



BLESSED SACRAMENT

# PARISH NEWS

6 March 2022. First Sunday of Lent. Year C



Jesus was led by the Spirit through the wilderness and was tempted there.

As with each First Sunday of Lent the Gospel tells of Jesus' temptation in the wilderness; as we begin the journey of Lent, during which we will consider our lives as members of the Church, we look to the example of Jesus when it comes to dealing with temptation. Choosing to follow God's path is the first characteristic of the Christian: this is underlined in the two

other readings, which outline the two "creeds" or statements of belief - one of Israel and one of the Christian. Both of them emphasise "believing in the heart and confessing with the lips": both creeds underline the Salvation that God has achieved - for Israel it was freedom from Egypt, for the Christian freedom from death in Jesus.



## How you can help

Like you, CAFOD is deeply disturbed by the ongoing attacks on Ukraine. Together, we stand in solidarity with the Ukrainian people and send our prayers to our sister organisation Caritas Ukraine, and those Caritas agencies in neighbouring countries, who are already helping people affected by this conflict. As one Caritas, we stand united with them.

[Donate to CAFOD's Ukraine Humanitarian Appeal](#)

Pope Francis declared Ash Wednesday a Day of Prayer and Fasting for Peace in Ukraine “in order to be near to the suffering Ukrainian people, to be aware that we are all brothers and sisters, and to implore God for an end to the war”.

[Please pray for peace in Ukraine](#)

We are part of one of the largest aid networks in the world – Caritas Internationalis, and because of our global reach and local presence, we are there when an emergency hits.

## Ukraine UK Appeal – Exeter Friends of Ukraine

An Essential list of aid for Ukraine has been put together. This is for the soldiers families, children, doctors and volunteers in Ukraine. The aim is to get the next load out as soon as possible. A big massive plea for items but No clothes, footwear, toys or books please. Our group wants to utilise the space with essential aid only. Blessed Sacrament is a drop off point for donations of goods.

**On the page opposite is a list of items requested:**

## MEDICAL

- First aid kits
- Field bandages
- Paracetamol
- Ibuprofen
- Cold/Flu treatment
- Antiseptic cream
- Bandages
- Sterile dressings
- Surgical tape
- Wound closure strips
- Multivitamins
- Vicks Vapour rub
- Barrier cream
- Cough syrup
- Antiseptic body wipes
- Hand gel
- Blood bags

## FOOD / DRINK

- Protein bars
- 3 in 1 coffee sachets
- Small packets of nuts/raisins
- Peanut butter in plastic jars
- Cup-a-soups

## TOILETRIES

- Toothbrushes
- Toothpaste
- Body wash
- Wet wipes
- Pocket tissues
- Shower gel
- Sanitary towels

- Tampons

## CLOTHING

- Thermal vests/pants
- Balaclavas
- Shoe inserts
- Hand and feet warmers
- Opaque tights for warmth for both men and women (large size)
- Snoods (care with colour)
- Fingerless mittens
- Cheap reading glasses from £shop

## TOOLS

- Spanners
- Socket sets
- Torches with batteries
- Walkie talkies
- Waterproof ground sheets /sleeping mats
- Headwork lights (preferably red light)
- Dry bags (dark colours)
- Tow ropes
- Thermal blankets
- Foil body wraps
- Boot driers
- Plastic cups, plates and cutlery
- Diesel generators.

