

CATHOLIC EXETER



Parishes of Blessed Sacrament, Sacred Heart, and Holy Cross
30 July 2023 Seventeenth Sunday in Ordinary Time. Year A. Psalter Week I



What a gift it is, to be able to recognise the true value of things, and choose those which will last forever and bring us true happiness! Solomon, renowned for wisdom, is able to make the right choices when offered the chance to have anything he wants. What would we choose? The parable in the Gospel tells us that, in a sense, the choice is already before us: we can see the kingdom of heaven waiting for us: it is of greater value than anything else, and so all our hearts should be set on it. Nothing should stand in our way. *Diocese of Salford.*

MASS TIMES

SACRED HEART



Sunday 30 July – Seventeenth Sunday in Ordinary Time

- 5.30pm (Sat) *People of the Parish*
9.15am *Tommie & Maureen Clancy & deceased Clancy Family*
Followed by refreshments in the Lower Room
11.15am *Mike Dunstone RIP*
Followed by the International Café in the Lower Room
1.15pm Mass in Polish
5.00-6.00pm NO ADORATION THIS WEEK

Monday 31 July – St Ignatius of Loyola, Priest

- 10.00am *For World Youth Day*

Tuesday 1 August – St Alphonsus Liguori Bishop, Doctor

- 10.00am *Alexandra Green RIP*
Followed by refreshments in the Lower Room

Wednesday 2 August

- 10.00am *John & Diana Lawes*
Followed by SVP Chatter Café in the Lower Room
7.00pm Adoration of the Blessed Sacrament with *Taizé* prayer

Thursday 3 August

- 6.30pm Adoration of the Blessed Sacrament & Benediction
7.00pm *Holy Souls*

Friday 4 August – St John Mary Vianney Priest (Patron of Priests)

- 10.00am *Doreen Overy RIP*

Saturday 5 August

- 10.00am *For CWL*
Followed by CWL refreshments in the Lower Room

Sunday 6 August – The Transfiguration of the Lord

- 5.30pm (Sat) *For a New Bishop*
9.15am *Vocations*
Followed by refreshments in the Lower Room
11.15am *People of the Parish*
Followed by the International Café in the Lower Room
1.15pm Mass in Polish
5.00-6.00pm NO ADORATION THIS WEEK

Confessions Saturday after 10am Mass and 4-5pm, and on reasonable request.

Live stream Mass To access the YouTube stream please [click here](#).

Church is open for private prayer from 9.00am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday 30 July – Seventeenth Sunday in Ordinary Time

8.45am *World Youth Day Pilgrims*
10.45am *The clergy of our Exeter parishes*
Followed by refreshments in St Richard Reynolds Centre
6.00pm *People of Parish*

Tuesday 1 August – St Alphonsus Liguori Bishop, Doctor
No Mass

Wednesday 2 August – St Teresa Benedicta of the Cross Feast
No Mass

Thursday 3 August
No Mass
No Adoration

Friday 4 August – St John Mary Vianney Priest (Patron of Priests)
6.30pm *Edmund Lisle RIP*

Saturday 5 August
9.30am *Private Intention*

Sunday 6 August – The Transfiguration of the Lord
8.45am *Private Intention*
10.45am *People of the Parish*
Followed by refreshments in St Richard Reynolds Centre
6.00pm *Private Intention*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass

To access the YouTube stream please [click here](#).

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

MASS TIMES HOLY CROSS, TOPSHAM

Sunday 30 July – Seventeenth Sunday in Ordinary Time

11.00am *People of the Parish*

Wednesday 2 August

10.00am

Sunday 6 August – The Transfiguration of the Lord

11.00am *People of the Parish*

EXETER NEWS & EVENTS



World Youth Day – Lisbon 2023

News from our young travellers! Fr Albert has let us know that they have arrived safely and are having a wonderful time. They are asking for our prayers. If you would like to follow them use the following links: [Plymouth Youth Facebook](#) and [Plymouth youth Instagram](#)

Visiting parishioners in hospital and at home

Because of the Data Protection Act, information about anyone in hospital does not get automatically passed to the parishes. If you are going into hospital or know someone who is in hospital, please let your parish office or one of the priests know so that a visit can be arranged. This also applies if someone is in a nursing/care home. Anyone who is housebound and cannot get to Mass can also be visited if we are given information about the person. Please contact your parish office to arrange a visit.

