CATHOLIC EXETER



Parishes of Blessed Sacrament, Sacred Heart, and Holy Cross I I June 2023 The Most Holy Body & Blood of Christ Year A. Psalter 2



My flesh is real food and my blood is real drink.

The Most Holy Body and Blood of Jesus (Corpus Christi) is a special feast that honours the "Real Presence of Christ" in the Eucharist. Jesus instituted the Holy Eucharist both as a sacramental banquet and a sacrificial offering. During the Holy Mass, the Church remembers and re-enacts the sacramental meal (Last Supper) and the Calvary sacrifice of Jesus. Jesus identifies himself as "the living bread that came down from heaven," connecting himself with the 'manna' in the wilderness and promising his disciples that, unlike manna, "anyone who eats this bread will live forever."

Therefore, we should receive the Holy Eucharist with true repentance for our sins, proper preparation, and reverence. We offer our lives on the altar with Jesus' sacrifice, asking for forgiveness of our sins. We express gratitude for blessings received, and present our needs and petitions on the altar. *Fr Anil*

MASS TIMES SACRED HEART



Sunday II June - The Most Holy Body and Blood of Christ

5.30pm (Sat) Antonia RIP

9.15am Iona Cheek & Andrew Russo - First Holy Communion

Followed by refreshments in the Lower Room

11.15am People of the Parish
1.15pm Mass in Polish

5.00-6.00pm Adoration of the Blessed Sacrament & Benediction

Monday 12 June

10.00am Katie Vanes RIP

Tuesday 13 June - St Anthony of Padua, Priest & Doctor

10.00am For Ukraine

Followed by refreshments in the Lower Room

Wednesday 14 June

10.00am Requiem Mass for Michael Heaven RIP

Followed by Chatter Café in the Lower Room

Thursday 15 June - World Elder Abuse Awareness Day

6.30pm Adoration of the Blessed Sacrament & Benediction

7.00pm Vigil Mass of the Most Sacred Heart of Jesus - Holy Souls

Friday 16 June - The Most Sacred Heart of Jesus, Solemnity

10.00am Fr Kieran Kirby RIP

Saturday 17 June - The Immaculate Heart of the Blessed Virgin Mary

10.00am Canon Paul Cummins

Followed by refreshments in Lower Room

Sunday 18 June - Eleventh Sunday in Ordinary Time - Day For Life

5.30pm (Sat) Peace in the World 9.15am People of the Parish

Followed by refreshments in the Lower Room

11.15am Pope Francis1.15pm Mass in Polish

5.00-6.00pm Adoration of the Blessed Sacrament & Benediction

Confessions Saturday after 10am Mass and 4-5pm, and on reasonable request.

Live stream Mass To access the YouTube stream please click here.

Church is open for private prayer from 9.00am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday II June - The Most Holy Body and Blood of Christ

8.45am Sick & Housebound of the Parish

10.45am People of the Parish

11.45am Corpus Christi Procession

with Benediction in the St Richard Reynolds garden

followed by a shared lunch.

6.00pm Canon Paul Cummins

Tuesday 13 June - St Anthony of Padua Priest & Doctor

6.30pm For the spiritual welfare of Hilda & Edith Robinson

Wednesday 14 June

9.30am Special Intention

Followed by refreshments in St Richard Reynolds Centre.

Thursday 15 June World Elder Abuse Day

9.30am | Janet Prickettt RIP

7.00pm Worship Thursday – Adoration of the Blessed Sacrament

Friday 16 June - The Most Sacred Heart of Jesus

6.30pm No Mass

Saturday 17 June

9.30am Special Intention

Sunday 18 June - Eleventh Sunday in Ordinary Time - Day For Life

8.45am People of the Parish
10.45am Monsignor harry Doyle

6.00pm Special Intention

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass

To access the YouTube stream please click here.

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

MASS TIMES HOLY CROSS TOPSHAM

Sunday I I June - The Most Holy Body and Blood of Christ

11.00am People of the Parish

Wednesday 14 June

10.00am For Ukraine

Sunday 18 June

11.00am People of the Parish

NEWS & EVENTS

Day for Life

The Day for Life is the day in the Church's year dedicated to raising awareness about the meaning and value of human life at every stage and in every condition. The Church teaches that life is to be nurtured from conception to natural death. Day for Life is celebrated on the third Sunday of June each year. It falls on June 18 this year and the theme is 'Listen to Her' and focuses on post-abortion trauma and the impact of abortion primarily on women, but also men and others. Each year a message is released, usually by the Church's Lead Bishop for Life Issues, offering a reflection on the year's theme.

