

CATHOLIC EXETER



Parishes of Sacred Heart, Blessed Sacrament, and Holy Cross

19 November 2023 Thirty Third Sunday in Ordinary Time. Year A. *Psalter Week 1*



You have
been
faithful
in small
things;
come
and join
in your
master's
happiness

We must be very careful that the real point of today's first reading is not washed away in genuine concerns over what one can and cannot say about the responsibilities of wives. This is not, in fact, a recipe for 'the perfect wife', but an illustration, from one age, of the virtue of fully employing the talents God gives us. Some things are timeless, such as holding out a hand to the poor, while other talents shift and change. The point is that all of us are gifted in varying ways and degrees: none of us should begrudge anyone else their talents, for fear that we overlook our own. We work wisely and well, looking forward to the master's return, when we can hand over to him not just what he gave us, but also the fruits that our labours have gained. *Office for Liturgy Diocese of Salford*

MASS TIMES BLESSED SACRAMENT



Sunday 19 November – Thirty Third Sunday in Ordinary Time

World Day of the Poor

8.45am *Elisabetta Pagliarulo RIP*

10.45am *People of the Parish*

Followed by refreshments in St Richard Reynolds Centre

3.00pm *Syro Malabar Mass*

6.00pm *All Souls*

Tuesday 21 November – The Presentation of the Blessed Virgin Mary

6.30pm *In Thanksgiving*

Wednesday 22 November – St Cecilia, Virgin & Martyr

9.30am *Private Intention*

Followed by praying of the Rosary

Followed by refreshments in St Richard Reynolds Centre

Thursday 23 November

9.30am **NO Mass**

12.00pm *Clergy Requiem Mass at Plymouth Cathedral*

7.00pm *Adoration of the Blessed Sacrament*

Friday 24 November – St Andrew Dung-Lac Priest & Martyr & Companions

6.30pm

Saturday 25 November

9.30am *Dan Docherty RIP*

Sunday 26 November – Our Lord Jesus Christ, King of the Universe

Safeguarding Day/Youth Day – Young People

8.45am *People of the Parish*

10.45am *Young people of Catholic Exeter*

Followed by refreshments in St Richard Reynolds Centre

6.00pm *Sick & Housebound and all who care for them*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

Live stream Mass To access the YouTube stream please [click here](#).

MASS TIMES SACRED HEART



Sunday 19 November – Thirty Third Sunday in Ordinary Time

World Day of the Poor

- 5.30pm (Sat) *People of the Parish*
9.15am *Stefan Pylypiak RIP* - Mass with Liturgy of the Word for Children.
Followed by refreshments in the Lower Room
11.15am *All Souls*
1.15pm Mass in Polish
5.30-6.00pm Adoration of the Blessed Sacrament & Benediction

Monday 20 November

- 10.00am *Maria Manoussaka*

Tuesday 21 November – The Presentation of the Blessed Virgin Mary

- 10.00am *All Souls*
Followed by refreshments in the Lower Room
5.30-6.00pm Adoration of the Blessed Sacrament & Benediction

Wednesday 22 November – St Cecilia, Virgin & Martyr

- 10.00am *Fr Harry Doyle RIP*
Followed by SVP Chatter Café in the Lower Room

Thursday 23 November – St Columban, Abbott

- 6.30pm Adoration of the Blessed Sacrament & Benediction
7.00pm *All Souls*

Friday 24 November - St Andrew Dung-Lac Priest & Martyr & Companions

- 10.00am *All Souls*

Saturday 25 November - St Catherine of Alexandria, Virgin & Martyr

- 10.00am *Fr Kieran Kirby RIP*
Followed by CWL refreshments in the Lower Room

Sunday 26 November – Our Lord Jesus Christ, King of the Universe

Youth Day – Young People

- 5.30pm (Sat) *Biju Varghese*
9.15am *People of the Parish* - Mass with Liturgy of the Word for Children.
Followed by refreshments in the Lower Room
11.15am *Alexandra Green*
1.15pm Mass in Polish
5.30-6.00pm Adoration of the Blessed Sacrament & Benediction

Confessions Saturday after 10.00am Mass and 4.00-5.00pm, and on request.

The Church is open for private prayer from 9.00am until 6.00pm each day.

Live stream Mass To access the YouTube stream please [click here](#).

