CATHOLIC EXETER



Parishes of Blessed Sacrament, Sacred Heart, and Holy Cross 18 June 2023 Eleventh Sunday in Ordinary Time Year A. Psalter 3

'We are his people, the sheep of his flock'



With these words we praise our Beloved Lord and God because he saw us, 'harassed and dejected, like sheep without a shepherd', and gathered us together; liberated us; reconciled us; he made us belong. For through sin, we have suffered from disunity, becoming separated from God, separated from each other, even separated from ourselves. But 'we were still helpless when at his appointed moment Christ died for sinful men.' By Christ's Death, Resurrection & Ascension, and through the outpouring of the Holy Spirit, God has made us one people again.

This is the Church; the new humanity, reconciled to God, reconciled to each other, reconciled to ourselves. This is a reality which already present, manifested especially at Mass when we gather in communion to glorify God. We do not have to wait to experience the joy of heaven, it is offered to us today! So, with St Paul, we say, 'We are filled with joyful trust in God, through our Lord Jesus Christ, through whom we have already gained our reconciliation.' We have been gathered together by God, so let us also seek to gather in those who are still lost and wandering, so that they may join us as we sing, 'We are his people, the sheep of his flock.' *Fr Albert*

MASS TIMES SACRED HEART



Sunday 18 June - Eleventh Sunday in Ordinary Time Day for Life

5.30pm (Sat) Peace in the World 9.15am People of the Parish

11.15am Pope Francis

Followed by refreshments in the Lower Room

1.15pm Mass in Polish

5.00-6.00pm Adoration of the Blessed Sacrament & Benediction

Monday 19 June

10.00am For the Sick & Housebound

Tuesday 20 June

10.00am For peace in the World

Followed by refreshments in the Lower Room

Wednesday 21 June - St Aloysius Gonzaga Religious, Patron of Youth

10.00am For a New Bishop in our Diocese

Followed by Chatter Café in the Lower Room

Thursday 22 June – St John Fisher, Bishop & Martyr & St Thomas More, Martyr

6.30pm Adoration of the Blessed Sacrament & Benediction

7.00pm For those who are oppressed and persecuted

Friday 23 June - St Edward King & Martyr

10.00am Katie Vanes RIP

Saturday 24 June - The Nativity of St John the Baptist

10.00am Holy Souls

Followed by refreshments in the Lower Room

Sunday 25 June - Twelfth Sunday in Ordinary Time

5.30pm (Sat) People of the Parish 9.15am Sarah Billington RIP

Followed by refreshments in the Lower Room

I 1.15am Pope FrancisI.15pm Mass in Polish

5.00-6.00pm Adoration of the Blessed Sacrament & Benediction

Confessions Saturday after 10am Mass and 4-5pm, and on reasonable request.

Live stream Mass To access the YouTube stream please click here.

Church is open for private prayer from 9.00am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday 18 June - Eleventh Sunday in Ordinary Time Day for Life

8.45am People of the Parish 10.45am Monsignor Harry Doyle

Followed by refreshments in St Richard Reynolds Centre

2.00pm Syro Malabar Mass 6.00pm Special Intention

Tuesday 20 June - St Alban Martyr

6.30pm NO Mass

Wednesday 21 June - St Aloysius Gonzaga Religious, Patron of Youth

9.30am Special Intention

Followed by refreshments in St Richard Reynolds Centre.

Thursday 22 June - St John Fisher Bishop & Martyr & St Thomas More Martyr

9.30am Special Intention

7.00pm Worship Thursday – Adoration of the Blessed Sacrament

Friday 23 June - St Edward King & Martyr

6.30pm Holy Souls

Saturday 24 June - The Nativity of St John the Baptist

9.30am Special Intention
11.00am St Mary's JOSC Mass

Sunday 25 June - Twelfth Sunday in Ordinary Time

8.45am Priests & Religious of the Diocese

10.45am People of the Parish 6.00pm Fred & Olive Morgan RIP

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass

To access the YouTube stream please click here.

