

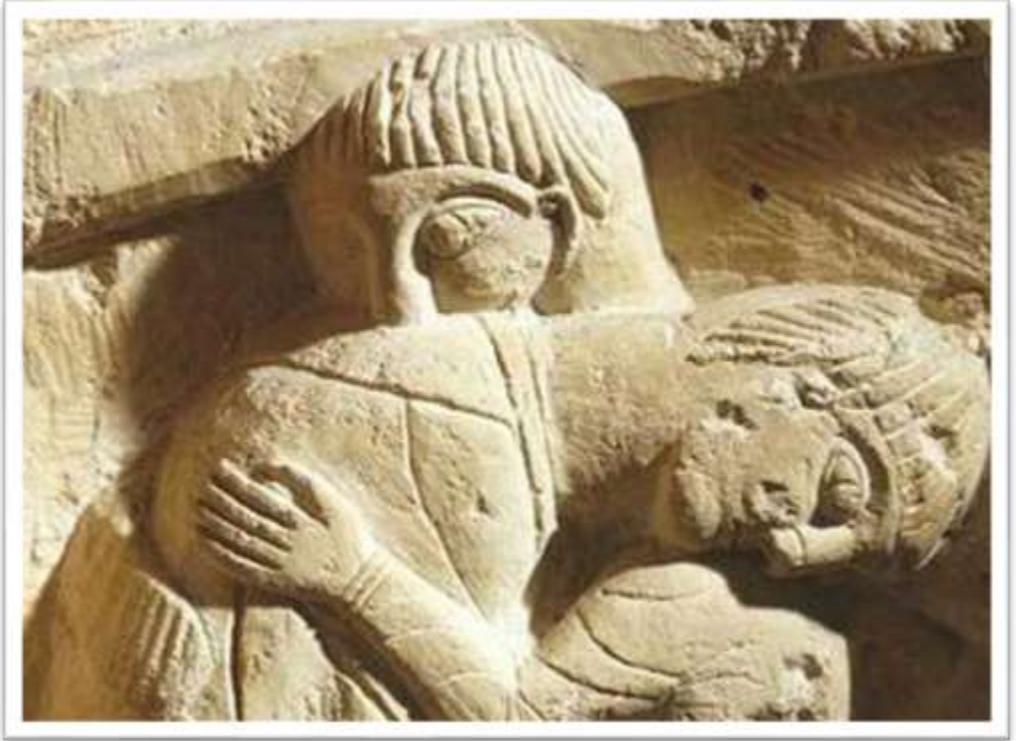


BLESSED SACRAMENT

# PARISH NEWS

20 February 2022. Seventh Sunday in Ordinary Time. Year C

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## Be compassionate as your Father is compassionate

What is compassion? What is love? And how do we live them out in our own age? These are the questions that spring from the Gospel today. In many ways this is the hardest teaching Jesus offers us, because it goes against so much of what the "modern world" would have us believe. Look at the first reading: David and Saul are enemies, and Saul is suddenly in David's power. The logic of the modern world would say "Strike while you can." But David chooses another path. He is compassionate. We can all think of times when we were in a position to take revenge, score a victory over someone, take it out on them. Our measure of our faith is whether or not we were compassionate - especially with our enemies - as Jesus taught us.

# The Big Exeter Sleep Out at St Richard Reynolds Centre

Come and join us on Friday 11 March as we support an amazing initiative. We'll begin with Mass at 6.30pm, then enjoy a bowl of soup and a film before bedding down for the night in the garden. Fr Jonathan and Maria, our Pastoral Assistant have already signed up and have their sleeping bags at the ready! Proceeds go to Julian House, a charity that supports vulnerable and at-risk individuals. Please come and join us and raise money for this important cause. Email Maria Exeter-pastoral-assistant@prcdtr.org.uk to let us know that you will be coming along. NB Minors will need to be accompanied by an adult.

By joining this challenge you can help to raise awareness and funds for rough sleepers and vulnerable adults and homelessness in Exeter and Devon. It's a grim realisation that without support like this the life expectancy of a long-term homeless person is just 45 years! For this year's event, upon registering, you can choose where you would like to sleep-out. You could register and start your own challenge by following the link where you will also find more information- click [here](#). To donate go to the [Blessed Sacrament JustGiving page](#).

