

CATHOLIC EXETER



Parishes of Blessed Sacrament and Sacred Heart

14 May 2023 Sixth Sunday of Easter. Year A. *Psalter 2*



I shall ask the Father, and he shall give you another Advocate

By now we are some distance away from Easter, but the season is still permeated with the Easter message: Christ is risen, we are baptised in him. Today a new dimension of the story is revealed: Easter is not complete until the risen Lord has returned to the Father and sent the Holy Spirit.

So in the Gospel today we begin two weeks of looking forward to the coming of that 'Spirit of truth' which sets us apart from the world. This is a Spirit of power, which flows through the life of the Church, enabling its members to 'proclaim the Christ' and, dwelling in our hearts, to live during the world's slander and accusations.



Thursday 18 May - The Ascension of the Lord

All authority in heaven and on earth has been given to me

Ascension is not just a feast that happens to fall in Eastertide: it is an integral part of the Easter mystery. Remember the Lord's words at the Last Supper: 'I am going to prepare a place for, and after I have gone and prepared you a place, I shall return to take you with me.' The resurrection presumes the Lord's return to the Father. This is therefore a feast of hope: our hope

in the Lord's return, as he went. Our hope that he will take us with him, when our bodies are raised as his was. Our hope is that we will take our place in heaven, where he sits on the Father's right.

MASS TIMES SACRED HEART



Sunday 14 May – Sixth Sunday of Easter

5.30pm (Sat) *People of the Parish*
9.15am *For Leaders in Government*
11.15am *Canon Paul Cummins*
5.00-6.00pm Exposition of the Blessed Sacrament & Benediction

Monday 15 May

10.00am *Stephen Bemrose RIP*

Tuesday 16 May

10.00am *Eileen Ridd RIP*

Wednesday 17 May

10.00am *Canon Paul Cummins*
1.00pm Funeral Laura Lucia De Angelis RIP

Thursday 18 May – The Ascension of the Lord - Holy Day of Obligation

6.30pm Adoration of the Blessed Sacrament & Benediction
7.00pm *Baby Folley*

Friday 19 May

10.00am *The sick & housebound*

Saturday 20 May

10.00am *Pope Francis*

Sunday 21 May – Sixth Sunday of Easter – World Communications Day

5.30pm (Sat) *Rachel Bower RIP*
9.15am *People of the Parish*
11.15am *Baby Folley*
5.00-6.00pm Exposition of the Blessed Sacrament & Benediction

Confessions

Saturday after 10am Mass and 4-5pm, and on reasonable request.
Live stream Mass To access the YouTube stream please [click here](#).

Refreshments

served after Masses on Sunday (9.15am), Tuesday, Wednesday and Saturday.

Church open for private prayer from 9.00am until 6.00pm each day.

Rosary group

As May is a month devoted to Our Lady, we will be holding a Rosary Prayer Group in The Lower Room at Sacred Heart after 10.00am Mass on 22 May.

MASS TIMES BLESSED SACRAMENT



Sunday 14 May – Fourth Sunday of Easter

8.45am *Kathleen Jenkinson RIP*
10.45am *Mollie Martin RIP*
6.00pm *People of the Parish*

Tuesday 16 May

6.30pm **No Mass**

Wednesday 17 May

9.30am *Mrs Kelly's Intentions*

Thursday 18 May – The Ascension of the Lord - Holy Day of Obligation

9.30am *The sick & housebound of the parish*
7.00pm *Canon Paul Cummins*

Friday 19 May

6.30pm *Compton De Souza RIP*

Saturday 20 May

9.30am *Holy Souls*

Sunday 21 May – Sixth Sunday of Easter – World Communications Day

8.45am *Pope Francis*
10.45am *People of the Parish*
6.00pm *The homeless*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass

To access the YouTube stream please [click here](#).

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

NEWS & EVENTS

Memorial Mass for Bishop Christopher Budd

The Canons of the Chapter of the Cathedral of St. Mary and St. Boniface, Plymouth invite you to the Memorial Mass for Bishop Christopher Budd at 12 noon on **Tuesday 23 May** at Plymouth Cathedral and will be followed by a barbecue in the grounds of the Cathedral. *Please could you let the parish offices know if you wish to attend by **Tuesday 16 May**, as the Cathedral needs to know numbers for catering purposes.*

Blessed Sacrament Online Leadership Conference

Do you have leadership skills? Are you a leader in your family, at work in a team, with the scouts, in similar organisations or here in our parish? If so, we'd like to encourage you to join us on Thursday 25 May for an online Leadership Conference. Come and see how the Spirit is using leadership skills like yours around the world to inspire parishes. There will be an opportunity for worship, teaching and prayer to encourage us as we move forward with our parish vision. We will meet in the St Richard Reynolds Centre at 6.30pm to enjoy cheese and wine before logging onto the leadership conference from 7.00 to 9.15pm. Please send an RSVP to the parish office by Monday 22 May.

