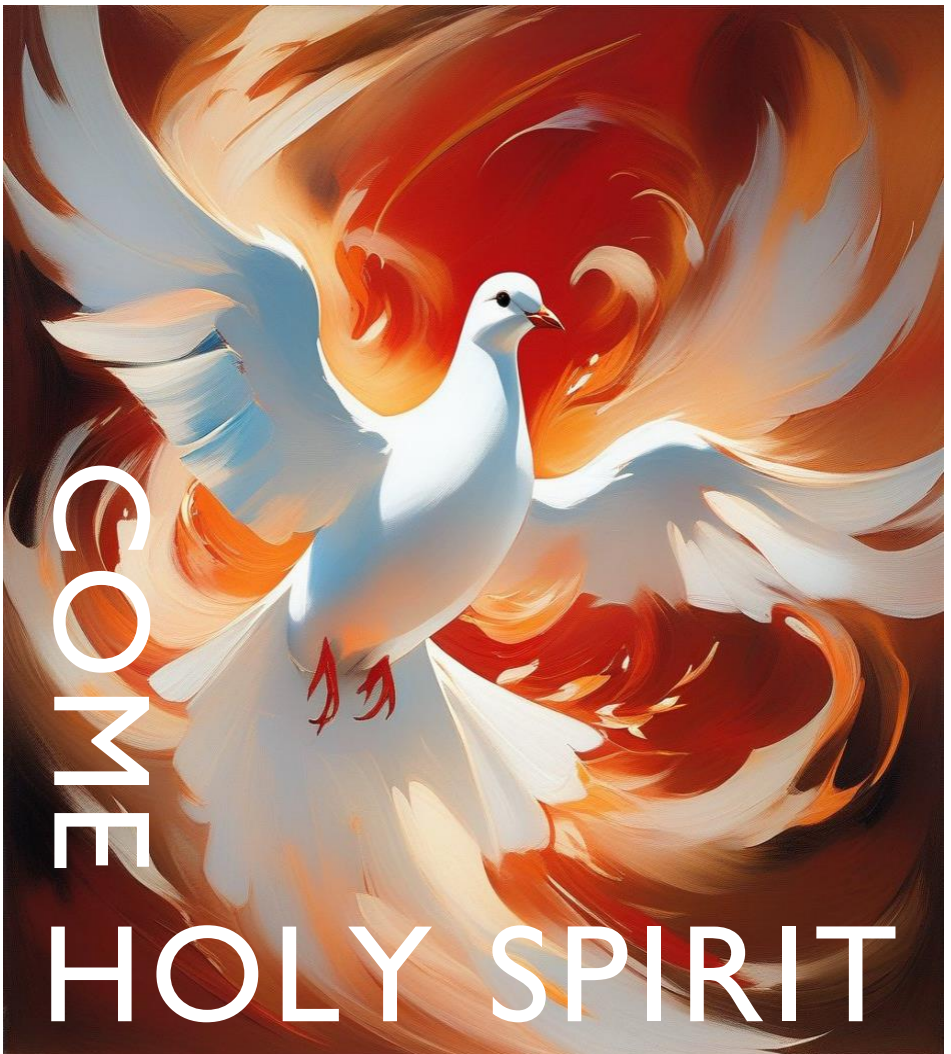


# PARISH NEWS



BLESSED SACRAMENT PARISH, HEAVITREE, EXETER  
19 May 2024 *Pentecost Sunday. Year B. Psalter 3*



We arrive at the fiftieth day - the completion of the Easter Season, and the completion of the Paschal Mystery: the Lord has died, is risen, has ascended to heaven and now gives birth to his Church, by sending the Spirit upon the apostles. This feast of the gift of the Spirit is so significant for us, because it marks the handing on of Jesus' ministry to the Church - in the Church we are guaranteed the presence of the Lord, in his sacraments, in his ministers, in the Blessed Sacrament and in his Celebrated Word. It also marks the fulfilment of our thoughts about baptism throughout this season: the gift of the Spirit which we receive in Confirmation is the 'seal' of our baptism, guaranteeing and confirming all that baptism achieves.