The 2023 message is unique in that the bishops' have given it over to a Catholic woman who has had an abortion to share her experiences. Often the voices of women who have had an abortion are silent in Church and in society. The hope is that this will help break this silence and offer further opportunities for healing and reconciliation. This year's 'Day for Life' message is written by a woman in the hope that it can offer opportunities for healing and reconciliation. Day for Life Message There will be a retiring collection at all Masses.

Exeter Respect Festival

The Filipino Community Association is joining the Exeter Respect festival on Saturday 10 and Sunday 11 June at Belmont Park, Exeter. We are raising funds for the Faithful Companions of Jesus (FCJ) Learning and Development Centre Inc. based in the Philippines as our International Outreach Program. The FCJ lead by Sr Vanessa Reposar helps young disadvantaged Filipino children to have access to education. We would like you to help us to raise funds for this meaningful cause. If you would like to make a cash donation or you have any questions please contact Myrna Morales on 07771658571. With All Our Gratitude!

Vocations to Priesthood - Day of Reflection

SAVE THE DATE: Saturday 8 July – Vocations to Priesthood – a Day of Reflection. Have you ever asked the question 'Is God calling me to Priesthood or to the Religious life?'. This 'Day of Reflection' for men will be held on Saturday 8 July from 10.00am until 4.00pm at Sclerder Abbey, Sclerder. Under 18s are welcome to attend with parents' permission. For further information and to register for the event, please contact Fr Jacek Kostuch on Jacek.Kostuch@prcdtr.org.uk or speak to your Parish Priest by 3 July at the latest. Arrangements can be made to collect you from Liskeard Railway Station and returned after, if required.

Caritas Plymouth

Vision: 'To Live the Gospel by following Christ's Command to love our neighbour as He loved us.' Caritas Diocese of Plymouth's Strategy Review 2022.

For our latest newsletter which highlights Refugee Week and Laudato Si Week as well as other latest events and information: Caritas News Update May 2023

CARITAS Plymouth - Refugee Week Event

Caritas Diocese of Plymouth would like to invite people to learn more about <u>'Love</u> the Stranger' - a new publication by the Catholic Bishops' Conference of England and Wales – which reflects on our Christian response to the challenges facing those who have left their homeland in search of a better life.

Love the Stranger is a call to action – not only to help those who come here, but also to facilitate and rejoice in their service to our society. There are many in our diocese who welcome those new to their community, reach out to asylum seekers, welcome families through community sponsorship, host Ukrainian families and much more. 19 -25 June is Refugee Week and this year, on its 25th anniversary, the theme for Refugee Week is Compassion. This event will be an opportunity to find out more about what is happening and to learn from each other. All are welcome to join us via Zoom on Wednesday 21 June from 6.00-7.00pm. Email caritas@prcdtr.org.uk or fill in to receive the Zoom link.

CAFOD/livesimply News

Ecumenical Creation Service - Focus on Seeds.

On September 2 Blessed Sacrament will be holding an ecumenical Creation Service. The focus will be on seeds, which are life and the very foundation for farmers to produce the food which feeds us all.

We are supporting CAFOD's Fix the Food System campaign, which is urging the UK government to protect the right of farmers to produce the food that feeds us all. On our first Creation Service in 2019 we were blessed by the presence of members of other Christian communities in Exeter and we hope many can attend this time. More details will be given closer to the time.

livesimply the 7 R's

As part of being a livesimply parish Blessed Sacrament aims to implement the 7 Rs – Refuse, Reduce, Re-use, Re-purpose, Repair, Rot, Re-cycle – so we can live more simply and more sustainably.

Catholic Exeter Parishioners, new parents and carers may be interested to hear about Exeter Baby Room, based in Paris Street, which is a community initiative for new parents. It is open Monday to Saturday 9.30am to 3.30pm and you can drop in and meet other parents. At the Baby Room you can learn how to cut down on single use plastic and save money by using cloth nappies and support can also be had for baby sling use and breast feeding. There is tea and cake! Find more information at thebabyroomexeter.co.uk

World Elder Abuse Awareness Day - 15 June

15 June is World Elder Abuse Awareness Day. The abuse of older people is an increasing and serious problem, so it is vital to raise awareness of this to enable us all to take responsibility for preventing elder abuse in our communities.