CAFOD/livesimply Meeting

There will be a joint Exeter Parishes CAFOD/livesimply meeting on Saturday 20 May from 10.00am till 12.00pm in the St Richard Reynolds Centre at Blessed Sacrament. Everyone is welcome. You don't have to be a member of the group to attend.



The Feast of the Dedication of Sacred Heart Church - 30 May

Due to this occurring on a Bank Holiday weekend the main celebration Mass will be at 7.00pm on Monday 29 May. Please join us for this very special Mass.

There will also be the usual Mass at 10.00am that day.

Heatree Youth Residential

26 – 28 May. Are you aged between 10 and 16 (Yr 6-10) and enjoy outdoor pursuits? Why not join us at Heatree Activity Centre on Dartmoor. The group will have the chance to join in activities such as high ropes and raft building, along with exploring the Pentecost scripture. The weekend is a great opportunity for young people to meet other young Catholics across the diocese. For further information contact Saskia, youth@prcdtr.org.uk or to book: [click here](#)

Diocesan Summer Camps

The annual summer camps provide a wonderful opportunity for young people from across the diocese to come together for one week during the summer holidays to meet new friends, renew friendships and share and grow in their Catholic faith in a safe and full-filled environment. Bookings are now open and can be made by using the online booking form by [following this link](#).

Junior Camp (Years 3-6) 30 July – 4 August Grangehurst, Buckfast Abbey.

Senior Camp (Years 7-10) 6 August – 11 August Grangehurst, Buckfast Abbey

St Petroc's (Years 11-13) 14 August – 18 August St Rita's Honiton

We would be happy to welcome new helpers of any age to help at the Camps. If you or someone you know would be able to offer a week of your time to help in the day to day running of the camps please get in touch with Deacon Mike Turnbull 07504 821558 michael.turnbull@prcdtr.org.uk This will involve completing an application form and a DBS check and undergoing some safeguarding training. Thank you

St Nicholas School News

We have spaces in our Nursery for 3 - 4 year olds from September 2023. We offer 15 and 30 hours (extended) funding and additional hours are only £4.50 per hour. Please contact the school - details on our website <http://www.st-nicholas-exeter.devon.sch.uk/website> - to find out more about our Nursery provision and to book a tour!

Our Yr 3/4 children had an amazing time on their trip to Plymouth. After exploring the Tamar Bridge in the morning they went to the National Aquarium in the afternoon and took part in a fantastic 'Inventafish' workshop and enjoyed a twilight tour. They had dinner and ice cream before settling down in their sleeping bags in front of the large shark tank to watch Nemo. After a good breakfast and they headed off to the Box to explore the exhibits and art. They even met a woolly mammoth.

Our Yr 6 children took their SATS this week. They were all relieved to get to the end of the week when they celebrated in the St Nicholas tradition with doughnuts! They can now look forward to practicing for the Yr 6 play and their residential week at Kilve Court!

Catholic Women's League

The next CWL meeting is on Tuesday 16 May at 2.00pm in the Parish Room, Sacred Heart, South Street. All welcome to come to see if you would like to join.

The CWL Banner is missing. If anyone knows where the banner is could you please contact Frances on 01392 209542 or Margaret on 01392 252408. It was last seen in the Blessed Sacrament Baptistry. It is cream and blue and has the image of St Margaret Clitherow applied on it.

The John Bradburne Memorial Society

Is having a celebration at Buckfast Abbey in honour of John Bradburne on Saturday 10 June. Mass 12.00 - 1.00pm Lunch & Talks: 1.00 - 3:30pm. Tickets £25 per person.

John entered the Catholic Church there on the Feast Day of Christ the King in 1947 and whilst at Buckfast explored the possibility of becoming a Benedictine monk. There is limited accommodation available. Contact JBMS for further details. All proceeds from the ticket sales will go directly in supporting the people living at Mutemwa Leprosy Care Centre in Zimbabwe.

