

CATHOLIC EXETER



Parishes of Blessed Sacrament, Sacred Heart, and Holy Cross

20 August 2023 Twentieth Sunday in Ordinary Time. Year A. Psalter Week 4



Woman, you have great faith.

The path of faith is wrought with challenges and sacrifices, often leading to rejection and denial. Despite these obstacles, we must remain steadfast in our devotion to God's word and let His love guide our actions. Our ultimate goal is to share the gift of God's love and mercy with the world, as He welcomes all who believe in Him and strive to do His will.

In doing so, we are rewarded not by our own merits but by our unwavering faith. Even in the face of rejection, we must trust that the Lord is always with us and willing to save us. So, let us follow in the footsteps of the Canaanite woman in today's Gospel who demonstrates her persistent faith, knowing that God will hear her prayers and answer her in His own time. Amen! *Fr Anil*

MASS TIMES

SACRED HEART



Sunday 20 August – Twentieth Sunday in Ordinary Time

- 5.30pm (Sat) *Vocations*
9.15am *People of the Parish*
Followed by refreshments in the Lower Room
11.15am *For a new Bishop*
1.15pm *Mass in Polish*
5.00-6.00pm *Adoration of the Blessed Sacrament & Benediction*

Monday 21 August – St Pius X Pope

- 10.00am *Lucy Newbury RIP*
11.30am *Requiem Mass Lady Maria Iddesleigh RIP*

Tuesday 22 August – The Queenship of the Blessed Virgin Mary

- 10.00am *Alexandra Green RIP*
Followed by refreshments in the Lower Room

Wednesday 23 August

- 10.00am *Private Intention*
Followed by SVP Chatter Café in the Lower Room

Thursday 24 August – St Bartholomew Apostle - Feast

- 6.30pm *Adoration of the Blessed Sacrament & Benediction*
7.00pm *Alexandra Green RIP*

Friday 25 August

- 10.00am *Christo & Evelyn*

Saturday 26 August

- 10.00am *Thanksgiving*
Followed by CWL refreshments in the Lower Room

Sunday 27 August – Twenty First Sunday in Ordinary Time

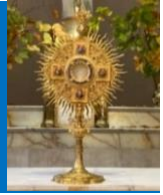
- 5.30pm (Sat) *For a new Bishop*
9.15am *Felicity Wilson First Holy Communion*
Followed by refreshments in the Lower Room
11.15am *People of the parish*
1.15pm *Mass in Polish*
5.00-6.00pm *Adoration of the Blessed Sacrament & Benediction*

Confessions Saturday after 10am Mass and 4-5pm, and on reasonable request.

Live stream Mass To access the YouTube stream please [click here](#).

Church is open for private prayer from 9.00am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday 20 August – Twentieth Sunday in Ordinary Time

8.45am *People of the Parish*

10.45am *Mike Fox RIP*

Followed by refreshments in St Richard Reynolds Centre

3.00pm *Syro Malabar Rite Mass*

6.00pm *Olive Morgan RIP*

Tuesday 22 August – The Queenship of the Blessed Virgin Mary

6.30pm *Eileen & Matt Lyons RIP*

Wednesday 23 August

9.30am *Mary & Fred Collier RIP*

Thursday 24 August – St Bartholomew Apostle

9.30am *In thanksgiving*

7.00pm *Adoration of the Blessed Sacrament*

Friday 25 August

6.30pm *Special Intention*

Saturday 26 August

9.30am *Patrick & Chris Glavin RIP*

Sunday 27 August – Twenty First Sunday in Ordinary Time

8.45am *People of the Parish*

10.45am *The Irvine family*

Followed by refreshments in St Richard Reynolds Centre

6.00pm *In thanksgiving & RIP*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass

To access the YouTube stream please [click here](#).

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

MASS TIMES HOLY CROSS, TOPSHAM

Sunday 20 August – Twentieth Sunday in Ordinary Time

11.00am *People of the Parish*

Wednesday 23 August

10.00am

Sunday 27 August – Twenty First Sunday in Ordinary Time

11.00am *People of the Parish*

EXETER NEWS & EVENTS

Welcome

We welcome to Blessed Sacrament and Sacred Heart parishes, all who are visiting us at this time. We pray you have a good holiday/visit.

We also pray that those of our community who are enjoying holidays will return refreshed and invigorated by their time away.

Catholic Children's Society Annual Appeal

Creating Hope for Families – Changing Lives – Putting All Children First

The annual appeal of the Catholic Children's Society is **next weekend**

26/27 September. Please take an appeal envelope today or visit their website

www.ccsplymouth.org.uk to understand the wonderful work, which the Society does to help struggling children and their families.



