

CATHOLIC EXETER



Parishes of Blessed Sacrament, Sacred Heart, and Holy Cross
25 June 2023 Twelfth Sunday in Ordinary Time Year A. *Psalter 4*



You are worth much more than many sparrows

A call to fidelity rooted in trust. Being fearful is a natural part of our life. However, if fear is not curbed by trust, we become paralyzed with anxiety or despair and never move ahead. The principal foundation of your lives should be placing your trust in the Father in Heaven at the base of everything you do. You should know Jesus loves you and wants the best for you.

Perfect love *conquers* fear. "There is no fear in love, for perfect love drives out fear." (1 John 4:18). It imitates Christ, who although felt fear before the Cross, overcame it out of love for the Father's will and the salvation of our souls. "..., *you are worth much more than many sparrows.*" If you are loyal to Jesus in this life, Jesus will be loyal to you in the life to come. *Fr Anil*

MASS TIMES SACRED HEART



Sunday 25 June – Twelfth Sunday in Ordinary Time

5.30pm (Sat) *People of the Parish*
9.15am *Sarah Billington RIP*
Followed by refreshments in the Lower Room
11.15am *Pope Francis*
Followed by International Café in the Lower Room
1.15pm *Mass in Polish*
5.00-6.00pm *Adoration of the Blessed Sacrament & Benediction*

Monday 26 June

10.00am *Laura Lucia DeAngelis RIP*

Tuesday 27 June

10.00am *Requiem Mass for Joan Rogers RIP*
Followed by refreshments in the Lower Room

Wednesday 28 June – St Irenaeus Bishop & Martyr

10.00am *Deborah James RIP*
Followed by Chatter Café in the Lower Room

Thursday 29 June – St Peter & St Paul, Apostles - Holy Day of Obligation

10.00am *Pope Francis*
6.30pm *Adoration of the Blessed Sacrament & Benediction*
7.00pm *Fr Kieran Kirby RIP*

Friday 30 June

10.00am *Katie Vanes RIP*

Saturday 1 July

10.00am *Holy Souls*
Followed by CWL refreshments in the Lower Room

Sunday 2 July – Thirteenth Sunday in Ordinary Time

5.30pm (Sat) *For a new Bishop*
9.15am *Fr Harry Doyle*
Followed by refreshments in the Lower Room
11.15am *People of the parish*
1.15pm *Mass in Polish*
5.00-6.00pm *Adoration of the Blessed Sacrament & Benediction*

Confessions Saturday after 10am Mass and 4-5pm, and on reasonable request.

Live stream Mass To access the YouTube stream please [click here](#).

Church is open for private prayer from 9.00am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday 25 June – Twelfth Sunday in Ordinary Time

8.45am *Priests & Religious of the Diocese*
10.45am *People of the Parish*
6.00pm *Fred & Olive Morgan RIP*

Tuesday 27 June

6.30pm NO Mass

Wednesday 28 June – St Irenaeus Bishop & Martyr

9.30am *Special Intention*
Followed by refreshments in St Richard Reynolds Centre.

Thursday 29 June – St Peter & St Paul, Apostles - Holy Day of Obligation

9.30am *Alan Summerscales RIP*
6.30pm *Krzysztof Jasinki RIP*
Followed by Exposition of the Blessed Sacrament

Friday 30 June

6.30pm *George Stewart RIP*

Saturday 1 July

9.30am *Sick & housebound of the parish*

Sunday 2 July – Thirteenth Sunday in Ordinary Time

8.45am *Michael Leonard RIP*
10.45am *Canon Paul Cummins*
2.30pm *Syro Malabar Mass*
6.00pm *People of the Parish*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass

To access the YouTube stream please [click here](#).

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

MASS TIMES HOLY CROSS, TOPSHAM

Sunday 25 June – Twelfth Sunday in Ordinary Time

11.00am *People of the Parish*

Wednesday 28 June – St Irenaeus Bishop & Martyr

10.00am *Sick & housebound*

Thursday 29 June – St Peter & St Paul, Apostles - Holy Day of Obligation

10.00am *Pope Francis*

Sunday 2 July – Thirteenth Sunday in Ordinary Time

11.00am *People of the Parish*

EXETER NEWS & EVENTS

St Peter & St Paul Masses at Blessed Sacrament

Thursday 29 June is the feast of St Peter and St Paul and is a Holy Day of Obligation. Masses at Blessed Sacrament will be at **9.30am and 6.30pm** and **NOT** at 7.00pm. This will be followed by a period of Exposition when we are asked to pray especially for Alpha in Catholic Exeter.

