

CATHOLIC EXETER



Parishes of Blessed Sacrament and Sacred Heart
30 April 2023 Fourth Sunday of Easter. Year A. *Psalter 4*



Jesus the Good Shepherd

In identifying Himself as “the good shepherd,” Jesus alluded to the Old Testament understanding of God as the shepherd of His people, Israel. God at times appointed leaders to shepherd His people on His behalf like Joshua or David. However, the intention was always that God would Himself shepherd His people. Here Jesus, as God in the flesh, reveals how this will come about. Jesus is the “one shepherd” to look after the “one flock,” which is the Church. He knows His sheep intimately and they know Him. As a good shepherd, He will not abandon His flock. Rather, Jesus is willing to die to protect His sheep. Jesus did die on the cross for His flock. He laid down His life so that we, His sheep, might be able to live. But even in death Jesus did not abandon us. He is still with us, His sheep, as our good shepherd, leading us to where we need to be. Let us follow our good shepherd wherever He leads us.

MASS TIMES SACRED HEART



Sunday 30 April – Fourth Sunday of Easter Day of Prayer for Vocations

5.30pm (Sat) *Holy Souls*
9.15am *People of the Parish*
11.15am *Emma Marras RIP*
5.00-6.00pm Exposition of the Blessed Sacrament & Benediction

Monday 1 May

10.00am *Fr Kieran Kirby RIP*

Tuesday 2 May – St Athanasius, Bishop & Doctor

10.00am *Canon Paul Cummins*

Wednesday 3 May – St Philip & St James, Apostles

10.00am *Andrew Crane RIP*

Thursday 4 May – The English Martyrs

10.00am *Fr Harry Doyle*
5.00pm Bishop Christopher Budd received into church

Friday 5 May – St Richard Reynolds Priest & Martyr

12.00noon Requiem Mass for Bishop Christopher Budd

Saturday 6 May

10.00am *His Majesty King Charles III*

Sunday 7 May – Fifth Sunday of Easter

5.30pm (Sat) *Holy Souls*
9.15am *Pope Francis*
11.15am *People of the Parish*
5.00-6.00pm Exposition of the Blessed Sacrament & Benediction

Confessions

Saturday after 10am Mass and 4-5pm, and on reasonable request.

Live stream Mass To access the YouTube stream please [click here](#).

Refreshments

served after Masses on Sunday (9.15am), Tuesday, Wednesday and Saturday.

There will be no refreshments served on Saturday 6 May

Church open for private prayer from 9.00am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday 30 April – Fourth Sunday of Easter Day of Prayer for Vocations

8.45am *Noreen Lally RIP*
10.45am *Onyeka Osuji & Family in thanksgiving*
6.00pm *People of the Parish*

Tuesday 2 May – St Athanasius, Bishop & Doctor
12.30pm *Funeral Mass Louis Freddie Joseph RIP*

Wednesday 3 May – St Philip & St James, Apostles
9.30am *Andrew Amechi Melie & Ernest Ikechukwu Mbamali RIP*

Thursday 4 May – The English Martyrs
9.30am *Private Intention*

Friday 5 May – St Richard Reynolds Priest & Martyr
6.30pm *His Majesty King Charles III*

Saturday 6 May
9.30am *Noreen Lally RIP*

Sunday 7 May – Fourth Sunday of Easter

8.45am *People of the Parish*
10.45am *The Melie Family Special Intention*
6.00pm *John Cox RIP*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass

To access the YouTube stream please [click here](#).

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

NEWS & EVENTS

World Day of Prayer for Vocations

Today 30 April is the World Day of Prayer for Vocations, also known as Good Shepherd Sunday. It is an opportunity to pray for vocations and to encourage those who may be considering ordained or religious life. The Diocese of Plymouth also asks for your assistance in supporting our seminarians through their training and formation, both through prayer and financial support. If you are able to contribute to our **Seminarians' Fund**, either as a single donation or through regular giving, please pick up a leaflet or go to [this link](#). There will be a retiring collection after all Masses. Leaflets and gift aid envelopes are available.

