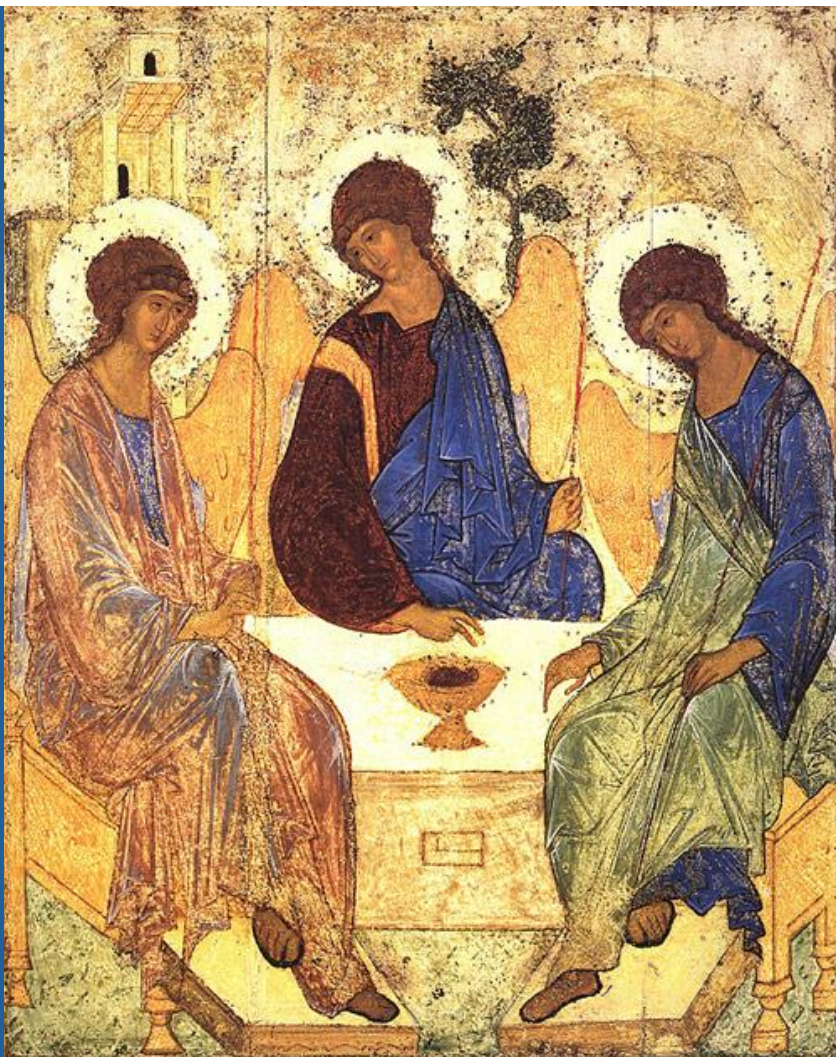


PARISH NEWS



BLESSED SACRAMENT PARISH, HEAVITREE, EXETER
20 July 2025. Sixteenth Sunday in Ordinary Time Year C | *Psalter 4*

THE HOSPITALITY OF ABRAHAM



MASS TIMES

Sunday 20 July – Sixteenth Sunday in Ordinary Time

Sea Sunday – *Praying for Seafarers and Fishers*

8.45am *Private Intention*
10.45am *People of the Parish*
2.00pm *Syro-Malabar Rite Mass*
6.00pm *Seafarers and Fisher Folk*

Tuesday 22 July – St Mary Magdalene

6.30pm *Private Intention*

Wednesday 23 July – St Bridget of Sweden – Religious, Patron of Europe

9.30am *For a new bishop*

Followed by refreshments in the St Richard Reynolds Centre

Thursday 24 July

9.30am
6.00pm Adoration of the Blessed Sacrament

Friday 25 July – St James, Apostle

6.30pm

Saturday 26 July – SS Joachim and Anne

9.30am
5.00pm *Syro-Malabar Rite Mass*

Sunday 27 July – Seventeenth Sunday in Ordinary Time

8.45am *Kath Jenkinson RIP*
10.45am *Marjorie Elizabeth Gifford Pitman RIP*
6.00pm *People of the Parish*

