

CATHOLIC EXETER



Parishes of Blessed Sacrament, Sacred Heart, and Holy Cross

3 September 2023 Twenty Second Sunday in Ordinary Time. Year A. Psalter Week 2

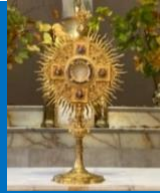
FOLLOW
ME



Being faithful to God can sometimes lead to suffering, trials, and disappointments. However, the truth is quite different from what we might expect. Our faith and discoveries don't necessarily make life easier for us. Instead, they lead us to and through tough experiences, just as Jesus faced the cross. If we believe in Jesus as Christ-Saviour-Messiah, God expects more from us than if we didn't.

In the Gospel, Jesus prepares His followers for what lies ahead, including His passion, death, and resurrection. The path to eternal glory is challenging, and each committed disciple must walk it. Like Peter, we may be gifted with insights at times, but we may also fail. Yet, like Peter, we cannot make excuses. Despite all this, God blesses and protects us. *Fr Anil*

MASS TIMES BLESSED SACRAMENT



Sunday 3 September – Twenty Second Sunday in Ordinary Time

Missionary Society of St Columba Appeal at all Masses

8.45am *Dan Docherty RIP*

10.45am *Laszlo Lazar RIP*

Followed by refreshments in St Richard Reynolds Centre

3.00pm *Syro Malabar Mass*

6.00pm *People of the Parish*

Tuesday 5 September

6.30pm

Wednesday 6 September

9.30am *Mary Cox RIP*

Followed by Praying of the Rosary

Followed by refreshments in St Richard Reynolds Centre

Thursday 7 September

9.30am *Harold Holding RIP*

7.00pm Adoration of the Blessed Sacrament

Friday 8 September – The Nativity of the Blessed Virgin Mary. Feast

6.30pm

Saturday 9 September

9.30am *Mary Nicholson Get Well*

Sunday 10 September – Twenty Third Sunday in Ordinary Time

Education Sunday

8.45am *People of the Parish*

10.45am *Mo Flavin RIP*

Followed by refreshments in St Richard Reynolds Centre

6.00pm *Special Intention*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass

To access the YouTube stream please [click here](#).

MASS TIMES

SACRED HEART



Sunday 3 September – Twenty Second Sunday in Ordinary Time

- 5.30pm (Sat) *Rosie Robins RIP*
9.15am *People of the parish*
Followed by refreshments in the Lower Room
11.15am *For a new Bishop*
1.15pm *Mass in Polish*
5.00-6.00pm *Adoration of the Blessed Sacrament & Benediction*

Monday 4 September

- 10.00am *Alexandra Green*

Tuesday 5 September

- 10.00am *The Sick & Housebound*
Followed by a Hospice Coffee Morning in the Lower Room

Wednesday 6 September

- 10.00am *For the Catholic Women's League*
Followed by SVP Chatter Café in the Lower Room

Thursday 7 September

- 6.30pm *Adoration of the Blessed Sacrament & Benediction*
7.00pm *Shane Green*

Friday 8 September – The Nativity of the Blessed Virgin Mary. Feast

- 10.00am *Ken Buxton*

Saturday 9 September

- 10.00am *Vocations - GIFT families to join us*
Followed by CWL refreshments in the Lower Room

Sunday 10 September – Twenty Third Sunday in Ordinary Time **Education Sunday**

- 5.30pm (Sat) *Canon Paul Cummins*
9.15am *Fr Harry Doyle*
Followed by Fr Anil's Farewell in the Lower Room
11.15am *People of the Parish*
1.15pm *Mass in Polish*
5.00-6.00pm *Adoration of the Blessed Sacrament & Benediction*

Confessions Saturday after 10am Mass and 4-5pm, and on reasonable request.

Live stream Mass To access the YouTube stream please [click here](#).

Church is open for private prayer from 9.00am until 6.00pm each day.

