

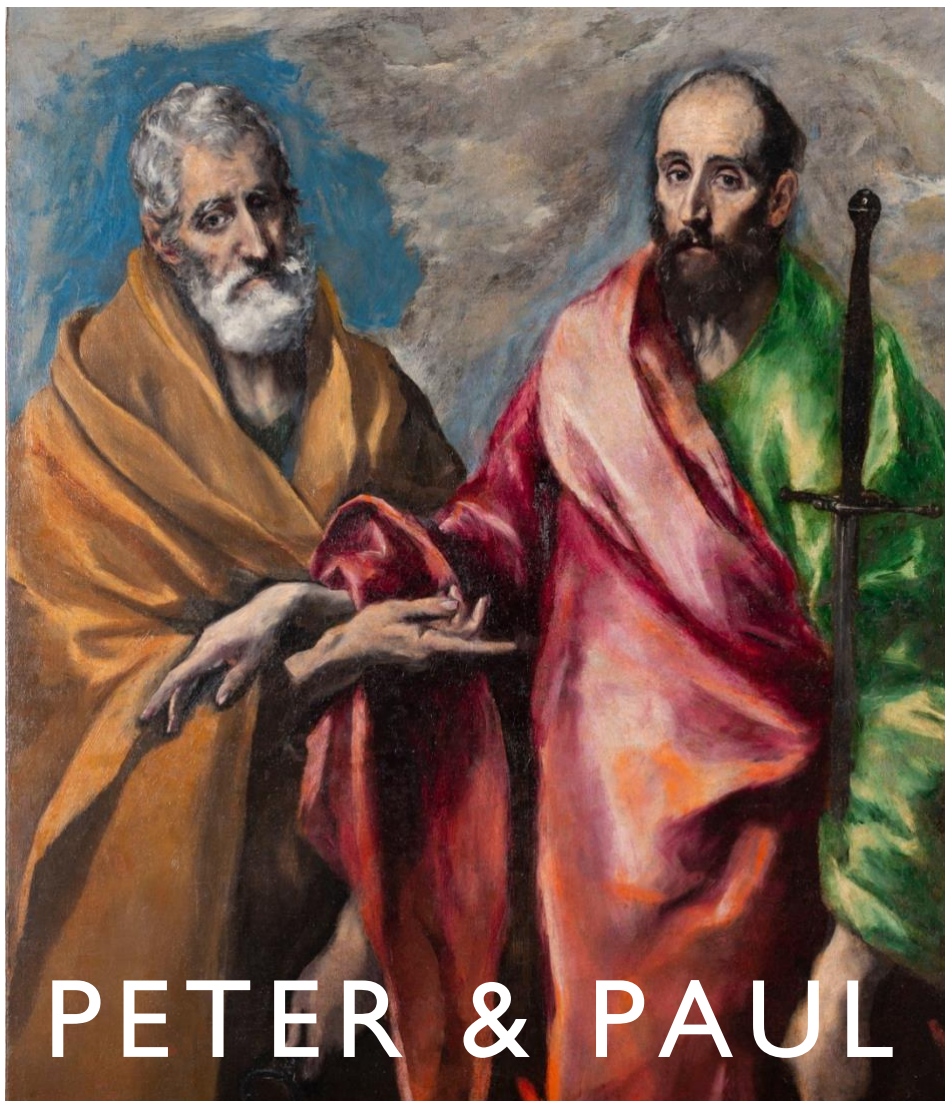
# PARISH NEWS



**BLESSED SACRAMENT PARISH, HEAVITREE, EXETER**

*28 June 2026. Feast of St Peter & St Paul, Apostles. Year A2. Psalter 1*

*5 July 2026. Fourteenth Week in Ordinary Time. Year A2. Psalter 2*



# PETER & PAUL

St Peter and St Paul are the two great heroes of the Apostolic Age - Peter for leading the first Christian communities and binding them in unity, a role that springs from his profession of faith in Caesarea Philippi, and Paul for travelling throughout the Roman Empire as the Apostle to the Gentiles, ensuring that the Gospel could be heard by all. They both ended up in Rome, the heart of the Empire, where they crowned their lives of witness by shedding their blood for Christ. As the ancient hymn for this feast day (*Decora Lux aeternitatis*) says: "Rejoice, O Rome, this day; thy walls they once did sign with princely blood, who now their glory share with thee.. What city's vesture glows with crimson deep as thine? What beauty else has earth that may compare with thee?" In celebrating the death of these apostles and martyrs, we celebrate the triumph of life and death offered fully to God.