Coronation of His Majesty King Charles III

The Catholic Bishops' Conference of England and Wales have issued a prayer card so that we can join in prayer for our King as he assumes the fullness of the office of monarch. From Wednesday 3 May until Friday 5 May every Catholic is asked to pray for His Majesty and the Queen. This Triduum of prayer will culminate on Friday evening when there will be Masses for the King before the coronation on Saturday when we will ask for God's continuing blessing on our new King and Queen.

Blessed Sacrament Parish Pilgrimage to Lynton

The Sisters of Mary Morning Star have invited us to join them for a day of prayer and reflection on **Sunday 14 May**. The Sisters will welcome us from 9.30am.

10.00am Sessions of Lectio Divina (reading of scripture) led by the Sisters.

11.00am Midday Prayer – sung office in the church.

11.30am Mass in the church.

1.00pm Lunch. Please bring a picnic lunch. Tea, coffee, biscuits and cake provided.

2.30pm Rosary Walk in the Valley of Rocks. Conversations as we return.

5.00pm Animated Prayer Vigil and Adoration on the theme of The Ascension.

6.00pm Sung Vespers.

Please sign the sheet in church to say you are coming. We are asking you to make your own way to Lynton. If you can offer a lift to someone else, or if you require a lift, please add your name and telephone number to the list in the church porch. We need to know by Sunday 7 May. We look forward to a spiritually uplifting day in the care of the Sisters. Please keep them and their ministry in your prayers.

Extraordinary Ministers of Holy Communion

There will be a meeting/training on **Wednesday 3 May at 7.00pm** in the Blessed Sacrament church for anyone who has performed this ministry in the past, is actively ministering or anyone interested in being a part of this ministry at Blessed Sacrament. We will also review guidelines in relation to the reinstating of the distribution of the precious blood and the way in which we minister at Mass.

Society for the Protection of Unborn Children

Concerned about life issues? SPUC (Society for the Protection of Unborn Children) is a grassroots organisation that campaigns for the protection of life from conception to natural death. We'll be holding an information meeting for those who'd like to become more involved in creating a culture of life at 7.15pm on **Friday 12 May** in the St Richard Reynolds Centre at Blessed Sacrament. For more info email adamfairbairn@spuc.org.uk

Diocesan Summer Camps

The annual summer camps provide a wonderful opportunity for young people from across the diocese to come together for one week during the summer holidays to meet new friends, renew friendships and share and grow in their Catholic faith in a safe and full-filled environment. Bookings are now open and can be made by using the online booking form by [following this link](#).

Junior Camp (Years 3-6) 30 July – 4 August Grangehurst, Buckfast Abbey.
Senior Camp (Years 7-10) 6 August – 11 August Grangehurst, Buckfast Abbey
St Petroc's (Years 11-13) 14 August – 18 August St Rita's Honiton

This year there are a number of other activities taking place at the same time as the summer camps, to which a lot of our young helpers are attending - notably World Youth Day and the Diocesan Pilgrimage to Lourdes, we are therefore happy to welcome new helpers of any age to help at the Camps. If you or someone you know would be able to offer a week of your time to help in the day to day running of the camps please get in touch with Deacon Mike Turnbull 07504 821558 michael.turnbull@prcdtr.org.uk This will involve completing an application form and a DBS check and undergoing some safeguarding training. Thank you

St Nicholas School News

It is lovely to be back in school after the Easter break although we were hoping for it to be a little bit warmer. We are certainly hoping for sun next week. Our Yr 3 and 4 children are going on a residential trip to Plymouth to explore the Tamar Bridge and to sleep with the sharks at the aquarium. They are all very excited. We will also celebrate the Coronation with a special picnic lunch on Thursday, hopefully outside! Any parents of children who will be 3 or over in September who would like to find out more about our Nursery or school can contact Mrs Brocksom, Senior Administrator (abrocksom@stnics.uk / 01392 445403 option 4). We would be delighted to give you a tour and to give you all the information you need to apply. We will have spaces available in September in our Nursery and offer both 15 and 30 hours (extended) funding.