## BABIES

- breast pads
- formula milk
- Pampers/nappies

**IMPORTANT: Please bag or box up items in the categories as above and label them with which category of items are inside the bag/box. This makes sorting them much easier. Please only donate items from the list. No clothes, toys or books.** Donations can be accepted via the parish office during office hours: Tuesday, Wednesday & Thursday 10.00am - 3.30pm. **Please DO NOT leave items in the church.**



## Prayer for Ukraine

*Loving God,  
We pray for the people of  
Ukraine,  
for all those suffering or afraid,  
that you will be close to them and  
protect them.*

*We pray for world leaders,  
for compassion, strength and  
wisdom to guide their choices.*

*We pray for the world that in this  
moment of crisis,  
we may reach out in solidarity to  
our brothers and sisters in need.*

*May we walk in your ways so that peace and justice become a reality for the people of Ukraine and for all the world. Amen.*

## The Big Exeter Sleep Out at St Richard Reynolds Centre

Come and join us on Friday 11 March as we support an amazing initiative. We'll begin with Mass at 6.30pm, then enjoy a bowl of soup and a film before bedding down for the night. Fr Jonathan and Maria, our Pastoral Assistant have already signed up and have their sleeping bags at the ready! Proceeds go to Julian House, a charity that supports vulnerable and at-risk individuals. Please come and join us and raise money for this important cause. Email Maria Exeter-pastoral-assistant@prcdtr.org.uk to let us know that you will be coming along. NB Minors will need to be accompanied by an adult.

By joining this challenge you can help to raise awareness and funds for rough sleepers and vulnerable adults and homelessness in Exeter and Devon. It's a grim realisation that without support like this the life expectancy of a long-term homeless person is just 45 years! For this year's event, upon registering, you can choose where you would like to sleep-out. You could register and start your own challenge by following the link where you will also find more information- click [here](#). To donate go to the [Blessed Sacrament JustGiving page](#).

# CAFOD

CAFOD Lent Family Fast Day is on Friday 11 March.



This Family Fast Day, we remember that there are many people who need our love and support all around the world. Children experiencing malnutrition like Amie's daughter Lombeh did in Sierra Leone or as we are seeing now in Ukraine, families affected by conflict. Your small act of love can make big things happen. *Family Fast Day* is a day when we eat simply and give generously. Donations to CAFOD this Lent will reach families around

the world, enabling local experts to provide support to families in times of need or conflict. You can donate in church by taking a CAFOD envelope (available in the church porch) and return on Sunday 13 March or by visiting the CAFOD website: [cafod.org.uk/lent](http://cafod.org.uk/lent)

## CAFOD Walk Against Hunger



If you've signed up for Walk Against Hunger or persuaded a friend or a fellow parishioner to sign up, thank you so much. I wish you all the best with the challenge and hope that walking for 40 days helps you to feel closer to our sisters and brothers all over the world suffering from hunger and

malnutrition. People can still sign up once Lent starts. Don't forget to share the Just Giving page for your challenge with your parish to encourage them to support you. There are 200 million children in the world whose lives are at risk from malnutrition. So this Lent, challenge yourself to walk 200km, and help give hunger its marching orders. Do 5k a day, your way, for 40 days, and you'll conquer your 200k

target in time for Easter – and help people around the world to live free from hunger. To take part click <https://cafod.org.uk/Fundraise/Walk-Against-Hunger>  
If you are able to, take part in the community Walk Against Hunger on 26 March, to support you or a parishioner who is doing the 40 day challenge, walk in solidarity with our sisters and brothers and raise money for CAFOD. [More details here.](#)

## CAFOD's gap year programme



CAFOD believes in equipping and inspiring young adult leaders to be able to contribute to a more just and peaceful world. In partnership with our UK placements we offer opportunities for 18-30 year olds to gain experience, develop leadership skills and spend a year in the service of others. This allows them to inspire a generation of people to act for the poorest and most marginalised. If you're interested, or know someone who might be, there's more info here.

## CAFOD Online Events

Please join us to celebrate Mass online for Family Fast Day at 7.15 pm on Friday 11 March: [Register here](#) and please share this invitation with friends and fellow parishioners.

