

CATHOLIC EXETER



Parishes of Blessed Sacrament, Sacred Heart, and Holy Cross
2 July 2023 Thirteenth Sunday in Ordinary Time Year A. *Psalter I*



St Paul declares, 'We believe that having died with Christ we shall return to life with him.' He is speaking of our baptism, the moment when our old life ended, and we were adopted by God as his children. Yet, as we all know, we cling to our old sinful selves even though we have a desire to live Christ's life. That is why Jesus firmly tells us, 'Anyone who finds his life will lose it; anyone who loses his life for my sake will find it.' Our love of Christ can have no competitor; not father or mother, son or daughter, even ourselves. If they compete with Christ in our hearts, then we trade in our life of grace for our old life, and that ends in death. This is not to say that our family or even our own life is unimportant, but that our love for them only leads to life if they are incorporated into our love for Jesus above everything else. By subordinating our earthly loves to Christ, we die with Christ and allow his life to live in us. By loving our father, mother, son, daughter, even ourselves only in Christ and for Christ, we return to true life; we find the life and love for which we long. *Fr Albert*

MASS TIMES SACRED HEART



Sunday 2 July – Thirteenth Sunday in Ordinary Time

- 5.30pm (Sat) *For a new Bishop*
9.15am *Fr Harry Doyle*
Followed by refreshments in the Lower Room
11.15am *People of the Parish*
1.15pm *Mass in Polish*
5.00-6.00pm *Adoration of the Blessed Sacrament & Benediction*

Monday 3 July – St Thomas, Apostle

- 10.00am *For the Catholic Women's League*

Tuesday 4 July – Blessed John Cornelius & Companions, Martyrs

- 10.00am *For Refugees*
Followed by refreshments in the Lower Room

Wednesday 5 July

- 10.00am *For the Sick & Housebound*
Followed by Chatter Café in the Lower Room
7:00pm *Taizé & Adoration of the Blessed Sacrament*

Thursday 6 July – St Maria Goretti, Virgin & Martyr

- 6.30pm *Adoration of the Blessed Sacrament & Benediction*
7.00pm *Fr Harry Doyle*

Friday 7 July

- 10.00am *For a new Bishop*

Saturday 8 July – Saturday Memorial of the Blessed Virgin Mary

- 10.00am *Canon Paul Cummins*
Followed by CWL refreshments in the Lower Room
2.00pm *Wedding of Douglas Chih & Klaudia Januszkiwicz*

Sunday 9 July – Fourteenth Sunday in Ordinary Time - Sea Sunday

- 5.30pm (Sat) *Pope Francis*
9.15am *Holy Souls*
Followed by refreshments in the Lower Room
11.15am *People of the Parish*
1.15pm *Mass in Polish*
5.00-6.00pm *Adoration of the Blessed Sacrament & Benediction*

Confessions Saturday after 10am Mass and 4-5pm, and on reasonable request.

Live stream Mass To access the YouTube stream please [click here](#).

Church is open for private prayer from 9.00am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday 2 July – Thirteenth Sunday in Ordinary Time

8.45am *Michael Leonard RIP*

10.45am *Canon Paul Cummins*

Followed by refreshments in St Richard Reynolds Centre.

2.30pm *Syro Malabar Mass*

6.00pm *People of the Parish*

Tuesday 4 July – Blessed John Cornelius & Companions Martyrs

6.30pm *NO Mass*

Wednesday 5 July

9.30am *Mrs Taylor RIP*

Followed by refreshments in St Richard Reynolds Centre.

Thursday 6 July

9.30am *Private Intention*

7.00pm *Exposition of the Blessed Sacrament*

Friday 7 July

6.30pm *Special Intention*

Saturday 8 July

9.30am *Pope Francis*

Sunday 9 July – Fourteenth Sunday in Ordinary Time – Sea Sunday

8.45am *People of the Parish*

10.45am *Bob Bendall RIP*

6.00pm *Canon Paul Cummins*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass

To access the YouTube stream please [click here](#).