MASS TIMES HOLY CROSS, TOPSHAM

Sunday 19 November Thirty Third Sunday in Ordinary Time

11.00am

People of the Parish

Thursday 23 November

NO MASS

**Sunday 26 November Our Lord Jesus Christ, King of the Universe
Youth Day – Young People**

11.15am

People of the Parish

EXETER NEWS & EVENTS

Advent

Walk with Me – a Journey of Prayer for Advent booklets are available at Blessed Sacrament for a suggested donation of £1. Please put money in the wall box marked 'Books'. There are also **Advent Calendars** available for children which are free.

Advent gifts & cards at Bridge Books

Give a message of hope this Christmas. Bridge Books has a selection of Christian gifts, calendars and charity cards, all with Scripture. See an excellent selection in their shop or online www.bridgebookshop.co.uk. They are open 9.30am till 5.00pm Monday to Saturday at 3 Okehampton Street, Exeter, EX4 1DW. Go into the shop or browse their website. Email or phone for orders or helpful advice 01392 427171

Advent Retreats

Ignatian silent, individually guided retreats coming up in the Plymouth Diocese. Places still available at St Rita's Centre Honiton on these dates:

Nov 24 – 26 (Fri – Sun) Weekend Retreat

Nov 26 – 1 Dec (Mon – Fri) Midweek Retreat

Nov 24 – 1 Dec (Fri – Fri) 6-day retreat.

Cost includes full board & lodging. Recommended donation: Weekend Retreat £140; Midweek Retreat £240; 6 – day Retreat £450. Some of the cost could be offset for individuals who would like to go on a retreat but may have difficulties with the suggested donation. For a booking form please contact Plymouth Diocesan Ignatian Spirituality Group at diocesan-ignatian-retreats@prcdtr.org.uk or phone 01752 769164 or 07823 447637

ADVENT RETREAT

with the Sisters of Mary Morning Star

An opportunity for
young women
aged 18-35 years
to come and await
the birth of Christ
in the heart of a
Monastic community.



Experience the
Advent liturgy, silence, prayer, and lectio Divina
lived in joyful expectation with the Blessed Virgin.

8TH – 10TH DECEMBER 2023

AT THE CONVENT IN LYNTON, DEVON. EX35 6BS

To book or for more info contact the Sisters at srsmorningstar@gmail.com

Nearest train station: Tiverton Parkway

*Do not be afraid, Mary,
you have found favour with God. Luke 1*

Advent Retreat Day

“Prepare A Way for The Lord” Faith and Works led by Deacon Nick Johnson. On **Saturday 9 December** at St Rita’s Centre, Honiton. The charge for the day, including lunch, is £25.00. Booking can be made by phone, email or online at www.stritascentre.org/events Payment can be made on the day.



HOW YOU CAN HELP

Nominations

We ask you to nominate someone (individual or family), who does not have to be a parishioner, you think would benefit from a small gift this Christmas, someone who is struggling financially or who is lonely, sick or housebound. There are nomination forms at Blessed Sacrament. Please complete one and return it to the parish office

Donations of money

All donations can be placed in an envelope marked ‘Love Christmas’. And put in the collection basket when you come to Mass at Blessed Sacrament. If you have the parish bank details, you can donate this way. Please add ‘Love Christmas’ in the narrative box. Please contact the Parish Office if you have any questions.

NB: Last date for donations & nominations is 8 December.



Confirmation Congratulations...

to those who were received into the church and to all who were confirmed at Blessed Sacrament last Friday evening. It was a Holy Spirit filled occasion.

Catholic Women's League

The next meeting of the CWL will be held on Tuesday 21 November in the Parish Room South Street. Please bring money for the Epiphany Lunch £15 for two courses £20 for three. Please also bring items for the trade table and prizes for the raffle.

CAFOD News

Find all the latest Cafod news [by clicking here](#). Items include COP28 and news on the Israeli – Palestinian Crisis and ways how you can help with these and more issues. If you missed the Advent Sale yesterday there will be items for sale at the back of church at all Blessed Sacrament Masses this Sunday.

November

The Deacons of the parish are growing moustaches this November to raise money and awareness of prostate cancer. Any men across Catholic Exeter are invited to join them. Please show your support by sponsoring them on the list at the back of the church.

Exeter Waymakers Film Night

You are invited to join Exeter Waymakers for the screening of the classic film “What a Wonderful Life” on **Tuesday 5 December at 7.00pm, Lower Room, Sacred Heart Church, Exeter**. This 1946 film is one of the best Christmas films and tells the story of George Bailey (played by James Stewart) who receives a very special Christmas gift. Reserve your FREE ticket by email to: nsmallwood@doctors.net.uk. Christmas refreshments available and all donations towards resettling a refugee family in Exeter.

