

CATHOLIC EXETER



Parishes of Blessed Sacrament, Sacred Heart, and Holy Cross

30 July 2023 Seventeenth Sunday in Ordinary Time Year A. *Psalter Week 4*

THE KINGDOM



OF HEAVEN

Jesus uses three parables to describe the Kingdom of Heaven. The Kingdom of Heaven is a two-fold reality, consisting of caution and consolation, which can be found in this world. The only way to completely avoid these realities is to live in a bubble, where nothing foreign can touch one's life. However, the fruition of the Kingdom of Heaven will not be realized until the final judgment.

In the meantime, we are cautioned that only God will distinguish the fruit of the Kingdom of Heaven and offer its reward in the final judgment. God will bring about the expansion of his Kingdom, just as a mustard seed—the smallest of all seeds—will become a large bush, and a small amount of yeast will leaven the entire batch of bread. Every person on earth is to be part of building up God's Kingdom and never give up, even amid setbacks and discouragement. *Fr Anil*

MASS TIMES

SACRED HEART



Sunday 23 July – Sixteenth Sunday in Ordinary Time

5.30pm (Sat) *Private Intention*
9.15am *People of the Parish*
Followed by refreshments in the Lower Room
11.15am *Dcn. Brian Bargent*
1.15pm *Mass in Polish*
5.00-6.00pm *Adoration of the Blessed Sacrament & Benediction*

Monday 24 July

10.00am *Kristian Metcalf RIP*

Tuesday 25 July – St James, Apostle

10.00am *For all the Priests around the world*
Followed by refreshments in the Lower Room

Wednesday 26 July – SS Joachim and Anne, Parents of the Blessed Virgin Mary

10.00am *Sarah McGlohlon*
Followed by SVP Chatter Café in the Lower Room

Thursday 27 July

10.00am *Requiem Mass for Joyce Bick RIP*
6.30pm *Adoration of the Blessed Sacrament & Benediction*
7.00pm *Alexandra Green RIP*

Friday 28 July

10.00am *Canon Paul Cummins*

Saturday 29 July – SS Martha, Mary, and Lazarus

10.00am *Pope Francis*
Followed by CWL refreshments in the Lower Room

Sunday 30 July – Seventeenth Sunday in Ordinary Time

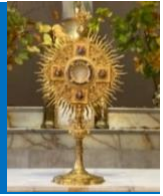
5.30pm (Sat) *People of the Parish*
9.15am *Tommie & Maureen Clancy & deceased Clancy Family*
Followed by refreshments in the Lower Room
11.15am *Mike Dunstone RIP*
Followed by the International Café in the Lower Room
1.15pm *Mass in Polish*
5.00-6.00pm **NO ADORATION THIS WEEK**

Confessions Saturday after 10am Mass and 4-5pm, and on reasonable request.

Live stream Mass To access the YouTube stream please [click here](#).

Church is open for private prayer from 9.00am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday 23 July – Sixteenth Sunday in Ordinary Time

8.45am *People of the Parish*

10.45am *Private Intention*

Followed by refreshments in St Richard Reynolds Centre

6.00pm

Tuesday 25 July – St James, Apostle

6.30pm *Chris Wale RIP*

Wednesday 26 July – SS Joachim and Anne, Parents of the Blessed Virgin Mary

9.30am *Special Intention*

Followed by refreshments in St Richard Reynolds Centre.

Thursday 27 July

9.30am *In Thanksgiving*

7.00pm Adoration of the Blessed Sacrament

Friday 28 July

6.30pm *Marjorie Elizabeth Gifford Pitman RIP*

Saturday 29 July – SS Martha, Mary, and Lazarus

9.30am

Sunday 30 July – Seventeenth Sunday in Ordinary Time

8.45am *Private Intention*

10.45am Followed by refreshments in St Richard Reynolds Centre

6.00pm *People of Parish*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass

To access the YouTube stream please [click here](#).

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

MASS TIMES HOLY CROSS, TOPSHAM

Sunday 23 July – Sixteenth Sunday in Ordinary Time

11.00am *People of the Parish*

Wednesday 12 July – SS Joachim and Anne, Parents of the Blessed Virgin Mary

10.00am

Sunday 30 July – Seventeenth Sunday in Ordinary Time

11.00am *People of the Parish*

EXETER NEWS & EVENTS



Congratulations Deacon Brian!

Deacon Brian Bargent was ordained at Plymouth Cathedral on Saturday 15 July at 12 noon. What an occasion of joy and celebration! We give thanks to God for calling him to this life of service to the Church, and we pray for his ministry, that he may discover ever more deeply the love of Jesus in those he serves.

