

CATHOLIC EXETER



Parishes of Blessed Sacrament, Sacred Heart, and Holy Cross
16 July 2023 Fifteenth Sunday in Ordinary Time Year A. *Psalter Week 3*

ALL CREATION PRAISE THE LORD!



God delights in His Creation, and that is why He wills to save it. For Him, creating and saving are identical. God creates out of love alone and He seeks Creation's blessing, its fulfillment. Likewise, Creation praises God by accomplishing what it was made to do. We are His Creation, and by saving us, He brings it to completion. In the psalm we sing on behalf of the material world, 'You provide for the earth... You bless its growth... the hills are girded with joy... They shout for joy, yes, they sing.'

Too often we create a separation between humanity and the rest of the material world. But we are not separate from the material world, rather, we are God's crowning masterpiece of it. We are its Head, just as Christ is the Head of the Church. Our role is to order it to the worship of God. Therefore, the salvation that Jesus brings is the culmination of God's creativity, bringing forth life from the barren land of sin and death, and restoring the order of Creation, allowing it to bear fruit. Christ is the Sower because His action brings life, seeks growth, and sets Creation free by sowing salvation in the human heart, thereby allowing it to shout and sing for joy again through us. *Fr Albert*

MASS TIMES

SACRED HEART



Sunday 16 July – Fifteenth Sunday in Ordinary Time

- 5.30pm (Sat) *People of the Parish*
9.15am *All who work to protect the unborn child*
Followed by refreshments in the Lower Room
11.15am *Fr Paddy Kilgarriff RIP*
1.15pm *Mass in Polish*
5.00-6.00pm *Adoration of the Blessed Sacrament & Benediction*

Monday 17 July

- 10.00am *Private Intention*

Tuesday 18 July

- 10.00am *For the sick and housebound and people who care for them*
Followed by refreshments in the Lower Room

Wednesday 19 July

- 10.00am *Pope Francis*
Followed by Chatter Café in the Lower Room

Thursday 20 July

- 6.30pm *Adoration of the Blessed Sacrament & Benediction*
7.00pm *Private Intention*

Friday 21 July

- 10.00am *Fr Albert Lawes*
7:00pm **NO POLISH MASS FIRST FRIDAY JULY & AUGUST**

Saturday 22 July – St Mary Magdalene Feast

- 10.00am *Vocations*
Followed by CWL refreshments in the Lower Room

Sunday 23 July – Fifteenth Sunday in Ordinary Time

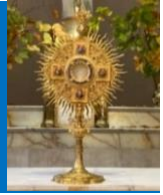
- 5.30pm (Sat) *Private Intention*
9.15am *People of the Parish*
Followed by refreshments in the Lower Room
11.15am *Dcn. Brian Bargent*
Followed by the International Café in the Lower Room
1.15pm *Mass in Polish*
5.00-6.00pm *Adoration of the Blessed Sacrament & Benediction*

Confessions Saturday after 10am Mass and 4-5pm, and on reasonable request.

Live stream Mass To access the YouTube stream please [click here](#).

Church is open for private prayer from 9.00am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday 16 July – Fifteenth Sunday in Ordinary Time

8.45am

Private Intention

10.45am

International Mass – *People of Parish*

Followed by International lunch in the St Richard Reynolds Centre and the garden.

3.00pm

Syro-Malabar Rite Mass

6.00pm

Tuesday 18 July

6.30pm

Wednesday 19 July

9.30am

Followed by refreshments in St Richard Reynolds Centre.

Thursday 20 July

9.30am

Jean & Peter Edwards RIP

7.00pm

Adoration of the Blessed Sacrament

Friday 21 July

6.30pm

Private Intention

Saturday 22 July - St Mary Magdalene Feast

9.30am

Sunday 23 July – Sixteenth Sunday in Ordinary Time

8.45am

10.45am

People of Parish

Followed by refreshments in St Richard Reynolds Centre

6.00pm

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass

To access the YouTube stream please [click here](#).

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

MASS TIMES

HOLY CROSS, TOPSHAM

Sunday 16 July – Fifteenth Sunday in Ordinary Time

11.00am *People of the Parish*

Wednesday 12 July

10.00am

Sunday 23 July – Sixteenth Sunday in Ordinary Time

11.00am *People of the Parish*

EXETER NEWS & EVENTS

Congratulations Deacon Brian!