Tuesday 15 March 7-8pm: Join us for a special evening of conversation with Kayode Akintola, CAFOD Country Representative for Sierra Leone and Liberia. Kayode will share his experiences of the effects of an unjust food system & climate change on families in West Africa and his hopes for the future. [Register here](#) Saturday March 19, 11am. 'Microphones of God: Romero's message for the present time.' The Romero Trust invite you to an ecumenical service at St Martin-in-the-Fields, London. All welcome. [www.romerotrust.org.uk](http://www.romerotrust.org.uk)

*Heavenly Father,*

*Help us think of the simple things we can do for our common home.*

*Let us see that change begins with each of us.*

*If we just stop and take a break, appreciating what is at stake*

*everyone must: wake up and see, protect your creation, there is no planet B.*

*Help us: not to be wasteful; to make-do and mend; to plant more trees than we cut down; to see that even as children, we can make a real difference.*

*Amen*

*Thanks to Rosie Byrne, CAFOD Volunteer for this prayer.*



## Lent Talks 2022

Once again this year Fr Mark Skelton has organised a series of Lent Talks which we are all invited to enjoy. Each talk will begin at 7.00pm and the session will run until 8.30pm. The zoom link (below) will be active from 6.45pm.

**10 March** Rev. J.P Thomas.....'The Order of Penitents' – A Pastoral Approach to Reconciliation in a Christian Community.

**17 March** Rev Anthony O'Gorman....'Hope and Risk.' Young people's Spirituality in today's Church.

**24 March** Sr Bernadette Reis....No subject as of yet.

**31 March** Mr Jeremy Skelton.....'From the Badlands to the Promised Land'

**7 April** Mr Anthony Towey....'The Trial of Truth.' – Lenten Encounters in John.

To join the meetings please click this link: [Join Zoom Meeting](#)  
Meeting ID: 896 2546 2101. Passcode: 146545

## Lent Day of Recollection “Seven Last Words”

Being held at St Rita's Centre, Honiton, Devon on Saturday 2 April 9.30am – 4.00pm with FrTom Dubois. The day will begin with coffee/tea on arrival at 9.30am. First Talk will start at 10.00am, second talk will be at 11.00am. Exposition and Adoration of the holy Sacrament in silence will be at 12.00pm. Lunch will be served at 1.00pm, Mass at 2.45pm Cost per person: £25.00 which includes lunch. For further information & to register your name contact: St Rita's Centre Tel: 01404 42635; Email: [admin@stritascentre.org](mailto:admin@stritascentre.org) or [click here](#)

## St Nick's News

We are pleased to be back after half term and have much to look forward to this half term. As it starts to get warmer the development of our outdoor space will continue, to offer more varied and exciting opportunities for the children during break and lunchtimes.

We are delighted that we can now hold whole school liturgies once again in the school hall. To hear the children all singing together at our Ash Wednesday liturgy this week was a joy.

We have 2 vacancies for mealtime assistants, one 5 days a week and one 3 days a week. Please contact Mrs Brocksom ([abrocksom@stncls.uk](mailto:abrocksom@stncls.uk)) for more details or see [indeed.co.uk](http://indeed.co.uk) and search for St Nicholas School, Exeter.

Once again we invite potential parents to come and see our school in action. To arrange a tour or to discuss admission from Nursery to Yr 6 please also contact Mrs Brocksom 01392 445403 / [abrocksom@stncls.uk](mailto:abrocksom@stncls.uk)

# What is God saying to the Church?

As we slowly emerge into a post-pandemic world, we have an incredible opportunity to recommit our energies in bringing the gospel to those around us.

But where do we begin? There are important questions we need to consider:

- What is the most urgent call for the Church?
- What have the past two years revealed about the Church and how she is fulfilling her mission?
- What are we being called to repent of, to turn from, and to turn towards?

Join us for an in-person watch party featuring a live conversation with Bishop Robert Barron, Fr. James Mallon (Divine Renovation), and Revd. Nicky Gumbel (Alpha) for a conversation on 'What is God Saying to the Church?' St Richard Reynolds Centre on **Thursday 10 March** from 19:00-21:00. There will be an opportunity to share reflections and ideas among the group following the livestreamed event.

