



Parishes of Sacred Heart, Blessed Sacrament and Holy Cross

15 October 2023 Twenty Eighth Sunday in Ordinary Time. Year A. *Psalter Week 4*



Blessed are those called to the Supper of the Lamb

Whenever we assemble for Mass, we assemble as participants in the Supper of the Lamb. Although we would be forgiven for thinking that this is a reference to the Last Supper, it is in fact referring to the Wedding Feast of Jesus the Bridegroom to the Church, His Bride. This feast is the culmination of God's salvation, the, 'banquet of rich food, a banquet of fine wines', for no

food or wine is richer or finer than Jesus's gift in Holy Communion.

It is the moment when we can say, 'See, this is our God in whom we hoped for salvation.' Heaven is truly the great wedding banquet. At Mass we have been invited to participate in this nuptial feast. Although unseen by us, we are joined by the choirs of angels singing, the countless hosts of saints praising, the entire Church throughout time and space rejoicing, as we are joined to Christ, the Lamb of God, just as a bride and groom are joined on their wedding day. When we realise this, we understand the words of the priest, 'Blessed are those who are called to the Supper of the Lamb.'

Fr Albert

MASS TIMES BLESSED SACRAMENT



Sunday 15 October – Twenty Eighth Sunday in Ordinary Time

Prisoners Sunday

8.45am *People of the Parish*

10.45am *Those preparing for confirmation*

Presentation of Confirmation Candidates

Followed by refreshments in St Richard Reynolds Centre

6.00pm *The Tapp Family*

Tuesday 17 October – St Ignatius of Antioch, Bishop & Martyr

6.30pm *In Thanksgiving*

Wednesday 18 October – St Luke - Evangelist

9.30am *Margaret Parker RIP (Anniversary) & John Mussel RIP*

Followed by refreshments in St Richard Reynolds Centre

Thursday 19 October

9.30am *Nkechi Angela Mbamali RIP*

7.00pm Adoration of the Blessed Sacrament with Stronghold

Friday 20 October

11.00am Funeral Mass John Vick RIP

6.30pm No Mass

Saturday 21 October

9.30am *John Hickey Power & Beatrice Power RIP*

Sunday 22 October – Twenty Ninth Sunday in Ordinary Time

World Mission Day

8.45am *For peace in the Middle East*

10.45am *For the repose of the soul of Isabelle Charpenay*

Followed by refreshments in St Richard Reynolds Centre

6.00pm *People of the Parish*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass

To access the YouTube stream please [click here](#).

MASS TIMES SACRED HEART



Sunday 15 October – Twenty Eighth Sunday in Ordinary Time

- 5.30pm (Sat) *Alexandra Green*
9.15am Mass with Liturgy of the Word for children
People of the Parish
Followed by refreshments in the Lower Room
11.15am *Helen Egan*
1.15pm Mass in Polish
5.30-6.00pm Adoration of the Blessed Sacrament & Benediction

Monday 16 October – St Margaret Mary Alacoque

- 10.00am *Requiem Mass Chris Lee RIP*

Tuesday 17 October – St Ignatius of Antioch Bishop & Martyr

- 10.00am *Marco Brown*
5.30-6.00pm Adoration of the Blessed Sacrament & Benediction

Wednesday 18 October – St Luke - Evangelist

- 10.00am *NO Mass*
NO SVP Chatter Café in the Lower Room

Thursday 19 October

- 6.30pm Adoration of the Blessed Sacrament & Benediction
7.00pm *Richard Rohalcin*

Friday 20 October

- 10.00am *Hilda Micallef RIP*
2.00pm Funeral Mass Fr Harry Doyle

Saturday 21 October – Blessed Virgin Mary

- 10.00am *Private Intention*
Followed by CWL refreshments in the Lower Room

Sunday 22 October – Twenty Ninth Sunday in Ordinary Time

- 5.30pm (Sat) *For a Good Harvest*
9.15am Mass with Liturgy of the Word for children in the Upper Room
People of the Parish
Followed by refreshments in the Lower Room
11.15am *Ursula Umbariba de Sanchez RIP*
1.15pm Mass in Polish
5.30-6.00pm Adoration of the Blessed Sacrament & Benediction

Confessions Saturday after 10am Mass and 4-5pm, and on reasonable request.

