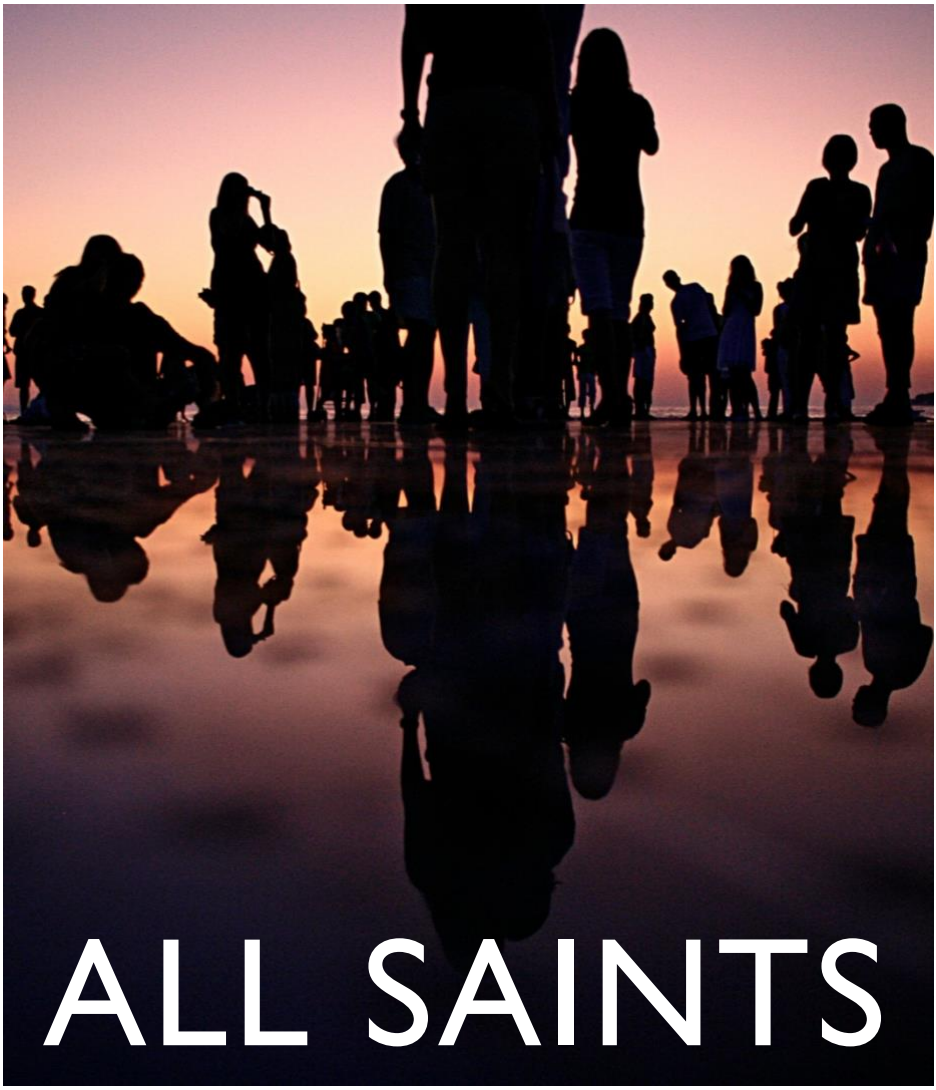
PARISH NEWS

BLESSED SACRAMENT PARISH, HEAVITREE, EXETER

1 November 2026. 31st Week in Ordinary Time Year A2. Psalter 3
8 November 2026. 32nd Week in Ordinary Time. Year A2. Psalter 4



ALL SAINTS

MASS TIMES

Sunday 1 November – Solemnity of All Saints
8.45am *Private Intention*
10.45am *People of the Parish*
2.00pm Syro-Malabar Rite Mass
6.00pm *Private Intention*

Monday 2 November – Commemoration of the Faithful Departed
7.00pm *Deceased of the parish RIP*

Tuesday 3 November – Weekday
6.30pm *George Stewart RIP*

Wednesday 4 November – St Charles Borromeo, Bishop
9.30am

Thursday 5 November – Weekday
9.30am

Friday 6 November – Weekday
6.30pm *Private Intention*

Saturday 7 November – Weekday
10.00am GIFT Mass at St Nicholas School

Sunday 8 November – 32nd Sunday in Ordinary Time.
Remembrance Day
8.45am *People of the Parish*
10.45am *RIP Catenians and Catholics of Exeter killed in the 1939/45 War*
2.00pm Syro-Malabar Rite Mass
6.00pm *Bernard & Eileen Sims RIP and Leonard Endicott RIP*