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

MASS TIMES HOLY CROSS TOPSHAM

Sunday 18 June – Eleventh Sunday in Ordinary Time Day for Life

11.00am People of the Parish

Wednesday 15 June

10.00am

Sunday 25 June

11.00am People of the Parish

NEWS & EVENTS

Day for Life

Today is the day in the Church's year dedicated to raising awareness of the meaning and value of human life at every stage and in every condition.

The Church teaches that life is to be nurtured from conception to natural death. Day for Life is celebrated on the third Sunday of June each year. It falls today, June 18 and the theme is 'Listen to Her' and focuses on post-abortion trauma and the impact of abortion primarily on women, but also men and others. Each year a message is released, usually by the Church's Lead Bishop for Life Issues, offering a reflection on the year's theme.

The 2023 message is unique in that the bishops' have given it over to a Catholic woman who has had an abortion to share her experiences. Often the voices of women who have had an abortion are silent in Church and in society. The hope is that this will help break this silence and offer further opportunities for healing and reconciliation. This year's 'Day for Life' message is written by a woman in the hope that it can offer opportunities for healing and reconciliation. Day for Life Message There will be a retiring collection at all Masses.

Brian Bargent to be ordained as a Deacon

Brian, from Sacred Heart parish is to be ordained at Plymouth Cathedral on Saturday 15 July at 12 noon. What an occasion of joy and celebration!

We are hoping to arrange a coach to take those who wish to attend this very special Mass at the Cathedral. If you have not yet put your name down on the list at Sacred Heart please do so this week. Anyone from Blessed Sacrament wishing to go on the coach should contact the Sacred Heart parish office to give their names. The plan is for the coach to leave Sacred Heart and stop at Blessed Sacrament, if necessary, before continuing to the Cathedral. Please keep Brian in your prayers as he prepares for this extraordinary moment in his life. *Thanks be to God.*

Vocations to Priesthood - Day of Reflection

Saturday 8 July

Have you ever asked the question 'Is God calling me to Priesthood or to the Religious life?' This 'Day of Reflection' for men will be held on Saturday 8 July from 10.00am till 4.00pm at Sclerder Abbey, Sclerder Lane, Looe, PL13 2JD The day will include Mass; a time of Adoration; a short conference; an opportunity for Confession and 'One to One talks' with serving Priests from our Diocese; reflecting with your peers and sharing food together. For more information and to register for the event, contact Fr Jacek Kostuch at Jacek.Kostuch@prcdtr.org.uk by 3 July at the latest.

Toddler Group

This group meets in the St. Richard Reynolds Centre, Blessed Sacrament, from 9.30 to I I.30am on most Mondays during term time. We are a small and friendly, volunteer-led community group for parishioners of Exeter parishes and also for non-parishioners. It is open to babies and children aged 0-5, together with their parent or carer. Our group offers a range of toys and activities for little ones to explore, as well as the chance for parents and carers to chat and get to know one another. There is tea and coffee for grown-ups, and the children are invited to sit down together to enjoy a healthy snack. We end our sessions with tidy-up time, followed by a story and singing. Please note that spaces at the group are currently in high demand and we are operating with a waiting list. If you would like to be added to the waiting list, please contact blessedsacramenttoddlergroup@gmail.com.

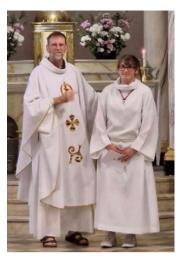
Film Night at Sacred Heart

Exeter WAYmakers invite you to a screening of the film Swimmers on Tuesday I I July at 7.00pm in the Lower Room at Sacred Heart Church. This acclaimed film is about two Syrian sisters who flee their war-torn home in Damascus, swim for hours in choppy Mediterranean seas to reach Greece as asylum seekers before going on to compete at the Rio Olympic Games.

We would love to have you join us. Refreshments will be available. Tickets are limited and you can request your FREE entry ticket by email to: nsmallwood@doctors.net.uk If you can't join us on this occasion please visit Exeter WAYmakers at: www.exeterwaymakers.org.uk and discover ways in which you can help support us to resettle a family.