News of Fr Harry

'Father Harry's nephew was over from Ireland, so we broke him out and went to Budleigh for a picnic. We placed a prayer stone on the pile and Harry enjoyed his time out. Thank you to Father Jonathan for visiting and anointing Fr Harry which was special.'
Fiona Hutchins

Fiona is away on the World Youth Day pilgrimage from July 26 - August 8 so if people can manage visits that would be great. He enjoys the visits. He lives in the moment, and it is stimulating for him. Top tip! He enjoys playing catch.



International Mass at Blessed Sacrament

The International Mass at Blessed Sacrament last Sunday followed by shared lunch was a beautiful and vibrant celebration of our faith. We are a diverse community coming from many different nations, but we gathered united by the Holy Spirit. That same Spirit led us and spoke to us in languages, music and customs from around the world. After the Eucharistic Banquet, we had a feast of delicious food from different countries which we enjoyed in the garden as the weather - against every forecast - remained dry. Thank you to all those who contributed in any capacity to this wonderful day.

Muchas gracias, **Merci beaucoup**, Molte grazie, **Dankeschön**, Obrigado, **Stokrotne dzięki**, Mange tak, **Díky moc!**, Kiitos paljon!, **धन्यवाद**, Shukran sana, **Salamat sa-LAH-mat**, Köszönöm, **Fa'afetai**, Adúpé, **Daalü nke ukwuu**, Nirringrazzjak, **Diolch yn fawr**.

Visiting parishioners in hospital and at home

Because of the Data Protection Act, information about anyone in hospital does not get automatically passed to the parishes. If you are going into hospital or know someone who is in hospital, please let your parish office or one of the priests know so that a visit can be arranged. This also applies if someone is in a nursing/care home. Anyone who is housebound and cannot get to Mass can also be visited if we are given information about the person. Please contact your parish office to arrange a visit.

Funeral for Chris Wale

This will be at The Church of the Most Precious Blood, Sidmouth on **Tuesday 1st of August at 12.30pm**. Nicola, his daughter, says: "As a family we would love for people to wear plenty of colour. His favourite colour was red and his favourite pattern was checkered". Afternoon Tea will be held at St Theresa's Hall following the Mass for everyone to be together and share memories. "At 6pm, we will be having a live band and food. Dad loved a good Dad Dance, so if you would like to join us again at St Theresa's Hall you are very welcome. Bring your dancing shoes!". Tea, coffee and soft drinks for the wake and evening will be provided. For those who would like to pay their respects, but sadly cannot make it to the funeral in Sidmouth, there will be a Memorial Service at St Boniface Church, Crediton on **Sunday 6th of August at 9.30am** followed by a get together at The Lamb Inn, Sandford at 12noon.

To access the funeral online [use this Zoom link](#). Meeting ID: 870 9360 4873.
Passcode: Mass

St Nicholas School News

We wish all children leaving us a happy future at their new schools. We also hope all parishioners have a lovely Summer. Please contact the Senior Administrator, Mrs Brocksom, for information about joining our school from Nursery to Yr 6 - please email on abrocksom@stnics.uk

Toddler Group at Blessed Sacrament

Meets in the St. Richard Reynolds Centre from 9.30 to 11.30am on most Mondays during term time. We are a small and friendly, volunteer-led community group for parishioners of all Exeter parishes and also for non-parishioners. It is open to babies and children aged 0-5, together with their parent or carer. Spaces at the group are currently in high demand. If you would like to be added to the waiting list, please contact blessedsacramenttoddlergroup@gmail.com.

Knit & Natter

Exciting news! We have a project! Come along for great company, to share your skills, and to find out what we're working on! Please join us on **28 July** after 10am Mass at Sacred Heart in the Lower Room. You are welcome to come, whether you want to knit, or just natter.



CAFOD and *livesimply* News

As part of our becoming a Live Simply parish in 2019, we undertook an action to promote social justice, this being to challenge the Government's policy of putting asylum seekers in indefinite detention.

The Jesuit Refugee Service UK send regular updates through email and by post. This includes an email on the first Friday of each month from their Detention Outreach team, focussing on the work they do with people in detention, with a different member sharing their reflections and with invitations to join them in prayer. This can be accessed on <https://www.jrsuk.net/subscribe/>

The Catholic Bishops' Conference of England and Wales for International Affairs offers guidance and "a call to action" in support of migrants and refugees.

