

# CATHOLIC EXETER



**Parishes of Sacred Heart, Blessed Sacrament, and Holy Cross**  
**29 October 2023** Thirtieth Sunday in Ordinary Time. Year A. Psalter Week 2

## Love the Lord your God, and your neighbour as yourself



Jesus proclaims that the greatest commandment is, 'You must love the Lord your God with all your heart, with all your soul, and with all your mind.' This is not a commandment to feel gooey about God all the time. When he speaks about the heart, Jesus is talking about your ability to make decisions. When he speaks about the soul, he is talking about the gift of life within you. When he speaks about the mind, Jesus is talking about your ability to think.

So, the commandment is to love God in everything, in the choices you make, in the way you live your life, and in the thoughts you think. We love God by loving to choose what he loves, loving his way to live, loving to think as he thinks. This commandment can only be fulfilled if the second greatest is also practiced. For what God loves is that we love our neighbour as if they were ourselves. *Fr Albert.*

# MASS TIMES BLESSED SACRAMENT



## **Sunday 29 October – Thirtieth Sunday in Ordinary Time**

8.45am *Lutgaarde Boesman RIP*  
10.45am *The Irvine family*  
Followed by refreshments in St Richard Reynolds Centre  
6.00pm *People of the Parish*

## **Tuesday 31 October**

6.30pm *Peter McDonagh RIP (25<sup>th</sup> anniversary)*  
& all deceased members of the McDonagh family

## **Wednesday 1 November – All Saints - Holy Day of Obligation**

9.30am *For the repose of the souls of Jim & Doreen Bradley RIP*  
Followed by refreshments in St Richard Reynolds Centre  
7.00pm *Jonathan Bower RIP*

## **Thursday 2 November – The Commemoration of all the Faithful Departed (All Souls' Day)**

9.30am *Special Intention*  
7.00pm Adoration of the Blessed Sacrament

## **Friday 3 November**

6.30pm *Fred Morgan RIP*

## **Saturday 4 November – St Charles Borromeo, Bishop**

9.30am *All Souls*

## **Sunday 5 November – Thirty First Sunday in Ordinary Time**

8.45am *Special Intention*  
10.45am *People of the Parish*  
Followed by refreshments in St Richard Reynolds Centre  
3.00pm Blessing of Graves at Higher Cemetery  
3.00pm Syro Malabar Mass  
6.00pm *Peace in the Middle East & Ukraine*

## **Confessions**

Saturdays after 9.30am Mass and on reasonable request.

## **Liturgy of the Word for Children**

During term time at 10.45am Mass on Sunday.

## **Live stream Mass**

To access the YouTube stream please [click here](#).

# MASS TIMES SACRED HEART



## **Sunday 29 October – Thirtieth Sunday in Ordinary Time**

- 5.30pm (Sat) *People of the Parish*  
9.15am *Jacek Lapinski* (Mass with Liturgy of the Word for Children)  
Followed by refreshments in the Lower Room  
11.15am *Msgr Harry Doyle RIP*  
Followed by International Café in Lower Room  
1.15pm Mass in Polish  
5.30-6.00pm Adoration of the Blessed Sacrament & Benediction

## **Monday 30 October**

- 10.00am *Stephen Mitchell RIP*

## **Tuesday 31 October**

- 10.00am *Alexandra Green*  
Followed by refreshments in the Lower Room  
5.30-6.00pm Adoration of the Blessed Sacrament & Benediction

## **Wednesday 1 November – All Saints - Holy Day of Obligation**

- 10.00am *Biju Varghese RIP*  
Followed by SVP Chatter Café in the Lower Room  
7.00pm *Brendan Green*

## **Thursday 2 November – The Commemoration of all the Faithful Departed (All Souls' Day)**

- 10.00am *All Souls*  
2.00pm *Funeral of Dr Adrian Renouf RIP*  
6.30pm Adoration of the Blessed Sacrament & Benediction  
7.00pm *Fr Kieran Kirby RIP*