Calling all Young Musicians at Blessed Sacrament

You are invited to come along to a planning session for our next youth led Mass from 9.30-11.00am on Saturday 15 July at the Café in Heavitree park Cafe – ParkLife Heavitree If you have not played with us before, you are very welcome to join us. Please bring any ideas, special music requests or ideas that you have as we look at planning our monthly Masses for the autumn. If you are **not** registered with GIFT Youth and would like to come, please ensure your parents register you using this link so that we have your emergency contacts and medical details. Please note that there will not be youth led Masses in July or August.



Our Silver Server!

Abigail Landon has been serving at Blessed Sacrament Church for ten years. She is following in the footsteps of her grandfather who also served at Blessed Sacrament.

Last Sunday evening we presented her with the Guild of St Stephen's Silver Medal, awarded for long service. It was a joyous occasion, and she and the congregation were clearly thrilled.

Congratulations Abigail. Thank you for all you have done for the parish. You are a great example to our other servers. Here's to the next ten years! If you would like to join the team of servers at Blessed Sacrament, please see Fr Jonathan.

Festival of Choirs – Exeter Cathedral

Felicity and Charlotte Wilson will be singing *The Dream of Gerontius*, at The Festival of Choirs on 15 July at Exeter Cathedral. If you would like to go and support our ladies, please <u>Click Here</u>

Exeter City of Sanctuary Your Presence in the Community

Refugee Week 19 – 25 June is the world's largest arts and culture festival, celebrating the contributions, creativity and resilience of refugees and people seeking sanctuary. This year will be the UK's 25th anniversary! The theme for this year's week is **Compassion**. We hope you can join us and show what active compassion looks like!

Simple Acts are everyday actions we can all do to stand with refugees and make new connections in our communities. https://refugeeweek.org.uk/simple-acts/. Find out more: Read a book, have a chat, send a message, listen & share, walk together, grow your Compassion, use your platform, join a movement e.g., Exeter WAYmakers.

Refugee Support Devon - at Exeter Phoenix Cinema

Sat 17 June FILM 3.00pm - On Our Doorstep + Director (Tom Laurance)

https://exeterphoenix.org.uk/events/refugee-week-on-our-doorstep/

Tues 20 June FILM 5.15pm - Limbo + discussion

https://exeterphoenix.org.uk/events/refugee-week-limbo/

At the Transit Shed on the Quay

Saturday 24 June event at Exeter Quay 11.00am -3.00pm

https://refugeesupportdevon.org.uk/news/refugee-week-2023-saturday-24-june-event-at-exeter-quay/

EXETER WAYmakers – Preparing a WAY to welcome and resettle a family in Exeter: www.exeterwaymakers.org.uk

Refugee Week lasts seven days, but the movement for a kinder, fairer and more joyful world continues all year round. If you would like to speak with someone about any of the events please call Chris Lee: 07702 435890 - Thank you.

CARITAS Plymouth - Refugee Week Event

Caritas Diocese of Plymouth would like to invite people to learn more about <u>'Love</u> the <u>Stranger'</u> - a new publication by the Catholic Bishops' Conference of England and Wales – which reflects on our Christian response to the challenges facing those who have left their homeland in search of a better life.

Love the Stranger is a call to action – not only to help those who come here, but also to facilitate and rejoice in their service to our society. There are many in our diocese who welcome those new to their community, reach out to asylum seekers, welcome families through community sponsorship, host Ukrainian families and more.

Refugee Week 19 -25 June. This year, its 25th anniversary, the theme for the week is Compassion. This online event is an opportunity to find out more about what is happening and to learn from each other. All are welcome to join us via Zoom on Wednesday 21 June from 6.00-7.00pm. Email caritas@prcdtr.org.uk or fill in thisshort online form to receive the Zoom link.

CAFOD and livesimply News

Pyramid Boxes at Blessed Sacrament

We are re-launching the pyramid boxes at Blessed Sacrament. This is a very good and simple way to support our brothers and sisters around the world who live in poverty. Please consider taking a box home to save your loose change. We collect the boxes twice a year usually in November and May – dates will be in the newsletter. The money we collect goes to support the continuous development work of CAFOD in over 40 countries around the world. You can find out more about these projects by visiting this link Boxes will be available at all Masses this weekend.

