

CATHOLIC EXETER



Parishes of Sacred Heart and Blessed Sacrament

10 July 2022 Fifteenth Sunday in Ordinary time. Year C. *Psalter Week 3*

Loving unconditionally



Our faith is eminently simple: love God, and love neighbour. We do not need to be geniuses. We simply need to love God with all our heart, soul, strength, and mind, and to love our neighbour as ourselves. Jesus combines two commandments of the Torah as the summary of all morality and virtue. Sometimes, however, we like to put limits on love, so Jesus told the parable of the Good Samaritan.

It is not enough just to be “good.” We can keep all God’s commandments, rules, and laws, but if we do not have love and share this love, we are not the Christians Jesus is calling us to be. The external appearances of religion are not enough. We must allow Christ’s love to penetrate us and transform us from within.

Unfortunately, we do not always take advantage of these gifts due to our self-love, human respect, or vanity. We need to break out of this trap and begin to love as Jesus is calling us to, unconditionally, without reservations – and toward everyone. There is a certain joy in giving, in loving without conditions, not seeking anything in return. Let us not allow the world to convince us otherwise. To love our neighbour means we need to be willing “to see,” to have hearts that can feel compassion, and be ready to express mercy in ordinary and practical ways. This is what it means to be Christian: to be fully human. We are made for God’s love, and we must help him spread this love to all. It is what our world needs today. Love is what makes the world go around. Amen! *Fr Anil.*

MASS TIMES SACRED HEART



Sunday 10 July – Fifteenth in Ordinary Time

Apostleship of the Sea – retiring collection

- 5.30pm (Sat) *for World Peace*
9.15am *for the People of the Parish*
11.15am *for all Seafarers*
5.00-6.00pm Adoration & Benediction

Monday 11 July – St Benedict, Abbot & Patron of Europe

- 10.00am *for Exeter Catenians*

Tuesday 12 July

- 10.00am *for Father David*

Wednesday 13 July

- 10.00am *for Our Country*

Thursday 14 July – St Camillus de Lellis, Priest

- 6.30pm Adoration of the Blessed Sacrament
7.00pm *for NHS Workers*

Friday 15 July – St Bonaventure, Bishop & Doctor

- 10.00am *for a Private Intention*

Saturday 16 July – Our lady of Mount Carmel

- 10.00am *for All Those Suffering with Covid*

Sunday 17 July – Sixteenth in Ordinary Time

- 5.30pm (Sat) *for the People of the Parish*
9.15am *for a Private Intention*
11.15am *for Ukraine*
5.00-6.00pm Adoration & Benediction

Confessions

Saturdays after 10.00am Mass and 4.00–5.00pm and on reasonable request.

Live stream

All Masses and liturgies are now being live-streamed. [Click here.](#)

Refreshments

Tea & Coffee after Masses on Sunday (9.15am), Tuesday & Saturday

Church open for private prayer from 9.30am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday 10 July – Fifteenth in Ordinary Time

Apostleship of the Sea – retiring collection

8.45am *Henry Filipiuk*
10.45am *Private Intention*
6.00pm *People of the Parish*

Tuesday 12 July

6.30pm **NO Mass**

Wednesday 13 July

9.30am *Theresa Obiageli Enwonwu RIP*

Thursday 14 July – St Camillus de Lellis, Priest

9.30am **NO Mass**

Friday 15 July – St Bonaventure, Bishop & Doctor

6.30pm *Maggie Thomson RIP*

Saturday 16 July – Our lady of Mount Carmel

9.30am *Sick and Housebound of the Parish*

Sunday 17 July – Sixteenth in Ordinary Time

8.45am *People of the Parish*
10.45am *Margaret Jaques RIP*
6.00pm *Ukraine*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Live stream

Most Masses & liturgies are streamed live from the church. To access the YouTube stream please [click here](#).

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday. *If you would be willing to be on a rota to serve refreshments after the 10.45am Mass on Sundays we would love to hear from you. Please contact the Parish Office.*

NEWS

Today is Sea Sunday 10 July

Sea Sunday is a day when the Church prays for all who live and work at sea. Stella Maris (Apostleship of the Sea) is the Catholic Church's official maritime welfare agency. It supports seafarers both practically and spiritually. Chaplains and trained volunteer ship visitors help not only the seafarers and fishers in port or in centres, but also those in hospital, in prison, or in court. Their ministry leads them to stand alongside seafarers in times of trouble, wherever that takes them. All this good work is done on behalf of the Catholic Church, through the kind and compassionate support of our parishes and other parishes. There will be a retiring collection at all Masses on Sunday 10 July for Stella Maris which is dependent on voluntary donations so please give generously. Thank you

Baptism Preparation Course

We are currently taking bookings for the July course.

