



BLESSED SACRAMENT

PARISH NEWS

7 November 2021. Thirty second Sunday ordinary time. Year B

This
poor
widow
has put
in more
than all



‘God does not have favourites’, Saint Paul tells us, but God always makes a special place for the poor, and those whom society would push into second place. In the traditions of Israel God invited the people to have special care for the ‘widows and orphans’ - so the story we hear in today’s Gospel would have a particular resonance. The paradox of Christian faith is this: in giving, we receive. Christ gave everything, sacrificing his very life, and in return received a new and unending life. The widow in the first reading gave her last food for the prophet Elijah, and in return received an endless supply. This is a challenge to us in our turn: what are we invited or asked to give, and in what spirit will we do so, and what will be our reward?

Love Christmas?

We need your help!

Last week we introduced you to 'Love Christmas' and let you know that the parish is going to take part in this community initiative. To enable us to do this we will need help in four areas. We will be looking for donations of money or supermarket vouchers, to enable us to purchase the 'gifts', volunteers are needed to help with shopping, packing and delivering the bags and boxes. Importantly we ask you for nominations of those who would benefit from a small gift at Christmas – those struggling financially or those who are lonely, sick or housebound. If you are able to help or have any nominations please contact Lesley in the parish office. Any donations can be placed in an envelope marked 'Love Christmas' and put in the basket when you come to Mass. Contact the parish office for details of other ways to contribute.

Parent & Toddler Group relaunch

Two Mums have come forward offering to run the group which restart on Monday 15 November. If you or someone you know is interested in coming along please register using [this link](#). We are also putting out a request for anyone who can be free for a few hours on a Monday morning to help them. All that is needed is someone willing to be company and make the teas and coffees. They can join in as much or as little as they want but the Mums running it would be grateful for another pair of hands and someone to help carry the load. If there are a few willing helpers you won't need to commit to every week. If you think that you can help then please contact Lesley in the Parish Office. Many thanks.

Missio Red Boxes

This is the time of year when the red boxes are brought to our church for counting and their totals sent on to Missio. Because of Covid this is not possible this year, so I will be happy to visit you instead. Please contact me on 01392 757199 or email to j_mitchelmore04@hotmail.com to make convenient arrangements. It has been a very difficult year for Missio so they are very grateful for all the support they can get and I thank you on their behalf John Mitchelmore.

Pope's November prayer intention

For people who suffer from depression. We pray that people who suffer from depression or burn-out will find support and a light that opens them up to life. See also the Popes' video [here](#)

World Day of the Poor



The fifth World Day of the Poor, initiated by Pope Francis, will be celebrated globally in the Catholic Church on **Sunday 14 November** and has the theme: “The poor you will always have with you” (Mark 14:7) from the words of Jesus at the Anointing in Bethany just before his Passion. We are called to follow the example of Jesus in loving God and neighbour, especially the most vulnerable. Pope Francis reminds us, “If we truly wish to encounter Christ, we have to touch his body in the suffering bodies of the poor.” We need a social model capable of countering new forms of global poverty, says Pope Francis. There are more resources including a link to the Pope’s message and a reflection from Bishop Mark on the Caritas website [here](#). There is also a lovely Novena created by Caritas Social Action Network which you will find [here](#) and which will be shared each day from 5 November on our Diocesan Facebook page.

Catholic Children’s Society (Plymouth)

Please go to the Children’s Society website where you will be able to pre-order your packs of Christmas cards - [here](#) We also send a big thank you those of you who have contributed to the annual appeal. The early signs are looking so promising that this summer’s appeal has been a wonderful success and the monies are still coming in. If are able to support our ‘Step Forward, Reach Out and Help’ 2021 annual appeal and have yet to send a donation there is still time to donate [click here](#)

Baptism Preparation Course

Are you expecting a baby and/or looking to have your child baptised?

We look forward to spiritually supporting you in preparation for this important sacrament and welcoming you and your family into our parish family. Courses are over two consecutive Saturday mornings from 10:15-12.00. If the Covid conditions still call for it the sessions will delivered via zoom The course dates for 2022 are: 15/22 January, 14/21 May, 16/23 July and 15/22 October. Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click [here](#) to go to the parish website and click on Baptism enquiry form to register. If you have any problems accessing this you can contact Lesley in the parish office on 01392 274724 or at exeter-heavitree@prcdtr.org.uk

Wednesday Word Scripture Reflection

Wednesday Word will continue to meet online via zoom from 2-3pm every Wednesday. If you would like to join us then, please get in touch with Maria: exeter-pastoral-assistant@prcdtr.org.uk. Please note that you do not need to make a weekly commitment and a warm welcome will await you whenever you can come.