CHARIS Conference 'Overflow'

'So that you may overflow with hope by the power of the Holy Spirit' (Romans 15:13) 1 July Bethel Convention Centre, Kelvin Way, West Bromwich, Birmingham B70 7JW 10.30am – 6.30pm Adults: £12. (CHARIS is the international Service of Communion called for by Pope Francis to promote and encourage the grace of baptism in the Spirit in the Catholic Church.) For full details can be found at this link

Heavitree ParkLife Café - volunteering opportunity

There is an opportunity at the ParkLife cafe to volunteer with students (all teenage refugees at Exeter College) each Thursday afternoon 1.30 – 2.30pm. This activity has been running successfully for just over a year but, without new volunteers runs the risk of closure. The idea is that the students will come with their teacher to meet with volunteers, play Jenga and Connect 4 and use their English. If you'd like to help please contact DebbieHooper@exe-coll.ac.uk

Stella Maris needs your help

Supporters are crucial to Stella Maris's work in so many ways. Whether you pray, donate or volunteer, everything helps to make sure seafarers and fishers are welcomed, supported and cared for. But have you considered helping by volunteering in your parish for Sea Sunday? Sea Sunday is vitally important for Stella Maris. It is a day when we come together to pray for seafarers, fishers and their families, and give thanks for the vital role they play in all our lives. It is also the day, once a year, when we ask for donations from church congregations to ensure that we can continue our essential work. But we cannot spread the word about the work of Stella Maris without someone telling the stories of the seafarers and fishers whom we support.

Sea Sunday is on 9 July this year and volunteers are needed in parishes and in the diocese. By volunteering to speak in your local parish you'll be helping to raise vital support for the people of the sea. We will provide all the materials you need, from an appeal script, to gift aid envelopes and posters. If you, or a friend or family member, would like to find out more about how you can help this Sea Sunday, please call on 07887 893763 or contact roland.hayes@stellamarismail.org Your support will really help to make Sea Sunday bigger and better in the parish - which in turn will benefit more seafarers and fishers. With every blessing,

Great West run – Exeter Road closures

Remember many roads will be closed on Sunday 21 May. This may make your journey to Sunday Mass more difficult. You can see a route map [here](#). We wish all the participants luck in their physical and fund-raising efforts.

Accommodation required

Single Room in a house required by the end of May - £300 - £350 per month. Alternatively an option for two people to share at a slightly increased cost. Within walking distance to Sacred Heart Church, if possible. Please contact Sacred Heart parish office if you are able to assist.

World Communications Day

Sunday 21 May. The theme for the 2023 World Day of Social Communications, chosen by Pope Francis is 'Speaking with the Heart'. "It is the heart that spurred us to go, to see and to listen, and it is the heart that moves us towards an open and welcoming way of communicating." The Pope's full message [can be read here](#)

Sacred Heart 9.15am Mass Children's Liturgy Group

Over the next two Sundays, our children will be involved with a heritage project covering South Street and the West Quarter [Use this link for more info](#). On 14 May after 9.15 Mass Arts Group members will show the children five of the wonderful features of our church. On the 21 May, based on these features, after 9.15 Mass the children will then create artwork and imagery. These will be used as part of an exhibition taking place in the Secret Garden of the White Hart Hotel on the 4 June. Any children up to 12 are more than welcome to join us.



Sacred Heart Knit & Natter

We will meet after 10.00am Mass on Friday 19 May in the Lower Room. Whether you are a knitter, crocheter, or not even a crafter, male or female please come along for a chat.

Stained Glass Stories with Philippa Hanna

Exeter Cathedral on Saturday 20 May at 7.30pm. Philippa Hanna is an internationally acclaimed performer racking up over 1500 shows in 25 countries. Since her industry debut in 2007, she has released 5 critically acclaimed studio albums and published two books. The Yorkshire born, half-Irish, Singer-Songwriter is a rarity in the UK Music Industry, bridging the elusive gap between Gospel, Pop and Country music. Bookings: [click here](#)

Devon County Show 18 - 20 May

Churches of Devon have a stand at the Devon County Show offering hospitality including free refreshments and a peaceful prayerful haven amongst the hustle and bustle of the show. We need help to keep this facility available. We need homemade cake to serve. Recipes will be provided to comply with allergen requirements. We also need help to take control of the bouncy castle and the bungee run. If you can help with either of these please contact Frances Canning on 01392209542 or email francesandedward@blueyondedward.co.uk as soon as possible. Thank you

Society of Our Lady of Lourdes

You are invited to join the Society of Our Lady of Lourdes pilgrimage. We are a “working pilgrimage” that has been taking pilgrims to Lourdes for over 100 years. Our VIPs stay in the Accueil Notre Dame, inside the Sanctuary, where we provide 24-hour medical and personal care and support. We rely on volunteer doctors, nurses, carers and helpers. There is a warm welcome and a role for all. We would ask you to cover a daily shift in a friendly team to enable our Assisted Pilgrims to have a fantastic week. We also welcome praying pilgrims who join in the services and events. We still have some flights available flying from Bristol on Saturday 27 May to Friday 2 June (for those who do not require our medical team). It's a great opportunity to come and see what Lourdes is all about and be of service for a week! For more details visit the [SOLI website](http://SOLIwebsite) or contact Ruth Rockey on treasurer@soli-lourdes.com or 07525 536936