The Church is open for private prayer from 9.00am until 6.00pm each day.

MASS TIMES HOLY CROSS, TOPSHAM

Sunday 15 October – Twenty Eighth Sunday in Ordinary Time

11.00am *People of the Parish*

Thursday 19 October

10.00am *Mgr Harry Doyle RIP*

Sunday 22 October – Twenty Ninth Sunday in Ordinary Time

11.00am *People of the Parish*

EXETER NEWS & EVENTS

Prisoners Sunday

There will be talks at all Masses at **Blessed Sacrament this Sunday 15 October** and a retiring collection will be taken after all Masses. [Follow this link to make a donation](#) or use the QR code on the leaflet in the church porch. Gift aid envelopes are also available in the church porch.

Chris Lee Funeral Arrangements

Chris's Requiem Mass will take place at Sacred Heart at 10.00am on **Monday 16 October**. The reception will be at The Hall, Stepcote Hill, Exeter EX1 1BD. The family have requested everyone to wear bright colours.

World Mission Sunday

'Hearts on fire, feet on the move'.

Next Sunday, 22 October, is World Mission Sunday when the Holy Father invites all Catholics to contribute to a special collection for Missio, his charity for world missions. Please support Missio in helping missionaries to work alongside communities throughout the world that are poor or in need, regardless of their background or belief. Join in on this special day that unites Catholics all over the world in prayer and celebration of our Church's mission to share God's love with all people. There will be collections at all Masses next weekend and Gift Aid envelopes are available. Or visit Missio's website missio.org.uk to give online.

Catholic Women's League

The next meeting of the CWL will be on Tuesday 17 October at 2.00pm in the Parish Room, Sacred Heart, South Street. There will be a talk by the Director of Exeter Community Initiative. Non-members will be very welcome.

St Nick's News

Our Year 6 children had a fantastic day trip last week. They had a 'mammoth' amount of fun in Plymouth, starting at The Box they picked different art pieces we liked, saw the scientific importance of the Devon coastline, met a full-size replica of a woolly mammoth and saw real life specimens and fossils including one of a hippopotamus found just outside Exeter! They then had front row seats to see 'The House with Chicken Legs' at the Theatre Royal which was a fantastic show with puppets, songs and a walking house!

Planning is taking place for a Year 5 trip to the Houses of Parliament after Christmas and Year 3/4 residentials on Dartmoor in March! We are always so proud of the way our pupils conduct themselves when 'out and about'. They are a credit to the school.

Thursday Lunch Club at Blessed Sacrament

Our club is now entering its 15th year and continues with around 35 members who meet to enjoy lunch and time together every fortnight. However, our loyal band of helpers is in urgent need of some new volunteers to help set up at the St Richard Reynolds Centre, serve lunch and then help clear up afterwards. You don't have to do any cooking as the meals are provided. The rota is such that your turn is probably only one in three lunches and there is also an opportunity to go on occasional outings. If you think you could help or would like more information please give Di Bish a call on 07940 142124 or email her at clydebish@hotmail.com. Thank you.

Sacred Heart Book Club

The next meeting of the Sacred Heart Church Book Club will be on Thursday 19 October at 7.30pm, after evening Mass. The book that we will be discussing is "The Garden of Evening Mists" by Tan Twan Eng. If you would like to join us please contact Phil Smallwood pmsmallwood@hotmail.com, or Martin Overy mkovery@gmail.com, or just turn up on the day.

Advent Wreath Workshop at Sacred Heart

There will be a mini wreath making workshop after Mass on Saturday 25 November, in the Lower Room at Sacred Heart. The cost will be £10.00 per wreath. This will be a wonderful, reflective start to the advent period. More information to follow. We need to know how many people will attend so as to order supplies. Please can you phone Coral on 01392 642389.