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

MASS TIMES

HOLY CROSS, TOPSHAM

Sunday 2 July – Thirteenth Sunday in Ordinary Time

11.00am *People of the Parish*

Wednesday 5 July

10.00am *Sick & housebound*

Sunday 9 July – Fourteenth Sunday in Ordinary Time Sea Sunday

11.00am *People of the Parish*

EXETER NEWS & EVENTS

Peter's Pence collection - Sunday 2 July

On the Sunday nearest to the feast of Ss Peter and Paul the Church asks you to give to this collection. Peter's Pence is the name given to the financial support offered to the Holy Father. It particularly supports the Holy See's work aiding dioceses and religious communities in particularly poor and needy parts of the world. In recent years Pope Francis has used it to help refugees in different parts of the world, making the Church the largest provider of support for refugees in the world after the UN. There will be retiring collections at all Masses. Thank you for your generosity.

Carer Needed

One of our parishioners, a kind, elderly gentleman, needs assistance with washing and getting dressed, on Sunday mornings and alternate Saturdays for around an hour. He and his wife are also looking for home help twice a week for around three hours. If you are able to help, or know someone who can, please call Sharon on 07813 936726

Kenyan Educational Sponsorship

Many thanks to all who donated to the appeal during Lent, when Fr Albert, Fr Anil, Dn Kelvin and Brian all gave up biscuits, cake, alcohol, and chocolate during Lent. An amazing £820 was raised between both parishes. This will result in another Kenyan student receiving the education they deserve!

Monsignor Harry Doyle

A message from Fiona: 'Father Harry seems content and settled at Hay House. I'm sure he knows he is supported in prayer. I am away on the World Youth Day pilgrimage from 24 July until 9 August so any visits during that time would be great. As always please phone the home in advance.'

Blessed Sacrament Welcoming Stewards Meeting

On Saturday 8 July at 10.30am there will be a meeting for all existing Welcoming Stewards and anyone who is interested in this ministry. The meeting will be held in the St Richard Reynolds Centre. Please come along to find out more about this important ministry as the first point of contact for those coming to our Parish.

Sea Sunday collection – Sunday 9 July

Sea Sunday takes place on 9 July and the theme for 2023 is 'Calming the Storm'. This is a time to remember and pray for the world's 1.89 million seafarers and all who work at sea, to give thanks for the crucial work they do and to support them by donating to the global work of providing practical, emotional and spiritual welfare support to crew and their families.

Your support will make a big difference to seafarers and fishers in need. You can donate by visiting www.stellamaris.org.uk/donate, or by texting 'SEA' to 70460 to donate £5. This collection is vital to enable Stella Maris (formerly called Apostleship of the Sea) to continue its important work - so please give generously. There will be a retiring collection at all Masses.

Visits to Parishioners

Because of the Data Protection Act information about anyone in hospital does not get automatically passed to the parishes. If you are going into hospital or know someone who is in hospital, please let your parish office or one of the priests know so that a visit can be arranged. This also applies if someone is in a nursing/care home. Anyone who is housebound and cannot get to Mass can also be visited if we are given information about the person. Please contact your parish office to arrange a visit.

Film Night at Sacred Heart

Exeter WAYmakers are showing the film *Swimmers* on **Tuesday 11 July at 7.00pm** in the Lower Room at Sacred Heart Church. The film depicts the dramatic true story of two Syrian sisters fleeing war-torn Damascus, swimming the Mediterranean to reach Greece as asylum seekers, and their journey to compete at the Olympic Games. Refreshments will be available. Tickets are limited and you can request your FREE ticket by email to: nsmallwood@doctors.net.uk. If you are unable to come please visit Exeter WAYmakers at: www.exeterwaymakers.org.uk and discover ways in which you can help support us to resettle a family.

Brian Bargent to be ordained as a Deacon

Brian, from Sacred Heart parish, is to be ordained at Plymouth Cathedral on **Saturday 15 July at 12 noon**. What an occasion of joy and celebration!

We have booked a coach for the ordination, and we still have 10 places available. Please contact Sacred Heart Parish Office to book a place. If you are coming on the coach, please bring £10 to cover the cost. You may still make your own way, but please be aware that parking is very limited at the cathedral.

