.30am–12.30pm at Sacred Heart Tuesday 23 November 7.00–9.00pm at Blessed Sacrament. The sessions will be the same, it's the day, time and venue that are different. We're watching and discussing films from Bishop Robert Barron's 'CATHOLICISM' series. Our next session is Lesson 4 'Our Tainted Nature's Solitary Boast. Mary, Mother of God'. To join us on this journey of discovery or simply to find out more, register by clicking the link [here](#) or come along.

## Parent & Toddler Group

The Group very successfully restarted on Monday 15 November. If you or someone you know is interested in coming along please register using [this link](#) The next session on 22 November is full but you can be placed on a waiting list. Booking is essential as numbers are limited.

We are also still asking for anyone who can be free for a few hours on a Monday morning to help them. All that is needed is someone willing to be company and make the teas and coffees. They can join in as much or as little as they want but the Mums running it would be grateful for another pair of hands and someone to help carry the load. If there are a few willing helpers you won't need to commit to every week. If you think that you can help then please contact Lesley in the Parish Office. Please remember the helpers and the parents and children in your prayers as they meet each Monday morning.

## Wednesday Word Scripture Reflection

Wednesday Word will continue to meet online via zoom from 2.00-3.00pm every Wednesday. If you would like to join us then, please get in touch with Maria: [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk). Please note that you do not need to make a weekly commitment and a warm welcome will await you whenever you can come.

# Pope's November prayer intention

For people who suffer from depression. We pray that people who suffer from depression or burn-out will find support and a light that opens them up to life. See also the Popes' video [here](#)

## Baptism Preparation Course

### **Are you expecting a baby and/or looking to have your child baptised?**

We look forward to spiritually supporting you in preparation for this important sacrament and welcoming you and your family into our parish family. Courses are over two consecutive Saturday mornings from 10:15-12.00. If the Covid conditions still call for it the sessions will be delivered via zoom. **The course dates for 2022 are: 15/22 January, 14/21 May, 16/23 July and 15/22 October.** Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click [here](#) to go to the parish website and click on Baptism enquiry form to register. If you have any problems accessing this you can contact Lesley in the parish office on 01392 274724 or at [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

## GIFT Growing In Faith Together

### **November Update**

We met our families in person at St Nicholas School on Saturday 6 November for the first time since March 2020. The theme of our morning was 'The Saints'. We began our session with Mass followed by refreshments. Afterwards Fr Jonathan led us in an exciting quiz about the Saints and all families took home fun activity sheets based on the Saints.

### **What is GIFT?**

GIFT is for all families of faith: families with children who are already receiving Holy Communion or who are looking forward to receiving this sacrament; families with older children who want to be confirmed in their faith; families with younger children who want to experience and grow in faith in a simple and enjoyable way and families with parents who want to do the same. You are all welcome.

**Next Meetings:** Wednesday 17 November: Parent Zoom call  
Saturday 4 December: Families' Advent session. 10.00am St Nicholas School Hall.

### **GIFT Bedtime Chats**

These can all be found on the Blessed Sacrament Website [GIFT page](#).

**Get in Touch** If you would like to find out more about GIFT, please get in touch with Maria [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk).

**If you would like to register for GIFT, please click on the link: [here](#)**

# Exeter Foodbank

The November priority items are: deodorant (for both men & women), sponge puddings, jars of coffee (small 100g jars), sugar, custard and rice pudding. Please ONLY donate items from the list. Thank you for your understanding. Collection Points - Co-Op (Heavitree/St Thomas); Sainsbury's Alphington/Pinhoe/Guildhall); Tesco (Exe Vale); Waitrose (Gladstone Rd). Or you can donate money online [here](#)