*Salford Office for Liturgy*

## MASS TIMES

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### **Sunday 28 June – SS Peter and Paul, Apostles**

8.45am

10.45am      *Terry Laydon RIP*

2.00pm      *Syro-Malabar Rite Mass*

6.00pm      *People of the Parish*

### **Tuesday 30 June – Weekday**

6.30pm      *George Stewart RIP*

### **Wednesday 1 July – Weekday**

9.30am

### **Thursday 2 July – Weekday**

11.00am      *We welcome staff and students from four of our diocesan schools, including St Nicholas School to celebrate their time at school.*

*You are welcome to join us.*

6.00pm      *Adoration*

### **Friday 3 July – St Thomas, Apostle**

6.30pm

### **Saturday 4 July – The Chideock Martyrs**

9.30am      *Krzysztof Jasinski RIP*

### **Sunday 5 July – 14th Sunday in Ordinary Time.**

8.45am      *People of the Parish*

10.45am

2.00pm      *Syro-Malabar Rite Mass*

6.00pm      *Monica & Christopher Endicott RIP*

### **Tuesday 7 July – Weekday**

6.30pm      *George Stewart RIP*

### **Wednesday 8 July – Weekday**

9.30am      *Fr Jonathan Stewart*

### **Thursday 9 July – Weekday**

9.30am *Hilary Moraes RIP*

6.00pm Adoration

### **Friday 10 July – Weekday**

6.30pm

### **Saturday 11 July – St Benedict, Abbott- Patron of Europe**

9.30am

### **Sunday 12 July – 15th Sunday in Ordinary Time.**

8.45am

10.45am *People of the Parish*

2.00pm Syro-Malabar Rite Mass

6.00pm

**Confessions** Saturdays after 9.30am Mass or by appointment.

**Adoration** Thursdays 6.00pm in church.

### **Liturgy of the Word for Children**

During term time at 10.45am Mass on Sunday. For children aged 3 – School Year 3. Please register as you arrive at church.

**Live stream Mass** [Access the parish YouTube page at this link.](#)

## **NEWS & EVENTS**

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### **Peter's Pence Collection 28 June**

The Peter's Pence collection is a gesture of solidarity through which every member of the faithful can participate in the activity of the Pope as Pastor of the universal Church. "The faithful's offerings to the Holy Father through the Peter's Pence Collection are destined to Church needs, to humanitarian projects, as well as to the support of the Holy See."

There will be a retiring collection after Masses on Sunday 28 June, the Feast of St Peter and St Paul.

### **Sea Sunday**

Every year churches around the world celebrate Sea Sunday. It is a day for people to come together to pray for seafarers and fishers and thank them for the vital role they play in all of our lives.

There will be a retiring collection after Masses on Sunday 12 July. To find out more and to donate online please follow this link: [Stella Maris Sea Sunday 2026](#)

## Important Safeguarding announcement

### Photos and videos

Please be aware that photos and videos cannot be taken of people, especially children, without their permission. We are aware that there are times when photos are a special keepsake. However, GDPR and Safeguarding guidance must be followed.

### Children using the toilet during Mass

To ensure the safety and well being of our youngest parishioners, we kindly remind all parents and guardians that children must be accompanied by an adult when leaving the church during Mass. This helps the parish maintain our safeguarding standards and ensures that every child is protected.

Thank you for your cooperation in keeping our parish community a safe and welcoming environment for families.



SCAN ME

### GIFTYouth Caritas

The group are hosting a BBQ and board games afternoon at the Richard Reynolds Centre on Sunday 19 July from 1.00–3.00pm. It's pay what you can with a minimum suggested donation of £5.00 per person (payable on the day). It's in aid of the Mziwothando Soup Kitchen that serves the Qandu-Qandu informal settlement in Cape Town, home to more than 10,000 people living in extreme poverty.