Are you expecting a baby and/or looking to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into the community of the Church. Courses are over two consecutive Saturday mornings from 10:15-12.00 delivered via Zoom. The course dates are: 16/23 July and 15/22 October. Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link at the end of this article to register. If you have any problems accessing this, please contact Lesley in the Parish Office on 01392 274724 or at exeter-heavitree@prcdtr.org.uk [Baptism Enquiry form](#)

Thursday Lunch Club

We meet in the St Richard Reynold's Centre at Blessed Sacrament Church. We have around 30 members who come either fortnightly or monthly and we would very much like to welcome new members, whether from Blessed Sacrament or Sacred Heart parishes, who might like to come along to enjoy lunch and a couple of hours of good company. If you are interested please ring Di Bish on 07940 142124 or email clydebish@hotmail.com for further details.

Trip to RHS Rosemoor

The Thursday Lunch Club have arranged a trip, by coach, to RHS Rosemoor on Thursday 11 August. The coach will leave at 10.00 am and return around 4.00 - 4.30pm. Non Club members are most welcome to join this outing. The cost is approximately £20, which includes entrance to the gardens. To book or for more information please contact Maureen Knowles on 01392 211388.

Exeter Street Pastors

Exeter Street Pastors started in 2009 and currently have around 60 trained volunteers from over 30 different churches. We can be found out and about in Exeter city centre one Friday a month and every Saturday night between 10.30pm and 2.30am. **Exeter Street Pastors are here to ...** Listen Care & Help and be the presence of God on the streets of Exeter.

What we do: Work with the Night-Time Economy enabling people to have a safe and Enjoyable evening. **We provide** a listening ear, a calming and prayerful presence, flip flops, water, first aid and lollipops!

Are you a Christian, over 18, and have a heart to serve as Jesus' hands and feet on the streets of Exeter? If so we start training on Monday 12 September. For more information and an application form please email

admin.exeter@streetpastors.org.uk

Website: www.streetpastors.org/locations/exeter

Blessed Sacrament requires cashiers

If you can spare an hour on a Tuesday morning to help count the collections we would be very grateful for your help. Please contact the parish office for more information or to offer your help. Thank you

Healing & Recovery from abuse

27 June - 29 August, 7.00pm – 8.30pm. WHO FOR? Survivors of abuse in a church context, by a church worker, or other faith-based abuse. WHAT? Our trained survivor facilitators invite you into a safer space to give and receive support on our journey of healing and recovery. Contact us for an information pack and a confidential discussion survivorspod@gmail.com quoting: Healing & Recovery. ALL WELCOME. These sessions are open to all, the only requirement is that you want to heal. So, whatever your personal identity, faith or no faith, we hope to welcome you. WHY? We recognise the impact of abuse on our faith journeys and are passionate about exploring the different ways in which we deal with trauma, to gain support with the impact, looking at ways to heal and restore well-being and joy. Brought to you by www.survivorsvoices.org, www.littlero.org.

New Dawn in the Church

Come and experience the life-changing power of the Holy Spirit.

New Dawn in the Church - a Catholic Charismatic Family Pilgrimage Conference - is taking place Monday 1 - Friday 5 August at the Catholic National Shrine & Basilica of Our Lady of Walsingham.

This year will be our 36th Conference and for the first time the main adult programme will take place within the Shrine & Basilica grounds!

New Dawn is a residential Conference that welcomes approx. 2,500 pilgrims in person and has reached over 150,000 online, with the purpose of bringing each pilgrim to a deeper personal relationship with God the Father in His Son Jesus Christ through the power of the Holy Spirit.

In the words of its founder Myles Dempsey, New Dawn is a Conference where pilgrims can experience “the beauty of the Church... in all her splendour; the Church with all its lights on and all its aspects celebrated – the Charismatic, the Liturgical, the Marian, the Eucharistic, the Sacramental, the Mystical... and for the whole family to be there.”

This year we have amazing faith-filled and inspirational speakers from all over the world, a gifted music ministry, healing/prayer ministry and children's and youth ministries. We are especially excited to share that this year's youth ministry will be headed up by two expert youth ministers from the USA to provide fun, faith-filled, and practical ways for our young people to live out their Catholic Faith!

