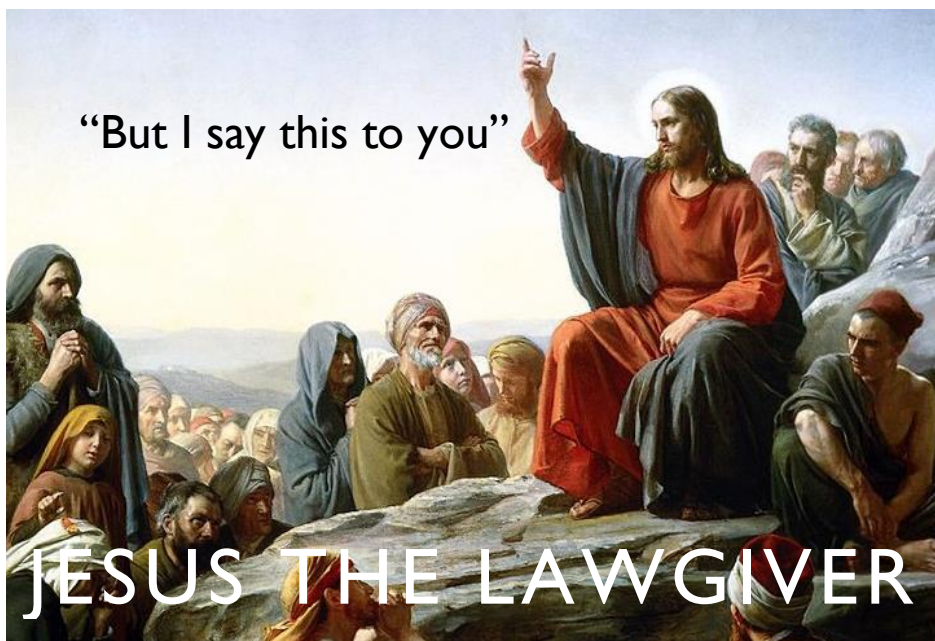


CATHOLIC EXETER



Parishes of Sacred Heart and Blessed Sacrament

12 February 2023 6th Sunday in Ordinary Time. Year A. *Psalter 2*



The Sermon on the Mount is astonishing! Jesus quotes the Commandments given to Moses and then by his own authority changes them! By doing this, Jesus is showing himself to be more important than Moses and as important as God. Moses only received the Commandments from God, but Jesus teaches them with his own authority. He says to them, 'I have come to complete the Law and the Prophets', not 'I have received a way to follow them'. Jesus is claiming not to be just some enlightened teacher, or a great prophet, but God himself. We are free to ignore or embrace his commandments, but in doing so we are either ignoring or embracing the kingdom of heaven. We cannot pick and choose. Will you listen to what he has to say to you? *Fr. Albert*

MASS TIMES

SACRED HEART



Sunday 12 February – 6th Sunday in Ordinary Time

5.30pm (Sat) *Ronald & Maureen Lee RIP*
9.15am *For Jolana Behunova*
11.15am *For the People of the Parish*
5.00-6.00pm Exposition of the Blessed Sacrament & Benediction

Monday 13 February

10.00am *Holy Souls*

Tuesday 14 February – St Cyril, Monk, & St Methodius, Bishop - Feast Missionaries, Patrons of Europe

10.00am *Serpentilli Family RIP*

Wednesday 15 February

10.00am *Janet O'Connor RIP*

Thursday 16 February

6.30pm Exposition of the Blessed Sacrament
7.00pm *For the Victims of the Earthquake*

Friday 17 February

10.00am *Fr Robin Sanders RIP*

Saturday 18 February – Saturday Memorial of the Blessed Virgin Mary

10.00am *For Our Lady's Intentions*

Sunday 19 February – 7th Sunday in Ordinary Time

Day for the Unemployed

5.30pm (Sat) *For Fr Kieran Kirby*
8.15am *Holy Souls*
10.30am INTERNATIONAL MASS - For the People of the Parish
5.00-6.00pm Exposition of the Blessed Sacrament & Benediction

Confessions Usually Saturday after 10am Mass and 4-5pm, and on reasonable request.

Live stream Mass To access the YouTube stream please [click here](#).

Refreshments served after Masses on Sunday (9.15am), Tuesday, Wednesday and Saturday.