## **Friday 3 November – St Winefride, Virgin**

- 10.00am *Deceased members of "Friends of the Suffering Souls"*

## **Saturday 4 November – St Charles Borromeo, Bishop**

- 10.00am *Catholic Women's League*  
Followed by CWL refreshments in the Lower Room

## **Sunday 5 November – Thirty First Sunday in Ordinary Time**

- 5.30pm (Sat) *Most Abandoned Souls in Purgatory*  
9.15am *Msgr. Harry Doyle RIP* (Mass with Liturgy of the Word for Children)  
Followed by refreshments in the Lower Room  
11.15am *People of the Parish*  
1.15pm Mass in Polish  
5.30-6.00pm Adoration of the Blessed Sacrament & Benediction

**Confessions** Saturday after 10am Mass and 4-5pm, and on request.

**The Church is open** for private prayer from 9.00am until 6.00pm each day.

# MASS TIMES HOLY CROSS, TOPSHAM

## **Sunday 29 October – Thirtieth Sunday in Ordinary Time**

11.00am *People of the Parish*

## **Wednesday 1 November – All Saints**

10.00am

## **Thursday 2 November – All Souls**

10.00am

## **Sunday 5 November Thirty First Sunday in Ordinary Time**

11.00am *People of the Parish*

## EXETER NEWS & EVENTS

### Confirmation

On **Friday 10 November** 20 young people and 4 adults of the Exeter parishes will be confirmed by Fr Jonathan and Fr Petroc at Blessed Sacrament. The Mass will be at the slightly later time of **7.00pm** that evening.

### Calling all Parishioners - GIFT Youth Fundraiser

Come to our first GIFT Youth Bingo and Talent Show Night on **Friday 17 November** being hosted at St Nicholas Catholic Primary School from **7.30-9.00pm**. Family tickets cost £5. We are raising money for our GIFT Youth Social Fund which supports youth activities, and a charity of their choice. Tickets will also be available on the door.

### Advent Fair

There will be an Advent Fair at Blessed Sacrament Church on **Saturday 18 November from 11.00am to 2.00pm**. We will be selling handmade crafts, gifts, cards and Christmas decorations. There will also be refreshments, local honey and sweet treats. Come along and support our crafters and makers. All proceeds for CAFOD. CAFOD is the official aid agency of the Catholic Church in England and Wales and part of Caritas International. <https://cafod.org.uk/>

### Blessing of Graves

Praying for the dead is one of the most important things we do as Christians. Join us at Exeter Higher Cemetery (the Hamlin Lane entrance) on **Sunday 5 November at 3.00pm** to visit the graves of our loved ones. Even if they are buried far away come and join in this act of remembrance.

## Gift of Remembered Love

On **Friday 24 November at 7.00pm** at Blessed Sacrament Church you are invited to join us to remember all those we have loved and lost. This collective act of thanksgiving will include readings, prayers, songs and reflections to help us remember and to give thanks for their lives. All welcome. Please invite anyone you know, family or friends who you think may like to come. This will be followed by refreshments in the St Richard Reynolds Centre

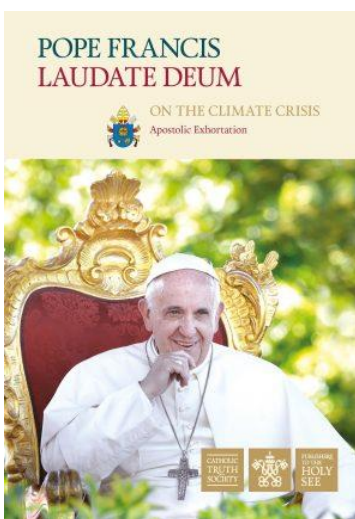
## Final words on Fr Harry

Dear friends of Father Harry,

A final update and thank you from me. Harry's family were astounded by the numbers at his requiem in South Street and immensely cheered by the stories of affection and warmth they heard from many people. We, his people in England, ultimately saw much more of him than they did and knew him better in his priestly role. The tributes were a great comfort to them, and the singing really wowed them.

We travelled back together to Ireland by ferry where Father Harry rested for one last time in the family home before his final funeral mass and burial which was attended by a couple of his fellow seminarians as well as many secondary school classmates, friends, and neighbours. He was laid to rest with his parents. Canon Mark O Keeffe travelled over and read a lovely message from the Diocese of Plymouth.