*Salford Office for Liturgy*

## MASS TIMES

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### **Sunday 19 May – Pentecost Sunday**

8.45am *People of the Parish*  
10.45am *Jo and Tony Fewkes RIP*  
6.00pm *Mr Joy Veliyeth RIP*

### **Tuesday 21 May**

6.30pm *In Thanksgiving*

### **Wednesday 22 May**

9.30am *For a new bishop*  
*Rosary after Mass*  
*Followed by refreshments in St Richard Reynolds Rooms*

### **Thursday 23 May – Our Lord Jesus Christ, The Eternal High Priest.**

9.30am *For the young people of the parish*  
7.00pm *Adoration of the Blessed Sacrament.*

### **Friday 24 May**

**No Mass**

### **Saturday 25 May – St Bede the Venerable**

9.30am *Special intention*

### **Sunday 26 May – The Most Holy Trinity**

8.45am *Private intention*  
10.45am *For those in the parish who are sick*  
6.00pm *People of the Parish*

## Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday.

**Live stream Mass** To access the YouTube stream please [click here](#).

## Refreshments after Mass

Served on Sunday after 10.45am and on Wednesday after 9.30am Masses.

**Confessions** Saturdays after 9.30am Mass.

# NEWS & EVENTS

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## Pentecost Picnic in the Park

Join us after 10.45 Mass in Heavitree Park (weather permitting) to celebrate Pentecost. Why not wear something red, yellow or orange and, if you can, bring cake for a fantastic celebration of the Holy Spirit. We'll see you there.



## Blessed Sacrament Music Collective

Praising God through music and song is an ancient tradition. David wrote his psalms as musical poetry of worship. In the Church, praising God in song is part of this tradition. St Augustine said: 'He who sings prays twice'. We want Blessed Sacrament to be a parish where music and song are central to our liturgy at all Masses.

While there are a number of us involved in this ministry, we need more singers and musicians so that we can provide music at all the Sunday Masses more regularly. This would also help when people are poorly or on holiday. So, do you enjoy singing? Do you play an instrument?

There are no entry requirements except a desire to serve God and our parish by using your gifts. If you play the piano or keyboard, don't worry that there is only one keyboard in a group! There are now three of us that share the keyboard at different times. We need more! Guitars are on a rota as space is limited. There is a maximum of 3 at any Mass; but we need more if we are to meet our goal of music at each Sunday Mass!

We aim to play a range of music from traditional hymns of the Church to modern worship music. We are currently exploring a digital music platform so that we can play from iPads in the future. We have had two very successful BS Collective music 'jams' since November. These are a chance to learn new music and get to know one another. The next 'jams' are:

**Saturday 8 June 10.00am – 1.00pm** in the St Richard Reynolds Centre.

**Saturday 5 October 10.30am – 1.30pm** in the St Richard Reynolds Centre.

**Saturday 23 November 10.30am – 1.30pm** in the church.

We would love to hear from anyone who would like to play with us. Whether you attend Mass at 8.45am, 10.45am or 6.00pm, or all three! We need your gifts and talents to help our parish lift our hearts and voices in praise and worship.

If you are interested in finding out more or coming to one of the 'jams', please email [angelajfolland@gmail.com](mailto:angelajfolland@gmail.com) or [angela.bosley@btinternet.com](mailto:angela.bosley@btinternet.com)

## The Feast of Corpus Christi

On Sunday 2 June we celebrate the patronal feast of our parish, the Feast of the Most Holy Body and Blood of Christ, Corpus Christi.

At the end of the 10.45am Mass we will process with the Blessed Sacrament from the Church into the garden where will spend a short time in adoration before Benediction. Please keep the parish in your prayers as we look forward to this important feast.

## St Nicholas School News

If you wish to find out more about joining the St Nicholas School community, from Nursery to Year 6 please contact Mrs Brocksom by emailing [admissions@stncs.uk](mailto:admissions@stncs.uk). We can offer tours of the school and Nursery. We have some places in our Nursery from September and can offer both 15 and 30 hours funding (including wrap around care) for 3-4 year olds. Additional hours are £5 per hour.

## Forget-me-not Bereavement Café

We invite anyone who has suffered a bereavement of any kind, at any time, to come along to our **Forget-me-not Bereavement Café** for a cup of coffee/tea, cake and a chat. The café will be held once a month on a Saturday morning (every fourth Saturday of the month) at 10.30am in the St Richard Reynolds Centre.

Come along, and maybe bring a friend with you who you think would also benefit from making contact with others in a friendly relaxed café. No need to book, just come on **Saturday 25 May**. We look forward to seeing you.