## Exeter WAYmakers

Have you sorted out your Lenten almsgiving yet? Help Exeter WAYmakers in our aim to resettle a refugee family in our city. To support our application to be a Community Sponsor we need to raise £9000. Both Exeter parishes have made generous donations to start us off and we want to give you parishioners the opportunity to support this work by your prayers, your volunteering and your individual donations. We want this to be a Catholic community effort across all our parishes so please do support us. Please place your donation in an envelope marked Exeter Waymakers and hand it in to Lesley Hooper at the parish office. If you wish to make your donation online to the parish account please clearly reference your donation Exeter Waymakers. Many thanks on behalf of the Waymakers Core Group. If you would like more information feel free to contact Peter Schranz on [pschranz5@gmail.com](mailto:pschranz5@gmail.com) or Chris Lee at [cml\\_lee@hotmail.com](mailto:cml_lee@hotmail.com).

## Exeter Foodbank – March Priority List

The March priority items are: Milk (UHT semi-skimmed) Fruit juice, noodle snacks, sugar, shampoo, shower gel, squash.

Please **ONLY** donate items from the list. Thank you for your understanding.

Collection Points - Co-Op (Heavitree/St Thomas); Tesco (Exe Vale); Sainsbury's Alington/Pinhoe/Guildhall); Waitrose (Gladstone Rd). Or you can donate money online [here](#) The Food Bank is feeding approximately 333 people a week at present.

## Bishop's Pastoral Message

[Read Bishop Mark's Pastoral Letter.](#)

[Watch Bishop Mark's Pastoral Letter on YouTube.](#)



## Pope Francis tweets...



## Diocese of Plymouth vacancy

The Diocese of Plymouth is looking to appoint the following position.

**Role: Facilities Assistant** – St. Boniface House, reporting to: The Head of Property Services. Location: St Boniface House, Ashburton, TQ13 7JL

Hours: 21 hours/3 days per week starting at 8.30am with Friday ideally being one of the working days.

Do you want to work at a beautiful rural site close to Ashburton, Devon? Do you have property maintenance or caretaking experience? Are you good at working with other people including contractors? If so, you may be suitable for our Facilities Assistant role. As part of the Property Department, the Facilities Assistant will be responsible for the day to day running and maintenance of both the buildings and grounds at St. Boniface House. The role requires a proactive and reactive approach to general routine repairs, good customer skills to support clergy and employees and a pride in the properties and their purpose. Copies of the job description and application form are obtainable from the HR Department 01364 645383 or [recruitment@prcdtr.org.uk](mailto:recruitment@prcdtr.org.uk) Applications are by application form and covering letter. The last date for applications is Monday 21 March and interviews will be held during week commencing Monday 28 March at St Boniface House.

## Walking Together— The Synodal update

This update can be found by [clicking here](#)

# GIFT Growing In Faith Together

## March update: A Lenten Journey

On Saturday 5th March, we met with GIFT families to celebrate Mass, enjoy refreshments and learn about and explore what it means to make a family Lenten journey. Families learned about the three pillars of Lent, took home resources to support their journey and made Lenten paper prayer chains.

## What Is Gift?

GIFT is for all families of faith who want to learn about their Catholic faith, meet other families and be supported in their family faith journey. GIFT is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation. To register for GIFT and to receive regular updates please complete this [Registration Form](#).

## GIFT Youth

On Saturday we were delighted to open the doors of GIFT for the first time to secondary school aged young people. Fr Albert and a team of youth catechists explored the topic of Lent with over 15 young people. To register for GIFT Youth please complete this [Registration Form](#).

