



BLESSED SACRAMENT

# PARISH NEWS

6 February 2022. Fifth Sunday in Ordinary Time. Year C

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## They left everything and followed him

We hear the call of another prophet this week - Isaiah. This introduces the Gospel, where we see Jesus calling his first disciples to follow him. Notice that the initiative is Jesus' there is no application process or interview procedure! Notice also the way that Jesus calls his disciples in this account - not with words, but with a miracle that is also a parable. It is, in a way, a miraculous "job description": if the disciple trusts completely in the one who calls, then the result will be truly amazing - a huge catch of men and women hungry for God. Simon's simple words "if you say so" give us an example of Christian discipleship: we should leave our own concerns behind, and simply follow the Lord with great trust.

# This week we pray for...

## Victims of Human Trafficking and those who work to combat it...

**February 8** – For those who have suffered as a result of human trafficking through being bought, sold, transported into slavery for sexual exploitation, domestic servitude and forced labour.

For those who offer pastoral support to victims who have suffered psychological damage from their traumatic experiences.

For all agencies working in collaboration to combat human trafficking.

## World Day for the Sick...

**February 11** - For all who are sick: may they be restored to fullness of health or come to know dignity in their suffering.

For doctors, nurses and all who care for the sick and the dying: may they bring Christ's love and compassion to all whom they care for.

## Weekly Giving Envelopes & Standing Orders

The 2022 weekly gift aid and planned giving envelopes are now available from the Parish Office. Please call the Parish Office and a day and time can be arranged for you to collect them. Let us know if there are any changes in your circumstances. Do you still paying income tax? You may have moved recently so let us know your new contact details. You have set up a standing order and wish to continue giving in this way so no longer require your envelopes.

If you would like more information how to make regular planned giving using the envelopes or by standing order from your bank call the Parish Office.

If you don't already do so, perhaps consider gift aiding your donations - if you pay UK tax, you could increase the value of your contribution (an extra 25% at no cost to yourself) by adding Gift Aid.

A big thank you to those of you who set up standing orders during the pandemic to support the parish so we can continue to pay the bills and helped keep our doors open to achieve our Mission. Cheques can still be received and these should be made payable to PRCDTR Heavitree RC Parish and sent to the Parish Office. More details and forms available from the Parish Office. Thank you.

## YMCA Exeter

The latest YMCA newsletter can be found [here](#) and Sleep Easy details [here](#)

# Diocese of Plymouth vacancy

The Diocese of Plymouth is looking to appoint the following position.

**Tribunal & Chancery Administrator (part time)** – 1 post

Location: St Boniface House Near Ashburton Devon with some home working

Salary: £11.39 per hour (Actual Salary - £8,291.92 per annum) plus contributory pension scheme (subject to eligibility) Hours: 14 hours per week

Copies of the job description and application form are obtainable from the Human Resources Department on 01364 645383 or email [recruitment@prcdtr.org.uk](mailto:recruitment@prcdtr.org.uk).

Applications are by application form and covering letter. The last date for applications is Monday 14 February and interviews will be held during w/c 21 Feb.

## Vocations Event

Have you asked the question 'Is God calling me to be a Priest?' A Day of Reflection - Accompanying you in your journey of discernment of vocation. Fr Jacek Kostuch is offering a day of reflection for men (18 + ... if younger we would still like to hear from you with parents' permission) from 10:00-17:00 on Saturday 26 February at Fowey Retreat House. Fr Jacek will be accompanied by at least one other priest. The day will be a time for Mass, additional time praying, reflection, and sharing a meal together. For further information and to register for the event, please contact Fr Jacek on [Jacek.Kostuch@prcdtr.org.uk](mailto:Jacek.Kostuch@prcdtr.org.uk) by 23 February at the latest. Arrangements can be made to collect you from St Austell Station before 9:15, and returned after, if required.

## Racial Justice Sunday 13 February

The theme builds on that of the previous year's Racial Justice Sunday 'A Time to Act', which reflected on the importance of everyone recognising themselves, their race, their culture and their history in the life of the Church.

The aim, in 2022, is to continue these conversations about how we see others in the "Image and Likeness of God". We are encouraging Catholics to mark the day by praying the words of Pope Francis taken from his encyclical letter *Fratelli Tutti* – on fraternity and social friendship:

*Come, Holy Spirit, show us your beauty,  
reflected in all the peoples of the earth,  
so that we may discover anew  
that all are important and all are necessary,  
different faces of the one humanity  
that God so loves.  
Amen.*

# Thursday Lunch Club

Both diners and helpers are delighted to be meeting once again at our club which is now in its 14th year. However, we would warmly welcome some new helpers! Could you spare a few hours, roughly once every six weeks? We assure you it is a joyful time for all. Please give Di Bish a call on 07940142124 or email her at [clydebish@hotmail.com](mailto:clydebish@hotmail.com) for further information. Look forward to hearing from you.