Funeral for Chris Wale RIP

The Church of the Most Precious Blood, Sidmouth **Tuesday 1st of August at 12.30pm.** followed by tea at St Theresa's Hall. Memorial Service St Boniface Church, Crediton on **Sunday 6th of August at 9.30am** followed by a get together at The Lamb Inn, Sandford at 12noon.

To join Chris's family and friends for the Mass online [follow this Zoom link](#). Meeting ID: 870 9360 4873, Passcode: Mass.



Sacred Heart Parish would like to showcase our parish community's skills by holding a Craft Fair. The donations will go to support Waymakers and Parish funds. **When:** Saturday 30 September 2023. **Time:** 11am to 3pm **Where:** Upper and Lower Rooms at Sacred Heart Parish. If you would like a table to exhibit and sell, please contact Coral at

the parish office on 01392 272815 or Email: exeter-sacredheart@prcdtr.org.uk
Everyone is welcome!

Toddler Group

Meets in the St. Richard Reynolds Centre, Blessed Sacrament, from 9.30 to 11.30am on most Mondays during term time. We are a small and friendly, volunteer-led community group for parishioners of all Exeter parishes and also for non-parishioners. It is open to babies and children aged 0-5, together with their parent or carer. Please note that spaces at the group are currently in high demand and we are operating with a waiting list. If you would like to be added to the waiting list, please contact blessedsacramenttoddlergroup@gmail.com

CAFOD and *livesimply* News

As part of our becoming a Live Simply parish in 2019, we undertook an action to promote social justice, this being to challenge the Government's policy of putting asylum seekers in indefinite detention.

The Jesuit Refugee Service UK send regular updates through email and by post. This includes an email on the first Friday of each month from their Detention Outreach team, focussing on the work they do with people in detention, with a different member sharing their reflections and with invitations to join them in prayer. This can be accessed on <https://www.jrsuk.net/subscribe/>

The Catholic Bishops' Conference of England and Wales for International Affairs offers guidance and "a call to action" in support of migrants and refugees.

For more information see <https://www.cbcew.org.uk/love-the-stranger/>

Cafod Ecumenical Service

The CAFOD/Live Simply group are organising an ecumenical Service of Creation (2nd Sept). If you, or anyone you know perhaps from other churches, would be able to help with e.g. music, readings, food, decorations, general

help on the day please come to the next CAFOD meeting on **19th August 10-12 in Richard Reynolds Centre**. If you are unable to attend the meeting but would be able to help us please email s.larkin@exeter.ac.uk. You can also give this email out to anyone else who may be interested. Thank you.



CAFOD Sewing Group Autumn Fair

A CAFOD Autumn Fair is being planned and the *livesimply* sewing group are hoping to make lots of items for this sale. In the true spirit of *livesimply* instead of purchasing new materials they are asking if anyone has any of the following in their cupboards that they could donate: **Christmas coloured wool and fabrics, sewing accessories, felt, bias**

binding, ribbons, iron-on interface, hot glue gun sticks. A box will be placed at the back of Blessed Sacrament church for any items you can donate. Why not come along on Monday afternoons from 3.00 till 5.00pm to the St Richard Reynolds Centre and join this very friendly productive group!

Exeter Foodbank

Priority items required: tinned meat, tins of potatoes, noodle snacks, biscuits, Toiletries, e.g.: Shower gel, toothpaste, deodorant, shampoo etc. Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets. Click here for more information.

WIDER NEWS & EVENTS

Caritas July Newsletter

Caritas Diocese of Plymouth's July newsletter is now available to read online. Please [Click Here](#). If you would like a printed copy, please telephone Caritas on 01364 645360.

Catholic Children's Society (Plymouth):

Message from Canon John Deeny

The theme of Pope Francis' message for this year's World Day of the Poor is: "Do not turn your face away from anyone who is poor". *Tobit 4:7*.

As we continue to navigate through these challenging economic times, we are only too aware that there are many families and individuals in our midst who are facing tremendous strain due to the very high cost of living. The Catholic Children's Society Plymouth remains on the front line in responding to an ever-growing number

of those seeking support to meet their basic needs and making every effort not to turn anyone away. However, the mounting demand has taken a toll on the Society's resources, depleting its funds.