Calling all Young Musicians at Blessed Sacrament

Come along to a planning session for our next youth led Mass from **9.30-11.00am on Saturday 15 July at the Café in Heavitree park** [Cafe – ParkLife Heavitree](#). If you have not played with us before, you are very welcome to join us. Please bring any ideas, special music requests or ideas that you have as we look at planning our monthly Masses for the autumn. If you are **not** registered with GIFT Youth and would like to come, please ensure your parents register you using [this link](#) so that we have your emergency contacts and medical details. Please note that there will not be youth led Masses in July or August.

If you would like to join the team of altar servers at Blessed Sacrament, please see Fr Jonathan.

Parishioners Singing at Festival of Choirs.

Felicity and Charlotte Wilson will be singing *The Dream of Gerontius*, at The Festival of Choirs on **15 July at Exeter Cathedral**. If you would like to go and support our ladies, please [Click Here](#). The concert is being promoted and performed by Exeter Festival Chorus. It is the choir's main celebration of its 30th anniversary year.

International Mass at Blessed Sacrament

Sunday 16 July at 10.45am Blessed Sacrament will celebrate an International Mass followed by an international lunch.

We are a diverse parish with parishioners from all over the world. We would like as many of you as possible to come along to make it a truly international celebration.

If you would like to contribute to the food/music/readings etc. and you haven't yet been approached, please contact the parish office.

Sign-up sheets for those wishing to carry their country's flag and for bringing your national cold food will be available in the church porch over the next couple of Sundays.

Previous International Masses have been some of the most vibrant celebrations in our parish. We look forward to a wonderful day of celebration.

Sacred Heart Book Club

We are reading Emma by Jane Austen and the next meetings will take place on Wednesday 19 July after 10.00am Mass or Thursday 20 July after 7.00pm Mass in the parish rooms. Please come along and share your thoughts. All are very welcome.

Toddler Group

Meets in the St. Richard Reynolds Centre, Blessed Sacrament, from 9.30 to 11.30am on most Mondays during term time. We are a small and friendly, volunteer-led community group for parishioners of all Exeter parishes and also for non-parishioners. It is open to babies and children aged 0-5, together with their parent or carer. Please note that spaces at the group are currently in high demand and we are operating with a waiting list. If you would like to be added to the waiting list, please contact blessedsacramenttoddlergroup@gmail.com.

St Nicholas School News



As we roll towards the end of term so much is taking place at St Nicholas. We have started to meet new parents and children who will join us throughout the school in September. We are very happy to welcome them to our school community. We have also started the leaving events for our Year 6 children. They will soon be attending a Diocesan leavers Mass at Blessed Sacrament Church

with leavers from other Catholic schools as well as holding our own celebration in school with a special cake. The yearbook is completed and being printed - this will be a lovely memento of their time at St Nicholas. They will also have a leaver's disco and take part in Young Enterprise as well as performing 'Romeo and Juliet' for parents.

Amidst all this we have held a whole school Sports day and Year 6 have had swimming lessons. Reception class have had a visit from some beekeepers and will be heading off to Exmouth soon for a trip to the beach.

If you want to find out more about joining St Nicholas from Nursery to Year 6 in September please contact Mrs Brocksom - abrocksom@stncls.uk

GIFT AID at Sacred Heart Parish

If you are a UK taxpayer (you do not have to be British), please Gift Aid your donations. By doing so, the parish can claim another 25p for every £1 you give, at no extra cost to you. If you Gift Aid your donations to the Parish and have recently changed address or are no longer a taxpayer, please don't forget to inform the parish. Also, please remember that if you signed a Gift Aid Declaration in another parish within the Diocese you will still need to sign one specifically for Sacred Heart parish. Thank you to all who Gift Aid their donations, it really makes such a difference. If you have any queries, please email Anne at exeter-sacredheart-giftaid@prcdtr.org.uk.

CAFOD Pyramid Boxes at Sacred Heart

We are re-launching the pyramid boxes at Sacred Heart. This is a very good and simple way to support our brothers and sisters around the world who live in poverty. Please consider taking a box home to save your loose change. We collect the boxes twice a year, usually in November and May – dates will be in the newsletter. The money we collect goes to support the continuous development work of CAFOD in over 40 countries around the world. You can find out more about these projects by visiting <https://cafod.org.uk/about-us/what-we-do>. Boxes will be available at all Masses this weekend.