Tuesday 10 November – St Leo the Great, Pope & Doctor
6.30pm

Wednesday 11 November – St Martin of Tours, Bishop
9.30am *For the Evans Family*

Thursday 12 November – St Josaphat, Bishop & Martyr
No Mass
6.00pm Adoration

Friday 13 November – Weekday
6.30pm

Saturday 14 November – Weekday
No Mass

Sunday 15 November – 33rd Sunday in Ordinary Time
World Day of the Poor
8.45am
10.45am *Krzysztof Jasinski RIP*
2.00pm Syro-Malabar Rite Mass
6.00pm *People of the Parish*

Confessions Saturdays after 9.30am Mass or by appointment.

Adoration Thursdays 6.00pm in church.

Liturgy of the Word for Children

During term time at 10.45am Mass on Sunday. For children aged 3 – School Year 3. Please register as you arrive at church.

Live stream Mass Access the parish YouTube page at this link.

Refreshments after Mass

Sunday after 10.45am and Wednesday after 9.30am. All welcome.

NEWS & EVENTS

GIFT Caritas Youth Cake Sales

The Caritas Youth Group will be holding a sale of baked goods after 08:45 and 10:45 Masses on Sunday 8 November. They are raising funds for the South West Blood Bikes charity, which the group chose to support this term. This local charity are staffed by volunteer bikers who transport critical blood and other products around the south west. The Group would appreciate your generosity to get the start of their year of social action off to a great start.

New guidance regarding Filming and Photography at Mass

We are grateful for people's wish to remember and share these occasions and the legitimate desire to capture special moments; however, we politely request your full presence and active participation in the Mass.

Filming or photography of any kind during Mass is **not permitted unless explicit permission has been granted by the parish in advance**. Where **explicit permission** is given: Recording must be **discreet and non-disruptive.**
Sacred moments (including the Eucharistic Prayer and Holy Communion) must not be filmed. The **privacy of others**, especially children, must be respected.
All filming is under the direction of the parish. If the priest (or a representative) asks for filming to stop, this must be **respected immediately**.

Thank you for helping maintain a prayerful environment.

Force Christmas Fayre.

Jane and Gary are organising a Christmas Fayre in aid of Force Cancer Charity. This is being held in the United Reformed church just down the road on Saturday 28 November at 11.00am until 2.00pm.

They would love some donations of books, jigsaws, nearly new costume jewellery, toys, games, bottles, tombola prizes and baked cakes please. If you can help call Jane on 07890 373617 or drop your donations off in the porch for collection please.

Family Mass bags

You are welcome to take one of the colourful bags from the back of the church containing books for your small children to look through during Mass. Please return the bags after Mass including any books. Thank you to the crafters of Blessed Sacrament and Sacred Heart for making these lovely bags.

2026 CAFOD World Gifts:

Love your neighbour this Christmas. Share the joy of Christmas with a CAFOD World Gift — from safe water to school supplies! A meaningful way to bless loved ones while putting your faith into action in solidarity with families around the world. Collect a catalogue from the porch, call 0300 777 0030 or visit worldgifts.cafod.org.uk

Exeter Food Bank Priority Items

tinned meat, tinned vegetables, noodle snacks (i.e. Pot Noodle/ Mug Shot/ Pasta 'n' Sauce), small jars of coffee, rice, pasta sauce.
The Food Bank is well stocked with pasta, baked beans and porridge.
Items can be placed in the basket in the back of the church. Thank you.
The latest newsletter from Exeter Food Bank

Tenth World Day of the Poor Event

The Lord is the Refuge of the Poor

There are still places available to join Caritas Diocese of Plymouth to celebrate the 10th World Day of the Poor on Saturday 14 November 2026, 11.00am – 4.30pm at the newly opened St James Catholic Church, 40 Old Road, Tiverton, Devon, EX16 4H J. Bishop Nicholas will open the day and it will end with Mass.