CAFOD Meeting

St Richard Reynolds Centre on Saturday 24 June at 10.00am. Anyone interested in the work of CAFOD is very welcome to come along. We would love to see you.

Ecumenical Creation Service – Focus on Seeds

On 2 September Blessed Sacrament will be holding an ecumenical Creation Service. The focus will be on seeds, which are life and the very foundation for farmers to produce the food which feeds us all.

We are supporting CAFOD's Fix the Food System campaign, which is urging the UK government to protect the right of farmers to produce the food that feeds us all. On our first Creation Service in 2019 we were blessed by the presence of members of other Christian communities in Exeter and we hope many can attend this time. More details will be given closer to the time.

Livesimply The 7 R's

As part of being a livesimply parish Blessed Sacrament aims to implement the 7 Rs – Refuse, Reduce, Re-use, Re-purpose, Repair, Rot, Re-cycle – so we can live more simply and more sustainably.

Exeter Baby Room

Exeter Baby Room, located in Paris Street, is a community initiative for new parents. It is open Monday to Saturday 9.30am to 3.30pm and you can drop in and meet other parents. At the Baby Room you can learn how to cut down on single use plastic and save money by using cloth nappies and support can also be had for baby sling use and breast feeding. There is tea and cake! More info at thebabyroomexeter.co.uk

St Nicholas School News



We are all enjoying this spell of glorious weather.

Our Year 6 children are on residential at Kilve Court in Somerset this week. They are enjoying walks to the beach, high ropes, archery, river walks, discos, and outdoor games. Next week they will start practicing for their end of year performance, take part in Young Enterprise and write their individual yearbook entries.

Foundation Governor

We have a vacancy for a Foundation Governor to join our Local Governing Board. This is an interesting voluntary role which will involve one two hour meeting per half term (usually Wednesdays from 6-8pm) and visits to the school to meet with staff and pupils to discuss what is going on in school. If you are interested in this role and want to find out more please contact Mrs Brocksom, Clerk to Governors abrocksom@stncs.uk

St Nicholas Nursery

If your child is 3 and you are looking for a nursery please consider visiting our lovely nursery at St Nicholas School. We have spaces in September for 3-4 year olds and can offer wrap around care from 7.45 until 6pm. If you would like a tour and to find out more please contact Mrs Brocksom (abrocksom@stncs.uk). We offer 15 and 30 hours (extended) funding and additional hours are only £4.50 per hour.

Retreats in the Diocese of Plymouth

Plymouth Diocesan Ignatian Spirituality Group SUMMER RETREATS June 30-2 July (Fri - Sun) Weekend Retreat July 3-7 July (Mon - Fri) Midweek Retreat June 30-7 July (Fri - Fri) 6-day Retreat Venue: Sclerder Abbey, nr Looe, Cornwall. The retreat house in its tranquil setting and with a large garden and pleasant rural walks nearby is situated near Looe in Cornwall. Cost includes full board & lodging. Recommended donation: Weekend Retreat £140; Midweek Retreat £240; 6-day Retreat £450. Some of the cost could be offset for individuals who would like to go on a retreat but may have difficulties with the suggested donation. Please contact Plymouth Diocesan Ignatian Spirituality Group at diocesan-ignatianretreats@prcdtr.org.uk or phone 01752 769164 or 07823 447637 for further information or booking form.

International Mass at Blessed Sacrament

On Sunday 16 July at 10.45am Blessed Sacrament will celebrate an International Mass followed by an international lunch. We are a diverse parish with parishioners from all over the world. We would like as many of you as possible to come along to make it a truly international celebration.

If you would like to contribute to the food/music/readings etc. and you haven't yet been approached, please contact the parish office.

Sign-up sheets to carry your national flag and for bringing your national cold food will soon be available. Previous International Masses have been some of the most vibrant celebrations in our parish. We look forward to a wonderful day of celebration.