Missio and the Mill Hill Missionaries

All supporters and those interested are invited to Mission Animation to explore and celebrate Mission in the Diocese of Plymouth, on **Saturday 1 July** from 1.00 to 2.30pm in the St Richard Reynolds Centre at Blessed Sacrament Church. Light refreshments will be available. For planning and catering, please RSVP: redbox@missio.org.uk or telephone 07593 544622. To help with contributions at

CAFOD Pyramid Boxes at Sacred Heart

We are re-launching the pyramid boxes at Sacred Heart. This is a very good and simple way to support our brothers and sisters around the world who live in poverty. Please consider taking a box home to save your loose change. We collect the boxes twice a year, usually in November and May – dates will be in the newsletter. The money we collect goes to support the continuous development work of CAFOD in over 40 countries around the world. You can find out more about these projects by visiting <https://cafod.org.uk/about-us/what-we-do>. Boxes will be available at all Masses this weekend.

Urgent Accommodation Required

A single room is required as soon as possible for a student at the University of Exeter, between the price range of £85-125 per week. Please contact Sacred Heart parish office if you are able to assist.

Visits to Parishioners

Because of the Data Protection Act information about anyone in hospital does not get automatically passed to the parishes. If you are going into hospital or know someone who is in hospital, please let your parish office or one of the priests know so that a visit can be arranged. This also applies if someone is in a nursing/care home. Anyone who is housebound and cannot get to Mass can also be visited if we are given information about the person. Please contact your parish office to arrange a visit.

Toddler Group

Meets in the St. Richard Reynolds Centre, Blessed Sacrament, from 9.30 to 11.30am on most Mondays during term time. We are a small and friendly, volunteer-led community group for parishioners of all Exeter parishes and also for non-parishioners. It is open to babies and children aged 0-5, together with their parent or carer. Please note that spaces at the group are currently in high demand and we are operating with a waiting list. If you would like to be added to the waiting list, please contact blessedsacramenttoddlergroup@gmail.com.

Peter's Pence collection - Sunday 2 July

On the Sunday nearest to the feast of Ss Peter and Paul the Church asks you to give to this collection. Peter's Pence is the name given to the financial support offered to the Holy Father. It particularly supports the Holy See's work aiding dioceses and religious communities in particularly poor and needy parts of the world. In recent years Pope Francis has used it to help refugees in different parts of the world, making the Church the largest provider of support for refugees in the world after the UN. There will be retiring collections at all Masses. Thank you for your generosity.

Sea Sunday - 9 July

Seafarers and fishers play a vital role in all our lives, but they often work in difficult, hazardous conditions. In the last year, more crews have been abandoned by their employers than ever before. Many are still being denied the right to leave their ships for even a short break away from the relentless noise and pressure onboard. Many are reporting more stress and poorer mental health. Sea Sunday is Sunday 9 July. It is when the Church prays for all those who live and work at sea. Your support will make a big difference to seafarers and fishers in need. You can donate by visiting www.stellamaris.org.uk/donate, or by texting 'SEA' to 70460 to donate £5. This collection is vital to enable Stella Maris (formerly called Apostleship of the Sea) to continue its important work - so please give generously. There will be a retiring collection at all Masses.

Film Night at Sacred Heart

Exeter WAYmakers are showing the film *Swimmers* on **Tuesday 11 July at 7.00pm** in the Lower Room at Sacred Heart Church. The film depicts the dramatic true story of two Syrian sisters fleeing war-torn Damascus, swimming the Mediterranean to reach Greece as asylum seekers, and their journey to compete at the Olympic Games. Refreshments will be available. Tickets are limited and you can request your **FREE** ticket by email to: nsmallwood@doctors.net.uk If you are unable to come please visit Exeter WAYmakers at: www.exeterwaymakers.org.uk and discover ways in which you can help support us to resettle a family.

Brian Bargent to be ordained as a Deacon

Brian, from Sacred Heart parish is to be ordained at Plymouth Cathedral on **Saturday 15 July at 12 noon**. What an occasion of joy and celebration!