## Bedtime Chats

All of the Bedtime Chats can be found on the Blessed Sacrament Website GIFT page: <https://www.blessedsacrament.org.uk/parish-life/gift/>

## Get In Touch

Our next parent zoom session is on Wednesday 16th March from 19:00-20:00. Our next Family and Youth session is on Saturday 2nd April. If you would like to join us, please get in touch with [maria.exeter-pastoral-assistant@prcdtr.org.uk](mailto:maria.exeter-pastoral-assistant@prcdtr.org.uk)

## Catholic Children's Society (Plymouth)

### **Vacancies: Trustee Directors**

CCSP is looking for enthusiastic, new Trustee Directors to fill vacancies that have arisen as a result of retirement. The Society's purpose is to provide help to families in urgent need and to alleviate child poverty, avoid neglect or abuse and prevent homelessness. The society aims to support parents and carers to enable them to provide a better quality of family life. We are looking for members of the public to guide the charity and ensure it is managed effectively. We are seeking Trustee Directors who have the ability to think creatively and offer their experience to the Society. We are especially interested in hearing from people with the time, enthusiasm and commitment to take an active role – mentoring our staff and attending events. You may also have valuable experience with other charities. We are particularly keen to achieve a more diverse board of trustees and we welcome

applications from all sections of the community. The Board meets at least four times a year and whilst the position is voluntary and unpaid, reasonable travelling expenses are paid as per our policy. To find out more please contact please phone 01364 645420 or email [ccs@prcdtr.org.uk](mailto:ccs@prcdtr.org.uk) We can send further information about becoming a Trustee for a charity and can arrange an informal chat with either our Co-Chair's Andrea Rodgers or John Larter.

## Catholic Exeter Forming in Faith

It's not too late to come along and join us as we reflect on our faith and deepen our understanding of what it is to be a Catholic Christian in today's world.

The next sessions are on Monday 14 March 10.30am–12.30pm at Sacred Heart and Tuesday 15 March 7.00–9.00pm at Blessed Sacrament. We're watching and discussing films from Bishop Robert Barron's 'CATHOLICISM' series. Our next session (and last session in this series) is Lesson 10: World Without End- The Last Things. To join us on this journey of discovery come along. We hope to follow the 'Catholicism' series of a films with another of Bishop Robert Barron's excellent film series. We look forward to welcoming you along.

## Youth Events in the diocese

### World Youth Day (WYD) 2023 Lisbon Portugal

Mary arose and went with haste (LK 1:39) is the moto for next year's World Youth Day (WYD). Planning has begun for our trip. Leaders are starting to be recruited and young people are expressing interest. Please contact me if you know anyone who would interested in joining us - Saskia [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

### Storm Eunice stops Heatree residential, new dates below.

When Storm Eunice hit it was decided to postpone the Heatree Residential. The rescheduled dates will be 13th - 15th May. The residential will start after school on Friday and will finish with a family Mass at 2.00 on Sunday 15th May. Priority will be given to those that booked for the February venture but there are spaces for those that did not book. [Click to book Heatree Residential May 13-15](#)

**Stay awake** is a great conference for all Christians, young and old to meet.

Book your place through their website: [Stay Awake website](#) To find out more about Stay Awake look at their Instagram account. [Stay Awake Instagram](#)

**Volunteers for social media** Youth Events have an Instagram account, Facebook page and YouTube channel. Do you think you could give a hand to keep these live and share information about youth events? If so please get in touch. Thank you - [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

# Diocesan Retreats

There will be people who need to explore, make sense or reflect on the presence of God in their everyday lives, during the present challenging times, or perhaps in the more painful moments experienced recently. A retreat offers us this opportunity.

Residential - Ignatian Individually Guided Retreats organised by the Plymouth Diocesan Ignatian Spirituality Group. Members of the Ignatian Spirituality Group are experienced guides, who have received training in relation to Ignatian spirituality and include priests, deacons and lay people.

Lenten- Residential Silent Retreats - Honiton

4 - 6 March (Fri – Sun) Weekend Retreat (£150)

7 - 11 March (Mon – Fri) Midweek Retreat (£240)

4 – 11 March (Fri to Fri) 6 day Retreat (£450)                      Limited Places

The Group continues to offer one-to-one days of accompanied prayer i.e. online or by phone, to suit people's individual circumstances. For further information, or to book those who are interested can contact the Diocesan Ignatian Spirituality Group by email [here](#) or telephone: 01752 769164 or 07823447637.

