

CATHOLIC EXETER



Parishes of Sacred Heart and Blessed Sacrament

28 August 2022 Twenty Second Sunday in ordinary Time. Yr C. *Psalter Wk 2*



The theme of the day is **True Humility** and the blessedness of generous sharing. It is an attribute and quality of God that all his children must strive to possess and live. Ben Sirach, in the first reading, instructs us to be honest about ourselves and to become conscious of our limitations, acknowledging our true position before God as creatures and sinners. Humility must be the essential condition for God's invitation to His heavenly banquet. It must be expressed in the recognition of one's lowliness before God and one's need for salvation.

The humility that the gospel urges upon us has nothing to do with self-deprecation that leaves a person without proper self-esteem. We must simply admit the truth that we do not know everything, we do not do everything right, and we are all imperfect and sinners. Nevertheless, we should also recognize that we are created in the image and likeness of God, called to help build the kingdom of God with our God-given gifts. We are of value, not because of those gifts, but because we are loved by God as His children redeemed by the precious blood of His Son, Jesus. *Fr Anil*

MASS TIMES SACRED HEART



Sunday 28 August – 22nd in Ordinary Time

5.30pm (Sat) *People of the Parish*

9.15am *For Plymouth Diocese Children's Society*

11.15am *Michael Sullivan RIP*

5.00-6.00pm Exposition of the Blessed Sacrament & Benediction

Monday 29 August – The Passion of St John the Baptist

10.00am *For Peter Emmanuelle for a speedy recovery*

Tuesday 30 August – St Margaret Clitherow, Martyr

10.00am *Fr John Allan RIP*

Wednesday 31 August

10.00am *Fr David Williams RIP*

Thursday 1 September World Day of prayer for the Care of Creation

6.30pm Exposition of the Blessed Sacrament

7.00pm *Holy Souls*

Friday 2 September

10.00am *Holy Souls*

Saturday 3 September – St Gregory the Great, Pope & Doctor

10.00am *Ronald Lee RIP*

Sunday 4 September – 23rd in Ordinary Time

5.30pm (Sat) *James Graham Keeler RIP*

9.15am *For Kathleen Keane*

11.15am *People of the Parish*

5.00-6.00pm Exposition of the Blessed Sacrament & Benediction

Confessions

Saturdays after 10.00am Mass and 4.00–5.00pm and on reasonable request.

Live stream

All Masses & liturgies are streamed live from the church. To access the YouTube stream please [click here](#)

Refreshments

Tea & Coffee after Masses on Sunday (9.15am) & Saturday

Church open for private prayer from 9.30am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday 28 August – 22nd in Ordinary Time

- 8.45am *People of the Parish*
10.45am *For those who pray for others*
6.00pm *Catholic Children's Society (Plymouth)*

Tuesday 30 August – St Margaret Clitherow, Martyr

- 6.30pm *Members of the Catholic Women's League*

Wednesday 31 August

- 9.30am *Bill Hayman RIP*

Thursday 1 September

World Day of prayer for the Care of Creation

- 9.30am *Fr David Williams RIP*

Friday 2 September

- 6.30pm *Sick & Housebound of the Parish*

Saturday 3 September – St Gregory the Great, Pope & Doctor

- 9.30am *For those who pray for others*

Sunday 4 September – 23rd in Ordinary Time

- 8.45am *Young people of our parish*
10.45am *People of the Parish*
6.00pm *Diocese of Plymouth*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Live stream

Most Masses & liturgies are streamed live from the church. To access the YouTube stream please [click here](#).

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

Catholic Children's Society (Plymouth)

Extend a Hand: Give Hope – Putting All Children First

Please give generously today towards the work of the Catholic Children's Society and keep them and their beneficiaries in your prayers. Your love, kindness and generosity will make a difference to many children and their families. Thank you so much. And please remember to Gift Aid your donation if you can!

Season of Creation 2022

This year's Season of Creation runs from 1 September until the Feast of St Francis of Assisi on 4 October. The recent prevalence of wildfires and the hot and dry summer are signs of the devastating effects that climate change is having on the most vulnerable of our planet. Creation cries out as forests burn and people and animals are forced to migrate. However, the fire that called to Moses as he tended the flock on Mount Horeb did not consume or destroy the bush. This flame of the Spirit revealed God's presence. In this Season of Creation, this symbol of God's Spirit calls us to listen to the voice of creation and consider how we can be good stewards of the earth's valuable resources.

Father, Lord of all creation, we praise you with all your creatures and the whole universe that comes forth from the work of your hands.

We acknowledge the privilege and responsibility that you give us as stewards of your creation.

In our ignorance we have done damage to our common home and our brothers and sisters are suffering.