## Franciscan at Home course

Today we may ask - How can we support and encourage our children and young people? 'Let us place ourselves in their service ... This was the method that Jesus used ... he bade us to be gentle and humble of heart.' (From a Letter by St John Bosco). Would you like to spend one hour a week online, with others, doing Franciscan at Home course from the Parenting and the Lay Vocation series? (Titles include Preventive System of St. John Bosco, Introducing the Scriptures to Children, Faith and Moral Development: Ages 3–6, Catholic Social Teaching and many more. Let us know what interests you, and what times you are free to meet and we can set up a free course. More information from [deborah.vanKroonenburg@prcdtr.org.uk](mailto:deborah.vanKroonenburg@prcdtr.org.uk)

## Caritas Plymouth

**Tuesday 8 February - Refugees and Migrants.** On the Feast of St Bakhita, you are invited to join Caritas Plymouth from 5.00 till 6.00pm for an hour of prayer, reflection and discussion on the challenges facing migrants and refugees and the opportunity to take action, including through community sponsorship. This is a free online event. You can register via this link [here](#) or by email [caritas@prcdtr.org.uk](mailto:caritas@prcdtr.org.uk).

## Pope's February prayer intention

We pray for religious sisters and consecrated women; thanking them for their mission and their courage; may they continue to find new responses to the challenges of our times. See also the Popes' video [here](#)

## Exeter Foodbank - February

The February priority items are: 100g jars of coffee, UHT milk (the green one NOT the red one please), noodle snacks, sugar, soft drinks and squash, sweets and treats. Please ONLY donate items from the list. Thank you for your understanding. Collection Points - Co-Op (Heavitree/St Thomas); Tesco (Exe Vale); Sainsbury's Aliphington/Pinhoe/Guildhall); Waitrose (Gladstone Rd). Or you can donate money online [here](#). The Food Bank is feeding approximately 333 people a week at present.

# GIFT Growing In Faith Together

**February update** On Saturday 5 February, we met with families in the Sacred Heart Church for a hands-on 'Holy Hunt'. By exploring the church, looking for specific symbols and engaging with familiar gestures, families learned about their catholic faith in an engaging and fun way.

**What Is GIFT?** GIFT is for all families of faith: for families who have already made their Holy Communion or for families with children who are looking forward to receiving this sacrament; for families with older children who want to be confirmed in their faith; for families with younger children who want to experience and grow in faith in a simple and enjoyable way.

**Bedtime Chats** All of the Bedtime Chats can be found on the Blessed Sacrament Website GIFT page: <https://www.blessedsacrament.org.uk/parish-life/gift/>

**Next Meeting** Our next parent zoom session is on Wednesday 16 February from 19:00-20:00.

**Get In Touch** If you would like to join us, please get in touch with Maria exeter-pastoral-assistant@prcdtr.org.uk

**Register** for GIFT by clicking [this link](#).

## Could you be a GIFT to our parish?

Are you a parent or grandparent who have done – or are still doing - your best to pass on your faith to your family (regardless of the outcome)?

Are you a single person who is faithful and committed to your faith and to the Church, but don't necessarily have all the answers?

Then you're just who we're looking for!

It has been said that 'faith is caught, not taught'. Think of how you came to faith, the people who you 'caught' it from. But faith, once it's caught, also needs to be taught – and that's where you come in.

We need help passing on the faith to our young, and not so young. We need people just like you who could support families and individuals to grow in their faith. We don't need experts, we need ordinary, faithful Catholics who are willing to give up some of their time to take part in this important work. It's unpaid (!) but the rewards are immense. It's tiring, but then nothing was ever achieved without a bit of hard work. More importantly, it's cooperating with the Holy Spirit to bring others, just like you, to a deeper understanding of the place of God in our lives and the beauty of faith. And, to be frank, we can't do it without you!

Please get in touch with Fr Jonathan at the parish office to let him know you're prepared to help. You'll join a brilliant team and be given lots of support. Thank you.

# Come & Visit Petroc's Place

A new pop-up hub and vintage charity shop in support of people in Exeter without a home. Situated at 19 Paris Street, opening hours 10.00-16.00 Tuesday to Saturday.