Harry would have been very embarrassed by it all, but it said much about the way he lived his ministry. Sadly, even he couldn't do anything about the Ireland / All Blacks result!! Thank you all so much for your prayers and practical support. The flowers, readers and welcomers were amazing. It has meant a lot. Thank you, Fathers Petroc, Albert, and Jonathan for keeping me afloat. *Fiona Hutchings*



## Pope Francis - Laudate Deum

Pope Francis has issued a new Apostolic Exhortation, Laudate Deum on the climate crisis.

The Pope says that "It is not enough to think only of balances of power but also the need to provide a response to new problems and to react with global mechanisms to the environmental, public health, cultural and social challenges, especially in order to consolidate respect for the most elementary human rights, social rights and the protection of our common home. It is a matter of establishing global and effective rules that can permit "providing for" this global safeguarding." (Laudate Deum 42)

Copies are available from the Blessed Sacrament Parish Office price £4.95.

# Sacred Heart International Mass

It is that time of the year again! We are organising the 2024 International Mass. Please join us at the planning meeting on **7 November at 7.00pm** in the Lower Room at Sacred Heart. Please contact Vivianne Anderson on [hot-ma@hotmail.com](mailto:hot-ma@hotmail.com) to confirm.



## November

The Deacons of the parish are growing moustaches this November to raise money and awareness of prostate cancer. Any men across Catholic Exeter are invited to join them. Please show your support by sponsoring them on the list at the back of the church.

*(Photo reproduced with the kind permission of Deacon Kelvin)*

## “Never Say Dy”

The Sacred Heart Arts Group is in rehearsal of their latest Murder Mystery play, “Never Say Dy”. Performance dates: 1, 2 & 3 December. More details to follow shortly, however you can contact a member of the Arts Group on [maureenspeller@hotmail.com](mailto:maureenspeller@hotmail.com).

## Advent Retreat Day

“Prepare A Way For The Lord” Faith And Works led by Deacon Nick Johnson. On **Saturday 9 December** at St Rita’s Centre, Honiton. The day will begin with coffee/tea on arrival at 9.30am. The first talk will start at 10.15am. Adoration in silence (with opportunity for Confession) will be at 11.15pm. The second talk will be at 12.10pm. Lunch will be served at 1.00pm. The third talk will start at 2.10pm. Mass at 3.15pm. The charge for the day, including lunch, is just £25.00. Booking can be made by phone, email or online ([www.stritascentre.org/events](http://www.stritascentre.org/events)) Payment can be made on the day.

## Thursday Lunch Club at Blessed Sacrament

Our club is now entering its 15th year and continues with around 35 members who meet to enjoy lunch and time together every fortnight. However, our loyal band of helpers is in urgent need of some new volunteers to help set up at the St Richard Reynolds Centre, serve lunch and then help clear up afterwards. You don't have to do any cooking as the meals are provided. The rota is such that your turn is probably only one in three lunches and there is also an opportunity to go on occasional outings. If you think you could help or would like more information please give Di Bish a call on 07940 142124 or email her at [clydebish@hotmail.com](mailto:clydebish@hotmail.com). Thank you.



## Exeter Night Fever

On **Thursday 30 November** we will open wide our doors and invite our local community to be touched by the love and beauty that we encounter through our faith. We will invite passersby into Sacred Heart Church to light a candle as a symbol of their concerns and thoughts.

We need your help to welcome people into the church and to pray for them and their intentions. This is an event every parishioner, young and old can help with and we really need your help!