Blessed Sacrament – Parish in Council

Please save the date **Saturday 20 January**.

Gift of Remembered Love **Postponed till 19 January 2024**

More details will follow in the new year.

Vacancy in the Diocese of Plymouth

Parish Secretary for Blessed Sacrament Parish

The purpose of the role is to manage the administrative and secretarial support alongside the office resources to ensure the smooth running of the Parish and to enable the Parish Priest to carry out his diocesan responsibilities.

If you have excellent organisational skills and the ability to act as a key representative for the Diocese of Plymouth we would love to hear from you. The hours are 28 per week. Closing date for applications Monday 20 November. Interviews Wednesday 6 December. [More information and how to apply at this link.](#)

For more information including application details please visit the [careers page on the Diocese of Plymouth website](#).



Exeter Night Fever

On **Thursday 30 November** we will open wide the doors of Sacred Heart Church and invite our local community to be touched by the love and beauty that we encounter through our faith. We will invite passersby into the church to light a candle as a symbol of their concerns and thoughts. We need your help to welcome people into the church and to pray for them and their intentions. This is an event every parishioner, young and old can help with and we really need your help!

We will begin with Mass at 6.00pm followed by Exposition and conclude with Night Prayer at 9.15pm. Please, please, join us for as much of this time as you can offer. No need to sign up, just turn up on the night. For more details please speak to members of the pastoral council/SLT or email liztoy@hotmail.com

St Nicks News



We are looking forward to showing the school to prospective parents later this month when we hold our Reception 2024 open days. Any parents wishing to come and see the school can email Mrs Brocksom, abrocksom@stnics.uk, to find out more.

GIFT AID donors

You should soon receive an individual statement of how much you donated to Sacred Heart and Blessed Sacrament parishes in the last financial year so that you can check that you have paid enough tax to cover the gift aid that the parish will claim. This statement will go to the address that is currently held by the gift aid organisers. If you are expecting a letter but do not receive one (or if you have not paid enough tax to cover the gift aid to be claimed), for Sacred Heart please contact Anne Schranz on 01392 215077 or exeter-sacredheart-giftaid@prcdtr.org.uk and for Blessed Sacrament please contact the Parish Office 01392 274724 exeter-heavitree@prcdtr.org.uk Many thanks to all our donors for their support of the Catholic Exeter parishes.

Never Say Dy **Postponed**

Due to unforeseen circumstances, the Arts Group are postponing performances of their Murder Mystery play Never Say Dy until the New Year. Revised dates will be posted soon.

Christmas Cards

Sacred Heart is selling packs of Christmas cards. Each card features a different hand-picked picture of the church Nativity scenes. Each pack contains 6 cards and will be on sale for £5, and all proceeds will support our parish. Come and buy our parish Christmas cards!

Friday 24 November

**world
youth
funday**
ENGLAND&WALES

**COME
+ SEE**



Register
today!

- 09:30AM | ALL AGE**
OPENING CELEBRATION OF THE WORD WITH
SR LINDA & SR ANNA, FDC
- 9:45AM | ALL AGE**
WAKE AND SHAKE WITH WORLD YOUTH DANCE CREW
- 10:00AM | ALL AGE**
WELCOME: LIVE
- 10:30AM | PRIMARY**
YOUTH FUNDAY INTERNATIONAL WITH THE
COLUMBAN MISSIONARIES
- 11:00AM | SECONDARY**
THE THEME UNPACKED WITH
WESTMINSTER YOUTH MINISTRY
- 11:30AM | PRIMARY**
FAITH IN ACTION WITH SVP
- 12:00PM | SECONDARY**
FAITH IN ACTION WITH CAFOD
- 12:30PM | ALL AGE**
LUNCHTIME: SYNOD AND SANDWICHES
- 1:30PM | ALL AGE**
CLOSING PRAYER

An interactive day of virtual community, prayerful encounter,
input and activities for schools and families across the nation

**Livestreamed on the CYMFed
YouTube Channel**

CYMFED
CATHOLIC YOUTH MINISTRY FEDERATION

Autumn Concerts

Clyst Valley Choral Society, featuring a few members of Sacred Heart's congregation, will be performing Puccini's 'Messa di Gloria' on Saturday 18th November at 7:30 PM at Clyst St Mary Church, and at Exmouth's Holy Ghost Church on Sunday 19th November at 7:30 PM. Tickets are available by calling 01392 271858.