Keynote speaker David Wells will reflect on Pope Leo's message for this year and Canon Kristian Paver will speak about the new church. Registration for this free event and early booking is advised. To register, click 10th World Day of the Poor Event, email caritas@prcdtr.org.uk or telephone 01364 645440

Advent Retreat Exploring Prayer and Conversion

Saturday 5 December 2026 St Rita's Centre

The day will be led by Fr. Gerald Wilson OAR and begin with coffee/tea on arrival at 9.30am. The first talk 10.00am, the second talk at 11.00am. Adoration (with an opportunity for Confession) at 12.00pm. Lunch will be served at 1.00pm. Holy Mass at 2.45pm. Depart at 3.30pm. The charge for the day, including lunch, is just £27.00. To register, please complete the application form available in the porch or from the parish office and let us know of any dietary requirements. You can contact St Rita's Centre by phone at 01404 42635, by email at admin@stritascentre.org, or register online via our website: please following this link .
Payment can be made in advance or on the day.

Catholic Children's Society

CCSP Crowdfunder Prize Draw

Would you like to win this calming relaxation bundle?
Thanks to three of our lovely parishioners who have hand made a beautiful quilt, a large crocheted soft teddy bear and a hand knitted circular christening blanket, we are delighted to be running our fourth Crowdfunder prize draw to raise funds to help support our Essential Grants programme.
Included in this year's 'Calming relaxation' bundle is a scented candle advent calendar and a calming diffuser with a selection of scented oils.

You can enter as many times as you like and the more entries you purchase, the more chance you will have of winning. Tickets are priced at £10 for one entry or buy two entries for £20 and receive a third entry for free.

The draw will close at 9am on Monday 23 November so this could make a wonderful Christmas gift for a family member or friend.
To enter please follow this link or alternatively, you can scan this QR code below using your smart phone and you will be directed to our Crowdfunding page.

The latest copy of the CCSP newsletter can be read at this link

Youth Events in the Diocese

Fair Trade and Chocolate Making

Saturday 14 November, Okehampton 10.-3.30.
Young people aged 10 - 16 are welcome to join us at Okehampton Parish church hall to explore the impact of the chocolate industry on people working within the industry and the environment. The day offers a chance to meet others from across the Diocese, join in games and activities including making chocolate from raw ingredients to create Florentines. A £10 contribution towards cost. Booking essential please use this link:

Advent Young Adults retreat (18-30 year-olds)
20 - 22 November, Buckfast Abbey

A weekend exploring the scripture Isaiah 40:3, with talks led by Brothers Augustine and Reginald OP along with a chance to pray and reflect, whilst meeting other young adults from across the Diocese. £40 contribution per person. For more information contact Saskia: youth@prcdtr.org.uk Booking essential:
Buckfast Abbey Retreat for young adults 20th - 22nd November 2026 – Fill in form

Forthcoming youth events for 2026/2027:

- Online Safeguarding Training For youth volunteers:
  18 November - Young people and their online world
- Exploring Your Faith Residential 22- 24 January 2027
  For those aged 13-17. East Shallowford Farm Dartmoor
- Youth Volunteer Residential 12 - 14 February 2027
  For youth volunteers (18+) | St. Rita's, Honiton

• Flame 2027 Wembley Stadium

Subscribe here to Youth Events emails to hear about events, or for further information: Saskia at youth@prcdtr.org.uk

Parish Secretary Vacancy

Parish of Most Precious Blood, Sidmouth

Reporting to the Parish Priest, the purpose of the role is to manage the administrative and secretarial support alongside the office resources to ensure the smooth running of the Parish and to enable the Parish Priest to carry out his ministry and parish responsibilities.

If you have good knowledge of and experience using Microsoft Office applications, including Word, Outlook and Teams, along with excellent organisational skills and the ability to act as a key representative for the Diocese of Plymouth, we would love to hear from you.

Hours: 16 hours a week • Location: Church of Most Precious Blood, Radway, Sidmouth, EX10 8TW • Salary: £14.50 an hour • Closing date: 3 November 2026

Application form and job description from recruitment@prcdtr.org.uk. Applications are by covering letter and application form to recruitment@prcdtr.org.uk

Catholic South West available in the porch. Price 50p

Bible Alive

There are four double-issue copies for November and December in the porch, price £3.99. Please put your money in the box marked "books and newspapers".