Please book your place [at this link](#) Please sign up by Wednesday 15th July and choose the 'add on' if you are vegetarian. Places are limited so book fast! It should be a fun and relaxed couple of hours. You can also book by scanning the QR code above. See you there!

### Ripple Effect Charity Thank you

GIFTYouth Caritas has had a letter from the Charity thanking them for the fantastic £277.05 raised at the Bingo afternoon held in March. They say it will make a huge difference to families facing hunger due to the climate crisis and to the young people, “bless you for choosing to support Ripple Effect this year-you are amazing.”

### Stella Maris (formerly Apostleship of the Sea)...

... is seeking one volunteer from this parish please to help with Sea Sunday (which falls on 11/12 July this year) in this parish. This is the day when the Church comes together to pray for seafarers, fishers and their families, and takes a second collection to support the work of Stella Maris. The volunteer will read out the appeal (which Stella Maris will provide) at the end of Masses that weekend. If you can kindly do this, please contact [roland.hayes@stellamarismail.org](mailto:roland.hayes@stellamarismail.org)

### CAFOD

There is a certificate in the porch thanking the parish for the donation made for the Lent Fast Day. Thanks to your kindness, an amazing £1,455.84 was donated.

## Pinwood Pipes concert of music for recorders

Saturday 11 July 2026 Blessed Sacrament Church

Come and be transported by original music and arrangements from across the ages for recorders, played by this octet which includes the full recorder family.

We are not charging for entry, but donations to Children's Hospice South West will be gratefully received. A speaker from the charity will talk in the concert too.

We have an amazing programme of music, early to modern, traditional to jazzy... it will be a show! Look forward to seeing you here.

## Skylarks singing for you on Thursday 16 July

Two members of the Blessed Sacrament music collective, Caroline and Marlen, are also members of a group of singers called Skylarks. They are performing a programme of songs on themes of birds, trees, hills and mountains, ranging from traditional folk songs to contemporary settings and arrangements. There will also be readings of a few poems to help thread the themes together.

The concert is on Thursday 16 July at Blessed Sacrament, starting at 7pm.

There is no charge but we hope you will consider making a donation as you leave to support the work of Exeter Citizens Advice.

## Message from Jane

Thank you to everyone who joined us last Saturday afternoon and made my birthday so special. It was lovely to see you all and to receive so many cards and gifts.

## 24 Hour Adoration Sacred Heart Church

The Polish Catholic Community would like to invite you to join them for a 24-hour Adoration of the Blessed Sacrament. Adoration will begin after Mass on 3 July at 7:00p.m. and will conclude with Mass on 4 July at 6:00 p.m.

We warmly invite you to come and adore Christ in the Blessed Sacrament at Sacred Heart Church, 25 South Street, Exeter, EX1 1EB.

This invitation is extended to all our brothers and sisters. We would especially like to encourage you, dear friends, to use this special time to pray for the much-needed peace in the world, for persecuted Christians, and to offer Jesus our personal intentions and thanksgiving.

You are welcome to come to the church for Adoration at any time during the 24 hours. However, we kindly encourage you, where possible, to register for a specific time slot. This will help with organisation and ensure continuous Adoration throughout the entire 24-hour period. Let us not allow Jesus Christ to be left alone, even for a single moment. Come on your own, bring your family and friends. Christ is waiting for you.

To register, please see the contacts on the poster in the porch at Sacred Heart.

## Youth Fun Day – Saturday 11 July 12.00-18.00,

Join young people from across the Diocese at St Rita's Honiton, to take part in a series of challenges and games. See if you can be the fastest team to complete the obstacle course or score the most goals in penalty shoot-out or netball. There will be bouncy castles, sumo wrestling, arts and crafts and many more fun things to have a go at. There is a recommended donation of £5 per participant which includes entry, all activities and simple BBQ food. To book complete the form: [Youth Fun Day 2026 A day of challenges, games and sharing faith – Fill in form](#) or see the QR code below. For further information contact Saskia: [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)



**Saturday 11th July 2026 12.00 - 18.00**

**St Rita's, Honiton EX14 IAP**

**Tickets £5** per person



Join young people aged 6-17 from across the Diocese.  
Come as a team of 6 or join others on the day to make a team.  
Price includes BBQ and snacks