There will also be social & food tents for refreshment and fellowship.

Register now at www.newdawn.org.uk

Wednesday Word Scripture Reflection

We meet online via zoom from 2.00-3.00pm each Wednesday. If you would like to join us, get in touch with Maria: exeter-pastoral-assistant@prcdtr.org.uk. You don't need to make a weekly commitment, you're welcome whenever you can.

Cost Of Living Help

Household Support Fund Help Available

Devon has been allocated around £5 million by the government to support low income families in the cost of living crisis, through a scheme called the Household Support Fund, which runs until September 2022. If you know anyone who may be struggling to afford to pay for their energy, water, food or other essential items, you can refer them through Citizen's Advice online, over the phone, or your local Citizens Advice office.

GIFT Gateway to the Sacraments

By engaging families with their faith and helping them grow in their relationship with God, we are naturally paving the way for the reception of the Sacraments of initiation, particularly Reconciliation, Eucharist and Confirmation. These Sacraments are not just 'one-off' celebrations, they are gifts of God given to nourish and strengthen us on our journey through life. So if you are hoping your child will make their 'First Holy Communion', or as we say 'receive Holy Communion for the first, but not the only time', you will need to come along.

All the information you need to register is below. Contact our Pastoral Assistant Maria Quinn (exeter-pastoral-assistant@prcdtr.org.uk) if you would like to know more about GIFT. We look forward to seeing you soon.

GIFT update: On Saturday 2 July we met and learnt about holy days in the Church calendar. With the summer holidays approaching it was good to reflect on why we are encouraged to rest and recuperate. We also learnt about the obligation for Catholics to attend Mass on Sundays and holydays of obligation.

GIFT Youth: Fr Albert and our GIFT Youth Team meet with our young people for their own session. [GIFT Youth Registration Form.](#)

We are looking forward to going bowling with our young people on 15 July.

Next GIFT Family Session: No meeting in August. We look forward to welcoming our families again on Saturday 10 September.

Family Prayer Resources: [Bedtime Chats](#)

Register for GIFT: [GIFT Primary Registration Form.](#)

Catechetical Summer Camps 2022

The diocesan Catechetical Summer Camps take place during the first two weeks of August. The poster advertising the Camps shows a QR code which gives access to the application form for registering.

This year the Camps celebrate their 70th Anniversary. The Camp committee is anxious to gather information from campers, camp helpers, camp organizers, catechists, C.W.L. members. In fact, we would like to gather information from anyone involved in whatever way with the Camps during the past 70 years. A QR code to a form to gather information can be found on the noticeboard.

In these times of challenging family economics, I would remind you that if families find the costs hard to meet, I would urge them to approach their parish priests to see if the parish can offer assistance.

Pope's July prayer intention

We pray for the elderly, who represent the roots and memory of a people; may their experience and wisdom help young people to look towards the future with hope and responsibility. [The Pope Video](#).

Help for Ukraine

Things that are needed at the moment are all medicines, including prescription, even if it is out of date (we have a team of nurses who check all medication), medical supplies (tubing, gauze, bandages, dressing etc.), non-perishable food, sanitary items, sweets for children, nappies, and baby milk/formula. Also, and this is extremely in short supply, firefighting supplies, even if they are used.

Donations can be taken to Parrs Farm EX2 8XT

Sacred Heart online donations

All donations are anonymous. Please use this link to make your donation. Alternatively, you can go to Sacred Heart website. Scroll down to the 'Parish News' and click the highlighted 'Donate Here' text. There is also a link on our Facebook Page. If you need further guidance email Sacred Heart Parish Office.

Thank you for your generosity

We are immensely grateful to all our donors who have supported us during the year and helped keep the doors of our churches open to achieve our Mission. If you don't already do so, please consider whether you could increase the value of your donation by signing up for Gift Aid (more details and form available from your parish gift aid organiser/parish office).

Gift Aid donors You should soon receive an individual statement of how much you gave in the past financial year so that you can check you have paid enough tax to cover the gift aid that the parish will claim. This statement will go to the address that is currently held by the gift aid organiser. If you are expecting a letter but do not receive one please contact the parish office. Thank you.