The following retreat is also being offered in conjunction with outside guides.

Contemplative Retreat – Living and Praying in the Way of Franz Jalic

Friday 6 – 14 May (£600)

## Calling all Catholics – We need you

We need committed Catholics to become foundation governors in our schools.

We want the Diocese to have a community of outstanding schools in which our pupils flourish in safe, happy and stimulating environments, so they leave us with the knowledge and skills, personal qualities and aspirations, to make the world a better place, inspired by the Gospel.

You could make a huge difference in our Diocese. Your faith and encouragement could help the school community to develop their Catholic identity, keep our children and staff safe and help them in their commitment to the vision of Pope Francis who said, 'Only by changing education can we change the world.'

A background in education or safeguarding would be desirable but no experience is totally necessary – your passion, faith and commitment is what is really needed as lots of friendly advice and training will be given.

Inspired by our teacher, Jesus Christ, and his good news to the poor, we have a commitment especially to those who are disadvantaged. We are determined that a child's start in life need not determine their future. We are committed to the well-

being of the earth, our common home, inspired by the example of Pope Francis: to live wisely, think deeply and love generously

I would ask you to truly consider if you can take on this vital role. If you feel you can help, please speak to your parish priest about the next steps on the journey.

May the Lord reward your service and may you be blessed in the generosity of sharing your gifts.

Rev Canon Mark O'Keeffe  
Episcopal Vicar for Schools  
Plymouth Diocese



## Mass intentions

If you would like a Mass said for a particular intention, for someone who is ill or a loved one who has died, in thanksgiving for an answer to prayer or perhaps something personal please contact the Parish Office and we'll help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give.

## Wednesday Word Scripture Reflection

Wednesday word meets online via zoom from 2.00-3.00pm. If you would like to join us then, please get in touch with Maria: [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk). Please note that you do not need to make a weekly commitment and a warm welcome will await you whenever you can come.

## Pope's March prayer intention

For a Christian response to bioethical challenges. We pray for Christians facing new bioethical challenges; may they continue to defend the dignity of all human life with prayer and action. See also the Popes' video [here](#)

## Take your Family to Church this Lent

Churches are safe and the doors are "wide open," says Cardinal Vincent Nichols as we prepare to celebrate the prayerful season of Lent. In a message to Catholic school pupils, Cardinal Nichols stresses the importance of "coming into the presence of God" to "join in fully in the prayer of the Mass." The Cardinal encourages young people to be part of the parish community - a family of faith. "When we come [to Mass], we receive the gifts of God. We receive His compassion, we receive His love. We come to know how to serve others and to give to them what we receive from the Lord."

# LENT 2022

We are now approaching the season of Lent. This year, the team at *Caritas Plymouth* is planning to take small actions each week that will make a positive difference in the lives of those around us. We challenge YOU to join us.

Take action to reach out to those in need in our local communities.

We have created two suggestions for each week of lent.

How many of these actions can you complete?

## Week 1

Pray for people who may be alone or isolated.

Leave a nice note for one of your friends or your boss.



## Week 2

Give up a small luxury during Lent and use the money you save to help others.

Pray for refugees around the world trying to make a fresh



## Week 3

Think of ways to care for creation (e.g. recycle more).

Write down a list of all the things you are thankful for in your life.



## Week 4

Donate an item of food to a local food bank to help families in your community.

Write a card to someone special to tell them what they mean to you.



## Week 5

Donate things to a charity shop if you no longer need them.

Notice someone doing a good deed and thank them.



## Week 6

Say something nice to each person in your office or family.

Share a lent prayer with friends or family



# SAINTS OF THE WEEK...

## 7 March Saints Perpetua and Felicity



They were martyred at Carthage in 203 during the persecution of Septimius Severus. With so many martyrs of the third and fourth centuries we have to say “they were martyred but nothing else is known about them.” That is not the case here. We have a detailed contemporary account of their arrest, trial, sufferings and martyrdom, written partly by the saints themselves and partly by an eye-witness. Devotion to

them spread rapidly and they are mentioned in the Roman Canon of the Mass.