Heatree Youth Residential

26 – 28 May for youngsters in Year 6 to Year 10. Are you aged between 10 and 16 and enjoy outdoor pursuits? Why not join us at Heatree Activity Centre on Dartmoor. The group will have the chance to join in activities such as high ropes and

raft building, along with exploring the Pentecost scripture. The weekend is a great opportunity for young people to meet other young Catholics across the diocese. Contact Saskia, youth@prcdtr.org.uk for further information or book: [click here](#)

Day of Prayer for Victims and Survivors of Abuse

Tuesday of the Fifth Week of Easter - 9 May - has been chosen as the Day of Prayer for Victims and Survivors of Abuse. This is a day of prayer for those who have been abused, in a season of hope and new life. The Isaiah Journey, a working group of the Bishops' Conference that has grown out of the need for a pastoral-spiritual response to the suffering of victims and survivors of abuse in the Church, has produced a range of resources for use throughout the year which are launched on this day and available [at this link](#). Included is this prayer for survivors and their families:

God of Love, I hold in my heart and place into your hands, those who have experienced abuse, especially those whose abuse was associated with the Church that should have cared and nurtured them. I pray for those for whom the abuse is current, for those for whom it is a memory that still brings fear and shame, for those looking ahead to a more hopeful future. I pray also for their families who may not have known or realised the extent and effect of the abuse on their loved one and who are left feeling betrayed and helpless to help. In the name of Jesus...Amen

Devon County Show 18 - 20 May

Churches of Devon have a stand at the Devon County Show offering hospitality including free refreshments and a peaceful prayerful haven amongst the hustle and bustle of the show. We need help to keep this facility available. We need homemade cake to serve. Recipes will be provided to comply with allergen requirements. We also need help to take control of the bouncy castle and the bungee run. If you can help with either of these please contact Frances Canning on 01392209542 or email francesandedward@blueyondedward.co.uk as soon as possible. Thank you



Retrouvaille: A Programme for Couples Struggling in their Marriage

Do you feel alone? Are you frustrated or angry with each other? Do you argue, or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. Many couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It helps them through difficult times whether they are disillusioned or in deep misery. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a Virtual weekend on 6 - 9 July or a Face to Face weekend in Welwyn Garden City on 13-15 October call or text 07887 296983 or 07973 380443 or email retrouvailleukinfo@gmail.com - or visit [their web site](#)

Society of Our Lady of Lourdes

With no Plymouth Diocesan Pilgrimage to Lourdes this year, we invite you to join the Society of Our Lady of Lourdes pilgrimage. We are a “working pilgrimage” that has been taking pilgrims to Lourdes for over one hundred years. Our VIPs stay in the Accueil Notre Dame, inside the Sanctuary, where we provide 24-hour medical and personal care and support. We rely on volunteer doctors, nurses, carers and helpers. There is a warm welcome and a role for all. We would ask you to cover a daily shift in a friendly team to enable our Assisted Pilgrims to have a fantastic week. We also welcome praying pilgrims who join in the services and events. We still have some flights available from Bristol (for those who do not require our medical team). It’s a great opportunity to come and see what Lourdes is all about and be of service for a week! For more details visit the SOLI website or contact Ruth Rockey on treasurer@soli-lourdes.com or 07525 536936

Marriage Matters

Once again this year on 17 June at 12.00 noon there will be a **Mass for Marriage** to celebrate marriage at Plymouth Cathedral. Please pray for this event and save the date. Send us your anniversary dates to add to the Order of Service - whether you have been married for one week or sixty + years. Let us know too when your wedding is planned to take place if you are engaged. Light refreshments will be provided and (not so light) wedding cake. For more information please contact me on deborah.vanKroonenburg@prcdtr.org.uk

Marriage Sponsors - Are you a married couple, committed to the Catholic vision of marriage and family? To learn more about being a Sponsor Couple to engaged couples preparing for this vital vocation two free Webinars are available through SmartLoving on Wednesday 3 May at 11.00 am and Tuesday 6 June at 11.00 am. Please contact me for more information or to Register for one of these days.

St Rita of Cascia Feast Day

Come to St Rita’s Centre Honiton on **Monday 22 May**, the feast day of St Rita of Cascia. The day will begin with Mass at 12 noon. The principal celebrant will be Monsignor Canon Daniel McHugh. This will be followed by the blessing and distribution of roses for the sick. Two shops will be open that day for sale of religious articles; you can also make your orders on our website www.stritascentre.org and collect your items on site on the feast day. Hot drinks will be available all day, but visitors should bring a packed lunch. The day will conclude with Benediction at 3.00pm. We would advise early arrival as car parking can be difficult if you arrive late.