We will begin with Mass at 6.00pm followed by Exposition and concluding with Night Prayer at 9.15pm. Please, please, join us for as much of this time as you can offer. No need to sign up, just turn up on the night. For more details please speak to members of the pastoral council/SLT or email [liztoy@hotmail.com](mailto:liztoy@hotmail.com)

## Exeter Foodbank News

**This month's priority items required:** Tins of meat, tins of vegetables, small jars of coffee, rice pudding, tinned fruit, jams and spreads, noodle & pasta snacks, Collection points are located at Sacred Heart & Blessed Sacrament churches, and in local supermarkets. [Click here for more information.](#)

## Exeter University STAR Society

There is still time to donate clothing for children and adults. The University STAR society will collect from the Blessed Sacrament and take all donations to RAFT – Refugee Aid from Taunton for distribution. Please bring your donations to the Blessed Sacrament parish office by **3 November**. Thank you

## Thinking of becoming a Catholic?

Please join us. The next meeting we will be on **Thursday 9 November** at 7.30pm in the Lower Room at Sacred Heart. Meetings are friendly and informal, and you don't need to do anything to prepare. Don't worry if you feel a bit daunted, this could be the first step towards a whole new life! Please join us. You will be very welcome.

## WIDER NEWS & EVENTS

### Diocese of Plymouth Newsletter

The diocese is publishing a regular newsletter with items of interest from across the diocese as well as further afield. [Here is the link to the latest newsletter](#)  
And here is [the link](#) if people would like to sign up to receive the next newsletter and weekly Advent reflections

# Vocations Newsletter

The Diocesan vocations team has recently launched a digital newsletter to keep enquirers and the parishes informed about our work, including our vocations events hosted throughout the Diocese. If you would like to find out more and read about some of the young men currently in formation in the Diocese, please subscribe to the mailing list by visiting <https://priesthoodplymouth.co.uk/>

## CAFOD News

We have some good news about our **Fix the Food System campaign!**

After thousands of CAFOD supporters wrote to both the UK government and the World Bank to show we are standing up for the rights of small farmers to freely use, save and share their seeds, they have started to listen.

Over 70,000 parishioners from 762 parishes have signed in solidarity a letter written by Salina, a small farmer from Bangladesh calling on the World Bank to protect farmers' seed rights.

We have just got back from the World Bank's annual meeting in Morocco where we delivered the letters directly into the hands of the Director on Global Food Practice.

[Watch the video](#)

And our campaign is working! Following our latest actions, the World Bank agreed to meet with CAFOD representatives in both London and Morocco and have started to look at the issue.

This is an important step forward in this campaign. But we know that big businesses will continue lobbying the World Bank to try to put profits before access to food.

Next year we will continue to strengthen international solidarity and build on what we've achieved this year.

### **Donate to the Israeli-Palestinian Crisis Appeal**

We have all been shocked and saddened by the images and stories in the media from Israel and Gaza. CAFOD has worked for many years in both Israel and the occupied Palestinian territory (oPt) with partners who are Christian, Jewish, Muslim and secular and we join Pope Francis' urgent call for peace and an end to violence. This terrible situation is tearing lives apart. Your donation today will allow CAFOD to provide urgent, practical help to families who need it as soon as it is safe to do so.

[You can donate here](#)

## Celebrate Advent and Christmas with St. Rita's Shop

We are delighted to present to you our exclusive Advent and Christmas catalogue and website, dedicated to enhancing your celebration with beautiful Catholic religious items. From Advent calendars and candles to Christmas cards, Nativities, and an enchanting selection of adult and children's books, St. Rita's Centre offers a world of treasures that will make your Advent and Christmas truly special. We invite you to visit our webpage for Advent and Christmas <https://stritascentre.shop/pages/advent-christmas>. Should you have any questions or need further assistance, please do not hesitate to contact us at [shop@stritascentre.org](mailto:shop@stritascentre.org) or call us at 01404 42635. Our dedicated team is here to provide you with the support you need.



Caritas September Newsletter: [Read it here](#)

Synodal Newsletter October 2023: [Read it here](#)

## Talkworks

It is important to check in with yourself and ask yourself how you are feeling.

If you feel stressed, anxious, are experiencing ongoing low mood, or are having difficulty sleeping, please do not feel that you need to go through this alone.

TALKWORKS is a free and confidential NHS Talking Therapies service, here to help adults across Devon (age 18+) who may be struggling.

TALKWORKS therapists can work with you, by providing a variety of tools and techniques, to help get you back on track, so that you can feel like yourself again.

