

PARISH NEWS



BLESSED SACRAMENT PARISH, HEAVITREE, EXETER

8 June 2025. *Pentecost Sunday Year C. Psalter 3*



As Eastertide unfolds, we feel the power and influence of the Spirit growing. This is the Spirit who raised Jesus from the dead, and the Spirit who brings the Church to birth. As we celebrate this 'birth' the great Feast of Pentecost – the climax of the Easter Season – we should be considering the presence of the Spirit in the Church today: the reconciler of disputes, the solver of problems, true inspiration for the family of God on our journey to the New Jerusalem!

MASS TIMES

Sunday 8 June – Pentecost Sunday

8.45am *People of the Parish*

10.45am

6.00pm *Annette Foley RIP*

Tuesday 10 June

6.30pm

Wednesday 11 June – St Barnabus, Apostle

9.30am *Funeral Mass Margaret Hayman RIP*

NB No refreshments after Mass

Thursday 12 June – Our Lord Jesus Christ, The Eternal High Priest

9.30am *Private Intention*

6.00pm *Adoration of the Blessed Sacrament*

Friday 13 June – St Anthony of Padua, Priest & Doctor

12.00pm *Diocesan Jubilarians Mass at Buckfast Abbey. All welcome*

No evening Mass

Saturday 14 June

9.30am *For a new bishop*

Followed by Confessions

4.00pm *Syro-Malabar Rite*

Sunday 15 June – The Most Holy Trinity - Day for Life

8.45am *Private Intention*

10.45am *People of the Parish*

2.00pm *Syro-Malabar Rite*

6.00pm *Private Intention*

Confessions Saturdays after 9.30am Mass or by appointment.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday. For children aged 3 – School Year 3. Please register as you arrive at church.

Live stream Mass [Access the parish YouTube page at this link.](#)

NEWS & EVENTS



Parish Pentecost Picnic

Please join us (weather permitting!) in Heavitree Park after the 10.45am Mass on Sunday 8 June. You may like to leave your picnic in the St Richard Reynolds Centre before Mass to save going home to collect it before joining us.



Catholic Agency for
Overseas Development

CAFOD parish group

We are renewing the CAFOD parish group and have arranged a meeting for Thursday 12th June 7pm-9pm in the St Richard Reynold Centre. Simon Giarchi, our diocesan CAFOD Community Participation

Coordinator, will be attending to speak about CAFOD, especially to those who are interested in becoming new members

of the group. However existing members are also very welcome as it will be a great opportunity to spend time together. Light refreshments will be available. Please [contact Petra Osborne at this address](#) if interested in attending.



CAFOD livesimply

Did you know that we are a Live Simply Parish? livesimply' began in about 2006, in

the run up to the anniversary of 'Populorum Progressio'. The 'livesimply' principles of **living simply, sustainably and in solidarity** were drawn up by a group of theologians, for CAFOD.

The movement built on Pope Francis' 2015 encyclical **Laudate Si'** 'on Care for our Common Home' which reminds us that Creation is an expression of God's love, and encourages us to recognise that all our actions, however small, have an impact on each other and on our environment. Our 'ecological conversion' leads us to a new lifestyle of **living simply, sustainably, and in solidarity with those in poverty.**

As a parish, we officially received our livesimply award from CAFOD in 2019 having set out on the journey in 2017. To achieve this, we took actions to care for our common home and global family.

In this spirit, you may have noticed the patches of unmown grass at the back of the church. We wanted to give nature a helping hand by encouraging pollinating insects, connecting us with nature and giving it the best start to summer.

If you have a garden you may like to leave a corner (the larger the better) undisturbed for insects, birds, amphibians and small mammals. Even the smallest wild patch can provide vital food needed by bees and butterflies. It's a bit late for No Mow May, but why not make it Let it Bloom June? Every little helps.

To find out more about livesimply [follow this link](#).

To find out more about No Mow May [follow this link](#) and Let It Bloom June [here](#)

Ministry Opportunity – Cashiers

We are in need of some additional people to assist count the weekly offertory collections. We have a coin sorting machine so there is no manual counting of coins! The commitment would be for approximately 1.5 hours on a Tuesday morning once every 6 weeks. If you would like to help or find out more, please contact Ann Edwards on exeter-heavytree-treasurer@prcdtr.org.uk or speak to Catherine in the parish office. We look forward to hearing from you.

Reading the Final Synod Document Together - *the School for Synodality's Online Book Club*

After four weeks of listening, discerning and writing in October 2024, the final day of the Rome Synod Assembly brought a dramatic surprise from Pope Francis - that the recommendations of the Assembly would become Church teaching. The three-year listening process was over, and it was now time to get on with implementing it. The [Final Synod Document](#) (officially 'For a Synodal Church: Communion, Participation, and Mission') is our guide to the implementation, and while beautiful and inspiring, can be rather technical in places.