We are hoping to arrange a coach to take those who wish to attend this very special Mass at the Cathedral. If you have not yet put your name down on the list at Sacred Heart please do so this week. Anyone from Blessed Sacrament wishing to go on the coach should contact the Sacred Heart parish office to give their names. The plan is for the coach to leave Sacred Heart and stop at Blessed Sacrament, if necessary, before continuing to the Cathedral. Please keep Brian in your prayers as he prepares for this extraordinary moment in his life. *Thanks be to God.*

Calling all Young Musicians at Blessed Sacrament

Come along to a planning session for our next youth led Mass from **9.30-11.00am on Saturday 15 July at the Café in Heavitree park** [Cafe – ParkLife Heavitree](#). If you have not played with us before, you are very welcome to join us. Please bring any ideas, special music requests or ideas that you have as we look at planning our monthly Masses for the autumn. If you are **not** registered with GIFT Youth and would like to come, please ensure your parents register you using [this link](#) so that we have your emergency contacts and medical details. Please note that there will not be youth led Masses in July or August. Also if you would like to join the team of altar servers at Blessed Sacrament, please see Fr Jonathan.

Parishioners Singing at Festival of Choirs.

Felicity and Charlotte Wilson will be singing *The Dream of Gerontius*, at The Festival of Choirs on **15 July at Exeter Cathedral**. If you would like to go and support our ladies, please [Click Here](#)

At this link you will also see that the concert is being promoted and performed by Exeter Festival Chorus. It is the choir's main celebration of its 30th anniversary year. The choir is really looking forward to being joined by members of the cathedral's youth and junior choirs, as well as members of two choirs from Germany, who Exeter Festival Chorus has been associated with for many years.

International Mass at Blessed Sacrament

Sunday 16 July at 10.45am Blessed Sacrament will celebrate an International Mass followed by an international lunch. We are a diverse parish with parishioners from all over the world. We would like as many of you as possible to come along to make it a truly international celebration. **If you would like to contribute to the food/music/readings etc. and you haven't yet been approached, please contact the parish office.** Sign-up sheets for those wishing to carry their country's flag and for bringing your national cold food will be available in the church porch. Previous International Masses have been some of the most vibrant celebrations in our parish. We look forward to a wonderful day of celebration.

GIFT AID at Sacred Heart Parish

If you are a UK taxpayer (you do not have to be British), please Gift Aid your donations. By doing so, the parish can claim another 25p for every £1 you give, at no extra cost to you. If you Gift Aid your donations to the Parish and have recently changed address or are no longer a taxpayer, please don't forget to inform the parish. Also, please remember that if you signed a Gift Aid Declaration in another parish within the Diocese you will still need to sign one specifically for Sacred Heart parish. Thank you to all who Gift Aid their donations, it really makes such a difference. If you have any queries, please email Anne at exeter-sacredheart-giftaid@prcdtr.org.uk.

Carer Needed

Are you a carer, or might you know one who could help? One of our parishioners, a kind, elderly gentleman needs assistance with washing and getting dressed, on Sunday mornings and alternate Saturdays for around an hour. He and his wife are also looking for home help twice a week for around three hours. If you are able to help, or know someone who can, please call Sharon on 07813 936726

St Nicholas School News



Our Yr. 6 children had a fantastic time at Kilve Court on their residential and were blessed with fantastic weather! They came back and immediately started rehearsing their end of year play - Romeo and Juliet! We are also busy getting ready for Sports Day and the end of year discos. It is a busy but fun time of year, always tinged with sadness as we know the children will be leaving us soon!

Last week we celebrated the feast day of St Aloysius and held a non uniform day when children wore white, yellow or blue clothes and they raised funds for the Catholic Children's Society.

We still have sessions available in our lovely Nursery from September. Please contact Mrs Brocksom, Senior Administrator, to find out more and book a tour by calling 01392 445403 or emailing abrocksom@stnics.uk

CAFOD and *livesimply* News

CAFOD's Fix the Food System Campaign is urging the UK government to protect the right of farmers to produce the food that feeds us all. There will be talks about this and a petition to sign at all Masses at Blessed Sacrament on Sunday 23 July. CAFOD/Sewing Group Autumn Fair

A Cafod Autumn Fair is being planned and the sewing group are hoping to make lots of items for this sale. In the true spirit of *livesimply* instead of purchasing new materials they are asking if anyone has any of the following in their cupboard that they would like to donate: **Christmas coloured wool and fabrics, sewing accessories, felt, bias binding, ribbons, iron on interface, hot glue gun sticks**. A box will be placed at the back of the Blessed Sacrament church for any items that you can donate. And why not come along on Monday afternoons from 3.00 till 5.00pm to the St Richard Reynolds Centre and join this very friendly productive group!