The Pope's Intention for November

For the proper use of wealth

Let us pray for the proper use of wealth, that not succumbing to the temptation of selfishness, it may always be put at the service the common good and solidarity of those who have less. Pope's Worldwide Prayer Network

Diocese of Plymouth News

Catholic Bishops' Conference News

St Nicholas School News

If any parishioners would like to find out more about joining St Nicholas Nursery (from age 3) or School please contact admissions@stncs.plymouthcast.com

Plymouth CAST Board of Directors We need you!

Plymouth CAST is a Catholic multi-academy trust of 34 schools and 1 nursery, spanning the Diocese of Plymouth. Our mission is to be a community of outstanding schools in which our pupils flourish in safe, happy, and stimulating environments and leave us with the knowledge and skills, personal qualities, and aspirations, to make the world a better place, inspired by the Gospel.

We are looking to expand our Board of Directors. We are particularly interested in hearing from you if you have skills and current or recent experience of education at primary or secondary level, particularly within a multi-academy trust. Please contact the Clerk to the Trust Board for further information lpaiano@plymouthcast.org.uk

Refreshments after Mass

Please join us for refreshments in the St Richard Reynolds Rooms after the 10.45am Mass on Sundays and the 9.30am Mass on Wednesday mornings. All are warmly invited to stay to chat, catch up with old friends or to meet someone new.

Safeguarding

The Diocesan Safeguarding Office, Diocese of Plymouth is open Monday-Friday 9.00 a.m.- 4.30p.m. General enquiries: 01364 645430 or safeguarding@prcdtr.org.uk . If the office does not respond immediately, they will aim to get back to you that working day or the next. If the matter requires an immediate response, then contact should be made directly with the Police or Social Services.
Catherine Odams is our Parish Safeguarding Representative, contact 01392 274724

Lift to Mass

A parishioner would like to have a regular lift to the 10.45am Sunday Mass who lives near the Sandy Gate roundabout. Please contact the Parish Office if you can help.

FORMING IN FAITH

Gift Growing in Faith Together

Next GIFT session Saturday 7 November at St Nicholas School. All welcome. If you haven't already done so, please register at this link: GIFT Registration Form



GIFT Tots

Families with children 0-4 years meet twice monthly to pray, sing, explore and create the Good News. We will re-commence at the start of the school year on Monday 14 September. GIFT tots meet on the second and fourth Monday of every month from 10.00-11.00am in the Sacred Heart lower room. Please register for GIFT tots using this link: GIFT tots Registration

GIFT Youth

We encourage all young people, especially those considering the Sacrament of Confirmation, to register for and attend GIFT Youth which meets monthly on a Saturday morning. We hope that this will be an opportunity for the young people of our parish to ask questions, engage with and grow in faith together and to support each other as they learn what it means to be a Catholic in today's world.

GIFT Youth Socials (school years 7-9)

If your child has just entered Year 7, they are very welcome. Come and have fun!

GIFT Youth Caritas

This group is open for all young people entering School Year 10 through to 17 years of age. Meetings take place on the 1st Friday of every month, from 7.30-9.30pm in the St Richard Reynolds Centre (RRC) at Blessed Sacrament Church. Together the group learn about Catholic Social Teaching, identify international/local needs and plan fund-raising/awareness activities around chosen themes. Young people collectively facilitate this group under the guidance of a team of GIFT Youth adults.
The next meeting on Fri 6th November (7:30-9:30) will be a chance to find out about the South West Blood Bikes charity that we are supporting this term. We will also be doing some baking during the evening, ahead of our bakes sales after mass on Sunday 8th November. All registered GIFT Youth aged 15-17 are welcome to join us!

To register for GIFT Youth, GIFT Youth Socials and GIFT Youth Caritas please use this link: GIFT Youth Registration

Baptism Preparation Courses 2026

Next Course: 14 and 28 November 2026, 10.10am to 12.15pm. Godparents are especially welcome to attend the course as their role is explored. Click Baptism Enquiry form to register. If you have any problem accessing this, contact the parish office at Exeter-heavitree@prcdtr.org.uk or 01392 274724.

PRAYER & LITURGY

We commend to the Lord…

… all those who have died, especially those whose anniversaries occur around this time; may they rest in peace.

Online prayer and fellowship

Are you housebound? Do you find it difficult to get to Mass on a regular basis because of health issues or age? Join us for a time of online prayer and fellowship every Friday from 11.00 – 11.45am.