## 8 March St John of God (1495 - 1550)



He was born to a poor but devout family in Portugal in 1495. After serving as a soldier under the Emperor Charles V he devoted his life wholly to the service of the poor and the sick. He founded a hospital in Granada and a circle of disciples formed round him, which later became the Order of Hospitallers. He died on 8 March 1550, his 55th birthday.



## **17 March St Patrick, Bishop & Missionary. Patron of Ireland (385 - 461)**

He was born in Roman Britain around the end of the 4th century, and died in Ireland about the middle of the 5th century. As a missionary bishop, he endured many hardships and faced opposition even from his friends and fellow Christians. Nevertheless, he worked hard to conciliate, to evangelize, and to educate local chieftains and their families. He is remembered for his simplicity and pastoral care, for his humble trust in God, and for his fearless preaching of the gospel to the very people who had enslaved him in his youth.



## **20 March Saint Joseph, Spouse of the Blessed Virgin Mary**

Nothing is known of St Joseph except what is said of him in the Gospels. He was a carpenter; he accepted the will of God; and he supported Mary and brought up Jesus. From the human character of his son we can see that he was a good and responsible father. He is widely venerated as a patron of artisans who honourably do good work with the gifts God has given them, and of workers in general. To those who exercise the role of an adoptive parent, whether formally or



informally, whether over one child or as the support of a whole family, he is a source of inspiration.

## 13 March. Second Sunday of Lent. Year C



### **As Jesus prayed, the aspect of his face was changed**

Every year, on the Second Sunday of Lent, we hear about the Transfiguration of Jesus on the mountain top. Why? Jesus revealed his glory to the three apostles in order to strengthen them for the journey ahead - the journey to Jerusalem, Gethsemane and Golgotha. The same vision is today offered to us, to strengthen us in our Lenten Journey of Faith. Last week we heard about temptation: this week we are driven onwards by a vision of glory that will be ours - the goal of our lives of faith and all that we do as Christians. The transfiguration represents the final destination of our lives, if we are faithful in resisting temptation and living each day as faithful members of Jesus Christ. In our journey of renewal and new commitment through Lent, we are spurred on and encouraged by today's vision to see why the effort is worth it.

# Mass Times

## Sunday 6 March

*First Sunday of Lent*

8.45am *Tony Sammon RIP*

10.45am

6.00pm *People of the Parish*

Tuesday 8 March 6.30pm

Wednesday 9 March 9.30am

*Tom & Richard Ware RIP*

Thursday 10 March 9.30am

*Private Intention*

Friday 11 March 6.30pm

*CAFOD Lent Fast Day*

*The Needy and Hungry  
of the World*

Saturday 12 March 9.30am

## Sunday 13 March

*Second Sunday of Lent*

8.45am *People of the Parish*

10.45am

6.00pm *Private Intention*

Tuesday 15 March 6.30pm

Wednesday 16 March 9.30am

*Private Intention*

Thursday 17 March 9.30am

*St Patrick, Bishop & Missionary  
Patron of Ireland*

Friday 18 March 6.30pm

*Ken Herman RIP*

Saturday 19 March 9.30am

*St Joseph, Spouse of the  
Blessed Virgin Mary*

## Sunday 20 March

*Third Sunday of Lent*

8.45am

10.45am *People of the Parish*

6.00pm

Tuesday 22 March 6.30pm

Wednesday 23 March 9.30am

Thursday 24 March 9.30am

Friday 25 March 6.30pm

*The Annunciation of the Lord*

Saturday 26 March 9.30am

**CLOCKS GO FORWARD  
ONE HOUR**

## Sunday 27 March

*Fourth Sunday of Lent*

*Laetare Sunday*

8.45am *People of the Parish*

10.45am *Penny Barrington RIP*

6.00pm

Tuesday 29 March 6.30pm

Wednesday 30 March 9.30am

Thursday 31 March 9.30am

Friday 1 April 6.30pm

Saturday 2 April 9.30am

## Stations of the Cross

Each Friday during Lent Stations of the Cross will be at 6.00pm followed by Mass.