To enable us to reflect on the document in more depth, the School for Synodality has organised an online book club with a stellar cast of experts. Each week we will unpack a different section of the Final Synod Document, reflecting on its theological and practical implications, with time for questions afterwards.

To watch live, register for the [link](#) for the webinars on YouTube. The sessions will also be available on YouTube and on our Podcast afterwards at your convenience.

You are invited to join us to watch the next five sessions in the St Richard Reynolds Centre at 7.30pm each Wednesday evening 11, 18, 25 June. All welcome.

Day for Life 15 June 2025

Every year, the Church in England, Wales, Scotland and Ireland, jointly marks the Day for Life, as a reminder of the need to respect and protect the inherent value and dignity of each life. This year, it will be celebrated on Trinity Sunday, the 15th of June. The faithful are invited to join in prayer and promotion of the Day. Useful resources, including a message from the three bishops, and prayers, can be found on the Catholic Bishops' Conference of England and Wales' website.

On the 15th of June we will also hold a second collection for the Day for Life Fund. Every year, the fund allocates over £200,000 in grants, to organisations that which promote the Christian respect for life from conception to natural death, in various ways. This has made a significant impact in local communities of England and Wales, by for example, providing mothers and children with necessary means. This is possible if it was not for your generous support to the fund, we therefore invite you to give as much as you can and encourage others to do so. You can also donate by scanning the QR code on the Day for Life 2025 poster in our church, or online via the Catholic Bishops' Conference of England and Wales' website, where you will find out more on the Fund.

St Nicholas School News

We have sessions available from September in our Nursery for 3-4 year olds. We offer 15 and 30 hours (extended) funding and additional hours are only £5.50 per hour. You can choose all day or half day sessions (dependent on availability), with or without lunch.

We can also offer wraparound care in our Breakfast and After School Club up to 6pm. Please contact the school by emailing admissions@stncls.uk More details on our website. [Please click here](#) to find out more about our Nursery provision and to book a tour! Come and see us in action and find out more about joining our school family.

School Transport grants for the academic year 2025-26

The Diocese of Plymouth is now taking applications from parents/guardians wishing to apply for grants for transport to a Catholic or Catholic/CofE school situated in the Diocese of Plymouth. Applications for the academic year 2025-26 must be submitted in writing and be signed by the Parish Priest. Families will be notified at the start of the Autumn term if their application has been successful.

There are limited funds and not all applications may be successful.

You can obtain an application form from the parish office.

Stella Maris

Stella Maris (formerly called Apostleship of the Sea) is seeking one volunteer from this parish please to help with Sea Sunday (which falls on 12/13 July this year) in this parish. This is the day when the Church comes together to pray for seafarers, fishers and their families, and takes a second collection to support the work of Stella Maris. The volunteer will read out the appeal (which Stella Maris will provide) at the end of Masses that weekend. If you can kindly do this, please contact roland.hayes@stellamarismail.org or call 07887 893 763.

Related to that, all parishioners are warmly invited to an online webinar being run by Stella Maris on Thursday 19 June from 7:30pm to 9pm. You will hear about the work that Stella Maris has been doing with seafarers and fishers over the past year or so, including the use of the funds kindly donated on Sea Sunday last year. To attend this webinar, please sign up at: www.stellamaris.org.uk/thankyouwebinar

Catholic South West

Catholic South West is a monthly newspaper for Catholics in the Plymouth, Clifton and Portsmouth Dioceses. Copies of the June edition are in the porch, price 50p.

Understanding Modern Slavery and how to prevent it

Please join us for this special Pilgrims of Hope Jubilee Year event with Caritas Plymouth on Saturday 21 June 10am-11:30am at St Teresa's Hall, Connaught Road, Sidmouth. All welcome, coffee and cake provided. See the poster in the porch.

Proclaim 2025 – Sclerder Abbey June 20 – 22

Proclaim is aimed at young adults aged 18-30ish. It aims to encourage young adults to explore their faith and respond to God's call. Speakers include: Storyteller Martin Shaw, who will talk about the Celtic saints; Daniella Stephens and singer, songwriter Jamaiah Paine. You will need to register. Contact Saskia: youth@prcdtr.org.uk
Please contact Saskia if you would like me to keep you up to date with information and things to focus our prayers on. Saskia Hogbin youth@prcdtr.org.uk

Refugee Week

Each year around World Refugee Day on 20 June, there is a UK-wide festival to celebrate the contributions, creativity and resilience of refugees and people seeking sanctuary. For more information and how to get involved,

Jesuit Refugee Service has five simple messages about how we can show our faith in action through our welcome and support for refugees.