Elder abuse is a global issue and comes in many forms including physical, emotional, sexual and financial abuse and neglect. A survey commissioned by the charity Hourglass in 2020 revealed I in 5 UK residents have personal experience of abuse as an older person or know someone who has been abused. If you are an older person and you have experienced abuse, or you are concerned that someone you know may be a victim of abuse, you can contact: The Safeguarding Office - Telephone 01364 645430 (Monday to Friday, from 9am to 4:30pm).

Hourglass - A UK charity working to challenge and prevent the abuse and neglect of older people. 24/7 Telephone Helpline – 0808 808 8141 Text Helpline – 07860 052906 Website including live chat service: https://wearehourglass.org

Become a Chorister at Buckfast Abbey

Buckfast Abbey is recruiting its next generation of choristers. We are seeking any child in Year 6 or Year 7 with a passion for singing and some experience of reading music. The commitment involves two weekday rehearsals/services after school and comes with a generous package of tuition. For more information please email the Assistant Master of the Music, Robert Pecksmith (rpecksmith@buckfast.org.uk), or visit https://www.buckfast.org.uk/music

YMCA Exeter Vacancies

Two new roles that have become available at YMCA Exeter. We are recruiting a new **Key Relations Manager** and **Rents and Finance Officer** to join our growing staff team. As a Christian organisation, we are inspired and motivated by our faith in Jesus Christ and the hope and love He has given us. The successful candidates will be committed Christians, able to fully support and promote the ethos of YMCA Exeter and actively take part in the spiritual mission of our work. Therefore, we would be extremely grateful if you were able to share details of these roles within your Church community or Christian circles. For details use this link



St Nicholas School News

Vacancies for a 1:1 Teaching Assistant (32.5 hours per week / £10.79 per hour) and a Mealtime Assistant (8.75 hours per week / £10.60 per hour). Both to start ASAP. Please email Mrs Brocksom (abrocksom@stncs.uk) for more information and the application forms. Vacancy for a Foundation Governor to join our Local

Governing Board. This is an interesting voluntary role which will involve one two hour meeting per half term (usually Wednesdays from 6.00-

8.00pm) and visits to the school to meet with staff and pupils to discuss what is going on in school. If you are interested in this role and want to find out more please contact Mrs Brocksom, Clerk to Governors (abrocksom@stncs.uk)

If your child is 3 and you are looking for a Nursery please consider visiting our lovely Nursery at St Nicholas School. We have spaces in September for 3-4 year olds and can offer wrap around care from 7.45 until 6pm. if you would like a tour and to find out more please contact Mrs Brocksom (abrocksom @stncs.uk). We offer 15 and 30 hours (extended) funding and additional hours are only £4.50 per hour.

Diocesan Summer Camps

The annual Summer Camps provide a wonderful opportunity for young people from across the diocese to come together for one week during the summer holidays to meet new friends, renew friendships and share and grow in their Catholic faith in a safe and full-filled environment. Bookings are now open and can be made by using the online booking form by following this link. Please apply by 17 June.

Retreats in the Diocese of Plymouth

Plymouth Diocesan Ignatian Spirituality Group SUMMER RETREATS June 30 - 2 July (Fri - Sun) Weekend Retreat July 3 - 7 July (Mon - Fri) Midweek Retreat June 30 - 7 July (Fri - Fri) 6-day Retreat Venue: Sclerder Abbey, nr Looe, Cornwall. The retreat house in its tranquil setting and with a large garden and pleasant rural walks nearby is situated near Looe in Cornwall. Cost includes full board & lodging. Recommended donation: Weekend Retreat £140; Midweek Retreat £240; 6-day Retreat £450. Some of the cost could be offset for individuals who would like to go on a retreat but may have difficulties with the suggested donation. Please contact Plymouth Diocesan Ignatian Spirituality Group at diocesan-ignatianretreats@prcdtr.org.uk or phone 01752 769164 or 07823 447637 for further information or booking form.

OVERFLOW Spiritual Conference

CHARIS National Service of Communion Conference 'So that you may overflow with hope by the power of the Holy Spirit' (Romans 15:13). On I July at Bethel Convention Centre, Kelvin Way, West Bromwich, Birmingham B70 7 W 10.30am -6.30pm. Adults: £12. CHARIS is the international Service of Communion called for by Pope Francis to promote and encourage the grace of baptism in the Spirit in the Catholic Church. For full details go to http:// www.ccr.org.uk/articles/overflow2/ If you would like a copy of the information with links etc., please let the parish office know and we can email them.

Accommodation required.