Deacon Brian Bargent was ordained at Plymouth Cathedral on Saturday 15 July at 12 noon. What an occasion of joy and celebration! We give thanks to God for calling him to this life of service to the Church, and we pray for his ministry, that he may discover ever more deeply the love of Jesus in those he serves.

International Mass at Blessed Sacrament

Today at 10.45am. Mass will be followed by an international lunch.

We are a diverse parish with parishioners from all over the world. We would like as many of you as possible to come along to make it a truly international celebration. Please wear national dress and bring a plate of cold food to the lunch.

Visiting parishioners in hospital and at home

Because of the Data Protection Act, information about anyone in hospital does not get automatically passed to the parishes. If you are going into hospital or know someone who is in hospital, please let your parish office or one of the priests know so that a visit can be arranged. This also applies if someone is in a nursing/care home. Anyone who is housebound and cannot get to Mass can also be visited if we are given information about the person. Please contact your parish office to arrange a visit.

Sacred Heart Book Club

We are reading *Emma* by Jane Austen and the next meetings will take place on **Wednesday 19 July** after 10.00am Mass or **Thursday 20 July** after 7.00pm Mass in the parish rooms. Please come along and share your thoughts. All are very welcome.



Funeral/Mass for Chris Wale

This will be at The Church of the Most Precious Blood, Sidmouth on **Tuesday 1st of August at 12.30pm**. Nicola, his daughter, says: "As a family we would love for people to wear plenty of colour. His favourite colour was red and his favourite pattern was checkered". Afternoon Tea will be held at St Theresa's Hall following the Mass for everyone to be together and share memories. "At 6pm, we will be having a live band and food. Dad loved a good Dad Dance, so if you would like to join us again at St Theresa's Hall you are very welcome. Bring your dancing shoes!". Tea, coffee and soft drinks for the wake and evening will be provided. For those who would like to pay their respects, but sadly cannot make it to the funeral in Sidmouth, there will be a Memorial Service at St Boniface Church, Crediton on **Sunday 6th of August at 9.30am** followed by a get together at The Lamb Inn, Sandford at 12noon.



St Nicholas School News

We cannot believe we are coming into the final week before the long summer break. The last few weeks have been so busy and packed full of events such as Sports Day and 'New Classes' day when all children move into their new classes for 2 days in preparation for September.

Our Reception children had a trip to Exmouth beach and had a fantastic time despite some rain! Our Yr 6 children twice performed their end of year musical performance, Romeo and Juliet, to a packed house of family and friends and received great feedback for the work they had put in over the weeks.

We were delighted that Fr Jonathan and Fr Albert could join us for our Yr 6 Leavers Mass last week where the children shared memories of their time at St Nicholas and prepared to move on to high school. We wish all children leaving us a happy future at their new schools. We also hope all parishioners have a lovely Summer. Please contact the Senior Administrator, Mrs Brocksom, for information about joining our school from Nursery to Yr 6 - please email on abrocksom@stnics.uk.

GIFT Pupil Chaplains

It was a joy for Fr Jonathan and Maria Quinn to be part of the panel to appoint new pupil chaplains who will be in post from September. After formally applying by letter, they were interviewed, and all did extremely well. We were very fortunate to have so many children apply for the role. Please keep them in your prayers.

Toddler Group

Meets in the St. Richard Reynolds Centre, Blessed Sacrament, from 9.30 to 11.30am on most Mondays during term time. We are a small and friendly, volunteer-led community group for parishioners of all Exeter parishes and also for non-parishioners. It is open to babies and children aged 0-5, together with their parent or carer. Please note that spaces at the group are currently in high demand and we are operating with a waiting list. If you would like to be added to the waiting list, please contact blessedsacramenttoddlergroup@gmail.com. available at all Masses this weekend.

CAFOD and *livesimply* News

CAFOD's Fix the Food System Campaign is urging the UK government to protect the right of farmers to produce the food that feeds us all. There will be talks about this and a petition to sign at all Masses at Blessed Sacrament on Sunday 23 July. CAFOD Sacred Heart are inviting new members to become involved in this worthy cause.