Each year around World Refugee Day on 20 June, there is a UK-wide festival to celebrate the contributions, creativity and resilience of refugees and people seeking sanctuary. For more information and how to get involved, visit

<https://refugeeweek.org.uk/>. Jesuit Refugee Service's [One Shared Humanity Manifesto](#) has five simple messages about how we can show our faith in action through our welcome and support for refugees.

Aid to the Church in Need

We are excited to invite you to the ACN Pilgrimage 2025, taking place from 21–26 July in York and the surrounding area. This pilgrimage, themed 'Heartland of Faith and Hope,' will explore the rich Christian heritage of York and Yorkshire, focusing on the foundation, reformation, persecution, and revival of faith in this region.

For more information or to book your place, please contact Bridget Teasdale at bridget.teasdale@acnuk.org. A non-refundable deposit of £90 is required to secure your spot, with the total pilgrimage cost being £285. Please see the poster and additional details in the porch.

Catholic National Shrine & Basilica of Our Lady

The latest newsletter can be read [at this link](#)

Diocese of Plymouth Newsletter

The Diocesan newsletter for June [please click here](#)

Catholic Bishops of England and Wales

For the latest news from the Bishops' Conference [please click here](#)

Exeter Foodbank

Donations of priority items are especially needed: Tinned meat meals, tinned potatoes, pasta/noodle snacks, rice pudding, tinned fruit, biscuits, jams and spreads. There is a collection basket at the back of the church. Please email Mark at info@exeterfoodbank.org.uk to find out how you can help.

Christians Together Across Exeter

Exeter Foodbank seeking new Advice Worker

Our amazing Advice Worker, Ali, has decided to retire. We need to find someone with a real passion to help people. For information [please visit this link](#).

FORMING IN FAITH TOGETHER

Bishop Robert Barron's The Mass

Join us for Bishop Robert Barron's six-part film series: The Mass. This fascinating and highly informative series explores the Mass in wonderful detail, opening up the treasures of what we understand as the source and summit of our faith.

The meetings will be fortnightly, and the episodes will be shown at two locations:

Monday morning Next meeting 16 June 10.30am-12.00pm in the Lower Room at Sacred Heart.

Tuesday evening 17 June 7.15-9.00pm at St Richard Reynolds Centre at Blessed Sacrament.

Baptism Preparation Courses 2025

Next Courses: 14 and 21 June 2025 and 11 and 18 October 2025, 10.10am to 12.15pm. Godparents are especially welcome to attend the course as their role is explored. Click [Baptism Enquiry form](#) to register. If you have any problem accessing this, contact the parish office at Exeter-heavitree@prcdtr.org.uk or 01392 274724.

GIFT Join the team

We'd love you to help us; get in touch if you could offer one Saturday morning a month to join the catechist teams or volunteer to serve refreshments.

GIFT tots

Our next sessions will be on Friday 13 June and 24 July in the St Richard Reynolds Centre.

If you and your little one(s) would like to join us, please register using this link:

[GIFT Tots Registration Form](#)

Please note there are no GIFT Tot sessions on 27 June, and 10 July. There are also no meetings in August. We will begin meeting every 2nd and 4th Friday in September beginning on Friday 13 September.

GIFT families and youth

GIFT is for primary and secondary aged families and supports them to live and grow as Catholics. It enables parents to prepare their children to receive the sacraments of Reconciliation, Holy Communion and Confirmation.

Register for GIFT and GIFT Youth at these links:

[GIFT Registration Form](#) [GIFT Youth Registration Form](#)

Mark 10 Mission

This website offers short children's liturgy videos for both under 8s and 8-12 year olds to help families engage with the Sunday Gospel. You can use this to help your children prepare for and engage with the Sunday Mass. Check out the [website here](#).

GIFT youth – Sacrament of Confirmation

Growing in faith, attending GIFT Youth sessions and participating in Sunday Mass are all key elements of a deepening faith. If you are interested in receiving the Sacrament of Confirmation this year, please get in touch with the parish office.

GIFT youth Socials

Next social is on Friday 20 June 7.30–9.30pm in the St Richard Reynolds Centre.

GIFT youth – SPREE Festival Weekend

Westpoint Arena Exeter. SPREE is an exciting weekend festival for young people to build strong friendships and explore their Christian faith together. The festival is running from Friday 27 – Sunday 29 June. Early bird tickets cost £80, and parishes have kindly offered to subsidise youth tickets by 50%.

Have a look at Spree's 60 second promotional video [here](#).

Please note all youth attending must register with GIFT youth. If you are interested in attending, please get in touch with Maria for more information: exeter-pastoral-assistant@prcdtr.org.uk

Wednesday Word Scripture Reflection

Wednesdays 2.00 – 3.00pm via zoom. We meet to pray, read, meditate and reflect on the upcoming Sunday's Gospel. We are a friendly and inclusive group from different walks of life, and we'd be delighted if you joined us. Contact Maria exeter-pastoral-assistant@prcdtr.org.uk if you would like to join us.