Church open for private prayer from 9.00am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday 12 February – 6th Sunday in Ordinary Time

8.45am *Fr Michael Wheaton*
10.45am *All children & young people.*
6.00pm *People of the Parish*

Tuesday 14 February – St Cyril, Monk, & St Methodius, Bishop - Feast

Missionaries, Patrons of Europe
6.30pm *Jean Baker RIP*

Wednesday 15 February

9.30am *Special Intention*

Thursday 16 February

9.30am *Special Intention*

Friday 17 February

6.30pm *For the Victims of the Earthquake*

Saturday 18 February

9.30am *All who are sick and housebound..*

Sunday 19 February – 7th Sunday in Ordinary Time

Day for the Unemployed

8.45am *People of the Parish*
10.45am *For the Victims of the Earthquake*
6.00pm *Fr Kieran Kirby & Fr Michael Wheaton*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Live stream Mass

To access the YouTube stream please [click here](#).

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

CHARITY BEGINS AT HOME

Earthquake Appeals

On 6 February, two large earthquakes hit Syria and Turkey in the space of just 12 hours, killing more than 17,000 people and causing widespread devastation.

Charities have responded immediately. See below how you can help.

Mary's Meals: Mary's Meals have been active at schools in Syria since 2017.

Working alongside our partner on the ground, Dorcas, we now stand ready to provide emergency support to communities affected in Aleppo and the surrounding areas. Our emergency response will provide urgent support to children and families in desperate need. [Click here to donate.](#)

CAFOD: CAFOD is responding with support of provision of food, water, shelter, medical assistance and winter kits for survivors. Your donations and support in recent months have made that quick response possible. Let us join CAFOD in praying for our sisters and brothers affected by the earthquakes and the winter weather. For more details visit CAFOD's DEC Turkey- Syria Emergency Appeal online at [Click here to donate.](#)

CAFOD News

Can You Help?

The Exeter CAFOD groups are looking for someone to help with campaigns, particularly in contacting our local MPs. This important element of highlighting CAFOD's work is usually done by email or letter. It is a voluntary role as part of a parish CAFOD group and there CAFOD will supply support and resources. If you are interested, please let your parish office know and one of the CAFOD group will contact you.

Exeter Foodbank

Priority items: Tinned meat, sponge puddings, 100g coffee jars, sugar (500g) Tinned Fruit, Tinned Vegetarian meals, household items (washing up liquid, washing capsules etc.). Collection points are located at Sacred Heart, Blessed Sacrament churches and in local supermarkets. For more information, see Exeter Foodbank website

Keeping warm this winter

The Exeter Connect Team have compiled a map to make accessing information about warm, friendly spaces this winter easier: [Warm Spaces in Exeter](#)



Catholic Children's Society (Plymouth) Needs You!

Parish Volunteers

Do you enjoy organising coffee mornings, raffles, tombolas and quizzes? Do you have a little spare time each month and would like to help vulnerable children and their families living in our Diocese? If the answer to either of these questions is yes, perhaps you might like to consider becoming a CCSP Parish Volunteer maybe even jointly with one or two friends? We are looking for Parish Volunteers to help raise funds for our Essential Grants programme which supports vulnerable families. The number of applications for support from the CCSP has more than doubled since 2019 and we expect it to continue to rise. We have hit the limit that we can approve each month, and if we are to continue to support at-risk families then we need your help!

A Parish Volunteer information pack is available to help you to support the CCSP in your parish. If you are interested in finding out more or in putting your name forward, please contact vicki.dunstone@prcdtr.org.uk or call 01364 645420.

New Trustees

We are looking for enthusiastic trustees who can commit to serving on the board with professional skills in areas such as business/finance, HR or social care. It is a voluntary position that is both rewarding and challenging.

Youth Trustees

We also need youth trustees to bring the views of the new generations into our work. Open to anyone aged at least 18, this volunteering role will give you good business experience, an ability to find out how a small charity works, knowledge of safeguarding, as well valuable experience working as part of a diverse team and much more.

Further details are on our website www.ccsplymouth.org.uk, or contact the office on 01364 645420, or by email ccs@prcdtr.org.uk.

FORMING IN FAITH

Would You Like to Deepen Your Prayer Life?

Come along to Forming in Faith, our adult catechesis groups. Our current series 'The Prayer Course' is a simple and accessible guide to prayer for those who are both novices and experienced in daily prayer. Using the 'Our Father' as a template for prayer, the Prayer Course will both deepen your understanding of

the different types of prayer and provide an opportunity to pray together as a group. This week's session concentrates on "Adoration." Each week, resource sheets will be available to take home and to guide you in your prayer journey. The next meetings will be on **Monday 13 February at 10.30am in the Lower Room, Sacred Heart Church OR Tuesday 14 February at 7.00pm in the St Richard Reynolds Centre, Blessed Sacrament Church.** You are welcome to come for all of the series or as and when you can.