## CAFOD

**Sudan Crisis Appeal** When violence broke out last year in Sudan between government and paramilitaries, most aid agencies evacuated. Now, humanitarian workers are struggling to get back into Sudan to help, meaning severe delays in getting aid to the people, and the challenges of getting into areas where fighting is still going on remain. Many borders are shut as the government say they need to keep weapons out.

The situation has gone from serious to desperate very quickly. The UN is calling it 'the world's worst displacement crisis'. At least 8 million people have had to flee their homes: famine looms. But the Church and our local partners are still there. Please, stand with them today.

It is possible to donate online through CAFOD's website [here](#), or put your offering in an envelope marked 'Sudan Crisis' and place it in the collection or hand in to the parish office. Thank you.

## End of Life Debate

In light of the calls being made for the legalisation of assisted suicide we are sharing links to Bishop Sherrington's statement on this topic as well as the ten-point summary on the Bishops' Conference webpage [click here](#).

10-point summary on assisted dying [click here](#).

## Ripples of Hope CAFOD Event

Saturday 8 June 2024 Leamington Spa

An uplifting and motivational event led by the renowned speaker David Wells, available both in person and online via Zoom.

This special day is dedicated to igniting the spark of positivity and hope within each participant, encouraging personal growth and community connection. Through engaging talks, reflective sessions, and inspiring stories, David Wells will guide you on a journey of self-discovery and empowerment.

Whether you're seeking inspiration for personal challenges or a renewed sense of purpose, Ripples of Hope promises to leave you motivated and ready to create a ripple effect of positive change in your life and beyond. Don't miss this opportunity to be part of a transformative experience!

In person: 11:00am-4:00pm Leamington Spa St Peter the Apostle Church.

Online: Session 1: 11:00am-12:00pm; Session 2: 13:30pm-14:30pm

Find out more here: [Ripples of Hope](#)

[Register here to join us.](#)

## Right To Life

Ask your MP to stop abortion up to birth being introduced. Diana Johnson and Stella Creasy have tabled amendments to the Criminal Justice Bill that would make extreme changes to our abortion laws. Both amendments would make it more likely that babies are aborted at home for any reason, up to birth. Take action: To oppose the abortion up to birth amendments, email your MP via [this link](#)

**Want to be the first to know about pro-life developments?** Sign up now to receive action alerts along with tools to help change hearts and minds by [clicking here](#)

## The Pillar's Tale



A brief video has been made about the Holy Pillar, or finial, of St Richard Reynolds, situated in Blessed Sacrament Church. It is narrated by the last Abbess of Syon, Sister Anne Smyth, O.Ss.S.

Please scan this QR code to access it. Alternatively, it can be viewed on YouTube.

The Diocesan newsletter for May can be accessed [here](#):

## Third Annual Mass for Marriage

Saturday June 8th 2024 Midday at Plymouth Cathedral

Send us your anniversaries to add to the Order of Service - whether you have been married for one week or sixty + years (or about to marry). Let us know too when your wedding will take place if you are engaged. Light refreshments will be provided and (not so light) wedding cake.

For further information please contact: [deborah.vankroonenburg@prcdtr.org.uk](mailto:deborah.vankroonenburg@prcdtr.org.uk)

## St Rita's of Cascia Feast Day

Wednesday 22 May 2023 at St. Rita's Centre, Honiton

The day will begin with Mass at 12 noon followed by the blessing and distribution of roses for the sick. Two shops will be open that day for sale of religious articles; you can also make your orders on our website [www.stritascentre.org](http://www.stritascentre.org) and collect your items on site on the feast day. Hot drinks will be available all day but visitors should bring a packed lunch. The day will conclude with Benediction at 3.00pm.

We would advise early arrival as car parking can be difficult if you arrive after 11.30am. Car parking stewards will be on duty to help you and there will be a small army of volunteers working in various places helping to ensure a smooth running of the day and a happy feast day for everyone.

Maureen Knowles is hoping to fill a coach from the parish, leaving Blessed Sacrament car park at 10.30am and returning directly after Benediction. Cost £10 per person. She can be contacted on 07912 383546.

## Youth Adventure Residential Weekend

Save the date **24 – 26 May** at Grangehurst, Buckfast Abbey. A time to get to know others in the diocese and explore your faith. For further information contact [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk). For more news of youth activities see [this link](#).