Treatment and support include:

One-to-one sessions with a therapist (face-to-face, over the phone or by video call)

Interactive group courses and [wellbeing workshops](#)

[Online self-help](#) (accessible anytime of the day or night)

Live [text-based therapy](#) (scheduled with a Clinician between 6.00am – 11.00pm, 7days a week).

You do not need a referral from a GP to access TALKWORKS' services, however you do need to be registered to a GP surgery in Devon. You can refer yourself [online](#)

or over the phone. For more information on the different treatment options and therapy services, please visit the [TALKWORKS website](#) or call 0300 555 3344.

Leaflets are available in the Blessed Sacrament porch.

## Saying Goodbye Remembrance Service

A service will be held at St Andrew's Minster, Plymouth on **Saturday 18 November** at 11.00am.

**So who is the service for?** We know that as many as 1 in 4 women suffer miscarriage and baby loss. Anyone who has either personally lost a baby at any stage of pregnancy, at birth or in early years, or who has been affected by a family member or friends' loss. Whether the loss was recent or 80 years ago, everyone is welcome to attend. We have also extended the services, and gladly welcome anyone who is grieving the fact that they haven't had children. This may be due to circumstance, infertility or for other reasons - but all are welcome. Babies and children are also invited to come with their family, as the Saying Goodbye service is truly a family event for all. To read more on the charity, [click Here](#).

FORMING IN FAITH

Dipping into the Catechism [For October sheets click here](#)

## Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk). Come whenever you can to explore the riches of the scriptures. You will be most welcome.

## GIFT Youth & Socials News

The next Gift Youth Social will be on 17 November when they will be hosting a **Bingo & Talent Show Friday**.

### Calling all parishioners:

come along to a Bingo and Talent Show at St Nicholas School from 7.30 – 9.30pm which is being organised by our youth to help raise funds for GIFT Youth activities and CAFOD. *For more info get in touch with Maria:* [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk)

## GIFT for families



GIFT is offered to all primary and secondary aged families and supports them to live and grow as Catholic Christians. GIFT meets monthly to worship together and learn about our Catholic faith. GIFT also enables parents to prepare their children to receive the sacraments of Reconciliation, Holy Communion and Confirmation. [Click here to register for GIFT.](#)  
Next GIFT Meeting **Saturday 4 November at 9.45am** at St Nicholas School, Ringswell Avenue, Exeter EX1 3EG.

## Are your prayers unanswered?

Join us in exploring the hardest and most personal questions we all ask about prayer as we journey through the Prayer Course II: 'Unanswered Prayer'. Meet fortnightly on **Monday 6 November** in Sacred Heart Lower Room after 10.00am Mass or on **Tuesday 7 November** in the St Richard Reynolds Centre after 6.30pm Mass.

## PRAYER & LITURGY

### Adoration and Taize hour at Sacred Heart

Due to the Solemnity of All Saints on Wednesday 1 November, there will be **NO Adoration and Taizé this month**, November.

### Praying for our Confirmation Candidates

Please continue to pray for all those who will be receiving the Sacrament of Confirmation on 10 November.

## Worship Thursdays at Blessed Sacrament

Adoration of the Blessed Sacrament each Thursday 7.00-8.00pm

**Adoration with Taizé** 2nd Thursday of each month: 9 November, 14 December.

**Adoration with Stronghold Praise & Worship** Third Thursday of each month: 16 November, 21 December.

## Praying the Rosary at Blessed Sacrament

Join us on the second and fourth Wednesdays of October, November and December after the 9.30am Mass in the church. We'd love to see you.

## We commend to the Lord...

Bernard Castlehouse and Dr Adrian Renouf who have died recently. May they rest in peace and rise in glory and may their families find consolation and peace.

## Pray for a synodal Church.



Please pray for all who will participate; may they open their hearts and minds to the will of the Holy Spirit's for the Church. To find out more about the Synod and to read the documents which have been produced nationally and internationally visit the Catholic Bishops Conference website by [following this link](#). The October Synod

Newsletter is now available to read. [Please click on this link](#).