St Peter & St Paul at Blessed Sacrament

Thursday 29 June is the feast of St Peter and St Paul and is a Holy Day of Obligation. Masses at Blessed Sacrament will be at 9.30am and 6.30pm and NOT at 7.00pm as it usually is for a Holyday.

OVERFLOW Spiritual Conference

CHARIS National Service of Communion Conference 'So that you may overflow with hope by the power of the Holy Spirit' (Romans 15:13). On I July at Bethel Convention Centre, Kelvin Way, West Bromwich, Birmingham B70 7JW 10.30am – 6.30pm. Adults: £12. CHARIS is the international Service of Communion called for by Pope Francis to promote and encourage the grace of baptism in the Spirit in the Catholic Church. Please see the poster on the noticeboard with contact details for Chris & Sue Lee for more information, tickets and travel arrangements. www.ccr.org.uk/articles/overflow2/. If you would like a copy of the information with links etc., please let the parish office know and we can email them.

Accommodation required

Single Room in a house for £300-£350 per month. Alternatively, an option for two people to share at a slightly increased cost. Walking distance to Sacred Heart Church, if possible. Please contact Sacred Heart parish office if you can help.

Immediate Accommodation required

Single room is required for a student at the University of Exeter. Price range £85-125 per week. Please contact Sacred Heart parish office if you are able to assist.

Vacancy in the Diocese of Plymouth

Payroll and Accounts Administrator for the Finance Department providing payroll and supplier payments function for our churches and parishes. 21 hours per week based at St Boniface House, Ashburton. For more details see poster or visit the careers page on the Diocese of Plymouth website. To apply send an application form and covering letter to recruitment@prcdtr.org.uk Closing date for applications Monday 3 July.

Carer Needed

Are you a carer, or might you know one who could help? One of our parishioners, a kind, elderly gentleman needs assistance with washing and getting dressed, on Sunday mornings and alternate Saturdays for around an hour. He and his wife are also looking for home help twice a week for around three hours. If you think you are able to help, or know someone who can, please call Sharon on 07813 936726"

Missio and the Mill Hill Missionaries

All supporters and those interested are invited to Mission Animation to explore and celebrate Mission in the Diocese of Plymouth, on Saturday I July from 1.00 to 2.30pm in the St Richard Reynolds Centre at Blessed Sacrament Church. Light refreshments will be available. For planning and catering, please RSVP:redbox@missio.org.uk or telephone 07593 544622. To help with contributions at Blessed Sacrament you can contact John Mitchelmore at imitchelmore04@hotmail.com or 01392 757199 He will be pleased to collect any Red Boxes for counting in the parish.

CHARITY BEGINS AT HOME

Exeter Foodbank Click here for more information.

Items required: tinned meat & fish, tinned vegetarian meals, pasta sauce, tinned fruit, noodle snacks, fruit squash, shampoo, deodorant. Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets.

FORMING IN FAITH

Dipping into the Catechism Click here for the June sheets

Thinking of becoming a Catholic?

If you are thinking of joining the Church or would simply like to know more about it, then you are welcome to join us. We will meet next on **Thursday 22 June** at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don't need to do anything to prepare. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life! We look forward to welcoming you.

Forming in Faith

We will next meet on **Monday 19 June** at 10.30am in the Lower Room, Sacred Heart OR on **Tuesday 20 June** at 7.00pm in the St Richard Reynolds Centre at Blessed Sacrament. We will start to look at 'Pivotal Player' films and starting with St Francis of Assisi. Please come and join us for lively conversation and growth in faith. We look forward to seeing you.

Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can to explore the riches of the scriptures. You will be most welcome. Wednesday Word is cancelled next week on Wednesday 21 June. We will meet again as normal on Wednesday 28 June.

GIFT Gateway to the Sacraments

GIFT is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation in the Exeter parishes. <u>Click here</u> to find out more about GIFT.

Next GIFT Meeting: Saturday I July at St Nicholas Catholic Primary school at 9.45am We look forward to welcoming you.

GIFT Youth & Socials News

The next Gift Youth Social will be on Friday 21 July.