Thinking of becoming a Catholic?

If you are thinking of joining the Church or would simply like to know more about it, then you are welcome to join us. We will meet next on **Thursday 11 May** at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don’t need to do anything to prepare. Don’t worry if you feel a bit daunted, this could be the first step towards a whole new life! We look forward to welcoming you.

CHARITY BEGINS AT HOME

Caritas Plymouth

Vision: 'To Live the Gospel by following Christ's Command to love our neighbour as He loved us.' Caritas Diocese of Plymouth's annual review [can be found here](#). If you have any questions, would like to be involved or would like support in developing local projects contact Caritas@prcdtr.org.uk

Catholic Children's Society Plymouth

Ascension Day Fundraiser. Thursday 18 May, the CCSP is holding an Ascension Day Fundraiser at Buckfast Abbey. Tickets are available for £30 (limited) with all proceeds going towards helping vulnerable children and families living in our Diocese. For tickets email vicki.dunstone@prcdtr.org.uk or call 01364 645420

We are looking for **Parish Volunteers** throughout the Diocese to help the Catholic Children's Society (Plymouth) to raise funds for our Essential Grants programme. If you are interested in finding out more please contact vicki.dunstone@prcdtr.org.uk / 01364645420.

Recycle Your Ink Cartridges and Help Support CCSP. Please pop your used ink cartridges in the box located in the Baptistry at Blessed Sacrament. Thank you.

Exeter Foodbank [Click here for more information.](#)

Priority items: tinned meat, tinned vegetarian meals, pasta sauce, tinned potatoes, tea, custard/rice pudding. Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets. EXETER Foodbank are also looking for volunteers, so to find out more about how you can help please email Mark at info@exeterfoodbank.org.uk

FORMING IN FAITH

The Prayer Course

The next session of 'The Prayer Course' is about Listening. In this session we'll unpack the practical ways we can tune into hearing God's voice.

Please join us on Monday 22 May at 10.30am in the Lower Room, Sacred Heart church OR Tuesday 23 May at 7.00pm in the St Richard Reynolds Centre at Blessed Sacrament. Don't worry if you have missed the first sessions, you will really enjoy the films and discussion.

GIFT: Gateway to the Sacraments

GIFT is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation in the Exeter parishes. [Click here](#) to find out more about GIFT.

Next GIFT Meeting: Saturday 10 June at St Nicholas Catholic Primary school at 9.45am We look forward to welcoming you.

GIFT Youth & Socials News

The next Gift Youth Social will be held in the St Richard Reynolds Centre on **Friday 19 May** from 7.30 till 9.30pm.

To ensure that our safeguarding and GDPR procedures are robust we ask that the parent of any young person **MUST** have registered/re-registered them using the NEW form (using the link sent to parents on 10 March or [use this link](#)) before they come along to future Gift Youth Socials and Gift Youth Saturdays. This will ensure that we have all the required details about the young person as well as the necessary consents from their parents to enable us to keep them safe.

Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can to explore the riches of the scriptures. You will be most welcome.

Dipping into the Catechism [Click here for the May sheets](#)

PRAYER & LITURGY



Bishop Emeritus of Plymouth Christopher Budd RIP

In accordance with Bishop Christopher's instructions, his body will be received into the Church of the Sacred Heart, Exeter at 5.00pm on Thursday 4 May. His Requiem Mass will take place at the Sacred Heart on the

following day, Friday 5 May, at 12.00 noon. Archbishop John Wilson will preside. There will be a reception after the Mass at the Mercure Hotel Southgate from 2.00pm. Bishop Christopher's body will be interred at the cemetery at Buckfast Abbey later that afternoon. For those unable to attend in person the Livestream can be found [at this link](#) . You will find an obituary for Bishop Christopher, written beautifully by Fr Mark Skelton, [by clicking this link](#)



Adoration & Taizé Prayer

Wednesday 3 May at Sacred Heart 7.00pm. Please come and join the Lord in this time of prayer. "The Master says: My time is near. It is at your house that I am keeping the Passover with my disciples."

– *Magnificat antiphon, from Evening Prayer*

Pope's April Prayer Intention

For a culture of peace and non-violence. We pray for the spread of peace and non-violence, by decreasing the use of weapons by States and citizens.