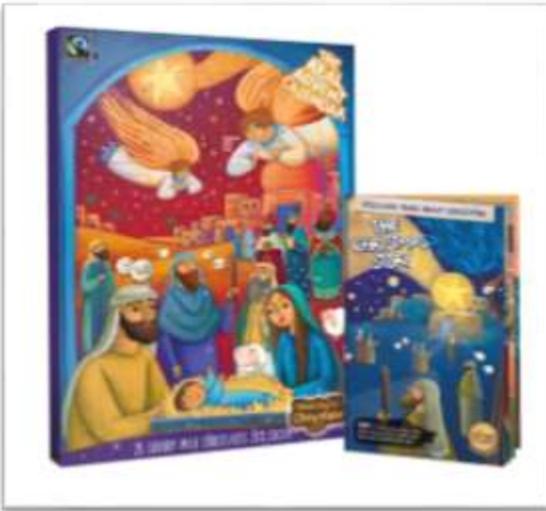
# Cafod World Gifts

World Gifts are a wonderful way to share the peace and joy of Christmas with our brothers and sisters throughout the world. Catalogues are available from the Church or online at [cafod.org.uk/worldgifts](http://cafod.org.uk/worldgifts)

# Pope Francis tweets...

Prayer is primarily listening and encountering God. The problems of everyday life, then, do not become obstacles, but appeals from God himself to listen to and encounter those who are in front of us. The trials of life thus change into opportunities to grow in faith and charity.

# The Real Advent Calendar



The Real Advent Calendar is the UK's only Fairtrade Advent calendar which comes with a free 24 page Christmas story-activity book and supports charitable causes.

The 2021 Real Advent Calendar is a fun way for parents, grandparents and Godparents to share the Christmas story. The 2021 calendar has a new design. There is a Fairtrade Chocolate and a line of the Christmas story behind each of the 25 windows.

The free book has a page for every

day of Advent, expanding on the Christmas story and includes some fun challenges. The Real Advent Calendar is designed to share and celebrate the true meaning of Christmas so that Christ is not written out of Christmas. It is widely available at supermarkets or at [this link](#).

# Saying Goodbye – online

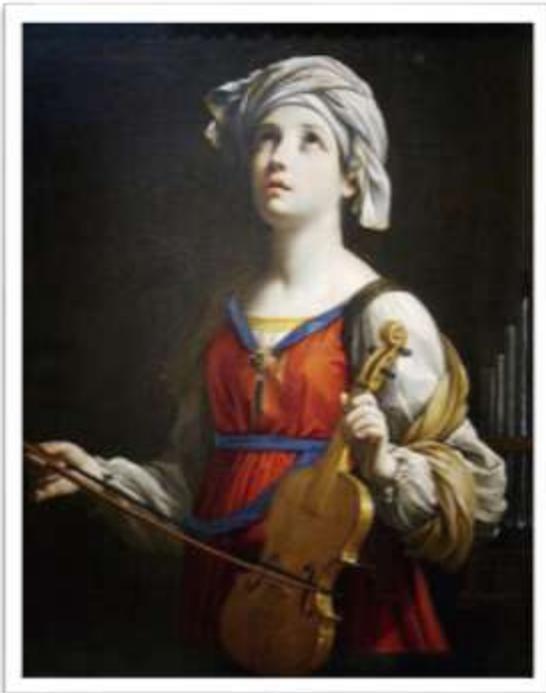


Saying Goodbye provides comprehensive information, advice, support and much more to anyone who has suffered the loss of a baby, at any stage of pregnancy, at birth or in infancy. To get support [click here](#) or download a support leaflet [click here](#) Upcoming on line services: A time to

collectively remember all lost babies & children. Join with others around the globe and light a candle in your home. Sunday 19 December 8.00pm