Are You Thinking of Becoming a Catholic?

Our faith journey can take us in many different directions, but if your faith journey has led you to the Catholic Church then we welcome you with joy. You may have already been baptised in a different church or you may have never received the sacraments. You may be married to a Catholic and look forward to being part of the same faith family. You may already be a baptised Catholic but know little about the faith or have never received the sacrament of Confirmation. You may simply feel God is calling you.

If so, we would love to meet you. We invite you to come and find out more about the Church and the journey towards joining the Catholic community.

We will meet for the first time on **Thursday 16 February at 7.30pm** in the Lower Room at Sacred Heart. It will be a very informal and friendly meeting and you don't need to do anything to prepare, just come along. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life!

You may know someone who has expressed a desire to know more about being a Catholic. Please invite them and come along and support them. You would be most welcome. We look forward to seeing you.

Is God calling me to Priesthood or to the Religious life?

Have you ever wondered, 'Is God calling me to Priesthood or to the Religious life?' Then come along to a Day of Reflection for men on Saturday 18 February from 10.00 – 16.00 at Christ the King Church, Armada Way, Plymouth, PL1 2EN.

The day will include Mass; a time of Adoration; a short conference; an opportunity for Confession; 'One to One talks' with Priests from our Diocese; and sharing food together (this will be provided – please let us know of special dietary requirements). If you are under 18, you are welcome to attend with your parents' permission. If needed, arrangements can be made to collect you from Plymouth Railway Station and returned after. For further information and to register for the event, please contact Fr Jacek Kostuch on Jacek.Kostuch@prcdtr.org.uk or speak to your Parish Priest, by 14 February.

Wednesday Word Scripture Reflection

Meet online via zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can, you will be most welcome.

Ignatian Spirituality Group Retreats 2023

Have you ever thought about getting away for a while and spending time with God? If so then one of these silent, individually guided retreats available in the Diocese of Plymouth in 2023 could be just the thing for you.

The upcoming **Lenten Retreat Dates** at St Rita's, Hontion are: Feb 24 – 26, or Feb 27 – 3 March, or Feb 24 – 3 March.

The upcoming **Summer Retreats Dates** at Sclerder Abbey, Looe are: Jun 30 – 2 July, or July 3 – 7, or Jun 30 – 7 July.

Please email diocesan-ignatian-retreats@prcdtr.org.uk or phone 01752 769164 or 07823 447637 for further information and booking form.

Dipping into the Catechism

[Click here for the February Sheets](#)

YOUTH & FAMILY EVENTS

GIFT: Gateway to the Sacraments

GIFT is for all families of faith who want to learn about their Catholic faith, meet other families and be supported in their family faith journey. GIFT is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation in the Exeter parishes. Find out more on the Blessed Sacrament Website GIFT page:

[Click here](#)

Next GIFT Meeting: Saturday 4 March at St Nicholas School at 9.45am

Get in Touch and Register If you would like to join us, please register using the appropriate link: GIFT Primary [Registration Form](#) and [GIFT Youth Registration Form](#). If you have any questions, please get in touch with Maria exeter-pastoral-assistant@prcdtr.org.uk

Flame 2023

Flame is a gathering of young people aged 14 – 21 from across the country being held at Wembley OVO Arena on Saturday 4 March.

It is a fantastic opportunity to experience a dynamic and vibrant expression of our Catholic faith with great talks, music, and theatre. [Click here to see](#)



[what it's like.](#) This year's speakers include Cardinal Tagle from the Philippines, Guvna B, Adenike, artist Therese Withers, and many more! Tickets are only £35 which includes entry and travel to Wembley via coach. If you would like to go, **please BOOK NOW.** You can let Maria Quinn, our Pastoral Assistant, know by emailing exeter-pastoral-assistant@prcdtr.org.uk or contact Saskia or Michelle directly by emailing youth@prcdtr.org.uk

Stay Awake

At All Saints Church of England Academy, Weymouth, 10am-7pm.

Come and bring your family, friends, and neighbours to an inspirational day of growing closer to Jesus. With inspirational speakers, Mass, Praise and Worship, Kids' activities, Workshops, Pizza, and much more! Come and reignite your faith! Tickets are FREE for those in Year 9 and under and only £10 for everyone else! [Click here to visit the website](#) for more information and to book tickets!

Blessed Sacrament Youth-led Mass

After the great success of the last youth-led Mass on the feast of Christ the King, we are planning another one which will take place on Mothers' Day, 19 March at the 10.45am Mass.