# The Word

## Sunday 6 March

First Reading

Deuteronomy 26:4-10

*The creed of the chosen people.*

Psalm Response

Be with me, O Lord, in my distress

Second Reading Romans 10:8-13

*The creed of the Christian.*

Gospel Luke 4:1-13

*Jesus was led by the spirit through the wilderness and was tempted there*

## Sunday 13 March

First Reading

Genesis 15:5-12.17-18

*God enters into a covenant with Abraham.*

*The man of faith.*

Psalm Response

The Lord is my light and my help

Second Reading

Philippians 3:17-4:1

*Christ will transfigure our bodies into copies of his glorious body.*

Gospel Luke 9:28-36

*As Jesus prayed, the aspect of his face changed.*

## Sunday 20 March

First Reading

Exodus 3:1-8. 13-15

*I am has sent me to you.*

Psalm Response

The Lord is compassion and love

Second Reading

1 Corinthians 10:1-6.10-12

*The life of the people under Moses in the desert was written down to be a lesson for us.*

Gospel Luke 13:1-9

*Unless you repent you will all perish as they did.*

## Sunday 27 March

First Reading

Joshua 5:9-12

*The People of God keep the Passover on their entry into the promised land.*

Psalm Response

Taste and see that the Lord is good.

Second Reading

2 Corinthians 5:17-21

*God reconciled us to himself through Christ*

Gospel Luke 15:1-3.11-32

*Your brother here was dead and has come to life.*



Blessed Sacrament Parish is  
part of the Roman Catholic  
Diocese of Plymouth

## Parish Information

### Parish Priest

*Fr Jonathan Stewart*

### Priest in retirement

*Fr John Watkins*

### Parish Office

*The Presbytery, 29 Fore Street,  
Heavitree, Exeter EX1 2QJ  
01392 274724*

*exeter-heavitree@prcdtr.org.uk*

*Open Tuesday, Wednesday and*

*Thursday 10.00am–4.00pm*

### Parish Secretary

*Lesley Hooper*

### Parish Pastoral Assistant

*Maria Quinn*

*exeter-pastoral-assistant@prcdtr.org.uk*

### Safeguarding Reps

*Lesley Hooper & Maria Edwards*

Please contact the Parish office if you have any concerns about the welfare of a child or a vulnerable adult.

### St Nicholas School

*Ringswell Avenue, Exeter EX1 3EG*

*01392 445403 admin@stncs.uk*

*www.st-nicholas-exeter.devon.sch.uk*

### Executive Head Teacher

*Cathy Lowry*

### Blessed Sacrament Live

10.45am Mass on Sunday and most weekday Masses will be streamed live on the Parish YouTube channel.

**Deadline for newsletter items 10.00am Thursday.**

## Your Offering

We are grateful for your continued generosity to the parish. **Please remember that the most efficient way for you to give is by standing order.** Forms are available by emailing or calling the parish office. Arrangements are made directly with your bank. And if you can, please GiftAid your contribution.

### Parish News by post & email

To receive the Parish News, by email or post, please phone or email the Parish Office and we will arrange to get a copy sent to you or someone you know who might like to receive it (with their permission).

### Dial-a-Mass

For those without the internet or a computer the Mass is recorded and put on the telephone at 12 midday on Sundays and will stay until 11.59am the following Sunday. For the cost of a local call they can listen to the Holy Sacrifice of the Mass by dialing 01642 130120

### Getting married?

Congratulations! Please give us six months' notice if you are hoping to marry in the Church.

### The Bishops' Conference

Regular updates can be found at [here](#)

### Churches Together

Devon News [here](#)

Exeter news [here](#)

England News [here](#).