[Click here to book](#)

Activities include; obstacle course, penalty shoot out, netball, crafts, tug of war and bouncy castle



**For further information contact:  
Saskia or Ruby, [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)  
Patrick Morris, 07880734088**

**Diocese of Plymouth, Youth Events**

## Cleaner – University of Exeter Catholic Chaplaincy...

The Catholic Chaplaincy at the University is seeking to employ a cleaner. The purpose of the role is to maintain the cleanliness of the Chaplaincy so that it is a clean, safe and pleasant environment for parishioners and other users.

If you have some cleaning experience, an understanding of the requirements of Health & Safety legislation and the ability to manage time effectively, we would love to hear from you! • Hours: 4 hours a week • Location: University of Exeter Catholic Chaplaincy, Boniface House, Glenthorne Road, Exeter, EX4 4QU • Salary: £13.45 an hour • Closing date: Monday 6 July 2026/

To apply, please contact [recruitment@prcdtr.org.uk](mailto:recruitment@prcdtr.org.uk) to obtain an application form and job description.

## Mass for Marriage 2026

Midday, Saturday 12 September at The Cathedral Church of St Mary and St Boniface Plymouth PL1 5HW. Celebrant Bishop Nicholas Hudson

Marriage enriches us all. All are welcome, including those remembering late loved ones. Let us know your anniversaries or intentions, or your planned wedding date.

For more information, please contact [deborah.vankroonenburg@prcdtr.org.uk](mailto:deborah.vankroonenburg@prcdtr.org.uk)

## Volunteering for youth ministry, in the Diocese of Plymouth

Do you, or have you thought about, volunteering to work with the youth either in your parish or further afield? Youth Events are setting up a database of volunteers to keep in contact with them, offer training and support for the work they do, and keep them informed of events that are happening across the diocese. In completing the form it does not mean you are committed to any voluntary work; it is simply an expression of interest. People on the database will be contacted and asked if they would like to support an event. [Please follow this link](#) For further information please contact Ruby or Saskia: [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk) and see the poster in the porch.

## See, Speak, Act: Faith in Action Against Modern Slavery

Wednesday 14 October 2026 | 1.00–5.00pm | Plymouth Methodist Central Hall "*He has sent me... to set the oppressed free.*" (Luke 4:18)

Sadly Modern Slavery is happening in communities across the UK, including here in the Diocese of Plymouth. It is often hidden in plain sight and we may well encounter people affected by this terrible exploitation, making this a relevant issue for your community, as both a practical safeguarding matter and an explicit response to the call of the Gospel.

[Caritas Diocese of Plymouth](#) has for some time been raising awareness of Human Trafficking and Modern Slavery, and alongside [The Clewer Initiative](#), we have arranged an ecumenical event to support Catholic and other Christian communities to respond to this modern manifestation of exploitation and slavery.

Through practical talks and workshops, participants will learn how to recognise the signs of modern slavery, report concerns safely, and enable church communities to respond with compassion, justice, and hope. Together, we can equip our

congregations to respond faithfully and effectively to one of the most pressing human rights issues of our time. Please see the poster in the porch to register.

## Kenya Educational Sponsorship

Your two mad Deacons are at it again this time doing this time a 100 mile tandem ride over the weekend of July 11th and 12th.

They are hoping to raise funds for Kenyan Educational Sponsorship (KES) a charity that supports very poor but able students through High School before they go to university. Many of these students come from extremely impoverished backgrounds with only one parent to support them.

Education is their only hope to improve their own lives and that of their families.

Joyce has sadly lost both parents and is being raised by her grandmother, they are extremely poor. Education is her only hope to progress in life and KES will pay her school fees and thereby give her a chance in life. She deserves it!

We are currently sponsoring 4 boys and 7 girls through High School.