If you would like to take part in any way, there is space for everyone! Just drop us a line at exeter-liturgy@prcdtr.org.uk by Sunday 5 March and we'll get back to you. The more the merrier and what a wonderful way to give thanks for our mothers together as a community.

Youth Events Newsletter

[Click here for the February Newsletter](#)

PARISH NEWS & EVENTS

Blessed Sacrament Burning of palms.

Please bring your palms from last Palm Sunday with you to Masses at Blessed Sacrament on Sunday 19 February. These will be burnt to provide ash for Ash Wednesday which is on 22 February.

Sacred Heart International Mass



Sunday 19 February

'I looked, and behold, a great multitude which no man could number, from every nation, from all tribes and peoples and tongues, standing before the throne and before the Lamb' Revelation 7:9

You are warmly invited to the International Mass at Sacred Heart. This is a fantastic opportunity to celebrate our Catholic unity and diversity by celebrating our national heritages united in worship of our One Loving God. Mass will be at 10.30am followed by an International lunch in Kalendar Hall just up the street from the church. Come along and experience the cultural diversity of Catholic Exeter, both in worship and in food, at our bring and share lunch.

Please note that on 19 February Mass times at Sacred Heart will be different. There will be Mass at 8.15am, followed by the International Mass at 10.30am

Shrove Tuesday Pancakes



On Tuesday 21 February join us in the St Richard Reynolds Centre, after the 6.30pm Mass at Blessed Sacrament, for pancakes which are traditionally made and eaten on Shrove Tuesday.

Why do we eat pancakes on Shrove Tuesday? It was the last chance for a spot of indulgence before 40 days of fasting, and also an opportunity to use up food that couldn't be eaten during Lent. This included eggs, fat and milk, which were made into pancakes and eaten on that day.

Accommodation Needed: Can you help?

Tarsisio Nyatsanza has recently arrived in Exeter and joined our community from Zimbabwe. He is currently living in a B&B but is looking for more permanent accommodation: a 1–2 bedroom apartment or equivalent. If you are able to help, please email tarsisionyats@gmail.com or call 07440543707.

Safeguarding Training

Advance Notice – Saturday 25 March

Rob Kingdom from the Diocesan Safeguarding Team will be providing training for parishioners from Blessed Sacrament and Sacred Heart on Saturday 25 March, 9.30am until 4.00pm at the St Richard Reynolds Centre at Blessed Sacrament. Refreshments and lunch will be provided. Confirmation of times nearer the time.

Please give your name to Lesley Hooper at Blessed Sacrament parish office if you plan to attend. Thank you.



The Life of Christ at Wintershall

The greatest story of all time is movingly recreated at Wintershall in Surry with authentic detail,

outstanding quality sound and music. The Life of Christ is a passion play not to be missed. Watch as hundreds of actors bring the story of Jesus to life in an open-air epic production set in the stunning Surrey countryside. Young and old from all walks of life will be mesmerised as the story unfolds across three captivating acts from 10.00am to 3.30pm.

We are hoping to organise a trip by coach to experience The Life of Christ on Saturday 1 July. If you are interested in going, please contact Blessed Sacrament Parish Office and Lesley will be able to give you more details. This trip is open to parishioners of all Exeter parishes. To find out more [Click Here](#).

DIOCESAN NEWS & EVENTS

Diocese of Plymouth Vacancy

Exeter/Torbay Deanery Bookkeeper

The Diocese is seeking to recruit a Deanery Bookkeeper, home based in the Exeter/Torbay area. **Location:** Homebased in Exeter/Torbay. **Hours:** 5 days per week (35 hours) worked during normal office hours. (Job share considered of 2 roles of 17.5 each). **Salary:** Circa £26,000 per annum. **Closing date:** February 13 at 12.00pm. For more information and to apply [Click Here](#)

LOUDfence: Supporting Survivors of Abuse.

The Diocese is holding a LOUDfence event at Christ the King Church, Plymouth from 15–17 February 2023. A LOUDfence is a visible display of support and solidarity with those who have been affected by abuse showing survivors of abuse that we hear you, we believe you and that we are here to support you. With talks by Fr Mark Skelton and Antonia Sobocki, attendees will be able to discover more about support for survivors, and to tie a ribbon to a fence which could also include a message of support. There will also be a Survivors Mass at 12 p.m. on Friday 17 February.