**SATURDAY  
19<sup>TH</sup> FEB  
12-3PM**

## VINTAGE CLOTHES SALE!

In support of  
people in Exeter  
without a home

**5  
Items  
for £10**



**St Petrock's Place,  
19 Paris Street,  
Exeter,  
EX1 2JB**

### **COME ALONG FOR:**

- Event opening with Lord Mayor of Exeter
- Mending demonstrations with Petrock's Patchers
- Upcycling workshop
- Display of latest designs from Latour sustainable fashion
- Helping to lay the foundations for St Petrock's Lego house

*For more info contact:*

Amy – @ex4homeless on Instagram

Lucy – lucy@stpetrocks.org.uk

Simon – shop@stpetrocks.org.uk

# Catholic Children's Society (Plymouth)



We are delighted that a number of parishes have stepped forward and now have a Parish Volunteer in place to help us with our fundraising once it is safe for us to do so. There is a ladder of involvement and some parishes just want to maintain and monitor our supply of CCSP promotional material, whilst others want to

help promote organised CCSP fundraising events such as the Annual Appeal and the Great Big Diocesan Quiz and some are happy to get more involved by organising fund raising events of their own. Could you help?

A copy of the CCSP latest newsletter can be found [here](#)

Thank you for your continued support of the Catholic Children's Society (Plymouth)  
Vicki Dunstone. Fundraiser and Communications Officer CCSP

## Youth Events in the diocese

### World Youth Day (WYD) 2023

Planning has begun for our trip to Lisbon, Portugal. Leaders are starting to be recruited and young people are expressing interest. Please contact me if you know anyone who would interested in joining us: Saskia at [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

### Heatree Residential

Are you in year 6 - year 8? Why not sign up for the Heatree residential 18-20 February. There are still places left if you fancy joining or know someone who would like to. It is a great way to meet other young Catholics in the diocese. Bookings can be made through: the link [here](#) or contact Saskia [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

### Young Adults Group

There are around 40 young adults (18 – 35) that link together, through WhatsApp. The young people are spread across the diocese, some are students and others are professionals. The purpose of the group is for young catholic adults to link together, chat and join in events and activities. If you would like to join them or know someone who would then please email [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk) with your name and mobile number and we will link you to the WhatsApp group

### Volunteers

I am always on the look out for volunteers to support events. At parish level I need someone who is willing to tell people about events and encourage them to sign up. People love the personal contact and a chance to ask more about the event.

In order to run events I need people who have a first aid qualification, are happy to support young people with additional needs, or help with preparing and serving

refreshments, welcoming and signing people in. Please get in touch with Saskia if you feel you are able to support in one way or another. Thank you.

Join RISE Theatre in your local Deanery for a

"You are the body of Christ. Each one of you is a part of it." (Corinthians 12:27)

# CREATIVE ARTS DAY

for ages 10-16

Come along to one of five days we're running for young people across the Diocese to create a short filmed piece. Explore art, music, drama, spoken word, dance! Your input, your piece!

Have fun and meet other young people from your area!

All abilities and interests welcome!

2022

- 29<sup>th</sup> January PLYMOUTH
- 12<sup>th</sup> February NEWQUAY
- 5<sup>th</sup> March EXETER
- 26<sup>th</sup> March TORQUAY
- 2<sup>nd</sup> April WEYMOUTH

To book and for further information contact Saskia at [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

## Pope Francis tweets...

We at times risk seeing our consecration only in terms of results, goals and success. The Spirit, on the other hand, asks for none of this. He wants us to cultivate daily fidelity, attentive to the little things entrusted to our care.

## Catholic Exeter Forming in Faith

The next sessions are on Monday 14 February 10.30am–12.30pm at Sacred Heart and Tuesday 15 February 7.00–9.00pm at Blessed Sacrament. We're watching and discussing films from Bishop Robert Barron's 'CATHOLICISM' series. Our next session is Lesson 8: A Vast Company of Witnesses – The communion of Saints. This lesson tells of the story of the church as a vast company of witnesses who are called by Christ to be a Communion of Saints. To join us on this journey of discovery come along.

## Exeter Street Pastors

Are you a Christian, over 18, and have a heart to serve as Jesus' hands and feet on the street of Exeter? Training of this year's intake of Exeter Street Pastors begins Monday 7 March – sign up now for your place, or share widely to help this great ministry recruit it's team for this year Contact: [admin.exeter@streetpastors.org.uk](mailto:admin.exeter@streetpastors.org.uk)

## Big Exeter Sleep Out

You are invited to join us at this year's event and help by joining the challenge and raise awareness and funds for rough sleepers and vulnerable adults and homelessness in Exeter and Devon. It's a grim realisation that without support like ours, the life expectancy of a long-term homeless person is just 45 years!