MASS TIMES HOLY CROSS, TOPSHAM

Sunday 3 September – Twenty Second Sunday in Ordinary Time

11.00am *People of the Parish - Fr Anil's last Mass*

Wednesday 6 September

10.00am

Sunday 10 September – Twenty Third Sunday in Ordinary Time

11.00am *People of the Parish*

EXETER NEWS & EVENTS

Welcome

We welcome to Blessed Sacrament and Sacred Heart parishes, all who are visiting us at this time. We pray you have a good holiday/visit. We also pray that those of our community who are enjoying holidays will return refreshed and invigorated by their time away.

Missionary Society of St Columban Appeal

Fr Patrick O'Beirne will be celebrating all Masses at Blessed Sacrament this Sunday September 3 and will make an appeal on behalf of the Society. He will share with us their cross-cultural mission work in Asia, the Pacific and Latin America which they hope will nurture the missionary spirit in Britain and to engage our prayer and support for the spread of the Gospel overseas. There will be a retiring collection after all Masses. Thank you in anticipation of your generosity.

Panto time! Oh yes it is!

Do you fancy an outing to the Theatre Royal Plymouth for the pantomime Goldilocks and the Three Bears? This is being arranged for 12 January 2024. A coach will leave Blessed Sacrament church at 10.30am. The cost, including the coach, is £30.

To book your ticket contact Maureen Knowles 07912 383546/01392 211388

CAFOD Autumn Fair

Save the date for the Cafod autumn fair – Saturday 18 November, and the livesimply sewing group are hoping to make lots of items for this sale. Why not come along on Monday afternoons from 3.00 till 5.00pm to the St Richard Reynolds Centre and join this very friendly productive group making lots of items for the fair!



Fr Anil

This week is Fr Anil's last Sunday at Topsham. Next weekend will be his last at Sacred Heart.

We invite all parishioners to join us for Tea/coffee in the Lower Room after the 9.15am Mass on Sunday 10 September so that we can give him a good send off.

He will move to Okehampton on 11 September. We wish him every blessing as he begins his ministry in Okehampton and Chagford and thank God for all he has done for us here in Exeter and Topsham. For a lovely

piece about Fr Anil in the local Okehampton press [please visit this link.](#)

Sacred Heart Garden



Monica is doing an amazing job with our garden. The latest project is a 'Bug Hotel'. During the holiday, Joey and his children Sharon and Coleman painted this new addition to the garden. The garden is being well used as we have had a couple of barbeques there this summer and plan to use it more in the future. 'Thank you' Monica for your hard work.

WAYmakers Film Night

Following the success of our first film night, Exeter WAYmakers invite you to a screening of **"Capernaum"** in the St Richard Reynolds Centre, Blessed Sacrament, 29 Fore St, Heavitree, Exeter EX1 2QJ on **Thursday 14 September at 7.00pm**. This powerful, award winning film tells the story of Zain, a 12-year-old living in a Beirut slum, who sues his parents for neglect.

The film will also be screened and at the Lower Room, Sacred Heart Church, 25 South Street, Exeter EX1 1EB on **Tuesday 19 September at 7.00pm**. Refreshments will be available at both screenings.

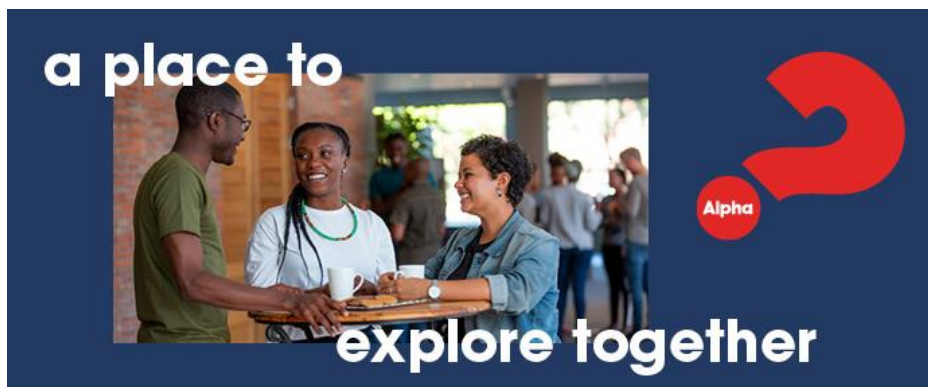
Reserve your **FREE** ticket by email to: nsmallwood@doctors.net.uk.