Bed for sale

A single rise and recline bed for £300. Please contact Coral in the Sacred Heart parish office on 01392 64238 for more information if you are interested.

Accommodation urgently required

A couple are urgently seeking accommodation in Exeter. At this time it is for a short term let of 1-3 months but will be required from the beginning of December. If you can help in any way please contact the Blessed Sacrament parish office. Thank you.

Exeter University STAR Society

Last year the STAR Society were incredibly grateful for the generous support from our parishes in their clothing drive for refugees and greatly appreciated our involvement. This year they are once again seeking assistance from community partners to collect clothing for refugees. They will be responsible for collecting the clothing, which will then be forwarded to the Refugee Aid from Taunton charity (RAFT). Their committee and volunteers will carefully organise and sort the donated clothes in Taunton. RAFT will subsequently distribute the clothes to reputable charities and refugee camps, accepting all kinds of clothing, ranging from children's to adult apparel. If you can help please bring any donations of clean, good clothing to the Blessed Sacrament parish office by 31 October for their collection.

Exeter Foodbank News

This month's priority items required: Tins of meat, tins of vegetables, small jars of coffee, small boxes of tea bags, custard / rice pudding, tinned fruit, tinned vegetarian meals, jams and spreads, squash, biscuits, noodle & pasta snacks, sugar, toiletries (shower gel, toothpaste, deodorant, shampoo etc). Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets.

[Click here for more information.](#)

WIDER NEWS & EVENTS



CAFOD News

CAFOD would like to invite you to an online event on **Saturday 18 November 10.30am - 2.30pm** to link up live with some of our overseas partners and discuss how, rooted in

faith, we can fight for a better world. [Register here](#)

From climate change to the global food crisis, the world is currently facing numerous challenges that stand in the way of each person reaching their full potential. By putting our faith into action, and raising our voices together, we can bring actual change. So we need you! At this online event you can:

- Hear from CAFOD's partners in Bolivia on how Pope Francis' teaching inspires their work with indigenous communities
- Look ahead to the upcoming UN COP28 climate talks in the United Arab Emirates, and discuss what urgent outcomes we need

- Find out what happened when we took our Fix the Food System campaign to the World Bank meetings in Morocco
- Learn about our plans for working with the Catholic Community during next year's General Election
- Be inspired to be one of many CAFOD campaigners across the country!

We hope to see you. Please join for just some of the event if you can't stay all day.

Diocese of Plymouth Newsletter

The diocese is publishing a regular newsletter with items of interest from across the diocese as well as further afield. The first newsletter can be read by [clicking this link](#).

Youth Residential – Social Justice

Will you be in Year 8, 9, 10 or 11 this October? Do you fancy the opportunity to meet with refugees and those seeking asylum in our diocese? This is a chance to reflect on God's call for us to respond to the needs of others.

20-22 October at St Rita's, Honiton. Contact Saskia at youth@prcdtr.org.uk

Synodal Newsletter September 2023: [Read it here](#).

Caritas September Newsletter: [Read it here](#).

FORMING IN FAITH

Thinking of becoming a Catholic?

Please join us. The next meeting we will be on **Thursday 26 October** at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don't need to do anything to prepare. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life! Please join us. You will be very welcome.

Are your prayers unanswered?

Join us in exploring the hardest and most personal questions we all ask about prayer as we journey through the Prayer Course II: 'Unanswered Prayer'. Meet fortnightly on **Monday 23 October** in Sacred Heart Lower Room after 10.00am Mass or on **Tuesday 24 October** in the St Richard Reynolds Centre after 6.30pm Mass.

Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can to explore the riches of the scriptures. You will be most welcome.

Dipping into the Catechism [For October sheets click here](#)



GIFT Youth & Socials News

The next Gift Youth Social will be on **Friday 20 October** at St Nicholas School from 7.30 to 9.30pm. If you have signed up for Gift Youth details of the next session will be sent out to you. We ask that the parent of any young person **MUST** have registered/re-registered them using the NEW form [use this link](#) before they come along to future Gift Youth Socials and Gift Youth Saturdays. This ensures the safety of the young people.