Other ways to donate: use this QR code to give directly or donate by visiting our [Annual Appeal Crowdfunder page](#). Donate by post by sending a cheque made payable to 'Catholic Children's Society (Plymouth)' to St Boniface House, Ashburton, Devon TQ13 7JL, or by BACS direct into our account – Catholic Children's Society (Plymouth) sort code – 52-41-60 account number – 06024335. To

donate by text – to donate £5 text 5CCSP to 70085, to donate £10 text 10CCSP to 70085 or to donate £20 text 20CCSP to 70085

Panto time! Oh yes it is!

Do you fancy an outing to the Theatre Royal Plymouth for the pantomime Goldilocks and the Three Bears? This is being arranged for 12 January 2024. A coach will leave the Blessed Sacrament church at 10.30am. The cost, including the coach, is £30.

To book your ticket contact Maureen Knowles 07912 383546/01392 211388

Pilgrim for Homelessness

One of our younger parishioners, Linus Holmes, set off in May to walk the Via Francigena from Canterbury to Rome (a distance of more than 3,000km) to raise money for Shelter. He left with just a small backpack and an empty wallet, having pledged to rely on earning money along the way and, wherever possible, the hospitality and generosity of the people he would meet. He is now just a few days from his final destination but the amount that he hopes to raise is still well short of his target. He has had some tough times during the past three months (not least with the sustained hot weather) but has remained steadfast - it has been humbling to follow his pilgrimage. You can find out more - and make a donation PLEASE – by visiting this link: [Linus' JustGiving page](#). Thank you.

Fr Harry Doyle



A huge thank you to parishioners from Sacred Heart and Topsham for their visits to Father Harry, especially during the time I was away on the Diocesan Pilgrimage. He had at least one visit a day which is so stimulating for him especially from people who share his past. He definitely knows he is loved! If he can continue to be in prayers and on the occasional visit list then I know it makes a difference to his care. God bless and many thanks. Fiona

Aid to the Church in Need (ACN)



On 11 August ACN received a request for prayers: We have been asked to pray for Christians in Manipur State, in north-east India. Archbishop Lumon has seen his diocese at the centre of a wave of deadly attacks, He has asked for prayers “to transform the minds of the people who are led by hatred and religious violence”. He said, “the need is enormous” and “the destruction and loss to communities and the Church is great”.

Thousands of people have been displaced after their homes were destroyed. Archbishop Lumon has said “Let there be peace, harmony and common brotherhood and those who have been deprived of their rights and dignity get their justice.” We want to join with them in the prayers for peace and respect for religious freedom and justice.

Exeter Carnival

Following the huge success of Exeter Carnival in 2022, with the vibrant display of local community spirit highlighting the very best of Exeter, organisers InExeter have revealed that it will return to the city centre on Saturday 25 November. Entries have now opened for anyone to take part with entry details available on the website www.exetercarnival.com

CAFOD Ecumenical Service of Creation



The seed is the word of God. (Luke 8.11)

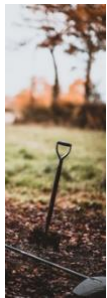
The CAFOD/livesimply group are organising an Ecumenical Service of Creation on **Saturday 2 September at 11.00am in the Blessed Sacrament Church.**

The service will be followed by a light, plant based, buffet lunch in the St Richard Reynolds Centre. All are very welcome. Please invite your friends.

If you, or anyone you know, perhaps from other churches, would be able to help with music, readings, food, decorations, general help on the day please email s.larkin@exeter.ac.uk.

CAFOD Autumn Fair

is being planned and the livesimply sewing group are hoping to make lots of items for this sale. In the true spirit of livesimply instead of purchasing new materials they are asking if anyone has any of the following in their cupboards that they could donate: Christmas coloured wool and fabrics, sewing accessories, felt, bias binding, ribbons, iron-on interface, hot glue gun sticks. A box will be placed at the back of Blessed Sacrament church for any items you can donate. Why not come along on Monday afternoons from 3.00 till 5.00pm to the St Richard Reynolds Centre and join this very friendly productive group!



Calling all gardeners!

Gardening Day for the Sisters of Mary Morning Star in Lynton.

As a way of celebrating the month of creation, we will be helping the Sisters at Lynton in their extensive grounds, on **Saturday 2nd September**. Tasks will range from light weeding to heavier jobs. There is something for everyone and for all ages.