Tuesday 29 July – SS Martha, Mary and Lazarus

6.30pm *Giuseppe Giachino RIP*

Wednesday 30 July –

9.30am
Followed by refreshments in the St Richard Reynolds Centre

Thursday 31 July – St Ignatius of Loyola, Priest

9.30am
6.00pm Adoration of the Blessed Sacrament

Friday 1 August – St Alphonsus Liguori- Bishop, Doctor of the Church

6.30pm

Saturday 2 August

9.30am
4.00pm *Syro-Malabar Rite Mass*

Sunday 3 August – Eighteenth Sunday in Ordinary Time

8.45am *People of the Parish*

10.45am

2.00pm Syro-Malabar Rite Mass

6.00pm

Confessions Saturdays after 9.30am Mass or by appointment.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday. For children aged 3 – School Year 3. Please register as you arrive at church.

Live stream Mass [Access the parish YouTube page at this link.](#)

NEWS & EVENTS



Sea Sunday 20 July Stella Maris

This Sunday we welcome Ann Donnelly, Regional Port Chaplain for Teignmouth & Plymouth, to talk about the work of Stella Maris, formerly the Apostleship of the Sea.

Seafarers and fishers play a vital role in all our lives, but they often work in difficult, hazardous conditions. We will be marking Sea Sunday on 20 July. Sea Sunday is when the Church prays

for all those who live and work at sea. Your support will make a big difference to seafarers and fishers in need. There will be a second collection for Stella Maris, and Gift Aid envelopes will be available. You can also donate [at this link](#) or by texting 'SEA' to 70460 to donate £5. This collection is vital to enable Stella Maris to continue its important work, so please give generously. Thank you.

Society for the Protection of the Unborn (SPUC)

Join the Fight back! Get Your Action Pack

In the space of one week in June 2025, MPs voted to allow women to abort their baby up to birth for any reason, and to legalise assisted suicide. Life is under attack. This is a dark time for our country. But we must not give up. This is a rallying call to rise up and fight for a culture of life, because every life matters. Will you join us? Please fill out one of the postcards at the back of the church, and SPUC will send you information about what you can do for the cause. Take some away for family and friends. In times like these, we need people like you to stand up in defence of life.



Save the date-Alpha is coming!

We are delighted to say that we are holding another Alpha course beginning on 16 September at 7.00pm in the Richard Reynolds Centre. This exciting series will run on a Tuesday evening until November 25.

If you, and friends, would like to join us for this exploration of the basics of the Christian faith in an open friendly environment, share conversation and

supper then please keep these dates free in your diary and in the next few weeks we will let you know how to join.

Catholic Women's League (CWL)

Thanks to the generosity of the members of our two parishes and the hard work of the ladies of the Exeter CWL we have, in 2025, had an excellent year for fundraising. We have made the following donations for the year 2025:

St Petroc's for the Exeter homeless from our Lenten Lunch receipts:	700.00
Mary's Meals	400.00
Exeter YMCA	400.00
Hospiscare	400.00
McMillan Cancer care	400.00
Exeter Leukaemia Fund	400.00
Society of Our Lady of Lourdes	400.00
Devon Air Ambulance	400.00
Royal National Lifeboat Inst.	400.00
Force Cancer Centre Exeter	400.00
Sense - For Deaf/Blind children	400.00
Donation to parishioner for Cancer Drugs	300.00

Flower Arrangers – Update

In response to our recent request for additional volunteers, we are pleased that our team has grown from one to two members. However, as we approach the holiday season, there will be intervals during which fresh flowers cannot be provided, as both arrangers will be unavailable to renew the arrangements. Additionally, planned road closures will limit access for our arrangers. During these periods, dried flower arrangements will be displayed beside the Tabernacle only.

Interested in Volunteering?