## SAINTS OF THE WEEK...

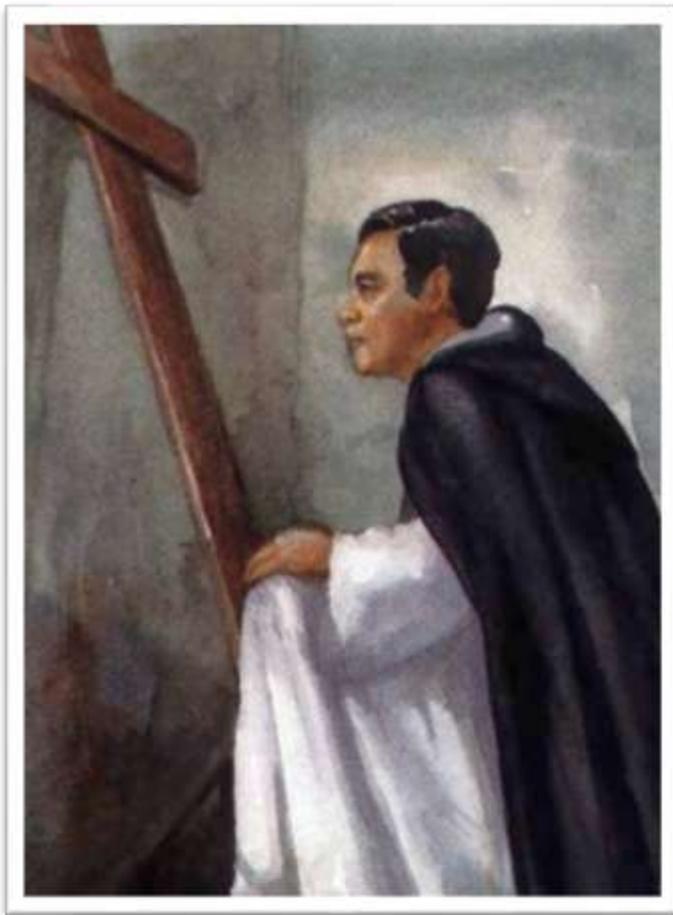
### 22 November St Cecilia



Devotion to St Cecilia, in whose honour a basilica was constructed in Rome in the fifth century, has spread far and wide because of the Passion of Saint Cecilia, which holds her up as a perfect example of a Christian woman, who embraced virginity and suffered martyrdom for the love of Christ. As with early martyrs, nothing much is known about Cecilia except her existence and her name; with the additional complication that so many stories have grown up round her that any remaining historical facts are obscured. No-one knows quite why she should suddenly have become popular in the middle of the sixth century, some 200 years after her

death, and her association with music is also a mystery. It may be real, or it may come from the description in the Passion of Cecilia singing to God “in her heart” while the musicians were playing on her wedding day, or it may come from a linguistic confusion: where the Passion describes her being stifled to death *candentibus organis*, “with the pipes glowing red-hot,” this could have been misread as *cantantibus organis*, “with the organ playing.”

## 24 November St Andrew Dung-Lac & Companions



There are now about 6 million Catholics in Vietnam, some 10% of the population. This growth comes partly from the fact that since the earliest times the seed of the Faith has been watered by the blood of the martyrs of Vietnam – the missionary clergy, the local clergy and the ordinary Christian people. In the course of the 17th, 18th and 19th centuries no less than 53 decrees, signed by the lords and emperors of the country from 1625 to 1886, launched one persecution of Christians after another, each one more savage than the last. Over the

whole territory of Vietnam about 130,000 Christians were killed in these persecutions. Over the centuries the names of most of them have been lost, but their memory is still alive in the Catholic community. Since the beginning of the 20th century 117 of these heroes (those whose sufferings were cruelest and best documented) were beatified, in four groups. They were all canonized together by Pope John Paul II on 19 June 1988. Each one of them was a soul individually created and loved by God, with a life and gifts uniquely his or her own. By nationality, there were 96 Vietnamese, 11 Spanish and 10 French. By status, there were 8 bishops, 50 priests, and 59 laymen and women.