[JustGiving /crowdfunding. Kelvin Russell](#)

## Masses at Buckfast Abbey

We regret that it will not be possible for us to celebrate Holy Mass at 12.05 p.m. in our Blessed Sacrament Chapel on Monday to Friday from Monday 29 June to Friday 10 July inclusive. Holy Mass will be celebrated as usual at 5 p.m. on these days. The monks of Buckfast Abbey. *Fr Francis, Parish Priest*

## Exeter Foodbank News

Priority items are tinned meat, tinned vegetables, tinned fruit, noodle snacks (i.e., Pot Noodle/ Mug Shot/ Pasta 'n' Sauce etc.) and small jars of coffee. There is a basket at the back of the church. Thank you. [Exeter Food Bank](#)

## Catholic South West

The paper is for Catholics in the Plymouth, Clifton and Portsmouth Dioceses. Copies of the July edition are in the porch price 50p. Please put your money in the box marked 'books and newspapers'.

## Bible Alive

Bible Alive is a Catholic scripture magazine which draws its strength, inspiration, and direction from the liturgical cycle. There are 4 copies of the latest two monthly edition in the porch, price £6.00. Please put your money in the box marked 'books and newspapers'.

## The Pope's Intention for July

For respect for human life

Let us pray for the respect and protection of human life in all its stages, recognising it as a gift from God. [Pope's Worldwide Prayer Network](#)

## [Diocese of Plymouth Youth Events News](#)

## [Diocese of Plymouth Newsletter -June 2026](#)

### [Catholic Bishops' Conference News](#)

#### Italian Medical Charity...

... is for parishioners of Italian nationality or descent, for whom it may be possible to help with their medical expenses.

Visit [Italian Medical Charity](#), or write to IMC, Kings Lodge, Kingsway, N12 OEW  
For independent verification, please visit the Charity Commission website and search either using Italian Medical Charity or the Charity's number 218259.

#### St Nicholas School News

We have struggled in the heat this week and had to be very creative to keep the children cool. Some children have had footbaths, some have had water play and we have utilised the cooler areas of the site as much as possible to give them shade amongst the trees. Parents have kindly brought in ice lollies to cool the children down and we have drunk gallons of water!

Our yr 6 children will have fantastic weather for their residential to Kilve Court next week - we just hope it is a little cooler than this week.

For information about joining our school community please email [admissions@stnics.plymouthcast.com](mailto:admissions@stnics.plymouthcast.com)

## FORMING IN FAITH

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The next GIFT meeting is on Saturday 4 July at Blessed Sacrament Church beginning with Mass at 9.30am, finishing at 11.45am. All welcome.

If you haven't already done so, please register at this link: [GIFT Registration Form](#)

#### Gift tots

Families with children 0-4 years meet twice monthly to pray, sing, explore and create the Good News. We will re-commence at the start of the school year on Monday 14 September. GIFT tots meets on the second and fourth Monday of every month from 10:00-11:00 in the Sacred Heart lower room. Please register for GIFT tots using this link: [GIFT tots Registration](#)

#### GIFT Youth

We encourage all young people, especially those considering the Sacrament of Confirmation, to register for and attend GIFT Youth which meets monthly on a

Saturday morning. To register for GIFT Youth please click on the appropriate link below:

GIFT Youth (school years 7-9 ) [Register at this link](#)

GIFT Youth Caritas (school years 10-13) [Register at this link](#)

## Forming in Faith

Forming in Faith meets the first and third Monday of every month from 10:30-12:00 in the Sacred Heart lower room after the 10:00 Mass. We will re-commence after the summer on Monday 7 September. All are very welcome.

## Baptism Preparation Courses 2026

Next Courses: 18 and 25 July 2026 and 14 and 28 November 2026, 10.10am to 12.15pm. Godparents are especially welcome to attend the course as their role is explored. Click [Baptism Enquiry form](#) to register. If you have any problem accessing this, contact the parish office at [Exeter-heavitree@prcdtr.org.uk](mailto:Exeter-heavitree@prcdtr.org.uk) or 01392 274724.

## PRAYER & LITURGY

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### We commend to the Lord...

Please pray for the repose of the soul of Margaret (Wyn) Chard who has died. May she rest in peace. Please also pray for their family and friends. Wyn's Funeral Mass be held at Blessed Sacrament Church on 24 July at 11.00am.

Please also pray for the repose of the soul of Ian Ward who has died. Ian was a parishioner at Blessed Sacrament for many years before moving to a care home in Exmouth. Please keep him and his family in your prayers. May he rest in peace.