We will leave Blessed Sacrament Church car park at 8.00am and leave Lynton at 4.00pm (returning to Exeter by 6.00pm). Bring your own packed lunch and don't forget your gardening tools! If you are able to give a lift, then please let Lesley know at exeter-heavitree@prcdtr.org.uk. Numbers need to be confirmed by Thursday 31st August. We look forward to Exeter Parishes' Gardening Angels helping the Sisters to transform areas of their grounds.



Sacred Heart Book Club

The next meeting of the parish Book Club will take place in the Presbytery on **Thursday 31 August** at 7.30pm, after evening Mass. Tea and coffee will be provided. The book that we shall be reading is '**North and South**' by Elizabeth Gaskell. If you are having trouble obtaining a copy, or would like more information, please let either Philippa pmsmallwood@hotmail.com or Martin mkoverly@gmail.com know. All welcome.

For Sale

A single rise & recline bed for sale for £300.00 Please contact Sacred Heart Parish Office for more information if you are interested.

WIDER NEWS & EVENTS

Vacancy in the Diocese of Plymouth

The Diocese of Plymouth is seeking to recruit a Caritas Refugee and Migrant project worker for a 2 year project exploring how we promote a culture of encounter and partnership between parishes and their diverse local communities, building on the Love the Stranger teaching document from the Catholic Bishops of England and Wales. The post will be flexible - home/office based within the diocese. Travel within the diocese will be required so access to a car/public transport is essential. Hours: 17.5 per week on a two-year fixed term contract. Actual annual salary for pro-rata hours: £12,500–£13,500 depending on experience, plus mobile phone allowance and pension scheme. For more information visit the careers page on the Diocese of Plymouth website [at this link](http://atthislink). To apply send your application form and covering letter to recruitment@prcdtr.org.uk. **Closing date Monday 21 August.** Interviews 29/30 August. The post is subject to a DBS check.

Franciscan at Home faith workshops

Would you like to spend an hour a week online, sharing insights on the gift of Baptism, or exploring 'what it means to be a disciple of our Eucharistic Lord'? These *Franciscan at Home* workshops centre on topics which are important to all of us and all are welcome. Join us in an online group, Mondays at 7.30 pm, Wednesdays at 7.00 pm, or both; beginning on September 11, to pray, listen and reflect.

More workshops are available in Truro on Thursdays (online) and Sclerder Abbey on Wednesdays (live meeting). For a link or further information contact deborah.vankroonenburg@prcdtr.org.uk

March for Life



Saturday 2 September in Central London.

A coach will be leaving St Peter's Church, Crownhill, Plymouth PL5 3AX at 7.00am, with a pick-up from Exeter Services at 8.00am and arriving in London between 12.30 to 1.00pm. The march begins at 2.00pm. The coach departs Westminster at 5.30pm. For all enquiries or to book seats contact Plymouth SPUC Branch Secretary: Christine Hudson – Tel: 07742320717 or Email: chrishud78@talktalk.net Seats cost £25

each. Some free seats are available. (Donations towards the cost of coach hire (£1745) gratefully received) Ample car parking at St Peter's Church. Come and join us and be a voice for all the 10 million+ aborted babies who have no voice!

Exeter Foodbank News

Priority items required: pasta sauce, tinned fruit, tinned meat, tinned vegetarian meals, noodle snacks, fruit squash, shampoo and deodorant. Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets.

[Click here for more information.](#)

Mary's Meals - a simple solution to world hunger



With no lines and no net, it takes a lot of imagination to recognise a tennis court in an almost 200 square metre area of concrete in northern Malawi. Patrick Sichamba has that imagination. Five years ago, he hit a ball with a racket there for the first time. Now the 16-year-old, who has additional needs, is a double Special Olympic World Games gold medal winner.

Patrick and Hannah Winesi, also 16, ate [Mary's Meals](#) at their school in Malawi. This summer, they won gold together in the tennis mixed doubles at the Special Olympic World Games in Berlin. There was further joy for Patrick, who won a second gold medal in the singles tournament. Patrick says: "I was able to train relentlessly because the **phala** [porridge] I received every day from Mary's Meals gave me energy. "My dad passed away when I was really little. But I think my mum is pretty proud of me, and so is my teacher. Tennis has changed my life. Without tennis, I would never have known that I could do anything really well."

You can read more about this incredible sporting success on [our blog](#). It costs just £19.15 to feed a child for an entire school year with Mary's Meals. Please donate today and help more children like Patrick and Hannah unlock their talents. To donate go to: <https://donate.marysmeals.org/gb>

FORMING IN FAITH

Dipping into the Catechism [Click here for August sheets](#)

Forming in Faith

Please note that we will not meet during the month of August and will recommence on Monday **11 September** at Sacred Heart and **Tuesday 12 September** at Blessed Sacrament.