If you can't join us on this occasion, please visit Exeter WAYmakers at: www.exeterwaymakers.org.uk and discover ways in which you can help support us to resettle a family.

Season of Creation Liturgy

A big thank you to all who came along to the ecumenical liturgy at Blessed Sacrament yesterday and celebrated Creation. Thank you to everyone who participated; those who prepared and led the liturgy and those who helped with the lunch afterwards.

ALPHA at Blessed Sacrament



Alpha has been changing people's lives around the world and has had a powerful effect on the lives of some of our parishioners. We would love you to share this experience of encountering Jesus Christ and the Church in a dynamic way. Our next

You are invited to
Try Alpha



Alphas start at 7.00pm on Monday 25 September or at 1.00pm on Tuesday 26 September in the St Richard Reynolds Centre. Come along and bring a friend. To take part please register by 23 September by filling in this form: [ALPHA Registration Form](#)
For more information contact Ola at ola.godbeer@gmail.com

Urafiki Cheese & Wine Evening

Come along to a cheese and wine evening in the St Richard Reynolds Centre from 7.00 till 9.00pm on Tuesday 19 September. There will be a presentation by Chris Wightman of the eight paintings he would take to a desert island and why. Tickets are limited so contact Imelda Wightman by email imelda.wightman@gmail.com on telephone 01392 460041.

Urafiki Coffee Morning

There will be a chance to be updated on what is happening with the projects in Yala, Kenya at a coffee morning on Saturday 30 September in the St Richard Reynolds Centre from 10.00am till 12.30pm. There will be lots of cakes and a marvellous raffle.

Appeal Display Boards Sacred Heart

Because we receive very many appeal requests, our policy is to provide a space inside the church near the entrance. There will be notice boards to take publicity material where those promoting the particular cause can create a display which they can staff and draw attention to around the weekend Masses. For further information or to book a slot, contact Coral at the Parish Office.

Joint Prayer Held in Britain in Solidarity with Ukraine



Fr Anil took part in this ecumenical service.

For the first time in South West England, representatives from the Orthodox, Anglican, and Catholic churches in the city of Exeter joined together in an ecumenical event to show solidarity with the Ukrainian people on the occasion of Ukraine's Independence Day. This joint action took place as a mark of support and unity. For further information and pictures [please visit this link](#).

Praying the Rosary at Blessed Sacrament

Would you like to gather to pray the rosary together? We will be meeting on Wednesdays after the 9.30am Mass in the church. We would love to see you there.

Education Sunday

September 10 is Education Sunday, the annual day when the Catholic community comes together to celebrate and support our Catholic schools. Coinciding with the start of the academic term it is an opportunity for us to give thanks for the important work our schools perform. Catholic schools couldn't exist without the support of the Catholic community. This has been the case for the last 170 years. The retiring collection is vital in enabling our schools to continue to thrive. Please pray for all the schools and colleges in our parish but especially our Parish School of St Nicholas.

WIDER NEWS & EVENTS

Stay Awake, 2024!

Our all-age, all-day faith event is on Saturday, 13 April at All Saints Church of England Academy, Wyke, Weymouth. **Details later but please save the date!**

This is a home-grown event from Plymouth Diocese's Dorset Deanery, - we are in our 6th year and we have had participants from as far away as the Midlands!

Diocesan Youth Rally 2023

The Annual Youth Rally will be held on Saturday 23 September at St Rita's Honiton from 12.00–6.00pm. Join youth from across the diocese in fun, games and challenges. Are you ready for the infamous obstacle course? Or keen to score lots of goals in the penalty shoot out or netball challenge. There will be Bouncy Castles, Didi Cars, Sumo Wrestling challenges and much more for you to have a go at. The event is open to anyone aged 7 to 16. Young people will be placed in teams of 6 from their parish or a nearby parish. The £8 contribution includes a BBQ and drinks. To book: [click here](#) or contact Saskia for further information: youth@prcdtr.org.uk

Diocesan Youth Events newsletter: [follow this link](#)

Saturday 23 September Youth Rally at St Rita's, Honiton.