Through faithfully following your Son guide and direct us to prepare for a better future. Teach us to contemplate you in the beauty of the universe, for all things speak of you. Give us the grace to recognise, respect and protect all you have created, using wisely all that you have entrusted to us.

Holy Spirit, who first hovered over the dawn of creation and drew order out of the chaos help us to build your kingdom of justice, love, peace and beauty where the poor of the earth are crying out.

You, who live and reign, world without end, Amen.

There is also an opportunity for everyone to share ideas about what more we can do to care for our common home through an online survey: [here](#)

CAFOD Exeter Deanery Meeting

This year - 2022 - marks 60 years since the very first Family Fast Day and the start of our work to ensure that no one is beyond the reach of the love and support they need. Find out more about this year's Harvest Fast Day (Friday 7 October) and other CAFOD initiatives including news about the Fix the Food System Campaign, by joining us at our CAFOD Exeter Deanery Meeting from 11.00 am – 1.00 pm (followed by a shared meal) on Saturday 17 September at the St Richard Reynolds Centre, Blessed Sacrament Church. For more information please contact Chris Wightman, Exeter Deanery CAFOD coordinator, at chris@wightman.eclipse.co.uk

mary's
meals

| a simple solution to world hunger

The world is facing a hunger crisis of unprecedented proportions brought about by conflict, climate change and Covid-19. It has now reached emergency levels, with the effects of the war in Ukraine and the soaring cost of living worldwide making the situation even more desperate.

Every day, we encounter more children who need our life-changing meals. And every day we find new ways of reaching them. But it has never been more difficult to do so – that is why we urgently need your support more than ever.

We know the cost of living crisis is affecting our supporters in the UK. Our low-cost approach means that it costs just 8p a day to feed a hungry child with Mary's Meals – so every donation, no matter the size, will transform lives.

Please donate today, if you can, so that we can keep our promise to the 2,279,941 children who rely on our meals, while striving to reach the next hungry child waiting. [Donate here today](#)

Can you help at Sacred Heart?



Do you enjoy coming down to the Lower Room after Mass on Sunday for a cup of excellent coffee and a chance to socialise with your fellow parishioners? At the moment it is being run by a small band of dedicated parishioners - **WE COULD REALLY DO WITH SOME MORE HELPERS** - please consider volunteering - contact Martin at mkoverly@gmail.com.

South Street Sunday 11 September 12pm-4pm

The upcoming South Street Sunday is an expansion of the South Street Green Festival which was launched in March of this year. As a parish we plan to do the same as last time i.e., offer coffee/tea and cakes for donations to Exeter WAYmakers and invite people into the parish rooms for a chat. This worked very well, with cakes and staffing generously provided by parishioners. The Parish Pastoral Council are asking members of our parish community to make cakes for the event and to give of their time to help serve the drinks and cakes and be available to chat on the day. Cakes can be delivered to the Parish Rooms before or after 9.15am mass onwards and the rota will be in hourly slots from 12 - 4pm. You can volunteer for cake making and staffing the rota by emailing pmsmallwood@hotmail.com or alternatively members of the PPC will be collecting names after masses this weekend.

Due to the above event, North St and South St will be closed to all vehicles (including no parking) from 10am till 6pm.

Sacred Heart votive candles

Please ensure that you use the lighter provided to light the votive candles. This ensures your safety and prevents dripping wax falling on your hands and fingers.

Catholic Exeter visit to Relics of St Bernadette

The coach to Plymouth Cathedral on the 9 September will leave Sacred Heart at 12 noon, and Blessed Sacrament at 12.15pm. We will stop at Buckfast for lunch (which can be purchased there or bring a picnic) and then proceed to the Cathedral at approximately 3.00pm. We will be there in good time for the Lourdes Liturgy at 6.00pm. There will be an opportunity to venerate the relics and watch the story of St Bernadette in the Cathedral Centre. We will leave the Cathedral at approximately 8.15pm - please note the revised return time. If you wish to come, please print your name and email/contact number on the sheet at the back of the church. Price per seat is £10.00 to be collected on the coach.

March for Life

Saturday 3 September in Westminster London. A coach will leave St Peter's Church Plymouth at 7.00am. Car parking is available on site. Pick up from Exeter Services on the M5 at 8.00am. For the return the coach will leave Westminster at 5.30pm. Seats are £25 each but free seats available for those for whom the cost is prohibitive. You will need to bring a packed lunch. Phone or text Christine at SPUC Plymouth Branch to book a seat: 07742 320717

Retrouvaille

A Programme for Couples Struggling in their Marriages

Retrouvaille have helped countless couples who are experiencing challenges in their marriage. You may know someone they could help. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a Virtual weekend on 13 - 16 October 2022 or a Face to Face weekend in Welwyn Garden City on 24 - 26 February 2023, call or text 07887 296983 or 07973 380443 or email retrouvailleukinfo@gmail.com - or [visit here](#)

Green Event

At St David's Church Exeter on Saturday 24 September 10.00am – 2.00pm

Ideas for how we can live more sustainably. All welcome.