The session is run via Zoom and an email sent every Thursday with joining instructions. Please get in touch if you or someone you know would enjoy this session. We can support you with setting up Zoom on a device. Contact Maria Exeter-pastoral-assistant@prcdtr.org.uk.

Praying the Rosary first and third Wednesday after 9.30am Mass

Encountering the Word of God

A group of us meet every Wednesday afternoon at 2.00pm via Zoom to do just that. This 'lectio divina; (divine reading) helps deepen our experience of God's Word and how it impacts our lives. We are not 'experts', we just want to open our hearts and listen to God and respond generously to all he says to us.

You are invited to join us. Contact our Parish Pastoral Assistant Maria at Exeter-pastoral-assistant@prcdtr.org.uk. We look forward to welcoming you.

THE WORD

Sunday 1 November – Solemnity of All Saints

First Reading Revelation 7:2-4, 9-14. *'Behold, a great multitude that no one could number, from every nation, from all tribes and peoples and languages.'*

Psalm Response Such are the people who seek your face, O Lord.

Second Reading 1 John 3:1-3. *We shall see God as he is.*

Gospel Matthew 5:1-12a *Blessed are the poor in spirit.*

"A huge number, impossible to count" – that is the picture this Solemnity creates. In every age there have been men and women who have followed the Lord faithfully, and who now rejoice in the Liturgy of Heaven, as they stand before the throne of the Lamb. These are the "anonymous" saints, whose names we don't remember - but even though their names are not on our lips, their memory, inspiration, example and prayers are set before us today, so that we too can be encouraged in our own "journey of perfection". What does it take to be a saint? Surely the Gospel that is appointed for today (the Beatitudes) shows us that it is in the small things that we triumph: gentleness, mercy, making peace, faithful mourning, purity of heart, poverty in spirit - these are not grand, public ways to sanctity. They are domestic, and homely, to be practised and perfected with those closest to us. We sometimes exalt the "named" saints to the degree that we can feel they are distant from us. Today's feast, as well as celebrating the memory of the many whose name we do not know, also prompts us to see holiness as within our grasp.s.

Salford Office for Liturgy

Sunday 8 November – 32nd Sunday in Ordinary Time

First Reading Wisdom 6: 12-16 *Wisdom is found in those who seek her.*

Psalm Response For you my soul is thirsting, O Lord, my God.

Second Reading Thessalonians 4:13-18
Through Jesus, God will bring those with him who have fallen asleep.

Gospel Matthew 25:1-13 *Here is the bridegroom! Come out to meet him.*

Sunday 11 November – 33rd Sunday in Ordinary Time

First Reading Proverbs 31:10-13, 19-20, 30-31 *She works with willing hands.*

Psalm Response Blessed are all who fear the Lord.

Second Reading 1Thessalonians 5:1-6

Do not let the day of the Lord surprise you like a thief

Gospel Matthew 25: 14-30
You have been faithful over a little, enter into the joy of your master

CONTACT US

Blessed Sacrament Parish
29 Fore Street, Heavitree, Exeter EX1 2QJ
01392 274724 *exeter-heavitree@prcdtr.org.uk*

Parish Priest *Fr Jonathan Stewart*

Priest in retirement *Fr John Watkins*

Pastoral Assistant *Maria Quinn*
exeter-pastoral-assistant@prcdtr.org.uk

Parish Secretary *Catherine Odams*

Parish Office *Open Tuesday – Friday 10.00am–4.00pm*
Gift Aid enquiries: *Exeter-heavitree-giftaid@prcdtr.org.uk*

Parish Website *blessedsacrament.org.uk*

Parish Facebook *Catholic Exeter*

Parish Instagram *blessedsacramentexeter*

Safeguarding *If you have any concerns about a vulnerable child or adult, please contact the parish office on 01392 274724 or by email: exeter-heavitree@prcdtr.org.uk*

Parish Safeguarding Representative
Catherine Odams 01392 274724

St Nicholas School
St Nicholas Catholic Primary School,
Ringswell Avenue, Exeter EX1 3EG
01392 445403. admin@stncs.uk
www.st-nicholas-exeter.devon.sch.uk

Head Teacher Damian Railston

DIOCESE OF PLYMOUTH

Blessed Sacrament Parish is part of the Diocese of Plymouth