

# PARISH NEWS



BLESSED SACRAMENT PARISH, HEAVITREE, EXETER  
*10 August 2025. 19th Sunday in Ordinary Time Year C1 Psalter 3*

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DRESSED

FOR ACTION



**VIGILANCE.** We wait for glory or ruin, salvation or disaster. This is the choice that faces the Christian each and every day, as we wait for the Lord to return, as he promised he would. We often live our lives leaving such things to a distant, shadowy future – like the person who is going to fix that faulty lock or window-frame, but in the end doesn't get round to it before the burglar comes. The lamps of our lives should be lit and shining, filled to the brim with the oil of prayer and charity, singing the hymns of the fathers as we wait for the Master to return. *Salford Office for Liturgy*

## MASS TIMES

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### **Sunday 10 August – 19th Sunday in Ordinary Time**

8.45am                *Bernard Glanfield RIP*  
10.45am  
2.00pm                Syro Malabar Rite Mass  
6.00pm                *People of the Parish*

### **Tuesday 12 August**

6.30pm

### **Wednesday 13 August**

9.30am

*Followed by refreshments in the St Richard Reynolds Centre*

### **Thursday 14 August – St Maximilian Mary Kolbe, Priest & Martyr**

9.30am                *Florence Adiba Mbamali RIP*  
6.00pm                Adoration of the Blessed Sacrament

### **Friday 15 August – The Assumption of the Blessed Virgin Mary**

9.30am                *Lizzie Laydon RIP*  
7.00pm

### **Saturday 16 August –**

#### **No Mass**

4.00pm                Syro-Malabar Rite Mass

### **Sunday 17 August – 20th Sunday in Ordinary Time**

8.45am  
10.45am  
2.00pm                Syro Malabar Rite Mass  
6.00pm                *People of the Parish*

**Confessions** Saturdays after 9.30am Mass or by appointment.

### **Liturgy of the Word for Children**

During term time at 10.45am Mass on Sunday. For children aged 3 – School Year 3. Please register as you arrive at church.

Live stream Mass [Access the parish YouTube page at this link.](#)

## NEWS & EVENTS

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### Alpha is coming – Save the date

We are delighted to announce that our next Alpha course will begin on Tuesday 16 September at 7.00pm in the St Richard Reynolds Centre. This exciting series will run on Tuesday evenings until November 25.

If you, and friends, would like to join us for this exploration of the basics of the Christian faith in an open friendly environment, share conversation and supper then [please click on this link to show your interest](#) and we will be in touch.

### Important Message: Nationwide Emergency Alert

Sunday 7 September 2025 at 3pm

The UK Government will sound the next Nationwide Emergency alert on Sunday 7 September 2025 at 3.00pm. This alert is designed to protect the public. However, for victims of domestic abuse, especially those living with a hidden or second mobile device, it can unintentionally put them at serious risk.

NOTE: The alert, which triggers a loud, unavoidable siren and message on all compatible mobile phones, **will sound even if a phone is on silent.**

[For more information please follow this link.](#)

For individuals currently managing their safety discreetly, especially those in coercive or controlling environments, this could expose a secret device or raise questions that could jeopardise their wellbeing.

#### **Important Safeguards to Take NOW**

Disable alerts on any hidden device (Settings > Notifications > Advanced Settings > Emergency Alerts). Please note this varies by device / operating system. Detailed instructions from the gov.uk website to “opt out” of the alerts: [can be found at this link](#). Consider turning off or powering down any secondary phone before the test.

ACTION: Please circulate this information to anyone you believe may be at risk.

### Accommodation required

A parishioner is seeking privately rented accommodation, ideally in Heavitree. The requirements are that the accommodation be ground floor, close to shops and bus stops, and preferably not a house share. The parishioner is a non-smoker, not a pet owner and is child free. Please contact the parish office if you can help.

## Father Jonathan's Silver Jubilee Celebration Saturday 6 September

Fr Jonathan's celebrated the Silver Jubilee of his ordination to the priesthood on Tuesday 8 July. We will celebrate the anniversary as a parish with Mass at 11.00am on Saturday 6 September at Blessed Sacrament Church.



If you would like to, and are able, please make a donation. Cash donations can be made through the special envelopes that will be available in the church porch. Bank transfers may be made using these details: PRCDT Heavitree RC Parish, A/C no 06036007, Sort Code: 52 41 60. Please mark this donation: 'Fr J Jubilee'. Alternatively, the card machine will be available for donations.

## Parish pilgrimage to Launceston

On Saturday 11 October you are invited to join a pilgrimage to St Cuthbert Mayne Church in Launceston, one of the four designated pilgrimage sites in our diocese this Jubilee Year. Canon John Deeny will welcome us to mass at 11.00am before we have a chance to view the relic of St Cuthbert Mayne among others.

Find out about one of our region's patron saints, bring lunch to share in the parish centre, and follow an optional town trail around key sites related to St Cuthbert Mayne's life. And for those with Pilgrim Passports, you can add another stamp!