The Mossy Carpet

Creative workshops for those wishing to consider how we can collaborate with nature for a brighter greener future. Art and Energy working with the Diocese of Exeter for the British Science Festival. On Friday 8 September: 11.00am – 1.00pm 2.30–4.30pm and 5.50 – 7.30pm. All workshops will take place at The Old Deanery, Exeter. These 2 hour workshops are for anyone who is curious and are suitable for all ages and abilities. Come along to the Old Deanery in Exeter and you will be introduced to mosses and the vital role they play, burying carbon underground, purifying air, reducing flooding and increasing biodiversity. We will explore the biblical perspectives on creation care and why we need to act on climate.

Further details about how to find the Old Deanery and parking can be [found here](#)

Franciscan at Home faith workshops

Would you like to spend an hour a week online, sharing insights on the gift of Baptism, or exploring 'what it means to be a disciple of our Eucharistic Lord'? These *Franciscan at Home* workshops centre on topics which are important to all of us and all are welcome. Join us in an online group, Mondays at 7.30 pm, Wednesdays at 7.00 pm, or both; beginning on September 11, to pray, listen and reflect.

More workshops are available in Truro on Thursdays (online) and Sclerder Abbey on Wednesdays (live meeting). For a link or further information contact deborah.vankroonenburg@prcdtr.org.uk

Exeter Foodbank News

Priority items required: pasta sauce, tinned fruit, tinned meat, tinned vegetarian meals, noodle snacks, fruit squash, shampoo and deodorant. Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets.

[Click here for more information.](#)

FORMING IN FAITH

Preparing for Baptism

We are now taking bookings for the October sessions.

Are you expecting a baby and/or looking to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into our parish family. Sessions run over two consecutive Saturday mornings from 10.15-12.00 on Zoom. Dates: **14 & 21 October**. Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link below to register. If you have any problems accessing this, please contact Lesley in the parish office on 01392 274724 or at exeter-heavitree@prcdtr.org.uk [Baptism Enquiry form](#)

GIFT Youth & Socials News

Friday 15 September

GIFT Youth is throwing a Welcome Party in the St Richard Reynolds Centre from 7.30- 9.30pm for new year 7's. Come along to make new friends and meet old ones. All GIFT Youth members, regardless of age are welcome to come along.

Sunday 24 September

GIFT Youth are beginning to organise teams for the outrageously fun Youth Rally being held at St Rita's. Do get in touch if you'd like to join in the fun.

Friday 17 November

Calling all parishioners: come along to a Bingo and Talent Show at St Nicholas School from 7.30 – 9.30pm which is being organised by our youth to help raise funds for GIFT Youth activities and CAFOD. Tickets will be on sale in the autumn. *For further information regarding any of the above, get in touch with Maria:* exeter-pastoral-assistant@prcdtr.org.uk

GIFT for families

GIFT is offered to all primary and secondary aged families and supports them to live and grow as Catholic Christians. GIFT meets monthly to worship together and learn about our Catholic faith. GIFT also enables parents to prepare their children to receive the sacraments. [Click here to register for GIFT.](#)

Next GIFT Meeting: **Saturday 9 September at the Sacred Heart Church beginning with the parish Mass at 10.00am and ending our GIFT activities at 12.00pm**

Dipping into the Catechism [Click here for September sheets](#)

Forming in Faith

When was the last time you learnt anything about your faith? When did you last have the opportunity to ask questions and to discuss the Church, what we believe and why we believe it? Forming in Faith is for you. Meetings are informal but informative, challenging but often great fun. Come and join us.