Aid to the Church in Need (ACN)

Steve Riedlinger, Community Outreach, for Aid to the Church in Need (ACN) will be visiting Sacred Heart on 25 and 26 November.

ACN is a Catholic charity that supports suffering and persecuted Christians around the world with over 5000 projects in more than 140 countries each year.

Steve will be able to share news about ACN's projects and how we can help in prayer and giving.

WIDER NEWS & EVENTS

Ecumenical Carol Service

At the Sacred Heart church on Sunday 10 December at 5.00pm

Exeter Street Pastors

Exeter Street Pastors are recruiting. To find out more take a look at a video [here](#)

Community News

Community Advice Drop-in

Thursday 23 November 9.30am-12.30pm At St Stephen's Church, EX4 3LW.

Struggling with bills? Exeter Community Energy and partners including Citizens Advice, Exeter City Council, and Southwest Water will be on hand to answer questions and give advice on energy, housing, water, and more.

[Please follow this link.](#)

Cost of Living Support

The rise in the cost of living means that we are all having to dig a little deeper to pay for household essentials such as food and energy. Many people in Devon are being forced to make difficult decisions, especially those on the lowest incomes. Devon County Council have put together information on what support is available:

[Please follow this link.](#)

Free Food

Updated Free Food Guide for people without a home can be found [by clicking here](#)

Note the Salvation Army meals on Saturday and Sunday will both be at lunchtime, 1.00pm – 2.00pm and St Thomas Food Fight are recommencing their in-person hot meal table in Cowick Street on Sundays at 11.30am – 12.30pm from 5 November.

Exeter Foodbank

The Food Bank is under extreme pressure by increased demand from its usual clients as well as the need to support Afghan, Syrian and Ukrainian refugees. Donations of the following priority items are especially needed: fruit squash & fruit juice, tinned meat & fish, tinned veg & potatoes, biscuits, noodle snacks, custard, jams & spreads, Coffee, sponge pudding, sanitary products, household items (washing up liquid, washing capsules etc.)

Collection Points include – Co-Op (Heavitree/St Thomas); Tesco (Exe Vale); Sainsbury's Alphington/Pinhoe/Guildhall); Waitrose (Gladstone Rd) as well at the back of the Blessed Sacrament and Sacred heart churches. Please email Mark at info@exeterfoodbank.org.uk to find out how you can help. More information about Food Bank can be found [by following this link](#).

YMCA Carols

At St David's Church EX4 4HR on Thursday 14 December at 12noon

Diocese of Plymouth Newsletter

The diocese is publishing a regular newsletter with items of interest from across the diocese as well as further afield. [Here is the link to the latest newsletter](#) And [here is the link](#) if you would like to sign up to receive the next newsletter and weekly Advent reflections

Lament and Light Service

An ecumenical service is being held on Thursday 30 November at 3.00pm at Holy Family Church in Plymouth (Beacon Park Road, Plymouth, PL2 3LR). The service is being held in response to the 16 days of action against gender-based violence (25 November – 10 December), which is a campaign for the prevention and elimination of violence against women and girls. The service will be led by Fr Mark Skelton and Rev. Lizzi Green. Following the service there will be tea and coffee in the hall.

Caritas Newsletter

With news of love in action around our diocese can be found if you [click here](#)

Synodal Newsletter November 2023: [Read it here](#).

FORMING IN FAITH

Wednesday Word Scripture Reflection

We meet online via Zoom from 2.00 – 3.00pm each Wednesday. If you would like to join us, contact Maria: exeter-pastoral-assistant@prcdtr.org.uk. Come whenever you can to explore the riches of the scriptures. You will be most welcome

RCIA Rite of Christian Initiation of Adults

Most of us have, at some point in our lives, entered a swimming pool or visited a beach and entered the shallow parts of the sea. But how many of us have dared to venture out into the deep? There is an abundance of life and wonders that we find only in the depths of the water. Our Catholic faith is like that. By venturing deep into the Catholic faith, we will find abundance of life and treasures that the world cannot give. Everyone is invited to join our new RCIA course every Thursday at 7.30pm in the Lower Room at Sacred Heart. These sessions are aimed at adults desiring to receive the Sacraments of Baptism or Confirmation but are open to anyone who wishes to learn more about the Catholic faith. The next session on 23 November will be on 'Creation and the Fall'.