Bishop John Sherrington talks about “the gift...

The Right Reverend John Sherrington, Bishop for Life Issues for the Bishops' Conference has given an address outside parliament on the 54th anniversary of the Abortion Act. Find the address [here](#)

Cafod World Gifts

World Gifts are a wonderful way to share the peace and joy of Christmas with our brothers and sisters throughout the world. Catalogues are available from the Church or online at cafod.org.uk/worldgifts

Walking Together – Behind the Global Synod

Diocese of Plymouth online event on 16 November at 7.00pm where Austen Ivereigh will explore the topic: “Behind the global synod: why Pope Francis wants you to speak boldly and listen carefully.” Please register [here](#) if you would like to join us for what will be a really interesting discussion, with an opportunity for questions and answers

Prayer for the Synod

We stand before you Holy Spirit

We stand before You, Holy Spirit, as we gather together in Your name.

With You alone to guide us, make Yourself at home in our hearts;
teach us the way we must go and how we are to pursue it.

We are weak and sinful; do not let us promote disorder.

Do not let ignorance lead us down the wrong path
nor partiality influence our actions.

Let us find in You our unity So that we may journey together to eternal life
and not stray from the way of truth and what is right.

All this we ask of You, who are at work in every place and time,
in the communion of the Father and the Son, forever and ever. Amen

COP26 United Nations Climate Summit

COP26, the 2021 United Nations climate change conference, enters its second week with the UK as President. Friday 12 November 2021 sees the end and we pray that the leaders and negotiators work together for positive outcomes for our common home with resolutions to halt the climate change crisis. Cafod has produced a useful guide to COP26 with tips on how to get involved. [Click here](#) for information from the Bishops Conference.

A Prayer for the COP26 Climate Talks

Loving God,

We praise your name with all you have created.

You are present in the whole universe,
and in the smallest of creatures.

We acknowledge the responsibilities you have placed upon us
as stewards of your creation.

May the Holy Spirit inspire all political leaders at COP26 as they
seek to embrace the changes needed to foster a more sustainable society.

Instil in them the courage and gentleness to implement fairer solutions
for the poorest and most vulnerable,

and commit their nations to the care of Our Common Home.

We ask this through Our Lord Jesus Christ your Son.

Amen

Saying Goodbye – online



Saying Goodbye provides comprehensive information, advice, support and much more to anyone who has suffered the loss of a baby, at any stage of pregnancy, at birth or in infancy. Know that you are not alone, for each person we are here to help, to explain, to try and make sense of what for

many can be a deeply traumatic time. Please make use of the information on the site, contact the team for further support if you or a loved one needs it, and know that we are here for you. To get support [click here](#) or download a support leaflet [click here](#) Upcoming on line services: A time to collectively remember all lost babies & children. Join with others around the globe and light a candle in your home. Sunday 14 November 8.00pm or Sunday 19 December 8.00pm

Youth Events

Rise Theatre Workshop

Saturday 13 November at St Rita's, Honiton 10.00am-3.00pm This will be run jointly with Rise Theatre. Rise Theatre will be exploring the piece of scripture from Corinthians 'You are the body of Christ. Each one of you is part of it'. Young people (aged 10 upwards) do not need to have an interest in drama there are other things they can do including filmmaking, art, poetry, script writing. This is a Diocesan event and is the first of a series of regional events. It is a great opportunity for our young people to meet others from other parishes and to simply have fun together. If you are interested in attending please contact, Saskia at youth@prcdtr.org.uk

Advent Workshop

We have been offered the opportunity to have a workshop run with an Advent theme for young people within our Parish and the Parish of Sacred Heart. The workshop is for young people aged 11-18yrs and includes making chocolate advent calendars. The cost will be £10 per person. If you are interested in attending please contact, the Parish Office. This event will only be run if there is enough interest.

Exeter Foodbank

The November priority items are: deodorant (for both men & women), sponge puddings, jars of coffee (small 100g jars), sugar, custard and rice pudding. Please ONLY donate items from the list. Thank you for your understanding. Collection Points - Co-Op (Heavitree/St Thomas); Sainsbury's Alphington/Pinhoe/Guildhall); Tesco (Exe Vale); Waitrose (Gladstone Rd). Or you can donate money online [here](#)

St Nicks News

Reception Class 2022: Tours will be held on 10 and 11 November at 9.30am and 6.00pm on each day for applicants for a Reception place in September 2022. You will be able to tour the school, meet the leadership team and find out all about joining our school community. Please email Mrs Brocksom (head@stnics.uk) to book a place on a tour or to obtain more information. Please also contact Mrs Brocksom to find out about Nursery places for children aged 3 and above.