You do not need to be a professional florist—anyone with an interest in flowers and willingness to help is welcome. Volunteers are needed for the following tasks:

- Selecting and arranging flowers in vases.
- Watering and maintaining arrangements when needed during the week.
- Removing or refreshing flowers as necessary.

Whether you are available occasionally, or for special occasions such as Christmas or Easter, or a certain Jubilee celebration, or once a month, your assistance would be appreciated. This is a calm and thoughtful way to contribute to our community. Please email Stephanie Bending on bendinghall@gmail.com

Father Jonathan's Silver Jubilee Celebration Saturday 6 September

The 25th Anniversary of Fr Jonathan's ordination to the priesthood was on Tuesday 8 July. Due to previous commitments we will be celebrating the anniversary as a parish with Mass at 11.00am on Saturday 6 September at Blessed Sacrament Church.



You are all warmly invited to celebrate with Fr Jonathan, giving thanks to God for twenty five years of priestly ministry. After Mass there will be further celebrations at St Nicholas School to which you are all also invited.

We would like to buy an appropriate gift to show our thanks and appreciation for his service to us all in our community. If you would like to, and are able, please make a donation. Cash donations can be made through the special envelopes that will be available in the church porch. Bank transfers may be made using these details: PRCDT Heavitree RC Parish, A/C no 06036007, Sort Code: 52 41 60. Please mark this donation: 'Fr J Jubilee'. Alternatively, the card machine will be available for donations.

Thank you. Ann, Angela, Gary, Jane and Sheila - "Silver Jubilee Enablers" 😊

Job Opportunity: CAFOD Community Participation Coordinator - Diocese of Plymouth

Contract: Permanent. Hours: Part-time 3 days per week (21 hours per week)

Location: Working from home, anywhere in the Diocese of Plymouth

Do you have a strong interest in global justice and international development? Do you want to put your faith into action? Are you able to support a growing team of CAFOD volunteers working in diocesan parishes and schools?

The role enables a team of committed volunteers to inspire and support Catholics to participate in the Church's mission to overcome poverty and injustice in partnership with CAFOD.

For more information, please visit: www.cafod.org.uk/work-with-us and click on current vacancies to find the role. Closing date: 27 July 2025

Vacancy in the Diocese of Plymouth

We have a vacancy for a part time Safeguarding Case Worker – Victim/Survivor Support. Please contact recruitment@prcdtr.org.uk to obtain an application form and job description. Applications are by covering letter and application form to recruitment@prcdtr.org.uk. Closing date 28 July 2025.

2025 Diocesan Youth Rally

20th September, St Rita's, Honiton. 12.00–6.00pm

Aimed at those aged 6-16 years. Come as a team of 6 (over 12s or under 12s), or join a team. A fun way to meet others from across the Diocese, have a go at some of the challenges and maybe win a trophy. To book [click here](#) For further information: youth@prcdtr.org.uk

Unbound Freedom in Christ Prayer Conference

September 20/21 St Boniface RC College. Plymouth.

Deliverance. Freedom. Belonging

- Negative thoughts, repetitive sins and unhealthy relationships.
- Destructive habits, idols, and false identities.
- Resentments and bitter wounds that never seem to heal.

What if you could reach out and touch God's love and never be the same?

Unbound Ministry releases the power of Jesus into wounded hearts.

The Unbound: Freedom in Christ Conference will empower you to break the powerful chains in your life, so that you can walk in the fullness of freedom.

Don't miss this opportunity to experience transformation and renewal in your life.

Unbound is a non-confrontational freedom and inner healing ministry which helps people worldwide reclaim their true- identity in Christ.

Trained ministry teams will be on site. Author and co-founder Matt Lozano will be speaking live from the USA. Mass. Confessions. Adoration. Praise and worship and Refreshments. Tickets £40 via the link. Booking essential; tickets not available on the door. Over 18s only. For more details 01752 701660 or 07940 453607

Book your ticket [here](#) .

Year of Jubilee – Jubilee of Catechists

27 September at Buckfast Abbey 10.00am – 4.00pm.

A day for catechists and those interested in catechesis.