The Society has benefitted enormously from the compassionate and generous giving of so many people. Their invaluable contributions continue to make a significant difference in helping bring comfort and practical support to many families and individuals who are especially struggling in these difficult times.

I appeal to your generosity, once again, to support the remarkable work of the Catholic Children's Society Plymouth, through its Annual Appeal. Thank you, and your parishioners, for your generosity in the past, and may God bless you for responding as generously as you can to this year's Appeal.

Online Lunchtime Session on Dementia Awareness

Tuesday 1st August 12–1.00pm. There are more than 850,000 people living with dementia in the UK today, with 81,000 in the Southwest. This number is predicted to double in the next 30 years, and we will see this reflected in our congregations and communities. All our parishes will know someone living with dementia or caring for someone. You will already be providing pastoral care to people living with dementia and may already be taking steps to be a dementia friendly church.

This one-hour introductory session is aimed at parish priests, secretaries, eucharistic ministers, pastoral workers and welcomers, members of SVP and all those whose lives are touched by dementia. It will focus on understanding dementia and the practical aspects of how to respond but will also offer advice about resources to understand how to accompany those whose lives have been touched by dementia in their spiritual journey.

People are welcome to bring their lunch and listen in. You are also welcome to join as a parish group. [Register by following this link.](#)

World Day Against Trafficking in Persons 2023

Today is the annual World Day Against Trafficking in Persons. The aim of the day is to raise awareness of trafficking and to call upon governments, law enforcement, public services and society to improve their efforts to prevent trafficking by identifying and supporting victims. The theme this year is to, 'Reach every victim of trafficking, leave no one behind'.

For more information about trafficking and modern day slavery, and how to notice the signs that this is taking place please visit: <https://www.unseenuk.org/about-modern-slavery/spot-the-signs/>

If you would like support, or you are concerned about someone else, please contact: The Safeguarding Office – Call 01364 645430 between Monday to Friday, 9:00am to 4:30pm.

Unseen – A UK charity that provides safe houses and support in the community for survivors of trafficking and modern slavery.

24/7 Modern Slavery and Exploitation Helpline: 08000 121 700; Website: <https://www.unseenuk.org/working-with-survivors/>

An invitation to survivors of abuse

The diocese would like to hear from people who have a lived experience of abuse, so that we can involve them in the work we are doing to support survivors. We welcome the opportunity to hear survivors' feedback and ideas so that we can improve our response to those who have been hurt by abuse. If you think you might be able to help us in this work, or if you would like to find out more about what we are doing in the diocese to support survivors, please contact: Sophie Scagell (Survivor Support Caseworker) sophie.scagell@prcdtr.org.uk or call her on 01364 645436

FORMING IN FAITH

Dipping into the Catechism [Click here for August sheets](#)

Thinking of becoming a Catholic?

If you are thinking of joining the Church or would simply like to know more about it, then you are welcome to join us. We will meet next on Thursday 14 September at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don't need to do anything to prepare. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life! Please join us, we look forward to welcoming you.

Forming in Faith

We will next meet on **Monday 31 July** at 10.30am in the Lower Room, Sacred Heart OR on **Tuesday 1 Aug** at 7.00pm in the St Richard Reynolds Centre at Blessed Sacrament. We are looking at 'Pivotal Player' films and next is Flannery O'Connor. Please come and join us for lively conversation and growth in faith. We look forward to seeing you. Please note that we will not meet over the month of August and will recommence on Monday 11 September, Sacred Heart and Tuesday 12 September, Blessed Sacrament.

Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can to explore the riches of the scriptures. You will be most welcome. Please note that we will not meet in August. Our next session will be on Wednesday 6th September.

GIFT Gateway to the Sacraments

GIFT is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation in the Exeter parishes. [Click here](#) to find out more about GIFT.

Next GIFT Meeting: Saturday 9 September at St Nicholas Catholic Primary school at 9.45am We look forward to welcoming you.