Pope Francis tweets...

When we are tempted to judge others badly, we must rather reflect on our own weakness. It is good to ask ourselves what drives us to correct a brother or a sister, and if we are not in some way co-responsible for their mistake

We commend to the Lord...

Jean (Mary) Brown who has died. There are no funeral arrangements yet. May she rest in peace.

Catholic Exeter Forming in Faith

The next sessions are on Monday 8 November 10.30am–12.30pm at Sacred Heart Tuesday 9 November 7.00–9.00pm at Blessed Sacrament. The sessions will be the same, it's the day, time and venue that are different. We're watching and discussing films from Bishop Robert Barron's 'CATHOLICISM' series. Our next session is Lesson 3 'The Ineffable Mystery of God'. To join us on this journey of discovery or simply to find out more, register by clicking the link [here](#) or come along.

GIFT Growing In Faith Together

October Update

We look forward to welcoming our families back in person on Saturday 6 November at St Nicholas School. If the situation regarding COVID worsens we will have to make alternative arrangements but we will keep you informed. Our monthly **parent only** zoom meetings continue on Wednesdays with our next session being held on 17 November at 7.00pm.

Get in Touch: Maria at exeter-pastoral-assistant@prcdtr.org.uk.

To register for GIFT and find out more: Please click on the link [here](#)

Bedtime Chats: Blessed Sacrament Website GIFT page: [here](#)

The Real Advent Calendar



The Real Advent Calendar is the UK's only Fairtrade Advent calendar which comes with a free 24 page Christmas story-activity book and supports charitable causes. The 2021 Real Advent Calendar is a fun way for parents, grandparents and Godparents to share the Christmas story. The 2021 calendar has a new design. There is a Fairtrade Chocolate and a line of the Christmas story behind each of the 25 windows. The free book has a page

for every day of Advent, expanding on the Christmas story and includes some fun challenges. The Real Advent Calendar is designed to share and celebrate the true meaning of Christmas so that Christ is not written out of Christmas. It is widely available at supermarkets or at [this link](#).

Baptised in Faith...

We welcome into the family of the church Tighe & Finn Mansell, Felicity Hubbard, Miriam Blandini, Tiago Luis and Nicholas Vinai who have all been recently baptised at Blessed Sacrament. We pray for them and their parents and Godparents.

Churches Together

Monthly prayer meeting for Exeter Street Pastors on Monday 8 November (and second Monday of every month) at 7.30pm. Do get in touch [here](#) if you would like to join others praying for the ministry of Exeter Street Pastors.

Grow in Faith meeting on Friday 12 November at 12.30pm at Grow Café, South Street. A monthly (second Friday each month) meet up for local Christians to network, support one another, grow in faith and discipleship, share opportunities to serve God and our neighbours in our homes, workplaces and across the city.

SAINTS OF THE WEEK...

9 November Dedication of the Lateran Basilica



The Lateran Basilica was built by the Emperor Constantine on the Lateran Hill in Rome in about 324. The feast of its dedication has been celebrated in Rome on this date since the twelfth century. In honour of the basilica, “the mother and head of all the churches of the City and the World,” the feast has been extended to the whole Roman Rite as a sign of unity and love towards

the See of Peter, which, as St Ignatius of Antioch said in the second century, “presides over the whole assembly of charity.”

10 November St Leo the Great Pope & Doctor



He was born in Etruria and became Pope in 440. He was a true shepherd and father of souls. He constantly strove to keep the faith whole and strenuously defended the unity of the Church. He repelled the invasions of the barbarians or alleviated their effects, famously persuading Attila the Hun not to march on Rome in 452, and preventing the invading Vandals from massacring the population in 455. Leo left many doctrinal and spiritual writings behind and a number of them are included in the Office of Readings to this day. He died in 461.

11 November St Martin of Tours Bishop (c. 316-397)



He was born in the Roman province of Pannonia (approximating to the western half of modern Hungary) in about 316 and was educated at Pavia in Italy. He was baptized, left the army and after spending some time as a hermit on an island off the Ligurian coast, founded a monastery at Ligugé in western France, where he lived a monastic life guided by St Hilary. Later he was ordained priest and became bishop of Tours. In his actions he gave an example of what a good shepherd should be. He founded other monasteries, educated the clergy, and preached the Gospel to the poor. He died in 397. The famous story about St Martin is that while a soldier in Amiens he gave half of his military cloak

to a beggar and later had a dream in which the beggar revealed himself as Christ.