Exeter Foodbank News

Priority items: noodle and pasta snacks, sponge puddings, tinned vegetables, squash, sugar, UHT milk (semi-skimmed 1 litre), jams, spreads, toilet rolls, shampoo, shower gel, chocolate, crisps, washing capsules. **Collection points at the back of Sacred Heart and Blessed Sacrament churches.** Donate money online [here](#). Please ONLY donate items from the list. Thank you

Catholic Exeter Forming in Faith

Next meetings Monday 18 July at 10.30am at Sacred Heart and on Tuesday 19 July at 7.00pm at Blessed. This meeting will be a stand alone Word on Fire film and discussion. We will be taking a break during August and look forward to seeing everyone in September for another Word on Fire series.

Dipping into the Catechism

A response to the Synod

This is a new initiative in response to your request to learn more about the teachings of the Catholic Church. Each week we offer an excerpt from the Catechism along with a simple explanation. Copies of the first one are available in Church and online. If you would like to further explore the teachings of our faith there are several groups across the diocese that meet locally and online. If you would like more information, please contact deborah.vankroonenburg@prcdtr.org.uk

Youth Events [Click here](#) for the E-newsletter.

Youth 2000 Summer Festival will take place at Ampleforth College from Friday 26 - Monday 29 August. For more information and to book a place follow [this link](#)

Flame 2023 Tickets now available! Flame is aimed at young people aged year 9 (14 years old) through to university age. It's not just for Catholics, anyone interested is welcome to come. Ticket price includes T-shirt and coach to Wembley Arena, London. Email Saskia: youth@prcdtr.org.uk for further information.

World Youth Day 2023 Lisbon Portugal 26 July – 8 August 2023. For young people who will be 17+ by August 2023. World Youth Day is a chance to meet Pope Francis with around 3 million young people from across the globe. The Pope will celebrate Mass for the opening and the closing of WYD. Speakers from around the world will lead and guide us. There will be many opportunities for inspiring catechesis and prayerful worship, but perhaps the most wonderful opportunity will be to meet other young faithful Catholics who want to share and celebrate their faith. Don't miss it! The Diocese of Plymouth is planning to take a group of pilgrims. We will be arranging for our young pilgrims to stay with local families in Lisbon for several days to experience local culture and traditions before joining the many Youth Day events in Lisbon. The cost has yet to be confirmed but those who are travelling will be encouraged to embark on some fundraising, and of course the parishes will want to help. To express interest in travelling get in touch with Saskia youth@prcdtr.org.uk

Synodal Journey

The latest Diocesan Synodal update and a copy of the National Synthesis have now been published. The Bishops of England and Wales are gathering to discern their response to this National Synthesis. Their work, together with the synthesis document will be sent to the Synod Office in Rome as the formal submission to the Synod from England and Wales. Please check the Diocese website to see the July update [here](#) and the National Synthesis [here](#)

We thank all who have participated so far in the Synodal Process and ask for continued prayers as we journey together towards being a Synodal Church in today's world.

THE WORD

Sunday 10 July – 15th Sunday in Ordinary Time

First Reading – Deuteronomy 30:10-14

The Law is not beyond your strength or beyond your reach

Psalm Response:

Seek the Lord, you who are poor, and your hearts will revive.

Second Reading – Colossians 1:15-20

All things were created through Christ and for Christ

Gospel – Luke 10:25-37

The Good Samaritan

Sunday 17 July – 16th Sunday in Ordinary Time

First Reading – Genesis 18:1-10

'Next year your wife Sarah will have a son'

Psalm Response: The just will live in the presence of the Lord.

Second Reading – Colossians 1:24-28

A mystery hidden for generations has been revealed to God's saints

Gospel – Luke 10:38-42

Martha works; Mary listens

INFO

Blessed Sacrament

29 Fore Street, Heavitree,
Exeter EX1 2QJ
01392 274724
exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Office

Tuesday, Wednesday, Thursday
10.00am–4.00pm

Parish Secretary

Lesley Hooper

Blessed Sacrament Gift Aid:
exeter-heavitree@prcdtr.org.uk

Sacred Heart

25 South Street, Exeter EX1 1EB
01392 272815
exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Kieran Kirby

Assistant Priests

Fr Albert Lawes

Fr Anil Gundabatina

Deacons

Delian Bower & Kelvin Russell

Sacred Heart Gift Aid Enquiries:
exeter-sacredheart-giftaid@prcdtr.org.uk

Parish School

St Nicholas Catholic Primary School
Ringswell Avenue, Exeter EX1 3EG
01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher

Cathy Lowry

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Maria Edwards

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Bishops' Conference Updates

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#).

*Catholic Exeter is part of the Roman
Catholic Diocese of Plymouth.*