Bingo & Talent Show Friday 17 November

Calling all parishioners: come along to a Bingo and Talent Show at St Nicholas School from 7.30 – 9.30pm which is being organised by our youth to help raise funds for GIFT Youth activities and CAFOD. Tickets will be on sale soon. *For more info get in touch with Maria:* exeter-pastoral-assistant@prcdtr.org.uk



GIFT for families

GIFT is offered to all primary and secondary aged families and supports them to live and grow as Catholic Christians. GIFT meets monthly to worship together and learn about our Catholic faith. GIFT also enables parents to prepare their children to receive the sacraments of Reconciliation, Holy Communion and Confirmation.

[Click here to register for GIFT.](#)

Next GIFT Meeting **Saturday 4 November at 9.45am** at St Nicholas School, Ringswell Avenue, Exeter EX1 3EG.

PRAYER & LITURGY

Worship Thursdays at Blessed Sacrament

Adoration of the Blessed Sacrament each Thursday 7.00-8.00pm

Adoration with Taizé 2nd Thursday of each month: 9 November, 14 December.

Adoration with Stronghold Praise & Worship Third Thursday of each month: 19 October, 16 November, 21 December.

Praying the Rosary at Blessed Sacrament

Join us on the second and fourth Wednesdays of October, November and December after the 9.30am Mass in the church. We'd love to see you.

We commend to the Lord...

Chris Lee, John Vick and Jonathan Bower who have died recently. May they rest in peace and rise in glory and may their families find consolation and peace.

Praying for our Confirmation Candidates.

We are delighted to welcome at Masses this morning those who will receive the Sacrament of Confirmation on 10 November. They will be asked if they wish to receive the sacrament, and the community will be asked to pray for them as they complete their preparation.

Pope's October Prayer Intention

For the Synod We pray for the Church, that she may adopt listening and dialogue as a lifestyle at every level and allow herself to be guided by the Holy Spirit towards the peripheries of the world. See also [The Pope Video](#)



Pray for a synodal Church.

The Synod on Synodality has begun. Please pray for all who will participate; may they open their hearts and minds to the will of the Holy Spirit's for the Church. To find out more about the Synod and to read the documents which have been produced nationally and internationally visit the Catholic Bishops Conference website by [following this link](#).

THE WORD

Sunday 15 October 28th Sunday in Ordinary Time

First Reading Isaiah 25:6-10

The Lord will prepare a banquet, and will wipe away the tears from every cheek.

Psalm Response: In the Lord's own house shall I dwell for ever and ever.

Second Reading Philippians 4:12-14.19-20

There is nothing I cannot master with the help of the One who gives me strength.

Gospel Matthew 22:1-14

Invite everyone to the wedding.

Sunday 22 October 29th Sunday in Ordinary Time

First Reading Isaiah 45:1.4-6

I have taken Cyrus by his right hand to subdue nations before him.

Psalm Response: Give the Lord glory and power

Second Reading Thessalonians 1:1-5

We constantly remember your faith, your love and your hope.

Gospel Matthew 22:15-21

Give back to Caesar what belongs to Caesar – and to God what belongs to God.

CONTACT US

Sacred Heart

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exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Petroc Cobb 01392 642388

Assistant Priests

Fr Albert Lawes 01392 642378

Deacons

Brian Bargent

Delian Bower

Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

*Office Hours 9.00am–12.00pm &
1.00pm–4.00pm Tuesday–Friday*

Gift Aid enquiries: exeter-sacredheart-giftaid@prcdtr.org.uk

Blessed Sacrament

29 Fore Street, Heavitree,
Exeter EX1 2QJ
01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Secretary

Lesley Hooper

*Office hours Tuesday, Wednesday,
Thursday 10.00am–4.00pm*

Gift Aid enquiries:
exeter-heavitree@prcdtr.org.uk

Parish School

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01392 445403

admin@stnics.uk

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Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

*Catholic Exeter is part of the Roman
Catholic Diocese of Plymouth.*