To register your interest and for more information, contact the Parish Office [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk). In keeping with the Jubilee theme of Care for Creation, we would like to arrange a car share. So please let us know if you require a lift or could offer a number of seats to your fellow pilgrims.



## Mad deacons at it again!

Deacons Brian and Kelvin are hoping to do a 100-mile tandem bike ride next summer, 2026. Sadly, they have a problem - they have no tandem! Can you help?

This cycling event will raise money to educate impoverished students in Kenya. Thank you.

## Plymouth CAST needs your help

Plymouth CAST is a Catholic multi-academy trust of 34 schools and 1 nursery, spanning the Diocese of Plymouth. Our mission is to be a community of outstanding schools in which our pupils flourish in safe, happy, and stimulating environments and leave us with the knowledge and skills, personal qualities, and aspirations, to make the world a better place, inspired by the Gospel.

We are looking to expand our Board of Directors. We are particularly interested in hearing from you if you have skills and current or recent experience of education at primary or secondary level, particularly within a multi-academy trust.

Please contact the Clerk to the Trust Board for further information, Mrs Leah Paiano  
[paiano@plymouthcast.org.uk](mailto:paiano@plymouthcast.org.uk)

## 2025 Diocesan Youth Rally

20 September, St Rita's, Honiton. 12.00–6.00pm

Aimed at those aged 6-16 years. Come as a team of 6 (over 12s or under 12s), or join a team. A fun way to meet others from across the Diocese, have a go at some of the challenges and maybe win a trophy. To book [click here](#) For further information: [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

## Unbound-Freedom in Christ

Prayer Conference September 20/21 St Boniface College. Plymouth.  
Deliverance. Freedom. Belonging.

- Negative thoughts, repetitive sins and unhealthy relationships.
- Destructive habits, idols, and false identities.
- Resentments and bitter wounds that never seem to heal.

What if you could reach out and touch God's love and never be the same?

Unbound is a non-confrontational freedom and inner healing ministry which helps people worldwide reclaim their true- identity in Christ.

Author and co-founder Matt Lozano will be speaking live from the USA.

Mass. Confessions. Adoration. Trained ministry teams. Praise and worship.

Booking essential tickets not available on the door. Over 18s only.

Tickets £40 via the link. [Book your ticket here](#)

For more details 01752 701660 or 07940 453607

## Year of Jubilee – Jubilee of Catechists

27 September at Buckfast Abbey 10.00am – 4.00pm.

A day for catechists and those interested in catechesis.

*“My teaching is not mine, but His who sent me.” John 7:16*

Speakers include: Dr Pat McGovern and the LIFT Team from Truro and Deacon Tim van Kroonenburg from Newton Abbot parish.

To book please contact [plymouth-crownhill@prcdtr.org.uk](mailto:plymouth-crownhill@prcdtr.org.uk). If you would like to share gifts and experiences, displays, posters or presentations, please contact [deborah.vankroonenburg@prcdtr.org.uk](mailto:deborah.vankroonenburg@prcdtr.org.uk)

## Marriage help – Retrouvaille

Retrouvaille helps couples find hope and healing for their marriage. Next date: 17-19 October. [www.retrouvaille.org.uk](http://www.retrouvaille.org.uk) Tel: 0788 7296983

## Catholic South West

August edition is available in the porch, price 50p. Please put money in the box marked “books and papers”.

## Diocese of Plymouth latest Newsletter...

...can be read [at this link](#)

## Caritas Plymouth Newsletter

[Click at this link](#) to read the latest edition of the Caritas Diocese of Plymouth newsletter, with news of love in action and upcoming events in our diocese

## Catholic Bishops of England and Wales

For the latest news from the Bishops' Conference [please click here.](#)

## Exeter Foodbank

The top five items needed this week are: Small jars of coffee, tinned meat meals, pasta/noodle snacks, vegetarian meals, pasta sauce, rice. There is a collection basket at the back of the church. [Exeter Food Bank](#)

## Going into Hospital?

If you, or someone you know, is going into hospital for any length of time and would like the Chaplaincy team to know, please let the parish office know.

## Getting Married?

Congratulations. If you are hoping to marry at Blessed Sacrament Church or any other place, including abroad, we require at least six months' notice. Please contact the parish office to arrange an appointment to meet with the parish priest.

# FORMING IN FAITH

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## Baptism Preparation Courses 2025

Next Course: 11 and 18 October 2025, 10.10am to 12.15pm. Godparents are especially welcome to attend the course as their role is explored. Click [Baptism Enquiry form](#) to register. If you have any problem accessing this, contact the parish office at [Exeter-heavitree@prcdtr.org.uk](mailto:Exeter-heavitree@prcdtr.org.uk) or 01392 274724.

## Wednesday Word Scripture Reflection

Wednesdays 2.00 – 3.00pm via zoom. We meet to pray, read, meditate and reflect on the upcoming Sunday's Gospel. We are a friendly and inclusive group from different walks of life, and we'd be delighted if you joined us. Contact Maria [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk) if you would like to join us.