## Caritas Diocese of Plymouth

Please [click here](#) to read about what events are coming up in the diocese. Caritas Anniversary Newsletter. This May marks the Fifth Anniversary of Caritas Diocese of Plymouth's launch. Read about the work they have done and continue to do [here](#). Alternatively, there is a copy in the porch.

## Laudato Si Week

**19-26 May 24:** Calling all craft groups and creators to contribute.

During Laudato Si' week, there will be an exhibition and prayer walk at Plymouth Cathedral interpreting Laudato Si' through artwork and reflections by pupils from local schools. All visitors to the Cathedral will also be invited to add to a mass participation artwork called the Mossy Carpet. People are invited to make a textile tuft such as crochet, knit, embroider, plait, pompom, tuft... or something else to attach to the carpet! This artwork will help us to consider how our small actions can make a huge change, and how our Christian faith calls us to be part of the restoration of nature. There will be drop-in workshops from **12.00 – 4.00pm on Monday 20 May** at the Cathedral of St Mary and St Boniface but the Mossy Carpet will be in place from 18-24 May for people to visit and add their contributions. If you cannot come to the Cathedral but are able to help us by making some crafts to contribute, please contact [caritas@prcdtr.org.uk](mailto:caritas@prcdtr.org.uk) and we can send through some guidance.

## Pax Christi AGM

Our 2024 Annual General Meeting will be held on Saturday 1st June 2024 at the Quaker Meeting House, 22 School Lane, Liverpool, L1 3BT at 10.30am for an 11.00 am start. and also online via the AGM page on our website: [paxchrisi.org.uk/agm](http://paxchrisi.org.uk/agm)

**Diocesan and Youth Pilgrimages to Lourdes** Here's your chance to join us at Our Lady's beautiful shrine this year; let's go and bring some blessings back for our diocese! **26 July** for 6 nights. Please see the posters on the notice board in the porch.

## Diocesan Pilgrimage to Crediton

This will take place on **Sunday 9th of June** at St Boniface Church, Park Rd, Crediton presided over by Cannon Paul Cummins. Parishioners are warmly invited to the celebration of the Feast of Saint Boniface, Patron of our Diocese. Pilgrims are invited to gather from 4:00 PM at the Church for Vespers and Benediction. Light refreshments will be provided. For further information, please see poster or e-mail [crediton@prcctr.org.uk](mailto:crediton@prcctr.org.uk). Parking is available nearby for coaches.

## Catholic Bishops' Conference

The latest news from the Catholic Bishops' conference can be accessed [here](#).

## Plymouth Diocese Catholic Charismatic Renewal

You are invited to the following event:

**Jesus is in the house! (Mark 2:1) Come and encounter Him.**

A day of encounter for all ages, at St Cuthbert's Conference Centre, Buckfast Abbey  
**10.00am – 6.00pm, 29 June.**

Experience joyful praise and worship, ways of connecting to God's voice, prayer from the heart, workshops, prayer ministry, Adoration, and Mass. Hot and cold drinks included, optional two course lunch or bring your own packed lunch. Tickets available from Eventbrite [here](#). We want to make the day as accessible as possible for everyone so there is also a 'pay what you can' option for tickets. Please contact [info@swccr.org.uk](mailto:info@swccr.org.uk) for more information or if you have any questions. We're really looking forward to sharing the day with as many of you as possible!

## Catholic Children's Society

Latest edition of our "Children First" newsletter can be found in the church porch.

**Recycle your ink cartridges** and help support CCSP. Please pop your used ink cartridges in the box situated in the Baptistry at Blessed Sacrament. Thank you.

**Orange Box.** De-clutter and help the children in our Diocese. There is an orange box in the St. Richard Reynolds Rooms where items can be placed and every box filled will raise much needed funds for the CCSP.

Items that can be collected in the boxes include coins and bank notes, precious metals, medals and badges, costume jewellery, metals, watches, keys and locks, small antiques and collectibles.

## International English Café

Sundays in term time 4.30pm – 6.00pm at St Leonard's Church Exeter.

All levels of English welcome. See the poster in the church porch.

## Exeter Foodbank

Donations of the following priority items are especially needed: tins of meat, tins of fish, jams and spreads, custard, pasta sauce, noodle snacks, small jars of coffee.

There is a collection basket at the back of the church. Please email Mark at [info@exeterfoodbank.org.uk](mailto:info@exeterfoodbank.org.uk) to find out how you can help.