Info on Exeter Cycle Campaign, Our Blue Planet: the Oceans, Passivhaus, Eco Church, Greening the church, Greening the churchyard, Churchyard tours, Helping hedgehogs, Mending and making things, Participation table, Children's activities, Harvest produce, Traidcraft stall, Tea, coffee, cakes Vegetarian lunch £5

Annual Diocesan Retreat

There are a few places available on the Annual Retreat of the Legion of Mary to be held at St Rita's Centre, Honiton: 4 – 6 September. Residential (full board) £117 or day only £25 (to incl. lunch). Retreat led by Legion priest, Fr John Peyton. Non-members welcome. To book, or for more details, call Adrian Wardle on 01752 830113.

Cafod World Food Crisis Appeal

Millions of families are facing a food crisis that could be worse than any we've lived through. In Ethiopia, Kenya and South Sudan, up to 20 million people are fighting for their lives.

What is causing the food crisis in East Africa? A terrifying drought, rocketing food prices and the devastation of a massive locust infestation have caused a terrifying food crisis. The lasting effects of Covid-19, plus the inflation caused by the conflict in Ukraine, mean basic necessities are becoming unaffordable. And the extreme weather, caused by the climate crisis, has made food extremely challenging to grow and water hard to come by. If we don't come together and act now, millions of women, men and children could die.

The food crisis is affecting ordinary people.

With your help today, the teams of local volunteers and experts we work with in Ethiopia, in East Africa and around the world, can help people to live through the worst of this devastating food crisis. [Donate now](#)

Choral Music from Sacred to Jazz

With Isca Voices - former Choristers of Exeter Cathedral. Musical Director, Stephen Tanner at St David's Church Exeter on Saturday 3 September followed by cream tea. Tickets (including cream tea) £10.00, from Tina 07792 188253, or pay on the door (children free)

Accommodation required

A 24 year old student finishing her masters degree at the university is looking for accommodation from the 3 September. Please contact Savina Fernandes savinaferns@hotmail.com if you can help

Wednesday Word Scripture Reflection

We meet online via zoom from 2.00-3.00pm each Wednesday but we will be taking a break during August and will meet again on 7 September. If you would like to join us, get in touch with Maria: exeter-pastoral-assistant@prcdtr.org.uk.

GROWING IN FAITH

GIFT Gateway to the Sacraments

All the information you need to register is below. Contact our Pastoral Assistant Maria Quinn (exeter-pastoral-assistant@prcdtr.org.uk) if you would like to know more about GIFT. We look forward to seeing you soon.

GIFT Youth: Our GIFT Youth Team meet with our young people for their own session. [GIFT Youth Registration Form.](#)

Next GIFT Family Session: We look forward to welcoming our families at St Nicholas School again on Saturday 10 September.

Family Prayer Resources: [Bedtime Chats](#)

Register for GIFT: [GIFT Primary Registration Form.](#)

Dipping into the Catechism A response to the Synod

In response to your request to learn more about the teachings of the Catholic Church each week we offer an excerpt from the Catechism along with a simple explanation. Copies of these are available in Church and online. If you would like to further explore the teachings of our faith there are several groups across the diocese that meet locally and online. If you would like more information, please contact deborah.vankroonenburg@prcdtr.org.uk

Baptism Preparation Course

Are you expecting a baby and/or looking to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into the community of the Church. Courses are over two consecutive Saturday mornings from 10.15-12.15 delivered via Zoom. The next course dates are 15 and 22 October. Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link at the end of this article to register. If you have any problems accessing this, please contact Lesley in the Parish Office on 01392 274724 or at exeter-heavitree@prcdtr.org.uk [Baptism Enquiry form](#).

PRAYER & LITURGY

Into your hands, Lord

Please pray for the repose of the soul of Bill Hayman who has died this week. May he rest in peace and rise in glory. Bill's coffin will be received into Blessed Sacrament Church at 7.30pm on Thursday 8 September. His funeral will be at Exeter & Devon Crematorium on Friday 9 September at 10.30am. May he rest in peace and may his family and friends be consoled.

Of your charity please pray for the repose of the soul of Fr David Williams. Fr David's funeral Requiem Mass will be celebrated on Tuesday 6 September at 11.30am. Fr David will be received into the church on Monday 5 September at 5.00pm with the celebration of Holy Mass.

There will be light refreshments at the Mercure South Gate hotel after the Requiem Mass. If you wish to attend the reception please print your name on the sheet at the back of the Sacred Heart church by Sunday 28 August or contact Coral in the Parish Office - 01392 272815

Pope's September prayer intention

We pray that the death penalty, which attacks the dignity of the human person, may be legally abolished in every country. The Pope Video

Pope Francis tweets...