CAFOD/Sewing Group Autumn Fair

A CAFOD Autumn Fair is being planned and the *livesimply* sewing group are hoping to make lots of items for this sale. In the true spirit of *livesimply* instead of purchasing new materials they are asking if anyone has any of the following in their cupboards that they could donate: **Christmas coloured wool and fabrics, sewing accessories, felt, bias binding, ribbons, iron-on interface, hot glue gun sticks.** A box will be placed at the back of Blessed Sacrament church for any items you can donate. Why not come along on Monday afternoons from 3.00 till 5.00pm to the St Richard Reynolds Centre and join this very friendly productive group!

YMCA Exeter Vacancy

A new role has become available at YMCA Exeter. We are recruiting a **Rents Officer** to join our growing staff team. As a Christian organisation, we are inspired and motivated by our faith in Jesus Christ and the hope and love He has given us. The successful candidate will be able to fully support and promote the ethos of YMCA Exeter and actively take part in the spiritual mission of our work. Please find details of this exciting job opportunity [by clicking here](#)

Exeter Foodbank

Priority items required: tinned meat, tins of potatoes, noodle snacks, biscuits, Toiletries, e.g.: Shower gel, toothpaste, deodorant, shampoo etc. Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets. [Click here for more information.](#)

WIDER NEWS & EVENTS

Catholic Children's Society (Plymouth)

You can make a difference by doing something both rewarding and challenging! We are looking for **Parish Volunteers** to help promote our charity across the Plymouth Diocese, and **Trustees** to serve on our Board which meets four times a year. Your skills and enthusiasm might be just what we need – especially if you have professional skills in areas such as business/finance, HR, or social care. We are also looking for **Youth Trustees** to bring a different perspective to our work. For more information, please email vicki.dunstone@prcdtr.org.uk or call 01364 645420.

Online Lunchtime Session on Dementia Awareness

Tuesday 1st August 12–1.00pm. There are more than 850,000 people living with dementia in the UK today, with 81,000 in the Southwest. This number is predicted to double in the next 30 years, and we will see this reflected in our congregations and communities. All our parishes will know someone living with dementia or caring for someone. You will already be providing pastoral care to people living with dementia and may already be taking steps to be a dementia friendly church.

This one-hour introductory session is aimed at parish priests, secretaries, eucharistic ministers, pastoral workers and welcomers, members of SVP and all those whose lives are touched by dementia. It will focus on understanding dementia and the practical aspects of how to respond but will also offer advice about resources to understand how to accompany those whose lives have been touched by dementia in their spiritual journey.

People are welcome to bring their lunch and listen in. You are also welcome to join as a parish group. Register by [using this link](#).

An invitation to survivors of abuse

The diocese would like to hear from people who have a lived experience of abuse, so that we can involve them in the work we are doing to support survivors. We welcome the opportunity to hear survivors' feedback and ideas so that we can improve our response to those who have been hurt by abuse. If you think you might be able to help us in this work, or if you would like to find out more about what we are doing in the diocese to support survivors, please contact: Sophie Scagell (Survivor Support Caseworker) sophie.scagell@prcdtr.org.uk or call her on 01364 645436

FORMING IN FAITH

Dipping into the Catechism [Click here for August sheets](#)

Thinking of becoming a Catholic?

If you are thinking of joining the Church or would simply like to know more about it, then you are welcome to join us. We will meet next on **Thursday 20 July** at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don't need to do anything to prepare. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life! We look forward to welcoming you.

Forming in Faith

We will next meet on **Monday 17 July** at 10.30am in the Lower Room, Sacred Heart OR on **Tuesday 18 July** at 7.00pm in the St Richard Reynolds Centre at Blessed Sacrament. We are looking at 'Pivotal Player' films and next is Michelangelo. Please come and join us for lively conversation and growth in faith. We look forward to seeing you.

Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can to explore the riches of the scriptures. You will be most welcome.