Heavitree Community Newsletter

To read the latest newsletter from the Heavitree Community Builder to hear what's going on in Heavitree in terms of community work and accessible/free/low cost events please [click on this link](#)

WIDER NEWS & EVENTS

Exeter Foodbank

[Click here for more information.](#) Items required: pasta sauce, tinned fruit, tinned meat, tinned vegetarian meals, noodle snacks, fruit squash, shampoo and deodorant. Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets

School Transport Fund

This fund aims to subsidise the cost to parents of children travelling to Catholic schools and joint Catholic/CofE schools in the Diocese. Anyone who wishes to make an application for funding should apply using a Grant Application Form which is available from their parish priest.

Retreats in the Diocese of Plymouth

Sclerder Abbey near Looe, Cornwall venue for the Plymouth Diocesan Ignatian Spirituality Group Summer Retreats. Being held on **June 30 – 2 July** (Fri – Sun, £140), **July 3 – 7 July** (Mon – Fri, £240), or **June 30 – 7 July** (Fri – Fri, £450), it is an opportunity to reconnect with God, with full board & lodging. Some of the cost could be offset for individuals who would like to go but may have difficulties with the suggested donation. Please call 01752 769164 or 07823 447637 or email diocesan-ignatianretreats@prcdtr.org.uk for further information or a booking form.

Vocations to Priesthood - Day of Reflection

'Is God calling me to Priesthood or to the Religious life?' This 'Day of Reflection' for men will be held on **Saturday 8 July from 10.00am till 4.00pm** at Sclerder Abbey, Sclerder Lane, Looe, PL13 2JD The day will include Mass; a time of Adoration; a short conference; an opportunity for Confession and 'One to One talks' with serving Priests from our Diocese; reflecting with your peers and sharing food together. For more information and to register for the event, contact Fr Jacek Kostuch at Jacek.Kostuch@prcdtr.org.uk by 3 July at the latest.

OVERFLOW Spiritual Conference

CHARIS National Service of Communion Conference on **1 July** at Bethel Convention Centre, Kelvin Way, West Bromwich, Birmingham B70 7JW 10.30am – 6.30pm. Adults: £12. CHARIS is the international Service of Communion called for by Pope Francis to promote and encourage the grace of baptism in the Spirit in the Catholic Church. [Click Here](#), or see the OVERFLOW poster displayed in your parish with contact details for Chris & Sue Lee for more information. Alternatively, contact your parish office.

An invitation to survivors of abuse

The diocese would very much like to hear from people who have a lived experience of abuse, so that we can involve them in the work we are doing to support survivors. We would welcome the opportunity to hear survivors' feedback and ideas so that we can improve our response to those who have been hurt by abuse. If you think you might be able to help us in this work, or if you would like to find out more about what we are doing in the diocese to support survivors, please contact: Sophie Scagell (Survivor Support Caseworker) sophie.scagell@prcdtr.org.uk or call her on 01364 645436

Vacancy in the Diocese of Plymouth

Payroll and Accounts Administrator for the finance Department providing payroll and supplier payments function for our churches and parishes. The post is for 21 hours per week and based at St Boniface House, Ashburton. For more details see poster or visit the careers page on the Diocese of Plymouth website. To apply send an application form and covering letter to recruitment@prcdtr.org.uk the closing date for applications is **Monday 3 July**.

Catholic Children's Society (Plymouth)

You can make a difference by doing something both rewarding and challenging! We are looking for **Parish Volunteers** to help promote our charity across the Plymouth Diocese, and **Trustees** to serve on our Board which meets four times a year. Your skills and enthusiasm might be just what we need – especially if you have professional skills in areas such as business/finance, HR, or social care. We are also looking for **Youth Trustees** to bring a different perspective to our

work. For more information, please email vicki.dunstone@prcdtr.org.uk or call 01364 645420.