The mercy of God, who has made us brothers and sisters, calls us to be builders of harmony and peace.

YOUTH

Diocesan Youth Events

The latest [24 August Newsletter](#) [available here](#). Read about:

Highlights of 2022 summer camps,

Sing from the heart, diocesan youth singing event,

10 Good reasons to come to World Youth day,

Volunteers day, 1 October,

WYD formation day, 8 October,

Flame 2023, have you seen the line up?

Dates for the Diary - new dates added

Catholic Chaplaincies

A website has been set up to help young people find their Catholic chaplaincy when they arrive at college or university this autumn – catholic@university.org.uk

Falmouth University or Exeter Cornwall

If you are going to be studying at Falmouth University or Exeter Cornwall this September then I would like to introduce myself to you. My name is Fran Freeman, the University Chaplain for both Falmouth and Exeter University in Cornwall. I am here to support you throughout your time here at university.

With the help of the student committee, we have created a vibrant Catholic Society for students across all year groups. Cathsoc meets every week for various activities such as our weekly Monday student Mass, which is followed by a free lunch, a Drop in on Falmouth Campus and depending on the weather, you can find us on Gyllynvase Beach or playing table tennis- either way, homemade cakes are always provided! There is also a student gathering for refreshments in the church hall after 10:30 Mass on Sundays at St Mary's Church in Falmouth.

For further information on Falmouth Cathsoc please go to our Instagram at [@falcathsoc](#) or get in touch with me F.freeman@fxplus.ac.uk. I look forward to meeting you!

We pray for...

those of our young people who have received the results of public examinations. We pray that their study will prove fruitful and allow them to make the right decisions for their lives.

THE WORD

Sunday 28 August – 22nd in Ordinary Time

First Reading – Ecclesiasticus 3:17-20. 28-29

Behave humbly, and then you will find favour with the Lord.

Psalm Response:

In your goodness, O God, you prepared a home for the poor.

Second Reading – Hebrews 12:18-19. 22-24

You have to come to Mount Zion and the city of the living God.

Gospel – Luke 14:1. 7-14

Everyone who exalts himself will be humbled, and the man who humbles himself will be exalted

Sunday 4 September – 23rd in Ordinary Time

First Reading – Wisdom 9:13-18

Who can divine the will of the Lord?

Psalm Response:

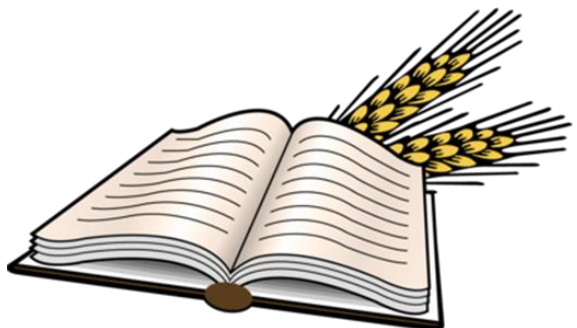
O Lord, you have been our refuge from one generation to the next.

Second Reading – Philemon 9-10. 12-17

Have him back, not as a slave any more, but as a dear brother.

Gospel – Luke 14:25-33

None of you can be my disciple unless he gives up all his possessions.



CONTACT US

Sacred Heart

25 South Street, Exeter EX1 1EB
01392 272815

exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Kieran Kirby

Assistant Priests

Fr Albert Lawes & Fr Anil Gundabatina

Deacons

Delian Bower & Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

Office Hours -9.00am-12.00pm &
1.00pm- 4.00pm Tuesday - Friday

Sacred Heart Gift Aid Enquiries:

exeter-sacredheart-giftaid@prcdtr.org.uk

Blessed Sacrament

29 Fore Street, Heavitree,

Exeter EX1 2QJ

01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Office

Office hours -Tuesday, Wednesday,
Thursday 10.00am-4.00pm

Parish Secretary

Lesley Hooper

Blessed Sacrament Gift Aid:

exeter-heavitree@prcdtr.org.uk

Parish School

St Nicholas Catholic Primary School
Ringswell Avenue, Exeter EX1 3EG
01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher

Cathy Lowry

Pastoral Assistant

Maria Quinn

exeter-pastoral-assistant@prcdtr.org.uk

Safeguarding

Sacred Heart

Andrew Blewett

07729 608356

drewmail2016@gmail.com

Blessed Sacrament

Lesley Hooper

07712 216724 or 01392 274724

exeter-heavitree@prcdtr.org.uk

Maria Edwards

07870 696530

Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News.](#)

Catholic Exeter is part of the Roman

Catholic Diocese of Plymouth