## Waymakers Update: Can you help?

Waymakers are delighted to have welcomed a refugee family to Exeter. Thank you to all who have supported Waymakers over the last 3 years.

We are committed to supporting the family for two years on their journey to independence and are looking for help, both practical and financial.

Could you befriend our family by visiting them, showing them around Exeter or practising their English with you?

If you have teaching experience, we are looking to train up an English Language Supporter.

Please get in touch with Phil Smallwood if you are interested in helping in any way: [pmsmallwood@hotmail.com](mailto:pmsmallwood@hotmail.com).

Donations can be made via the Sacred Heart parish office, clearly identified for Exeter WAYmakers, cheques (PRCDTR Exeter WAYmakers) or by setting up a small monthly donation via Phil Smallwood. Thank you.

## Diocese of Plymouth Summer Camps 2024

The Summer Catechetical Camps provide young Catholics of the Diocese of Plymouth opportunities to learn about their faith within a holiday atmosphere.

Originally the vision of the Catholic Women's League, who organised and ran them for many years, they are now run by a dedicated team of volunteers, many of whom experienced camp for themselves.

Currently based in the grounds of Buckfast Abbey, this year's dates are:

<b>Senior Camp</b> (Yrs 7-10)	28 July – 2 August
<b>St. Petroc's Camp</b> (Yrs 11 & 12)	31 July – 2 August
<b>Junior Camp</b> (Yrs 3-6)	4 August – 8 August

Click [here](#) to download the information booklet and find out more.

## Stella Maris

Catholic maritime charity Stella Maris (formerly called Apostleship of the Sea) is very grateful for this parish's prayer and financial support of its work on Sea Sunday last year. To report back on the use of those funds, it invites parishioners to join an online update and thank you webinar on Tuesday 28th May from 7:30pm to 9:00pm. You will hear about the impact of your generosity on the lives of seafarers, fishers, and their families over the last year. Its CEO and chaplains will share inspiring stories of how they have helped seafarers and fishers through your support.

To register for this virtual event, please [visit this link](#).



## The Shape of Authentic Hope

In this difficult, disillusioned age, why do we need the Church? In preparing for the Jubilee year 2025, Pope Francis has asked us to explore the key documents of Vatican II.

Bill Keimig, Deputy Director of the Catechetical Institute Franciscan University of Steubenville, in his visit to the UK, will be speaking to us on the document on the Church (Lumen Gentium: A light to all peoples). Come and join us at Schiller Hall, Buckfast Abbey on Wednesday June 26th 6-8pm. The event will begin at 5pm with tea/coffee and chance to connect and chat with Bill and his team. Contact here to reserve a place.

## PRAYER & LITURGY

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### Pope's May Prayer Intention [The Pope Video](#)

We pray for those training for the Religious life and for the Priesthood. May they grow to be credible witnesses of the Gospel through the human, pastoral, spiritual, and community formation they receive. "Do not be afraid of holiness. It will take away none of your energy, vitality or joy.

### We commend to the Lord...

...all those who have died recently. Please keep them and their family and friends in your prayers. May they rest in peace and rise in glory.

### Worship Thursdays

Adoration in church each Thursday 7.00 – 8.00pm.

## GROWING IN FAITH TOGETHER

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### GIFT tots

Next session: **Friday 24 May in the St Richard Reynolds Room. Registration is Required.** An hour of fun faith for pre-school age children and their parents and carers. Come together to pray, sing, explore and create the Good News as we Grow In Faith Together. 2nd Friday every month at St Richard Reynolds Centre, Blessed Sacrament. 4th Friday every month at the Lower Room Sacred Heart. 10.15-11.15am. [GIFT Tots Registration Form](#)

### GIFT families and youth

Next GIFT Meeting: **Saturday 8 June at 9.45am** at St Nicholas School.

GIFT is for primary and secondary aged families and supports them to live and grow as Catholics. It enables parents to prepare their children to receive the sacraments of Reconciliation, Holy Communion and Confirmation.

[GIFT Registration Form](#)

[GIFT Youth Registration Form](#)

## GIFT youth socials

We ask that parents of any young person wishing to come to GIFT Youth socials have registered them before they attend. This helps ensure everyone's safety. The next GIFT Youth Social scheduled for 19 June will not take place due to the SPREE Faith Festival. If you've signed up for Gift Youth, details of the next session will be sent to you.