Going into hospital?

If you, or someone you know, is going into hospital for any length of time and would like the Chaplaincy team to know, please let the parish office know.

Getting Married?

Congratulations. If you are hoping to marry at Blessed Sacrament Church or any other place, including abroad, we require at least six months' notice. Please contact the parish office to arrange an appointment to meet with the parish priest.

PRAYER & LITURGY

We commend to the Lord...

Margaret Hayman who has died. May she rest in peace. Her funeral Mass will be celebrated on 11 June at 9.30am at Blessed Sacrament Church. All welcome.

Praying the Rosary

The Rosary is prayed at Blessed Sacrament Parish every first and third Wednesday after 9.30am Mass. All welcome.

Pope's June Prayer Intention

That the world might grow in compassion

Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.

[The Pope Video](#)

Priests' Jubilee Celebration

Our Parish Priest Fr Jonathan and Fr Anthony Onuoha, parish priest of St Joseph's Newton Abbot are both celebrating the 25th Anniversary of their ordination to the priesthood this year. The annual diocesan celebration of Jubilees will be at Buckfast Abbey's Blessed Sacrament Chapel on Friday 13 June. Mass will be celebrated at 12.00pm and it would be wonderful if some of you were able to be with us.

Light a Candle at the St Boniface National Shrine

As we approach the Feast of St Boniface this June, the Jubilee Year offers a special opportunity for reflection, celebration, and unity in faith. Lighting a candle at the National Shrine is a profound way to participate—it symbolizes prayer, devotion, and our connection with Our Lord.



To take part simply go to our website :

<https://catholicchurchcrediton.org/>
and click the "Light a Candle" tab.

It will take you to our give a little donation page.



*Candles will be lit upon request on Wednesdays before 4pm
and Sundays before 9.30am Mass*

**Thank you
for your support**





Prayer for Parish Renewal

Almighty God, source of power and life, pour out
the grace of your Holy Spirit upon our parish.

Renew our **hope**, that your light may shine in the darkness.

Renew our **courage**, that we may confidently proclaim your Good News.

Renew our **joy**, that we may sing a new song to you.

Renew our **gratitude**, that we may rejoice in your gifts.

Renew our **wonder**, that we may appreciate the beauty of your creation.

Renew our **love**, that we may experience yours.

Renew our **faith**, that we may walk in your ways.

Renew our **hearts**, that we may build your kingdom on earth.

Make us a community built on the foundation of your love
to be a sign of your presence in the world.

Through Christ our Lord. Amen.

Come Holy Spirit!

THE WORD

Sunday 8 June – Pentecost Sunday

First Reading Acts 2:1-11

They were all filled with the Holy Spirit and began to speak.

Psalm Response Send forth your spirit, O Lord, and renew the face of the earth.

Second Reading 1 Corinthians 12: 3b-7, 12-13

In one Spirit we were all baptised into one body.

Gospel John 20:19-23

As the Father has sent me, even so I am sending you. Receive the Holy Spirit.

Sunday 15 June – The Most Holy Trinity

First Reading Proverbs 8:22-31

Before the beginning of the earth, Wisdom was brought forth.

Psalm Response

O Lord, our Lord, how majestic is your name through all the earth!

Second Reading Romans 5:1-5

To God through Christ in the love which is poured out through the Spirit.

Gospel John 16: 12-15.

All that the Father has is mine; the Spirit will take what is mine and declare it to you.

CONTACT US

Blessed Sacrament Parish

29 Fore Street, Heavitree, Exeter EX1 2QJ
01392 274724 exeter-heavitree@prcdtr.org.uk

Parish Priest *Fr Jonathan Stewart*

Priest in retirement *Fr John Watkins*

Pastoral Assistant *Maria Quinn*
exeter-pastoral-assistant@prcdtr.org.uk

Parish Secretary *Catherine Odams*

Parish Office *Open Tuesday – Friday 10.00am–4.00pm*
Gift Aid enquiries: Exeter-heavitree-giftaid@prcdtr.org.uk

Parish website blessedsacrament.org.uk

Parish Facebook [Catholic Exeter](https://www.facebook.com/CatholicExeter)

Safeguarding *If you have any concerns about a vulnerable child or adult, please contact the parish office on 01392 274724 or by email: exeter-heavitree@prcdtr.org.uk*

Parish Safeguarding Representatives

*Maria Edwards 07870 696530
& Catherine Odams 01392 274724*

St Nicholas School

St Nicholas Catholic Primary School,
Ringswell Avenue, Exeter EX1 3EG
01392 445403. admin@stnics.uk
www.st-nicholas-exeter.devon.sch.uk

Head Teacher Mr Damian Railston



DIOCESE OF PLYMOUTH

Blessed Sacrament Parish is part of the Diocese of Plymouth.