For this year's event, upon registering, you can choose where you would like to sleep-out. Whether it is joining the Julian House team and others in St James Park Stadium in Exeter for the night or joining virtually and sleep out at home in your garden, balcony or kitchen floor. Please follow the link to register and start your own challenge and for more information click [here](#) or contact Daffne Zamudio directly if you have any enquiries [bigexetersleepout@julianhouse.org.uk](mailto:bigexetersleepout@julianhouse.org.uk)

## Christian Resources Exhibition

The CRE is coming to WestPoint again 23 –24 February. This two-day event is the nearest the Church has to a trade show – it is a great place to find out about resources for churches, meet other Christians from our area and be inspired for mission and ministry. More info [here](#)

## Mass intentions

If you would like a Mass said for a particular intention, for someone who is ill or a loved one who has died, in thanksgiving for an answer to prayer or perhaps something personal please contact the Parish Office and we'll help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give.

# Music Session at St David's Church

Sunday 13 February 4.00pm at St David's Church, Traditional hymns, fresh sounds, contemporary praise and worship music. With praise bands and musicians from churches across the city. All welcome. Get in touch on [ctaxexeter@gmail.com](mailto:ctaxexeter@gmail.com) if you would like to join the performers.

## Donations for refugees

The Student Action for Refugees (STAR), All Hands Together and Save the Children, groups at the University of Exeter wish to thank those who donated items for the Exeter University collection drive for clothes etc. for refugees. A large collection was made from the parish. Thank you.

## Retrouvaille Marriage Support

The Covid pandemic has been a very challenging time for many marriages. So much uncertainty around health, income, employment, vulnerable family members, children, housing. Different ways of seeing things, coping with change, managing fears can be a source of conflict and stress. It can be difficult to talk, to listen to support and comfort when there is so much uncertainty. Being together all the time, brings different challenges. You wonder would we be better apart? Retrouvaille is a programme to support couples, it brings a positive focus, new hope and helps nourish and grow your marriage ...and you don't need to leave home, it comes to you! For confidential information about Retrouvaille', or to register for the next programme, a Virtual weekend commencing 3 – 6 March call or text +44 788 729 6983. Email: [retrouvailleukinfo@gmail.org](mailto:retrouvailleukinfo@gmail.org) – or visit [www.retrouvaille.uk](http://www.retrouvaille.uk)

## Healing and Thanksgiving Pilgrimage to Holy Land

The planned Diocesan Pilgrimage to the Holy Land with Bishop Mark, originally scheduled for March this year, has been postponed to later this year. The new dates are **30 October to 10 November**, when hopefully conditions for travelling will be much easier for us all. It will include a full programme of visits to the Holy Sites and staying in excellent Christian accommodation in the hills of Samaria and Judea, and closing with three nights at the Sea of Galilee. Places are limited, but to register your interest and for further detail please contact Della Shenton on [della@5gr.org](mailto:della@5gr.org).

## Wednesday Word Scripture Reflection

Wednesday word meets online via zoom from 2.00-3.00pm. If you would like to join us then, please get in touch with Maria: [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk). Please note that you do not need to make a weekly commitment and a warm welcome will await you whenever you can come.

# Help them fly!

Kenyan Educational Sponsorship is dedicated to helping young people in Kenya achieve their academic potential, enabling them to realise their ambitions and make the most of life.

## **My experience (Deacon Kelvin Russell)**

In 2020 I was privileged to travel to Kenya and work for two months in a high school in Lodwar, a region in the north of the country teaching Physics and Chemistry. Sadly I experienced first hand that many able, but poor students were forced to leave school due to a lack of funds. The two students you have been introduced to here, Mercy and Alfred have worked exceptionally hard and have achieved excellent grades. Sadly they come from very poor backgrounds and, without your help, will not be able to complete their high school education and go on to university to study engineering. For as little as £5 a year you could help them receive the education they need to become engineers. Every penny you give will go directly to pay the fees to educate these bright but poor students. With your help we will make a difference to the lives of these students and others and help them become engineers in a country that desperately needs them. It is through education that students like Mercy and Alfred will be able lift themselves out of poverty and support their communities.