Single Room in a house for £300-£350 per month. Alternatively, an option for two people to share at a slightly increased cost. Walking distance to Sacred Heart Church, if possible. Please contact the Sacred Heart parish office if you can help.

GIFT AID at Sacred Heart Parish

If you Gift Aid your donations to the Parish and have recently changed address or are no longer a taxpayer, please don't forget to inform the parish.

Please remember that if you signed a Gift Aid Declaration in another parish within the Diocese you will still need to sign one specifically for Sacred Heart parish. The parish can claim 25% of any donation you make if you sign a Gift Aid declaration form as long as you are a UK taxpayer [you do not have to be British] Many thanks to all who Gift Aid their donations. If you have any queries, please email Anne at exeter-sacredheart-giftaid@prcdtr.org.uk.

Carer Needed:

Are you a carer, or might you know one who could help? One of our parishioners, a kind, elderly gentleman needs assistance with washing and getting dressed, on Sunday mornings and alternate Saturdays for around an hour. He and his wife are also looking for home help twice a week for around three hours. If you think you are able to help, or know someone who can, please call Sharon on 07813 936726"

Monsignor Harry Doyle





Thank you so much to the 70 plus parishioners from Sacred Heart, Topsham and Blessed Sacrament who sent cards to Father Harry. We are opening them in batches!!! It takes time to find a card, write and send it and I know he would

have found this very moving. I will keep them for his family to see. The word 'kind' appears many times. Fiona

The Catholic Post

We have been given a free trial of this online Catholic newspaper and you can access the June edition by <u>clicking this link</u>. This is the last month of the free trial so we

would really like to know what you think. If enough people are enjoying reading the publication we can subscribe each month and offer the link in Catholic Exeter News. So please feed back your thoughts to the Blessed Sacrament parish office.

Marriage Matters

On 17 June at 12.00 noon there will be a **Mass for Marriage** to celebrate marriage at Plymouth Cathedral. Send us your anniversary dates to add to the Order of Service - whether you have been married for one week or sixty + years. Let us know too when your wedding is planned to take place if you are engaged. Light refreshments will be provided and (not so light) wedding cake. For more information please contact me on deborah.vanKroonenburg@prcdtr.org.uk

Book Club at Sacred Heart

We are starting a new book club. Come and join us! Inaugural meetings either after 10.00am Mass on Wednesday 14 June or 7.00pm Mass on Thursday 15 June in the parish rooms at Sacred Heart. Join whichever suits you. All welcome.

CHARITY BEGINS AT HOME

Missio and the Mill Hill Missionaries

All supporters and those interested are invited to Mission Animation to explore and celebrate Mission in the Diocese of Plymouth, on Saturday I July from 1.00 to 2.30pm in the St Richard Reynolds Centre at Blessed Sacrament Church. Light refreshments will be available. For planning and catering, please RSVP: redbox@missio.org.uk or telephone 07593 544622

A summer newsletter and impact report are in the Blessed Sacrament porch for anyone to take home or <u>click here</u> to view it on line. The report shows that our diocese raised £105,080 last year, of which £66,386 was from Red Boxes. Blessed Sacrament's Red Box contribution was £336, which was like that collected before Covid. To help with contributions at Blessed Sacrament you can contact John Mitchelmore on 01392 757199 or email <u>i_mitchelmore04@hotmail.com</u> He will be pleased to collect any Red Boxes for counting in the parish.

Exeter Foodbank Click here for more information.

Items required: tinned meat & fish, tinned vegetarian meals, pasta sauce, tinned fruit, noodle snacks, fruit squash, shampoo, deodorant. Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets.

FORMING IN FAITH'

Dipping into the Catechism Click here for the June sheets

Thinking of becoming a Catholic?

If you are thinking of joining the Church or would simply like to know more about it, then you are welcome to join us. We will meet next on **Thursday 22 June** at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don't need to do anything to prepare. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life! We look forward to welcoming you.

Forming in Faith

Last week we watched the last in the series of films from the Prayer Course. We had a fascinating discussion about spiritual warfare. We will next meet on **Monday 19**June at 10.30am in the Lower Room, Sacred Heart OR on **Tuesday 20 June** at 7.00pm in the St Richard Reynolds Centre at Blessed Sacrament. Please come and join us for lively conversation and growth in faith. We look forward to seeing you.

Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00-3.00pm each Wednesday. If you would like to join us, contact Maria: <u>exeter-pastoral-assistant@prcdtr.org.uk</u>. Come whenever you can to explore the riches of the scriptures. You will be most welcome.