Retrouvaille: A Programme for Couples Struggling in their Marriage



Do you feel alone? Are you frustrated or angry with each other? Do you argue, or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. Many couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It helps them through difficult times whether they are disillusioned or in deep misery. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a Virtual weekend on 6 - 9 July or a Face to Face weekend in Welwyn Garden City on 13-15 October call or text 07887 296983 or 07973 380443 or email retrouvailleukinfo@gmail.com - or visit their web site

Marriage Matters

On 17 June at 12.00 noon there will be a **Mass for Marriage** to celebrate marriage at Plymouth Cathedral. Please pray for this event and save the date. Send us your anniversary dates to add to the Order of Service - whether you have been married for one week or sixty + years. Let us know too when your wedding is planned to take place if you are engaged. Light refreshments will be provided and (not so light) wedding cake. For more information please contact me on deborah.vanKroonenburg@prcdtr.org.uk

Marriage Sponsors - Are you a married couple, committed to the Catholic vision of marriage and family? To learn more about being a Sponsor Couple to engaged couples preparing for this vital vocation two free Webinars are available through SmartLoving on Wednesday 3 May at 11.00 am and Tuesday 6 June at 11.00 am Please contact me for more information or to Register for one of these days.

St Rita of Cascia Feast Day

Come to St Rita's Centre Honiton on **Monday 22 May**, the feast day of St Rita of Cascia. The day will begin with Mass at 12 noon. The principal celebrant will be Monsignor Canon Daniel McHugh. This will be followed by the blessing and distribution of roses for the sick. Two shops will be open that day for sale of religious articles; you can also make your orders on our website www.stritascentre.org and collect your items on site on the feast day. Hot drinks will be available all day, but visitors should bring a packed lunch. The day will conclude with Benediction at 3.00pm. We would advise early arrival as car parking can be difficult if you arrive late.



BOWLS' BIG WEEKEND 2023

Official Partner **AVIVA**

26-29 MAY

COME AND HAVE A GO AT BOWLS!

THE PERFECT SPORT FOR ALL AGES

FREE (Join us for a FREE WATER SESSION)

EVENT DATE & TIME:
SAT 27th MAY 10:30-4pm

CLUB:
HEAVITREE

CLUB ADDRESS:
HEAVITREE PARK

CONTACT DETAILS:
DEREK
07806 389946

Sign up for your free taster session

Follow us on social media: @bowlsengland, @bowlsbigweekend, #bowlsbigweekend

BOWLS ENGLAND

AVIVA National Partner

CHARITY BEGINS AT HOME

Christian Aid Week

Sunday 14 – 20 May. Soaring costs are affecting people here and around the world. Your gifts this Christian Aid Week could make a big difference. Donate using [this link](#)

Caritas Plymouth

Vision: 'To Live the Gospel by following Christ's Command to love our neighbour as He loved us.' Caritas Diocese of Plymouth's annual review [can be found here](#) and the latest newsletter which highlights Refugee Week and Laudato Si Week as well as other latest events and information: <https://tinyurl.com/mu5semx2>

Catholic Children's Society

Ascension Day Fundraiser. Thursday 18 May, the Children's Society is holding an Ascension Day Fundraiser at Buckfast Abbey. Tickets are available for £30 (limited) with all proceeds going towards helping vulnerable children and families living in our Diocese. For tickets email vicki.dunstone@prcdtr.org.uk or call 01364 645420

Recycle Your Ink Cartridges and Help Support CCSP. Please pop your used ink cartridges in the box located in the Baptistry at Blessed Sacrament. Thank you.

Exeter Foodbank [Click here for more information.](#)

Priority items: tinned meat, tinned vegetarian meals, pasta sauce, tinned potatoes, tea, custard/rice pudding. Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets.



FREE FOOD

Christians Together Across Exeter have a partnership with local supermarkets, to collect food that would otherwise go to waste, and redistribute it for free to individuals, families, and local charities like the YMCA.

Can you help?

We need people to collect from the shops, help sort, and take it away, whether for local causes or for home.

Please let us know - contact if you need help, or can offer help:

Rev. Ash Leighton Plom | 07855305519
aescleal@gmail.com | [@AshLeightonPlom](#)

FORMING IN FAITH

Thinking of becoming a Catholic?