### Online prayer and fellowship

Are you housebound? Do you find it difficult to get to Mass on a regular basis because of health issues or age?

Join us for a time of online prayer and fellowship every Friday from 11:00-11:45am. The session is run via Zoom and an email sent every Thursday with joining instructions. Please get in touch if you or someone you know would enjoy this session. We can support you with setting up Zoom on a device. Contact Maria [Exeter-pastoral-assistant@prcdtr.org.uk](mailto:Exeter-pastoral-assistant@prcdtr.org.uk).

**Praying the Rosary** first and third Wednesday after 9.30am Mass

### Encountering the Word of God

How do you discern what God is saying to you? Do you long to reflect more deeply on his Word? Have you ever wanted to share your thoughts with others and listen to their reflections?

A group of us meet every Wednesday afternoon at 2.00pm via Zoom to do just that. This 'lectio divina; (divine reading) helps deepen our experience of God's Word and

how it impacts our lives. We are not 'experts', we just want to open our hearts and listen to God and respond generously to all he says to us..

You would be most welcome to join us. Contact our Parish Pastoral Assistant Maria at [Exeter-pastoral-assistant@prcdtr.org.uk](mailto:Exeter-pastoral-assistant@prcdtr.org.uk). We look forward to welcoming you.

## THE WORD

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### **Sunday 28 June – 13th Sunday in Ordinary Time**

**First Reading** 2 Kings 4:8-11, 14-16a

*This is a holy man of God, let him rest there.*

**Psalm Response** I will sing forever of your mercies, O Lord

**Second Reading** Romans 6:3-4, 8-11

*We were buried with him by baptism, let us walk in newness of life.*

**Gospel** Matthew 10:37-42 *Whoever does not take his cross is not worthy of me .*

*Whoever receives you receives me.*

### **Sunday 5 July – 14th Sunday in Ordinary Time**

**First Reading** Zechariah 9:9-10 *Behold, your king is coming to you, humble.*

**Psalm Response** I will bless your name forever, my God and king.

**Second Reading** Romans 8:9, 11-13

*If by the Spirit you put to death the deeds of the body, you will live.*

**Gospel** Matthew 11: 25-30 *I am gentle and lowly in heart*

### **Sunday 12 July – 15th Sunday in Ordinary Time**

**First Reading** Isaiah 55:10-11 *The rain makes the earth bring forth and sprout.*

**Psalm Response** Some seed fell into good soil and yielded its fruit.

**Second Reading** Romans 8:18 - 23

*The creation waits with eager longing for the revealing of the sons of God.*

**Gospel** Matthew 13: 1- 23 *A sower went out to sow.*

# CONTACT US

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## Blessed Sacrament Parish

29 Fore Street, Heavitree, Exeter EX1 2QJ  
01392 274724 [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

Parish Priest *Fr Jonathan Stewart*

Priest in retirement *Fr John Watkins*

Pastoral Assistant *Maria Quinn*  
[exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk)

Parish Secretary *Catherine Odams*

Parish Office *Open Tuesday – Friday 10.00am–4.00pm*  
Gift Aid enquiries: [Exeter-heavitree-giftaid@prcdtr.org.uk](mailto:Exeter-heavitree-giftaid@prcdtr.org.uk)

Parish Website [blessedsacrament.org.uk](http://blessedsacrament.org.uk)

Parish Facebook [Catholic Exeter](#)

Parish Instagram [blessedsacramentexeter](#)

**Safeguarding** *If you have any concerns about a vulnerable child or adult, please contact the parish office on 01392 274724 or by email: [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)*

## Parish Safeguarding Representatives

*Catherine Odams 01392 274724*

## St Nicholas School

St Nicholas Catholic Primary School,  
Ringswell Avenue, Exeter EX1 3EG  
01392 445403. [admin@stncls.uk](mailto:admin@stncls.uk)  
[www.st-nicholas-exeter.devon.sch.uk](http://www.st-nicholas-exeter.devon.sch.uk)

Head Techer Mr Damian Railston



DIOCESE OF PLYMOUTH

Blessed Sacrament Parish is part of the Diocese of Plymouth