## Wednesday Word Scripture Reflection

### Prayerfully Preparing for the Proclamation of Sunday's Gospel

Every week from 2.00 – 3.00pm via zoom, we set aside time together to pray, read, meditate and share our thoughts on the upcoming Sunday's Gospel. We are a friendly and inclusive group from different walks of life, and we'd be delighted if you joined us. A weekly commitment is not necessary. Contact Maria [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk) if you would like to join or have further questions about how the session runs.

## The Call to Conversion

Explore how ordinary people in the Bible, just like you, were met by Jesus where they were and called to a better life through Him. The common theme in each story is the turning of all one's attention and energy towards an ever deeper, personal relationship with Jesus Christ. Join us every fortnight on Monday morning after the 10.00am Mass until 12.15pm in the Lower Room at Sacred Heart. Our next meeting is on **Monday 20 May**.

## Baptism Preparation Course

Are you expecting a baby and/or wish to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into the community of the Church. Courses are over two consecutive Saturday mornings from 10.15-12.15 delivered via Zoom.

Forthcoming dates: **20 & 27 July** and **12 & 19 October 2024**. Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link at the end of this article to register. If you have any problems accessing this, contact Lesley on 01392 274724 or [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk). We are now taking bookings for the July 2024 course. [Baptism Enquiry form](#)

## Going into hospital?

If you, or someone you know is going into hospital for any length of time and would like the Chaplaincy team to know, please let the parish office know.

## Getting Married?

Congratulations. If you are hoping to marry at Blessed Sacrament Church or any other place, including abroad, we require at least six months' notice. Please contact the parish office to arrange an appointment to meet with the parish priest.

# THE WORD

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## Sunday 19 May – Pentecost Sunday

**First Reading:** Acts 2:1-11

*They were all filled with the Holy Spirit and began to speak.*

**Psalm Response:** Send forth Your Spirit, O Lord, and renew the face of the earth.

**Second Reading:** Galatians 5:16-25

*If you are led by the Spirit no law can touch you.*

**Gospel:** John 15:26-27, 16:12-15

*The Spirit of truth will lead you to the complete truth.*

## Sunday 26 May – The Most Holy Trinity

**First Reading:** Deuteronomy 4:32-34, 39-40

*The Lord is God indeed: he and no other.*

**Psalm Response:** Happy the people the Lord has chosen as his own.

**Second Reading:** Romans 8: 14-17

*You received the spirit of sons, and it makes them cry out, “Abba, Father!”*

**Gospel:** Matthew 28:16-20

*Baptise them in the name of the Father and of the Son and of the Holy Spirit.*



## Pentecost

Painted in 1732 by the French artist Jean Restout, this image depicts the dramatic outpouring of the Holy Spirit upon the Apostles gathered in the upper room. Mary is at the centre of the image, affirming her position at the heart of the Church. The Apostles are in poses showing the awe and wonder with which the Holy Spirit was received. May the Holy Spirit be poured out upon each of us this day. Happy Feast!

# CONTACT US

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## Blessed Sacrament Parish

29 Fore Street, Heavitree, Exeter EX1 2QJ  
01392 274724

[exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

Parish Priest *Fr Jonathan Stewart*

Priest in retirement *Fr John Watkins*

Parish Secretary *Catherine Odams*

Pastoral Assistant *Maria Quinn* [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk)

Parish Office *Open Tuesday, Wednesday, Thursday 10.00am–4.00pm*

Gift Aid enquiries: [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

Parish website [blessedsacrament.org.uk](http://blessedsacrament.org.uk)

Parish Facebook [Facebook Catholic Exeter](https://www.facebook.com/CatholicExeter)

## Safeguarding

*If you have any concerns about a vulnerable child or adult, please contact the parish office on 01392 274724 or by email: [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)*

## Parish Safeguarding Representatives

*Lesley Hooper 07712 216724 or 01392 274724*

*Maria Edwards 07870 696530*

## St Nicholas School

St Nicholas Catholic Primary School, Ringswell Avenue, Exeter EX1 3EG  
01392 445403

[admin@stnics.uk](mailto:admin@stnics.uk)

[www.st-nicholas-exeter.devon.sch.uk](http://www.st-nicholas-exeter.devon.sch.uk)

Executive Head Teacher *Cathy Blatchford*

## Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)