## St Nick's News

We are delighted that we have been able to give children the opportunity once again to have new experiences outside of school. Recently our Year 4 children spent 3 days at Heatree activity centre on Dartmoor having outdoors fun such as obstacle courses through woods, high ropes and a torchlight walk at night. Our Year 2 children had a sleepover at school and also had a torchlight walk, exploring the school in the dark and finding lots of teddy bears sitting at desks and doing school work! We are also planning exciting Year 3 and 5 trips for the Summer term. As the weather gets better we are continuing to develop our outdoor spaces and are excited to start using our new outdoor classroom for lessons.

## School Library Blessing

Fr Jonathan joined us this week to bless our new library. We wanted to create a space that will help all of our children fall in love with books and the magic of reading. To see photos of the opening ceremony, the blessing and our fantastic new library please visit [St Nicholas School Website](#).

For information about joining our school community from Nursery through to Yr 6 please contact Mrs Brocksom 01392 445403 / abrocksom@stncs.uk

# Walk With Me

A Lenten journey of prayer for Lent. Booklets are available in the porch for a suggested donation of £1.00 (please put your offering in the box marked 'Books').

## What is God saying to the Church?

2022 marks two years since the pandemic hit much of the world.

What is God saying to the Church throughout the last two years?

What have we learned? As a parish, what should be our focus moving forward?

As we slowly emerge into a post-pandemic world, we have an incredible opportunity to recommit our energies in bringing the gospel to those around us.

But where do we begin? There are important questions we need to consider:

- What is the most urgent call for the Church?
- What have the past two years revealed about the Church and how she is fulfilling her mission?
- What are we being called to repent of, to turn from, and to turn towards?

Join us for an in-person watch party featuring a live conversation with Bishop Robert Barron, Fr. James Mallon (Divine Renovation), and Revd. Nicky Gumbel (Alpha) for a conversation on 'What is God Saying to the Church?' This will be held in the St Richard Reynolds Centre on Thursday 10 March from 19:00-21:00. There will be an opportunity to share reflections and ideas among the group following the livestreamed event.

## Pope Francis tweets...

It is very important to bring together the wisdom of the elderly and the enthusiasm of the young. The encounter between grandparents and grandchildren is key, especially in this moment of economic and social crisis that humanity is undergoing.

## Return to Ministry – Your Parish needs YOU!

Are you being called to help minister in some way in the parish? We are looking for new welcomers/stewards, readers, Extraordinary Ministers of Holy Communion, church cleaners, musicians and singers, Catechists, SVP & CAFOD members.

To find out about any of these ministries speak to Fr Jonathan or the Parish Office.

Many thanks are due to our stewards who have worked tirelessly over the past two years to help keep our church safe and open for all of us. It is time for some of them to take a well-earned rest so we are appealing to those who are coming to church to take on the important role of welcoming/stewarding.

# World Meeting of Families 22 – 26 June

The theme for the tenth World Meeting of Families (WMOF) is *Family Love: a vocation and a path to Holiness*. The World Meeting of Families was instituted by Pope St John Paul II in 1994. The week is organised and promoted by the Vatican Dicastery for the Laity, Family and Life. Although physically hosted by the Diocese of Rome, in 2022 the event will be multi-centred and spread out throughout the world's Catholic dioceses. The limitations of the pandemic are, in a sense, presenting the opportunity for more families to truly participate and offer their contributions to diocesan meetings. The aim is for events in Rome and local initiatives to go hand-in-hand. Catholics will be able to listen to and follow the meeting with the Holy Father



via live streaming. Each meeting begins with a Congress that invites married couples, families, pastors, theologians, and professionals with expertise on a variety of issues that affect family life together for workshops, talks, and discussions surrounding the theme. The shape of the event has always been fairly consistent, with an international Theological-Pastoral Congress at the start

and ending, in the presence of the Pope, with a vigil and 'Festival of Families' along with a great final Eucharistic celebration. Among other things, the World Meeting is part of the current synodal journey of the Church and will provide a valuable experience of "participation, communion and mission" for our families.

## Thursday Lunch Club

Both diners and helpers are delighted to be meeting once again each month. We are now in our 14th year. However, we would warmly welcome some new helpers. A few have come forward with offers to help but the more there are the less the strain. Could you spare a few hours, roughly once every six weeks? We assure you it is a joyful time for all. Please give Di Bish a call on 07940142124 or email her at clydebish@hotmail.com for further information. Look forward to hearing from you.