# Mass Times

**Sunday 21 November**

Christ the King. Youth Sunday

8.45am *People of the Parish*

10.45am

6.00pm *Frederick Morgan RIP*

**Tuesday 23 November 6.30pm**

**Wednesday 24 November 9.30am**

St Andrew Dung-Lac, Priest & Martyr  
*Tom & Richard Ware RIP*

**Thursday 25 November 9.30am**

*Requiem Mass Mary (Jean) Brown RIP*

**Friday 26 November 6.30pm**

*Special Intention*

**Saturday 27 November 9.30am**

*Deceased members of the Mitchelmore family*

**Sunday 28 November**

First Sunday of Advent

8.45am *Charlotte Baker RIP*

10.45am *People of the Parish*

6.00pm

**Tuesday 30 November 6.30pm**

St Andrew, Apostle

**Wednesday 1 December 9.30am**

*The Smythe family*

**Thursday 2 December 9.30am**

St Osmund of Canterbury, Bishop  
*Beryl Anstey RIP*

**Friday 3 November 6.30pm**

St Francis Xavier. Priest  
Day of Prayer for Migrants

**Saturday 4 December 9.30am**

# The Word

**Sunday 21 November**

First Reading Daniel 7:13-14

*His sovereignty is an eternal sovereignty*

Psalm Response

The Lord is king,  
with majesty enrobed

Second Reading Revelations 1:5-8

*Ruler of the kings of the earth...he made us  
a line of kings, priests to serve his God.*

Gospel Mark John 18:33-37

*It is you who say that I am a king.*

**Sunday 28 November**

First Reading Jeremiah 33:14-16

*I will make a virtuous branch grow for David.*

Psalm Response

To you, O Lord, I lift up my soul

Second Reading

1 Thessalonians 3:12-4.2

*May the Lord confirm your hearts in holiness  
when Christ comes.*

Gospel Luke 21:25-28.34-36

*Your liberation is near at hand.*



Blessed Sacrament Parish is  
part of the Roman Catholic  
Diocese of Plymouth

# Parish Information

## Parish Priest

*Fr Jonathan Stewart*

## Priest in retirement

*Fr John Watkins*

## Parish Office

*The Presbytery, 29 Fore Street,  
Heavitree, Exeter EX1 2QJ  
01392 274724*

*exeter-heavitree@prcdtr.org.uk*

*Open Tuesday, Wednesday and  
Thursday 10.00am–4.00pm*

## Parish Secretary

*Lesley Hooper*

## Parish Pastoral Assistant

*Maria Quinn*

*exeter-pastoral-assistant@prcdtr.org.uk*

## Safeguarding Reps

*Lesley Hooper & Maria Edwards*

Please contact the Parish office if you have any concerns about the welfare of a child or a vulnerable adult.

## St Nicholas School

*Ringswell Avenue, Exeter EX1 3EG*

*01392 445403 admin@stncs.uk*

*www.st-nicholas-exeter.devon.sch.uk*

## Executive Head Teacher

*Angela Folland*

## Blessed Sacrament Live

10.45am Mass on Sunday and most weekday Masses will be streamed live on the Parish YouTube channel.

**Deadline for newsletter items 10.00am Thursday.**

## Your Offering

We are grateful for your continued generosity to the parish. **Please remember that the most efficient way for you to give is by standing order.** Forms are available by emailing the parish office. Arrangements are made directly with your bank. And if you can, please GiftAid your contribution.

## Parish News by post & email

To receive the Parish News, by email or post, please phone or email the Parish Office and we will arrange to get a copy sent to you or someone you know who might like to receive it (with their permission).

## Dial-a-Mass

For those without the internet or a computer the Mass is recorded and put on the telephone at 12 midday on Sundays and will stay until 11.59am the following Sunday. For the cost of a local call they can listen to the Holy Sacrifice of the Mass by dialing 01642 130120

## Getting married?

Congratulations! Please give us six months' notice if you are hoping to marry in the Church.

## The Bishops' Conference

Regular updates can be found at [here](#)

## Churches Together

Devon News [here](#)

Exeter news [here](#)

England News [here](#).