Preparing for Baptism

Are you expecting a baby and/or looking to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into our parish family. Sessions run over two consecutive Saturday mornings from 10.15-12.00 on Zoom. Upcoming Dates: **14 & 21 October**. Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link below to register. If you have any problems accessing this, please contact Lesley in the parish office on 01392 274724 or at exeter-heavytrees@prcdtr.org.uk [Baptism Enquiry form](#)

GIFT Gateway to the Sacraments

GIFT is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation in the Exeter parishes. [Click here](#) to find out more about GIFT.

Next GIFT Meeting: Saturday 9 September at St Nicholas Catholic Primary school at 9.45am We look forward to welcoming you.

GIFT Youth & Socials News

The next Gift Youth Social will be on **Friday 21 July**. If you have signed up for Gift Youth details of the next session will be sent out to you. We ask that the parent of any young person **MUST** have registered/re-registered them using the NEW form [use this link](#) before they come along to future Gift Youth Socials and Gift Youth Saturdays. This ensures the safety of the young people

PRAYER & LITURGY

Welcome to the Church

On Saturday at Blessed Sacrament, we celebrated the baptism of Viggo. Please keep him and his parent and Godparents in your prayers. We wish him every blessing as he becomes part of the Catholic community. May he grow in faith and love.

Joined in Matrimony

At Blessed Sacrament on Saturday, we celebrated the marriage of Anna Cichon and Emmanuel Ihebereme. We offer them our warmest congratulations and pray that their marriage will be filled with joy and peace.

We are immensely grateful to the **Exeter Catholic Marriage Preparation** team who support our couples in preparing for marriage. God bless you all.

We commend to the Lord...

the souls of Joyce Bick, Chris Wale, Fr Paddy Kilgariff and Mary O'Neill who have died recently. May they rest in peace and rise in glory.

Prayer Ministry at Blessed Sacrament

Have you ever experienced the power of the Holy Spirit through someone praying personally for you? Blessed Sacrament Parish is planning to offer Sunday prayer ministry. This is an opportunity to pray into the needs of those who come forward, sharing the love and compassion that God has for each of us. Training is being provided. Please pray for those who have volunteered for this ministry.

World Day for Grandparents and the Elderly

Sunday 23 July

The Catholic Grandparents Association has been at the forefront in campaigning for a greater recognition of Grandparents for their role and vocation in passing on their faith to the next generation. The announcement of a new Church-wide celebration for Grandparents and the elderly in 2021 came in answer to our prayerful request to the Holy Father Pope Francis. [Read Pope Francis' message for this year here.](#)

Pope's July Prayer Intention

For a Eucharistic life. We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.

THE WORD

Sunday 16 July Fifteenth Sunday in Ordinary Time

First Reading: Isaiah 55:10-11 *The rain makes the earth give growth.*

Psalm Response: Some seed fell into rich soil and produced its crop.

Second Reading: Romans 8:18-23

The whole creation is eagerly waiting for God to reveal his sons.

Gospel: Matthew 13:1-23 *A sower went out to sow.*

Sunday 23 July Sixteenth Sunday in Ordinary Time

First Reading: Wisdom 12:13. 16-19 *After sin you will grant repentance.*

Psalm Response: O Lord, you are good and forgiving.

Second Reading: Romans 8:26-27

The spirit expresses our plea in a way that could never be put into words.

Gospel: Matthew 13:24 -43 *Let them both grow till the harvest.*

CONTACT US

Blessed Sacrament

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01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Secretary

Lesley Hooper

Office hours Tuesday, Wednesday,

Thursday 10.00am–4.00pm

Gift Aid enquiries:

exeter-heavitree@prcdtr.org.uk

Sacred Heart

25 South Street, Exeter EX1 1EB

01392 272815

exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Petroc Cobb 01392 642388

Assistant Priests

Fr Albert Lawes 01392 642378

Fr Anil Gundabatina 01392 642386

Deacons

Delian Bower

Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

Office Hours 9.00am–12.00pm &

1.00pm–4.00pm Tuesday–Friday

Gift Aid enquiries: [exeter-sacredheart-](mailto:exeter-sacredheart-giftaid@prcdtr.org.uk)

giftaid@prcdtr.org.uk

Parish School

St Nicholas Catholic Primary School

Ringswell Avenue, Exeter EX1 3EG

01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

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Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

Catholic Exeter is part of the Roman

Catholic Diocese of Plymouth.