For more information see <https://www.cbcew.org.uk/love-the-stranger/>

CAFOD/Sewing Group Autumn Fair

A CAFOD Autumn Fair is being planned and the *livesimply* sewing group are hoping to make lots of items for this sale. In the true spirit of *livesimply* instead of purchasing new materials they are asking if anyone has any of the following in their cupboards that they could donate: **Christmas coloured wool and fabrics, sewing accessories, felt, bias binding, ribbons, iron-on interface, hot glue gun sticks**. A box will be placed at the back of Blessed Sacrament church for any items you can donate. Why not come along on Monday afternoons from 3.00 till 5.00pm to the St Richard Reynolds Centre and join this very friendly productive group!

Exeter Foodbank

Priority items required: tinned meat, tins of potatoes, noodle snacks, biscuits, Toiletries, e.g.: Shower gel, toothpaste, deodorant, shampoo etc. Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets. Click [here](#) for more information.

WIDER NEWS & EVENTS

Catholic Children's Society (Plymouth)

You can make a difference by doing something both rewarding and challenging! We are looking for **Parish Volunteers** to help promote our charity across Plymouth Diocese, and **Trustees** to serve on our Board which meets four times a year. Your skills and enthusiasm might be just what we need – especially if you have professional skills in areas such as business/finance, HR, or social care. We are also looking for **Youth Trustees** to bring a different perspective to our work. For more information, email vicki.dunstone@prcdtr.org.uk or call 01364 645420.

Caritas July Newsletter

Caritas Diocese of Plymouth's July newsletter is now available online. Please [click here](#). If you would like a printed copy, please telephone Caritas on 01364 645360.

Online Lunchtime Session on Dementia Awareness

Tuesday 1st August 12–1.00pm. There are more than 850,000 people living with dementia in the UK today, with 81,000 in the Southwest. This number is predicted to double in the next 30 years, and we will see this reflected in our congregations and communities. All our parishes will know someone living with dementia or caring for someone. You will already be providing pastoral care to people living with dementia and may already be taking steps to be a dementia friendly church.

This one-hour introductory session is aimed at parish priests, secretaries, eucharistic ministers, pastoral workers and welcomers, members of SVP and all those whose lives are touched by dementia. It will focus on understanding dementia and the practical aspects of how to respond but will also offer advice about resources to understand how to accompany those whose lives have been touched by dementia in their spiritual journey.

People are welcome to bring their lunch and listen in. You are also welcome to join as a parish group. Register by [using this link](#).

An invitation to survivors of abuse

The diocese would like to hear from people who have a lived experience of abuse, so that we can involve them in the work we are doing to support survivors. We welcome the opportunity to hear survivors' feedback and ideas so that we can improve our response to those who have been hurt by abuse. If you think you might be able to help us in this work, or if you would like to find out more about what we are doing in the diocese to support survivors, please contact: Sophie Scagell (Survivor Support Caseworker) sophie.scagell@prcdtr.org.uk or call her on 01364 645436

World Day Against Trafficking in Persons 2023

30 July is the annual World Day Against Trafficking in Persons. The aim of the day is to raise awareness of trafficking and to call upon governments, law enforcement, public services and society to improve their efforts to prevent trafficking by identifying and supporting victims. The theme this year is to, 'Reach every victim of trafficking, leave no one behind'.

For more information about trafficking and modern day slavery, and how to notice the signs that this is taking place [please visit this link](#).

If you would like support, or you are concerned about someone else, please contact: The Safeguarding Office – Call 01364 645430 between Monday to Friday, 9:00am to 4:30pm.

Unseen – A UK charity that provides safe houses and support in the community for survivors of trafficking and modern slavery. 24/7 Modern Slavery and Exploitation Helpline: 08000 121 700. [Unseen Website](#)

Dipping into the Catechism [Click here for August sheets](#)

Thinking of becoming a Catholic?

If you are thinking of joining the Church or would like to know more about it, then you are welcome to join us. We will meet next on **Thursday 14 September** at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don't need to do anything to prepare. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life! We look forward to welcoming you.

FORMING IN FAITH

Forming in Faith

We will next meet on **Monday 31 July** at 10.30am in the Lower Room, Sacred Heart OR on **Tuesday 1 Aug** at 7.00pm in the St Richard Reynolds Centre at Blessed Sacrament. We are looking at 'Pivotal Player' films and next is Flannery O'Connor. Please come and join us for lively conversation and growth in faith. We look forward to seeing you. Please note that we will not meet over the month of August and will recommence on Monday 11th September, Sacred Heart and Tuesday 12th September, Blessed Sacrament.

Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can to explore the riches of the scriptures. You will be most welcome. Please note that we will not meet in August. Our next session will be on Wednesday 6th September.