Want to learn more about the Sacraments?

Bishop Robert Barron reminds us that the great sacraments of the Church are true encounters with Christ. Through the seven sacraments of the Church, Jesus is present. The sacraments have endured for thousands of years and blessed countless lives. Everything in the Church's life comes from and returns to them.

Join us every fortnight on Monday morning after the 10.00am Mass until 12.15pm in the Lower Room of Sacred Heart Church. Our next session will be on Monday 20 November. We will explore the Sacrament of Baptism. All are welcome.



GIFT Youth & Socials News

The next Gift Youth Social will be on 15 December. If you have signed up for Gift Youth details of the next session will be sent out to you. We ask that the parent of any young person **MUST** have registered/re-registered them using the NEW form [use this link](#) before they come along to future Gift Youth Socials and Gift Youth Saturdays. This ensures the safety of the young people.

GIFT for families



GIFT is offered to all primary and secondary aged families and supports them to live and grow as Catholic Christians. GIFT meets monthly to worship together and learn about our Catholic faith. GIFT also enables parents to prepare their children to receive the sacraments of Reconciliation, Holy Communion and Confirmation.

[Click here to register for GIFT.](#)

Next GIFT Meeting **Saturday 2 December at 9.45am** at St Nicholas School, Ringswell Avenue, Exeter EX1 3EG.

GIFT tots

An hour of fun faith for pre-school age children and their parents and/or carers. beginning in January on the second and fourth Friday of each month. Please register by completing [the form you will find at this link](#). See you there.

PRAYER & LITURGY

Worship Thursday at Blessed Sacrament

Adoration of the Blessed Sacrament each Thursday 7.00-8.00pm

Adoration with Taizé 2nd Thursday of each month: next - 14 December.

Adoration with Stronghold Praise & Worship Third Thursday of each month: next - 21 December.

Praying the Rosary at Blessed Sacrament

Join us on the second and fourth Wednesdays of October, November and December after the 9.30am Mass in the church. We'd love to see you.

Pope's November Prayer Intention

We pray for the Holy Father; as he fulfills his mission, may he continue to accompany the flock entrusted to him, with the help of the Holy Spirit. See also [The Pope Video](#)

THE WORD

Sunday 19 November 33rd Sunday in Ordinary Time

First Reading Proverbs 31:10-13.19-20.30-31

A perfect wife – who can find her?

Psalm Response: O blessed are those who fear the Lord

Second Reading Thessalonians 5:1-6

Let not the Day of the Lord overtake you like a thief.

Gospel Matthew 25:14-30

You have been faithful in small things; come and join in your master's happiness.

Sunday 26 November Our Lord Jesus Christ, King of the Universe

First Reading Ezekiel 34:11-12.15-17

As for you, my sheep, I will judge between sheep and sheep.

Psalm Response: The Lord is my shepherd; there is nothing I shall want.

Second Reading I Corinthians 15:20-26.28

He will hand over the kingdom to God the Father, so that God may be in all.

Gospel Matthew 25:31-46

He will take his seat on his throne of glory, and he will separate men one from another.

CONTACT US

Sacred Heart

25 South Street, Exeter EX1 1EB
01392 642389

exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Petroc Cobb 01392 642388

Assistant Priests

Fr Albert Lawes 01392 642378

Deacons

Brian Bargent

Delian Bower

Kelvin Russell

Parish Secretary

Coral Saunders-Mortier

*Office Hours 9.00am–12.00pm &
1.00pm–4.00pm Tuesday–Friday*

Gift Aid enquiries: exeter-sacredheart-giftaid@prcdtr.org.uk

Blessed Sacrament

29 Fore Street, Heavitree,
Exeter EX1 2QJ
01392 274724

exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Secretary

Lesley Hooper

*Office hours Tuesday, Wednesday,
Thursday 10.00am–4.00pm*

Gift Aid enquiries:
exeter-heavitree@prcdtr.org.uk

Parish School

St Nicholas Catholic Primary School
Ringswell Avenue, Exeter EX1 3EG
01392 445403

admin@stnics.uk

www.st-nicholas-exeter.devon.sch.uk

Executive Head Teacher

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Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

*Catholic Exeter is part of the Roman
Catholic Diocese of Plymouth.*