If you wish to receive school reports by email regarding Mercy's and Alfred's progress please reply, "Send me reports" to the following:

[kenyansponsorship@outlook.com](mailto:kenyansponsorship@outlook.com)

## **I wish to make a single donation:**

Please make cheque payable to Kenyan Educational Sponsorship

## **I wish to make a regular monthly or yearly donation**

(Please complete and take to your bank or building society.)

Account Number 67232387 Sort Code 08 92 99

I agree to pay Kenyan Educational Sponsorship the sum of £ ..... every month on ..... (date).

I agree to pay Kenyan Educational Sponsorship the sum of £ ..... once a year on ..... (date).

Your Account Number: .....

Your Sort Code: .....

Paid into: The Co-operative Bank Community Directplus Current Account (money can only be transferred to Saint Comboni Girls High School and Saint James High School from this account).

Many thanks for your support. God bless you. Deacon Kelvin.

# Mass Times

## Sunday 6 February

*Fourth Sunday in Ordinary Time*

8.45am

10.45am *People of the Parish*

6.00pm

Tuesday 8 February NO Mass

Wednesday 9 February 9.30am

*Una Kelly*

Thursday 10 February 9.30am

St Scholastica Virgin

*Deceased members of the Mason family*

Friday 11 February 6.30pm

Our Lady of Lourdes

World Day of prayer for the sick and those who care for them.

Saturday 12 February 9.30am

## Sunday 13 February

*Fourth Sunday in Ordinary Time*

8.45am

10.45am

6.00pm *People of the Parish*

Tuesday 15 February 6.30pm

Wednesday 16 February 9.30am

*Joe Leonard RIP*

Thursday 17 February 9.30am

Friday 18 February 6.30pm

Saturday 19 February 9.30am

# The Word

## Sunday 6 February

First Reading Isaiah 6:1-8

*Here I am, send me.*

Psalm Response

Before the angels I will bless you,  
O Lord.

Second Reading

I Corinthians 15:1-11

*I preach what they preach, and this is what you all believed.*

Gospel Luke 5:1-11

*They left everything and followed him.*

## Sunday 13 February

First Reading Jeremiah 17:5-8

*A curse on the man who puts his trust in a man, a blessing on the man who puts his trust in the Lord.*

Psalm Response

Happy the man who has placed his trust in the Lord.

Second Reading

I Corinthians 15:12.16-20

*If Christ has not been raised, your believing is useless.*

Gospel Luke 6:17.20-26

*How happy are the poor. Alas for you who are rich.*



Blessed Sacrament Parish is part of the Roman Catholic Diocese of Plymouth

## Parish Information

### Parish Priest

*Fr Jonathan Stewart*

### Priest in retirement

*Fr John Watkins*

### Parish Office

*The Presbytery, 29 Fore Street,  
Heavitree, Exeter EX1 2QJ  
01392 274724*

*exeter-heavitree@prcdtr.org.uk*

*Open Tuesday, Wednesday and*

*Thursday 10.00am–4.00pm*

### Parish Secretary

*Lesley Hooper*

### Parish Pastoral Assistant

*Maria Quinn*

*exeter-pastoral-assistant@prcdtr.org.uk*

### Safeguarding Reps

*Lesley Hooper & Maria Edwards*

Please contact the Parish office if you have any concerns about the welfare of a child or a vulnerable adult.

### St Nicholas School

*Ringswell Avenue, Exeter EX1 3EG*

*01392 445403 admin@stncs.uk*

*www.st-nicholas-exeter.devon.sch.uk*

### Executive Head Teacher

*Cathy Lowry*

### Blessed Sacrament Live

10.45am Mass on Sunday and most weekday Masses will be streamed live on the Parish YouTube channel.

**Deadline for newsletter items 10.00am Thursday.**

## Your Offering

We are grateful for your continued generosity to the parish. **Please remember that the most efficient way for you to give is by standing order.** Forms are available by emailing or calling the parish office. Arrangements are made directly with your bank. And if you can, please GiftAid your contribution.

### Parish News by post & email

To receive the Parish News, by email or post, please phone or email the Parish Office and we will arrange to get a copy sent to you or someone you know who might like to receive it (with their permission).

### Dial-a-Mass

For those without the internet or a computer the Mass is recorded and put on the telephone at 12 midday on Sundays and will stay until 11.59am the following Sunday. For the cost of a local call they can listen to the Holy Sacrifice of the Mass by dialing 01642 130120

### Getting married?

Congratulations! Please give us six months' notice if you are hoping to marry in the Church.

### The Bishops' Conference

Regular updates can be found at [here](#)

### Churches Together

Devon News [here](#)

Exeter news [here](#)

England News [here](#).