If you are thinking of joining the Church or would simply like to know more about it, then you are welcome to join us. We will meet next on **Thursday 25 May** at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don't need to do anything to prepare. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life! We look forward to welcoming you.

Prayer Course

The next session of 'The Prayer Course' is about Listening. In this session we'll unpack the practical ways we can tune into hearing God's voice.

Please join us on Monday 22 May at 10.30am in the Lower Room, Sacred Heart church OR Tuesday 23 May at 7.00pm in the St Richard Reynolds Centre at Blessed Sacrament. Don't worry if you have missed the first sessions, you will really enjoy the films and discussion.

GIFT: Gateway to the Sacraments

GIFT is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation in the Exeter parishes. [Click here](#) to find out more about GIFT.

Next GIFT Meeting: Saturday 10 June at St Nicholas Catholic Primary school at 9.45am We look forward to welcoming you.

GIFT Youth & Socials News

The next Gift Youth Social will be held in the St Richard Reynolds Centre on **Friday 19 May** from 7.30 till 9.30pm.

To ensure that our safeguarding and GDPR procedures are robust we ask that the parent of any young person **MUST** have registered/re-registered them using the NEW form (using the link sent to parents on 10 March or [use this link](#)) before they come along to future Gift Youth Socials and Gift Youth Saturdays. This will ensure that we have all the required details about the young person as well as the necessary consents from their parents to enable us to keep them safe.

Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can to explore the riches of the scriptures. You will be most welcome.

Dipping into the Catechism [Click here for the May sheets](#)

PRAYER & LITURGY

We pray for...

The repose of the souls of Mollie Martin and Compton D'Souza who have recently died. Mollie's funeral will take place at Blessed Sacrament on Thursday 25 May at 11.00am. Compton's funeral service will take place at Blessed Sacrament on 1 June at 11.30am. May they rest in peace.

Stronghold Praise & Worship evenings

Join us, after the 7.00pm Ascension Day Mass, on Thursday 18 May for 45 minutes of praise and worship in the St Richard Reynolds Centre. Also save these dates – Thursdays June 15 and July 13 from 7.15 - 8.45pm in the St Richard Reynolds Centre

Pope's May Prayer Intention

We pray that church movements and groups may rediscover their mission of evangelisation each day placing their own charisms at the service of needs in the world.

Rosary group

As this is the month of May, a month devoted to Our Lady, we will be holding a Rosary Prayer Group in The Lower Room at Sacred Heart after 10.00am Mass on 22 May.

Prayer Around the Cross

Friday 19 May at 7.00pm in St. Pancras Church, Guildhall Shopping Centre. Readings, prayers, meditations and silence, interspersed with songs and chants from Taizé.

BLESSED SACRAMENT DIARY

- Friday 26 May** International Mass meeting 7.15pm (RRC)
- Sunday 28 May** Pentecost Picnic & Kites after 10.45am Mass in Heavitree Park
- Sunday 11 June** Corpus Christi procession after 10.45am Mass (BSC) followed by shared lunch (RRC)
- Sunday 16 July** International Mass 10.45am (BSC) followed by lunch in RRC

THE WORD

Sunday 14 May Sixth Sunday of Easter

First Reading Acts 8:5-8.14-17

They laid hands on them, and they received the Holy Spirit.

Psalm Response: Cry out with joy to God all the earth.

Second Reading 1 Peter 3:15-18

In the body he was put to death, in the spirit he was raised to life.

Gospel John 14:15-21

I shall ask the Father and he will give you another Advocate.

Sunday 21 May Seventh Sunday of Easter

First Reading Acts 1:12-14

All joined in continuous prayer.

Psalm Response: I am sure I shall see the Lord's goodness in the land of the living.

Second Reading 1 Peter 4:13-16

It is a blessing for you when they insult you for bearing the name of Christ.

Gospel John 17:1-11

Father, glorify your Son.

CONTACT US

Blessed Sacrament

29 Fore Street, Heavitree,
Exeter EX1 2QJ
01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Secretary

Lesley Hooper

Office hours Tuesday, Wednesday,
Thursday 10.00am–4.00pm

Gift Aid enquiries:

exeter-heavitree@prcdtr.org.uk

Sacred Heart

25 South Street, Exeter EX1 1EB
01392 272815

exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Petroc Cobb

Assistant Priests

Fr Albert Lawes

Fr Anil Gundabatina

Deacons

Delian Bower

Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

Office Hours 9.00am–12.00pm &
1.00pm–4.00pm Tuesday–Friday

Gift Aid enquiries: exeter-sacredheart-giftaid@prcdtr.org.uk

Parish School

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Maria Edwards

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Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

Catholic Exeter is part of the Roman
Catholic Diocese of Plymouth.