## Exeter Foodbank – February Priority List

The February priority items are: 100g jars of coffee, UHT milk (the green one NOT the red one please), noodle snacks (e.g. super noodles, Pot Noodle), sugar, soft drinks and fruit squash, sweets and chocolate treats.

Please ONLY donate items from the list. Thank you for your understanding.

Collection Points - Co-Op (Heavitree/St Thomas); Tesco (Exe Vale); Sainsbury's Aliphington/Pinhoe/Guildhall); Waitrose (Gladstone Rd). Or you can donate money online [here](#). The Food Bank is feeding approximately 333 people a week at present.

# Weekly Giving Envelopes & Standing Orders

The planned giving envelopes are waiting in the Parish Office for you to collect – just ring Lesley to arrange a time come and collect them. We would be grateful if you would also let us know if you do not require the envelopes now or in the future. It will save the parish money and the planet trees if we do not need to order as many. We do need to know of any changes e.g. change of address or tax status. Call Lesley to let her know or if you would like to set up a standing order or to Gift Aid your current or future donations. If you give by standing order you will still be able to gift aid your Christmas and Easter cash/cheque Offerings by putting your offering in one of your own envelopes and putting your name and postcode on it so it can be identified. Alternatively, you can give your donation by bank transfer and put Christmas/ Easter Offering as the reference. Thank you.

## CAFOD's Walk Against Hunger Lent Challenge

There are 200 million children in the world whose lives are at risk from malnutrition. So this Lent, challenge yourself to walk 200km, and help give hunger its marching orders. Do 5k a day, your way, for 40 days, and you'll conquer your 200k target in time for Easter – and help people around the world to live free from hunger. To take part click <https://cafod.org.uk/Fundraise/Walk-Against-Hunger>

## Diocesan Retreats

There will be people who need to explore, make sense or reflect on the presence of God in their everyday lives, during the present challenging times, or perhaps in the more painful moments experienced recently. A retreat offers us this opportunity.

Residential - Ignatian Individually Guided Retreats organised by the Plymouth Diocesan Ignatian Spirituality Group. Members of the Ignatian Spirituality Group are experienced guides, who have received training in relation to Ignatian spirituality and include priests, deacons and lay people.

Lenten- Residential Silent Retreats - Honiton

4 - 6 March (Fri – Sun) Weekend Retreat (£150)

7 - 11 March (Mon – Fri) Midweek Retreat (£240)

4 – 11 March (Fri to Fri) 6 day Retreat (£450)                      Limited Places

The Group continues to offer one-to-one days of accompanied prayer i.e. online or by phone, to suit people's individual circumstances. For further information, or to book those who are interested can contact the Diocesan Ignatian Spirituality Group by email [here](#) or telephone: 01752 769164 or 07823447637.

The following retreat is also being offered in conjunction with outside guides.

Contemplative Retreat – Living and Praying in the Way of Franz Jalic

Friday 6 – 14 May (£600)

## Baptised in faith...

We welcome into the Church Finn who will soon be baptised into our parish community. Please offer a prayer for him, his parents and Godparents.

## GIFT Growing In Faith Together

**February update** On Saturday 5 February, we met with families in the Sacred Heart Church for a hands-on 'Holy Hunt'. By exploring the church, looking for specific symbols and engaging with familiar gestures, families learned about their catholic faith in an engaging and fun way.

**What Is GIFT?** GIFT is for all families of faith: for families who have already made their Holy Communion or for families with children who are looking forward to receiving this sacrament; for families with older children who want to be confirmed in their faith; for families with younger children who want to experience and grow in faith in a simple and enjoyable way.

**Bedtime Chats** All of the Bedtime Chats can be found on the Blessed Sacrament Website GIFT page: <https://www.blessedsacrament.org.uk/parish-life/gift/>

**Next Meeting** Our next parent zoom session is on Wednesday 16 February from 19:00-20:00.

**Get In Touch** If you would like to join us, please get in touch with Maria exeter-pastoral-assistant@prcdtr.org.uk

**Register** for GIFT by clicking [this link](#).



## GIFT Youth – Gateway to Confirmation

Calling all young people in secondary school. Would you like to meet other Catholics your age to socialise and grow in faith together? If so, GIFT Youth is for you. We'd like to invite you to join us for our monthly Saturday sessions beginning on Saturday 5 March from 10:00-12:00 at St Nicholas Catholic Primary School. Led by Fr Albert and a team of parishioners, there will be Mass, refreshments, social activities, Catholic teaching and lively discussion.