YMCA Exeter Vacancy

A new role has become available at YMCA Exeter. We are recruiting a **Rents Officer** to join our growing staff team. As a Christian organisation, we are inspired and motivated by our faith in Jesus Christ and the hope and love He has given us. The successful candidate will be able to fully support and promote the ethos of YMCA

Exeter and actively take part in the spiritual mission of our work. Please find details of this exciting job opportunity [by clicking here](#)

CAFOD and *livesimply* News

CAFOD's Fix the Food System Campaign is urging the UK government to protect the right of farmers to produce the food that feeds us all. There will be talks about this and a petition to sign at all Masses at Blessed Sacrament on Sunday 23 July. CAFOD/Sewing Group Autumn Fair

A Cafod Autumn Fair is being planned and the sewing group are hoping to make lots of items for this sale. In the true spirit of *livesimply* instead of purchasing new materials they are asking if anyone has any of the following in their cupboard that they would like to donate: **Christmas coloured wool and fabrics, sewing accessories, felt, bias binding, ribbons, iron on interface, hot glue gun sticks.** A box will be placed at the back of the Blessed Sacrament church for any items that you can donate. And why not come along on Monday afternoons from 3.00 till 5.00pm to the St Richard Reynolds Centre and join this very friendly productive group!

Exeter Foodbank

Priority items required: pasta sauce, tinned fruit, tinned meat, tinned vegetarian meals, noodle snacks, fruit squash, shampoo and deodorant.

Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets. [Click here for more information.](#)

WIDER NEWS & EVENTS

Catholic Children's Society (Plymouth)

You can make a difference by doing something both rewarding and challenging! We are looking for **Parish Volunteers** to help promote our charity across the Plymouth Diocese, and **Trustees** to serve on our Board which meets four times a year. Your skills and enthusiasm might be just what we need – especially if you have professional skills in areas such as business/finance, HR, or social care. We are also looking for **Youth Trustees** to bring a different perspective to our work. For more information, please email vicki.dunstone@prcdtr.org.uk or call 01364 645420.

An invitation to survivors of abuse

The diocese would very much like to hear from people who have a lived experience of abuse, so that we can involve them in the work we are doing to support survivors. We welcome the opportunity to hear survivors' feedback and ideas so that we can improve our response to those who have been hurt by abuse. If you think you might be able to help us in this work, or if you would like to find out more

about what we are doing in the diocese to support survivors, please contact: Sophie Scagell (Survivor Support Caseworker) sophie.scagell@prcdtr.org.uk or call her on 01364 645436

Vocations to Priesthood - Day of Reflection

'Is God calling me to Priesthood or to the Religious life?' This 'Day of Reflection' for men will be held on **Saturday 8 July from 10.00am till 4.00pm** at Sclerder Abbey, Sclerder Lane, Looe, PL13 2JD The day will include Mass; a time of Adoration; a short conference; an opportunity for Confession and 'One to One talks' with serving Priests from our Diocese; reflecting with your peers and sharing food together. For more information and to register for the event, contact Fr Jacek Kostuch at Jacek.Kostuch@prcdtr.org.uk by 3 July at the latest.

Vacancy in the Diocese of Plymouth

Payroll and Accounts Administrator for the finance Department providing payroll and supplier payments function for our churches and parishes. The post is for 21 hours per week and based at St Boniface House, Ashburton. For more details see poster or visit the careers page on the Diocese of Plymouth website. To apply send an application form and covering letter to recruitment@prcdtr.org.uk the closing date for applications is **Monday 3 July**.

FORMING IN FAITH

Thinking of becoming a Catholic?

If you are thinking of joining the Church or would simply like to know more about it, then you are welcome to join us. We will meet next on **Thursday 6 July** at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don't need to do anything to prepare. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life! We look forward to welcoming you.

Dipping into the Catechism [Click here for July sheets](#)

Forming in Faith

We will next meet on **Monday 3 July** at 10.30am in the Lower Room, Sacred Heart OR on **Tuesday 4 July** at 7.00pm in the St Richard Reynolds Centre at Blessed Sacrament. We are looking at 'Pivotal Player' films and next is St Augustine of Hippo. Please come and join us for lively conversation and growth in faith. We look forward to seeing you.

Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can to explore the riches of the scriptures. You will be most welcome.

Preparing for Baptism

We are now taking bookings for the July sessions.

Are you expecting a baby and/or looking to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into our parish family. Sessions run over two consecutive Saturday mornings from 10.15-12.00 on Zoom. Dates: **15 & 22 July** and **14 & 21 October**. Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link below to register. If you have any problems accessing this, please contact Lesley in the parish office on 01392 274724 or at exeter-heavitree@prcdtr.org.uk [Baptism Enquiry form](#)

GIFT Gateway to the Sacraments

GIFT is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation in the Exeter parishes. [Click here](#) to find out more about GIFT.

Next GIFT Meeting: Saturday 1 July at St Nicholas Catholic Primary school at 9.45am We look forward to welcoming you.

GIFT Youth & Socials News

The next Gift Youth Social will be on **Friday 21 July**. If you have signed up for Gift Youth details of the next session will be sent out to you. We ask that the parent of any young person **MUST** have registered/re-registered them using the NEW form [use this link](#) before they come along to future Gift Youth Socials and Gift Youth Saturdays. This ensures the safety of the young people

PRAYER & LITURGY

We commend to the Lord...

The souls of Joyce Bick and Michael John Dunstone who have died recently. May they rest in peace and rise in glory.

Prayer Ministry at Blessed Sacrament

Have you ever experienced the power of the Holy Spirit through someone praying personally for you? From this autumn, Blessed Sacrament is planning to offer Sunday prayer ministry. We are looking for parishioners with a heart for prayer, a listening ear, and a gentle disposition. This is an opportunity to pray into the needs of those who come forward, sharing the love and compassion that God has for each of us. Training will be provided. For more information, please contact Maria(exeter-pastoral-assistant@prcdtr.org.uk)

Pope's July Prayer Intention

For a Eucharistic life. We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.

[See also](#)

Adoration & Taizé Prayer

Wednesday 5th July at Sacred Heart 7.00pm. Please come and join the Lord in this time of prayer. *"The Almighty has done great things for me; holy is his name."* – Magnificat antiphon Evening Prayer

THE WORD

Sunday 2 July *Thirteenth Sunday in Ordinary Time*

First Reading: 2 Kings 4:8-11, 14-16 *This is a holy man of God, let him rest there.*

Psalm Response: I will sing for ever of your love, O Lord

Second Reading: Romans 6:3-4, 8-11 *When we were baptised, we went into the tomb with Christ, so that we too might live a new life.*

Gospel: Matthew 10:37-42 *Anyone who does not take his cross is not worthy of me. Anyone who welcomes you welcomes me.*

Sunday 9 July *Fourteenth Sunday in Ordinary Time*

First Reading: Zechariah 9:9-10 *See now, your king comes humbly to you.*

Psalm Response: I will bless your name for ever, O God my King.

Second Reading: Romans 8:9, 11-13 *If by the spirit you put an end to the misdeeds of the body, you will live.*

Gospel: Matthew 11:25-30 *I am gentle and humble of heart.*

CONTACT US

Blessed Sacrament

29 Fore Street, Heavitree,
Exeter EX1 2QJ
01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Secretary

Lesley Hooper

Office hours Tuesday, Wednesday,
Thursday 10.00am–4.00pm

Gift Aid enquiries:

exeter-heavitree@prcdtr.org.uk

Sacred Heart

25 South Street, Exeter EX1 1EB
01392 272815

exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Petroc Cobb

Assistant Priests

Fr Albert Lawes

Fr Anil Gundabatina

Deacons

Delian Bower

Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

Office Hours 9.00am–12.00pm &
1.00pm–4.00pm Tuesday–Friday

Gift Aid enquiries: exeter-sacredheart-giftaid@prcdtr.org.uk

Parish School

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Ringswell Avenue, Exeter EX1 3EG
01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

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Maria Edwards

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Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

Catholic Exeter is part of the Roman
Catholic Diocese of Plymouth.