Please note: we are not meeting during August and will recommence on **Monday 11 September** in the Lower Room at Sacred Heart at 10.30am and **Tuesday 12 September** at the Richard Reynolds Centre at Blessed Sacrament at 7.00pm.

Thinking of becoming a Catholic?

If you are thinking of joining the Church or would simply like to know more about it, then you are welcome to join us. We will meet next on **Thursday 14 September** at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don't need to do anything to prepare. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life! Please join us, we look forward to welcoming you.

Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can to explore the riches of the scriptures. You will be most welcome.

Our next session will be on **Wednesday 6 September**.

LOOKING AHEAD

Events to look forward to at **Sacred Heart**

Sunday 10 September – Farewell to Fr Anil in the Lower room after 9.15am Mass

Saturday 30 September – Craft Fair in the Lower & Upper rooms.

Saturday 14 October – Rosary making Workshop in the Lower room.

Thursday 2 November – Advent Wreath Workshop in the Lower room.

...and at **Blessed Sacrament**

Sunday 3 September – Mission Appeal on behalf of the Society of St Columba.

PRAYER & LITURGY

We commend to the Lord...

Pauline Leaworthy, Stuart McFadyen and Daniel Docherty who have died recently.

Dan's funeral will take place at the Blessed Sacrament Church on Tuesday 12

September at 11.00am. May they rest in peace and rise in glory and may their families find consolation and peace.

We pray for...

...our schools, colleges and university as they prepare for the autumn term.

...those who will be starting new academic courses and ventures.

...all who are unemployed.

...the terminally ill and for those who accompany them.

...all who generously minister in our parish communities.

...those preparing to receive the Sacraments.

...our catechists and all who help to form others in their faith.

Pope's September Prayer Intention

We pray for those persons living on the margins of society, in inhumane life conditions; may they not be overlooked by institutions and never considered of lesser importance. See also <https://thepopevideo.org/>

Adoration & Taizé Prayer

Wednesday 6 September at Sacred Heart at 7.00pm.

Thursday 14 September at Blessed Sacrament at 7.00pm.

Come and join the Lord in this time of prayer. *"The Almighty has done great things for me; holy is his name."* – Magnificat antiphon Evening Prayer

THE WORD

Sunday 3 September 22nd Sunday in Ordinary Time

First Reading: Jeremiah 20:7-9 *The word of the Lord has meant insult for me.*

Psalm Response: For you my soul is thirsting, O Lord my God.

Second Reading: Romans 12:1-2 *Offer your bodies as a living sacrifice.*

Gospel: Matthew 16:21-27

If anyone wants to be a follower of mine, let him renounce himself.

Sunday 10 September 23rd Sunday in Ordinary Time

First Reading: Ezekiel 33:7-9

If you do not speak to the wicked man, I will hold you responsible for his death.

Psalm Response:

O that today you would listen to his voice! Harden not your hearts.

Second Reading: Romans 13:8-10

Love is the answer to every one of the commandments.

Gospel: Matthew 18:15-20 *If he listens to you, you have won back your brother*

CONTACT US

Sacred Heart

25 South Street, Exeter EX1 1EB
01392 642389

exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Petroc Cobb 01392 642388

Assistant Priests

Fr Albert Lawes 01392 642378

Fr Anil Gundabathina 01392 642386

Deacons

Brian Bargent

Delian Bower

Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

Office Hours 9.00am–12.00pm &
1.00pm–4.00pm Tuesday–Friday

Gift Aid enquiries: exeter-sacredheart-giftaid@prcdtr.org.uk

Blessed Sacrament

29 Fore Street, Heavitree,
Exeter EX1 2QJ
01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Secretary

Lesley Hooper

Office hours Tuesday, Wednesday,
Thursday 10.00am–4.00pm

Gift Aid enquiries:
exeter-heavitree@prcdtr.org.uk

Parish School

St Nicholas Catholic Primary School
Ringswell Avenue, Exeter EX1 3EG
01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher

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Blessed Sacrament

Lesley Hooper

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Maria Edwards

07870 696530

Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

Catholic Exeter is part of the Roman
Catholic Diocese of Plymouth.