GIFT Youth provides the time and space to grow in faith throughout your teenage years. If you have already been confirmed, come along. If you are hoping to be confirmed this year you will need to come along. GIFT Youth is for you.

Register for GIFT Youth by completing [this Registration Form](#).

We look forward to seeing you!

# Youth Events in the diocese

## World Youth Day (WYD) 2023

Plans are underway for a group of young people from our diocese to attend World Youth Day. It is a fantastic opportunity for those who will be 16 upwards by August 2023. World Youth Day will be held in Lisbon. Further information can be found on their website: [here](https://www.wydyouth.org/) Some young people have already expressed interest in coming, if you think you would like to join us or know someone who would please email Saskia at [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk) I can arrange for either myself or someone to come and talk about World Youth Day to any young people in our parish. It is important that we start to gather interest now so that we book enough places. We need to allow young people enough time to be able to raise the funds to go. Planning has begun for our trip to Lisbon, Portugal. Leaders are starting to be recruited and young people are expressing interest. Please contact me if you know anyone who would be interested in joining us: Saskia at [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

## Creative Arts Day

On the 5 March our young people living in the Exeter Deanery and neighbouring areas will have a chance to join in a day event with Rise Theatre from 10.00am till 4.00pm at St Peter, Prince of Apostles church Budleigh Salterton EX9 6RZ. It is a great chance for our young people to meet others from neighbouring parishes and to simply have fun together. To join in the event, you do not have to be interested in acting, there will be opportunities to express your creativity through art, craft, writing scripts and possibly music. This event will be open to young people in Year 5 through to Year 11. Lunch and snacks will be provided so it is important that you book so we have enough refreshments for all. Book through:

<https://forms.office.com/r/wrneb69vn0> Please contact Saskia at [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk) for further information

## Catholic Exeter Forming in Faith

It's not too late to come along and join us as we reflect on our faith and deepen our understanding of what it is to be a Catholic Christian in today's world.

The next sessions are on Monday 28 February 10.30am–12.30pm at Sacred Heart and Tuesday 1 March 7.00–9.00pm at Blessed Sacrament. We're watching and discussing films from Bishop Robert Barron's 'CATHOLICISM' series. Our next session is Lesson 9: The Fire of His Love – Prayer and the Life of the Spirit. To join us on this journey of discovery come along.

We hope to follow the 'Catholicism' series of a films with another of Bishop Robert Barron's excellent film series. We look forward to welcoming you along.

# Calling all Catholics – We need you

We need committed Catholics to become foundation governors in our schools.

We want the Diocese to have a community of outstanding schools in which our pupils flourish in safe, happy and stimulating environments, so they leave us with the knowledge and skills, personal qualities and aspirations, to make the world a better place, inspired by the Gospel.

You could make a huge difference in our Diocese. Your faith and encouragement could help the school community to develop their Catholic identity, keep our children and staff safe and help them in their commitment to the vision of Pope Francis who said, 'Only by changing education can we change the world.'

A background in education or safeguarding would be desirable but no experience is totally necessary – your passion, faith and commitment is what is really needed as lots of friendly advice and training will be given.

Inspired by our teacher, Jesus Christ, and his good news to the poor, we have a commitment especially to those who are disadvantaged. We are determined that a child's start in life need not determine their future. We are committed to the well-being of the earth, our common home, inspired by the example of Pope Francis: to live wisely, think deeply and love generously

I would ask you to truly consider if you can take on this vital role. If you feel you can help, please speak to your parish priest about the next steps on the journey.

May the Lord reward your service and may you be blessed in the generosity of sharing your gifts.

Rev Canon Mark O'Keeffe  
Episcopal Vicar for Schools  
Plymouth Diocese



## Mass intentions

If you would like a Mass said for a particular intention, for someone who is ill or a loved one who has died, in thanksgiving for an answer to prayer or perhaps something personal please contact the Parish Office and we'll help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give.

## Exeter Street Pastors

Are you a Christian, over 18, and have a heart to serve as Jesus' hands and feet on the street of Exeter? Training of this year's intake of Exeter Street Pastors begins Monday 7 March – sign up now for your place, or share widely to help this great ministry recruit it's team for this year Contact: [admin.exeter@streetpastors.org.uk](mailto:admin.exeter@streetpastors.org.uk)

# Saying Goodbye Service



**Saying Goodbye  
Remembrance  
Service - Devon**

**EXETER CATHEDRAL**

**5 MARCH, 2022 - 2PM**

A SERVICE FOR ANYONE WHO HAS LOST A BABY IN PREGNANCY, AT BIRTH OR IN EARLY YEARS, WHETHER THE LOSS WAS YESTERDAY OR 80 YEARS AGO. THIS EVENT IS ALSO FOR THOSE GRIEVING THAT THEY HAVE NEVER BEEN ABLE TO CONCEIVE.