# GROWING IN FAITH TOGETHER

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## FORMING IN FAITH

Our fortnightly sessions held at Sacred Heart after the 10.00am Mass on Mondays from 10.30am-12.00pm, will not meet during August. Our next session will be on Monday 8 September in the Lower Room. All welcome!

## GIFT

is for primary and secondary aged families and supports them to live and grow as Catholics. It enables parents to prepare their children to receive the sacraments of Reconciliation, Holy Communion and Confirmation. The next session will be on Saturday 13 September.

Register for GIFT and GIFT Youth at these links: [GIFT Registration Form](#) [GIFT Youth Registration Form](#)

## Mark 10 Mission

This website offers short children's liturgy videos for both under 8s and 8–12-year-olds to help families engage with the Sunday Gospel. You can use this to help your children prepare for and engage with the Sunday Mass. Check out the [website here](#).

## GIFT tots

If you and your little one(s) would like to join us, please register using this link:

[GIFT tots Registration Form](#)

Please note there are no GIFT Tots meetings in August. We will begin meeting every 2nd and 4th Friday in September, from 10.15am to 11.15am, beginning on Friday 12 September, in the St Richard Reynolds Centre.

## GIFT Youth Socials in the St Richard Reynolds Centre.

Next social Friday 12 September 7.30–9.30pm in the St Richard Reynolds Centre.

## GIFT Youth – Sacrament of Confirmation

Growing in faith, attending GIFT Youth sessions and participating in Sunday Mass are all key elements of a deepening faith. If you are interested in receiving the Sacrament of Confirmation this year, please get in touch with the parish office.

## GIFT Join the team

We'd love you to help us; get in touch if you could offer one Saturday morning a month to join the catechist teams or volunteer to serve refreshments.

## PRAYER & LITURGY

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### We commend to the Lord...

Terry Smyth RIP. Terry's funeral will be on Friday 15 August 2.00pm at Blessed Sacrament Church. Please keep Terry and his family in your prayers. May he rest in peace and rise in glory.

## We welcome to the Life of Grace...

Esla-Mae who was baptised on Saturday, and Nyla, who will be next weekend. Please pray for their families and Godparents. May they grow in love and knowledge of the Lord and be richly blessed.

## Praying the Holy Rosary

Blessed Sacrament Church every first and third Wednesday after 9.30am Mass.

## Pope's August Prayer Intention

For formation in discernment

For mutual coexistence. Let us pray that societies where coexistence seems more difficult might not succumb to the temptation of confrontation for ethnic, political, religious or ideological reasons.

[The Pope Video](#)

## THE WORD

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### **Sunday 10 August – 19th Sunday in Ordinary Time**

**First Reading** Wisdom 18: 6-9 *By the same means by which you punished our enemies you called us to yourself and glorified us.*

**Psalm Response** Blessed the people the Lord has chosen as his heritage.

**Second Reading** Hebrews 11: 1-2, 8-19

*He was looking forward to the city whose designer and builder is God.*

**Gospel** Luke 12:32-48 *You also must be ready.*

### **Sunday 17 August – 20th Sunday in Ordinary Time**

**First Reading** Jeremiah 38: 4-6, 8-10

*You bore me, a man of contention to the whole land.*

**Psalm Response** Lord, Make haste to help me!

**Second Reading** Hebrews 12:1-4

*Let us run with endurance the race that is set before us.*

**Gospel** Luke 12:49-53 *I have not come to give peace but division.*



# CONTACT US

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## Blessed Sacrament Parish

29 Fore Street, Heavitree, Exeter EX1 2QJ  
01392 274724 [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

Parish Priest *Fr Jonathan Stewart*

Priest in retirement *Fr John Watkins*

Pastoral Assistant *Maria Quinn*  
[exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk)

Parish Secretary *Catherine Odams*

Parish Office *Open Tuesday – Friday 10.00am–4.00pm*  
Gift Aid enquiries: [Exeter-heavitree-giftaid@prcdtr.org.uk](mailto:Exeter-heavitree-giftaid@prcdtr.org.uk)

Parish website [blessedsacrament.org.uk](http://blessedsacrament.org.uk)

Parish Facebook [Catholic Exeter](https://www.facebook.com/CatholicExeter)

**Safeguarding** *If you have any concerns about a vulnerable child or adult, please contact the parish office on 01392 274724 or by email: [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)*

**Parish Safeguarding Representatives**  
*Maria Edwards 07870 696530*  
*& Catherine Odams 01392 274724*

## St Nicholas School

St Nicholas Catholic Primary School,  
Ringswell Avenue, Exeter EX1 3EG  
01392 445403. [admin@stnics.uk](mailto:admin@stnics.uk)  
[www.st-nicholas-exeter.devon.sch.uk](http://www.st-nicholas-exeter.devon.sch.uk)

Head Teacher Mr Damian Railston



*Blessed Sacrament Parish is part of the Diocese of Plymouth*