The event is open to everyone, and the LOUDfence will be in place at the front of the church from 2.00pm on 15 February until 4.30pm on Friday 17 February, for ribbons and messages to be added. Members of the safeguarding team will be present during working hours. If you are unable to attend but would like to send a message of support, please visit: [our LOUDfence website page](#) and complete the online form, e-mail sophie.scagell@prcdtr.org.uk

Retrouvaille: Help to Renew Your Marriage

Do you feel alone in your marriage? Are you frustrated or angry with each other? Do you argue, or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage by uncovering or reawakening the love, trust and commitment that originally brought them together. For confidential information about 'Retrouvaille' or to register for a Face-to-Face weekend in Welwyn Garden City on 24 – 26 February, call or text 07887 296983 or 07973 380443 or email retrouvailleukinfo@gmail.com or visit www.retrouvaille.org.uk

Lent and Easter at St Rita's Shop

Buy Lent and Easter religious articles now from St Rita's Shop, Honiton. Shop online at www.stritascentre.shop where you will find an inspiring selection of items, books, statues, holy pictures etc. at competitive prices. You can also order online, by email shop@stritascentre.org, or by phone 01404 42635.

PRAYER & LITURGY

Pope's February Prayer Intention

For Parishes: We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need. [Click here to watch Pope Francis talk about his Intention.](#)

National Marriage Week – 7-14 February

This week the Church focuses on building a culture of life and love that begins with supporting and promoting the beauty of marriage and family life. This year's theme is: '*Marriage... one flesh, given and received.*' All God's people are called to live a life of holiness through their vocation. Spouses, through the vocation to marriage, should follow their God-given path to holiness, which is sustained by the grace of the Marriage, the bond of God's love between them.

Prayer for Earthquake Victims

Heavenly Father, our hearts are moved by the events we see unfolding in Turkey and Syria. The grief felt by families who have lost loved ones, or await news of loved ones, is unimaginable. We turn to you, God of all comfort, and ask that you be close to people in the days ahead and that they might know your peace that surpasses all understanding.

Lord God, we pray for those who have lost their homes or have moved to safety. Please keep them warm in the midst of this harsh winter and provide all they need. We pray especially for children who are confused and frightened by what is happening. May you be for them an oasis of peace in which to take shelter.

Lord God, we thank you for the swift action of those who are responding. For the rescue teams searching for survivors, we ask for endurance and resilience. For those providing temporary shelter, we pray for the swift delivery of equipment. And for all those offering support, amid their own personal loss and grief, we pray that you give them selfless compassion. Amen

THE WORD

Sunday 12 February – 6th Sunday in Ordinary Time

First Reading Ecclesiasticus 15:15-20

He never commanded anyone to be godless.

Psalm Response: They are happy who follow God's law!

Second Reading 1 Corinthians 2:6-10

God predestined wisdom to be for our glory before the ages began.

Gospel Matthew 5:17-37

You have learnt how it was said to your ancestors; but I say this to you.

Sunday 19 February – 7th Sunday in Ordinary Time

First Reading Leviticus 19:1-2, 17-18

You must love your neighbour, as yourself.

Psalm Response: The Lord is compassion and love.

Second Reading 1 Corinthians 3:16-23

All are your servants, but you belong to Christ and Christ belongs to God.

Gospel Matthew 5:38-48

Love your enemies.

CONTACT US

Blessed Sacrament

29 Fore Street, Heavitree,

Exeter EX1 2QJ

01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Secretary

Lesley Hooper

Office hours Tuesday, Wednesday,

Thursday 10.00am–4.00pm

Gift Aid enquiries:

exeter-heavitree@prcdtr.org.uk

Sacred Heart

25 South Street, Exeter EX1 1EB

01392 272815

exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Kieran Kirby

Assistant Priests

Fr Albert Lawes &

Fr Anil Gundabathina

Deacons

Delian Bower & Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

Office Hours -9.00am-12.00pm &

1.00pm- 4.00pm Tuesday - Friday

Gift Aid Enquiries: [exeter-sacredheart-](mailto:exeter-sacredheart-giftaid@prcdtr.org.uk)

giftaid@prcdtr.org.uk

Parish School

St Nicholas Catholic Primary School

Ringswell Avenue, Exeter EX1 3EG

01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher

Cathy Blatchford

Pastoral Assistant

Maria Quinn

exeter-pastoral-assistant@prcdtr.org.uk

Safeguarding

Sacred Heart

Andrew Blewett

07729 608356

drewmail2016@gmail.com

Blessed Sacrament

Lesley Hooper

07712 216724 or 01392 274724

exeter-heavitree@prcdtr.org.uk

Maria Edwards

07870 696530

Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

*Catholic Exeter is part of the Roman
Catholic Diocese of Plymouth.*