**SAYINGGOODBYE.ORG**

The Mariposa Trust is returning to Exeter in March with a Baby loss remembrance and support service. Due to Covid-19 this may not be our traditional service, but we are happy to be able to bring a service to bereaved parents in your area.

The Trust's core objective is to support people who have lost babies at any stage of pregnancy, at birth, or in infancy. It was founded by Zoe and Andy Clark-Coates, who saw a critical lack of support for people like them, who had gone through baby loss. With over 258,000 babies being lost yearly in the UK alone, the charity needed to be able to offer not only a comprehensive package of

befriending and support but also national baby loss remembrance services (called Saying Goodbye Services), for people to join together and remember the children they had lost. 5 years on, over 150 services have taken place across the UK, US, and France, and 2022 will see 22 services across England, Wales, Scotland and Ireland Covid-19 permitting. On the 5 March at 2.00pm in Exeter Cathedral we will be hosting one of our Saying Goodbye Services.

*So who is the service for?*

Anyone who has either personally lost a baby at any stage of pregnancy, at birth, or in early years, or who has been affected by family members or friends' loss. Whether the loss was recent or 80 years ago, everyone is welcome to attend. We have also extended the services, and gladly welcome anyone who is grieving the fact that they haven't had children. This may be due to circumstance, infertility, or for other reasons - but all are welcome. Babies and children are also invited to come with their families, as the Saying Goodbye service is truly a family event for all. We know that as 1 in 4 women suffer miscarriage and baby loss,

To read more on the charity, please see the Saying Goodbye website, which you can find at: [www.sayinggoodbye.org](http://www.sayinggoodbye.org)

# Wednesday Word Scripture Reflection

Wednesday word meets online via zoom from 2.00-3.00pm. If you would like to join us then, please get in touch with Maria: [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk).

Please note that you do not need to make a weekly commitment and a warm welcome will await you whenever you can come.

# The Christian Resources Exhibition

Exeter's Westpoint. This two-day event is the nearest the Church has to a trade show - it is a great place to find out about resources for churches, meet other Christians from our area and be inspired for mission and ministry. More info here: <https://creonline.co.uk/cre-south-west-2022-exhibitor-welcome/>



**Come in!**  
**For tasty food  
and good company**



**Free meals  
Tuesdays  
6.30pm**

**Everyone is welcome**

**FoodCycle Exeter  
The Mint  
Methodist Church  
Fore Street  
EX4 3AT**

The advertisement features two circular inset images: the top one shows a hand pouring a thick, yellow soup into a bowl, and the bottom one shows a hand using a wooden spoon to stir a large pot of brown, chunky stew.

Exeter  
Free Food  
Network &  
Homelessness  
Partnership

# The latest Exeter Free Food Guide

At <http://stpetrocks.org.uk/menu-text-in-need-of-help/free-food-guide-in-exeter/>

## Pope's February prayer intention

We pray for religious sisters and consecrated women; thanking them for their mission and their courage; may they continue to find new responses to the challenges of our times. See also the Popes' video [here](#)

## Buckfast Abbey Job Opportunity



A great opportunity to share with 100s of inquisitive visitors a day. Make the Blessed Sacrament chapel, and that amazing window of Christ, your office!

Job Title: - Steward. Location: Buckfast Abbey

Contract Type: Permanent

Approx 40 hours per week, over 7 days

Closing Date: Mid-day on Monday

21 February. For more information see <https://www.buckfast.org.uk/career/steward>

## Pray 4 Exeter

Tuesday 22 February (and the fourth Tuesday of every month) 10.00-11.00am on Zoom - contact [ctaxexeter@gmail.com](mailto:ctaxexeter@gmail.com) for the link

## World Day of Prayer 2022

Friday 4 March, a service for everyone, at St Stephen's Church, High St, Exeter at 11.00am. Refreshments at 10.30am. Join us to pray for our country [www.wwdp.org.uk](http://www.wwdp.org.uk)

## SAINTS OF THE WEEK...



### *21 February* The Chair of St Peter – Apostle

This feast has been celebrated in Rome since at least the fourth century. It signifies the unity of the Church founded upon the Apostles.