Preparing for Baptism

Are you expecting a baby and/or looking to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into our parish family. Sessions run over two consecutive Saturday mornings from 10.15-12.00 on Zoom. **We are now taking bookings for 14 & 21 October.** Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link below to register. If you have any problems accessing this, please contact Lesley in the parish office on 01392 274724 or at exeter-heavitree@prcdtr.org.uk
[Baptism Enquiry form](#)

GIFT Gateway to the Sacraments

GIFT is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation in the Exeter parishes. [Click here](#) to find out more about GIFT.

Next GIFT Meeting: Saturday 9 September at St Nicholas Catholic Primary school at 9.45am We look forward to welcoming you.

GIFT Youth & Socials News

Youth Rally, 2023 Saturday 23rd September, St Rita's Honiton – 12-18.00

Join youth from across the diocese in fun, games and challenges at St Rita's Honiton. Are you ready for the infamous obstacle course? Or are a keen to score lots of goals in the penalty shootout or netball challenge. They'll be bouncy castles, didi cars, sumo wrestling challenges and much more for you to have a go at. The event is open to anyone 7 years through to 16. You are encouraged to come as part of a parish/school or group team or simply sign up and be placed in a team. The £8 contribution includes a BBQ and drinks. To book: <https://forms.office.com/e/L2jn7EwXfH> or contact Saskia for further information: youth@prcdtr.org.uk

PRAYER & LITURGY

We commend to the Lord...

the souls of Joyce Bick, Chris Wale, Fr Paddy Kilgariff who have died recently. May they rest in peace and rise in glory.

Prayer Ministry at Blessed Sacrament

Have you ever experienced the power of the Holy Spirit through someone praying personally for you? Blessed Sacrament Parish is planning to offer Sunday prayer ministry. This is an opportunity to pray into the needs of those who come forward, sharing the love and compassion that God has for each of us. Training is being provided. Please pray for those who have volunteered for this ministry.

World Day for Grandparents and the Elderly

We celebrate this today. The Catholic Grandparents Association has been at the forefront in campaigning for a greater recognition of Grandparents for their role and vocation in passing on their faith to the next generation. The announcement of a new Church-wide celebration for Grandparents and the elderly in 2021 came in answer to our prayerful request to the Holy Father Pope Francis. [Read Pope Francis' message for this year here](#)

Pope's July Prayer Intention

For a Eucharistic life. We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.

THE WORD

Sunday 23 July Sixteenth Sunday in Ordinary Time

First Reading: Wisdom 12:13. 16-19 *After sin you will grant repentance.*

Psalm Response: O Lord, you are good and forgiving.

Second Reading: Romans 8:26-27

The spirit expresses our plea in a way that could never be put into words.

Gospel: Matthew 13:24 -43 *Let them both grow till the harvest.*

Sunday 30 July Seventeenth Sunday in Ordinary Time

First Reading: Kings: 3:5.7-12 *You have asked for a discerning judgement for yourself.*

Psalm Response: Lord how I love your law!

Second Reading: Romans 8:28-30 *God intended us to become true images of His Son.*

Gospel: Matthew 13:44-52 *He sells everything he owns and buys the field.*



CONTACT US

Blessed Sacrament

29 Fore Street, Heavitree,

Exeter EX1 2QJ

01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Secretary

Lesley Hooper

Office hours Tuesday, Wednesday,

Thursday 10.00am–4.00pm

Gift Aid enquiries:

exeter-heavitree@prcdtr.org.uk

Sacred Heart

25 South Street, Exeter EX1 1EB

01392 272815

exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Petroc Cobb 01392 642388

Assistant Priests

Fr Albert Lawes 01392 642378

Fr Anil Gundabathina 01392 642386

Deacons

Brian Bargent

Delian Bower

Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

Office Hours 9.00am–12.00pm &

1.00pm–4.00pm Tuesday–Friday

Gift Aid enquiries: [exeter-sacredheart-](mailto:exeter-sacredheart-giftaid@prcdtr.org.uk)

giftaid@prcdtr.org.uk

Parish School

St Nicholas Catholic Primary School

Ringswell Avenue, Exeter EX1 3EG

01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher

Cathy Blatchford

Pastoral Assistant

Maria Quinn

exeter-pastoral-assistant@prcdtr.org.uk

Safeguarding

Sacred Heart

Andrew Blewett

07729 608356

drewmail2016@gmail.com

Coral Saunders-Mortier

07745 922636 or 01392 272815

exeter-sacredheart@prcdtr.org.uk

Blessed Sacrament

Lesley Hooper

07712 216724 or 01392 274724

exeter-heavitree@prcdtr.org.uk

Maria Edwards

07870 696530

Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

Catholic Exeter is part of the Roman

Catholic Diocese of Plymouth.