To ensure that our safeguarding and GDPR procedures are robust we ask that the parent of any young person **MUST** have registered/re-registered them using the NEW form (using the link sent to parents on 10 March or <u>use this link</u>) before they come along to future Gift Youth Socials and Gift Youth Saturdays. This will ensure that we have all the required details about the young person as well as the necessary consents from their parents to enable us to keep them safe.

Preparing for Baptism

We are now taking bookings for the July sessions.

Are you expecting a baby and/or looking to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into our parish family. Sessions run over two consecutive Saturday mornings from 10.15-12.00 on Zoom. Dates: 15/22 July and 14/21 October. Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link below to register. If you have any problems accessing this, please contact Lesley in the parish office on 01392 274724 or at exeter-heavitree@prcdtr.org.uk Baptism Enquiry form

PRAYER & LITURGY

Prayer Ministry at Blessed Sacrament

Have you ever experienced the power of the Holy Spirit through someone praying personally for you? Prayer ministry is an opportunity to pray into the needs of those who come forward and to share the love and compassion that God has for each of us. Blessed Sacrament is planning to offer prayer ministry on Sundays beginning in the autumn. We are looking for parishioners with a heart for prayer, a listening ear.

Pope's June Prayer Intention

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families. See also and a gentle disposition. Training and support will be given. If you are interested in finding out more, please contact Maria (Exeter-pastoral-assistant@prcdtr.org.uk).

THE WORD

Sunday 18 June Eleventh Sunday in Ordinary Time



First Reading Exodus 19:2-6
I will count you a kingdom of priests, a consecrated nation.

Psalm Response:

We are his people: the sheep of his flock.

Second Reading Romans 5:6-11

Now that we have been reconciled by the death of his Son, surely we may count on being saved by the life of Christ.

Gospel Matthew 9:26-10:8

He summoned his twelve disciples, and sent them out.

Sunday 25 June Twelfth Sunday in Ordinary Time



First Reading Jeremiah 20:10-13 He has delivered the soul of the needy from the hands of evil men.

Psalm Response:

In your great love, answer me, O God.

Second Reading Romans 5:12-15

The gift considerably outweighed the fall.

Gospel Matthew 10:26-33

Do not be afraid of those who kill the body.

CONTACT US

Blessed Sacrament

29 Fore Street, Heavitree, Exeter EX I 2QJ 01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest Fr Jonathan Stewart

Priest in retirement Fr John Watkins

Parish Secretary Lesley Hooper

Office hours Tuesday, Wednesday, Thursday 10.00am—4.00pm
Gift Aid enquiries:

exeter-heavitree@prcdtr.org.uk

Sacred Heart

25 South Street, Exeter EXI IEB 01392 272815

exeter-sacredheart@prcdtr.org.uk

Parish Priest Fr Petroc Cobb

Assistant Priests
Fr Albert Lawes

Fr Anil Gundabatina

Deacons
Delian Bower
Kelvin Russell

Parish Secretary
Coral Saunders-Mortier

Office Hours 9.00am—12.00pm & 1.00pm—4.00pm Tuesday—Friday

Gift Aid enquiries: exeter-sacredheart-

giftaid@prcdtr.org.uk

Parish School

St Nicholas Catholic Primary School Ringswell Avenue, Exeter EX 1 3EG 01392 445403

admin@stncs.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher Cathy Blatchford

Pastoral Assistant

Maria Quinn

exeter-pastoral-assistant@prcdtr.org.uk

Safeguarding

Sacred Heart Andrew Blewett 07729 608356

drewmail2016@gmail.com

Coral Saunders-Mortier 07745 922636 or 01392 272815

exeter-sacredheart@prcdtr.org.uk

Blessed Sacrament

Lesley Hooper 07712 216724 or 01392 274724 exeter-heavitree@brcdtr.org.uk

Maria Edwards 07870 696530

Useful links

Bishops' Conference Updates
Churches Together Devon News
Churches Together Exeter News
Churches Together England News

Catholic Exeter is part of the Roman Catholic Diocese of Plymouth.