## 23 February Saint Polycarp, Bishop

Was a disciple of the Apostles, bishop of Smyrna, and a friend of St Ignatius of Antioch. He went to Rome to confer with Pope Anicetus about the celebration of Easter. He was martyred at Smyrna in c155 by being burnt to death in the stadium. Polycarp is an important figure in the history of the Church because he is one of the earliest Christians whose writings still survive. He bears witness to the beliefs of the early Christians and the early stages of the development of doctrine.



## 25 February Saint Walburga, Virgin

Walburga was the daughter of the saintly Saxon prince Richard of Wessex. At the invitation of St Boniface, she accompanied her brothers SS. Willibald and Winebald to Germany, where she founded monasteries. She died on May 11 776, as Abbess of Heidenheim, and her body was placed in a rocky niche in Eichstadt. It was said that there began to exude from this place a miraculously therapeutic oil, which drew many pilgrims.

## 1 March Saint David, Bishop, Patron of Wales (520 - 589)

The earliest life of St David dates from five centuries after his death, probably in 589. He became eminent as abbot and bishop at the site now known as St David's, but formerly Mynyw, from which the present diocese of Menevia is named. He is credited with a monastic rule based on the example of the Eastern Fathers, and also with a Penitentiary. He was invited to preside at the synod of Llandewibrefi. Monks trained at his monastery evangelized South Wales and made foundations in Cornwall, Brittany and Ireland. St David is said to have sent a Mass rite to Ireland. At his death his contemporary St Kentigern, founder of St Asaph's in North Wales, witnessed in vision his joyful entrance into the joy of his Lord. His holy relics have been found hidden in the fabric of St David's Cathedral, where they are carefully preserved. He was canonized by Pope Callistus II in 1123.



27 February. Eighth Sunday in Ordinary Time. Year C



For a good tree does not bear bad fruit, nor does a bad tree bear good fruit

We have many sayings about results being more important than promises, such as “the proof of the pudding is in the eating”. Today’s scripture readings are all about this – the ways in which our words and actions will reveal who we truly are. There is a wonderful mosaic of poetic wisdom in the readings this Sunday – images and parables and similes that can sit in our heads and hearts, and make us think about the sort of people we are, and the words we use and the fruits we produce by them. And we should pray that we will always produce good, sound fruit, so that we may keep on working at the Lord’s work always, and so share in Christ’s victory over death itself.

## The Season of Lent

Lent begins on Wednesday 2 March – ASH WEDNESDAY. Mass and the distribution of ashes will be at 9.30am and 7.00pm. This is a wonderful way to enter the season.

For many of us Lent is a time of ‘giving up’, of making small, or large sacrifices, but for many in our world sacrifice is a daily reality. The three great ‘pillars’ of Lent, Prayer, Fasting and Almsgiving (the giving of financial and practical aid), encourage us to reflect on what is really important and what we can change in our lives to make a difference in the lives of others. We are reminded in the Scriptures that faith without good works is meaningless so we could use the season to honestly reflect on what we could do to make a difference to our lives and in the world.