FORMING IN FAITH

Dipping into the Catechism [Click here for the June sheets](#)

Thinking of becoming a Catholic?

If you are thinking of joining the Church or would simply like to know more about it, then you are welcome to join us. We will meet next on **Thursday 6 July** at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don't need to do anything to prepare. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life! We look forward to welcoming you.

Forming in Faith

We will next meet on **Monday 3 July** at 10.30am in the Lower Room, Sacred Heart OR on **Tuesday 4 July** at 7.00pm in the St Richard Reynolds Centre at Blessed Sacrament. We are looking at 'Pivotal Player' films and next is St Augustine of Hippo. Please come and join us for lively conversation and growth in faith. We look forward to seeing you.

Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can to explore the riches of the scriptures. You will be most welcome.

Preparing for Baptism

We are now taking bookings for the July sessions.

Are you expecting a baby and/or looking to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into our parish family. Sessions run over two consecutive Saturday mornings from 10.15-12.00 on Zoom. Dates: **15 & 22 July** and **14 & 21 October**. Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link below to register. If you have any problems accessing this, please contact Lesley in the parish office on 01392 274724 or at exeter-heavitree@prcdtr.org.uk [Baptism Enquiry form](#)

GIFT Gateway to the Sacraments

GIFT is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation in the Exeter parishes. [Click here](#) to find out more about GIFT.

Next GIFT Meeting: Saturday 1 July at St Nicholas Catholic Primary school at 9.45am We look forward to welcoming you.

GIFT Youth & Socials News

The next Gift Youth Social will be on **Friday 21 July**. If you have signed up for Gift Youth details of the next session will be sent out to you.

We ask that the parent of any young person **MUST** have registered/re-registered them using the NEW form (using the link sent to parents on 10 March or [use this link](#)) before they come along to future Gift Youth Socials and Gift Youth Saturdays. This will ensure that we have all the required details about the young person as well as the necessary consents from their parents to enable us to keep them safe.

PRAYER & LITURGY

Prayer Ministry at Blessed Sacrament

Have you ever experienced the power of the Holy Spirit through someone praying personally for you? From this autumn, Blessed Sacrament is planning to offer Sunday prayer ministry. We are looking for parishioners with a heart for prayer, a listening ear, and a gentle disposition. This is an opportunity to pray into the needs of those who come forward, sharing the love and compassion that God has for each of us. Training will be provided. For more information, please contact Maria (Exeter-pastoral-assistant@prcdtr.org.uk)

Pope's June Prayer Intention

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families. [See also](#)

THE WORD

Sunday 25 June *Twelfth Sunday in Ordinary Time*

First Reading: Jeremiah 20:10-13 *He has delivered the soul of the needy from the hands of evil men.*

Psalm Response: In your great love, answer me, O God.

Second Reading: Romans 5:12-15 *The gift considerably outweighed the fall.*

Gospel: Matthew 10:26-33 *Do not be afraid of those who kill the body.*

Sunday 2 July *Thirteenth Sunday in Ordinary Time*

First Reading: 2 Kings 4:8-11.14-16 *This is a holy man of God, let him rest there.*

Psalm Response: I will sing for ever of your love, O Lord

Second Reading: Romans 6:3-4.8-11 *When we were baptised, we went into the tomb with Christ, so that we too might live a new life.*

Gospel: Matthew 10:37-42 *Anyone who does not take his cross is not worthy of me. Anyone who welcomes you welcomes me.*

CONTACT US

Blessed Sacrament

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01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Secretary

Lesley Hooper

Office hours Tuesday, Wednesday,
Thursday 10.00am–4.00pm

Gift Aid enquiries:

exeter-heavitree@prcdtr.org.uk

Sacred Heart

25 South Street, Exeter EX1 1EB
01392 272815

exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Petroc Cobb

Assistant Priests

Fr Albert Lawes

Fr Anil Gundabatina

Deacons

Delian Bower

Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

Office Hours 9.00am–12.00pm &
1.00pm–4.00pm Tuesday–Friday

Gift Aid enquiries: exeter-sacredheart-giftaid@prcdtr.org.uk

Parish School

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01392 445403

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Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

Catholic Exeter is part of the Roman
Catholic Diocese of Plymouth.