We pray for...

Freddie Joseph who has recently died. Freddie's funeral will take place at Blessed Sacrament on Tuesday 2 May at 12.30pm. May he rest in peace.

Rosary on the Coast

Come and pray the Rosary on the Coast in reparation for the unborn babies aborted since the Abortion Act was passed in Parliament in 1967. Join with others as families gather around the Home Shrine of Our Lady of Guadalupe, Patroness of Unborn Children, at Corbyn Head, Torquay seafront, at 11.00am on Saturday 13 May, the anniversary of the first appearance of Our Lady to the child seers at Fatima in 1917. Join with the S.P.U.C. and the Torbay Order of the Knights of St. Columba in offering Our Lady a wonderful bouquet of prayer. Regina caeli, laetari, alleluja! Please contact Maurice (KSC) on 07555536579 or devon@lms.org.uk for more information.

BLESSED SACRAMENT DIARY

- Weds 3 May** Extraordinary Ministers Training 7.00pm (BSC)
Sunday 7 May Crowning of Mary 10.45am Mass (BSC)
Sunday 14 May Parish Pilgrimage to the Sisters of Mary Morning Star, Lynton
Sunday 28 May Pentecost Picnic & Kites after 10.45am Mass in Heavitree Park
Sunday 11 June Corpus Christi procession after 10.45am Mass (BSC) followed by shared lunch (RRC)
Sunday 16 July International Mass 10.45am (BSC) followed by lunch in RRC
(BSC - Blessed Sacrament Church. RRC – St Richard Reynolds Centre)

SACRED HEART DIARY

International Café Sacred Heart

There will be an International Cafe on the 30th of April after Sunday 11:15 Mass. It is organized by a group of parishioners from various cultures, mainly Hong Kong and the Philippines. There will be tea and coffee and refreshments. All parishioners are welcome. If you want to volunteer at the Cafe, please contact Dennis Mak at dennismph@gmail.com

Saturday morning Coffee at Sacred Heart

There will be **no** coffee in the Lower Room on Saturday 6th May.

FOR ALL THE SAINTS



St Philip and St James, Apostles

3 May

Philip was born at Bethsaida and started as a disciple of John the Baptist. After the Baptist's death he followed Christ. James the son of Alphaeus is called "James the Less,"

to distinguish him from James the son of Zebedee. James "the brother of the Lord" ruled the Church at Jerusalem; wrote an epistle; led an austere life; and converted many Jews to the Faith. He was crowned with martyrdom in the year 62.

St Jerome held these two Jameses to be the same person, and this was certainly the prevailing opinion when the feast of Philip and James was instituted in 560. Nowadays scholars prefer to divide them, in which case we might think of today as being the feast of Philip and James and James.

THE WORD

Sunday 30 April Fourth Sunday of Easter

First Reading Acts 2:14.36-41 *God has made him both Lord and Christ.*

Psalm Response: The Lord is my shepherd; there is nothing I shall want.

Second Reading 1 Peter 2:20-25 *You have come back to the shepherd of your souls.*

Gospel John 10:1-10 *I am the gate of the sheepfold.*

Sunday 7 May Fifth Sunday of Easter

First Reading Acts 6:1-7 *They elected seven men full of the Holy Spirit.*

Psalm Response: May your love be upon us, O Lord,
as we place all our hope in you.

Second Reading 1 Peter 2:4-9 *But you are a chosen race, a royal priesthood.*

Gospel John 14:1-12 *I am Way, the Truth and the Life.*

CONTACT US

Blessed Sacrament

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exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Secretary

Lesley Hooper

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Thursday 10.00am–4.00pm

Gift Aid enquiries:

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Sacred Heart

25 South Street, Exeter EX1 1EB
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Parish Priest

Fr Petroc Cobb

Assistant Priests

Fr Albert Lawes

Fr Anil Gundabatina

Deacons

Delian Bower

Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

Office Hours 9.00am–12.00pm &
1.00pm–4.00pm Tuesday–Friday

Gift Aid enquiries: exeter-sacredheart-giftaid@prcdtr.org.uk

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Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

Catholic Exeter is part of the Roman
Catholic Diocese of Plymouth.