Thinking of becoming a Catholic?

If you are thinking of joining the Church or would simply like to know more about it, then you are welcome to join us. We will meet next on **Thursday 14 September** at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don't need to do anything to prepare. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life! Please join us, we look forward to welcoming you.

GIFT for families

GIFT is offered to all primary and secondary aged families and supports them to live and grow as Catholic Christians. GIFT meets monthly to worship together and learn about our Catholic faith. GIFT also enables parents to prepare their children to receive the sacraments. [Click here to register for GIFT.](#)

Next GIFT Meeting: **Saturday 9 September** at St Nicholas Catholic Primary school at 9.45am

GIFT Youth & Socials News

Friday 15 September

GIFT Youth is throwing a Welcome Party in the St Richard Reynolds Centre from 7.30- 9.30pm for new year 7's. Come along to make new friends and meet old ones. All GIFT Youth members regardless of age are welcome to attend.

Sunday 24 September

GIFT Youth are beginning to organise teams for the outrageously fun Youth Rally being held at St Rita's. Do get in touch if you'd like to join in the fun.

Friday 17 November

Calling all parishioners: come along to a Bingo and Talent Show at St Nicholas School from 7.30 – 9.30pm which is being organised by our youth to help raise funds for GIFT Youth activities and CAFOD. Tickets will be on sale in the autumn.

For further information regarding any of the above, get in touch with Maria:

Exeter-pastoral-assistant@prcdtr.org.uk



Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can to explore the riches of the scriptures. You will be most welcome. Our next session will be on **Wednesday 6 September**.

PRAYER & LITURGY

We commend to the Lord...

John Hennessey whose funeral service will take place at St Boniface's Church, Cullompton, on Tuesday 29 August at 11.00am followed by a committal at East Devon Crematorium. May he rest in peace and rise in glory.

We pray for...

...all young people who have received the results of public examinations. Whatever the outcome, may their futures be bright with promise and hope.

...the sick or housebound in our parishes at this time.

...Fr Anil as he prepares to move to Okehampton.

...the appointment of a new Bishop for our diocese.

THE WORD

Sunday 20 August 20th Sunday in Ordinary Time

First Reading: Isaiah 56:1.6-7 *I will bring foreigners to my holy mountain.*

Psalms Response:

Let the people praise you, O God; let all the peoples praise you.

Second Reading: Romans 11:13-15.29-32

With Israel, God never takes back his gifts or revokes his choice.

Gospel: Matthew 15:21-25 *Woman you have great faith.*

Sunday 27 August 21st Sunday in Ordinary Time

First Reading: Isaiah 22:19-23 *I place the key of the House of David upon his shoulder.*

Psalms Response:

Your love, O Lord, is eternal, discard not the work of your hands.

Second Reading: Romans 11:33-36

All that exists comes from him; all is by him and for him.

Gospel: Matthew 16:13-20

You are Peter, and I will give you the keys of the kingdom of heaven.

CONTACT US

Blessed Sacrament

29 Fore Street, Heavitree,

Exeter EX1 2QJ

01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Secretary

Lesley Hooper

Office hours Tuesday, Wednesday,

Thursday 10.00am–4.00pm

Gift Aid enquiries:

exeter-heavitree@prcdtr.org.uk

Sacred Heart

25 South Street, Exeter EX1 1EB

01392 642389

exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Petroc Cobb 01392 642388

Assistant Priests

Fr Albert Lawes 01392 642378

Fr Anil Gundabathina 01392 642386

Deacons

Brian Bargent

Delian Bower

Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

Office Hours 9.00am–12.00pm &

1.00pm–4.00pm Tuesday–Friday

Gift Aid enquiries: [exeter-sacredheart-](mailto:exeter-sacredheart-giftaid@prcdtr.org.uk)

giftaid@prcdtr.org.uk

Parish School

St Nicholas Catholic Primary School

Ringswell Avenue, Exeter EX1 3EG

01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher

Cathy Blatchford

Pastoral Assistant

Maria Quinn

exeter-pastoral-assistant@prcdtr.org.uk

Safeguarding

Sacred Heart

Andrew Blewett

07729 608356

drewmail2016@gmail.com

Coral Saunders-Mortier

07745 922636 or 01392 272815

exeter-sacredheart@prcdtr.org.uk

Blessed Sacrament

Lesley Hooper

07712 216724 or 01392 274724

exeter-heavitree@prcdtr.org.uk

Maria Edwards

07870 696530

Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

Catholic Exeter is part of the Roman

Catholic Diocese of Plymouth.