“My teaching is not mine, but His who sent me.” John 7:16

Speakers include: Dr Pat McGovern and the LIFT Team from Truro and Deacon Tim van Kroonenburg from Newton Abbot parish.

To book please contact plymouth-crownhill@prcdtr.org.uk. If you would like to share gifts and experiences, displays, posters or presentations, please contact deborah.vankroonenburg@prcdtr.org.uk

St Nicholas School News

Well done to our Yr 6 children who performed their end of year play based on Peter Pan, "Pantastic", for parents and the whole school this week. It was a triumph, and we are incredibly proud of them all.

In the final week we have Young Enterprise and a pizza party for yr 6.

Nursery Places

We have sessions available from September in our Nursery for 3–4-year-olds. We offer 15 and 30 hours (extended) funding and additional hours are only £5.50 per hour. You can choose all day or half day sessions (dependent on availability), with or without lunch. We can also offer wraparound care in our Breakfast and After School Club up to 6.00pm. Please contact the school by emailing admissions@stncls.uk . There are more details on our website [here](#) to find out more about our Nursery provision and to book a tour! Come and see us in action and find out more about joining our school family.

Summer Holiday!

We wish all parishioners a sunny, restful Summer filled with fun.

And we wish all at St Nicholas School a very happy and healthy summer holiday when you break up next week. Thank you for all you do for our children and families. We are truly blessed by your presence in our community.

School Transport grants for the academic year 2025-26

The Diocese of Plymouth is now taking applications from parents/guardians wishing to apply for grants for transport to a Catholic or Catholic/CofE school situated in the Diocese of Plymouth. Applications for the academic year 2025-26 must be submitted in writing and be signed by the Parish Priest. Families will be notified at the start of the Autumn term if their application has been successful.

There are limited funds and not all applications may be successful.

You can obtain an application form from the parish office.

Bible Alive

There are 3 copies of this publication in the church porch, price £3.00. Please put your money in the box marked “books and papers”

Catholic South West

Latest edition, price 50p. Please put money in the box marked “books and papers”.

Diocese of Plymouth July Newsletter...

...can be read [at this link](#)

Catholic Bishops of England and Wales

For the latest news from the Bishops' Conference [please click here](#).

Exeter Foodbank

The top five items needed this week are: Tinned fruit, pasta/noodle snacks, rice pudding, vegetarian meals, jams and spreads. There is a collection basket at the back of the church. [Exeter Food Bank](#)

Going into Hospital?

If you, or someone you know, is going into hospital for any length of time and would like the Chaplaincy team to know, please let the parish office know.

Getting Married?

Congratulations. If you are hoping to marry at Blessed Sacrament Church or any other place, including abroad, we require at least six months' notice. Please contact the parish office to arrange an appointment to meet with the parish priest.

FORMING IN FAITH

Baptism Preparation Courses 2025

Next Course: 11 and 18 October 2025, 10.10am to 12.15pm. Godparents are especially welcome to attend the course as their role is explored. Click [Baptism Enquiry form](#) to register. If you have any problem accessing this, contact the parish office at Exeter-heavitree@prcdtr.org.uk or 01392 274724.

Wednesday Word Scripture Reflection

Wednesdays 2.00 – 3.00pm via zoom. We meet to pray, read, meditate and reflect on the upcoming Sunday's Gospel. We are a friendly and inclusive group from different walks of life, and we'd be delighted if you joined us. Contact Maria exeter-pastoral-assistant@prcdtr.org.uk if you would like to join us.

GROWING IN FAITH TOGETHER

GIFT

is for primary and secondary aged families and supports them to live and grow as Catholics. It enables parents to prepare their children to receive the sacraments of Reconciliation, Holy Communion and Confirmation.

Register for GIFT and GIFT Youth at these links: [GIFT Registration Form](#) [GIFT Youth Registration Form](#)

Mark 10 Mission

This website offers short children's liturgy videos for both under 8s and 8–12-year-olds to help families engage with the Sunday Gospel. You can use this to help your children prepare for and engage with the Sunday Mass. Check out the [website here](#).