# Mass Times

## Sunday 20 February

*Seventh Sunday in Ordinary Time*

8.45am *People of the Parish*

10.45am

6.00pm

Tuesday 22 February 6.30pm

*The Chair of St Peter, Apostle*

Wednesday 23 February 9.30am

*St Polycarp, Bishop*

*Tom Coffin*

Thursday 24 February 9.30am

Friday 25 February 6.30pm

*St Walburga, Virgin*

Saturday 26 February 9.30am

## Sunday 27 February

*Eighth Sunday in Ordinary Time*

*Day for the Unemployed*

8.45am *Tony Sammon*

10.45am *People of the Parish*

6.00pm

Tuesday 1 March 6.30pm

*St David, Bishop, Patron of Wales*

Wednesday 2 March

*Ash Wednesday*

9.30am & 7.00pm

*Day of fast and Abstinence*

Thursday 3 March 9.30am

Friday 4 March 6.30pm

*World Day of Prayer*

Saturday 5 March 9.30am

*Pat Stewart RIP*

## Sunday 6 March

*First Sunday of Lent*

8.45am

10.45am

6.00pm *People of the Parish*

Tuesday 8 March 6.30pm

Wednesday 9 March 9.30am

Thursday 10 March 9.30am

Friday 11 March 6.30pm

*CAFOD Lent Fast Day*

*The Needy and Hungry  
of the World*

Saturday 12 March 9.30am

## Sunday 13 March

*Second Sunday of Lent*

8.45am *People of the Parish*

10.45am

6.00pm

Tuesday 15 March 6.30pm

Wednesday 16 March 9.30am

Thursday 17 March 9.30am

*St Patrick, Bishop & Missionary  
Patron of Ireland*

Friday 18 March 6.30pm

*Ken Herman RIP*

Saturday 19 March 9.30am

*St Joseph, Spouse of the  
Blessed Virgin Mary*

# The Word

## Sunday 20 February

### First Reading

1 Samuel 26:2.7-9.12-13.22-23

*The Lord put you in my power, but I would not raise my hand.*

### Psalm Response

The Lord is compassion and love.

### Second Reading

1 Corinthians 15:45-49

*We who have been modelled on the earthly man will be modelled on the heavenly man.*

### Gospel Luke 6:27-38

*Be compassionate as your Father is compassionate.*

## Sunday 27 February

### First Reading Ecclesiasticus 27:4-7

*Do not praise a man before he has spoken.*

### Psalm Response

It is good to give you thanks, O Lord.

### Second Reading

1 Corinthians 15:54-58

*He has given us the victory through our Lord Jesus Christ.*

### Gospel Luke 6:39-45

*A man's words flow out of what fills his heart.*

## Sunday 6 March

### First Reading

Deuteronomy 26:4-10

*The creed of the chosen people.*

### Psalm Response

Be with me, O Lord, in my distress

### Second Reading Romans 10:8-13

*The creed of the Christian.*

### Gospel Luke 4:1-13

*Jesus was led by the spirit through the wilderness and was tempted there*

## Sunday 13 March

### First Reading

Genesis 15:5-12.17-18

*God enters into a covenant with Abraham. The man of faith.*

### Psalm Response

The Lord is my light and my help

### Second Reading

Philippians 3:17-4:1

*Christ will transfigure our bodies into copies of his glorious body.*

### Gospel Luke 9:28-36

*As Jesus prayed, the aspect of his face changed.*



Blessed Sacrament Parish is  
part of the Roman Catholic  
Diocese of Plymouth

## Parish Information

### Parish Priest

*Fr Jonathan Stewart*

### Priest in retirement

*Fr John Watkins*

### Parish Office

*The Presbytery, 29 Fore Street,  
Heavitree, Exeter EX1 2QJ  
01392 274724*

*exeter-heavitree@prcdtr.org.uk*

*Open Tuesday, Wednesday and*

*Thursday 10.00am–4.00pm*

### Parish Secretary

*Lesley Hooper*

### Parish Pastoral Assistant

*Maria Quinn*

*exeter-pastoral-assistant@prcdtr.org.uk*

### Safeguarding Reps

*Lesley Hooper & Maria Edwards*

Please contact the Parish office if you have any concerns about the welfare of a child or a vulnerable adult.

### St Nicholas School

*Ringswell Avenue, Exeter EX1 3EG*

*01392 445403 admin@stncs.uk*

*www.st-nicholas-exeter.devon.sch.uk*

### Executive Head Teacher

*Cathy Lowry*

### Blessed Sacrament Live

10.45am Mass on Sunday and most weekday Masses will be streamed live on the Parish YouTube channel.

**Deadline for newsletter items 10.00am Thursday.**

## Your Offering

We are grateful for your continued generosity to the parish. **Please remember that the most efficient way for you to give is by standing order.** Forms are available by emailing or calling the parish office. Arrangements are made directly with your bank. And if you can, please GiftAid your contribution.

### Parish News by post & email

To receive the Parish News, by email or post, please phone or email the Parish Office and we will arrange to get a copy sent to you or someone you know who might like to receive it (with their permission).

### Dial-a-Mass

For those without the internet or a computer the Mass is recorded and put on the telephone at 12 midday on Sundays and will stay until 11.59am the following Sunday. For the cost of a local call they can listen to the Holy Sacrifice of the Mass by dialing 01642 130120

### Getting married?

Congratulations! Please give us six months' notice if you are hoping to marry in the Church.

### The Bishops' Conference

Regular updates can be found at [here](#)

### Churches Together

Devon News [here](#)

Exeter news [here](#)

England News [here](#).