GIFT Youth & Socials News

Youth Rally, 2023 Saturday 23rd September, St Rita's Honiton – 12-18.00

Join youth from across the diocese in fun, games and challenges at St Rita's Honiton. Are you ready for the infamous obstacle course? Or are you keen to score lots of goals in the penalty shootout or netball challenge. They'll be bouncy castles, didi cars, sumo wrestling challenges and much more for you to have a go at. The event is open to anyone 7 years through to 16. You are encouraged to come as part of a parish/school or group team or simply sign up and be placed in a team. The £8 contribution includes a BBQ and drinks. To book: <https://forms.office.com/e/L2jn7EwXfH> or contact Saskia for further information: youth@prcdtr.org.uk

Preparing for Baptism

Are you expecting a baby and/or looking to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into our parish family. Sessions run over two consecutive Saturday mornings from 10.15-12.00 on Zoom. **We are now taking bookings for 14 & 21 October.** Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link below to register. If you have any problems accessing this, please contact Lesley in the parish office on 01392 274724 or at exeter-heavitree@prcdtr.org.uk
[Baptism Enquiry form](#)

We commend to the Lord...

the souls of all who have died recently. May they rest in peace and rise in glory.

PRAYER & LITURGY

Prayer Ministry at Blessed Sacrament

Have you ever experienced the power of the Holy Spirit through someone praying personally for you? Blessed Sacrament Parish is planning to offer Sunday prayer ministry. This is an opportunity to pray into the needs of those who come forward, sharing the love and compassion that God has for each of us. Training is being provided. Please pray for those who have volunteered for this ministry.



Pope's August Prayer Intention

For World Youth Day. We pray the World Youth Day in Lisbon will help young people to live and witness the Gospel in their own lives. For The Pope's video [click here](#)

THE WORD

Sunday 30 July Seventeenth Sunday in Ordinary Time

First Reading: Kings: 3:5.7-12 *You have asked for a discerning judgement for yourself.*

Psalm Response: Lord how I love your law!

Second Reading: Romans 8:28-30 *God intended us to become true images of His Son.*

Gospel: Matthew 13:44-52 *He sells everything he owns and buys the field.*

Sunday 6 August The Transfiguration of the Lord

First Reading: Daniel 7:9-10.13-14 *His robe was white as snow.*

Psalm Response: The Lord is king, most high above all the earth.

Second Reading: 2 Peter 1:16-19 *We heard this ourselves, spoken from heaven.*

Gospel: Matthew 17:1-9 *His face shone like the sun.*

News of Fr Anil

We are delighted to announce that Fr Anil has been appointed priest in charge of the parish of Okehampton and Chagford and so will be leaving Sacred Heart Parish. He will take up his appointment in September. We are immensely grateful to Fr Anil for his dedicated service to our parish and to Catholic Exeter and we assure him of our prayers as he prepares for this new chapter in his life. There will be an opportunity to say farewell and details of this will be posted later.

New phone numbers for Sacred Heart

Please note that the phone numbers for Sacred Heart Parish Office and the clergy have changed. The new numbers can be found on the Contacts page at the end of this newsletter.

CONTACT US

Blessed Sacrament

29 Fore Street, Heavitree,

Exeter EX1 2QJ

01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Secretary

Lesley Hooper

Office hours Tuesday, Wednesday,

Thursday 10.00am–4.00pm

Gift Aid enquiries:

exeter-heavitree@prcdtr.org.uk

Sacred Heart

25 South Street, Exeter EX1 1EB

01392 642389

exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Petroc Cobb 01392 642388

Assistant Priests

Fr Albert Lawes 01392 642378

Fr Anil Gundabathina 01392 642386

Deacons

Brian Bargent

Delian Bower

Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

Office Hours 9.00am–12.00pm &

1.00pm–4.00pm Tuesday–Friday

Gift Aid enquiries: [exeter-sacredheart-](mailto:exeter-sacredheart-giftaid@prcdtr.org.uk)

giftaid@prcdtr.org.uk

Parish School

St Nicholas Catholic Primary School

Ringswell Avenue, Exeter EX1 3EG

01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher

Cathy Blatchford

Pastoral Assistant

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Safeguarding

Sacred Heart

Andrew Blewett

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Coral Saunders-Mortier

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Blessed Sacrament

Lesley Hooper

07712 216724 or 01392 274724

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Maria Edwards

07870 696530

Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

Catholic Exeter is part of the Roman

Catholic Diocese of Plymouth.