12 November St Josaphat Bishop & Martyr (c.1580 - 1623)



He was born in the Ukraine of Orthodox parents. In 1595 the Union of Brest brought the Ruthenian Church into communion with Catholic Rome while still preserving its own liturgy. The result was a schism within the church itself, with one party wanting to remain Orthodox and in the orbit of Moscow and Constantinople, while the other accepted the Union. Matters were complicated by the presence of the Greek Uniates, a remnant of a century-old attempt at church union (who remain a living church to this day).

Josaphat joined the first monastery of the order of St Basil to be united to the Catholic Church: he was the first person to do so. He was ordained priest and, eventually

and reluctantly, appointed bishop of Polotsk in 1617. Although Sigismund III Vasa, King of Poland and Grand Duke of Lithuania, supported the union, the local aristocracy were against it because it threatened their control of ecclesiastical benefices. Plotting with the Orthodox Patriarch of Jerusalem, who visited the Ukraine in 1621, they stirred up trouble and as a result Josaphat was murdered by a mob in 1623 while on a pastoral visit to Vitebsk.

Mass Times

Sunday 7 November

8.45am *People of the Parish*

10.45am *Lup Suthayarak RIP*

6.00pm *Crystal & baby Clementine*

Tuesday 9 November 6.30pm

The dedication of the Lateran Basilica

Wednesday 10 November 9.30am

St Leo the Great Pope & Doctor

For deceased members of the Mason & Scarfe families

Thursday 11 November 9.30am

St Martin of Tours Bishop

For the repose of the souls of Catenians & Catholics of Exeter killed in the 1939/45 war.

Friday 12 November 6.30pm

St Josaphat Bishop & Martyr

The Evans family

Saturday 13 November 9.30am

Emma Louise Bullous RIP

Sunday 14 November

Remembrance Day- all victims of war. World Day of the Poor

8.45am

10.45am

6.00pm *People of the Parish*

Tuesday 16 November 6.30pm

Wednesday 17 November 9.30am

For deceased members of the Mitchelmore family

Thursday 18 November 9.30am

Special Intention

Friday 19 November 6.30pm

Saturday 20 November 9.30am

The Word

Sunday 7 November

First Reading 1Kings 17:10-16

The widow made a little scone from her meal and brought it to Elijah

Psalm Response

My soul, give praise to the Lord.

Second Reading Hebrews 9:24-28

Christ offers himself only once to take the faults of many on himself

Gospel Mark 12:38-44

This poor widow has put in more than all

Sunday 14 November

First Reading Daniel 12:1-13

When that time comes your own people will be spared.

Psalm Response

Preserve me, God,

I take refuge in you.

Second Reading Hebrews 10:11-14.18

By virtue of one single offering, he has achieved the eternal perfection of all whom he is sanctifying.

Gospel Mark 13:24-32

He will gather his chosen from the four winds



Blessed Sacrament Parish is part of the Roman Catholic Diocese of Plymouth

Deadline for newsletter items 10.00am Thursday.

Parish Information

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Office

*The Presbytery, 29 Fore Street,
Heavitree, Exeter EX1 2QJ
01392 274724*

exeter-heavitree@prcdtr.org.uk

Open Tuesday, Wednesday and

Thursday 10.00am–4.00pm

Parish Secretary

Lesley Hooper

Parish Pastoral Assistant

Maria Quinn

exeter-pastoral-assistant@prcdtr.org.uk

Safeguarding Reps

Lesley Hooper & Maria Edwards

Please contact the Parish office if you have any concerns about the welfare of a child or a vulnerable adult.

St Nicholas School

Ringswell Avenue, Exeter EX1 3EG

01392 445403 admin@stncs.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher

Angela Folland

Blessed Sacrament Live

10.45am Mass on Sunday and most weekday Masses will be streamed live on the Parish YouTube channel.

Your Offering

We are grateful for your continued generosity to the parish. **Please remember that the most efficient way for you to give is by standing order.** Forms are available by emailing the parish office. Arrangements are made directly with your bank. And if you can, please GiftAid your contribution.

Parish News by post & email

To receive the Parish News, by email or post, please phone or email the Parish Office and we will arrange to get a copy sent to you or someone you know who might like to receive it (with their permission).

Dial-a-Mass

For those without the internet or a computer the Mass is recorded and put on the telephone at 12 midday on Sundays and will stay until 11.59am the following Sunday. For the cost of a local call they can listen to the Holy Sacrifice of the Mass by dialing 01642 130120

Getting married?

Congratulations! Please give us six months' notice if you are hoping to marry in the Church.

The Bishops' Conference

Regular updates can be found at [here](#)

Churches Together

Devon News [here](#)

Exeter news [here](#)

England News [here](#).