## Pope's October Prayer Intention

*For the Synod* We pray for the Church, that she may adopt listening and dialogue as a lifestyle at every level and allow herself to be guided by the Holy Spirit towards the peripheries of the world. See also [The Pope Video](#)

## Pray for Peace

Let us pray for peace in the Middle East and a cessation of hostilities. We remember especially those who have lost their lives in the current conflict, the injured and homeless and all who are bringing relief and support.

“Come, let us go up to the mountain of the Lord,  
to the temple of the God of Jacob.

He will teach us his ways,  
so that we may walk in his paths.”

The law will go out from Zion,  
the word of the Lord from Jerusalem.

He will judge between the nations  
and will settle disputes for many peoples.

They will beat their swords into plowshares  
and their spears into pruning hooks.

Nation will not take up sword against nation,  
nor will they train for war anymore. *Isaiah 2:2-4*

# THE WORD

## Sunday 29 October 30th Sunday in Ordinary Time

**First Reading** Exodus 22:20-26

*If you are harsh with the widow, the orphan, my anger will flare against you.*

**Psalm Response:** I love you, Lord, my strength

**Second Reading** Thessalonians 1:5-10

*You broke with idolatry and became servants of God; you are now waiting for his Son.*

**Gospel** Matthew 22:34-40

*You must love the Lord your God and your neighbour as yourself.*

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## Sunday 5 November 31st Sunday in Ordinary Time

**First Reading** Malachi 1:14-2:2.8-10

*You have strayed from the way, you have caused many to stumble by your teaching.*

**Psalm Response:** Keep my soul in peace before you, O Lord.

**Second Reading** Thessalonians 2:7-9.13

*We were eager to hand over to you not only the Good news but our lives as well.*

**Gospel** Matthew 23:1-12 *They do not practice what they preach.*

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## St Winifride

(Winifride, Winfred)

November 3

Very little is known about her except that she lived in the 6th or 7th century near Treffynon (Holywell) in Clwyd in Wales. Various miraculous stories are told about her, and her cult has been widespread since the Middle Ages. Its main centres were Shrewsbury, where her remains were enshrined in 1138, and the well at Holywell that sprang up where, according to one version of her life, she was beheaded and then restored to life by her uncle, St Beuno. The well has remained a place of healing and pilgrimage through the Reformation to the present day.

# CONTACT US

## Sacred Heart

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01392 642389

[exeter-sacredheart@prcdtr.org.uk](mailto:exeter-sacredheart@prcdtr.org.uk)

## Parish Priest

*Fr Petroc Cobb 01392 642388*

## Assistant Priests

*Fr Albert Lawes 01392 642378*

## Deacons

*Brian Bargent*

*Delian Bower*

*Kelvin Russell*

## Parish Secretary

*Coral Saunders-Mortier*

*Office Hours 9.00am–12.00pm &  
1.00pm–4.00pm Tuesday–Friday*

Gift Aid enquiries: [exeter-sacredheart-giftaid@prcdtr.org.uk](mailto:exeter-sacredheart-giftaid@prcdtr.org.uk)

## Blessed Sacrament

29 Fore Street, Heavitree,  
Exeter EX1 2QJ  
01392 274724

[exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

## Parish Priest

*Fr Jonathan Stewart*

## Priest in retirement

*Fr John Watkins*

## Parish Secretary

*Lesley Hooper*

*Office hours Tuesday, Wednesday,  
Thursday 10.00am–4.00pm*

Gift Aid enquiries:  
[exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

## Parish School

St Nicholas Catholic Primary School  
Ringswell Avenue, Exeter EX1 3EG  
01392 445403

[admin@stnics.uk](mailto:admin@stnics.uk)

[www.st-nicholas-exeter.devon.sch.uk](http://www.st-nicholas-exeter.devon.sch.uk)

## Executive Head Teacher

*Cathy Blatchford*

## Pastoral Assistant

*Maria Quinn*

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## Safeguarding

### Sacred Heart

*Andrew Blewett*

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*Maria Edwards*

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## Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

*Catholic Exeter is part of the Roman  
Catholic Diocese of Plymouth.*