GIFTTots

Our next session will be on Friday 24 July in the St Richard Reynolds Centre. If you and your little one(s) would like to join us, please register using this link: [GIFT Tots Registration Form](#)

Please note there are no GIFT Tots meetings in August. We will begin meeting every 2nd and 4th Friday in September beginning on Friday 13 September.

GIFT Youth Socials

Next social Friday 12 September 7.30–9.30pm in the St Richard Reynolds Centre.

GIFT Youth – Sacrament of Confirmation

Growing in faith, attending GIFT Youth sessions and participating in Sunday Mass are all key elements of a deepening faith. If you are interested in receiving the Sacrament of Confirmation this year, please get in touch with the parish office.

GIFT Join the team

We'd love you to help us; get in touch if you could offer one Saturday morning a month to join the catechist teams or volunteer to serve refreshments.

PRAYER & LITURGY

Please pray for...

the children who will be receiving Holy Communion for the first time on the next two Sundays. We thank God for the gift of the Eucharist and pray that their lives and the lives of their families will be truly graced. And thank you to all who have helped prepare them for this important moment on their faith journey.

We commend to the Lord...

All those who have died and whose anniversaries occur round this time. May they rest in peace and rise in glory.

Praying the Holy Rosary

Blessed Sacrament every first and third Wednesday after 9.30am Mass.

Pope's July Prayer Intention- For formation in discernment

Let us pray that we might again learn how to discern, to know how to choose paths of life, and reject everything that leads us away from Christ and the Gospel.

[Click to Pray](#)

THE WORD

Sunday 20 July – Sixteenth Sunday in Ordinary Time

First Reading Genesis 18: 1-10a *O Lord, do not pass by your servant.*

Psalm Response O Lord, who may abide in your tent?

Second Reading Colossians 1: 24-28

The mystery hidden for ages but now revealed to his saints.

Gospel Luke 10:38-42 *Martha welcomed him. Mary has chosen the good portion.*

Sunday 27 July – Seventeenth Sunday in Ordinary Time

First Reading Genesis 18: 20 -32 *Oh let not the Lord be angry, and I will speak.*

Psalm Response On the day I called, you answered me, O Lord.

Second Reading Colossians 2: 12-14

God made you alive together with him, having forgiven all trespasses.

Gospel Luke 11:1-13 *Ask, and it will be given unto you.*

Sunday 3 August – Eighteenth Sunday in Ordinary Time

First Reading Ecclesiastes 1:2, 2:21-23 *What has a man from all his toil?*

Psalm Response O Lord, you have been our refuge, from generation to generation.

Second Reading – Colossians 3:1-5, 9-11

Seek the things that are above, where Christ is.

Gospel Luke 12:13-21 *The things you have prepared, whose will they be?*

CONTACT US

Blessed Sacrament Parish

29 Fore Street, Heavitree, Exeter EX1 2QJ
01392 274724 exeter-heavitree@prcdtr.org.uk

Parish Priest *Fr Jonathan Stewart*

Priest in retirement *Fr John Watkins*

Pastoral Assistant *Maria Quinn*
exeter-pastoral-assistant@prcdtr.org.uk

Parish Secretary *Catherine Odams*

Parish Office *Open Tuesday – Friday 10.00am–4.00pm*
Gift Aid enquiries: Exeter-heavitree-giftaid@prcdtr.org.uk

Parish website blessedsacrament.org.uk

Parish Facebook [Catholic Exeter](#)

Safeguarding *If you have any concerns about a vulnerable child or adult, please contact the parish office on 01392 274724 or by email: exeter-heavitree@prcdtr.org.uk*

Parish Safeguarding Representatives
Maria Edwards 07870 696530
& *Catherine Odams 01392 274724*

St Nicholas School

St Nicholas Catholic Primary School,
Ringswell Avenue, Exeter EX1 3EG
01392 445403. admin@stnics.uk
www.st-nicholas-exeter.devon.sch.uk

Head Teacher Mr Damian Railston