GIFT Gateway to the Sacraments

GIFT is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation in the Exeter parishes. <u>Click here</u> to find out more about GIFT.

Next GIFT Meeting: Saturday I July at St Nicholas Catholic Primary school at 9.45am We look forward to welcoming you.

GIFT Youth & Socials News

The next Gift Youth Social will be on **Friday 16 June**. More details will follow about the activity for this session.

To ensure that our safeguarding and GDPR procedures are robust we ask that the parent of any young person **MUST** have registered/re-registered them using the NEW form (using the link sent to parents on 10 March or <u>use this link</u>) before they come along to future Gift Youth Socials and Gift Youth Saturdays. This will ensure that we have all the required details about the young person as well as the necessary consents from their parents to enable us to keep them safe.

PRAYER & LITURGY

Prayer Ministry

Have you ever experienced the power of the Holy Spirit through someone praying personally for you? Prayer ministry is an opportunity to pray into the needs of those who come forward and to share the love and compassion that God has for each of

us. Blessed Sacrament is planning to offer prayer ministry on Sundays beginning in the autumn. We are looking for parishioners with a heart for prayer, a listening ear.



CORPUS CHRISTI Procession

Today we celebrate the patronal feast of Blessed Sacrament Church. At the end of the 10.45am Mass we will process the Blessed Sacrament through the church and grounds to the garden where we will celebrate Benediction followed by a shared lunch. All welcome. Please bring something to eat and drink.

Pope's June Prayer Intention

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families. See also and a gentle disposition. Training and support will be given. If you are interested in finding out more, please contact Maria (Exeter-pastoral-assistant@prcdtr.org.uk).

THE WORD

Sunday I I June The Most Holy Body & Blood of Christ

First Reading Deuteronomy 8:2-3.14-16 He fed you with manna which neither you nor your fathers had known.

Psalm Response: O praise the Lord, Jerusalem.

Second Reading I Corinthians 10:16-17 That there is only one loaf means that, though there are many of us, we form one single body.

Gospel John 6:51-58 My flesh is real food and my blood is real drink.

Sunday 18 June Eleventh Sunday in Ordinary Time

First Exodus 19:2-6 I will count you a kingdom of priests, a consecrated nation.

Psalm Response: We are his people: the sheep of his flock.

Second Reading Romans 5:6-11 Now that we have been reconciled by the death of his Son, surely we may count on being saved by the life of Christ.

Gospel Matthew 9:26-10:8 He summoned his twelve disciples, and sent them out.

BLESSED SACRAMENT DIARY

Sunday 16 July International Mass 10.45am (BSC) followed by lunch (RRC)

CONTACT US

Blessed Sacrament

29 Fore Street, Heavitree, Exeter EX I 2QJ 01392 274724

<u>exeter-heavitree@prcdtr.org.uk</u>

Parish Priest
Fr Jonathan Stewart

Priest in retirement Fr John Watkins

Parish Secretary

Lesley Hooper

Office hours Tuesday, Wednesday, Thursday 10.00am—4.00pm

Gift Aid enquiries:

exeter-heavitree@prcdtr.org.uk

Sacred Heart

25 South Street, Exeter EXI IEB 01392 272815

exeter-sacredheart@prcdtr.org.uk

Parish Priest Fr Petroc Cobb

Assistant Priests

Fr Albert Lawes Fr Anil Gundabatina

Deacons
Delian Bower
Kelvin Russell

Parish Secretary

Coral Saunders-Mortier
Office Hours 9.00am-12.00pm & 1.00pm-4.00pm Tuesday-Friday

Gift Aid enquiries: <u>exeter-sacredheart-</u>

giftaid@prcdtr.org.uk

Parish School

St Nicholas Catholic Primary School Ringswell Avenue, Exeter EX 1 3EG 01392 445403

admin@stncs.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher Cathy Blatchford

Pastoral Assistant

Maria Quinn

exeter-pastoral-assistant@prcdtr.org.uk

Safeguarding

Sacred Heart

Andrew Blewett 07729 608356

drewmail2016@gmail.com

Coral Saunders-Mortier 07745 922636 or 01392 272815

exeter-sacredheart@prcdtr.org.uk

Blessed Sacrament

Lesley Hooper

07712 216724 or 01392 274724

exeter-heavitree@prcdtr.org.uk

Maria Edwards 07870 696530

Useful links

Bishops' Conference Updates
Churches Together Devon News
Churches Together Exeter News
Churches Together England News

Catholic Exeter is part of the Roman Catholic Diocese of Plymouth.